



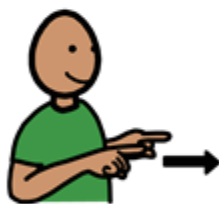
I will use a Zoom link to login to my appointment with Shanin.



We will check our connection is good so we can hear and see each other.



Shanin will go through the routine for the appointment and offer me strategies if I need a break.



I will practice some new skills.



After practice, I will be able to choose a game to play.



At the end of the appointment, it will be time to say goodbye and log off. Shanin will look forward to seeing me again!