

## MONTHLY MEETING's AGENDA The Disease Progresses in Stages

**Location**: Address or Room Number

Date: Date

**Point of Contact**: Name(s) number or email address.

Time: Time

#### I. Weekly Meeting 1 The Disease Progresses in Stages

Attendee Review and Print: On-Line www.familiesimpactedbyopioids.com tab 32 seminar downloads

- 1. Seminar Handout
- 2. Practical Exercises and Video Worksheets
- 3. Families Best Practices Model and Plan of Action.

### II. Weekly Meeting 2 Speaker, The Family is a System.

Invited a Family Therapist from our referral network list to speak on Characteristics of Family Interaction and the awareness of The disease progresses in stages.

### III. Weekly Meeting 3 Personal Testimony, The Family Dynamic

One of our own members will volunteer to share their family dynamic story.

### IV. Weekly Meeting 4 The Workshop, with Group Family Therapist

Meeting leader will assist the group in worksheet experiences to examine their individual family dynamics.



# WEEKLY MEETING AGENDA Weekly Meeting # 1 1.5hrs duration

- Pre-Meeting Reading Assignment Family Solution Finder Learning Seminar Study Guide
- 2. Presentation Power Point Seminar #8
- Family Solution Finder Learning Seminar Workbook
  - i) Practical Exercise # 1-3
  - ii) Video worksheets
- 4. Group Discussions



# MONTH MEETING AGENDA The Family Solution Finder Monthly Learning System Seminar 3: The Disease Progresses in Stages

Prior to Week # 1. The instructor will review and print: Go On-Line <a href="https://www.familiesimpactedbyopioids.com">www.familiesimpactedbyopioids.com</a> Tab "32 seminars" the following downloads:

- Download Study Guide for Seminar # 8 The Disease Progresses in Stages. (Website Step 2)
- 2. Download Power Point Presentation Seminar # 8 The Disease Progresses in Stages. (Website Step 3)
- 3. Download Workbook for Seminar # 8. (Website Step 4)
- 4. Download Family 3-D's Coping Skills Worksheet Seminar # 8
  The Disease Progresses in Stages . (Website Step 5)
- Download Family Local Resource Connections Workbook Seminar # 8 The Disease Progresses in Stages. (Website Step 6)
- 6. Download Clinical Paper Seminar # 8. (Website Step 7)

**Week 1 Meeting:** A Power Point Presentation Seminar #8 "The Disease Progresses in Stages". It is preferred the family has read The Family Solution Finder, Study Guidebook Learning Module I for Seminar # 8 The Disease Progresses in Stages, prior to the meeting. This can be sent via email as an attachment for those that do not have books.

**Week 2 Meeting:** An invited guest Speaker, and The Family Solution Finder Workbook Learning Module II. Complete the Family Practical Life Exercises in the Workbook. (Handout)

**Week 3 Meeting:** A Personal Testimony, and/or The Family Solution Finder, 3-D's Coping Skills Workbook Learning Module III. Seminar # 8 Childhood Trauma in the Family System. (Handout)

**Week 4 Meeting:** The Workshop, The Family Solution Finder, Local Resource Connections Workbook Learning Module IV, Seminar # 8 The Disease Progresses in Stages. (Handout)

The instructor will prepare the room with welcome table, sign-in sheet, refreshments, and handouts. The audio/visual will be tested ahead of the meeting and meeting agenda made available through social media channels. It is a good idea to have a "Welcome Packet" for new attendees.

- 5. Pre-Meeting Reading Assignment Family Solution Finder Learning Study Guidebook Learning Module I, Seminar # 8
- 6. Presentation Power Point Seminar #8.
- 7. Group Discussions.

- 1. Presentation Guest Speaker The Disease Progresses in Stages.
- 2. The Family Practical Life Exercises in The Family Solution Finder Workbook Learning Module II Seminar # 8. (Handout)
- 3. Group Discussions.

- 1. Guest Personal Testimony of the Topic "The Disease Progresses in Stages". Or
- The Family 3-D's Core Skills Workbook Learning Module III Seminar # 8. (Handout)
- 3. Group Discussion.

\*We say "or" because the Family 3-D's Core Skills Workbook takes most of a meet to complete. <u>Determine a Solution,</u>
<u>Develop a Decision and Design a Family Plan of Action.</u>

- The Family Local Resource Connections Workbook Learning Module IV Seminar # 8. (Handout)
- 2. Group Discussions.