

Katy Whitley, M.A., LPCA is a Licensed Professional Counselor Associate at Wilson Counseling, LLC. Katy obtained her Bachelor's degree in Psychology from Middle Tennessee State University in Murfreesboro, TN in 2009. She went on to earn her Master's Degree in Mental Health Counseling at Argosy University in Nashville, TN in 2015. Katy interned with the Davidson County Sheriff's Office in Nashville, TN where she went on to work for them as a treatment counselor for nearly 3 years. Katy worked under supervision for 2 years and recently gained her Licensed Alcohol and Drug Abuse Counselor (LADAC) in the state of Tennessee. Throughout her addiction experience, Katy has gained great exposure in managing anxiety, depression, and navigating life transitions. Katy utilizes an empathetic, non-judgmental approach that fosters a strong therapeutic relationship with her clients.