**B Complex**

**Cholesterol Reduction Com**

Nature’s Answers for a Healthy Heart and Circulatory System

**Rx for a Healthier Life:**

1. Shaklee 180 Smoothees
2. Vitalizer which contains:
   * Multiple Vitamin/Mineral
   * Vitamin E
   * OmegaGuard Complex
   * Probiotics
   * Vitamin C
   * B Complex
   * 26 Antioxidants
3. Vivix
4. NutriFeron

**Omega 3 Oils**

**(OmegaGuard)**

**Vitamin E**

**CoenzymeQ10**

# Garlic

**Lecithin**

**Resveratrol**

**(Vivix)**

**Exercise**

**Excellent Diet**

**Lots of**

**Fibre & Water**

**Stress**

**Management**

**Healthy**

**Lifestyle**

**Cinnamon**

**& Honey**

**Turmeric**

