

Feb 2021

SEPA UNISON NEWS



IN THIS ISSUE:

- o Pay 2020/2021
- o Collective Grievances
- o Workplace Meetings
- o Communication Preferences
- o Facebook Page
- o AGM
- o Mental Health & Wellbeing

PAY 20/21

As you might be aware, the 20th January was the deadline set for registering your vote in the pay ballot. The voting process has obviously been affected by the current situation, but we want to reassure all members that **YOU WILL HAVE THE OPPORTUNITY TO VOTE**. More details on that to follow, but in the meantime, it will be helpful if you could update your contact details to make sure you receive all communications.

Workplace Meetings

Next drop-in sessions for members are this Tuesday, **9th February, at 11am and 2pm**. This is a chance for members to provide feedback, ask questions or raise any concerns – or just have a chat.

We'll have been organising these every week, and been using different days of the week to help ensure everyone has the opportunity to join a meeting that suits their current schedule and commitments!

Please pass on to any members who might not have joined this page yet (or even be on Facebook) - we want to reach as many members as possible to give them the chance to participate!

Details for joining (same link for both sessions):

Workplace Meeting Session 1: Feb 3rd 2021 11:00 AM

Workplace Meeting Session 2: Feb 3rd 2021 02:00 PM

Join Zoom Meeting <https://zoom.us/j/8349531116...>

Meeting ID: 834 953 1116 Passcode: thebigcup

Collective Grievances

The collective action SEPA UNISON is taking on behalf of over 150 members is currently on hold due to the current situation. We will keep members updated when that changes.

Any queries or concerns, please let us know, contact numbers can be found at <https://www.sepaunison.org>

Communications Preferences

REMINDER: It would be preferable if we had a personal e-mail contact for our members as well as a workplace e-mail, especially at the moment. Two emails addresses can be entered on membership system and a preference indicated between "work" & "personal" and it can be reset back to work email once the SEPA's e-mail is available if any member prefers. You can provide this in one of two easy ways;

1. Use the link below to change your email via the Unison website. NB if you haven't registered before you need your membership number. If you don't know your number, you can email us at "**sepaunisonbranch@gmail.com**".
2. Alternatively, you can email us directly with a personal email and we can change/add it for you.

AGM

The SEPA UNISON Branch Annual General Meeting (which will take place online due to the current health protection measures) will take place on **Wednesday 24th March consisting of two meetings at 11am and 2pm**. Please come along to one of the meetings.

The AGM is an important meeting for all members. It provides an opportunity for you to ask questions about the work of the union, you can see how branch finances have been used and you can help to set policy and agree priorities for the year ahead.

The AGM also provides an opportunity for you to elect officials to lead the branch and represent your interests.

BREAKING NEWS: The branch has managed to invite UNISONS 1st female (and Scottish) general secretary Christine McAnea to speak at the **11am** AGM meeting. The speaker for the meeting at 2pm has still to be announced.

Mental Health & Wellbeing

Don't forget Remember SEPA's Employee Assistance Programme (EAP)
The telephone number is 0800 358 4858. You can also access support
online at: www.validium.com You can sign into vclub using USERNAME
= SEPA; PASSWORD = wellbeing You'll then be prompted to create your
own password for future use when accessing the services available
online.

Other sites:

SAMH – (Scottish Association for Mental
Health) <https://www.samh.org.uk/>

Breathing Space - <https://breathingspace.scot/>

Cruse Bereavement Support <https://www.cruse.org.uk/>

The NHS App Library enables you to search for supportive apps covering
a wide range of subjects which you can download and
use. <https://www.nhs.uk/apps-library>