



# PowerTalk™ Power Club

Offered by PowerTalk Seminars, LLC

**Agenda for Friday, June 9, 2023**  
**6:30 AM- 9:00 AM**

**Pair a favorite morning cuppa with a little breakfast and join us a few minutes early for casual networking.**



**Engaging and Educational!**

***"Developing Leaders, Achieving Dreams,  
Helping Build Empowered Teams!"***



**Our Mission:** The mission of the PowerTalk Power Club is to educate, entertain, and engage our Power Pal members to participate in fun, alternative yet complementary professional development meetings where every member has the opportunity to prospect, promote, and present their programs, products, and services in order to enhance their own business and professional growth.



**Our Vision:** The PowerTalk Power Club is designed to empower you. We invite you to participate as a "Power Pal" Speaker and a Powerful Networker. Our interactive professional learning environment will support your development as a VIP Speaker, Entrepreneur, and Small Business Leader.



**Our Values:** Members of this club seek to support one another through effective feedback in the form of speaker presentation evaluations, networking and referrals, and sharing resources that can help our members achieve their personal and professional development goals.



**Our Overall Objective:** Our overall objective is to encourage all our Club Members to continue to grow as business professionals and to help foster a supportive and fun social environment for personal enrichment.

# PowerTalk Power Club™ Program Meeting Agenda

## Friday, June 9, 2023

### OPEN

- 6:30am President's Welcome & Brief Introductions Vitalia Bryn-Pundyk, M.Ed/DTM/DPP
- 6:40am Meeting Emcee's Opening Roman Pundyk, DTM/DPP  
*Meeting theme: **Father's Day!***  
*Quote: "Any man can be a father, but it takes someone special to be a dad."  
- Anne Geddes*
- 6:45am Ice Breaker Speech (4-6 min) Diane Windingland, DTM/SPP  
*"Dream Big – Step Small!"*

### BODY

- 6:52am Business Commercial #1 (1-2 min) Roman Pundyk, DTM/DPP
- 6:55am Business Commercial #2 (1-2 min) Julie Nekola
- 6:58am Keynote Speech (10-15 min) Diane Windingland, DTM/SPP  
*"Breaking the Stage Fright Barrier:  
10 Techniques to Reduce Performance Anxiety"*
- 7:14am Share, Show, & Tell (1-2 min) Jane Schuette, M.A./DTM/GPP
- 7:17AM "How To" Demo Speech (5-7 min) Vitalia Bryn-Pundyk, M.Ed/DTM/DPP  
*"Embrace the Summer Vibes!"*
- 7:25am Stretch Break (5 min)
- 7:30am Mini-Workshop Presentation (15-30 min) Jayne Miller  
*"Be Aware & Prepare - Vacation Safety Tips!"*
- 8:01am Humorist (1-2 min) Jayne Miller
- 8:04am Talking Points (3-6 questions) Jane Schuette, M.A./DTM/GPP
- 8:15am Tipster (2-4 min) Jane Schuette, M.A./DTM/GPP
- 8:20am Business Commercial #3 (1-2 min) Vitalia Bryn-Pundyk, M.Ed/DTM/DPP
- 8:23am Business Commercial #4 (1-2 min) Roman Pundyk, DTM/DPP

### EVALUATIONS

- 8:26am Ice Breaker (2-3 min) Vitalia Bryn-Pundyk, M.Ed/DTM/DPP
- 8:30am Keynote (2-3 min) Luis Olvera
- 8:34am "How-To" Demo (2-3 min) Luis Olvera
- 8:38am Mini-Workshop (2-3 min) Diane Windingland, DTM/SPP
- 8:42am Timer's Report (2-3 min) Kim Windingland, DTM
- 8:45am General Eval. & Guest Comments Vitalia Bryn-Pundyk, M.Ed/DTM/DPP

### CLOSE

- 8:50am Announcements, Closing Remarks Vitalia Bryn-Pundyk, M.Ed/DTM/DPP  
Thank You & Meeting Adjourned!



# PowerTalk Power Club Roster

## Your Power Pals!

Vitalia Bryn-Pundyk, M.Ed/DTM/DPP	Club President, VIP Full Member	952-221-1701	vitalia@powertalkseminars.com	Hutchinson, MN
Bradley Roehrl	Dinner, Pizza	612-296-5118	Bradley.roehrl@gmail.com	Minneapolis, MN
Charlie Kundinger	Fridays	651-283-0017	Charlieandmolly@msn.com	St. Louis Park, MN
Chris Ciccone, BPP	Dinner	763-222-6433	Christineciccone.reliv@yahoo.com	East Bethel, MN
Cindy Karnes	Fridays	651-274-2248	cindylkarnes@gmail.com	St. Paul, MN
Crystal Anderson	Dinner	612-387-5329	4funhiking@gmail.com	Woodbury, MN
Diane Windingland, DTM/SPP	Thursdays	612-306-4214	diane@virtualspeechcoach.com	Shoreview, MN
Evgeniya Djuranovic	VIP Full Member	763-496-8604	Evgeniya.tokareva@gmail.com	Orono, MN.
Eric "Rocky" Schurr	Fridays	651-422-8981	ericschurr@yahoo.com	Apple Valley, MN
Gwen Briesemeister	Dinner, Pizza	763-221-6136	gbriesemeister@charter.net	Delano, MN
Jack Jacobson	VIP Full Member	612-360-8815	jacobsonjack45@gmail.com	Maple Grove, MN
Jacqueline Fiore	VIP Full Member	772-631-8006	jacquelinefiore27@gmail.com	Minnetonka, MN
Jacquelyn Mooty	Pizza	952-297-4645	Jacquelyn.schuetter@gmail.com	Edina, MN
Jane Schuetter, M.A/DTM/GPP	Dinner, Pizza	952-994-6192	jane@janeschuetter.com	Watertown, MN
Jayne Miller	Thursdays	763-458-1034	jayne3miller@hotmail.com	Tampa, FL
Julie Nekola	Virtual Asst, VIP Full Member	612-310-2802	Julie.Nekola@gmail.com	Plymouth, MN
Kim Windingland, DTM	Pizza	612-306-4228	kimwindingland@gmail.com	Shoreview, MN
Kirsten Kinzler	Dinner, Pizza	320-583-1877	kirsten.kinzler@gmail.com	Hutchinson, MN
Lili Korbuly-Johnson, BPP	Thursdays	952-200-9248	lili@get-lkj.com	St. Louis Park, MN
Lori Ziebarth	Dinner, Pizza	612-701-9120	Lori.ziebarth@gmail.com	Maple Grove, MN
Lynn Wilson	Dinner	612-751-8876	nevilleandlynn@gmail.com	North Branch, MN
Michael Carlton, DTM/BPP	Dinner, Pizza, Fridays	612-750-0098	Tm.Michael.carlton@gmail.com	Woodbury, MN
Michele Licata, SPP	Thursdays	612-990-9820	olivesandpearls@msn.com	Bloomington, MN
Norm Johnson-Korbuly	VIP Full Member	612-703-3026	normjohnson62@gmail.com	St. Louis Park, MN
Roman Pundyk, DTM/DPP	VIP Full Member	952-221-2319	pundyk@earthlink.net	Hutchinson, MN
Stephen Shaner, DTM	Thursdays	931-310-1858	Stephen@awesomeattitude.net	Red Boiling Springs, TN
Susan Kaulbars	Dinner, Pizza	612-558-9532	Susan@FramingSolutionsmn.com	St. Louis Park, MN
Vicki Dolphy, DTM	Pizza	651-353-8700	vickidolphy@gmail.com	Stacy, MN

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## PowerTalk Power Club 2023

### Meeting Dates, Times, & Locations

#### **Early Morning Motivation**

Rise 'n Shine! These early AM Zoom meetings happen on the 2<sup>nd</sup> Thursday and the 2<sup>nd</sup> Friday of each month from 6:30AM – 9:00AM Central time. There *is* different content in Thursday and Friday meetings.

12 Thursday sessions - \$120

##### **Thursdays**

January 12  
February 9  
March 9  
April 13  
May 11  
June 8  
July 13  
August 10  
September 14  
October 12  
November 9  
December 14

12 Friday sessions - \$120

##### **Fridays**

January 13  
February 10  
March 10  
April 14  
May 12  
June 9  
July 14  
August 11  
September 8  
October 13  
November 10  
December 8

#### **Power Talk Power Lunches**

Meet on Zoom 11:30AM – 1:00PM Central time on the second Tuesday of each quarter.

4 quarterly sessions - \$40

January 10  
April 11  
July 11  
October 10



#### **Power Talk Pizza Panels**

Meet at Frankie's Chicago Style Pizza, 3559 Winnetka Ave. N, New Hope, MN, from 6:00PM-9:00PM Central time on the following Tuesdays.

4 quarterly sessions - \$60

March 14  
June 13  
September 12  
December 12



[jacobsonjack45@gmail.com](mailto:jacobsonjack45@gmail.com)

#### **Power Talk Prime Time Dinners**

Meet in the Power Talk Party and Workshop Room at Pundyk's Private Lakeshore Residence in Hutchinson from 5:00PM – 9:00PM Central on the following Tuesdays.

4 Quarterly sessions - \$80

February 7  
May 9  
August 8  
November 7

