**Maximum Strength 5000iu Vitamin D + 100ug Vitamin K2 (120 Vegetarian Tablets) 100% Pure Certified Vitamin D3 / Vitamin K - Manufactured by BioPharmX**

* BioPharm-X Vitamin D3 provides unparalleled 60mg of Vitamin D3 & 100ug of Vitamin K2 (MK7) per tablet – strongest available!
* Vitamin K is essential for the activation and correct utilization of Vitamin D
* Both Vitamins - both have integral roles in calcium absorption and utilization, bone health, cardiovascular health and the prevention of numerous diseases.
* Manufactured within an FDA and MHRA approved facility for your highest level of safety
* All benefits have been approved by the European Food Safety Authority (EFSA)

**Premium Grade Vitamin K2 & Vitamin D3 - 120 Powerful Tablets (4 Month Supply - 1 Per Day)**

Vitamin D is acknowledged by all health care professionals as an essential part of a healthy diet, but research shows that a Vitamin D deficiency is one of the most common and widespread nutritional disorders (effecting about 1 billion people worldwide – including both adults and children). This is why Public Health England recommended a daily Vitamin D3 supplement to be taken by all, but issues arise from Vitamin D supplementation when the body has an insufficient intake of Vitamin K2 to accompany it.

Joint supplementation of Vitamin D and Vitamin K2 is essential to enable you to fulfill your Vitamin D requirements and the avoidance of health associated health issues.

* Suitable for Vegetarians
* GMO Free
* Maximum Strength Formulation
* Premium Grade Ingredients
* BIoPharmX Satisfaction!

**Ingredients:**

Each tablet contains 60mg of pure certified and premium grade Vitamin D3, providing 5,000 iu of Vitamin D3 (2,500 % NRV). Each tablet also contains 2.2mg of pure certified and premium grade Vitamin K2, providing 100 ug of Vitamin K2 (133 % NRV). This is the MAXIMUM dosage available from just one tablet, you simply cannot find better elsewhere!

**All benefits have been approved by the European Food Safety Authority (EFSA)**

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| **vitamin d and vitamin k2** | **vitamin d and vitamin k2** | **vitamin d and vitamin k2** | **vitamin d and vitamin k2** |
| **Strengthens Teeth and Bones** Vitamin D3 ensures that calcium is absorbed easily and K2 activates the protein osteocalcin, which integrates calcium into bone. Without D3 and K2, calcium cannot do its job effectively.  | **Maintains a Strong Immune System** Vitamin D is involved in the activation of T cells of the immune system. T cells are a crucial part of the immune system as stabilize cells that are infected with germs.  | **Support Healthy Muscle Function** Vitamin D is important for muscle function because of its role in calcium absorption.Calcium enables muscle movement, contracts and the relaxation of muscles.  | **Improved Mood** Ever noticed how much happier you feel when you’ve been outside in the sunshine? The brain is full of Vitamin D receptors that underlie healthy mood and many of the most basic cognitive functions.  |



**Vitamin D + Vitamin K2 Together**

Vitamin D3 and K2 both have integral roles in calcium absorption and utilization, bone health, cardiovascular health and the prevention of health issues. The synergistic reaction between the two vitamins is well noted in cellular, molecular and human studies. Vitamin K is essential for the activation and correct utilization of Vitamin D, by maximizing the body’s ability to bind and absorb calcium within the bones. Without it, there is an inadequate activation of Matrix-Gla Protein a strong inhibitor of vascular calcification. Vascular calcifications are mineral deposits on the walls of veins and arteries, which stick to fatty deposits and plaques that are already built up on the walls of blood vessels.

While Vitamin K ensures calcium is incorporated into the bones and does not manifest through artery calcification, Vitamin D works to promote the production of Vitamin K dependent proteins.

**BioPharm-X: Superior Standards in Nutritional Supplements**

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| **vitamin d** | **vitamin d** | **vitamin d** |
| **Maximum Strength** BioPharm-X has the goal of enhancing the well-being of their customers around the world by delivering premium quality, best value nutritional supplements . Each capsule has been formulated to safely provide significantly more then the minimum NRV levels for maximum effect.  | **Quality Promise** Every bottle is manufactured in the UK in a fully licensed facility, using only premium graded ingredients. Rest assured that we would never consider manufacturing an item that did not fully meet these requirements.  | **Directions for Use** Adults: As a supplement begin by taking 1 tablet in the morning on an empty stomach with at least 8fl oz of water. Do not exceed stated dose in a 24-hour period. Use only as directed.  |