

SBI WITH A MILITARY VETERAN

Military Alcohol SBIRT prepares healthcare providers to screen veterans and service members for alcohol misuse, conduct brief interventions using evidence-based motivational interviewing techniques, and refer these patients for further treatment when necessary.

Military Alcohol SBIRT is part of SBI with Adults.

CONTENTS & LEARNING GOALS

- Standard drink size, risk guidelines, and health consequences of alcohol misuse
- How screening, brief intervention, and referral to treatment can help prevent and reduce substance use in veterans and service members
- Screening veterans using validated tools and appropriate interventions for different risk levels

Military Alcohol SBIRT



Simulation Duration: 40 min

Curriculum Hours: 2 hrs

CASE

NAME
Mark Walker

AGE
31

PRONOUNS
he, him, his

Conversation Time: **15 min**
Conversation Skills Didactic: **25 min**



SCENARIO

Mark is a veteran of the Marine Corps, and currently works in customer service where he is unhappy. His drinking puts him in an at-risk category.

GOALS

Learn basic facts about military and veteran substance use, as well as techniques to screen veteran patients. Conduct a brief intervention to elicit Mark's motivation to change.

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