

Next Community Meeting: Oct 6th, 2021: 2pm

Join Zoom Meeting

<https://us02web.zoom.us/j/88962790862>

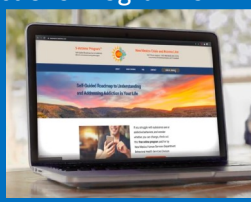
Meeting ID: 889 6279 0862

One tap mobile

+13462487799,,88962790862# US (Houston)

Agenda

2:00-2:30 Join Erin Fitzgerald to learn about the New Mexico 5-Actions Program (www.nm5actions.com), a new digital health resource for New Mexicans struggling with substance misuse or behavioral addictions. The program is also appropriate for those helping a loved one or friend struggling with addiction. The 5-Actions Program is free for all New Mexicans, paid for by the New Mexico Human Services Department, Behavioral Health Services Division. Erin will provide an overview of the program, offer a live online tour, and save time for questions.



2:30-2:55 Executive Director of Health Equity Alliance for LGBTQ+ New Mexicans (HEAL Plus NM), Alex Ross-Reed (she), will present about their directory, *Bright Spaces Welcome Places*. Behavioral health agencies that are welcoming and affirming to LGBTQ+ folks can be listed in our directory. We are seeking new listings in Valencia county and can work with agencies for free who are looking to create more welcoming and affirming environments for LGBTQ+ clients. We offer technical assistance, regular training opportunities, and the latest in queer and trans health news. The presentation will also include a discussion of the root causes of LGBTQ+ health inequities and strategies to address them.



2:55-3:00 Q & A



Join our health fair!

WE ARE ENCOURAGING VENDORS TO SIGN UP

We are asking vendors to email:

acoronado@familiaidental.com

If you are interested in being apart of what is sure to be an amazing health fair in Los Lunas. **Limited Spots - First Come First Serve**

We will have:

Medical Consultations
Door Prize Giveaways
Resource Signups
Healthy Snack Station
Live Music
• Many More to be announced as Vendors/Providers are confirmed.

This event is brought to you by Familia Dental and Presbyterian Health Plan.

familia Dental.

PRESBYTERIAN Health Plan, Inc.



CWC is actively recruiting new board members who represent our diverse community. If you are interested, please begin your orientation at our website <https://www.communitywellnesscouncil.org/new-member-orientation>



Ginny Adame
Chair



Fr. Robert Mundy
Vice Chair



Diana Good
Secretary



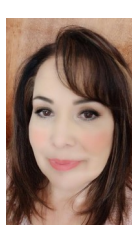
Peggy Gutjahr
Co-Treasurer



Carol Claus
Co-Treasurer



Bart Regelbrugge
Board Member



Linda Montaño
Board Member






Alejandro Coronado
Board Member

Please email us if you are interested in participating on one the following task forces.






We are a 100% Community!

OUR TEN ACTION TEAMS STRENGTHEN THE ORGANIZATIONS THAT SERVE OUR RESIDENTS

Survival Services

-  Medical/Dental Care
-  Behavioral Health Care
-  Food
-  Housing
-  Transportation

Thriving Services

-  Parent Supports
-  Early Childhood Learning
-  Community Schools
-  Youth Mentors
-  Job Training

SURVEY OPEN! Click pic

YOUR VOICE MATTERS!

Do you want to share your thoughts and experiences on **access to basic family services** like medical care, childcare, job training, transportation, housing, and more, in Valencia County?

Please take our **10-minute survey** to help us make life better for families in our county.

Visit the survey link:

<https://bit.ly/Valencia21>

or Scan the QR code on your iPhone camera or Android QR code app



"V" must be uppercase



Updated Resource Directory is online and ready to use!

<https://www.communitywellnesscouncil.org/Community-Resources.html>

COVID Resources

available as well: <https://www.communitywellnesscouncil.org/COVID-19-Coronavirus.html>

<https://cv.nmhealth.org/covid-vaccine/>

Community-Identified Priorities

- 1) Violence Prevention
- 2) Behavioral Health
- 3) Substance Use
- 4) Healthy Eating
- 5) Active Living



Our Vision: "A community working in cooperation to ensure the health and well being of all its residents." Our Mission: "To promote community collaboration through framework of coordination, assessment and solutions." <https://www.communitywellnesscouncil.org/>. Photo is from a Pre-COVID gathering.