

Yoshin Ryu Jujitsu <u>STUDENT BLACK BELT</u>

#### **COME-A-LONGS**

Straight Finger, Straight Arm Straight Finger, Bent Arm

### LOCK

Spinning Wrist Lock (high) Spinning Wrist Lock (low)

## THROW TO CROSS ARMBAR

Ice Throw Outside Ice Throw Inside

### **PRESSURE POINTS**

Throat Snatch Groin Snatch

### **KNIFE ATTACKS**

Slash, Block Inside, Wrist Lock Stab, Wrist Lock

# **GUN ATTACKS**

Trigger Guard Finger Lock Wrist Lock High Wrist Lock Low