# MONTH MEETING AGENDA

# The Family Solution Finder Monthly Learning System

**Seminar 5:** **Four Family Support Structures**

Prior to Week # 1. The instructor will review and print: Go On-Line [www.familiesimpactedbyopioids.com](http://www.familiesimpactedbyopioids.com) Tab “32 seminars” the following downloads:

1. Download Study Guide for Seminar # 5 Four Family Support Structures. (Website Step 1)
2. Download Power Point Presentation Seminar # 5 Four Family Support Structures. (Website Step 3)
3. Download Workbook for Seminar # 5. (Website Step 4)
4. Download Family 3-D’s Coping Skills Worksheet Seminar # 5 Four Family Support Structures. (Website Step 5)
5. Download Family Local Resource Connections Workbook Seminar # 5 Four Family Support Structures. (Website Step 6)
6. Download Clinical Paper Seminar # 5. (Website Step 7)

Week 1 Meeting: A Power Point Presentation Seminar # 4 “Different Types of Family Therapy”. *It is preferred the family has read The Family Solution Finder, Study Guidebook Learning Module I for Seminar # 5 Four Family Support Structures, prior to the meeting.* This can be sent via email as an attachment for those that do not have books.

Week 2 Meeting: An invited guest Speaker, and The Family Solution Finder Workbook Learning Module II. Complete the Family Practical Life Exercises in the Workbook. (Handout)

Week 3 Meeting: A Personal Testimony, and/or The Family Solution Finder, 3-D’s Coping Skills Workbook Learning Module III. Seminar # 5 Different Types of Family Therapy. (Handout)

Week 4 Meeting: The Workshop, The Family Solution Finder, Local Resource Connections Workbook Learning Module IV, Seminar # 5 Four Family Support Structures. (Handout)

*The instructor will prepare the room with welcome table, sign-in sheet, refreshments, and handouts. The audio/visual will be tested ahead of the meeting and meeting agenda made available through social media channels. It is a good idea to have a “Welcome Packet” for new attendees.*

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# MEETING AGENDA

# Week 1

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* 1. Pre-Meeting Reading Assignment Family Solution Finder Learning Study Guidebook Learning Module I, Seminar # 5.
	2. Presentation Power Point Seminar #5.
	3. Group Discussions.

# MEETING AGENDA

# Week 2

1. Presentation Guest Speaker The “Four Support Structures”.
2. The Family Practical Life Exercises in The Family Solution Finder Seminar Workbook Learning Module II Seminar # 5. (Handout)
3. Group Discussions.

# MEETING AGENDA

# Week 3

1. Guest Personal Testimony of the Topic “Four Family Support Structures”. Or
2. The Family 3-D’s Core Skills Workbook Learning Module III Seminar # 5. (Handout)
3. Group Discussion.

\*We say “or” because the Family 3-D’s Core Skills Workbook takes most of a meet to complete. Determine a Solution, Develop a Decision and Design a Family Plan of Action.

# MEETING AGENDA

# Week 4

1. The Family Local Resource Connections Workbook Learning Module IV Seminar # 5. (Handout)
2. Group Discussions.