

OFFICE HOURS
 9:00 am to 4:00 PM
 Monday—Friday
 activeseniorsinc@gmail.com
 831-424-5066



ACTIVE SENIORS INC.
 100 Harvest Street
 Salinas CA 93901-3211
 www.activeseniorsinc.org
 Like us on Facebook

Monthly Newsletter December 2017

ASI is open for activities Monday through Friday, 9:00 AM to 4:00 PM.

DAILY ACTIVITIES

- MONDAY:** Zumba, 8:45AM—10 AM *
 Quilting and knitting **
 9:30 AM to 3 PM
 Light Exercise 10 AM to 11 AM*
 Mahjong 12:30 PM to 3:00 PM**
 Fabric Art 11 AM to 3 PM**
 GROOVE Dance 3-4PM* + donation
- TUESDAY:** Line Dancing 10 AM-11:30AM**
 Bridge 11:30 AM to 3:30 PM**
 Ballroom Dancing 7 to 9 PM
 Fee \$8.00 (\$9.00 non-members)
- WEDNESDAY:** Yoga 8:45 AM to 9:45 AM*
 Cribbage 10:00 AM to 12 PM **
 Light Exercise from 10 to 11 AM*
 Tai Chi 1:30 to 3:00 PM**
 Line Dancing 6:30 PM—8:30 PM**
 Plus \$1 donation for instructor
 GROOVE Dance 3-4PM* + donation
- THURSDAY:** **MEMBERSHIP LUNCHEON**
 2nd Thursday of each month, \$7
\$8 after Friday before luncheon
 Lunch served at 12:00 noon
- THURSDAY:** Quilting - 9:30 AM to 12:30 PM**
 1st & 3rd Thursday
 Computer Class 1:00 to 3:00 PM**
 1st & 3rd Thursday
 Knitting, 1:00 to 3:00 PM**
 1st & 3rd Thursday
 AOA - Discussion Group 2:15-3:30
 Ping Pong, 3:00 to 4:00 PM*
- FRIDAY:** Yoga 8:45 to 9:45 AM*
 Zumba 10AM-11AM* + donation
 Bridge - 11:15 AM to 4:00 PM **
 Western Dance, 2nd & 4th Friday, 7-10PM, \$10
- SATURDAY:** Western Dancing, 7:00—10:00 PM,
1st Saturday of each month,
 Fee \$8 members, \$10 non-members.

* \$1 Fee for members, \$2 Fee for non-members
 ** \$2 Fee for members, \$4 Fee for non-members



*Merry Christmas
 And
 Happy Hanukkah*

All of us here at Active Seniors, Inc. wish all of you a happy new year. Our hope is that you will have a healthy and blessed 2018. We are having a New Year's Eve party here. Check it out on page 2 of this newsletter.

There have been many changes here at ASI in the past couple of years. We are striving to keep our organization up to date technologically and with many activities for everyone to enjoy. We look forward to continuing to serve you, our members, with a facility that is safe, secure and provides programs and activities that are fun and healthy socially, physically and mentally.

Time to renew your membership. Dues are \$30.00 per year and can be paid any time between now and January 1, 2017. After that they are past due.

Our luncheon this month is on Thursday the 14th of December. The menu is Prime Rib, baked potatoes, grilled vegetables and Yule Log cake for dessert. Remember to get your reservation in early! The Senior Singers will be entertaining us with songs of the season and they will precede the lunch right at noon.

Karen



TOUR DIRECTOR: LYNETTE McGREGOR

ACTIVE SENIORS 2017 Tours

DECEMBER 3, 2017, BEACH BLANKET BABYLON with lunch at Original Joe's. The longest running review in the world is full of laughter and holiday spirit. Lunch will be served family style and then we walk a block to the theater. Reservations need to be in by early October please. \$137/person. Wait List.

FRIDAY, MARCH 30, 2018, ROSIE THE RIVETER WW2 HOMEFRONT NATIONAL PARK. with lunch at Assemble restaurant. Come experience a piece of history when women stepped forward to help with the country's defense needs after Pearl Harbor. \$67 person.

JULY 15-31, 2018 HAWAII CRUISE, HAWAIIAN VOYAGE ON THE CRYSTAL SYMPHONY...Includes Oahu, Maui, Hawaii, Ensenada, with highlights of Keck observatory, stargazing parties with astronomers, all tips and drinks included. Come and go from San Francisco--no air involved. \$1,000/cabin reduction for those enrolled by June 30th. Aug. 3rd, 1:30PM tea at Lynette's for those interested--RSVP to Lynette, 422-3049.

SEPTEMBER 25-OCTOBER 3RD, 2018 FALL FOLIAGE with the GRAND HOTEL & MACKINAC ISLAND. A beautiful time of year to see part of the North East US. Mackinac Island is noted for no cars--horse and buggies here! \$3765/per person.



Fun, Fun Fun!

We have had a wonderful time at our New Year's Eve parties. Please plan to join us again this year for New Year's Eve festivities.

We will start with dinner at 6:00 PM on Sunday, December 31st and go until the ball drops or until we drop!

Dinner will be Lasagna, salad, French bread, dessert and sparkling cider. There will be hors d'oeuvres before dinner.

We will have games and can watch the ball come down in New York's Times Square.

If you would like, bring your favorite game to share.



Making More in 2018...
Up in my bed...
I got up in the morning...
Without a word...
I got up in the morning...
Without a word...
I got up in the morning...
Without a word...

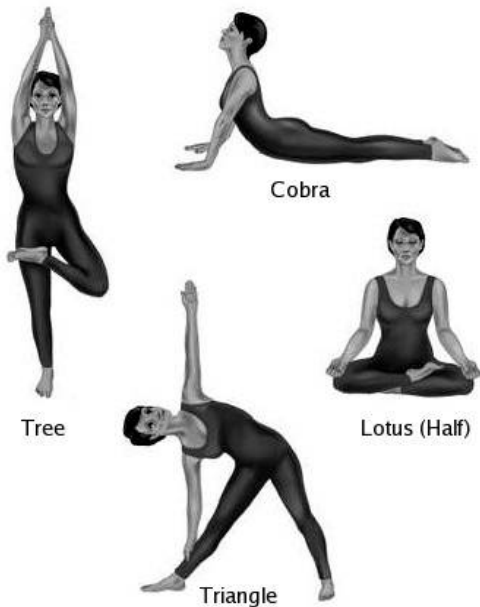


The Tuesday Bridge group wants everyone to know that all bridge players are welcome to come and play. The more the merrier.

Unfortunately, we don't have a teacher for beginners.



Yoga, Zumba and Groove Dance are having a joint Christmas party on December 16th from 6:00 to 9:00 PM. It is a pot luck, so please bring your favorite dish to share.



We will be closed from December 23, 2017 through Monday, January 1, 2018.

We will open Tuesday, January 2, 2018.

ACTIVE SENIORS, INC.
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100 Harvest St.
Salinas CA 93901



Thank you T & A

For mailing these!



*Wishing you peace, joy, health and happiness,
and the love of good friends and family in the
coming year.*

