

Almost Famous Class Descriptions

Acro

Acro class incorporates elements of gymnastics, basic contortion, and tricks. This class will primarily focus on flexibility and drills to help properly execute the skills needed. *Non Recital Class.

Ballet

Enjoy watching your child learn the foundation of dance, while gaining grace and poise. The body concentrates on technique, body placement, flexibility, leaps, and turns. Students will learn Ballet choreography for the Winter & Spring Dance Recital.

Gymnastics

This class was designed to build a well-rounded power tumbler. Each student will be taught how to properly execute and perfect their gymnastics drills and skills. Students will showcase a floor pass for the Winter & Spring Gym Showcase.
*Intermediate/Advanced Gym classes must have pre -approval from instructor. Students must have the following skills:
front & back walkovers.

Hip Hop

This is a fun, upbeat and fast moving class that focuses on coordination, strength, and current hip hop choreography, music, and technique. Students will learn Hip Hop choreography for the Winter & Spring Dance Recital.

Tap

This fun, upbeat, and fast moving class is a great way to keep your child active while gaining a strong technical foundation in dance. This class is designed to introduce & progress students in the form of tap by focusing on musicality, rhythm, footwork, and tap technique/drills. Students will perform a Tap choreography at both our Winter & Spring Dance Recital.

Technique

This class is a great addition to any dance class, aiding in proper technique breakdown in flexibility, strength, and execution of technical skills. This class will be featuring PBT, Progressing Ballet Technique for the drill portion of the class. *Non Recital Class.

Performance Pom

Pom is a movement-based class that focuses on sharp arm movements, execution of choreographic visuals and dance team skills. Dancers will learn fundamentals of Pom positions & performance skills. This class will push dancers to expand on their high energy, entertainment skills. Performance Pom will perform at local community events. Pom dancers must take the technique class appropriate with their age/grade.

Moovin & Groovin

This parent involved class is a fun way to introduce your child to a classroom atmosphere with you there next to them, to encourage them along. This class will be participating in Winter & Spring Gym Showcase. We work on basic gymnastics, listening skills, musicality, creative movement, and all of the great fundamentals to start them out (balance, hand eye coordination, and body awareness).