

## Real Hope Real Help

1001 Cross Timbers Road, Ste. 1240  
Flower Mound, TX 75028  
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### **DIRECTIONS TO:**

1001 Cross Timbers Dr.  
Suite 1240  
Flower Mound, TX 75028  
972.966.1079

### **From NORTH on I35E**

Take the Main Street Lewisville Exit. Take a left at the light go 2.3 miles. Main Street Lewisville turns into Cross Timbers Rd in Flower Mound. We are located in The Atrium Building, next door to Braum's Ice Cream. When facing the building drive to the east (left) side of the building. There is a rock wall with a blue stripe – follow this to the side of the building. We are towards the end with an **OUTSIDE** entrance.

### **From SOUTH on I35E**

Take the Main Street, Lewisville Exit. Turn right onto Main Street & go 2.3 miles. Main Street turns into Cross Timbers Rd in Flower Mound. We are located in The Atrium Building, next door to Braum's Ice Cream. When facing the building drive to the east (left) side of the building. There is a rock wall with a blue stripe – follow this to the side of the building. We are towards the end with an **OUTSIDE** entrance.

### **From 2499**

Whether traveling North or South on 2499, turn onto 1171 Cross Timbers Road. Travel East, passing Morris and Kirkpatrick. You will see a Braum's ice cream store on your right. We are just East of Braum's in the 2-story brick building – The Atrium. As you face the front of the building, you will see a Jesse James Fitness on the East side. Drive down that side and you will see the **OUTSIDE** entrance to Suite 1240.

### **From 121 Business**

Turn East on to Main Street Lewisville, Cross over I35E and continue past Lewisville High School. Pass Garden Ridge and we will be on your Left, just past Tom Thumb. We are located in a 2-story brick building – The Atrium. As you face the front of the building, you will see Jesse James Fitness on the Left (East) side. Follow down that side of the building until you see **OUTSIDE** entrance to our suite, 1240.