



## Emergency First Aid at Work

This course enables a first aider to give emergency first aid to someone who is injured or becomes ill at work. It also includes the EFAW syllabus and equips the first aider to apply first aid to a range of specific injuries and illness.

Learners will develop the skills and confidence to help someone who is:

- Unresponsive and breathing
- Having a seizure
- Choking
- Bleeding heavily
- Suffering from shock
- Burns

The course also includes information on:

- Assessing a casualty
- Monitoring a casualty
- Where to get help
- Electrical incidents
- Accident recording and reporting
- The control of substances hazardous to health (COSHH)

