



*We are an open, loving, and inclusive community that supports thinking creatively and living a deeply spiritual life.*



## Living Out Loud! Root and Reboot

**Back of all form, there is a Divine Substance. Hid within every appearance there is an adequate cause. If we judge by the appearance alone, as though it were self-created, we are mistaking the shadow for the Substance.**

*~ Declaration of Principles*

Visit our Website



### Are We Open for a New Year?

It is New Year's again, and I sit here thinking about what to even write about. I mean, it has all been said before, right?

Joyfully, one simple Google search led me to an article by Glamour.com, and I discovered there are so many interesting and diverse ways to celebrate the new year! In the Philippines, on New Year's Eve, families share 12 round fruits. The roundness of the fruits, like that of coins, represents prosperity. In Greece, the New Year's Day



PRAYER REQUESTS  
**Our Practitioners want to support you in prayer.**

Please email your prayer request to [prayer@cslstgeorge.org](mailto:prayer@cslstgeorge.org) or email practitioners

custom is hanging an onion outside your door for good luck in the new year. In Mexico, people spend New Year's Eve cooking, specifically tamales, sharing them with loved ones, which are then eaten on New Year's Day! The Japanese follow a tradition that dates back to around the 1200s. Eating a warm bowl of soba noodles is said to be tied to the Buddhist temple giving noodles to the poor. Also, "because the long thin noodles are firm yet easy to bite, it is believed eating them symbolizes a literal break away from the old year." Of course, in the United States, we gather together and watch the ball drop from Times Square to ring in the New Year!

How fascinating to learn there are so many different ways to understand one event, such as celebrating the New Year. To think that I started off feeling as if there was nothing new to know! My lesson, or takeaway, after reading this article, is to question myself about how often I limit my ability to experience Life more fully because of limiting beliefs. While thoughts and beliefs, such as "I already know this," or "What else can be said about...," are not wrong, they certainly can and will limit my experience of the Infinite Creative Source that is just waiting to share Itself with and through me. Oh, how I love rediscovering simple spiritual tools and ideas that, when used regularly, provide profound results.

Let us spend time each day thinking about something that we always do in one manner, but could do in a new and fun way. Let us align with the Infinite Divine Creativity and discover a freer, fuller, more expanded life! And as our spiritual community and home continue to grow and evolve, let us carry with us the new Global Theme for 2023, "Living Out Loud!" Every day there are infinite possibilities to choose from, so why unconsciously repeat the same thing, especially if we do not prefer it?

I discovered diverse ways of celebrating the New Year after one internet search. As I release my limiting beliefs of stagnation and stay open to abundance and flow, I wonder what else I will discover this New Year!

*For more New Year traditions and customs, please visit (<https://www.glamour.com/story/new-years-eve-day-traditions>).*



**Reverend Joe Kovach**  
Senior Minister

***If you have questions or comments for Rev. Joe, please email [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com).***

individually at  
[cslsg.org/about](http://cslsg.org/about)



### **CSLSG Community** **Care Circle**

Let us provide compassionate support with Life's challenges and joys.

*Leave a message at  
435-893-6702*

*to engage this free and confidential service*



### **CSLSG Wedding** **Officiant**

Mary Klein, RScP,  
performs marriages,  
commitment ceremonies, and  
wedding vow renewals.

Reply to this email for more information.



To view  
Core Council minutes, please  
email:

[suefullmer@cslstgeorge.org](mailto:suefullmer@cslstgeorge.org)

Paypal online donation

**HAPPY NEW YEAR**  
**2023!**

Online Sunday Gatherings  
**Inspirational Service 11:00am**

(Broadcast will start at 10:55am with announcements and video)

Community Zoom Conversation 12:00pm

**Special Note:** Starting Jan 1, we will no longer begin service with meditation. We will begin the livestream at 10:55am with announcements and the video of our last social gathering; service will begin as usual at 11am. We made this decision to curtail meditation for a time because it appears that we are not reaching folks with this activity. If you have comment or feedback for us regarding this decision, we would love to hear from you. Please email [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com). **Blessings to all.**

**2023 - Living Out Loud!**

The Old Man in the Sky is dead. Long live the Spirit, the Source, the Seat of Consciousness. Begin your year Living Out Loud the way we are intended to do, with Divine Intelligence as the Center of our being.

**January 2023 Weekly Talks**

**Root and Reboot**

We begin the year as many of us do with an examination of the fundamental principles of *Science of Mind*, this time with inspiration gleaned from not only the first chapters of the textbook, but heavily informed by the companion book *Living the Science of Mind*. This month we focus on the universality of this teaching, with an emphasis on the truth that we are not only of Spirit, but also in Spirit. As we remind ourselves of our Divine Essence, we bring together the parts that call us to be personally responsible for our part in this world, while at the same time extending our generosity of new-found and deepening spiritual living so that we can benefit and enrich the whole of humanity, this earth's creatures, and the Earth itself.

**CSLSG Senior Minister**  
**Reverend Joe Kovach**

*January 1st - God is a Concept*

There is only One God / Supreme Good, and that Good is my life right now. When we think of God as a concept (to borrow John Lennon's famous words), we free ourselves from the yoke of human religious history. Instead of God being "out there", God as a concept (or as Holmes liked to say, an "It") in our



world, allows us to consider God as a creative force in our lives. It is the essence of who we are, and it is a universal principle that exists in and through all people throughout all time.

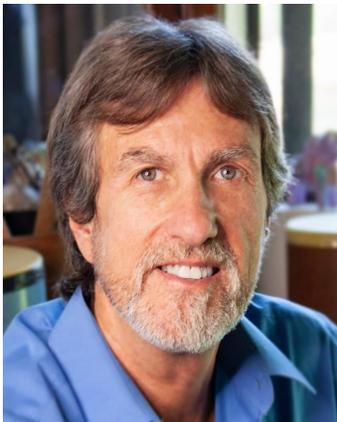
**[Special Note: New Year's Day service will stream as usual on Facebook and YouTube, but it will be prerecorded. And there will be no Zoom conversation afterward.]**

### *January 8th - The Universal Voice*

As God is, so I am. This is one of the fundamental truths of our teaching. Each one of us is divinely connected to that One Source – that one Divine Intelligence. Traditionally, our teaching has focused on the power of the individual. This has led some to criticize us as being self-centered and unconcerned with our neighbors. Holmes spoke very clearly that as I am, so we all are. Our goal is to realize not only our own individual power, but to see and work in concert with that same Power that exists in and through all souls we meet.

### *January 15th - The Internal Song*

People often talk of old tapes that run through their minds. Perhaps it's the voice of a parent or teacher, who was trying to guide you in your youth, however unskillfully. This voice can later become internalized as a beating drum that undermines our choice to grow and to experience a more fulfilling life. Spiritual Mind Treatment, a key practice in Religious Science, counters and even silences this ego voice by replacing these tapes with affirmative prayer that supports the individual. Through ongoing practice, we begin to hear more clearly the internal song that continuously plays with and for us.



### *January 22nd Guest Speaker* **Rev. Dr. Patrick Harbula**

#### Singing With Gratitude

Gratitude is one of the most fundamental spiritual practices in our teaching. After all, if God is all there is, then doesn't it make sense to say thank you on a regular basis? Let's take a deep look at this practice of gratitude – and how it fits into our understanding of affirmative prayer.

*Welcome to our new Guest Speaker: Dr. Patrick J. Harbula has been a leader and teacher in the human potential movement, meditation trainer, and life coach for over 30 years. He has presented at hundreds of new thought centers around the country and internationally. He is the author of the acclaimed book, The Magic of the Soul: Applying Spiritual Power to Daily Living and Meditation: The Simple and Practical Way. Patrick continues to reach hundreds of thousands with his empowering message of living one's passion through applying life purpose. He is the founder of Living Purpose Institute, a teaching organization dedicated to promoting individual and collective success through the power of life purpose.*

*January 29th*  
**Practitioners Plugged-In**



We have spent this month reminding ourselves of who we are, through the basics of Science of Mind. Today is our final step – and it's the most important one of all. We prepare ourselves to surrender into our life – and into this year. What if we were to surrender to Spirit/Source Itself entirely? This is what it takes to Live Out Loud! When we surrender our falsehoods, our fears, and our doubt, we free ourselves to live out loud in celebration. Every day becomes a day to celebrate the simplicity and the beauty of life itself.

## Online Links

You can access service on CSL St. George Facebook page.

[CSLSG Facebook Videos](#)

Service will also stream on YouTube.

[CSLSG YouTube Channel](#)

Community Conversation on Zoom at Noon.

<https://us02web.zoom.us/j/89184208148>



**We believe the Power breathing us is greater than any circumstance, situation, or condition.**

***Our MISSION is to provide spiritual tools for personal and global transformation.***

***Our PURPOSE is to awaken humanity to its spiritual magnificence; to awaken our community to its Divine Nature and the greatest expression of who we are.***

Our VISION is a world that works for everyone.

## Center for Spiritual Living St George Events and Information



### BOOK CLUB RETURNS

**Thursday January 5th  
6 - 7pm MST**

Email for info:  
[suefullmer@cslstgeorge.org](mailto:suefullmer@cslstgeorge.org)

Audiobook purchase supports  
CSL Camp Cedar Ridge.

### IN-PERSON Gathering

**Saturday January 14th**

**Meet & Greet & Snacks**

10:00am MST

**Visioning for**

**Values and Purpose**

11-1:00pm MST

Sunbrook Clubhouse  
2398 W Sunbrook Dr



Come gather with us as we envision our future with Center for Spiritual Living St. George. We want to hear your voice as we move forward into the new year together.



### *Spread the Love!*

**Give with Zelle:** Zelle is a bank-to-bank transfer system. [HERE](#) are the instructions. Email us if you need further assistance.

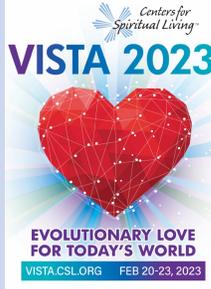
**Give Online:** Paypal link is on our website: [cslsg.org](http://cslsg.org) on the Donation page; or Paypal direct with [blue button below](#).

**Give by Mail:** send checks to CSLSG, PO Box 3132, St. George, UT 84771

Paypal online donation

## Centers for Spiritual Living Opportunities

**VISTA 2023** convention will take place **February 20-23** and



will be a HYBRID experience! Those that want to remain as virtual attendees will still have access to full days of workshops, music, keynotes, and connection at one of our host locations in **Santa Rosa, California, Phoenix, Arizona, or Dallas, Texas**

**Register**



**World Ministry of Prayer** commits to holding the light of an ever-expanding global consciousness, standing in Truth, Principle and Love.

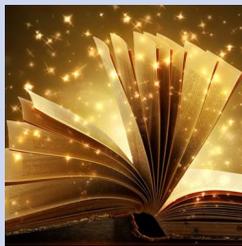
**CLICK** to request a prayer.



The **Heart of Peace Initiative** is a subcommittee of the Global Services Committee and is also dedicated to carrying the message of Science of Mind through peace to our international communities. **CLICK** to connect to: Monthly Newsletter Articles | Find a Meditation Group | Start a Meditation Group



**Spiritual Living Circles** are groups of people who come together to discuss articles that are published in the Guide for Spiritual Living: Science of Mind magazine. **CLICK** for more information.



**Centers for Spiritual Living Books** Explore our expansive library of books in the CSL Book Corner. Access spiritual insights from bestselling New Thought leaders, or take a journey through the timeless wisdom from Science of Mind Publishing.

**CLICK** for more information.



**Centers for Spiritual Living Education** - Resources are available for spiritual and professional development, practitioner programs, spiritual leadership, advanced degrees and chaplaincy.

**CLICK** for more information.



**Centers for Spiritual Living Spiritual Tools** Centers for Spiritual Living provides easy-to-use tools to nurture your inner self/your soul, so that you can live an inspired, healthy and happy life.

**Awaken your authentic self with prayer, affirmations and meditation.**

**CLICK** for more information.

## St George Interfaith Council Opportunities

**St George Interfaith Choir** is led by **Kathy**

**Brown** [kathybrown13@gmail.com](mailto:kathybrown13@gmail.com). **Singers are welcome** to join the St George Interfaith Council at any time.



Help with food collection every month

on the second and last Saturday  
11:30 a.m. – 1:00 p.m.  
GRACE EPISCOPAL CHURCH  
1072 S 900E, St. George  
For more information, click [HERE](#)



## Food Collection

**Reverend Jimi Kestin** announced new meetings for **12-step** that involves a deep dive of the 12 steps in a faith-friendly meeting. These will be held at Solomon's Porch and include the Biblical basis for the 12 steps, the goals and roots.



**Suicide Prevention Coalition** (through Southwest Behavioral Center) is looking for new Interfaith Council members. If you are interested in serving our greater St George Community in this way, please contact Teresa Willie at: [twillie@sbhcutah.org](mailto:twillie@sbhcutah.org)



**Centro Latino** serves to teach English and other services to help with the adjustment into this country.

Contact Mike Aitken at:  
[aitkenback@gmail.com](mailto:aitkenback@gmail.com)

**CENTRO LATINO**



(435) 720-5066

449 S 300 E, St. George, UT 84770

Recursos para ayudar a la comunidad  
Resources to help the Latino Community

Clases de Inglés Gratis Cada	English Classes Every Tuesday 7pm
Martes 7pm	Wednesday 7pm
Miércoles 7pm	Thursday 7pm
Jueves 7pm	Sunday 7pm
Domingo 7pm	



Visit our Website

Center for Spiritual Living St George | 435-893-6702 | [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com) | <https://www.cslsg.org>

STAY CONNECTED



Center for Spiritual Living St. George | PO Box 3132, St. George, UT 84771

[Unsubscribe stgeorgecsl@gmail.com](mailto:Unsubscribe_stgeorgecsl@gmail.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent bystgeorgecsl@gmail.com powered by



Try email marketing for free today!