### PowerTalk Power Club Fall Festival Conference Retreat

Imagine.... a beautiful drive up north this early autumn when the Fall temps are still mild and the leaves change color.

Imagine.... being immersed in nature in a casual north woods setting, a "get away" from the hustle and bustle of the Twin Cities Metro Area.

Imagine.... a conducive learning environment that encourages high interactive participation through productive, educational workshops for professional development, small business growth, and personal enrichment.

Imagine.... planned mid-morning and midafternoon breaks with energizing snacks and refreshments, as well as designated time specifically designed for rest, relaxation, relationship building, and resort recreation.

Imagine.... delicious dining and cozy, comfy accommodations nestled along the crystal-blue waters of Sugar Lake near Grand Rapids, MN.

Yes...That's right Power Pals! You can have all this and MORE.....

We invite you to Come Join Us for

"Good Food!
Good Friends!
And Good Fun!"

Join all your Power Pals at the Upcoming

<u>September Speech-a-thon Speech Contest</u>

Fall Festival Retreat

Wed. Sept. 22<sup>nd</sup> – Sun. Sept.26<sup>th</sup>

At the Beautiful Sugar Lake Lodge Grand Rapids, MN.







Time to be nurtured,
Time to be nourished, and
Time to socially network
with all our Power Pals and
Registered Guests.



## September Speech-a-thon Speech Contest &

### **Fall Festival Conference Retreat**



### 11 Engaging Educational Workshop Presenters

### 12 Fabulous Keynote Speakers

Saturday September 25, 2021 - 8:30am -12:30pm Half - Day Event

### "Good Food! Good Friends! And Good Fun!"



### **Inspiring Itinerary & Awesome Activities:**

#### Welcome Wednesday! - Comfy Casual

4:00pm - Resort & Conference Table Check-in

6:00pm - Welcome, Cash Bar, & Casual Dinner followed by:

Hospitality Suite, Power Pal Gifts, Networking, PowerTalk Party Games, & FUN Social Reception!

### **Thriving Thursday! – Business Casual**

7:30am - All American Breakfast Buffet

9:00am-11:45am 3 consecutive PD workshops

12:00pm – Lunch Break Buffet

1:00pm -3:45pm 3 consecutive SBG Workshops

3:45pm - Snacks, Siesta, & Free Time

6:00pm - Cash Bar & Casual Dinner Buffet

7:30pm – Talent Show and/or Talking Points! Followed by Hospitality Suite

#### **Conference Key:**

PD = Professional Development

SBG = Small Business Growth

PE = Personal Enrichment

Note: Unless you are a KN speaker or Wkshp presenter, suggested attire is weekend casual for the entire Fall Festival Retreat! - Yay!

#### <u>Fabulous Friday! – Comfy Casual</u>

7:30am - All American Breakfast Buffet

9:00am-10:15am Speech Prep Wkshp – with Diane! ©

10:30am-11:45am SpeakerBiz Wkshp – with Vitalia! ©

12:00pm – Lunch Break Buffet

1:00pm – 3:45pm 3 consecutive PE Workshops

3:45pm - Snacks, Siesta, & Free Time

6:00pm - Cash Bar & Casual Dinner Buffet

7:30pm – Friday Fun Night Comedy Cabaret & Hospitality

### <u>Super Saturday! – Business Casual (am)</u> <u>Comfy Casual (pm)</u>

7:30am Breakfast Buffet followed by Speech-a-thon

8:15am Speech-a-thon Speech Contest

12:30pm - Lunch Break Buffet

1:30pm – 5:30pm Resort Recreational Activities & Snacks

6:00pm - Cash Bar & Casual Dinner Buffet

7:30pm - 11:00pm Saturday Night Social to include: Game Night, Silent Auction, Scary Stories, & S'mores

#### **Special Sunday - Dressy Casual**

9:00am-11:00am PowerTalk Brunch Buffet Fireside chat: Awards, Reflections, & Recognition

12:00pm - Resort Check Out & Farewell!

# Fall Festival Highlights

Education	Entertainment	Eating	Enrichment
3 PD Workshops	PowerTalk Party	Wednesday	Social
Professional	Games & Social	Welcome Dinner	Networking
Development	Reception		
	жесериоп	Full Hot American	o <b>Rest</b>
3 SBG Workshops	Talent Show	Breakfast Buffet	<ul><li>Relaxation</li></ul>
<b>Small Business Growth</b>		Th. – Fr. – Sat.	<ul><li>Relationships</li></ul>
	and/or Talking Points B.S.	TII. TT. Saci	<ul><li>Recreation</li></ul>
3 PE Workshops	Bull Shit or	Hot Lunch Buffet	o Reciedition
Personal Enrichment	Best Speaker	Th Fr. – Sat.	<ul><li>Nature</li></ul>
1 Speech Drop	Contest		<ul><li>Nurturing</li></ul>
1 Speech Prep Workshop		Full Dinner Buffet	<ul><li>Nourishment</li></ul>
•	Friday Fun Night:	Th Fr Sat.	o Hourisimicit
Diane Windingland	<b>Comedy Improv</b>	Cash Bar Available	Siesta Free Time
1 Charles Pin	<b>Comedy Cabaret</b>		Siesta Free Fillie
1 SpeakerBiz		<b>Morning Snacks</b>	Resort Activities
Workshop	Saturday Night	Th Fr Sat.	All Inclusive:
Vitalia Bryn-Pundyk	Social:		Tennis Courts
	<ul><li>Game Night</li></ul>	Afternoon Snacks	<ul> <li>Fitness Center</li> </ul>
Constant of the con	<ul> <li>Silent Auction</li> </ul>	Th. – Fr. – Sat.	<ul><li>Horseshoes</li><li>Campfires</li></ul>
Speech-a-thon	<ul><li>Campfire</li></ul>		- Campines - Canoes
Speech Contest	<ul><li>Scary Stories</li></ul>	<b>Hospitality Suite</b>	• Stand-up
	5 557 55555	Treats & Snacks	Paddleboards • Pickle Ball
NOTE:	NOTE:	W. – Th. – Fr. – Sat.	<ul><li>Bicycles</li></ul>
6 H 6 W 1 1	ITOTE:	6	• Frisbee
Call for Workshop	Call for FUN Talent	Saturday Night:	<ul><li>Walking</li><li>Organized Games</li></ul>
Presenters and	Show Performers!	<ul><li>S'mores</li></ul>	<ul><li>Golf (Additional \$\$)</li></ul>
Speech	limited spots available.	<ul> <li>Hot Chocolate</li> </ul>	
Contestants!		<ul> <li>Hot Cider</li> </ul>	Rewards &
	Call for FUN B.S. Contestants!		Recognition
We hope you will	limited spots available.	Sunday Awards	
engage with us and		Brunch Buffet	Power Pal Gifts
participate to help	Call for Silent	Recognition &	& Prizes
make this a great	Auction Donations!	Reflections	
Fall Festival	Please contribute and help us defer some of	This is where we announce our Speech-a-thon Speech	Good Food!
Conference	the Fall Conference	Contest Winners – Don't	
Retreat!	Festival Retreat Costs.	want to miss this!	<b>Good Friends!</b>
	We hope you will	Charles of	
Fill out and submit	participate in all of		Cood Fund

**Good Fun!** 

participate in all of

the above!

workshop proposal

and speech contest forms! — limited spots -



# Power Club Fall Conference Festival Retreat Workshop Categories: PD — SBG - PE

<u>Power Pals</u> – We are looking for workshop presenters to help us produce an AWESOME Fall Conference Festival Retreat for you and all our Power Pals. Please consider being a presenter for this amazing event and support our club by sharing your subject matter areas of expertise.

We are looking for 3 PD Workshop Presenters. These are Professional Development Topics such as (but not limited to): Leadership, Communication, Team-Building, Goal-Setting, Improving Presentation Platform Skills, Book Publishing, Professional Image, Use Your Voice, Body Language, Interviewing, Career Development, Creating Power Point Presentations, Time Management, etc.... – What is your specific subject matter area of expertise?

We are looking for 3 SBG Workshop Presenters. These are Small Business Growth Topics such as (but not limited to): Personal Branding, Social Media Marketing, Networking, Sales Training, Blogging, Customer Contacts, Emailing, Working with Speakers Bureaus and Meeting Planners, Invoicing, Quickbooks, Accounting, Tax preparations, Financial Planning, Retirement, Investing, Office Management, Budgeting, Setting Appointments, Overcoming Objections, Prospecting – Presenting – Following Up, etc... - What is working to help grow your business (no matter the industry)? - please share!

We are looking for 3 PE Workshop Presenters. These are Personal Enrichment Topics that generally fall into the categories of Beauty, Fashion, Health, and Wellness. This is where you can share your favorite Hobbies and Past times. Some suggestions or ideas are (but not limited to): Travel, Leisure, Arts & Crafts, Photography, Stress Management, Yoga, Exercise, Aerobics, Home Décor, Landscaping, Organic or Floral Gardening, Journaling & Creative Writing, Scrapbooking, Laughter Yoga, Better Sleep Tips, Dieting & Nutrition, etc...

<u>Please Note:</u> In order to present a workshop, you must be an early bird registrant for this event (we need to be assured that you are committed), and be prepared with a 30-45 minute max. "Break Out" Session. Please complete the workshop proposal form and submit by June 15<sup>th</sup> Selected Workshop Presenters will be notified by July 1<sup>st</sup>.

### **My Workshop Proposal:**

Please email form directly to Conference Chair and Program Director: Vitalia Pundyk at vitalia@powertalkseminars.com

need to fill that workshop slot or think it may be a better fit in combination with

others in a specific category.

Name:	Phone	<u>:</u>
Email:	Websit	te:
Speech Title:		
Brief 50-word max Narrative I	Description: (use space below)	
List up to 5 max Learning Obje	ectives: (use space below)	
Brief 50-word max. Bio: (use sp	nace below)	
Dilei 30 Word Max. Dio. (use s	sace below)	
Please select the workshop categor presentation will fit best:	ory where you feel your	Note: We reserve the right to change the selected category if we have a vacancy and need to fill that workshop slot or think it

\_\_\_\_\_ PD \_\_\_\_\_ SBG \_\_\_\_\_ PE

### **Thursday Night Entertainment**

### **Talent Show & Talking Points**

Here's the Preliminary Plan and How all this works:



### We want this Fall Festival Conference Retreat to be:

- considerably <u>designed by you,</u>collaboratively developed with you,
- □ and confidently delivered for you.

That means the success of our Fall Festival Event will rely heavily on your participation and active engagement.

Our "Talent Show" will be just for fun - we know many of you have additional talents other than sharing your specific areas of speaking expertise:

Do you sing?

sing a song



Do you dance?



Do you juggle?



Do you play an instrument?



Can you do magic?



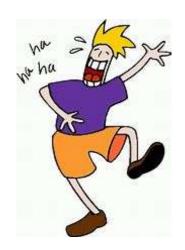
If we get enough interested participants, we thought it would be fun to have a little variety act talent show. This would then be followed by our very impressive and often hillarious, "Talking Points" B.S. Contest.

For the Talent show, we are hoping for at least 2-3 entertainers minimum and we have a maximum of 10 spots available. You will have 2-3 minutes max to perform and entertain.

Note: This is NOT a contest (so you don't need to worry about any American Idol Type of Judging — LOL! ©), as I said, this is just purely for your enjoyment, our entertainment, and everyone having fun!

Then....we will segue into our next PowerTalk Power Group Activity -

The Talking Points B.S. Contest



### **The Talking Points B.S. Contest**

Come join us for our totally "Off the Wall" Seminar where YOU are the improvisational extemporaneous speaker that makes us Laugh & Learn as we take Talking Points to the extreme!



### **Here's the program and the way this works:**

- ✓ At program check-in, Audience comes up with individual questions and posts them to "THE WALL."
- ✓ 3 Power Pals (names will be drawn to participate at time of event) individually select a concealed question off "THE WALL" and will compete in 3 rounds of improvised 5-15 minute max. mini-workshops.
- ✓ <u>The Challenge:</u> Each Power Pal B.S. Contestant must incorporate a set of 5 power point slides and 2 additional visual aid props into their presentations. These slides and props will be provided by Roman & Vitalia.

<u>Note:</u> Our Power Pal B.S. Contestants will NOT get to preview these slides and/or "visual aids props" before-hand. This truly will be an improvised "Off the Wall" seminar! So folks,..... Strap your seat belts on because ANYTHING can happen. You're guaranteed to be impressed or will possibly get some good ol' hardy belly laughs!

At the end of the 3 rounds, Audience votes on their favorite totally "Off the Wall" presenter! The Power Pal Contestant who wins, gets recognized as our Club's B.S. (best speaker) Champion!



Note: Talking Points B.S. Workshops must be at least 5 minutes and no longer than 15 minutes max. - Keep in mind, the longer the presentation, usually the more impressive!

Green Card will be shown at 5 minutes.
Yellow Card will be shown at 10 minutes
Red Card will be shown at 15 minutes max.

# **Friday Fun Night**

# Come join us at the PowerTalk Power Club Comedy Cabaret!







- Come Learn Basic Rules ofComedy Improv -
- Play Fun Improv Games
- Participate in Skits & Sketches
- Play a Round of Charades

## **Saturday Night Social**



- Game Night
- Silent Auction
- Camp Fire
- Scary Stories
- S'mores



Bring your favorite board and card games and let's have a fun Game Night!





Donate items to the silent auction and place your bids on the treasures you want!



Come to the camp fire for hot chocolate, hot cider, and a marshmallow roast. Be prepared to tell your favorite spooky urban legends, haunted house, goblins and ghost stories!

### September Speech-a-thon Speech Contest

### **Here's the Preliminary Plan** and How All this Works:

We are looking for a total of 12 Power Pals to compete in our 1<sup>st</sup> annual September Speech-a-thon Speech Contest.

There will be 3 categories of Speeches with up to 4 Contestants in each.

Contestants may compete in any category of their choosing but may only compete in one category unless there are vacant spots that need to be filled.

Speaking spots will be filled on a first come first served basis and contestants will then be randomly assigned their speaking order within each group category.

#### The categories are:

**Group #1:** Humorous

**Group #2:** Informational

**Group #3:** Inspirational

Note: Speeches must be 10-15 minutes max. Any speech less than 9 minutes will be disqualified. Any speech over 16 minutes will be disqualified.

Contestants will be judged by all the Power Pal Peers who are not competing in any category. One winner will be announced from each Group at the Sunday Awards Brunch Recognition Program.

### Judges Form

Although speakers will simply be ranked subjectively in order of presentation preferences by their Power Pal Peers as 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> for each category, this general form may be used as a helpful criteria guide in determining the contestant rankings.

This form is similarly based on the PowerTalk Power Club Speech Evaluation Forms.

On a scale of 1-30 pts. with 15 pts. being the "average," please rate each speaker in the following sections and total up your score at the bottom of the page for each contestant.

, ,	
CONTENT:	(1-30 pts.)
<ul> <li>Is the material appropriate?</li> <li>Is the speech well composed?</li> <li>Is it easy-to -follow?</li> <li>Are the objectives clear?</li> <li>Is the subject well-researched</li> <li>Strong opening, body, and clo</li> <li>Is there a call to action?</li> </ul>	d?
COMMUNICATION:	_ (1-30 pts.)
<ul> <li>Body Language</li> <li>Eye Contact</li> <li>Vocal Variety (pitch, tone, page)</li> <li>Facial Expressions</li> <li>Hand Gestures</li> <li>Stage Presence</li> <li>Confidence &amp; Charisma</li> <li>Energy, Emotion, Enthusiasm</li> <li>Delivery Style</li> <li>Hand-outs &amp; Visual Aids (if ap</li> <li>Professional Appearance</li> <li>Use of power point and props</li> </ul>	pplicable)
CONNECTION:	(1-30 pts.)

- Was the message clear?
- Did the message connect or resonate with you?
- Do you feel influenced, informed, or inspired?
- Did the speaker educate, entertain, and engage the audience?

TOTAL POINTS EARNED:	
SPECIFIC GROUP RANK: _	
SIGNATURE:	

### **Call for <u>Silent Auction</u>** Donations!

Please contribute and help us defer some of the costs of our Club's Fall Festival Conference Retreat

Any and all donations are welcome – For planning purposes, please complete this form and submit to Vitalia along with your Fall Festival Conference Retreat Registration Form.

**Note:** Please bring items with you when you arrive at the Sugar Lake Lodge.

NAME:		
PHONE:		
EMAIL:		
	for your donated item(s):  Program  Product  Service  Other	Silent Auction  Thank You
Description of item(s):	_ Other	V

**Estimated Value: \$** 

# I'm a <u>Super Cool Awesome Power Pal</u> and here are All the Additional Ways, I would like to contribute and participate.



Name:			
<u>Phone</u>	 	 	
Email:			

(<u>Note:</u> You must register for the Fall Conference in order to participate in these additional activities and space is limited on first come first serve basis)

### Wkshp Presenter:

(submit separate form by June 15th – presenters will be notified by July 1st)

Talent Show: \_\_\_\_\_

**B.S. Talking Points** 

( 3 names will be drawn)

Speech-a-thon Speech Contest \_

Please check category:

\_\_\_\_ Humorous

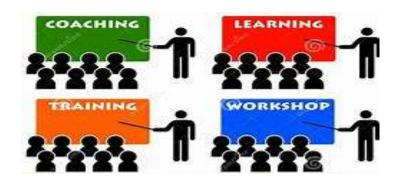
Informational

\_\_\_\_\_ Inspirational

**Silent Auction** 

**Donation:** 

(please submit separate form)











### **Sugar Lake Lodge Resort**

We have negotiated a great guest room rate and have a limited block of rooms for a limited time.

Studio Queen size bed = \$125.00/night (includes mini-fridge & microwave)

2-Bedroom Suite = \$175.00/night (includes kitchenette and living room)

Please call Sugar Lake Lodge at (218) 327-1462 and Make your room reservations for

Wednesday Sept.22<sup>nd</sup> – Sunday, Sept. 26th under PowerTalk to get your special room rate – Hurry! Pease don't delay.

#### **Resort Activities - All Inclusive:**

- Tennis Courts
- Fitness Center
- Horseshoes
- Campfires
- Canoes
- Stand-up Paddleboards
- Pickle Ball
- Bicycles
- Frisbee
- Walking
- Organized Games
- Golf (Additional \$\$)





# Fall Festival Fun!

- Resort Activities
- Tennis Courts
- Fitness Center
- Horseshoes
- Campfires
- Canoes
- Stand-up Paddleboard
- Pickle Ball
- Bicycles
- Frisbee
- Walking
- Golf
- Workshops
- Food
- Friends
- Fun
- Speechcraft
- Games
- Gifts
- Prizes
- Learning
- Growth
- Talent Show
- Bull Shit
- Comedy
- Improv
- Speech
- Smores
- Awards



R	A	L	Е	A	R	N	I	N	G	A	D
Е	Т	A	L	Е	N	Т	S	Н	0	W	R
S	Е	В	W	A	L	K	Ι	N	G	A	0
0	M	В	С	С	В	S	В	W	0	R	В
R	Н	0	S	D	Е	Ε	U	0	L	D	Ε
Т	F	G	R	Ι	Н	R	L	R	F	S	L
A	Ε	Ι	J	Е	R	Ι	L	K	K	L	D
C	A	N	0	Е	S	F	S	S	C	В	D
Т	L	L	N	F	M	P	Н	Н	0	I	A
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S	U	G	G	С	С	Н	Ε	M	Z	Т	Т
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C	N	Т	S	Ε	N	0	Ε	V	P	Q	R
Н	R	Н	R	R	S	Т	S	U	V	W	X
S	P	Ε	Ε	С	Н	С	R	A	F	Т	Y

### **Your Meeting & Event Planners**

Roman & Vitalia Pundyk are awardwinning international speakers, coaches, authors, and area experts who deliver programs that result in leadership development, improved communication, and organizational growth.

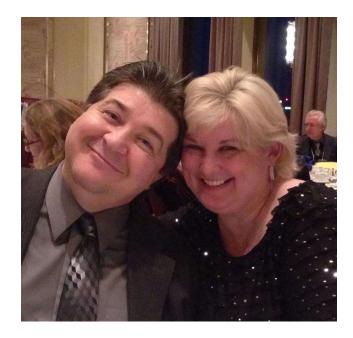
In addition to offering their own powerful on-site presentations for small businesses and corporations, this dynamic Power Team invites you to participate in their unique content-rich, interactive, high value networking and professional development learning experience as a:



The PowerTalk Power Club is designed to empower you. We invite you to participate as a "Power Pal" Speaker and Powerful Networker. Our interactive professional learning environment will support your development as a VIP Speaker, Entrepreneur, and Small Business Leader.

Whether looking for bi-monthly early morning motivation, a Power "lunch & learn" program, PowerTalk Prime Time dinner program, or a Pizza Expert Panel Presentation, you may choose from a variety of PowerTalk Power Club Memberships or participate in all!





### **Roman & Vitalia Pundyk**

- Invitation Message -

### To all our Power Pals & Guests:

This Fall, we sincerely hope you will take some time off for a quick weekend get-away and join us up north at the beautiful Sugar Lake Lodge Resort for what will surely be an unforgettable learning and networking experience.

- √ We are a Professional Development Club.
- √ We are a Small Business Networking Club.
- ✓ We are a Personal Enrichment Social Club.

We have worked very hard to plan this Special Fall Festival Conference Retreat and invite you to contribute, create, and collaborate with us to the fullest extent possible.

We hope you will join us - Come participate with us and together, let's make this an Engaging, Empowering, & Awesome Event!

### PowerTalk Power Club Fall Festival Retreat

### Your Fall Festival Conference Retreat-Package Includes all of the Following:

Wednesday Welcome Dinner & Hospitality
Full Hot Breakfast, Lunch, and Dinner Buffet
Thursday - Friday - Saturday
3 PD Workshops
3 SBG Workshops
3 PE Worshops
1 SpeechCraft Workshop with Diane
1 SpeakerBiz Workshop with Vitalia
Mid-Morning Snacks Th — Fr — Sat.
Mid-Afternoon Snacks Th - Fr - Sat.
Evening Entertainment Th – Fr- Sat.
Hospitality Suite W- Th - Fr - Sat.
Speech – a- thon Speech Contest
<b>Sunday Awards Brunch</b>
Resort Recreational Activities

All Power Pals and Guests are welcome to register – there are fun, engaging activities for everyone!

Early Bird: \$397/pp (by July 1st)

Regular Rate: \$497/pp (after July 1st)

**Note:** Travel/Lodging not included, however, we have negotiated a great guest room rate and have a limited block of rooms for a limited time.

Studio Queen size bed = \$125.00/night

2-Bedroom Suite = \$175.00/night

Please call Sugar Lake Lodge at (218) 327-1462 and Make your room reservations for Wednesday, September 22<sup>nd</sup> – Sunday, September 26th under PowerTalk to get your special room rate – Hurry! Pease don't delay.

### **Important** - Cancellation Policy:

Pease understand that our Club relies heavily on these registration fees as revenue generated to help cover the high costs and overhead of producing such amazing, special events. The PowerTalk Power Club (more specifically, Roman & Vitalia Pundyk, through PowerTalk Seminars, LLC) are signed under Resort Contract for this Fall Festival and Conference Retreat. Except for in rare cases, (i.e. covid-19 mandates, etc...), there are no refunds beyond July 1st but you may transfer your registration to another individual.

-THANK YOU!-

### PowerTalk Power Club

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### Fall Festival Conference Retreat REGISTRATION FORM

Pate:
lame:
Company:
Phone:
mail:
Address:
ity:
tate/Zip:
Vebsite:

### **PowerTalk Payment Authorization:**



I authorize PowerTalk Seminars, LLC to charge my credit card \$397/pp early bird rate (by July 1st) or \$497pp (after July 1st) for the Full Package Fall Conference Registration Fee. I understand travel/lodging is not included and will make my own travel/lodging arrangements at the Sugar Lake Lodge Resort.

Name as it appears on the credit card:

Card Type:	Visa	Mastercard	Discover
Card #			
Exp. date			
CVC (3 – digit co	de on back of o	credit card)	
Signature:			

Please mail registration form to: Vitalia Bryn-Pundyk C/O PowerTalk Seminars, LLC 708 Shady Ridge Rd. NW — Hutchinson, MN. 55350

PowerTalk Seminars, LLC accepts cash, check, or credit card payments. You may also process your registration over the phone at (952) 221-1701 or on-line at

www.powertalkseminars.com

Note: - To facilitate your participation at our PowerTalk Power Club Fall Conference Retreat, we are happy to offer a minimal installment plan of just 4 payments of \$100.00 payable on the 1<sup>st</sup> of the month (March, April, May, June). - Please call Vitalia at (952) 221-1701 to make this special arrangement.