**B Complex**

**Cholesterol Reduction Com**

Nature’s Answers for a Healthy Heart and Circulatory System

**Rx for a Healthier Life:**

1. Shaklee 180 Smoothees
2. Vitalizer which contains:
	* Multiple Vitamin/Mineral
	* Vitamin E
	* OmegaGuard Complex
	* Probiotics
	* Vitamin C
	* B Complex
	* 26 Antioxidants
3. Vivix
4. NutriFeron

**Omega 3 Oils**

**(OmegaGuard)**

**Vitamin E**

**CoenzymeQ10**

#  Garlic

**Lecithin**

**Resveratrol**

**(Vivix)**

**Exercise**

**Excellent Diet**

**Lots of**

**Fibre & Water**

**Stress**

**Management**

**Healthy**

**Lifestyle**

**Cinnamon**

**& Honey**

**Turmeric**

