# The *Rock King*® promotes resident satisfaction and positive outcomes through these unique features:

- ♦ Rocking Motion: The Rock King has a unique rocking feature that provides soothing comfort to the user which often has a calming effect. The need for restraints may be eliminated or reduced. Also, wellness is promoted when rocking by maintaining good posture and by shifting body weight slightly, thereby reducing seating pressure.
- ♦ **Tilt-In-Space:** This feature allows you to create a "deep wedge" by locking the chair in a semi-reclined position; degree of tilt is approximately 30°. This position is desirable if you are attempting to reduce "slide out", seating pressure or concerned about posture.
- ♦ Height adjustable seat: This feature is useful in fitting the chair to the height of the person using it. Most users will be fitted comfortably in the *low* position. Taller users may require raising the seat which is easily done by with a ¾ inch socket on the 24-inch front wheels. Note: Lighter weight users may need to adjust rocking tension by lowering the back casters and raising the front seat height to facilitate easier rocking. Reverse for heavier users.
- ♦ **Standard Footrests:** Footrests can be vertically adjusted to accommodate the various positions of the chair (upright or reclined), and the leg length of the user.
- ♦ Elevating Legrests (option): The elevating legrest is designed to be articulating (telescoping) to help prevent patient "foot drop" which can occur when foot plates cannot be kept in place due to reduction in the knee angle. Note: Adjustment handles have a built in ratchet. After tightening pull out to reposition.
- ◆ Lateral Supports: For those users requiring lateral support; side panels are included as part of the standard "kit" package.
- ♦ **Stability:** The wheelbase on the Rock King is 9 inches longer than a standard wheelchair. This additional length is more than ample to provide the necessary stability in either the rocking mode or tilt-in-space position.
- ◆ **Seat Belt (option):** For added security, a seat belt option (Fabric Safety Strap) may be placed around the waist of the patient and attached behind the back of the chair with either a buckle (Part #RY2019Y) or Velcro (Part #2019Y-1) attachment.

## Rock King®



## **USER MANUAL**

SMT Health Systems, Inc. 1380 Legion Road Detroit Lakes, MN 56501 800-725-7761 www.smths.com

### **Instructions**

The following feature description assumes you are standing in front of the chair, looking into the seat:

◆ Locking Mechanism: The locking lever is located in the left rear corner of the chair. It is used to lock the seat in either an upright or semi-reclined position. Important: It's a friction lock, which means to lock or unlock, the seat must be in the proper position in relation to the locking device. For example, if sitting in the chair in the upright position, move the seat slightly while at the same time pulling up on the locking lever. When the seat is properly aligned, the locking arm will raise approximately two inches, holding the seat in a fairly secure, but not rigid, upright position. To lock the chair in a semi-reclined position tilt the chair back approximately 30°, pull up on the locking lever, move the seat slightly until the locking mechanism engages. Caution! When unlocking the chair from the reclined position, grasp the backrest firmly and allow the seat to return to the upright position in a controlled manner.

The **Rock King** has three operating modes that allow the user to change his position through movement while sitting in the chair.

- ◆ **Upright Position:** The normal operating mode. The chair can be either locked or unlocked in this mode, depending on what the user is doing at the time. For *self-propulsion* or *transport*, however; the chair should always be in the *locked* position.
- **Rocking Mode:** With the locking lever in the *down position*, the chair is in *rocking mode*. Always engage the brakes when in the rocking mode.
- ◆ Tilt-In-Space: Most users will not be able to place the seat in this position without assistance. It can be done safely with the user in the chair by following the instructions given in "Locking Mechanism" at the top of this page. Important! Use caution when unlocking to return the chair to the upright position. The attendant should place one hand on the back of the chair, moving the seat slightly as suggested above, while pushing down on the lock lever. When the locking lever is in the down position, allow the seat to return to the upright position in a controlled manner. Always engage brakes while using the Tilt-In-Space mode.

♦ Warranty: Frame 7 years; parts 1 year

#### **♦** Height Adjustable Seat:

The X3000 shown here in the low position. Seat height from the floor is approximately 16 inches. Change position of axle bolt to raise seat. (Frame shown in contrasting white for clarity.).



#### **♦ Standard Footrests (R2010F):**



There are four inches of adjustment available with the footrest mounted in the lower mounting bracket on the base of the chair; more can be achieved by moving the footrest from the lower to the upper mounting bracket.

The RY2012F leg rest is designed to be articulating (telescoping) to help prevent patient "foot drop" which occurs when foot plates are moved out of the way.



#### **♦** Elevating Legrests (RY2012F):

#### **♦** Lateral Supports (RY1515C):

Like the cushion, the lateral supports are reversible and come standard when the chair is ordered as a "kit".





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