

Postpartum Depression Resources List for Bexar County	
<p>Alamo Area Home Counseling Services P.O. Box 500064 San Antonio, TX 78280 (210) 521-6392</p>	<p>Family Service Association 230 Pereida San Antonio, TX 78228 (210) 226-3391 Counseling, groups</p>
<p>Alpha Omega In-Home Services 4538 Centerview Dr., Ste. 218 San Antonio, TX 78228 Toll-Free # 1-866-730-2674 Counseling</p>	<p>Jewish Family & Children's Services 12500 NW Military Hwy San Antonio, TX 78231 (210) 302-6920 Counseling, groups</p>
<p>Avalon Social Services 3707 N. St. Mary's San Antonio, TX 78212 (210) 735-7275 In home counseling, psychosocials</p>	<p>Mental Health Association of Greater San Antonio 8431 Fredericksburg Road, Suite 110 San Antonio, Texas 78229 210-614-7566 Office healthymindconnection.org</p>
<p>Benitia Family Center 4650 Eldridge Ave San Antonio, TX 78237 (210) 433-9300 Counseling</p>	<p>Mexican American Unity Council 2300 W. Commerce, Ste 200 San Antonio, TX 78207 (210) 978-0500 Counseling</p>
<p>Community Counseling Service of Our Lady of the Lake University 590 N. Gen McMullen San Antonio, TX 78228 (210) 434-1054</p>	<p>Methodist Women's Center 803 Castroville, Ste. 131 San Antonio, TX 78207 (210) 575-0355 Groups every Tuesday 1-2</p>
<p>Ecumenical Center for Religion & Health 8310 Ewing Halsell San Antonio, TX 78258 (210) 616-0885</p>	<p>St. Peters St. Joseph 919 Mission Rd San Antonio, TX 78210 (210) 533-6545</p>
<p>Family Life Center One Camino Santa Maria San Antonio, TX 78228 (210) 436-3133</p>	<p>Postpartum Depression Center of San Antonio 921 Proton San Antonio, TX 78258 (210) 490-4540 Counseling</p>

Multiple Blessings Childbirth Services

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