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| **BEST OF FRIENDS**  **Choreographed by John And Jean Miles 40 count, beginner partner dance** | |
| **Music:** | **"Best Of Friends" by Dave Sheriff;** |
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| 1-2 3&4 5-6 7&8    9-10 11&12 13-14 15&16   17  18 19-20 21-22 23-24   25-26 27-28 29-30 31-32   33-34 35&36 37-38 39&40 | **LEFT FORWARD, ROCK, LEFT SHUFFLE BACK - RIGHT, BACK, ROCK, RIGHT, SHUFFLE FORWARD** Left step forward, Rock weight back onto right Shuffle back (left/right/left) Right step back, Rock weight forward onto left Shuffle forward (right/left/right)  **LEFT STEP PIVOT 1/2, LEFT SHUFFLE FORWARD - RIGHT, STEP PIVOT 1/2, RIGHT, SHUFFLE FORWARD** Left step forward, Make 1/2 turn to right (weight forward) Shuffle forward (left/right/left) Right step forward, Make 1/2 turn to left (weight forward) Shuffle forward (right/left/right)  **1/4 TURN, ROCK, ROCK, ROCK - LEFT BACK, ROCK, ROCK, ROCK** Left step 1/4 turn to right Man behind lady 'tandem position' hands at waist Rock weight back onto right Rock weight forward onto left, Rock weight back onto right Left step back, Rock weight forward onto right Rock weight back onto left, Rock weight forward onto right  **LEFT 1/4 TURN & SWING & STEP RIGHT, LEFT, RIGHT** Left step 1/4 turn to left, Swing right foot over left Right step forward, Swing left foot over right Left step forward, Swing right foot over left Right step forward, Hitch with left (weight on right)  **WALK, WALK, LEFT SHUFFLE - WALK, WALK, RIGHT, SHUFFLE** Left step forward, Right step forward Shuffle forward (left/right/left) Right step forward, Left step forward Shuffle forward (right/left/right)  **REPEAT** |