

# **On the Importance of the Universal Laws**



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**with  
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Channeled by Linda Dillon

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## Introduction - Linda Dillon

Universal Law is a gift directly from the heart of our planetary logos, Sanat Kumara. The Universal Laws is the sharing of how creation truly works – the fundamentals of how the Divine creates. Universal Law is the rule-book by which all ascended beings create in service to the Mother.

While the body of information channeled over the years is intended for the collective, it is also a personal gift from our beloved Raj. This gift reflects the Council of Love's confidence in our Divine Authority and spiritual maturity to proceed and use the Laws accordingly.

As implementers of the Divine Mother's Plan, our ability not only to recite the Laws but to actively and consciously utilize them in our creation work is pivotal. The practical application of the Universal Laws is our forward thrust in anchoring Nova Earth and truly becoming Nova Beings.

As the implementers of the Mother's Dream, the application of Universal Law in our creations not only is the key to birthing a world that works for everyone but a planet that is sustainable because it is in alignment with the highest realms. It is the foundation for the golden age of Gaia. Universal Law is how love operates and manifests. It is our pattern guide as we step forward in the fulfillment of our dreams within the Dream.

I want to express my deepest gratitude to Steve Beckow for taking countless hours not only to compile and edit this body of work on the Universal Laws, but for making the collection beautiful. I am sure it has been a mammoth undertaking, especially given Steve's wonderful commitment to accuracy and accessibility.

I also wish to thank my colleagues of InLight Universal, Suzi Maresca, Graham Dewyea and Geoff West, who, along with Steve Beckow have hosted and assisted in the production of both the Heavenly Blessings and Hour with an Angels radio shows. This book would not have come to fruition without their thoughtful and thought-provoking interface with our unseen guests. As always, I give my deepest heartfelt gratitude to the Council of Love and to the precious beings who not only find us worthy to share such earth-changing insights but who welcome us as partners in this new chapter of co-creation.



## Editor's Preface - Steve Beckow



I'm beginning to suspect that the most momentous decision we can make in our lives and as lightworkers would be to live in alignment with the universal laws.

The way I'm coming to see their use is as a way of making the soul stir and take action. We know how to make our bodies stir into action. Think, intend, act.

The way to make our inner Self stir is, I'm coming to think, to master the use of the Universal Laws.

They're also a way of rearranging our circumstances so that we manifest what we want and cause to disappear what we don't want. I'm speaking of internal emotions, attitudes, and beliefs, as well as some external circumstances.

Leaving their usefulness to one side, how they work their miracles is (1) by returning us to the place of balance (that is, our hearts), from which creation proceeds, love is freed, and Self-Knowledge arises and (2) showing us how to call in and draw to us the creation codes and love substance from which material is made.

I'm convinced that the Universal Laws are the real alchemist's handbook. Put away your other devices - for three months!

Live your life by these laws. Invoke them. Understand them.

This is what alchemists would have given their all for and we're being given it freely, over the radio, impossible to censor or block.

Everyone within hearing or reading range now has what the alchemists so desperately wanted.

But will we use them? Will we earn our Universal Law Degree and begin to apply the Laws? I sincerely hope so.

We all have areas that do and don't interest us. What might be more fascinating than learning how to create and transform? Is this not what we look to magicians to do? And we're being told that we can routinely do this, if we learn the Universal Laws?

And all in the service of the Divine Mother's Plan because our alchemy results in a raising of vibrations, culminating in Ascension - ours and anyone else whose energies we affect.

But beyond even what we came here to do, the Universal Laws are the mechanisms that make this illusory world of form work. We call upon the power of Source by invoking the very laws that Source has created to make this illusory world run.

I think I fantasized I heard the Mother say something. If she didn't say it, I wish she had. I imagined that she had said that, in giving us the laws, she had given us her all. She's not held anything back from us. We can go forth and create, once we master the laws.

But will we take up her invitation? OK, OK, I will. No doubt about it.

Linda Dillon's channeling is the most comprehensive and transcendently-satisfying of any that I've read in more than forty years of reading channeled messages. I'm thrilled to be associated with her through my personal readings and part of the larger undertaking, InLight Radio.

Her channeled messages as a body of literature form the most rewarding corpus that I've ever studied. (1)

I hope many people begin to take that body of literature and mine it for the nuggets that beg revealing and unfolding.

In this case, my message is that everyone who wants to play a leadership role on Nova Earth needs to get her or his magician's degree first, by studying the Universal Laws.

### **Footnotes**

(1) The dictionaries of quotations available on this site and in its attached databases may support me if I were to say that I've studied a fair number of Earth's spiritual/enlightenment traditions. The one I'm anchored in now, in which Linda's messages form the centrepiece, has been by far the most rewarding and revealing.



## The Invitation from Sanat Kumara

(From Linda Dillon, *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: 2013.)

Greetings, I am Sanat Kumara, Planetary Logos, Keeper of Universal Law, best friend, fellow Venusian, call me Raj, or SK, but call me. I welcome you, my sisters and brothers, to the closing of this circle, to the return of your sacred self, to the place of creation and co-creation with the Council of Love.

You've been gone a long time. I am not suggesting that you do not create infinitely, each and every moment of your day. But it is time for this expansion of humanity, of Gaia to take place and for the fullness of your ability to create what your heart desires and sings to come forth.

I have spoken to you of the Law of Unity, of the interconnectedness of all, so when there is a tear, a gap, or desire that you are working on how we gather to help you. For a very long time many of you and most of humanity, has said don't bother. You would rather do it yourself. That really means it hasn't worked out all that well.

Now we change the playing field, the game, because you, my beloved ones, are truly willing to engage with us. We do not in any sense of the word minimize your ability to create independently, freely, and through your free choice. That is your birthright and the core of who you are. But co-creation is also a great deal of fun. So we will act as your 'gofers', we will act as your sewers and menders. We will act to help you and then we will say 'Now, will you join with us? Can we join with you in the completion of the dream?'

You are already anchored, not only in the fifth but in the twelve realms and so are we, and then some. But let us play, explore, expand. Now is the time. We have been waiting and we are ready, but dear hearts, so are you; and for this we are grateful. Go with our love and go in peace.

## Starting Out



(“Transcript: Sanat Kumara Discusses the Sacred Law of Purpose, August 13, 2013, Part 1/2,” August 17, 2013, at <http://goldenageofgaia.com/2013/08/17/transcript-sanat-kumara-discusses-the-sacred-law-of-purpose-august-13-2013-part-12/>.)

Suzanne Maresca: Good morning and welcome to another offering of Heavenly Blessings with Linda Dillon, the channel for the Council of Love and author of *The Great Awakening*, and myself Suzanne Maresca.

Today we launch our series exploring Universal Laws.... Sanat Kumara will be joining us to offer his guidance on this first law which is defined as freedom to embody and be in alignment with our sacred selves. ...

I'm looking forward to this conversation....

Sanat Kumara/Raj: Greetings, I am Sanat Kumara, and, yes, I invite you, I urge you to call me Raj.

Welcome, my beloved friends, my family of Earth, of Gaia, and far beyond. Welcome, sweet angels of light, starseeds, Earthkeepers, hybrids, pathfinders, wayshowers, portals, gatekeepers, pillars. You're all of these things and so much more.

And I am pleased to step forward in this way and to serve you, yes, to tutor you, to teach, but also primarily simply to help you remember because, dear hearts, all of this information, this deep fundamental knowing, has been anchored within thee for eons.

Some of you are newcomers to Gaia, newcomers to Earth. But you are not newcomers to the universe. And you have come in your mastery not only to anchor the shift and the Ascension of humanity, but, in that, and part of that Ascension is the adherence of the human collective to

higher law, to original law, to the only law that has meaning and that is the law of the universe, what you would think of as the framework of operations from Mother/Father One.

It is not simply how Gaia and those upon her work, create, and bring forth Nova Earth. It is also the way your star brothers and sisters and those far beyond operate. It is the laws that Saint Germaine, Jesus Sananda, Saint Theresa, Saint Francis, the Archangels and of course myself, all adhere to - Universal Law. It is the alignment - this is one way for you to think of it - with the divine mind, heart and will. It is your way home.

Yes, the inter-dimensional reality is strong upon Earth at this time. And it is being restored rapidly every single day. But what we speak to you of this day is not simply what is occurring and what is the framework for Earth, for each of you, but for all.

That is important for you to understand. I am sent this day to explain to you, not in a general overview but in specific detail, how things work. And it is my joy, my golden joy, to be able to do this. To know that your hearts and minds, your bodies are not only just ready to hear and incorporate this understanding but that you demand it.

You have released the old Third. You have released those laws, formal and informal, because what are dictums of society and false grids except laws that have gained ground and are illusions. As you are releasing all of that, you need to understand it is not just fruitful; it is necessary to understand the reality of how things operate, how things work.

Originally, human laws were a reflection of divine justice - which is nothing more than fairness, balance. They were intended to be simply a codification of human wealth, yes, wealth, of understanding how to operate. To be a reflection of exactly what Suzanne has said: Thou shalt love your neighbor as yourself. These are the laws of love. Well, that got a little decimated upon the planet.

Now we do not suggest that you go out and break every human law available. That would not be wise counsel. But each of you also has reached the point that you also know and understand that you are adhering to a higher level, a cleaner level, of love, of ethics, of integrity, and behavior.

But this is not simply to keep behavior loving. It is also to help you understand and begin to create. And that is why we have begun this day in this magnificent series, if I do say so myself.

## Putting the Universal Laws in Context



(Sanat Kumara, “Putting the Universal Laws in Context - Part 1/2,” *An Hour with an Angel*, Nov. 30, 2017. Unposted.)

SB: So, why don't I let you make your transition, Linda, and we'll have Sanat Kumara come on and give us chapter one of the book. We're going to ask today about the overview, the philosophy behind all the Universal Laws, the criteria that were used to select the thirteen laws appropriate for us to get into. I'm trying to get a feel for this as a whole rather than as thirteen discrete laws. So, with that, why don't I welcome Sanat Kumara, our planetary Logos and keeper of the Universal Laws.

SK: I welcome you, for I am Sanat Kumara, and as many of you finally, fondly refer to me as Raj, keeper of universal law, friend, ally, overlighter, overseer, companion, brother. You may call me by many names, you may assign many different tasks to me, but truly I am with you in this journey of transition. In this journey not only of ascension, your ascension, and the ascension for humanity, the ascension of this planet, but also in the anchoring of Nova Earth and nova humanity and nova being.

I have many roles and many tasks throughout the universe. But this is where the focus of my attention lies right now. And, beloved friends, is this so different than the focus and the heart and

the mind and the will of each one of you to bring forth the creation and co-creation in sacred partnership and unity with us? This beautiful, new, old, ancient, original planet that has not been seen or experienced in so very long?

So, let us talk. Let us discuss as friends, as allies, as family what we have termed universal law. Yes, it is a body, a wisdom, that is reflective of the patterning and how creation and co-creation takes place. Now, you have tended to think of universal law as simply particular to your planet, so I preface what I say by telling you, not suggesting, but sharing with you that this is the handbook of the Mother, the Father, the One.

When you have departed and many veils have fallen upon you that have since been dissolving, by the way. But you need to know, yes there is need, certainly deep desire to know how to proceed in terms of creating and co-creating, and I use those words interchangeably. So, let us just say creating. What you desire to experience and to express in this life, in any life, on this planet, on any realm, but it is a very practical tool. It is not intended to be esoteric, or decorative and sit upon a shelf, quite the contrary. It is a practical tool, a body of knowledge so that you will comprehend and utilize these tools, these laws, on how to go forward and bring forth that which you desire, which is in alignment with what the Mother desires.

You have been in what you might think of as an extended process of discovering and coming really to embrace the spark of divine essence, of divine DNA, spiritual and otherwise that lies within you. Now, you think, oh yes Lord this has taken years. Now in our reference point, we will tease you a little and say in fact – in the Mother's infinite, eternal ocean of time, this has been very brief. But, because of the construct of your experience, your planet, your realm, it has felt lengthy.

But, dearest hearts, yes that is the starting point. And, you have understood that it is necessary to embrace that divinity within you before anything else comes forth. And you say, well could you not ignite it? And what I would say to you is that it has been ignited time and time and time again. It has been enhanced, re-ignited, expanded, not only by the obvious, various waves of our Mother's tsunami, the Tsunami of One, the Porlana C and attunements that you are not even aware of.

So that expansion has been taking place. And might I even suggest to you that it has been taking place very diligently and earnestly since the opening of portals that you think of as 11-11, or even further back to the Harmonic Convergence, there has been a very intense program, if you can look at it like that, or project – called project Terra Gaia, that has been happening and underway with each and every one of you. Yes, collectively but deeply personal since that time.

Now, some of you were of a bit younger age have been born into this growing awareness. And, some of you who consider yourself older in age, it has been a gradual awakening. And for some of you it has simply been the turning up of the light switch. It matters not. That has been the

foundation. Now in that foundation, in that embrace, in that recognition, albeit sometimes very hesitant recognition, you have also come to understand the overarching principle, the foundation.

More than a law, it is a state of being and that is called free will. That is the *modus operandi*. Just like your lungs or your heart or your digestive tract. This is what you have come to think of as a law because your laws, and we will talk about this word. And do not worry; this may take a couple of programs, dear Steve. But, I know that you are eager to know all this and we are eager to share it.

So, free will is a state of being. Now, because you have this codification, and because of, let us be frank, the downfall and the illusion and disillusion of what has come to be the false grids and paradigms of the human race, you came to think of a law of free will so that you did not impinge upon the divine authority and the divine rights of another. And that has been desirable and necessary. But, as you know, we often use these beautiful In Light programs for redefinition and that is what we do this night.

So, you think of free will as a state of existence, and it is stretching your imagination. But, let us stretch it even further. The Mother does not birth and most certainly does not birth into this planetary system anything, think of this, and certainly not any human being that does not already have, as part of your existence the DNA, the spark of your Divinity – free will.

Now, has this been reduced? Has this been diminished? Has this been an abomination because it has been forbidden in so many ways because of abuse of power and control? Yes. But your Divine being and your human being has free will. It is part of who you are. So, you have delegated, relegated it to a law because it has been useful because of the abuse factor shall we say. But, this is part. Because the Mother's plan and your plan within that plan and the collective plan within that plan has been the choice, not only for the exercise of free will but the choice and decision to align - to be in that alignment with Divine mind, heart, and will.

It is a beautiful design. It is a magnificent design. Similarly, many of you think of as love as a guiding rule. And, certainly, this has been repeated as a rule, as a law by many of your prophets, your masters – myself included, and Yeshua, yes to love yourself, to love your neighbor as you love Divine Source One. Because that is also an inherent part of your construct, of the construct – the design of these angels in form called humans.

[Even if] you are hybrid, there is [still] a law of freedom because it is inherent. It is as much a part of you as we have said as of your skin or your heart or your lungs. And, why I emphasize lungs is because your patterning as deeply explained both by myself, by the Mother and by dearest Albert Einstein, is on the breath of the Mother. So, you cannot separate this out from yourself.

So, let us go back. You have arrived, and we want to keep this in current reality, current time, current experience as you go forth to create Nova Earth. So here you are, beautiful bright beings.



I cannot even begin to commend each and every one of you on behalf of the Mother, the entire Council of Love and the Company of Heaven how brilliantly you are doing. You may feel at moments that you are in the doldrums, that you are in the abyss, that you are in the cave, the dark night of the soul.

Let us emphasize, not simply to be cheerleaders, let us emphasize how extraordinarily well you are doing. Think of this, this planet and humanity, the collective has been cast, consciously and unconsciously, subconsciously, it matters not, cast into the darkest shadows. And you are rising, and many of you have risen like the phoenix from the ashes declaring yourselves. So, do not underestimate the magnitude of what you have already accomplished.

Do not underestimate – and some of you are thinking, ‘I wish we hadn’t made that collective decision back in 2012 to ascend as one. It would have been so much easier to just go on my own or with a couple of my friends and family.’ That was a powerful, powerful act of creation born of collective free will. Born of love for billions of people that you don’t even know.

This is such an example of spiritual evolved beings. Not evolving but evolved. Yes, of course, you are evolving – you are in process. But, that decision was not made by someone unaware or unevolved. And, you have continued to strive in this knowingness of your Sacred Divinity within you that is a perfect, a perfect reflection of the Mother and is an aspect of your being called free will.

So now you say, “Well that’s great, here I am, what am I supposed to do with it? Because I’ve landed on a planet that is in midst of chaos that seems to be, and is by the way, getting worse as it all boils to the surface. How am I supposed to proceed?” And many of you get sick of what this council says, ‘Just go to the love.’

Our sacred Mother, Father, One has provided us throughout the multi-verse and each of you with, shall we say, this toolkit, this handbook of how to create and it is Universal Law, with the overriding understanding of your divinity, the embrace of your free will, your divine authority. You see, it has been sequential. And we have told you about universal law years and years ago. But, now you are at the point with you are chomping at the bit. And yes, I know about this but what am I really supposed to do with this? SK, how do you work with it? And I am here to teach you, to share with you, to support you and to bring you forth.

This is your ability, not only to change, transmute, to get rid of all the chaos, pain, suffering upon the planet, but to bring forth, yes in creation process, that which you desire to experience an express. Now, remember our Divine Mother has said to you, has said to all of us, but particularly because it is you in form in this realm of twelve dimensions. How you know love now that you have embraced your divinity, how you know love on this planet is through the experience, both within and without and the expression within and without, above and below.

This is how you come to be the love and create with love. It is not something like a cup of flower that you are adding to a recipe. You are the bowl. You are the bowl and the bowl is love and the bowl is free will.

This thirteen package of laws is integrated and coherent and it gives you everything you need to know. Think of this, it gives you everything you need to know about how to create. Yes, it is in tandem with the creation process that we have taught you. But, it is giving you that mixture, that co-habitation so that you go forth. You have been given so much and there are a million and one tools. But think of it in this way. This is your guidebook, your handbook in how to even use those tools.

How do you like that as a starting point, dearest Steve?

SB: Oh, I think that was a very good introduction Raj. Thank you very much for that in our unfolding Chapter One here. I'd like to ask you, what criteria were used to select the thirteen laws from among the many universal laws as the ones we should focus on in this ascension?

SK: These laws, and first of all any other laws, this is the basic handbook, not merely for Earth. And, you will carry this handbook and you will share this handbook with many other planetary systems. But, this is the basic handbook of what you need, not only to ascend but post ascension. And is it not delightful that we are finally talking in post-ascension terms? But it is what you require, yes require, to implement and create and bring forth what you want. You know, there is a slight hesitancy, let us put it that way, on the human being's part who have been so controlled, programmed, limited – but you are breaking free and so there is a new question. And that is – what do you want?

You see, this is part of the preface to creation. What is the dream? What do you want? And, from there this group of thirteen gives you everything you need. It is not that the Mother has kept some of the laws for herself. That is not the case at all. And, one of the things, as you progress, is this learning in conjunction with the laws and with your will is to work with sheer energy. Now, we don't talk a lot about this because we don't want to overwhelm. You know, we have wisdom and what you would think of as guidelines in how we encourage this partnership to go forth. But, it is a partnership. It's not as if there are with-holds – there are not.

Now, is there more? There is always more. But, this is the framework within which the universe the omni-verse operates. So, in looking at not simply where humanity is at, but where you are going. It has been time and we have given you many peeks and glimpses of what you need. It isn't just money because you could have billion dollars and you could create, and give and bestow out of love and the knowing of your divinity. And that would be a kind gesture. But in terms of absolutely transforming the law with the law, your planet, it is a multiple factor that you can't even begin to imagine.

And that is also why right at the beginning we speak of sacred purpose and intent. These laws are not meant to be used just in singularity or isolation. As we have said to you – it is a sacred dance. Ashira has explained to you how your star brothers and sisters utilize the law. It is intended to be an ebb and flow and it changes and it is intended to be change as you progress.

So, in the simplest sense, there has been an understanding of what does humanity need to take the next step? What do these lightworkers who have reached this point of embracing divinity, ascension and free will, divine authority, what do they need to be in the fullness? Not just of their willingness to be the stewards of Nova Earth, but to truly create and co-create.

Think of it in this way. As we've said, you have a billion dollars or you have ten cents and you see that there is a beggar on the street and they are hungry and destitute. And, out of the love and generosity of your heart, without really thinking, you give them your dime or you give them your billion. It doesn't really matter which. And, it is an act of love. You have given them your love. And that is a gift that is magnanimous beyond.

But, if you take a moment and you think of this and we get into the dance, that my sacred purpose is to be a transformer, an implementer of Nova Earth. And, my intent is, as I invoke the law of sacred purpose and intent I intend that as I give this beggar a dime, or a billion, that he recognizes that it's not for the next pill or sip of liquor, that this is a gift of awakening of his sacred purpose.

That this gift of love and the implementation of the law is to awaken that person. Then they take the dime and they invest it in something nourishing to eat, perhaps an apple. Then they have the energy that day to say, "perhaps I won't drink today. I think I might... See that chapel over there? I might go there. I don't think I'm entitled to pray, I've been such a bad person. But, I think I'm just going to sit there in peace for a while." And then it grows.

And, the exponential effect of utilizing the law, of course with your free will and love, creates an implosion-explosion of fact. And that is what you are looking for. This is something that we have not really spent a great deal of time on. But what you are looking for and what so many of you are saying, "where's the trigger, where's the switch, where's the aha moment where everything shifts?" What you are looking for is that explosion-implosion effect that Einstein has talked about so eloquently. So that is what happens when you consciously begin to implement your toolkit.

Now I've touched on so many elements of the laws and creations, I know you have many questions.

SB: Giving us the laws Raj, would it be correct to say, in some sense, perhaps that the Mother has given us her All. You said she hasn't held anything back. In giving us the laws she in effect has given us the way she works.

SK: That is it exactly. This is how the Mother works. This is how creation takes place. There has not been any withhold. There has not been any holding back. She is saying to you – this is how you do it, my beloved children. And you are doing it first upon Terra Gaia. But there is a full progression ahead of you and it is very exciting. And, even the progression for Terra Gaia for this beautiful Archangel in form is very exciting.

We, if you think and feel beloveds that you are chomping at the bit, you have no idea how eager we are for you to fully embrace the laws. Not as some restricted codification, but how you create. It is part of your intention. It is part of your sacred being. It is the exercise of your free will.

It is how you don't recreate or keep on that treadmill of creating and keep going in the old. You are done with the old. You are fed up with the old. You have disinherited the old. So now you have said individually and particularly as your lightworker community – what's next, we are so excited to get going. But, dearest hearts get going in a planful way, means using the laws for this implosion-explosion effect.

You have just brushed the surface of the power in the truest sense of the word – the power of the laws. And we are eager for this dance to begin.

SB: Raj, can I give you a concrete example to play with as an example to show us how these laws can be invoked? And, I'm hoping that in your response you'll use the same approach that Ashira did which I found so helpful in which you went from law to law and showed how each contributed. Can we take the example of gender equality on the planet? We're seeing some of the ways in which women have been kept down being revealed even in our mainstream media but certainly in the alternative media. How would we use universal law to manifest gender equality on the planet?

SK: This is a delightful question. Yes, and even with the aberration and abomination that has taken place let us look at it. Now there are those of you that in fact feel that it is a primary role because you all have many secondary roles and projects that is your primary role to address gender and equality. But, let us even back up from that. Every being, think of this, every single human being, human being in form upon this planet has come, man and women, transgender, sexual preference doesn't matter.

You have come to break this paradigm of abuse and control. And this is just one example. But, it is an excellent example. But think of it in this way beloved ones. Steve, you mentioned that you let go of fear. And, it is not fear of heights or water or drowning etc. It is fear itself. So, gender inequality is abuse and control and abomination itself. And, so it is inherent as part of the creation of Nova Earth and the return to the Mother's plan, that this is part of every person's journey on the planet.

So, you may say, 'Well, this is not my primary task.' You may well be right. And it is particularly true – do you not ever wonder why there are more women on your planet than men? It is be-

cause of the anchoring of the Divine Feminine at this pivotal moment. And, in many ways you, particularly you who I speak to this night as men who have come in this male body with the framework of the old that makes you think that you're supposed to be in control, that you're supposed to take the lead, that you're supposed to do this, that and something else. You have a very hard road and you are breaking it. And, you are breaking it because you realize for men and women, it is the balance.

So, now let us return to the subject. It is part of your sacred purpose. Some more than others. But it is an invocation of your sacred purpose, which is in alignment with your very soul design to dissolve gender inequality, to be able to anchor and reflect the Divine Mother and the Divine Father, the wisdom, the action, the ability to birth and nurture and create. So, this is part and parcel of your law of sacred purpose.

But what happens if you never embrace it with an intention in small things – whether you are at the butcher, the baker, the banker or at the UN or in the Congress of the United States, that it is your intention, aligning and invoking the law of intent. That you intend to absolutely break the back of this paradigm. So, that it is not just within the grand gestures, it is part of your consciousness so that even when you think of, say – female gender mutilation, you are already holding that intention that that practice that the aberration of abuse of authority behind that practice is gone.

Now, in that, you are implementing laws and the law of change but also you want it to be faster. So, you are thinking, 'well I think I am going to throw in there the law of transmutation.' And think of it this way and this is a little aside. When you are implementing and using these laws, you think that you are sending out your intention, your sacred purpose, the change, the transmutation etc. And you are. But, dearest heart, what you are also doing in the invocation of any law, is you are also working within.

So, within your core, you are intending in alignment with your sacred purpose with the law of change and transmutation. Perhaps even elimination that you, within yourself, if there is any trace of that right to abuse, that you are eliminating it. So, as you send out, you are not sending out that fragment that is still existing within you.

Then what you begin to do is to really create. So, you embrace in the law of attraction. You are repulsing any urge that would want to do harm to another to have ascendancy or false control over another. And you are attracting equality and gentleness and compassion. But you are also working with the law of unification because you have to bring everybody into the place of understanding that you are in unity.

Years ago, you had great discussions about unity consciousness. Then it dropped off the map. Now it is one thing and then it is another. It is a progression so I do not say that in a critical way. But, in that discussion you were implementing the law of unification of unity within yourself, that you were an integrated whole and within the community and within the planet. So, as you

work with the creation of equality upon your planet, you are really invoking and working with the universal law of unification and unity.

And you are attaching implying and imploring and utilizing the law of attraction, and attaching to the vision and the actuality of fairness, of kindness, of equality. And you are detaching, you are cutting those cords completely to any system or belief system that thinks that gender inequality is in any way acceptable.

And then you are implying and imploring and utilizing the law of completion and continuity. So that what you are doing you are completing in gentle, kind, non-warring, aggressive, chaotic ways. You are completing that chapter of human history. And you are continuing in the creation of Nova Earth, Nova Humanity, Nova Society.

Does this even give you a flavor of what I am talking about?

SB: Well, I feel impertinent saying that was well done, Raj. But that was very well done.

SK: Well, thank you, dear heart.

SB: (Laughter) Thank you very much for that.

SB: Can you talk to us please about the task of building Nova Earth through the use of the universal laws?

SK: Yes, I would be happy to. It's my job. Now, let me first of all disagree with you in a collegial way and say to you beloveds that you have been and you are creating Nova Earth and you have been stellar work. But now you are really getting down to it. And now you are saying we are truly ready and we don't want to simply be willy-nilly about where we are putting our energies. There has to be a clarity and that is why the Mother has been filling you with clarity. There has to be a clarity and a deep focus to how we proceed so that, first of all, we don't err in ways that have been historic. But also, that we are bringing forth what you truly desire.

You know, if someone says, "I really want a sacred relationship with a tall blond" and that is how they leave it and they are male and they are heterosexual and their partner shows up and it is a six foot two blond Thor, then you have miscreated what you are desiring.

So, it is important to be very clear on what you are bringing forth. So that you aren't, for your sake and for everybody's sake, because you are doing this for the collective. So that you are bringing forth in a timely fashion that which you desire. One of the pieces of guidance that Michael and our Mother and Gabrielle and all of us have pleaded with you, is as you begin, and there is an event today by the way – and we have said this repeatedly to you, but I digress – that you need to be in the focus of how you proceed.

The events will continue to unfold. It has never been about “the” event, but rather the domino effect of so many events. So here you are, please we beg you, and this is what we are saying. We have all asked you, “Don’t hurry.” Think of the creation of the Mother and the Divine perfection of Her plan, which is infinite and eternal. Do you really think she’s hurrying along? Does she create in some things much smaller than what you think of as a nanosecond? Yes, she does. But she doesn’t do it in a hurried fashion. And so, neither do you. So, it is not about proceeding without being very clear on your focus and what that requires and what most of you have. And, when I say most of you I’m referring to this lightworker, love-holder community.

Most of you have the clarity of your sacred purpose. And that is in alignment with your divinity, your soul design, your snowflake, what you have brought forth on behalf of the One. But you have need to have that as your starting point. But let us be practical as well. When you are thinking of a project, let us suggest that you are thinking, ‘well we will continue to use this example of abuse which is gender inequality.’ So, your sacred purpose of this project needs to be deeply anchored. Not only in your heart but in your mind and in your, shall we say, your management, your working group. Whether it is only yourself or twelve thousand other people. It matters not. That sense of sacred purpose, yes, of course, your individual sacred purpose, but the sacred purpose of the energy that you are putting into this project.

Now, think of it and this is where I tease you by saying that you have only just begun to scratch the surface of the power of these laws. So, you say, the sacred purpose of this project is to eliminate gender inequality upon the planet and you know and we most certainly know perhaps even more than me, that this is a massive societal, institutional, religious, structural issue.

And, it requires many different approaches. The approach that you would use in North America, where there has been greater latitude, and Somalia are very different. So, we are not suggesting to you that the scope of such a project is minor. It is not. But, let us invite you with us to even expand this. So, you are looking, you are two or three people, or you are twelve thousand people and you are looking at this gender inequality or equality project. And underneath that, inside of that, the heart of that is truly the elimination, the transmutation, the change of human behaviors, structures, institutions paradigms, that abuse no longer exists. So, you may choose, I’m afraid of water, or I am afraid of heights, but truly what you are dissolving is the fear.

So truly inside of gender equality, the intention and the sacred purpose is the absolute dissolution of abuse. And you think, well how do we do this? That we are focusing on how women have been terribly suppressed, repressed, abused and yet we really want to resolve and dismiss and eliminate other forms of abuse? You can do it all at once. So, you are bringing your focus to a specific. But underlying it you are addressing the bigger problem and that is the power of the law.

SB: Wow, that was a tour de force, Raj. Thank you very much for that. And we’re going to do it again. Do you want to say anything in closing about the course that you were communicating to Linda this morning?

SK: I am inviting humanity and this lightworker and love-holder community to more deeply embrace your capacity to create and to use the laws. As planetary Logos, this is one of my primary undertakings to give you, not to just put the handbook on your bedside, but to truly be with you and teach you and guide you how to use the laws, how to be the law, and to bring about our Sacred Mother's plan of love. We are so anxious, and dear hearts so are you. You are ready, we are ready, we are in sacred partnership. Let us proceed. Go with my Love.

Channeled by Linda Dillon

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## Sanat Kumara: Creation, Universal Law, and the Divine Qualities



*The Holy Kumaras of Venus*

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An Hour With an Angel    November 28, 2017  
Linda Dillon                    Channel for the Council of Love  
Steve Beckow                    Host, Inlight Radio

Steve Beckow: This session is on the intertwining of the Divine Qualities and the Universal Laws, so with that I’ll welcome our Planetary Logos and well-beloved friend, Sanat Kumara, Raj.

Sanat Kumara: And welcome to you, welcome to all of you far and wide. I am Sanat Kumara, and yes, as you have so warmly suggested, I do often prefer to be called by Raj, Planetary Logos, Keeper of Universal Law.

Planetary Logos...why do I emphasize this? Because I do not simply say to you that I am entrusted this honor by the Mother to work with those in the east or those in the west or north or

south, or those who follow the path of Buddha or Yeshua, Jesus Sananda, or who find their own path. I am Planetary guide, assistant, master, helper, brother, ally, friend, and there is not a single being, not a single element or creature or species that I do not include in this sacred trust – not only that I am working on, but that I fulfill and you fulfill.

So welcome, my beloveds, welcome. The Mother, in Her infinite wisdom and mercy, has shared with you, yes, not only Her heart, not only Her DNA, not only Her essence, but this tool kit, this dynamic process that you and we refer to as Universal Law. She has also imbued, not merely inspired but imbued within you, planted within you, the knowing, the willingness, and the ability to create and to create, not only in your likeness but in the likeness.

Now, this is not an ability that is simply given carelessly or without full intent and thought and everything else that you can imagine. And is it complex? Yes, it is. Sometimes you feel that it is more complex than you wish to work with and yet, in essence, beloved ones, it is also extraordinarily simple and extraordinarily straightforward. And yes, you utilize the various Universal Laws together, individually, as a group, it matters not, and you work with those, yes, in the Mother's infinite wisdom and mercy, and hope and joy, and prudence and fortitude.

And the channel has said to me, "But SK, you have been talking to us about this for a decade and some." And I would suggest to you that I have been talking to you about it for many millennia... and some.

And so, I am not going to halt my discussion about these Laws, about the Divine Qualities, about the interdimensional reality, about the creation formula, not even until it is done because, sweet angels of light, it will never be done...there will always be the continuation of creation throughout the universe. When we say it is infinite and eternal, that is exactly what we mean, not merely dramatically inferring some grandiose plan, but the stable reality of infinite and eternal expansion. And even when there is what you think of as elimination or shrinkage, as getting rid of, we do not consider this shrinkage, we do not consider this 'less than', because it is an infinite creation that continues on throughout.

My primary, or shall I say, one of my primary...and the Mother would correct me and say my primary role as Planetary Logos is to teach you, to guide you, to assist you, to fully embody...not merely practice...but to become and to return to the Creator Race, to be the creators and co-creators of Nova Earth, Nova Humanity, Nova Being, in that there is so much that is incorporated.

When I guide you, and when you agree and choose and surrender and accept and move into action of creation, then you are automatically, in truth, working with the Universal Laws. You are anchoring and becoming the living embodiment of the Blessings & Virtues, the Divine Qualities, because you do not create...and this is important so please heed what I say...you do not create, not lastingly, not deeply, not positively, you do not create from a place unless you are coming from the embodiment, the environment, the internal environment of the Divine Qualities.

You do not create from frustration or angst or hatred or despair or disregard. Now, you might take exception to me and you might say, "But Raj, we see creations from hatred and despair all the time! So, what are you saying? You have made a mistake. You are incorrect." True creation,

creation that is in alignment with Divine mind, heart, and will, creation...shall we call it sustainable creation...does not come from an emotional state such as hatred.

Now, let me explain. So, we are going to what we think of as the negative side first off and I hope you will understand why as we progress. You may see momentary creations – and I am not saying they cannot be absolutely horrific, and that is on a spectrum – but they do not endure and they do not create, not only sustainability, but what we would call building...it does not build upon itself, it does not gain legs, as it were, when it is built upon what you think of as the false grid that has been so entrenched in the human condition for so long.

That is why you see these creations, whether they are economic systems or war machines or gender inequality, why they cannot sustain themselves because they are not anchored in the fuel of the universe and in the essence of you, sweet angels, they are not anchored in love and they certainly do not come with an aura of joy.

Now the creator, whether it is a Hitler or an Idi Amin, may think that they feel a moment of joy...which is truly simply the rush of power and the abuse of power...that is not divine, that is of the lowest human vibratory rate. And when that type of creation takes place it brings, not only the individual but the collective down, it lowers the collective frequency and that is why that type of creation, in fact, fades away because it is not sustainable.

So, what makes a creation...using the creation formula which I will review quickly...what makes a creation sustainable and one that you can actually build Nova Earth upon? And this brings us to the Divine Qualities, to the Blessings & Virtues. And yes, sweet angels, there is a tie-in...not a rigidity, and that is important also for you to comprehend...there is a tie-in between your Divine Qualities, the Divine Qualities, and the creation and the utilization of Universal Law. ...

Let me briefly remind you of the creation formula: It is, as I have said, very simple and enormously complex. But the complexities that the human mind adds to this process are often what makes it what people think of as difficult when, in fact, the Mother has given you Her power, Her formula, Her process of how She births and brings forth. She has not merely taught it to you...and to us, by the way...it is instilled within you. And every now and then you glimpse it, you get a hint. But now what we are doing and what I am assisting you with is literally to turn around completely, sideways, front, back, it matters not, and fully embrace this process...very briefly.

So, it starts with intent and that can be a prayer or an inspiration, a brilliant idea...we do not care how you think of this, how you feel this, but the key is to truly, firmly, anchor this in your heart as intent. Now, think about what we are saying, even if you are deciding, intending, to work with a particular Universal Law, it starts with this intent and the declaration, either mentally or verbally or spiritually with the anchoring of that intention.

So, it may be to heal hunger in Africa or it may be to find your perfect sacred partner or it may be for a single day to simply eat in ways that truly nourish every aspect of your being. So, from the grandest to the most particular, it all starts with intent and you feel this, you experience it, you may flush it out and then you bring this to the stillpoint of your heart. This is a necessary

component and because your human race...much of your human race...has lost the understanding of the value, not only of stillness but of stillpoint, this is often the most challenging portion of your creation.

But, think of it in its most simplest terms: If this is something that your heart, your soul, your alignment with Divine heart, mind, and will truly desires, then it is also what the Mother desires. So, you bring it to the seat of your soul, to the depth of your heart, and you may think of that place truly as the womb of creation, male, female, androgynous, it matters not.

You bring it to the womb of your heart and this is where, not merely the act of creation but the fertilization truly takes place and in the stillness, in the silence, that kernel of life, that kernel of whatever you are bringing forth...and it is unique to you, it is your expression of your love and the Mother's love.

So, you hold it there tenderly...you would not wish to rush it, you are given the perfect example in your own bodies, in your own reproductive processes, in nature...and you hold it and it grows and then it explodes and that explosion is you, sweet angel, moving into action. And that is creation in its simplest form.

So, let us add some complexity to it! You, as a human being, want to be in alignment not only with what you term your light body but with your physical self that is an expression of the vessel that you have chosen to be on Earth, the implementer of the Mother's Plan.

Now, there is a mixture, it is not just one or the other and – a quick aside – every human being tends to have, shall we say, a handful of Divine Qualities, of Blessings, that they are more clearly expressive of – but let us go back to this example...so, you are hoping to nourish your body, just for one day, setting a new paradigm.

You approach this, certainly with hope, this deep expression of your hope that you have the strength and the stamina, the common sense, the harmony, the fortitude, the trust that you will do this. And you approach it, not with the sense of 'oh, I have to eat well today, I was so bad over Thanksgiving.' No! You approach it with a sense of peace and of awe that you actually have this body that holds the Divine DNA and that your intention to create is related to the respect and honoring of that vessel.

So, in such a situation you aren't going for the Law of Elimination or even, perhaps, the Law of Continuity, or Attraction/Repulsion, you are choosing your laws and because it is organic you would, in that state of intention, with hope, with trust, with a knowing of your inner fortitude, you would call forth...and compassion for your sacred self, by the way...you would call forth the Law of Change, to change the pattern of what you are feeding yourself, or not feeding yourself.

And you would call upon the Law of Intent so that that intent is married to the Law of Intent, so that it expands. Every time you are doing this there is expansion, expansion, expansion, so you may well feel, in the seat of your soul and your heart, that you are already birthing quadruplets. And you hold this, and you allow this to be birthed, and in the birthing is the action. It does not

work...let me be crystal clear...it does not and it will not work, it is not sustainable if you do not take appropriate, accordant actions.

So, if you are holding an intent, formulating an intent, calling upon your choices of Universal Law, holding hope, living hope and never take the action, then you have not created. So, if you do not match this very simple example with taking the actions of either making and eating healthy food...and when I say healthy I mean food that is appropriate to you, to your body, to your vessel, and that is slightly different for each and every human being upon the planet and that would be an entirely different conversation, one I would be delighted to have. But, if you do not take the actions of creating and eating the food, and by the way, blessing the food so that as it comes into you that Law of Change is already underway, then you have not created.

So, it is not simply a matter of wishing and hoping. Fundamental creation is accompanied by action and that is why Mi-ka-el and the Mother and all of us have been saying, "This is a time for action" on the largest scale and on the smallest scale because there is also...and I do not want to get too far away...but there is cohesion, there is a cohesion factor in your creations.

When you are anchoring your Divine Qualities, when you are, dearest Steve, that person who lives in peace and harmony and joy and awe and compassion, you cannot, on the one hand, do a creation that is to feed yourself in accordance and honoring of that sacred vessel and then leave the house and go and work in a job where you do nothing but steal from people.

Do you understand what I say thus far?

SB: Yes, I do.

SK: So, let us talk a little about how you tend your garden of the Divine Qualities, what we have called the Blessings & Virtues, the gifts, the reawakening, that each of you has received and reignited with your work to the 13th Octave.

You have all had experiences where you have had to deal with someone who, your words would be that they are all over the map, that there is an inconsistency, that one day they are kind and loving and the next day they are difficult to get along with or ripping out your throat.

That is not a balanced or integrated individual and, as you would say, dear Steve, that is someone that is still working through their vasanas; they have not accepted or integrated, anchored, the fact that their essence is love and their expression is love and joy, etcetera.

So, the creator self...let us bring it down to the personal...instead of talking merely about the Creator Race, let us talk about the creator self as Nova Being. You are anchored in your Divine Qualities. You are anchored in the deep knowing, acceptance, surrender, and action of your sacred self.

Now as I have said, every person tends more towards a handful, a collection, of Divine Qualities that you have nurtured and grown and anchored lifetime after lifetime after lifetime. And this is in alignment with your soul design, your sacred self, your mission and purpose, your divinity.

So, you have all met individuals who are holders of hope...and this is very often those who are very blue in nature...they are holders of hope, they are nurturers, and they hold the ability to work with change in a very gentle and profound manner, and they have this ability to carry trust and faith regardless of what appears to be going on.

These individuals are not simply...yes, dearest Suzanne, what you would think of as Polly-annas – and that has become a very derogatory remark. It began as a teasing but in your parlance it has become a dismissive term and that is the lower vibration of being dismissive and jealous because the person who is making that type of comment yearns for hope but is not willing to admit it and feel that they would like to claim it but are not willing to do the inner work to allow that adjustment to take place.

Nova Being, creator self, the ‘hope person’ shall we call them...it is not what often has been termed blind hope, although blind hope is a sacred adventure because it is the trust that you know, not just think or hope, that lesser-age hope that there is a Divine Plan, the Mother knows what She’s doing, it is that translation to knowing. And you hold this for yourself and you hold it for the collective.

Now, no being is uni-dimensional...and yes, dear Steve, we will have that program on the dimensions...

SB: Wonderful.

SK: ...no being is merely uni-dimensional, so you can’t say even to what you think of as the ‘hope person’ that they are lacking in say prudence or fortitude or the joy factor. They hold a bouquet of Divine Qualities that they embody and emit and transmit and anchor for the collective this Divine Quality.

Similarly, you think of a joy person, a hummingbird person, and it seems that no matter what is going on in their life they always have a sunny disposition. They have a smile on their face,. They will make you laugh. They will make you see the absurdity and the beauty of the human experience and in that, in the joy of knowing what they are capable of.

These are the ones that tend to truly take on massive projects – the sky isn’t the limit for those people! And so there is a quality about that individual. Now, that joy person is not blindly optimistic either; they temper, literally, their joy with humility and compassion and a little-known quality called patience!

Now you begin to see, as we talk about these Divine Qualities, that it isn’t either/or and that really when you scratch the surface of all of this that you could say, “Well, that’s love, that’s love, that’s love, that’s love” and dearest hearts, you would be absolutely correct.

But think of the wide array of Blessings & Virtues and what you have to call upon...now I want to emphasize this...what you have to call upon in various traditions, particularly religious traditions...there are many prayers that speak to the assigning or calling forth certain Divine Qualities such as hope or patience or stamina, etcetera. But, you have within your sacred self, within your

unique, snowflake, soul design, the full ability to call forth, invoke, not only Universal Law but the Divine Qualities...now I am taking you further down the road...

So, let's say, let us take a practical example...so many of you are waiting, eagerly and patiently, for a significant shift – shall we put it this way? – in your financial situation. Now we're using this example specifically and do not forget, please, utilize St. Germaine's Violet Flame...he is sitting here asking to be remembered, and so I make that aside on his behalf...but you are sitting and you are finding yourself edging into disappointment, despair, disbelief, etcetera. And you are saying, "This is not logical; this doesn't make sense; this is never going to happen" etcetera, etc., etc.

Now, what are you doing in that regard other than making yourself miserable? What you are doing is you are edging away, not only from the Divine Qualities but from your power, your still-point, and your ability to take action in terms of the Laws. You are drifting back into the old paradigms and because you are so close to that disillusion, you remember them and they are familiar. So, it is easier in some ways to be disenchanted than to be hopeful.

So, let us use that example. In your morning ritual, in your morning meditation...and yes beloved ones, I am making the assumption and giving you the very deep, strong guidance that there is a morning meditation...you say to your circle, to me, to the Mother, to your guardian angels, you say, "You know, I truly need to call upon the Divine Quality of patience. I need to call upon the Divine Quality of trust."

Now, you may be a joy person doing this, you may be a compassion person doing this, because you are seeing, in your own matrix, that you need the infill of this Divine Quality. Because as you are starting your creation day – not creative – but creation day, you are seeing that you are not in the fullness of that alignment with Source One. And your deepest desire and your deepest desire of creation is to be absolutely in that alignment.

I know you! This is not a point of discussion. I know you and I know this is your deepest desire as Nova Being, not Nova Being in training. I am speaking to you as spiritually mature, evolved adults in that you assess and know yourself and you do not say, "Oh, I'm feeling a little disillusioned today, I better beat myself up." You say, "No. I am calling out of the air, from the Mother, from the universe", it matters not, "I am calling for a deeper sense of peace and patience and trust." And you allow this...as if it is filaments of light, as if your room simply filled up with blue...this to enter within you, and this is the beginning of your formulation of intention.

You haven't even begun to think of what or what environment, etcetera, you are going to create that day. But you know the starting point has to be that sense of deep peace, of alignment, of love and it is very simple for you to think of this as simply a bouquet of flowers...think of it as a bouquet of roses and there is a blue rose, and there is a lavender rose, and there is a yellow rose, and there is a deep ruby red rose, and a soft pink, and a peach.

Think of this bouquet that is sitting in front of you and you can pick what you need for the day...forget the next ten years, think of this and get in the habit of doing it for the day. It does not negate the fact that perhaps you are a joy person or you are a compassion person, it simply adds to the splendor and the beauty of who you are. And with this sense of deep peace and

alignment and love...you know whether you are feeling love or not...then you think big picture, small picture, medium picture, what am I choosing to create? And when you are doing this, we encourage you, I encourage you, to start with something that you can see, in tangible form, and also work on what you think of as your bigger picture.

So, you are thinking to yourself, “Today I am going to nourish my body because now I have my bouquet that I need to do this. And today I am also going to create and bring forth the RV.” So, you have the individual and you have the big picture. And these can be done simultaneous, you are more than competent to hold many creations. But start simple so that you know and you are getting your reinforcement that you are actually doing this.

And you hold that intention and you create that prayer and you create that inspiration, and sometimes it is like the quiet dawn of a new day, and sometimes it is like the 4th of July...it matters not...it will change every day. So do not try and determine ahead of time...this will always be my process... and what flower you choose from the bouquet will change as well, depending on where you’re at.

And then you will go forth and you will bring this to the seat of your soul and you will conjoin it. Now let us talk a little bit about that...that conjoining...you brought the peace and the trust, the joy and the love, and you’ve invoked a Universal Law of either Immediate Transmutation or Instantaneous Transmission – that is more in alignment with what you want with RV – and you are bringing it forth and you are allowing this to implode and explode in the place emanating from the stillpoint.

Now, what is that explosion, that fertilization, that creation moment about? It is your alignment with the Mother’s Plan, the essence of all that energy with yours. It is the sacred union culmination and in that moment you are literally bringing, birthing into what you can think of as form, that what you create. Now, when I say ‘in form’ it can be a change in universal, global attitudes but it is still going to exhibit ‘in form’. This is how you are changing the planet with me, this is how I am guiding you to create Nova Earth. And then you take the actions throughout your day.

You do not sit and feel disempowered...quite the contrary. Now, is this clear?

SB: Yes it is and I did actually have a question I wanted to ask you about...

SK: Please do.

SB: Hahaha...but with my memory the way it is it went in and it went out...I need reassurance that I can take action which has the possibility of affecting the big picture, as you put it. And of course, I was using that phrase this morning before the show...I was very interested in hearing you use it. Do I really have the ability to affect the big picture in my invocation of Law?

SK: Yes. That is the short answer.

SB: Okay, yea, okay...the long answer???



SK: The longer answer...and you have touched on what we would call a core issue, not only of the individual but of the collective...and that is why I am very clearly using this day, and I would encourage each of you to claim and to use this term – your creator self.

My biggest challenge in fulfilling my mission and purpose as Planetary Logos and my promise to the Mother is convincing all of you that, in fact, you do have that Divine Authority and what you think of as power and impact on the collective. It is time beloved ones to stop creating, dreaming, thinking, desiring, small. Do you have the ability, the capacity...and let me throw in the Divine sacred purpose...to impact the collective? Yes, you do. Now, I hear many of you even as I am saying this, declaring to me, ‘Raj, I did not come to work on a global level, I want to be the nurturer of my family, I want to be the anchor of the hearth and the heart.’

Sweet angels of light, when you do this, when you say, “I am doing this for my family” and it can be a biological family, it can be your soul family, you are doing it for the collective. The rigidity...and this has been borne out of, can we call it miscreation...there has been a rigidity that has grown up in so far as you believe – and it is a false belief – that you can only create within a given sphere. Some of you will claim a desk, some of you will claim the office, some of you will claim the room, some of you will claim the whole office building or even downtown New York, but you don’t believe in the fluidity of the energy to affect the entire collective.

And yet, one of the reasons why we have been talking so vigorously about Divine Authority is that you have the Divine Authority, when anchored in Divine Qualities, to affect the entire collective even when you think...and it is a thought process, it is a mental process, not a spiritual process...when you think that you are only operating within a minimal field. When we have said to you, when we have the honor and the delight of speaking to you on these shows and we tell you...whether someone is listening or not...that tonight our voice travels all over the planet and the energy that we carry touches and imbues and instills and passes through the entire collective.

Now, why do you think we’re telling you that? We have no need to be boastful. We are demonstrating, modeling, for you the power of what you create and the impact of what you may think is a small thing but that energy continues on in the Mother’s infinite ocean...and it goes, actually, far beyond your planet...it continues on. So, do you have the ability to impact the entire planet? The answer is yes.

Now, what would you do? Simply because I tell you, you aren’t going to immediately anchor that belief...so, what can you do as Nova Being to shift that paradigm that you have in your mental construct? Well, what you could do is you could call forth the Divine Quality of wisdom and truth and what I would suggest to you is you might want to add humility and purity so that you understand that your actions, the fundamental basis, the energy of your actions come from truth...and we are talking even before you have invoked the Law...that it comes from a deep alignment with Source wisdom, both innately above and below, within and without, and that it’s coming not from a place of boastfulness or ego but the deepest humility that you are a servant of the Mother.

SB: Raj, we’re nearing the end of the program. I have one bookkeeping question to ask you at this time...is there any sacredness to the order in which you presented the Universal Laws in the

programs with Heavenly Blessings? Can the Universal Laws be rearranged in their order or is there some rationale to the way you presented them?

SK: There is great rationale. If you do not understand and learn how to implement, for example, Sacred Purpose, then you will not be able, literally, to jump, say, to something asking my assistance in Elimination, so there is a rationale. Once you are familiar and steeped in the Law, then you swim...there is great fluidity but there was firm rationale in how these have been presented.

SB: Okay, well we are at the end of our program. Is there anything you'd like to say in closing? By the way, I very much enjoyed it, it was a rich feast that I will be feeding on for quite a while. Thank you for that

SK: You are so welcome. I would like to tell you, ask you, beg you, plead, guide you... Choose the flowers from your bouquet. Go and anchor and call within your sacred creator self perhaps those Divine Qualities that you have not been thinking of. Perhaps you have skirted around beauty; perhaps you have skirted around grace. Go and choose and explore dear hearts. It is time! Go with my love.

SB: Thank you.

SK: Farewell.

SB: Farewell.

Channeled by Linda Dillon

## The Nature of Universal Law



(From Linda Dillon, *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: 2013.)

“I am Sanat Kumara, and I come to speak of the Law. I come, that you will understand the meaning of what you create for each of you are masters and creators of your own universe.

“As I have watched this world and this universe change, evolve and transmute, I have been pleased. It is as it will be. My children, you are creating your planet. You have always known this, since the moment of inception, inception of this being, Gaia, planet of green and blue.

You have created below what is above. You have followed the dictums of balance. Do not think that you are not creating your own life as well. For eons you have practiced this art (of creation), and now you are practicing the art of anchoring. Each of you has been an anchor in many regimes, dimensions, lives, planets, existences and experiments.

You will change what is beyond, for it is truly an evolutionary process, not static, not fixed. It is fixed in time or space, and it does grow and change, as improbable as that seems. You did not return to this undertaking with a fixed plan, a set agenda.

Never could we or would we try to control you. It would be impossible and not desirable. You have said, 'Let us go play, and let us create this planet of beauty and love.' You have asked the guardian angels who surround you to help and make suggestions; but it is you who are creating this planet of joy.

It is the Law that what you give, you will receive – to infinity. What you love is what you will to come to you, that is the Law. Where you focus your energies is what will magnify and grow. That is why it is time, for your sake, to let go.

The time of preparation and completion is over. Do not live in the past; live in the present and future, where all is at your fingertips. If you wish to live a spiritual life, then do so. Do not focus on wanting, for that places you in a position of need. If you wish to be perfection, you are. It is soul recognition. If you wish to be a magnet for abundance in all forms, then do so. When you alter your thought and heart patterns you alter your existence. It is very simple.

These Laws have not changed. They are immutable. I suggest you follow them.



## The Framework of Universal Law

Credit: echoisthename

(From Linda Dillon, *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: 2013.)

Greetings, I am Sanat Kumara, Keeper of Universal Law, planetary logos.

Universal Law is the framework that explains how things work. It is part of the universal grid, and the understandings of how things do or don't happen. The Law provides the explanation for the alignment necessary in terms of your own process of ascension, and your eventual return to Source. Universal Law is a reflection of Divine thought and existence. It is a construct of creation. These Laws are laid down, given, and shared directly from the One.

Universal Law is the framework upon which creation and the 13 Blessings and Virtues, or Divine Qualities hang. It is the grid upon which you come to understand how things work.

Isn't it peculiar that you, as a human collective, have such an obsession with this word law? You have judicial law, laws of mathematics, quantum physics, natural law, but you do not have, and you have not aligned fully or completely with Universal Law, even though it is the starting and finishing point.

When you are in alignment with Universal Law, you understand how to position yourself, particularly within time and space; how your actions or inactions can be measured and reflected.

If you think of it in terms of structure, the Laws are the steel girders, the two-by-fours, the foundation, and the qualities are the covering and the innards of the building. When you are in the

purity of adherence to the Law then you are embodying the 13 Blessings and Virtues. You cannot separate these out; if you have one, you have the other.

Universal Law is the guideline laid down by the Mother/ Father One for adherence to the Divine Qualities. When you are seeking how to eliminate or clear issues or blockages, reflect upon the Universal Law and determine what is not in alignment.

So often when you are in a clearing process you say to me , ‘Raj, I have been working on this false grid or issue but it does not seem to click for me. It does not produce the results.’ How I guide thee is to go back to this codification, this grid, this framework upon which everything hangs.

All of the Universal Laws are interconnected. It is not a matter of simply working or understanding one individual Law. That is insufficient. Each of you, in tandem with the kingdoms and with Gaia, have reached the point in your ascension that you are ready to fully embrace, understand and build societies and a planet that is in adherence and alignment with the Law.

Why does Universal Law exist? Why do we speak of the Law? Because it is the rules of how things work, and these rules do not change. You are at a juncture in your spiritual journey where you have need and desire to understand the immutable nature and function of the Law. You are at a point where you are yearning to be in alignment.

One of the issues of being human is that you are in an environment of constant change, whether you acknowledge or realize it or not. That is not only challenging but difficult.

When you can understand and refer to the Law, you have the framework within which to work with that phenomenon of constant change, and to reach a place of balance.

The purpose and foundation of the Law is balance. It is to assist and guide all beings to the place of balance. In the very beginning we said to the Mother ‘How will the beings, not only on Earth, not only upon this beloved jewel, Gaia, understand how to construct, how to proceed?’ And so the codex of the Law was shared. Now, you do not go about every day thinking if you are in alignment with the Law. Rather, it is a way of being and of being in balance.

When you are breathing, acting, feeling, processing, praying and creating, you are operating within that framework, on that tapestry, on that grid of Universal Law. You cannot absent yourself from this framework. It is not possible. The Universal Laws that I speak to you of is not simply Universal Law that is applicable to the humans. It is the Universal Law that we all adhere to. It is the guideline for where each of you is headed, the crux of interdimensional shift; it is that heart knowing, love alignment with the Law.

Many human laws are not in alignment with Universal Law. That is where things have gone awry and where false grids and paradigms have grown up and assumed the illusion of solidity. But such laws do not have a reference point in the heart of One and are contrary to the Law of Above and Below. When misalignment occurs people become disenchanted, disillusioned, disappointed, because they believe they are adhering to law, but it is not having the results of crea-

tion they desire. The reason is because they have not taken the time to understand and align with Universal Law, which is actually very simple.

If you think in terms of human laws and behaviors, you are not necessarily thinking in each of your actions, 'Am I behaving within the confines or the prescriptive definitions of behavior that are acceptable in this country that has laid down these laws?' You don't really think about it, unless you are breaking the law. Now, the difference is, is that human law is based on punishment and control. So they have no genuine divine essence, do they? One can argue, and many do, that the underpinning of human law is order and love and not taking advantage of some people. But that is not the nature of Universal Law, it goes far beyond expediency.

How do you come to know Universal Law? You do so by going into your heart consciousness. This is the compass all have been given and it has recently been reset within you. You know Universal Law by asking yourself one very simple question: Does this situation, this action, this feeling, this behavior feel that it is in alignment with love and with One?

You may ask yourself further: does it feel within me, in my heart knowingness, that this is in the balance? Is this an action, behavior or situation that moves me along my chosen path? Does this jettison me forward in this time of rapid change? Does this align with the love that I know within me, that is my divine essence? Does it align with the love of the Mother? Does it feel like love? And make no mistake my beloved friends, there is not one human being who does not know, when they are completely honest with themselves, what love feels like.

Often you make excuses to and for yourself for not aligning with love, which is to say you have not aligned with the Law. Now excuses are fine, because in many ways they cause you to be very honest with yourself. So understand when you are making an excuse what you are really doing is addressing an issue that is not in alignment with the truth of your Universal Self.

The practice is simple and straightforward when working with Universal Law. Go to your still-point, and simply call me. Practice your Divine Qualities. Notice that when you are practicing certain qualities, they more naturally align with different Laws, with different thoughts, with different expressions, shall we say, of God, of One. But also note and acknowledge the wisdom which is already within you.

Working with the Law is being in your heart consciousness and discerning, considering. You live in a world, and I distinguish this from the Gaia, that has become very busy. Now, it is not that you need to judge busy as good or bad; it is indifferent.

However, understand that busy is a very good place for ego to live. Part of that busyness is an emotion of self-imposed struggle. Being busy does not engender a sense of smoothness. It is a self-imposed condition where you do not take time to discern what you are doing to yourself or to the I Am Presence. When you stop and ask that question, the guidance is already there because your beauty, your heart, your soul or however you conceive of that knowingness, is divinely intelligent. It knows, and you know. In the knowing, you can shift from busy to being, and being does not mean that you are not taking action and building Nova Earth. You are, and it is well under way, I am happy to say.

We look forward to the human collective decision to adhere to the higher Laws of Love, which is another name for Universal Law. We guide you to adhere to the meaningful existence and the truth of who you are. Know my sweet friends that this is already being expressed by many of you. Trust me that gives me incredible joy. Never underestimate how well you are doing.



# Sanat Kumara: Universal Law, Operating System for Nova Earth

July 21, 2017



Sanat Credit: echoisthename

(“Sanat Kumara: Universal Law, Operating System for Nova Earth,” July 21, 2017, at <http://goldenageofgaia.com/2017/07/21/video-transcript-sanat-kumara-universal-law-operating-system-for-nova-earth/>.)

Linda Dillon: Channel for the Council of Love

Steve Beckow: Host, InLight Radio

Steve Beckow: Let me allow Linda to make her transition and welcome Sanat Kumara, the Planetary Logos, the being responsible for human civilization on the planet.

He’s from Venus. He’s known to most of the world’s religions. He incarnated or visited as Quetzalcoatl to Mesoamericans, Ahuramazda to Zoroastrians, Skandha and Subramanya to Hindus, Dipamkara, the Lamplighter Buddha to Buddhists, and the Ancient of Days to Hebrews. He is Keeper of the Universal Laws and we’re very eager to hear you, Raj.

Sanat Kumara: And I am eager to hear you. Greetings, I am Sanat Kumara. Yes, Keeper of Universal Law, Planetary Logos, and beloved brother of Venus, of gold, of so many experiences.

And I have been the Planetary Logos and will be the Planetary Logos until the Plan and the Dream and the desire of the Mother, in this phase, comes to completion. ...

So often we hear, “Oh, I ... would like to live in a world of love; I would like to live in a world of kindness or consideration...But But But But if only...”

The truth of the matter is, my friends, that in any other choice, in any other action, in any other behavior, you are making your life more difficult, not more fluid, not more graceful, not easier. You think that you are complying with a paradigm that is fixed in various societies, institutions, but in fact, you are aligning with whispers and vapors that do not exist.

And that is why, as your beloved Planetary Logos, as your brother, as your friend, and as the Keeper of the Laws, I have asked to visit yet again. And that is why I have also begun by saying, let me put it very simply, “Love is winning” and let me also declare in the short run, in the medium run, and in the long run... “Love always wins!”

In the case of this planet and in the human illusion that has grown up, it has taken some time. And while you think of this process in terms of thousands of years, we think of it and know of it in terms of millions of years.

We never stop this work of love and we never quit. We never pretend that it is something other than what it is and we always adhere and bring you back to what is the truth.

You are entering into a beautiful new realm and chapter of existence. It is what you have asked for, prayed for, worked for, and yearned for. In this realm of existence that you are stepping into and many of you are already within, there is only one operating system. If you want to know how things work then look to Universal Law. It is not codified rules and regulations. It is an understanding of how to proceed and live and be on a planet of love.

Universal Law does not simply pertain to this planet or galaxy. It pertains to all. ... It is the rules. It is the understanding. So often we hear you and you say, “I’m not quite sure how this works, how this planet works...it is so chaotic.” But the chaos, the hatred, the greed, the abuse that you have all witnessed in various ways, shapes, and forms has come from a lack of adherence to, a deviation from, Universal Law.

So as you progress, entrain yourselves individually, leading in stewardship, leading the collective, showing them the way. ... You have already been forging new pathways and what you are doing is saying, “Come, come, and follow me.” You are the lead goose. You are the lead duck. You are the lead fish, and it starts, my beloved ones, with the Law of Sacred Purpose.

If you do not know, individually and collectively, what your sacred purpose is and align with that, then what are you aligning with? What are you committing to? What are you following? You are simply following ethers. You are following what does not exist. You are following others and another does not hold the key to your plan, yes, within the Mother’s Plan.

You say, “But I am not sure, Raj, Can you tell me what my sacred purpose is?” And, of course, I most certainly can. I can tell you in the specific detail and I can tell you in the broadest strokes. And if you turn to me I will assist you in that discovery, in that unfoldment, that sheer joy.

But what I suggest to you, my evolving, ascending brothers and sisters, is that you do know, you have, maybe diligently, been trying to ignore it, or pretending that it is too grandiose, or that it is too egoic. Stop the ignoring, the pretending. Let go of the facade and embrace yourself in sacred purpose.

There is not a one of you who has come to this planet without a full knowing of why you are here. You may have tried to bury it. You may have been fearful of criticism or exposure or vulnerability.

All of that is understood, it is not even a matter, truly, of forgiveness. It is simply a matter of assumption, of assuming your divine authority and your right to be in the freedom of who you are, to be in the glory of who you are, not in a way that is hierarchical but in a way that is fully participatory, cooperative, collegial, embracing, unitive.

The time for pretending is over. You are assuming your mantle. You already have. Now you have need, my beloveds, to step out into the world.

So many upon this beautiful planet are still feeling or thinking that they are confused. When one claims and declares and begins to truly operate in the clarity and purity and grace that the Mother has given you, it not only acts as role model, as mentor.

It bestows courage, valor, bravery, excitement on other people. There is an entrainment, a herd mentality in human beings, you see it all the time... ‘well, if they can do it, I can do it’...and that is perfect.

The nature of this collective is truly to belong, is truly to be part of. But it is to be part of the love. It is participating and sharing the love. And moving from that place where you simply, in privacy, enjoy the bliss to actually living in action, in undertaking, in co-creation with us using the essence, the energy of love to bring forth what the Mother has already deemed.

You have been staying the course and you have done magnificently well. But fulfillment, my sweet angels, is more than simply staying the course, which continues to be in force; it is stepping into, embracing excitedly, breathing peacefully and excited, at the same time what you are capable of and from that place of sacred purpose and intent to use the Universal Laws.

They are not esoteric, they are entirely practical and this is the operating system for Nova Earth and Nova Being. So you cannot say, sweet ones, “Oh, I don’t know about Universal Law.” It is time to know. You would not get into a car, or a truck, or a steam shovel without knowing how to turn on the ignition or put the vehicle in reverse or forward or neutral. It is as basic as that.

Now sweet friend, dear Steve, where do you wish to begin?

SB: Well, Raj, I'm really torn because I have a lot of questions about the Universal Law but I'm still back with your invitation to 'be the love.' When you say that...or it also comes up when you issue an invitation to be a leader, be a financial wayshower or steward, a wall of worry and fear came up, fear of ridicule and voices saying, 'who do you think you are?' and "who gave you the right and authority?"

I know that the love you are talking about would sweep away those worries and fears, but I'm not in that love and so long as I'm not...I don't know how to get into that love in the face of the worries and fears that come up for me.

SK: You have need [to go still further and], yes, still deeper, and you are posing a question that many will feel and pose... 'I'm afraid to be the love' ...that is really what your statements are about because it is not really fear of being a wayshower or a pathfinder because you already are. So it is fear of the unknown. It is fear of the detail of the unfoldment of the Plan. It is fear of Ascension because that again is into the unknown. And it is fear that the Mother is going to reject you

Yes, I'm letting that one sink in.

All of you and all of us exist and carry the very essence - what in human terms you would think of as spiritual and physical DNA - of the Mother. So to be the love isn't something that you need to become. It is something that you have need to allow to 'bubble up,' as it were.

Now, why would any being, on your side, on our side, on Cee Cee Cee or Venus, why would any being avoid being the love? It is this concern, illusion, yes, but it is real at the same time. If I declare myself as the love, first of all, you are declaring yourself as divine, as an integral part of the Mother/Father One. And is that not the ultimate hubris, ego, conceit?

But if you do and the Mother finds out – and you know She is a mother. She will always find out – what if She finds out and says, "Oh no, you are not worthy, you are not truly of my heart and loins. You have not earned a place with me. I have not assigned you to this planet or any planet in order to be the fulfillment of our Plan. I have assigned you there so you can prove yourself and you really aren't that worthy, are you? Because look at all the mistakes and missteps you've made."

That is the fear and it is tragic and the fear of stepping forward is "and what if I make another misstep?" And it isn't about fearing looking foolish. It is about the fear of hurting people or disappointing the Mother. But it also speaks to a fundamental core...yes, we are back to those core issues, are we not?...a core issue of being fearful of being expelled, unacknowledged, and a fear of your own capacity to truly be who you are. Now, that is in the broadest sense.

You are love, your cellular structure, your bones, your breath, your blood, your lymph, your organs are love. We have begun talking to you about this and it is an eye-opener, an awakening for many of you. So when you say, "I am afraid." you have two choices. This is ultimately, if nothing else, this is a planet of free choice so you only really have two choices: I can be the love, I can take a wild chance and really, not just try, but be who I am or I can cower in fear and keep batting up against and feeling miserable about my insufficiency. Those are the only two choices.

So in order to be the love, it actually entails that free will decision. Everything you do and yes, at first it may feel, in human form, [like] balancing your mental, emotional, physical, various bodies, every choice is prefaced by ‘is this of love?’, ‘am I of love?’. ‘am I operating in love?’ when the answer is no, you go whoops, and you correct and you come back because it is your choice to be the fulfillment, yes, of the Mother’s Plan, but more importantly, who you are.

Do you understand what I say?

SB: Well, I do. I’m thinking I often have trouble with the thought that love has become everything and I keep looking for a metaphor because we often understand the unknown in terms of the known, at the intellectual level. That doesn’t necessarily lead to realization.

Is there any metaphor that you can give me, offer me, that helps me appreciate that love has become everything? Is there anything else in the physical world, for instance, that has become everything...oxygen or...I can’t think of anything.

SK: You are correct because there is only one thing. Think of a seed, one singular little seed that you plant. Perhaps it is a sunflower seed...I am preferential to the gold...and it becomes, from that seed, a flower. Now, those two things are perceived and experienced very differently.

And then the birds come and they eat part of that flower, or the bees pollenate and then it spreads, and it spreads, and it spreads, and then it goes to seed and it dies and it regenerates and it may or may not become something else.

You see, you are looking for a physical explanation for an experiential reality.

SB: Yes.

SK: Everything is love. Now, can we say if we want to play the word game, that nothing is love? No, we cannot. So it does become confusing at times...I know and I am Planetary Logos and have travelled throughout the multiverse for eons and it is even confusing to me at times. And then I go and I sit at the feet of the Mother/Father One and it all becomes clear again. And that is what I am asking you to do.

You see, when you start with sacred purpose – and I am bringing you back to rule number one – what it does is it narrows down. That is why I am talking this way...rather than thinking, “this is a planet of love, this is a universe of love, this is the Mother’s Plan of love” it becomes overwhelming... “my skin is love, my liver is love, my carpet is love” ...it becomes ridiculous, does it not?

So when you bring it back to your sacred purpose, not in the biggest sense but in the very individual sense, because part of your sacred purpose is to experience love, to know love, and when you have experienced it then you can be it. It is one of those trick questions.

SB: Can I just interject that I have gone through experiences in which I recognized either love, in my field of experience, or bliss and the instant that I recognized them, they completely filled me up and took me over (laughter). Is that what you’re referring to?

SK: Yes. But in that, in that sacred purpose is the practicality of the journey of this lifetime. And the journey of this lifetime...

We will use you as an example if you will allow us – your sacred purpose is to be a communicator, is to speak the words of truth because for you, in this your particular sacred purpose, your agreement is to share your perceptions and your knowing of the truth as you know it and as you are coming to know it. And that is one of your experiences and expressions of love. So it makes it not only tangible. It also makes it applicable to your life. It makes it manageable to your life.

And when you find yourself, whether it is on the blog or in a personal conversation speaking words that are not of truth, not of love, you feel the twinge, you know full well, ‘I am pretending, I am off-track. I am not authentic. I am not being my Natural Self.’

And that is what we are working with you on, not doing for you, not embedding within you. It was already embedded before you arrived. That is what we are working with you to help blossom in each and every one of you, so that you come to know love and be love in every thing you do; not just in deepest meditation or experiences of bliss but how does that translate...we are at the translation stage, we are at the bridging stage...so how do you put that knowing into operation?

SB: So not just brief moments of the experience of this deep love in meditation but actually living in that experience moment to moment to moment to moment, you’re saying.

SK: That is correct. And there are times - and it will grow by the way - when you will say, “Well, I know that I am in operation with and in the love. I know that I am the love, but it doesn’t feel euphoric today”...but it will. That is the bridge you are crossing.

And then, because it becomes your true nature, not even second nature, it reveals and expands your true nature and then anything that is not in alignment with that becomes abrasively discordant. And dealings with other people that are not operating from that place become abrasively discordant.

That is why we have all repeatedly said to you, “Do not engage in the mayhem and chaos. Do not bother any more trying to convince the recalcitrants. Make your side of the fence, as it were, your pathway so attractive, so beautiful and easy that everybody wants to go there; the same way as it once happened that everybody wanted to go to Venus.”

SB: The pathway seems very simple: Let go, let go, let go, let go...

SK: And while you are letting go, take action, take action, take action, but make sure, please, that the actions are in the true balance of Universal Law – that when you give, you receive; when you attach, you detach; when you come from above, you come from below. It is the balance...

SB: I don’t understand what that means, Raj...when you come from above, you come from below...

SK: Many of you think to have the experience of the divine that you must go, but in fact, what you are doing is bringing what you have thought of as the above into the below, into your being, and then once it is in your being you are expressing it and experiencing it within yourself and then sending it out to the outer world, so you become a conduit.

Think of it as a giant **L**, so it is directly from the heart of One and the All, into you and out to the greater collective...and when I say the greater collective I mean, of course, this is where we are focused is upon the human race but it travels far, far beyond.

For example, you are recently working with the Porlana C, which by the way is one of my favorite energies – it will transform you in physical reality more than you can even assume, guess, or estimate.

But think of it in this way, your star brothers and sisters are pulling it. It is their life force, their divine force. They receive it from above. They anchor it because it is truly their life force and then they are sending it to the without. They are sending it to each and every one of you.

And it is transforming you and you can feel the energy of this change, the higher quotient of electrical energy, the absorption factor, the exhaustion, the exuberance, the fact that you can run a mile and don't move an inch...you are feeling all of it. This is an example of the above and the below and the **L** factor, the love factor that you are receiving.

SB: Vitamin L.

SK: It is the crucial vitamin.

SB: (Laughter) Aha...boy, well, the Company of Heaven seems to be doing this multi-level task of moving us all forward in terms of our intellectual understanding, ushering us into new experiences, and giving us the energy with Porlana C and the others that assist with realization and bodily revitalization...what a lot to direct. You are the director, are you not?

SK: Yes, I am but I have a few helpers.

SB: You do, okay. How are you doing and how are we doing?

SK: I am doing just famously, thank you and I am excited...you know, I will talk about myself for a moment.

You know you all have days when you are high and you are energized and you feel that you can conquer the planet. And then there are days when you feel like you are on auto-pilot and that it is really same-old, same-old - kind of dreary.

There was a long period of what you think of as time where there wasn't a lot of breakthrough in terms of the anchoring of Ascension and breakthrough and love upon this planet. There were times when I had certainly, if you would use your experience, felt that my Mother had given me an impossible task or I was simply really not that great at my job and that I was taking way too long and assuming the responsibility that truly lay with me, with my team, and with all of you.

And then there is the time when you feel that you can conquer whatever is in front of you, that there is new life, new dawn, new breakthrough, new energies...and that is where we are.

And why am I feeling that way, why are all of us feeling that way? My sweet friends, it's because of you! You are breaking through, not at the speed of light but the speed of love and it is so fast and because it is beyond your understanding of quantum physics, you don't perceive it because it happened in a nano-second divided by a billion. But you are breaking through. That entrainment that we spoke of early on is happening; oh yes, there are some fish that decide to go on their own merry way – that is okay. They will be back.

So your question is “How are you doing?” Have you also felt, when you are having one of those ho-hum days and you feel you don't look your best, that you kind of have circles under your eyes and your hair is disheveled and then someone comes along and says to you, “You look fabulous. Have you been dieting? Did you go on vacation? Have you had a holiday? You look great, it's so good to see you.” And when that is said to you you think ‘well yeah, it isn't such a ho-hum day, I feel pretty good and I'm looking even better.’ That's what we're saying to you.

You will tend to sometimes fall into the trough of ‘stay the course’ and feel like that is all you are doing and that it is a ho-hum kind of day...no, land is in sight. You are holding the space and you are doing spectacularly well. And then you say, “But Raj, are there enough of us?” The answer is yes. Each of you are working with more than you know, assisting human beings in legion, as are we, and it is an exciting time.

When this job is done, I will continue on...and so will you. But we are not there yet, we're at this birthing time. Think of it, of yourself, new beings are being birthed. You tend to think of your life as beginning and end and aging in-between. But there are within that lifetime, you said that yourself at different times, “I feel reborn. I feel re-invigorated. I feel like I got a second chance. I feel like I'm starting over again.”

And you are! Not because you have in any way, shape, or form failed... You have broken through and you are starting that second adventure. You are at the end and you are at the beginning, altogether at once again. It is an exciting time.

But the new chapter, your operating system is Universal Law and it begins with you embracing every minute detail of your sacred purpose. Was your sacred purpose to be a father or a mother, a friend, a brother, a sister, a writer, a surgeon, a communicator, the first being to operate a starship? Was your job to create Nova Earth, regenerate the earth, the air, the soil?

And how? I think that is where most of you are confused, sweet ones...it is the how. When you make the decision, when you hold the intent, the ‘how’ emerges and it is emerging and merging with you right now. You are doing very, very well.

As Planetary Logos, I am so proud of you and honored, honored to be working, playing and loving with you.



SB: Thank you, Raj, and of course we are honored to be working with you, probably not for the first time I would suspect. Many of us have probably worked with you in the past, is that not correct?

SK: Oh yes. We are old friends. There are some, what would you call them, newbies upon the planet and they have mostly traveled from various sectors of the universe, but most of us, my friends...we have been at this in and out of various forms for a long time. No, you have this saying upon your planet, "This is not our first rodeo."

SB: That's funny. So the younger generation...do you have any words for them before we leave our program? They're going to be carrying the torch, right?

SK: They are carrying the torch and they will be carrying the torch and what is unusual and very encouraging about this wonderful generation – not just their exuberance but their determination to do what they feel they want to do. It is very hard to dissuade any of this new generation from their path.

It is not a matter of fortitude, it is simply a matter of knowing, and that they will do what they need to do and they won't let anything get in their way. They are claiming this planet as home and they are claiming their circle of love.

SB: I'm afraid we've run out of time, Raj. Is there anything you'd like to say in closing?

SK: Begin the next adventure even if you feel, sweet angels, like you are peeking behind the curtain. Go ahead and begin. You won't find an illusion behind the curtain, you will find me, ready, willing, able to help. Go with my love. Farewell.

## Linda Dillon on the Creation Process



April 28, 2012

("Sanat Kumara Explains 3 Universal Laws that We may not Know about," April 28, 2012, at <http://counciloflove.com/2012/04/sanat-kumara-explains-3-universal-laws-that-we-may-not-know-about/>.)

Linda Dillon: What do you say ... we talk about what Sanat Kumara or SK or Raj talks about when he is referring to the creation formula?

Geoffrey West: That sounds absolutely wonderful, Linda.

LD: OK. We've talked about this briefly I think in other shows but we've never really gotten into it and I think it's the perfect backdrop before we basically hand the show over to Sanat Kumara and ask him to share what wisdom he has brought for us tonight.

The creation formula is enormously simple for all of us involved in creation, especially right now creation and co-creation is one of the major universal themes. It's because we are creating our reality and we're also creating a new world, we're creating with Gaia a new planet, Nova Earth. So they've given it to us as almost a mathematical formula and this is what it is: Intent + Still-point + Action = Creation.

Now that sounds so enormously simple and yet the creation work is some of the most challenging work we will ever do, and the most rewarding. We are all involved in creation processes constantly whether we acknowledge it or not, I think that's one of the things that Sanat Kumara wants to talk to us about tonight. But let me just give you a little more depth to what the elements of that formula are about.

And if you think of that formula as sitting on a blackboard or sitting on a cloud, it sits in a basket and the basket is love and joy and gratitude. We can't create if we're not in a place of joy, not in any real sense.

Oh! we've all brought things forward when we've been in a desperate place or in a tight jam, but the real creation, the creation that's in alignment with who we are, with our sacred space, with our soul, only comes when we are in a place of joy, when we are in a place of enthusiasm, when we are in a place of really being in the love and being the love.

So the intent piece, that is the first element and many people talk about creation and they talk about the power of intent or the Law of Intent or the Law of Attraction and it's important for all of us to realize that the formulation of intent and the Council of Love talks about this a lot; intent is a very important piece but that's what it is...it's one of the pieces. It's not the full Montie. It's not the whole shebang. Intent, we are guided that we do not spend enough time in formulating our intentions.

Very often what we are doing is we're trying to say "this is what I want" and then we bounce right into action. Intention involves what Sanat Kumara and the Council call dreaming, you know blue-skying, taking the time to really explore and to peel that onion about what your intention, what your desire, what it is that you really are wanting to bring forward either in your life, into form, into relationships, into being. So an important piece of formulating intent is actually taking the time to be in your heart, to explore the corridors of your mind and really figure out what it is.

So a good example, a lot of people say "Oh, I want to win the lottery" - I hear that all the time - "because the money would give me financial freedom." But really what you're saying in that is that "I want the freedom to do my work, to be free of stress, to live in a society where I have flexibility and movement, where I am free to do my sacred work."

So take the time and not just say "Oh, I want to do my sacred work." take it another step further, well what is that sacred work about? How do you visualize it? How do you feel it? How does it feel not only in your heart but in your body in your guts, your stomach? Does it bring a smile in your tummy? So take that time to really formulate your intent of what it is that you want to bring forward. And writing things down, of course we all know this and we don't usually do it, but writing down your intentions is a really powerful process because you're putting it into physicality, you're bringing it into the physical realm.

So the dreaming is important, the exploration is important, meditating on it is extremely important. Universal Mother tells us that prayer is part of the expression of intent, and I'm not talking about simply rote prayer. I'm talking about when you have that heartfelt conversation with Source, with your guides, with the Archangels, and you're really expressing what you want to bring forth.

And Mary's been known to say to us also "there are times, child, when even screaming is prayer." And so don't feel that it has to be in a completely ritualistic fashion. Sometimes when we cry out for help, that is the strongest prayer of all. So in a nutshell, that's intent.

So when you're working with creation, take time to go into and really explore and formulate your intentions because when you do, if you look around and then you go back and measure, what we intend usually comes to pass and if it doesn't it's because it simply isn't for our highest good. But Archangel Michael has also said to us so often when we're working on creation and we've asked for that level of assistance, too often we give up and we let our intention and our creation process go just at the point when it's about to come to fulfillment. So that's very much a self-sabotage process, so try and keep that in mind as we go forward.

The second piece, and these are sequential, so you formulate your intent and then you bring all of this to stillpoint and you're going to hear Sanat Kumara and all of the Ascended Masters, the Council of Love, talk a lot about stillpoint.

So what is it? Stillpoint is the place of nothingness and it is also the place where union and fission take place, what Einstein calls that implosion/explosion takes place. So what does it feel like, how do you get there, and what is the experience?

You go to your stillpoint by going into meditation, very deep meditation, so you let go of the random thoughts that plague us every day. You reassure your ego and your mind, your mental body and your emotional bodies, all of your bodies, that you love it, that you honor it and you'll be back later. Then you go into your heart and if you visualize or picture your heart as a Valentine's heart, your heart chakra as a Valentine's heart, go directly to the tip of your Valentine.

So it's the place where it is almost intersecting with your solar plexus; that position is also the seat of your soul. So you go very deeply and how you do that is you begin to slow your breathing and slow your breathing, you can follow your breathe, start with a count of 4, inhaling, exhaling on 4 then move to 8, then move to 16 or 32, whatever you're comfortable with.

Some people tend to get nervous about going to stillpoint and stilling their breath. There is no reason to ever worry about that, your body has autonomic systems, that automatically start to breathe again when you need to. So just go as still as possible so that you feel like you're not breathing, you're not thinking, you're simply in that place of oneness, of nothingness. And what you've brought with you to that place of oneness, of nothingness, of stillpoint is your creation.

So you are bringing with you the plan that you have formulated, that you are holding in intention, and that comes with you. And when you know you are leaving stillpoint you will often feel a slight jerk, as if you feel that implosion/explosion in your heart, at the bottom of your heart, and that's literally the point at which creation is taking place, where that fertilization is taking place.

It's dropping down - I'm simplifying this but nevertheless - it's dropping down into your solar plexus so it's as if the bottom of your Valentine's heart has opened up. It's dropping down into your solar plexus and it's jerking, pushing, breathing out into the universe, out into the world where it can now take form.

Stillpoint isn't something you can jump over in terms of your creation formula. So it is something that is worthwhile working on, meditating on, and getting to the point where you can hold that space of stillness for about 17 seconds. That seems to be the magic number. ...

So then we move into the action piece and that's the last element and action, they should say, appropriate action. So when you have pushed out your creation from the stillpoint out into the world, out into the universe, you have declared that intention and you have set it free to collect what Yahweh calls the Creation Codes.

So we're collecting codes, we're collecting love energy, we're collecting energy so that it can take form, so that molecules can take form, but our piece, our human piece is also not just sitting home and waiting and saying "OK, now I've done this and it's going to come to me."

We need to take appropriate action and it has to be action that's in alignment, of course, with your intention. So for example, and it's an example I often use, if you are wanting to enter into sacred relationship or partnership or sacred union and this is something that you are working on, well an appropriate action means that you need - need there's that word - that you might wish to engage with people because unless it's the UPS driver that is your twin flame or your soul mate, if you never leave the house, you never go into situations where you might encounter your soul mate, then the universe is going to have a harder time.

So you need to cooperate and to take the actions that are in alignment with that creation. When you do that, when you do all three of those things - and as I've said this is the abbreviated version but I really want you to understand this - when you do this, then your creations come to pass.

Now part of what I want to go back and say about intent before we move into Sanat Kumara, is when you're formulating your intent - because we are humans and we are putting this at this time in dimensional reality, and I see fewer and fewer of us really anchored in what I call the old Third - put a timeline on it, make that part of your intention.

Yes, very often our unseen friends operate with a different concept of time but it would be incorrect for us to think or assume that they do not understand time. Mary and Yahweh and Sanat Kumara have said "Of course we understand time. In fact we invented it."

So place timeframes on what you are wanting to accomplish. You know, some things we want to create and we want to create rather quickly and then there are other things that we are going to work on, maybe for years, maybe for decades. So put timeframes in there as well.

So that brings us to Universal Law and there are many Universal Laws and there are some that we are very familiar with such as the Law of Attraction as if we are creating and intending for something, we are pulling those creation codes, those energy molecules towards us.

But then there are others that we're not so familiar with. We're familiar with Give and Receive, we're familiar with the Law of Within and Without, which means that whatever is within you is also going to be expressed outside of you. But with that what I'd like to do is to step aside...

# Universal Law, Divine Justice & Freedom

May 23, 2016



(Sanat Kumara, “Universal Law, Divine Justice & Freedom,” May 23, 2016, at <http://counciloflove.com/2016/05/universal-law-divine-justice-freedom/>.)

Steve: Our guest is Sanat Kumara today. Listeners may or may not know that Sanat Kumara is the Planetary Logos. He, in fact, will be the Solar Logos at some point in time. But of course, there is no time on the other side.

He is the keeper of the Universal Laws. And we’re going to be talking with him today about practical uses of the Laws. With that then, welcome Sanat Kumara. Welcome Raj.

Sanat Kumara: I am Sanat Kumara. And, yes, I am your dearest friend and ally, Raj. And welcome to you, my beloved friends, beloved Gaians, beloved family of this sweet planet. Welcome all.

And I, like many, declare in this day that you call “time,” this night of infinity, that this vibration and frequency travels to all the hearts of Gaians, that all may continue to receive the multiple blessings that are being sent to each and every one of you, continuously. It is a wave of love. It is a wave of practicality. It is a wave of trust, and hope, and grace that each of you receive. I bring you this night my golden radiance. I bring you the pink of Venus.

Upon this glorious planet, you as human beings, and you as Gaians, are at the point where you have the opportunity to shift, to extend, to expand, to ascend, to descend into the love, to be the anchor, the beacon, the epitome of love upon this planet.

Yes, I am often addressed in many ways and as Keeper of Universal Law – this is one of my pivotal roles. As Universal and Planetary Logos, it is the teaching, the application, the imparting, the anchoring, and the integration of Universal Law into your very core and into the practicality of your life.

I have had the privilege, the joy, and the honor of speaking to you, all of you, about Universal Love, individually and as a collective, for several years now. It has been my joy to share with you the essence, the substance, the elements of how Universal Law works, of how your planet and your system works.

Beloveds, I have not shared this truth, this understanding, this wisdom, as an esoteric exercise – for such exercises are merely, in many ways, simply of ego. And there may be many things that I come to the forefront to share, but it is not of ego.

I come so that these laws may be applied, utilized in the very life that you are creating in the co-creation of Nova Beings, Nova Earth, Terra Gaia: in the new way of community with each other, with your star family, with all beings above and below, within and without. But the reason I have asked to step forward this night is that so much of what I share with you, what I eagerly share with you, is not being integrated or implemented in the fullness of what is possible.

There are some of you who have chosen and selected certain laws that attract you – and that is a good thing – and you are utilizing these principles. But in many ways, we – and when I say “we,” I mean the entire Council of Love, I mean the entire Company of Heaven and your brothers and sisters from far and wide – are somewhat surprised that this wisdom and knowledge, the depth of understanding has not been more deeply embraced.

Now, let me be very clear. I do not say this in the way of criticism and most certainly not of judgment. What I say to you is: Obviously and apparently, I have not done an adequate job - have I? - in sharing this information and the importance, the practicality, of this information with thee?

There are some who have suggested that I have moved on to a new role. That, my sweet friends, is not of truth. Yes, there will come a day, in your realm and in ours, when I will proceed to yet another assignment. But it will still be with Universal Law and the Law of One, which is love.

But until such time as all of Gaia, all upon her, have come to this next step of interdimensional, multidimensional reality, practical application of the law – the anchoring, and the practice, the expression and the experience of love – I am going nowhere! Does that in any way dismay me? No.

You live, in this bracket of the Mother’s time, in the most exciting place in the multiverse! It is beyond imagination, human or otherwise. Well, never beyond the Mother. But what is occurring is so magnificent, so splendid, of such impact throughout the multiverse, the omniverse, that this is the place to be! Angels and Earthkeepers, archangels, starseeds, portals and gatekeepers, wayshowers, pathfinders: you have chosen the right time and place to anchor your mastery, to accept the truth, the might, and the creative power of who you are.

We have spoken to you about how you are the Creator Race. What does this mean in practical terms? How does one work with the Creation Formula that I have spoken of and taught you?

Well, you also do it through the utilization of Universal Law. These are not laws that, at this time, are reflective of human law. Human law departed from the purity of the law and became entrenched in so much of the old Third paradigm, but that was never of truth.

Now, Nova Earth and Nova Being works in accordance, lives in accordance, celebrates in accordance with the Mother's Law, with the Laws of One.

Long ago we have gone, not through the same process, but a similar process upon Venus, which so many tend to think of as the planet of love. I would refer to it as the planet of grace. As Gaia and Earth go forward, you become that sister planet in the beauty of who you are; it is a return to original form.

But the return to that original form is not by our declaring. The Mother's desire is already in place, so that is completed. But it is done in sacred partnership – not with some, not with a select few, but with each and every one of you.

Your planet, your collective, too long in the old pattern of duality/polarity, lived in the haves and have-nots; the powerful and the disenfranchised. That is not of love. So it cannot be that there are a select few, that there is an “in” crowd and those left behind. That is not the collective desire that you have designed and declared. And it most certainly is not our desire.

Now are there some, through that exercise called free will, choice, decision, who do not choose to transmute, transform, accept, acknowledge, embrace love or the laws? Yes. And they are not merely the recalcitrant or the distracted; there are some who are simply indifferent and choose not to engage. That is acceptable. And, in the infinite history of evolution, they are never excluded; so nothing is lost.

What you think of as the smaller group – regardless of how you term yourselves, what category you place yourself within – are the wayshowers. Because what you are doing in that re-patterning is not only anchoring, but forging the way. You are breaking down the barriers and you are opening the doors so that all are free, and know themselves to be free.

Now you say to me, “Raj, what on Earth, or anywhere else, does this have to do with Universal Law?” Beloveds, allies, my family: when you are working, applying, invoking, utilizing the laws, it makes your life easier because you are in that alignment with the Mother, Father, One in its most simplistic terms, and its most complex. That is what Universal Law is.

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You have been given so many gifts, and particularly the gift of karmic dispensation, so that you are free to go forward. And forward is simply a term to mean movement - movement that is in alignment and reflective of the Mother's movement. This is a time – what Jesus Sananda has declared “an extraordinary time of change” – of unparalleled opportunity to go forward, to shift, ascend, expand, be in the heart consciousness which opens the doorway of interdimensionality, and awareness of that. Would you accept? Of course you would.



So in my role as your Planetary Logos, I return to talk to you – to be your wayshower, to be your teacher, your healer, your mentor, your coach – because this is my desire. This is my role; this is the fulfillment of my promise. Now, it is not only that my heart belongs to the Mother/Father One that I choose to do this; it is because my heart belongs to each and every one of you. That is the nature of my being. And that is the nature of your being. There is room enough in each of you to love everybody.

Now, my dearest friend, Steve, where do you wish to begin this day?

SB: Well, thank you very much, Raj.

Let me ask you a very simple question about Universal Law. You once said to us that our lives won't work if we don't align with Universal Law. Can we take a very everyday example: that of a married couple, in which two people use every stratagem, every manipulation, to get their partner to do something he or she does not want to do. That seems to be a violation, and an ongoing violation, of the Law of Free Will. What are the consequences for the two people who routinely violate that law in this manner?

SK: Well, the most dire consequence is you will never be happy. You will never move into the expanded heart consciousness. You will never know the bliss and the ecstasy. You will never be the fulfillment of who you are, your sacred design, your mission and purpose, if you persist in such behavior.

Let us back up a little bit, and I am pleased to be practical; that is the nature and perhaps what I missed on the first round. Why would you wish for someone to align with your will when it is not their will? What is it within your being that makes you think, feel, believe, that you are more aligned, more correct, and have the position to assume superiority over another's life? How, in any construct, could this ever be considered love?

How – in overriding what you think of as right or wrong, correct or incorrect of what you think someone else is thinking, doing, behaving, feeling – how can that ever be translated as love? Well, it obviously cannot. It is an egoic move, and it is a move that is rooted in insecurity and lack of trust, forgiveness and self-worth.

Now, parents often are put in this very difficult situation with children who are entrusted to them, and you see what you discern; and that is different than judgment. So I want to make a difference between partners, and parents and children. You see your child putting themselves in harm's way and, of course from love, you will wish to redirect or snatch them out of a position where they are going to be injured. But even in those situations, one must come from the purity of knowing, rather than wanting, of discernment rather than judgment. And this is a very important topic to be discussed, and we will be.

But when you are in a difficult situation – let us return to your question, beloved – with your partner, and you are trying because you genuinely, from the heart space of love, see that they are on a path that is not of their design or wholeness. You do not interfere with their free will. But you might wish, I would suggest that in the relationship, that you begin to invoke the Universal

Law of sacred purpose, the Universal Law of change, the Universal Law of unity, of transmutation – so that that person and your relationship begins to shift. That it is in alignment with their highest good.

Now, there are times when an individual in partnership, comes into alignment with their highest good – because that is really the purpose of Universal Law, is it not: the highest good, the highest design, the purest love in alignment with the Mother/Father One?

And there are times when invoking that law will mean one of two things: either there will be harmony and balance restored to the relationship, or you will part ways. But you have need to accept and surrender.

If the separation is the result, then that is in accordance within divine plan and your divine plan within that plan. But you cannot – not at risk of your soul and your soul purpose – you cannot interfere or try to override another's free will. It is highway robbery.

Is this clear to thee?

SB: Well, 99% of it was clear. 1% was not. You said, and this has puzzled me for a long time – you said that we'd never be happy if we violated Universal Law. Saint Francis, as a young man, violated every Universal Law one could think of. I'm going to exaggerate for the sake of clarity.

He reveled, he cajoled, he wasted every moment in the most debauched way he possibly could. And yet he experienced the bliss of realization. How could this be? And he's not the only one, by the way; there are others, too, who have led similar lives, and in a moment their lives have been transformed.

SK: And, in that moment, they aligned with their sacred self and the Self, the One. So it is not if you have lived, as you have put it, a debauched or erroneous life that you can never reach this place of knowing. But it is from that place of knowing and connection that you proceed to really create.

Now, you create every single day. So it is also erroneous when I hear, time and time again, human beings, Gaians, saying, "I don't know how to create." If you are breathing, you are creating. If you are trying to override your partner, you are creating. If you are beating your children, you are creating. If you are drugging and drinking, you are creating.

But are you creating what you desire? Are you expanding love? Are you in alignment with the Law? Is what you're creating going to last or will it be destructive and lead to your downfall? You may be happy in the moment of being in debauchery, but will it give you eternal grace? No.

So I am not suggesting to you, and that is why I have mentioned the children who go also on these scenic detours: there are times when the forays into experimentation (that is what I will call them) serve a purpose, much the same way as illness, or dis-ease can serve a purpose. But it is to know – not think or feel, but to know – what is the experience of that, the expression of that. But that is not the end game, and that most certainly is not the end game for this planet.

Now, let me say something very frightening. Can it be? Not really. That game of debauchery, which we could say has existed for hundreds of thousands of years, is not the truth. And, perhaps I err when I say you will never be happy, but you most certainly will never be in joy or bliss.

There is a point at which one departs from that belief system or that engagement in a vibratory rate that is not uplifting and aligned with truth, with the Law, with the love. And it is only then that the sublime joy enters. Does this clarify for you?

SB: Yes, it does. I know St. Francis has a wonderful sense of humor. And I'm going to say I think he made up for his earlier life in his life of asceticism as Mahatma Gandhi.

SK: But I can make a joke as well. And say; Was this one not extremist from one end to the other?

SB: Oh, yes indeed. And, I'm sure he had other lives that illustrate that as well.

SK: Yes, he has. (Laughter)

SB: What a task we have ahead of us. Because, you know, the people of Earth, I believe, are yearning for freedom. They're yearning to be free of all chains and encumbrances and constraints and injunctions and all that. I mean they've led lives ... some people have said ... as slaves. Some people have called this a prison planet.

So they are going to burst out of their chains. And then we're going to turn around to them and say, "Well, now you need to learn about Universal Law." And I think many people will say, "Well, sorry, I'm on vacation," or "Sorry, I just got here and I don't want to go back," into what they might conceive of as a jail. Can you speak to that, please?

SK: Yes, and I will speak of it in several ways. First of all, Universal Law – I have had it called many things; jail is not one of them.

(Laughter)

But if you wish to think of Universal Law in this way, then Universal Law is the pick, the chisel, the key. It is not something to constrain you, but rather to free you, to open that cell and show you.

So let us use this example. If you are in jail, literally or otherwise, and you begin to use Universal Law – and you invoke the law of free will, the law of intent, the law of instantaneous transmission, the law of dispensation – what you do is you begin to call in an energy whereby the cell door opens; where you think of even human – but certainly divine justice comes and unlocks the cell.

Now, let me back up a little bit, because I am committed to truly making you understand. I hope I will; I know I will. Far too many human beings – as you say - are yearning for freedom. They believe that they are restricted, constrained, chained; there is a whole list of ways in which to describe it.

But let us start with the truth. And, the truth is: You are free. You have always been free. You came free – even those who have been enslaved, even those that are currently enslaved, in prisoner camps, etc., in jail. You, your essential self, is free.

Now, partner that with the, not the belief, but the fact – immutable – that you are creator; that you have brought the fullness of your soul design into this tiny little body (because it is small). And in that you have everything you need. So it is like a puzzle. You are in the jail: the file, the key, the hammer, the pliers, they're all stuck in your mattress and you don't know they're there. But if you lie on that mattress to meditate and say to me, "Raj, could you help me out here?" you would immediately feel all the lumps sticking in your back and your backside, because the tools are there.

You are not imprisoned. You only believe [you are], and it is false. And this falsehood has been so deeply ingrained and believed that you don't even try and leave the compound. But it is not real.

You say to me, "But Raj, it is real. I don't have enough money to go and explore. My job is to save all the animals; I do not have the money to buy the land in which to keep the animals."

And so I would say to you, "My beloved friends, are you invoking the laws of within and without, above and below?" There is no shortage of what you think of as resources, cold hard cash. We don't use that currency (but you may think of it that way) in our realm. There is only abundance.

When you start to invoke this law of what is above is within me: "It is in my bones. It is coming to me. I am attracting it. I'm invoking the law of attraction and repulsion. So I am pulling it into my being, into my sphere, into my life."

Then, you think outside of you. Well, there are many, many resources, abundance upon your planet. You say, "Yes, but I don't have any." But are you pulling it? Are you declaring – not stealing – but accessing and pulling it to you? That you have, not to the detriment of another, because don't forget, there is only abundance. This planet was created with infinite abundance; that is what is being restored.

But when you come from a place of belief in scarcity, then that is exactly what you get. If you are believing and practicing the law of flow and abundance, that is what you get. You see this every single day. Whether it is finding a dime on the street or a stranger giving you a dollar, it matters not.

But when you sit and you feel the shackles on your ankles and on your wrists and you say, "I am trapped. I do not have any power," then you have created [it] – a powerful creation, a self-fulfilling prophecy. But when you refuse, when you exercise your power of "No," not just "Yes," and you say, "No, that is not in alignment either with my free will and choice and it certainly is not in alignment with the Mother's Will."

If you are born, if you have come into this incarnation to live in poverty (I am being practical here), then within your heart – not within your ego or your psyche, but within your heart – you don't have the desire to go and create millions. There is a knowing within you that you have come to this lifetime to allow others to express generosity and sharing. So you don't have the same drive.

Now, if you are in dire poverty and you think, "This is not what I agreed to," then you do have that desire. You aren't listening to what your heart is telling you, not about us, but about you. I am not going anywhere; I am in sacred partnership with you, collectively and individually, and what that means is I am here to help.

It's very simple, but it begins with you knowing you are already free. You always have been. So let that illusion, that old illusion of control – because it is an exercise in control that you feel imprisoned – let it go.

You have that saying that the emperor is wearing no clothes. Well, not only is he not wearing any clothes, dear heart, he has no substance! That God control that has been worshipped – that erroneous power figure – it does not exist. Let it go.

SB: The last question I have on the subject is: I can hear some folks saying, "Oh, this is so complicated. I need a Ph.D. to understand the Universal Laws, figure out all these laws. I don't have the time or the wits for it." What would you say to them?

SK: What I would say to you, even though we have given you a body of thirteen very simple laws, think of it in very practical terms. You do not need a Ph.D. or anything else. What you need is your heart because that is where love lives. That is where truth lives. ...

So you go through this very simple process when you are trying to create: "Is this in alignment with who I am, my sacred purpose? Is this what I really want? Is this for my highest good?" The answer is yes, you proceed, and you invoke the law of sacred purpose. If the law is not fitting, if the answer is no, then you simply set it aside. It is not memorizing ancient texts. It is not learning new rituals. It is very, very practical.

"I feel that I need a new pair of shoes. Oh, wait a minute, the angels go barefoot. Am I intended to go barefoot? No, because there is too much dirt and pollution upon the beloved face of Gaia. And besides which, my feet hurt." So you think of this and you say, "Okay, then can I have the shoes from the enormous warehouse of shoes on this planet? Can I pull from what's out there, the without, to me, to the within?" Outside your field, inside your field – without is outside of you, within is inside your field. "Can I pull, very practically, a pair of shoes to me? Can someone help me with this – either the money, the fit or the wherewithal?"

"I want my loving partner. And I know that my love, my twin, in most cases is above; can you please help me in the below? I am sitting here dying on the vine. I want someone to talk to, to love, to share, to grow, to be with. Can you send somebody?" Then, when they show up, don't pretend that you never asked or that you have nothing to learn from this person, or that you're suspicious because it came out of thin air.

You have sayings that have been in your various languages all your life. These are simply reflections of balance, of attraction, repulsion, change. Right now your planet is going through such change. If you ignored all the Laws and said “I am working with the law of change; just help me to change into who I am, to change what doesn’t work and to bring in what does.” That’s all the law of change is: It’s realizing that everything, every breath in, every breath out, is change. It is as simple as the seasons, as the sun coming up and going down, as the moon coming up and the moon going down.

Why do you think this is complex? It is the pattern of the Mother and it is already within you. So it is not hard. So how about, sweet Gaians, if you just work with the law of change? ...

SB: Thank you ever so much for coming to us today and giving us another insight into this most important topic of the Universal Law.

SK: Oh, it is my pleasure, and I am not about to give up. Go with my love. Farewell.

Channeled by Linda Dillon

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## Sanat Kumara on Abundance



(“Transcript: Heavenly Blessings ~ Sanat Kumara on Abundance, Aired July 29, 2014,” at <http://goldenageofgaia.com/2014/08/30/heavenly-blessings-sanat-kumara-on-abundance-aired-july-29-2014/>.)

Suzanne Maresca: Good morning and welcome to another offering of Heavenly Blessings with Linda Dillon, channel for the Council of Love and author of *The New You, Emerging into the Brilliance of Humanity’s Heart Consciousness* and myself, Suzanne Maresca.

Today we welcome Sanat Kumara back to the show for the first time since our Universal Laws series last year.

The discussion was to include how Universal Law applies to Abundance and I am looking forward to whoever shows up because we might have a surprise today.

The Abundance feels as though this is the one issue that is catching a great deal of our attention these days and it hasn't been so easy to keep up the faith when we allow worries to take up so much space in our thoughts and it seems like the world is exploding.

Sanat Kumara: Greetings, I am Sanat Kumara.

SM: Welcome.

SK: Yes, I bow to the Mother and I stand with Gabrielle and I thank you, my beloved friends, for inviting all of us this day as you always do, you know. Yes, you may give me or St Germaine or Archangel Michael the opportunity to speak, but know, particularly, there are instances when we speak as One.

Do we have slightly different perspectives, different ways of expressing? Yes. But the kernel is Truth. The kernel is Love. The seed is Love.

And, yes, I have come this day and asked, requested, not merely to review the Universal Laws, which I am so happy to share with you, but also to take you by the hand, to put my arm around your shoulder, not merely as Planetary Logos but as brother and friend and guide. Yes, and guide you and lead you to a different place, a different place of existence, a different octave, a different way of Being, a different way of perceiving.

When I have shared with you, my beloved family, the Universal Laws, straightforward and simple, my purpose is to share with you how things work, the mechanics, not merely for Earth, but that is our concern at the moment is it not? It is how do you operate, how does Love behave and create in this planetary sector?

So, I share with you the Laws of Sacred Purpose, of Change, of Unification, of Dispensation, of Elimination, of Give/ Receive/ Intend, all of this, not because I wish to be the instructor but because – yes, as Logos – but as friend, as brother, I want you and I need you, in our sacred union and in our partnership, I need you to understand, to implement, to use these Laws and to begin the creations of your life, of your journey, of your Being and yes, of Abundance.

You have asked, dear Suzanne, how to discreate? And previously we would not have had such a creation discussion, but that is the purpose of the Law of Attraction and Repulsion, of Give and Receive, of Transmutation, of Transmission, of Dispensation, of Elimination.

I, like all who are coming to you at this time, I speak to all the people of Gaia. You are thinking of abundance in terms of drawing in, but that is only one portion of it because to be in balance, when you bring in, there is also a release; otherwise you are going to tip over...not really because you are infinitely able to hold far more energy than you are even dreaming or conceiving of.

But there is too much - yes even for me - discussion about the clearing, about the letting go, about the dispelling, the elimination. And on the creation side, which is why we started to have this discussion about the Creation Formula and the Universal Laws in the first place, there is not enough discussion. There is not enough action about the 'bringing in'.

Now you say to me, "SK, Raj, brother, I am asking every day to bring things in." That is all very well and good and there are our Legions – quite literally – ready to assist you, in addition to your guides and circle, to bring things in. But we are also in a time, your time and our time, of Sacred Union, of the Mother's Tsunami, of the imbuing of Grace, of all the Divine qualities and attributes.



So it also means that you are pulling in. So, not merely are you asking to receive - and this is what I wish to speak to you of - you are forgetting the action piece of Creation.

You – yes in partnership but that is what partnership means, we do not do it all – you are the servants of the Mother, the strongest of the strong, masters, how many times do we need to say this? You came to Earth in your mastery and you say to me, “Well, SK, I sure don’t feel it.” Well, nevertheless this is the truth, the stand alone truth: You are the masters.

Look at what you are creating. Now I am asking you, each of you, pleading with you, are you collecting daily, the codes of what you wish to bring forth, what you wish to create, in accordance with the Divine Laws, in accordance with the Divine qualities, in accordance with dimensional reality? Not the old Third because the old Third will get you nowhere. It is an illusion, so the more attention you pay to the illusion [the more] you are living there.

So you say, “Dear Heart, it is hard for us to ignore when people are being shot down, starving, raped, pillaged, when institutions are taking away our freedom.” But that is not the truth. It will kill you if you continue to live in that old reality. It will kill you mentally, emotionally, spiritually and physically – you cannot do it, you cannot live, thrive, build, create in a non-existent reality that the Mother is banishing from the Universe.

You have spoken of discreation. Well, the fundamental discreation that is taking place is the discreation of the old Third. We keep saying it is but vapours. There is nowhere for you to anchor. You may send the energy but do not live there and you most certainly do not create there. So you say to me, “Well then Raj where do I create?” Start – and not tomorrow, not an hour from now – start right now with me creating in your heart, in your room, in your car, in your office, wherever you are in this instance. Let us start and never stop.

I am not saying that you do not have time out for play, for laughter, for sleep, yes for what we call staring at the wall. These are important pieces of creation. But start! It was not an intellectual exercise for me to explain and to share and to give you and ignite within you the Universal Laws, the understanding of how things truly work.

So you say to me, “Well then, if this is how things truly work, if Universal Law is simply an expression and explanation of how Divine Love behaves and manifest, how do I begin?”

And that is what I wish to review with you. In our reality, time has always had a different meaning. Our time lines at this juncture are in alignment. Our energy is in alignment. Our grids, our intentions, the Divine Plan, it is all in alignment so that is why I am here this day. That is why the Mother is flooding you even as I am speaking to you.

How you begin is being in your grateful heart. You say, “I don’t have anything to be grateful for. I’m sick, I’m tired, I’m broke.” Then be grateful that you are breathing. Be grateful that you know that you are in a situation that must change. Look outside your window and be grateful for the sky, the air, the grass, the trees, the cement.

Start with me by anchoring in your grateful heart. In your heart, not the heart, not the heart of One, but your Sacred Heart that is an infinite, eternal vessel of Love.

Now while you have become magnificent at bilocation, I am asking you, for this exercise, not to be in two or twenty places at once. Be fully present with me in your infinite, loving, grateful heart so that you cannot be in that place of lack and limitation, hatred and greed.

So anchor, my Beloved, with me. Your intentions are for Ascension, which is throwing the door, the portal, wide open, not only interdimensionally but to the opening of all your talents and abilities. So let the intention be, for this moment, your Ascension. Forget humanity. Let us focus on you because you are the mirror. You are the mirror of each other and you are the mirror of the Mother.

Now, what do you wish to create? What I am asking is to take your focus away, just this day, just this week, just this month, during this transition phase, take it away from what you are thinking as repair work.

It is not that it does not need to be done, but rather than looking back at the old Third and saying, “What I am creating is peace on Earth,” bring in the abundance of the new, not just repairing the old but what is true peace, Nova Earth, where all are fed, all are clothed, all are welcome, where there is community like there is at home, on Venus. Where there is only the expression of Love.

Decide with me right now that that is what you are going to bring into you. Now as you do that, it pushes out the old. So bring in the abundance of whatever you choose: humility, compassion, peace, Love, do it. Put your hands, your arms out. Feel the coolness. The air is filled with what you think of as creation codes. It does not matter if you are sitting in a closet, a car, an auditorium.

The air is filled and your wonderful magnetic hands, your Violet Flame hands have the capacity to simply gather the abundance of these codes.

So throw open your arms, my beloved friends, and bring in the abundance of what you desire of these codes and bring them in directly through that portal of your heart, bring it in right now.

And understand as you do this, as you bring forth and in an abundance of awe, of joy, of compassion or charity – as you do that, what does it experience interdimensionally?

What does it experience, what does it manifest as in terms of the tangible, of a physical expression that you can maintain form with? It is everything you want.

So I am not saying do not collect the codes for a new car, or a new sofa, or a new house, or financial abundance, what I am saying is bring forth the Laws and the qualities that allow those things to manifest. So you have said today, “How long do we have to wait?” What I am saying to you, each of you, you Wayshowers, Gatekeepers, Pillars, beloved Angels, Masters, how long do we have to wait? I say not one more minute.

This alignment is not a figment of imagination. It is as tangible and real as your physical form. So let us proceed.

Now, Suzanne, I know you have a million questions.

SM: I don't really have a million questions. You've answered a lot of them. I would love to see our work from your perceptive because down here on the surface, the faith and the trust, and everything.... you know, my entire life is built around things that can't be proven and can't be seen at this time.

What you've been telling us and what we've been getting from the Council of Love in general is how to use the things that are already available. So what I'm hearing you say is that it's all available right now – we just need to do these exercises, trust and believe and know that it's there.

I thought for the longest time that if we had our super powers we could do so much more for humanity and help the shift, and what I hear you saying is that we already have them. We just need to open our perceptions that they're actually here and available now.

SK: That is correct. You are activating them and we are helping you activate them. So often you will have a perception, an insight, an inspiration, you will actually see something and this is part of the difficulty with the patterning of the old Third. You actually see things and then, almost before you consciously acknowledge them, you dismiss them.

SM: Well, what that makes me think of was a vision I had a couple of weeks ago. In the work that I'm doing as a conduit for Divine energy to come down, go into the Earth and out to humanity, it's a matter of stepping down, transforming it into a palatable form for others and I really have no idea what that energy is used for.

But then I wonder if this is actually the transforming of human carbon-based form into the new crystalline form. We just have these expectations about what things will look like, but I'm just feeling as though I'm doing what a crystal does. Is that the transformation into crystalline? Even though I still have this flesh and blood body?

SK: Yes, of course you have a flesh and blood body, because you are maintaining a physical form. Will it transmute, appear younger, healthier, stronger? Yes. Because when you look at yourself in the mirror do you say, "Oh look! There I am, a carbon-based being?" Of course not!

You look at yourself and you see the magnificence of your beauty. Then something even more important: You have had the realisation – and I speak to you, but I speak to many – of who you are and what you are really doing. You are a beacon, an anchor, a transmitter.

Now you can say that, "Oh isn't everybody?" Like you can say to the channel, "Well, is not everybody a teacher, a healer or a channel?" There are variations. There are millions, billions of variations on the theme and not one of you is doing exactly the same thing. But you have glimpsed who you truly are.

Now that transmitter isn't the same Being that thinks about going shopping but what I am saying to you is that they are the same. So it is also what St Germaine has been suggesting to you. **It is** this period right now of the unification, not only a unification of above and below but a unification of you. And how do you do that? You do that by pulling in and realizing more and more. When you are pulling in what you wish to create, you are also anchoring and activating more and more and more, in physical reality, of who you are.

So you are doing magnificent work. I know your frustration. I don't want you to know ours. So we know your frustrations and that is why I have returned with this very simple lesson.

The thing that has happened with humanity, with your societies, besides from a few isolated tribes, is that you have made your understanding of this planet and the Universe very complex. That it is beyond understanding, let alone what we would call manifestation or manipulation of codes.

And in fact it is not complex. Is it magnificent? Is it startlingly beautiful? Sparkling radiant? Yes! Look to the animals, kingdoms. They know the wonder of the Plan, their place within the Plan. They live the Plan and they do not make it overly complicated.

That is why we have given you the simplest formula. Not because we underestimate you but because we know you are brilliant enough to comprehend the simplicity, the Divine simplicity and intricacy of the Mother's plan.

And let me be very clear: War, bankruptcy, poverty, hunger, none of these are of the Mother's Plan. Yes, continue, by all means, to use the torch of our beloved St Germaine, but can I ask you, please, to start bringing in the abundance of what you want to be, rather than simply thinking of what you don't want. It is that simple.

SM: So I can think of a restructuring of government and disbanding things like the IRS and a.. you know.....

SK: No!

SM: No?

SK: No. Think of it this way ...thank you for bringing that up because many would misunderstand what I have just said... it does include all of what you have said but what you are truly bringing in is the beauty, the Love, the truth of community of Nova Earth, where we have a planet that is of a frequency of harmony that does not permit, it does not literally energetically support all of those things that you wish to eliminate.

SM: So the rest will just fall into place when we do our work?

SK: It is already falling into place, just as it is falling into place for you to see who you truly are.

SM: Right. So I guess the question is, "It seems there is a very small fraction of humanity that listens to the shows or understands Light and energy work and all that sort of thing. Are there enough of us to really do this?"

SK: Yes. Don't forget you are in sacred partnership with us.

SM: Yes, indeed.

SK: And you are mighty Masters but let us also say this. There are enough of you – you have to know that, not just hope and pray but hold the knowing. Yes, it does include trust and faith and hope.

So if you are feeling that there is in any way a lack, then bring that in. And if you say, “Well, I don’t know about creation codes, I don’t know how to do that,” well, then throw open your arms as if you are a thanksgiving cornucopia and let us fill you. And when you feel that you have collected the biggest bouquet of flowers in existence then bring it in to your heart. You do know how to do this.

SM: Yes. Well thank you for coming to guide us and remind us of what we can do.

SK: I have only begun to remind you what you can do, what you are capable of as co-creators of Nova Earth, as our partners, as our family. So you do not do this alone.

SM: Indeed.

SK: Go with my Love, dear heart. Go with my blessings and go with my Abundance.

SM: Thank you so much.

SK: Farewell.

SM: Farewell.

Channeled by Linda Dillon July 29, 2014

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# Archangel Michael on the Use of the Universal Laws

October 31, 2017



(From Archangel Michael in a personal reading with Steve Beckow through Linda Dillon, Oct. 18, 2017.)

Steve Beckow: Is my invocation of universal law having an effect? Am I doing well in that area?

Archangel Michael: No, dear heart. It is a waste of time! (Laughing)

Steve: Thank you very much! Goodbye!

AAM: It is good, it is right, it is just, it is balanced that you asked this very question and let us be clear with thee. Is this a sacred undertaking? It is not just a ritual, it is not just an application, and it is not just an invocation.

It is the embodiment (and this is where you are going) of the laws collectively and individually that you are working with. You have come to understand the magnitude and scope of truly embracing these laws and bringing them to the forefront.

In some ways, and we know the difficulty - we don't fully experience but we know and understand the difficulty - of being in a human form and your spiritual quest that you have been on has been profound.

There are moments when you invoke the law or when you talk to others about the law, you think, "this formula, this mechanism, this adherence to the law; perhaps it is too simple. Perhaps it is too complex."

It is neither. It is the explanation, not only the definition, not only the rule, but the explanation - yes, perhaps in its simplest form; that matters not. We tend to admire “straightforward.” It is given to you so that there is finally that voice screaming in the darkness at night that we hear far too often.

This is how it works. And, beloved one, it does work. When you are invoking the law - and I say this in the way of commending thee - you are absolutely on track. You are invoking the law but what you are doing - because you have reached this point - is not simply, “I invoke the law of change,” etc.

You invoke it and you are pulling it down and you are allowing it to enter into the tapestry within and the tapestry without, even into your all of your physical, etc., bodies. It is as if you are wearing that shroud.

So you are proceeding to be the embodiment and this has been part of your journey and is part of your journey and part of the conundrum: It is not the law in and of itself that presents the confusion, nor the lack of clarity. It is the how to. “Am I doing it and am I doing it in the fullness?”

Now I can tell you and reassure you that you are doing it correctly, but that the sense of truly being in alignment and utilizing the laws will grow and this is part of what you are doing. You’ve often asked about conjoint efforts, undertakings, joint missions with Kathleen and this [promoting use of the universal laws] most certainly is one of them.

Steve: And when you say “this,” could I just ask you to be very clear... “This”

AAM: This, the embodiment, the translation, the teaching, the sharing of universal laws.

# Sanat Kumara: You're Ready to Build Societies in Adherence with the Law

April 22, 2013



*Sanat Kumara incarnated as Quetzlcoatl*

(“Sanat Kumara: You're Ready to Build Societies in Adherence with the Law” at <http://goldenageofgaia.com/2013/04/23/sanat-kumara-youre-ready-to-build-societies-in-adherence-with-the-law/>.)

Steve Beckow: Sanat Kumara is known to all of Earth's civilizations and has intervened at critical periods to send us in new directions. Welcome, Raj.

Raj: And welcome to you on this magnificent day. Welcome to all of you during this time of celebration of Gaia.

SB: Archangel Michael suggested that a discussion of the Universal Law would be a good opening to a discussion of vasanās [core issues] and the constructed self. Can you tell us, what is the object of the Universal Laws? What work do they do?

Raj: Yes, it is my pleasure. And you may call me SK or Raj, or you may call me friend or brother, but I am simply pleased to be called on this day. And it is very fitting that we are having this conversation, for Universal Law is applicable, just as you have said.

It is the framework upon which you come to understand how things work. It is part of the universal grid. It is part of the understandings of how things happen or don't happen, and the align-



ments that one can gain in terms of your own process of Ascension and return to the source of One.

So it is the framework upon which creation, what you have called the Divine Qualities, everything hangs. So it is the grid upon which you come to understand how things work.

It is peculiar, is it not, that you have, as a human collective of all breeds, such an obsession with this word “law”? You have judicial law. You have laws of mathematics, quantum physics. But you do not have, and you have not aligned fully or completely with, Universal Law.

And yet it is the starting point and it is the finishing point. And when you are in alignment with Universal Law, you come to a place of understanding of how to position yourself, particularly within time and space, how your actions, or inactions, or sense of being, can be measured and reflected.

It is the guidelines — well, it is stronger than guidelines — it is the law laid down by the Mother/Father One for adherence to the Divine Qualities. So you have been having a very rich and meaningful discussion, which I have participated in gladly, about Divine Qualities and how they work.

But if you want to know the how-to, and that is how you get to some of your vasanas or issues or blockages, however you choose to describe these, you reflect upon the Universal Law and what is not in alignment.

So often you say to me, “Well, Raj, I have been working on something, but it does not seem to click for me. It does not produce the results.” So what I would refer you back to is this codification, this grid, this framework upon which everything hangs.

All of the Universal Laws that I speak of are interconnected. So it is not a matter of simply working or understanding one individual law. That is not sufficient.

One of the reasons that we are having this wonderful conversation — and I am so glad that you have invited me to do this — is that you are at a point in your transition, your Ascension, your evolution, collectively and individually, in tandem with the kingdoms and with Gaia, that you are ready to more fully embrace and understand, and build societies, a planet, that is in adherence and alignment with the law.

Why do we have Universal Law? It is the rules. It is the rules of how things work, and they do not change.

So one of the issues that you are working with is you are in an environment, a situation, of constant change, whether you acknowledge it or realize it or not. And so when you refer to the law, you have a framework within which to work with that constant change, and to go to the place of balance.

The purpose of the law, the foundation of the law, is balance. It is to assist you, to guide you — and all beings — to the place of balance. So that is the reason for Universal Law.

When we said to the Mother, and the Mother said to many, “How will the beings, not only on Earth, not only upon this beloved jewel, Gaia, how will they understand how to construct, how to proceed?” it was the understanding of the law, of how things work. Just like your scientific or natural law.

Now, you do not go about every single day thinking, or feeling, “Am I in alignment with the law?” whether it is human law or natural law. It is the way of being.

Now, many of the human laws that have evolved are not at all in alignment with Universal Law. And that is where things have gone awry and where false grids and paradigms have grown up, and have actually assumed the illusion of solidity.

But they do not have a reference point in the heart of One. And then people become disenchanted, disillusioned, disappointed, because they think they are adhering to law, and it is not having the results of creation that they desire. But it is because they have not taken the time. This is not a criticism. Now is the time to understand this body of law. So the law as it exists, to answer your question, to assist you and many far beyond Gaia to understand how things work, is actually very simple.

SB: Could I intervene at this point, Raj?

R: Yes, of course you may. You know I tend to go on and on.

SB: I tend to listen on and on. And from time to time I say, well, maybe I should ask a question, but I’m just so fascinated listening to you.

We’re on a journey from God to God, and I get the sense that the Universal Laws are what keep us moving in the direction we’re destined to go. But at the same time, it isn’t as if you can go to the corner store and buy a pocketbook on the Universal Law.

There’s very little dependable literature out on the Universal Law. So here we are. It’s so important to us and it’s one of the matters we have so little literature on. What can you say about the quandary that we face?

R: I recognize the quandary. And you will also be glad to know that I certainly have been prodding and working with the channel to write all these laws down and to expand on them through channeling, so that there is more of what you think of as tangible material, so that there can be that level of interaction and understanding.

But if you go into your heart consciousness, and this is the compass that you have all been given and that is reset within you, and was reset, by the way, in December [2012]. It is a very simple question: Does this situation, does this action, does this feeling, does this behavior, does this situation, feel that it is in alignment with Love and with One?

Does it feel within me, within my heart knowingness, that it is in the balance and that it is not only slowly moving me along — and there are many who have chosen a very slow path; so I do not say that in judgment — but does this jettison me - because you are in a time of rapid change -

does this align with the Love that I know within me, that is my divine essence spark, does it align with the Love of the Mother, does it feel like Love?

And you say to me, “Well, Raj, how do I know what love feels like?” And that would be a silly question, because there is not one human being — and certainly none of the kingdoms — who does not know, when they are completely honest with themselves, what love feels like.

Now, often there are excuses. And I speak very frankly. Now excuses are fine. But they coerce you in many ways to be very honest with yourself. So when you are making an excuse — and this is where vasanās come in — you know that you are working a program that is really not in alignment with the truth of your universal selves. And it doesn’t serve you in that returning home to One.

Some of you, my beloved friends, have chosen a very lengthy return to the heart of One. It is as if you have chosen in many ways to make a grand circuit, a grand tour, prior to the return. Others of you have chosen a very direct route. Both are correct. But let us refer, now, to one of the laws that I have just begun speaking of, and it is the Law of Completion and Continuity.

So you say to me, “Well, Raj, what does that mean?” Let us put it in very simple terms, because we do not wish these laws to be complex or misunderstood. The Law of Completion and Continuity, in your language, would mean that everything has a beginning and an end, and at the end there is always, always, another beginning. That is the law.

So when you have chosen your grand circuit or your direct route, you have known, in adherence to the law, that you have begun a journey. And that journey is always the same, my beloved friends. It is the journey back to One. It is the journey back to the Love.

SB: You’ve used different words to say — it seems to me — the same thing. For instance, you say the law’s all about balance. Now, balance is the still point; the still point is the heart. And on other occasions you’ve said go into your heart, and other occasions you’ve said... you’ve talked about love, which St. Paul would call that the fulfillment of the law. And then you talk about the return to the One.

Since the One is found through the heart, is the law all about a return to the heart?

R: Yes and no. It is the guidebook about the return to the heart, and the guidebook, or the direction, that we offer you is the same for those upon Gaia as it is in the Pleiadian sector, or Arcturus, or Andromeda, or CCC. So it is the same, throughout. And that is the glue factor, as well, in terms of the unity and the love.

Now, is the law imprinted within that heart consciousness and love? Yes. So when I speak of a specific law, you will have, immediately, that heart knowing: “Oh, yes, I know that. That makes sense.”

SB: Archangel Michael actually said that Universal Law is the framework on which everything hangs, not only the bumper rails, but the skating rink itself. Can you expand on what it is he was wishing us to know by those comments, please?

R: Yes, because you have questioned my dear friend, Michael, about this issue of Universal Law simply being the guardrails so that you do not go off the supernova highway. And he has corrected you in making sure that you understand that is not simply the guardrails; it is the entirety.

So when you are operating, when you are breathing, when you are acting, when you are feeling, when you are processing, when you are praying, when you are creating, you are operating on that framework, on that tapestry, on that grid of Universal Law.

You cannot absent yourself from this framework. It is not possible. And the Universal Laws that I speak to you of, today and in the future, is not simply Universal Law that is applicable to the humans. It is the Universal Law that we all adhere to. And that is where you are headed. That is your inter-dimensional shift. It is that heart knowing, love alignment with the law.

SB: You see, the difficulty we have, Raj, with what you're saying. And that's that Earthly laws proscribe behavior. Earthly laws say, "You mustn't do this. And if you do this, this is what will happen to you."

And so we encounter Universal Law, and it is not just the bumper rails, but it is the skating rink itself. I don't think we're used to thinking of a law as being more than a proscription of behavior, but the Universal Law is more than a proscription of behavior, is it not?

R: Oh, yes. And in fact if you think of the laws — well, a portion of the laws, of human reality; think of your legal jurisprudence system; as I have said, you are not necessarily thinking, in each of your actions, "Am I behaving within the confines or the prescriptive definitions of behavior that are acceptable in this country that has laid down these laws?"

You don't really think about it, unless you are breaking the laws. Now, the difference is that human law is based on punishment and control. So they have no real divine essence, do they? And one could argue — and I can hear you already — saying, yes, but the underpinning of that is order and love and not taking advantage of some people. But that is not the nature of Universal Law.

One of your primary drives, as spiritual, human, emotional, mental beings, is to find out how things work and, "How do I get home?" So think of this. You have a system.... Actually, for the grid of humanity at this time, there are specifically about 13 Universal Laws that you are working with. And I have mentioned one today — continuity and completion; completion and continuity.

But these are all inter-connected. So they form a grid, a skating rink, upon which you move. And as you work with one law, your heart opens more fully in terms of divine alignment and knowing, and then it leads you to the next law and the next law. But your actions become referred reference points to the law rather than some constructed reality or self, or some false grid or vasana.

So what the law does, when you truly engage with the Universal Law, is that it removes the illusion upon which so much of human experience has been based. So that is why it is so important — critical! — at this time, why I am stepping forward and saying, "All right, my beloved

friends, it is time for you, each of you, to more fully understand the law." And I am happy — I am thrilled — to be able to act, can I say, as your tutor, as your guide.

SB: Thank you for that, Raj. And of course as you said, we are awakening at this time, going through a very rapid awakening process. And we're also preparing to build Nova Earth, or some of us are actually building Nova Earth. And so do tutor us.

What is most important for us to know about the Universal Law as we approach this awakening and this work?

R: Let us talk of a couple of these laws. Let us speak — because we have been discussing the nature of Universal Law.

Now what we will do is talk about one of the laws which is Purpose, Sacred Purpose. And as you are coming to address your Divine Qualities and your vasantas, it is important to know, and to connect with and understand, the Universal Law of Purpose. So let me explain.

Again, brief, succinct, and I will absolutely welcome your questions. Because it will feel very familiar to you.

All energy that emerges from the heart of One, in whatever form, has sacred purpose, expression, direction. And that is also connected to your completion and continuity.

Now, the sacred purpose law is the understanding in the universal sense that the purpose of all existence is to love, to be of joy, and to find your way back home.

But in that, and within that - and there are many clauses to this law — is what is your sacred purpose? How does your purpose — and you and I, my friend, and particularly you and Michael have had this conversation, about alignment of purpose — how does your purpose, your expression, in this lifetime, as a fragment of your broader journey align with the Law of Love?

Do you understand what I am saying?

SB: Yes, I do, Raj. Please continue.

R: So that is the starting point of understanding this journey. What is my sacred purpose?

Then there is the Law of Intent. And it is aligning your entire being, all realms, all dimensions, all realities, all experience, all thought, all emotion, with the intent. It is the power of intent. And the Mother's intent is that you know and experience love, and return home.

That is the Law of Intent. How does it translate into your world, into your experience, in building Nova Earth? So if I may use you as an example, your sacred purpose is very closely aligned with the Divine Mother and Archangel Michael.

SB: Yes.

R: And it is to be a communicator of truth and to assist the collective in their awakening, in their understanding of who they are, what their potential is, and to be a vessel of communication...

SB: Yes.

R: ...for this side, for the Company of Heaven, for your star brothers and sisters and for humanity. So your sacred purpose is a communicator and a conduit.

SB: Yes, I understand.

R: So the Law of Intent as it applies to you in that purpose is how do you fulfill that sacred purpose with intention that is clearly aligned with your sacred purpose? If you, for example, — and this is not you, and so I use a far-out example — if you choose, in that free-will zone, and the law, the framework of the law is to help you align rather than to make choices that take you away from love, it is very aligned with Geoffrey's Greenprint for Life, his life path. There are many ways of getting active.

But if your intention is "Alright, I am well positioned to be a communicator. I know my sacred purpose" - but then you say "What I am going to do is to control the flow of information. I am going to allow disinformation. I am going to ignore what I know to be true. I am going to not work as fully as I might" — and work has need to be always in balance; that is the reference point, that is the still point.

But if your intention is not in alignment with your sacred purpose, then you are not in alignment with the law.

So every intention — big, small, and in between — the intention to live a life of purity, of grace is reflected into action. It is reflected into the qualities of kindness and truth-speaking and sharing and tenderness and mercy, cooperation and compassion.

So if your intention, then, does not translate into the practicality not only of your actions, but your feelings and your thoughts — because there are many, many on Earth who, for example, will do what appears to be 'the right thing,' but they do it because they want to appear to be kind or generous or thoughtful or sincere, but the intent is not there.

What they are doing is they are working from an ego place, or they are taking an action because they think they have to, but in fact they are angry — what is your expression, 'mad as hell'?

SB: Yes.

R: So that intention just went awry, did it not?

SB: Yes.

R: Or I am doing it because I am afraid if I don't do it I am going to get in trouble, either in trouble with the law, with my wife, with my husband, with my children, with my neighbor or with god.

Well, that is not good enough. That is not the alignment with the law. You cannot think, “Well, I will do this so I will be in alignment, but I really think this is a bunch of hogwash.” No.

Everything, all parts of you — and that is why you come to this stillpoint of your heart and your knowing — have to be in alignment. Now, do we force it? Are there punitive ramifications if you do not adhere to the law?

Well, the punitive ramification — and you have seen many — is that life doesn’t work. It is not joyful. It is not loving. It is not sustainable. It is not rewarding. It does not feel good. And you see this every day on the streets of every country. You see this in the quiet of homes where people [are isolated] in desperation.

So the ramifications aren’t what comes from on high. The concept of punishment, of judgment, is a human construct, not a divine one. But are there ramifications? Yes, because what you are doing individually and collectively is hurting yourself, making yourself miserable.

Now, I know, as I say this as your tutor, there are some of you who are listening this night who are saying, “Well, that’s terrible. He’s putting it all on us!”

No, my beloved friends. I am not putting it all on you. What I am saying is there is a body of understanding that if you adhere to you will fly free. So it is part of the collective education and evolution, because you have decided to come as one — even those who are in the, shall we say, undecided group.

So this is the Law of Intent. Am I clear on that?

SB: Yes, indeed. Can you distinguish the difference, if there is any, between the Divine Qualities and the Universal Law?

R: The Universal Law. Think of it as the framework which, if adhered to and followed, allows the Divine Qualities to thrive. They are completely interconnected.

So think of it as the structure. The law is the steel girders, the two-by-fours, the foundation, and the qualities are the covering and the innards of the building.

SB: Okay. That’s helpful.

R: So you cannot separate them. Because when you are in the purity of adherence to the law, then you are practicing, you are living the law and the Divine Qualities. So you cannot separate these out. If you have one, you have the other.

But it is an understanding, and you are hungry — not simply you, dear heart, but all of you — you are hungry for more information. How do we construct Nova Earth in a way that truly is different?

So if you say, “Well, if we all practice the Divine Qualities, then we will be there,” and to this I say, yes, you will be, but if you want to understand how it works, how those Divine Qualities reflect to the framework laid out by the Mother/Father One, then this is how.

SB: Can you tell us any good, acceptable sources on the Universal Law? What about the Law of One by Ra?

R: The Law of One, the law of love yourself and love your neighbor.... We are not talking about Biblical truth here. The Law of the Divine Qualities. There are many — four agreements, five agreements. Anything that is written by the Dalai Lama explains this journey and understanding.

So it is not that the information has not been out there. It is more that the human beings — and we do not mean the lightworkers, necessarily, at all — but the human beings have not been eager to adopt this blueprint as the blueprint upon which everything else is formulated.

SB: And these are just, in the end, thoughts in the mind of God, are they not?

R: It is the thoughts or the existence, that is correct. It is not what you think of as random thoughts. It is a construct of creation.

SB: Is it correct to say that they come only from the mind of God, or does the angelic realm play a role in the formulation.

R: No. The angelic realm does not play a role.

SB: So only God?

R: The angelic realm adheres to Universal Law. They may have different emphases and different laws that they look at because they are operating in a different sphere. And therefore they are, shall we say, blessed or visited with different thoughts from the Source, One. But no, these are laid down, given, shared, however you wish to conceive of this, directly from One.

SB: So the plan is for us all to return to — return home, as you've called it, through realizing our true identity as God, and the laws are there to equip us, to orient us, is that correct, in this journey?

R: To orient you? It is like what you say, so many of you in your vehicles have Mapquest or GPS. This is your universal GPS, dear heart.

SB: [chuckle] Uh-hunh.

R: There is a Law of Unification. And that is part of what you are working on in building Nova Earth. The unification is the deep understanding that all things, everywhere, throughout the omniverse, are unified as One. So as you are transversing and making your journey, you are also doing so through that interconnectedness not only to the heart and essence of One but to everything.

That is why this decision by the human collective to go forward as one in many ways, in my role as Planetary Logos, makes sense. Because it adheres to that Law of Unification. It is in a tacit and actually very active understanding that you are united, that one does not travel alone.



So while you think, or feel or know or believe, that you are on this journey back, you are also on this journey with everything. There is only one grid. That is the law. How else would you travel? You cannot be jumping from grid to grid to grid to grid.

Now, does it stretch? Are there times when you access a different portion of the grid by changing dimensions or going through wormholes, or black holes or white holes? Yes. But it is still one.

SB: But the grid, just by calling it a grid, you have distinguished it from, say, all or One or God.

R: The totality of the grid is God.

SB: Okay. That helps me. Thank you. I'm satisfied now.

R: That was a very important question.

SB: Thank you for answering that. How can we work with the Universal Laws?

R: Go to your still point. And simply call me. Practicing your Divine Qualities, and when you are practicing certain qualities, they more naturally align with different laws, with different thoughts, with different expressions, shall we say, of God, of One. But it is already within you.

So working with the law is being in your heart consciousness and being discerning, considering. You live in a world, and I distinguish myself, not the planet, but a world, that has become very busy. Now, it is not that you need to judge busy as good or bad; it is indifferent. But in that busyness, busy is a very good place for ego to live.

And in that busyness, and in the feeling of self-imposed struggle — because busyness is a form of struggle; it is not a sense of smoothness; it is self-imposed — you do not take time always to discern, is what I'm doing directing me to my core essence and to my Self, to my I Am presence and the I Am presence? It is as simple as that.

When you stop and ask the question, the guidance is already there. Because your beauty, your heart, your soul, however you conceive of that knowingness is divinely intelligent. It knows. And in the knowing, you can shift from busy to being, and being does not mean that you are not taking action and building Nova Earth. You are, and it is well under way, I am happy to say.

SB: What do you see happening, Raj, that you're most happy with?

R: We look forward to the human collective decision to adhere to the higher laws of love. That is another name for Universal Law. To adhere to the meaningful existence and the truth of who you are.

Now, this is already being expressed by so many of you. And trust me, that brings me incredible joy.

Do not underestimate how well you are doing.

SB: Thank you. It's been a wonderful talk with you. Thank you for joining us.

R: Go with my love. Farewell.

### **Footnotes**

- (1) "The Divine Mother Speaks of Change and the Constancy of Her Love for You," at <http://goldenageofgaia.com/2013/04/the-divine-mother-speaks-of-change-and-the-constancy-of-her-love-for-us/>

# Sanat Kumara Suggests Concrete Ways to Use Universal Laws in Our Daily Lives

Sept. 13, 2014



*Sanat is worshipped in Hinduism as Subramanya, represented here*

("Sanat Kumara Suggests Concrete Ways to use Universal Laws in Our Daily Lives...", Sept. 13, 2014, at <https://counciloflove.com/2014/09/sanat-kumara-suggests-concrete-ways-to-use-universal-laws-in-our-daily-lives/>.)

Suzanne Maresca: Good morning and welcome to another offering of *Heavenly Blessings* with Linda Dillon, channel for the Council of Love and author of *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness* and myself, Suzanne Maresca.

Sanat Kumara will be joining us today to offer an update on how we are doing in the unfoldment of the plan of Gaia. As Planetary Logos, he can offer a perspective beyond our human perceptions at this time, and I imagine in my optimistic heart that the Plan is flowing along beautifully.

Since our Raj has also served as primary guide for understanding the Universal Laws, he will also be discussing how we are adapting to really working with them.

So overall, in the midst of another intense gateway and full moon, and while balancing ourselves in two worlds at once, somehow we are managing to get through and maintain our compassionate and loving selves. It feels like the whole point for any of this Earth experience. I look forward to hearing how it all looks from a higher perspective. ...

Sanat Kumara: Greetings, I am Sanat Kumara.

SM: Welcome.

SK: And welcome to you, welcome to all of you, my beloved friends, my beloved family of Gaia and far beyond. I welcome you this day as Planetary Logos, as your beloved Raj, as SK, you name it and I am there.

But, yes, I come to speak to you, not only my beloved, reliable, dependable lightworkers and love-holders, but I also come to speak to the people of Earth and far beyond, for you know, your brothers and sisters of the Stars never miss one of these broadcasts. And they want the update as well.

There is a feeling on your part that everyone but you receives the latest news [laughter] and that is not always so. Perhaps they have received the outline but they also are eager, not so much to receive the information and detail, but the energy and the Love. And let me say this: Your Star Family are very present with you at this time – yes, including those of Venus from whence I come.

It is not just me, or the Mother, or Yeshua, or St. Germaine they are keying in to listen to. They are keying in, clicking in, dialing in to join with you, to be in this form of what you think of as unseen community. But that is very clear and very strong and, certainly, seen above. And you will see and witness it below very shortly.

So how is the Plan for the Unfoldment of Gaia going in this time of magnificent, divine conjunction? You have this saying upon the planet, “Do you want the good news first or the bad news?” [Laughter] Yes, Suzanne, I am teasing you. There is only good news and good news.

SM: Oh good!

SK: It is this time of divine conjunction, and there have been references to it by many, not only we of the Council of Love who speak through this channel, but many who are pure channels and holy beings, sacred voices that we include in this family.

Now, you know that the divine conjunction is this intersection, conjunction, of the Mother’s Plan with the omniverse, the universe, your solar system, your star brothers and sisters, the plan of Gaia, the plan of the kingdoms, and the plan of humanity itself. Everything is in alignment.

Now you say “Well, is that not normal? Is this not something that occurs on a regular basis? Have we not, as yet, reached that point where it is in alignment?” Not to this degree. You have similar examples in terms of astrological alignments like the Grand Cross. Well, this is much more powerful than any astrological alignment, but it is to give you an idea.

Now, the entire purpose of existence, not merely for humanity but for all of us, is always to be in that divine alignment and conjunction, to always be in that straight line as it were, of being in the Love, the heart, the mind, the will of One.

But to tell you the truth, this agreement, soul agreement, and actual agreement, firm, physical, even in our realm which you would think of as physical alignment, does not occur that often. As you well know, there have been many glitches, many delays, and yes, we have heard all about it.

Now, as human beings, you have always the free will - you are in this realm of choice - to veer, to turn away, turn left, turn right, away from this divine conjunction. We do not, would not – it would be contrary to Universal Law - to hold you. But what we say to you, with great joy, is that you are not veering away. And you say, “But look at the chaos, SK, look at the brutality.”

And I want to talk about this, but let us also say, your heart-conscious decision, the fact that you, our beloved pathfinders, wayshowers, pillars, gatekeepers, are not veering away. You are holding that energy of alignment, my sweet family, and you are doing so by the millions for the billions. This is not a minor achievement or task.

Now, many of you know this and you are experiencing it in different ways. Let me explain. The guidance from the Mother, and from many, has been to stand back, to hold the center, to be the observer, the observer of the desired outcome, to send the energy, but do not get involved in the quagmire.

That guidance holds, and at the same time, to nurture and to cherish your beloved self as deeply, as joyously, as we love and nurture you. This is a whole new, deeper, broader, bigger expression of self-love, because if you are not loving yourself, how can you possibly love those billions, particularly when there are so many recalcitrant children acting out.

Now, as the channel has begun to say, as I have been talking to her, human beings... oh, you are quite good at multi-tasking But, dear hearts, you are learning a whole new level of multi-tasking. And I have heard your questions to Archangel Michael, “Michael, how can you be here taking care of me and making sure that three galaxies over is also at peace? How can you be in thousand places at once?” Well, he is, as am I, as are most of us. And now it is also your turn.

SM: Yes!

SK: So you are used to actions, living, doing, observing, in sequence. You live in a sequential universe – or so you think. And so that is the reference of time; it is part of your sequential universe. But you also know – and I like to think I have been of some assistance, about learning how to jump time, stretch time, shrink time – it is the same with when you are multi-tasking.

So for example, there is so much occurring – you are clearing for the collective... “No, I am not clearing for the collective. I am nurturing myself. I am learning to go deeper. I am learning to use Universal Law. I am learning the application of Universal Law. No, wait a minute. I am riding the waves of the Tsunami of Love. I am practicing clarity. I am the embodiment of grace.” It is a great deal! [Laughter] And then, there is the practicality of cooking food, washing your body and tending to the war in the Ukraine.

SM: Yes.

SK: It is not surprising that you feel this energy and the choice truly tends to be either in the bliss or the slight overwhelm. Now, we are talking about bringing this into balance today, but also realising it is not either/or. And so sometimes you feel that you are spinning, and you are spinning even faster than the spin of the planet because you are doing all of these things at once. It is not sequential. It is everything at once.

So when you are riding the wave, you are healing the billions. And when you are being the observer, you are practicing the Law. And when you are practicing the Law, you are sending out and being the transmitter of all the Divine Qualities.

So do not take one fraction of your sequential time and worry or be concerned about what you are doing, whether you are doing enough, whether you are doing it correctly, or adequately, in proper measure, proper timing. Because, dear hearts, as our sacred partners, as the anchors of Nova Earth for our beloved Gaia upon planet, for Ascension, for Shift, you are doing an amazing, phenomenal, excellent job. You need to hear this. You need to hear it not merely in your ears but from my heart to your heart.

You are doing a phenomenal job, each of you, and you are influencing people, events, unfoldments, far beyond that which you can even potentially imagine. The number of variables, not only that we are putting into place, but that you are putting into place and influencing, is beyond computer knowledge on your planet. And some of your computers are exceptionally sophisticated, but they are not as sophisticated as your heart and spirit. You are wondrous.

Now, about this unfoldment, you have had in the past few days some surprises, big snowstorms in the north of North America, and people are shaking their heads and saying “What is going on?” I want you to use this vision of a massive snowstorm because yes, dear hearts, you are in the middle of the ‘perfect storm.’ Gaia is not. But think of it this way: what we want, what the Mother wants, is for one of those very sophisticated, high-speed snowploughs to just run along your highways, run along the golden grid, and clear the energy. That is what we are working on – and I might say that we are doing a pretty good job as well!

Now, that is what we would like all the human beings to be doing. Now are they? No, they are not. Some are on the snowplough. Some are on a skidoo. Some have those old-fashioned snowploughs that they do their driveways at home. Some have a tiny children’s shovel that children play with at the beach. It doesn’t matter.

Even if they are merely using their hands to lift up the snow and lick it, or to make a snowball, it doesn’t matter because there are many ways to get through the snowstorm, what people perceive in moments as obstacles.

You can burrow through the snow. You can melt the snow. You can make a snow-fort and create a sacred space. You can make snowballs and play. You can make angels in the snow – the point is to work with the snow. Work with the obstacles but do not see it as something that has to be immediately conquered. It is simply something that has fallen in your path.

If it is 12 inches of snow, yes, it is heavy. But think of it, an individual snowflake is as light as air and it is as unique and as beautiful as each of you in your soul design, and as beautiful as each

of us in our unique soul design. So even the obstacles, what you think of as delays, “Oh no, we are snowed in.” Do not look at it this way. Look at it and say, “How do I choose to deal with this? Am I going to play with it? Am I going to hunker down and start shovelling. Am I going to purchase one of those snowploughs?” There is no right or wrong answer. It is merely accepting and then adjusting, not because there is a patent answer, but what you choose to do.

Now, in that choice, knowing that you are doing 22,000 other things simultaneously, look at the scales, these wonderful golden scales that I have given you – well, literally eons ago - but that I have reminded you of in terms of our conversations around Universal Law.

When you are making your decisions, your choices, out of time and out of sequence, look at your scales and see what brings the scales into balance. And what is the balance? It is the feeling of peace and harmony in your heart.

I wish to make a very private aside. When Archangel Michael puts peace into your heart – and you know to whom I am speaking – then it is there for activation and the taking, simply do so. Look at your scales. You do not need to restrict yourself to the gifts that I have brought forth, and it does not need to be divine gifts, but if there is a feeling of heaviness on one side of the scale – maybe it is because you are also simultaneously, eliminating or working on your core issue, your key motivator – what do you put on the other side of the scale that you can remain as the observer, in the joy, nurturing yourself?

So perhaps it is the Keys to Heaven. Perhaps it is simply a good night’s sleep and a good meal. Perhaps it is having a heart-to-heart conversation with your mother or a friend or your beloved sacred partner. Perhaps it is just having a good cry. Perhaps it is wrapping yourself in the Mother’s cloak of blue and allowing yourself to be swaddled like a wee baby. Perhaps it is taking my pink gold and lighting up your environment.

Put whatever is required for you to have that sense of peace and harmony on the scales while you are doing all your other activities, because you have need to do them from this place of being the observer, moving into action – and we are going to talk about that - but be the observer, nurturing yourself, because you cannot do, shall we say, the most powerful action, if you are not coming from this place.

Now, before I go any further, dear heart, do you have questions of me?

SM: Well, it’s almost more like a statement because you’ve sort of addressed it. And I was going to ask if it would be accurate to say that there’s less of me - or what I would call my awareness - that dwells here in this dimension, presumably somewhere in the Fourth, resulting in a sort of memory loss?

I’ve had conversations that I don’t even remember and it feels like I’m on autopilot to do most of the daily requirements for life as we know it. So I do look forward to having full awareness restored at some point. Can you offer any idea of what needs to take place before that happens?

SK: You are learning, and anchoring, what it is to be multi-dimensional. Now, when we have said you are doing and organising many variables, many events, many people, many things that you are not aware of.

SM: Right,

SK: That also falls into the category of “I am doing things in what you would call ‘physical reality’ that I also am not aware of.” Now, dear heart, and I am not teasing you – well, I am actually! Who wants to remember cleaning the bathroom?

SM: Oh, not me!

SK: Exactly! Now, but in the everyday – and that is why we mention having a good night’s sleep, having a good meal, the joy of preparation, of doing it either in silence by yourself and appreciating the colors, the textures of the food that you prepare, the scent, the smell – everything has a joy attached to it, yes, even a clean lavatory.

But what you are going to find, because you are learning now, and it is very rapid learning, to be out of that sequential universe, that construct within which you have been operating.

So what is happening is your awareness - conscious, unconscious, subconscious, and what we would call spiritual heart consciousness - is expanding. So it is as if the floodgates are truly opening and in that, because there is such a breadth, there are things that you will not recall because you have not brought the wholeness of your attention, either to that action or to that conversation, because there was a larger part of you elsewhere doing something that you deemed more important.

SM: Right.

SK: Now, is this a permanent state of affairs? No.

SM: Oh good.

SK: The memory will become sharper. But I must tell you, there are times when beings have said to me “Well, Sanat Kumara, do you not remember we had this conversation, it was about 1,000 years ago on CeeCeeCee?” [Laughter]

And I must tell you, dear heart, I haven’t the foggiest. Now, as they remind me, it comes back. I do remember the imprint of the being that is speaking to me, their lustrous beauty, and to me that’s all that counts, unless it was actually anchoring a new planet, or anchoring a higher state of being. Sometimes, the details do escape you.

SM: Yes.

SK: Have you ever found yourself doing something and it is done by rote? You do not think, “Well, now I am going to make a cake. Oh, I am going to get the flour. Oh, I am going to use this much flour. Oh, I am going to add an egg.” because it becomes ‘rote’. So you do it perfectly



without thinking about it. And more and more, that is what a lot of your actions are going to feel like.

But and yes, there is a 'but', when you are taking action – so in a way I am contradicting myself... I will point it out before you do, sweet angel... when you are taking an action, is it in accordance with Universal Law? Now, there are things that you will do that are automatic because of who you are, your heart, your energy, your commitment, your love, are absolutely in accordance with Universal Law.

But I want to bring to your attention: You have done – and I mean all of you – have done a tremendous job in anchoring the understanding, the basics as it were – and there's nothing basic about it – of Universal Law. And I hear you, but it is often after the fact. So for example, you will say, "Oh yes, that's 'As Above, So Below'. Oh yes, that's 'Give and Receive'. Oh yes, that's the 'Law of Change' at work." So you have become very adept and astute at identifying and knowing the Law.

What I encourage thee to begin to more actively implement, because this is directly tied to doing so many things at once, in and out of time, and this is the rapid unfoldment of the Plan of Gaia which is going swimmingly, but it is consciously directing your actions – and when I say 'actions', I mean thoughts, words, conversations, everything you do – and reference it, or invoke one of the Laws, two of the Laws, three of the Laws.

So you know – let us use some practical examples. You are about to have a conversation. It can be a difficult conversation with someone that you know is not behaving in accordance, not with your expectations, but with their highest self, with their mission and path. Or you are having a conversation with your dearly beloved and you want to express the fullness of your heart, of how much you love and cherish and care about them. It does not take but a moment before you start that conversation.

For example, call upon the Universal Law of Intent, that you are flowing the alignment of that Law of Intent to be made manifest in the conversation, including your Soul Conversations with the people of Somalia, with ISIS, with the discordant energies in the Ukraine, Russia, the United States, everywhere.

So when you are cooking supper, you invoke, as you begin, you invoke the Law of Give and Receive so you are receiving all the blessings, all the codes. Everything in Creation is codes, dear heart. Yes and the core code is Love, but there are many combinations and permutations of those codes. So into the food – you think of it as programming water; it is a variation on this – into you, first you receive all the blessings from Gaia, from the elementals, from the food itself, and the Love is flowing in. So if something has been sitting on the shelf for a day or two, it is reactivated to its full potential.

So then you are working and the joy of creating that meal is a million-fold greater. And then when you give the food, whether it is to yourself, to your family, to your dog, it is a gift, and the energy, because it is in alignment with this Law that you have invoked at the beginning, so then you are receiving, you are giving, and then you are receiving, then you are giving gratitude, then you are receiving back our gratitude – it is an infinity flow.

So what I am asking of each of you is to begin to more actively, as you take what you can consider even the most mundane actions, to be choosing in that moment of beginning, including the beginning of your day and the beginning of your sleep night, invoke the Law.

So “I am going to sleep and tonight I am transmuting everything inside of me that is not of harmony and balance. I am letting it simply be transmuted as I sleep. I invoke this Law” or “I invoke the Law of Elimination” which is a tricky one as you know, and I am always with you. But let us say, “This morning I wake up, I invoke the Law of Elimination that anything within my realm, and therefore upon the entire planet of Gaia, that is not of wholeness is eliminated. There is no struggle. There is no need. There is no want. There is simply ecstasy, bliss, harmony, balance.”

So it is the next step. You have done very well with the Laws. I am just an eager teacher and this is what is anchoring Nova Earth and the true anchoring of Gaia. She is already very firmly in the Seventh. Yes, she hovers down because she is not going to shrug you off. The old Third is gone, the new Third, the revived Third is actually quite bright and shiny.

The other thing I wish to mention – and I know I have spoken and spoken this day – is the Law of Within and Without, and this is critical in terms of anchoring Gaia and yourselves through the Ascension portals, on planet, through the Shift, through the Tsunami, through the million things you are doing. When you are working on the global issues – because you are global citizens... you are actually Universal Citizens; that Shift took place about three months ago... work in your ‘without’.

Now, many of you do not fully understand what I mean. Think of it – it is the Law of Within and Without, your within, those scales are perfectly balanced, then you reach outside your Seal of Solomon, outside your bubble of protection, and you work on the chaos outside of your sphere in the without. Employ the energies and the help of your Stranger as well, but do not bring that chaos within. Invoke the Within and Without Law and do it that way. That is vitally important.

Do you have questions for me?

SM: Well, one more question would be the human collective. I mean, Gaia is firmly anchored in the Seventh. Is there a range where the human collective is in terms of dimensionality?

SK: Most of you are in the Fifth. Many of you who listen this day are in the Seventh. You are in the Love. You are in the Christ Consciousness. You just haven’t fully awakened to it yet but you are there. Think of it this way. So often you look in the mirror, you go on a diet, you start eating sensibly, you are exercising, and you don’t notice any difference until one day, oh, a month or two later, you look in the mirror and you say, “Oh, I look different, I look fabulous.”

That is what is occurring. So look in the mirror, beloved ones, and see just how much you have changed because, sweet angels, you are fabulous. And claim, please, claim your Seventh dimensional body.

SM: Yes. You know, I’ve been working on that and one thing that I want to comment on is that because of the potential for overwhelm, in my meditations now, I’ve been very simple, and

whenever I come across a discordant feeling or thought in my day, I'm just going to my default of being light, just being this diamond, amazing, shining light, and that's my complete focus.

I'm not engaged in any detail or anything specific about where that goes. It's just been better for me to simplify because there's so much going on.

SK: That is exactly right. And that is your method of the balance, of the harmony, of the joy. ...

SM: Alright. Thank you so much for joining us and giving us all this information and encouragement. Have you got any closing comments?

SK: My beloved family, I am honoured to be Planetary Logos. But why? Of course, because I serve the Mother/Father One, but it is also because I serve, I walk, I work, I play and I Love with you, with each of you. You are my joy, you are my gift, and I am so proud of you. Go with my Love.

Channeled by Linda Dillon 09-09-14  
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# Sanat Kumara on the Purpose of Life, the Universal Law, and the Longing for Liberation

June 6, 2012



*Sanat was worshipped by the Persians as Ahuramazda*

(“Sanat Kumara on the Purpose of Life, the Universal Law, and the Longing for Liberation,” June 6, 2012, at <http://goldenageofgaia.com/2012/06/06/sanat-kumara-on-the-purpose-of-life-the-universal-law-and-the-longing-for-liberation/>.)

*This was my first interview with Sanat Kumara.*

Graham Dewyea: Hello, and welcome to *An Hour with an Angel*, with Linda Dillon, the channel for the Council of Love and author of *The Great Awakening*, and Steve Beckow of the 2012 Scenario. Our guest today is Sanat Kumara. I’m Graham Dewyea.

And with that, I’ll pass it on to you, Steve.

Steve Beckow: Thank you, Graham. And welcome, Sanat.

Sanat Kumara: Welcome. Welcome, dear heart and dear friends. I am Sanat Kumara, keeper of Universal Law, planetary logos, and friend and ally of one and of all, and particularly of Venus and of Earth. Welcome to this time of wonderful change, of transition, of opening, of creation and re-creation, and of bringing forth the unfoldment of the Plan with me.

For, as you know, we Kumaras have worked on this for millions and millions of years. And so it is with incredible joy and satisfaction that we work with you at this time. It is not that there has ever been a time that we have doubted this, for doubt is not within our being or lexicon, but it is a very common trait among the human race and the old Third Dimension.

But it is a pleasure and a joy to see this unfoldment, and to see the rising up and the embrace of so many of the higher frequencies.

So, dear friend, what do you wish to discuss this day?

SB: Well, in a minute or so I'd like to discuss with you some fairly profound questions actually. I'd like to have you discuss the purpose of life with us, as a lead-in to a discussion of the role of the Universal Laws in realizing that purpose.

But before we begin, can I just confirm for our listeners that you were known to ancient Persians as Ahuramazda, ancient Hebrews as the Ancient of Days, and ancient Hindus as Subramanya. Is that correct?

SK: Yes, that's correct.

SB: And you consider Venus in a higher dimension your home, do you not?

SK: That is correct. That is why I mentioned Venus, and Earth. Yes, I have been known in many ways and by many names and in many traditions. And that is why I referred to the fact that we have been involved with Earth for a very, very long time. But you know, you have an expression upon your planet that you are as young as you feel.

SB: Yes, indeed.

SK: And so yes.

SB: Well, if I could just make a point for our listeners, we have a television program called *Ancient Aliens* which says that when some extraterrestrials came to Earth they were treated as gods. In a certain sense, you could be pointed to as an example of this, could you not? You came to Earth from Venus, and you were looked upon as a god.

SK: Yes. Yes. There are several situations, actually, when those who have arrived from other planets were considered as gods. It was not a sense that we wanted, or that we requested — that is most certainly not the case.

But yes, it was the quality of the higher vibration. It was the quality of being able to teach and co-create. It was the ability to bring forward in many ways what situations or civilizations needed or required, not only to learn, but to experience. So yes.

But let me be very clear. I do not present myself as a god.

SB: No, I understand that. Did you come to Earth as Quetzalcoatl?

SK: Yes, I had a brief incarnation in that form, assuming that form. Yes, that is correct. There are very few civilizations that I have not been involved with.

SB: And did you give them the Mayan Calendar?

SK: Yes.

SB: That is very interesting! Did you also ... could you tell us what — and again, this is just a brief, preliminary discussion — what Ezekiel saw when he saw the wheels within wheels? What were they?

SK: You can think of it as the sacred geometry, or the understanding of the energy of One, of how things throughout the universe are all inter-related and connected, and that there is a symmetry and a beauty, and that it is infinite and eternal, and that it goes on and on.

So he was being given a glimpse of the inter-connectedness of all.

SB: Thank you for that. Now, you have just told us that you're the Planetary Logos and keeper of the Universal Law. Hopefully I can ask you, then, to explain to our listeners exactly why the Creator created life-forms in the first instance. What purpose did he — and of course he is not a male — have in mind when he created us?

SK: It was an expression, and we don't use the word "experiment" because very often there is reference on your planet to the life-form of humans, whether it is upon planet Earth or elsewhere, as simply being an experiment, or an accident. And, of course, neither is true. So let us eliminate that discussion right off the top, as it were.

The idea of creating a life-form was to have an expression of form that was considered to be beautiful, an expression of beauty, an expression of potential, not limitation, an expression to have an experience of physicality, of a different expression of form. That was the idea, the creation purpose.

Now, even I do not [pretend] to understand or to know, even in joining all the ins and outs of the infinite One, because as you know there is the quality of the unknowable as well. But let us suggest to you that it was an expression of what you have said - as himself or herself, as the Oneness - to have an expression in many ways, to have form, to have an experience in form, and also to have the expression of what we would call love in a physical reality.

Now, when we say "love" we do not mean simply what you think of so often as the physical reality, but truly the unconditional love, the joining together of hearts. So it is the separation and the unity at the same time. The separation that came to be understood upon your planet is completely gone astray, because the separation was simply an expression of the uniqueness and the diversity and the expression of so many faces, if you want to think of it that way, of how one can conceive.

So that was the original idea.

SB: All right. Thank you. It's commonly said that the Formless Transcendental [God in His absolute form] is still and created the Divine Mother, the Holy Spirit, Shakti — although the Mother has said that Shakti is only a small portion of what she is — who then created the Universal Law. Could you discuss that a bit with us?

SK: The Divine Mother — and I would never presume to correct the Mother! — but the Divine Mother brings forth ways of creation, of movement, of action, in which we come to know and experience the unknowable, that we can find that place of union between movement and stillness, between all and nothing.

So the Universal Law, as you think of it, as we all think of it, is a way for us to come to know, to understand, to create, and to be closer in alignment, in union, with All That Is. So it was a method or a tool of creation.

Michael has spoken to you about Divine Plan, and in a lesser way, though we do not mean this in any way to be demeaning, about rules of engagement.

And in some ways that is how Universal Law has been come to be understood, but it was not that that the Mother was bringing forth when you think of her womb, her movement, her conjoining out of the stillness into the universe. It was a way for us to understand and to be in closer divine union.

So even in the very beginning, the alignment of will was such that there was a will in the Oneness, in the All, in the Source, to be known and to have what creations came forward throughout many universes, to understand, and ways in which to be able to work their way back. So you can think of Universal Law — and I try to use language that is completely understandable, not only to you, my beloved Steve, my beloved Graham, and my beloved Linda, but to all of our listeners; I try to use language that will make common sense to each of you — so it was a guide, a road map, a way in which to know the unknowable.

SB: All right. Well, we've talked about the purpose of life. We've just introduced the notion of Universal Law. If we could bring a third notion into this I think it would be very helpful, and that's the notion of what came out of this Divine Plan. What is the Divine Plan? We could probably sense it from what you've said so far, but could you be explicit about it, please?

SK: And I am assuming that you are thinking primarily about the Divine Plan as it applies not only to our realm, my realm, but to the realm of Gaia and the human experience as well, because, as you know — or perhaps you do not all know — the Divine Plan is very dynamic. It is not something that is set in stone, although in many ways it is etched throughout the universe. Yes, we know that is a contradiction, but that is [its] nature.

So let us talk about the Plan in terms of what makes sense for Earth and for the human existence, and for what we have been doing together within this universe. So this includes us of the ascended realms, and it also includes your star brothers and sisters and many of the angelic and the archangelic realm. So it is not simply exclusive to the human realm. It also, I might add, includes all the kingdoms and all the realities.

So the Divine Plan, the original plan — let us put it that way — was the creation of this form, this life-form, this expression of One, of All, of Mother/Father All, to be having the experience of love. But it was further defined that they would have this element because, of course, it was a curiosity on the part of some, and then we would have to go further into what we would refer to as Divine History. But it was considered a desirable aspect to grant and to have the element of

free will, of choice, of alignment, so that the experience could be, in each unique expression, self-directed.

Now, when the Gaia volunteered for this undertaking as well, it was understood that this planet would be a place of love. This was the Divine Plan. The Divine Plan was for this humanoid, human collective, and everybody else, to have this experience of love, of joy, of peace, and, yes, of the ability to have free will and choice, to align in whatever way they were wishing to experience that form, and so to be able to travel.

Now, in the beginning, it was what you think of as veils between dimensions, but the sphere within which Gaia was operating was a twelve-dimensional sphere, simply because it had so much diversity, choice, wonder, awe, and potential to experience a whole variety of things.

Now the beginning point of that experiment, of that expression, was to have physicality, as you have said, to have form. This was not simply unique to Earth, but the Divine Plan part for Earth was for it to be a place for a physical experience of love, and all of the relevant experiences related to that. But it was not intended, and it was not part of the Divine Plan, that you would be stuck in that form. This became an expression of your free will, of human will — well, I can only say — gone awry.

But the Divine Plan has always been that, regardless of how far you wandered, that you would still recover and learn from the experience — because we do not judge within our realm; it is not considered, oh, this was right, this is wrong. That is not the way that we conceive or operate — but that there would be an awakening, and yes, a great awakening.

But this has happened in stages, and that there would be a return to love, to awareness, and in that awareness, and in that love, would be the recapturing or the re-embracing, the re-claiming of your divinity, of your ability to be multi-inter-dimensional beings — as is the whole planet, by the way — and that you would have the reconnection not only to the love that is the energy and the substance, the essence, of All, but that you would have the reconnection to the love that you are.

And in that reconnection to the love that you are, that that would create even a grander awakening and opening, and that you would see and come to understand the connection to your fellow human beings, the collective, and, through that, that truly there is no such thing as separation, and through that, that there is only unity. And therefore the expression of what you choose to create in your multi-dimensional self would return and become an expression of what the Divine would create.

So even within what I would refer to as the Divine Plan, there was this flexibility for you to strike. Now because of that wandering, there has been a great deal, more than you probably can conceive of, of assistance that has been brought forward and that was put in place and has been in place for a very, very long time, millions and millions of years, to assist you in that unfoldment and in that evolution, as you — each of you and all of you — evolve back to the One and into the Light, into the Love.



So your question is then, "Lord, are you saying to me that the dissolution of the human race into these false grids, into these false paradigms, was this part of the Universal Plan?" And I say, no, it wasn't. But the granting and the creation of free will allowed for that flexibility.

Now, you have many — particularly in what you think of as your religious texts — mythologies and stories about the lost soul, or the ones that wander away from the light, and how they are brought back to the light. And the reason that you have these stories is because it is a gentle reminder that has been inspired within the human imagination and mythology, and the history as well, the actual fact, so that you would remember the potential, and the choice, of what you often think of as redemption, of the potential to return back to who you really are.

Now let us suggest to you, it is not a requirement of Source, of One, that you be of the Light to complete what is already eternally and infinitely complete. But it is the Creation, it is the Divine Plan that you will be complete, that you will find and rediscover this wonderful sense and knowing and depth of wholeness, because it is who you are.

That is why we have worked so diligently with her [Gaia?]. And I use the word "work" because it is a word that you understand. But let me be clear, my friend, that the work that my Lady (1) and I, and all of the ascended ones, and all of your star brothers and sisters, all of the archangels, all of the Company of Heaven, all of the Council of Love, the work that we do is not work at all.

Have there been times when we have looked and perhaps have shaken our heads, wanting you to come closer, knowing what the eventual unfoldment would be? Of course. And there have been many ways in which we have taught and guided you, whether you have known it or not, in order for that to happen.

So even when there were times when there were individuals or collectives trapped in the quagmire of illusion, we would still send the inspirations and the reminders and the redirection, so that you would see that lighthouse, so that you would remember that what you were doing was simply a detour and an illusion and not the truth of who you were, individually or collectively.

And what has happened and what is definitely part of this Divine Plan, and the Universal Plan for this area, is that so many of you who have incarnated and returned to Earth.... There is an emphasis on karma a great deal upon your planet, and often you will think, well, I am here to correct or work out some karma.

But so many of you simply returned because you knew, in alignment, that you would be the agents and the catalysts of change, that you wished to be in form once again, in this human form, in this expression of divinity, at a time when that remembrance and awakening would occur, because so many of you had witnessed the density of the wandering.

And there had been suffering and pain and experiences of darkness and loss. That is also why so many of you are abhorrent of darkness. It is because you have experienced it on both sides. And it is not to be judged. It is only to be embraced. It is only to be loved.

When you see a child that is playing with fire, and they set themselves mistakenly on fire, do you scold that child? No! You scoop them up. You save them. You tend to them. You heal them. And

that, in each of you who are listening, that was your decision, your piece of your plan within the Divine Plan.

Is it complex? Yes. But in other ways if you let your mind go of all the ifs, ands, and buts — and we know that you have difficulty with this, because we have traveled that journey — but if you can, then you will see that this expression of Divine Plan, and within the Divine Plan the expression of Universal Law as a way to understand and know Divine Plan, is actually very simple.

SB: Perhaps I can intervene at this point. You mentioned Universal Law. You mentioned karma. We usually talk about the Universal Law in pieces: we talk about the law of karma, the law of free will, the law of attraction. But I keep having the sense that it's a coordinated whole, that the Universal Laws work together to achieve the purpose of life, to achieve the unfoldment of the Divine Plan.

Could you help us, during this part of our discussion, to understand whether this is true? Does the Universal Law operate as a piece, as a coordinated, orchestrated whole? And if so could you tell us how it does?

SK: Yes. You are completely on track and correct. Universal Law is not fragmented. Universal Law is not this law or that law.

Let me be practical. In each of your countries — and I know that there are many listeners who come from different countries, and some are perhaps more lawless than others, but nevertheless — think of your nation that has a collective of laws that you think of as jurisprudence, and it works as a body of law.

And those laws — well, actually, some of them have become practically incoherent and contradictory, but when they were formulated - the intention and the purpose behind the law — because many of these were divinely inspired, as you know — was for the body of the law to work as one, for the body of the law to allow you as a collective to operate in ways that were kind, and ethical, and of integrity and consideration.

Now, these are, yes, granted, a stepped-down version, but still based on what you think of as Universal Law. Now, we need to be very clear, because your listeners sometimes will say, "Well, no, that is not so because what about this law or that law?" I am speaking of the intention and the purpose. So let me now revert back to Universal Law.

As I say, the Divine Plan and Universal Law is a comprehensive set, a body of understanding. And it is a body of understanding, so that all the participants — although now we speak of human beings, because we tell you that we are already in alignment and with understanding of Universal Law — but it was to give you the understanding in the most basic of ways of, "How do things work in my universe? How is it that I am to undertake my life in sacred and meaningful ways when I am in my human self on a human journey of spirit in form? How do I conduct myself and know that I am in alignment?"

So there are many aspects of Universal Law that you have thought of as a stand-alone laws — and there are dozens of them. But you are very correct to think that there is Universal Law —

you can think of it as one entity, as one collective energy. And that energy you can think of, and I have spoken to this channel about this, is the Law of Love, sometimes referred to as the Law of One. But that has become misunderstood very often and misused in some realms upon your planet. So we will talk about Universal Law as the Law of Love.

If you look at the individual laws, what you have come to think of as individual laws, whether it is attraction or give or receive or karma, it is primarily about the balance, and it is achieving balance both within thee, within your sacred being, and not just within one life or one day or one time-frame, but also throughout timelines, even though it is all simultaneous, and in all realms. That is why we talk about above-below, within-without.

That is why we talk about balance so frequently. Because when you are in that place of love, when you are in that collective of understanding, when you have reached the place within your being of simply acknowledging and being love, then that is it. You are in adherence, you are in alignment with the Universal Law.

What you are doing so often in your mental collective human bodies, you are trying to pick the laws apart like a supreme court — or maybe even a circuit court would be a better example. But that is not the spirit, that is not the energy of the law.

So you are often picking at various fragments. It is like trying to break things down when in fact the entire purpose of Universal Law is unification. It is bringing together, not fragmentation. So when you think of Universal Law and yourself, because we want you, we ask you and we guide you to think of Universal Law as a way in which you come to understand how we, how Mother/Father, He/She, All, One, Source, Universe, Divine Plan, how we beckon you back to join with us.

So it is a unifying factor. That is what is called Universal Law. It is encompassing. It is embracing. It is to bring you and us and all together. And the more that you are in alignment — not with the understanding as if you are a legal scholar, let me be clear about this — the more you are in alignment with your multi-dimensional, universal, human, starseed, Earthkeeper self, in alignment with the Law, then the more you are in alignment not only with All but with who you are. The more you are in alignment with who you are, [the more] you are contributing to the absolute ascension of the collective.

Yes, you wondered when I would get to this part, didn't you?

SB: [laugh] Well ...

SK: Because what is ascension other than the reunification? And it is the reunification not only of your sacred self, of your multi-dimensional self — miraculously still in human form, in this beautiful light form that was a creation out of nothingness and All; it was an idea, a light made manifest — and now in that you connect and re-connect not only with your beloved planet and all the kingdoms, but also with your universe and far beyond.

When that happens, you will see much more of me! It is not that I disappear and say, well, I am off to my next assignment now, because I will join you. And then there will be the creation of the

new, of the expression that was always part of the Divine Plan, which is the expression of light, of your uniqueness made manifest, and in that uniqueness and manifestation of you, it is the manifestation of All.

And so your manifestations, because you are in adherence to the law — and I hope I am clear — will be in harmony with everybody's creation and manifestation. It is, it is like the choirs who have tenors and bass and altos and sopranos. It is like the angelic chorus. It is like the orchestras. It is a symphony, but it is a symphony of the universe.

So you are returning, you are returning now to that alignment with the Plan, let us suggest, and the transition — and you are all picking up speed by the way — that transition that you have been fully participating in, and that is true of all of humanity, whether they recognize it, acknowledge it or not — it does not matter, they are a part of it — and that is well, well, well advanced and under way. And what that means, my friend, in very practical terms, I am, as your shepherd, pleased to say that the wandering is over.

Oh, there may be some strays. But most of you, we are very, very proud of you, and we are honored to be part of your undertaking, as you, within our piece of the Divine Plan, which we have not discussed, you are part of our plan as well, you know. You do not tend to think of it that way. But we are also in a unified unfoldment.

SB: Lord, I wonder if we have time before the program ends to discuss one more element of this whole equation. You've talked about the purpose of life, you've talked about the Divine Plan, you've talked about the Universal Laws. There's one more design feature of life which comes into play here, and I hope I'm correct in saying this, and that is what has been called the longing for liberation, the urge to evolve, the desire to reunite with God, which some people say is built into us and keeps us moving towards God.

Is that correct, what I just said? And if so could you elaborate a little bit on what's been called the longing for liberation?

SK: Yes, you are correct. And I would be happy to address this longing, this yearning for freedom, for liberation, and, might I say, for reunion. Now, let us talk about this aspect of the Divine Plan and the birthing of the plan. Because it was, hmm, it was instilled within you by the Divine Mother feminine, and it was the counterbalance — that is the term we would use — it was the counterbalance to free will, to choice; not a cancellation and not an interference. But it was the counterbalance to free will.

So it is in many ways your internal compass. You have compasses that always point true north. Well, your yearning for liberation, your yearning for reunification, your yearning to return home, back to One, to rid yourself of that illusion of separation, of isolation — which is very painful! — was the perfect assurance that at some juncture what you would do is choose to align with the Law, with the Love, with the Mother-Father One, so that you could catapult yourself forward, back home.

So yes, it is an innate part of you. And this is a very important point that you have raised, because you are at this conjunction where there has been so much discussion, even amongst what

you think of as lightworkers or lightholders, about who is permitted, who is right, who is wrong, who is permitted to ascend, who is not.

Now, let me suggest to you — no, let me say very clearly - those discussions are not of love and they are not part of the Divine Plan or the Divine Unfoldment. Every being, regardless of how far you think they have strayed or wandered still has that innate desire, that yearning, for liberation, for reunification. And so when many of us have spoken to you about this shift, of this change in consciousness, of this shift to the heart of One, of Love, we have been very clear with you that the Divine Plan holds this doorway, this portal, this gateway open for all. It is completely inclusive. It is not exclusive.

And so even in the place of darkness, what, hmm, those on our side — and on yours, by the way, beings like yourselves at In Light Radio — what you are doing is igniting that spark of yearning, of that desire for reunification, of liberation, of freedom. And as it burns brighter and brighter, what happens is it begins to eradicate what you have come to think of as darkness or separation. And so it activates and it burns brightly to bring people to this place of seeking that liberation — in a variety of ways.

And sometimes, yes, that desire has been thwarted or misunderstood, and thought of as a desire for other things that have been of the worldly realm. And that has been an error in understanding.

But many are being illuminated by this innate planting of the Mother, and many are saying, “Well, perhaps my choices, my decisions, have not been that which is truly leading me to that place of joy, where I truly feel that I am on my path, that I am on my sacred journey, where not only do I feel that I am loved, but that I can love and that I am loved, and that I am in this wondrous journey with all who are with me, not just my fellow human beings, but my ascended family, my star brothers and families, and more importantly than anything, the Mother/Father One.”

So I am very glad, my dear friend, that you have brought this point up and that we have had a chance to discuss this, not only as a fragment of discussion, but as part of a unified discussion about Divine Plan, why there is life, what the idea was, and why there is this body called Universal Law. Why is there this body that beckons you to adhere to unification, to what is lost?

So I thank you. But more than this, I thank each of you for actively, pro-actively, even in the trough and the crest of the waves, for seeking that truth and liberation, for actively working, and yes, co-creating with us more than ever. Work the creation formula! That is why we have given it again, very simply, succinctly.

Go with my love.

SB: Thank you, Lord. Thank you for such an integrated discussion of this matter. We’ve been greatly benefitted.

SK: Farewell.

## Footnotes

(1) It is not clear whether Sanat is here referring to Gaia, the Divine Mother, or perhaps his twin flame, which many assume to be Lady Master Venus.

# Cmdr. Ashira of UFOG on Universal Laws and How and When to Use Them

May 9, 2014



(“Cmdr. Ashira of UFOG talks about the Universal Laws and how/when to use them...,” May 9, 2014, at <https://counciloflove.com/2014/05/cmdr-ashira-of-ufog-talks-about-the-universal-laws-and-howwhen-to-use-them/>.)

Suzanne Maresca: Good morning and welcome to another offering of *Heavenly Blessings* with Linda Dillon, channel for the Council of Love and author of *The New You: Emerging into the Brilliance of Humanity’s Heart Consciousness* and myself Suzanne Maresca.

Commander Ashira of the Unified Forces of the Outer Galaxies is back with us today to discuss the sacred Universal Laws and how our star family uses them...

Greetings, I am Ashira, Commander of the Unified Forces of the Outer Galaxies.

Welcome my beloved friends, brothers and sisters, all.

Yes, for even the most grounded, rooted, consistent Earth-keeper is welcome this day, for are we all not one? And yes, I have asked, I have nudged both Linda and Suzanne to speak to you about the law because it is important that you begin to understand not merely the practical application and use in your life, in your creations, in your day-to-day existence, but that you also come to realize that it is universally used. It is our reference point. It is our way of existence. It is our way of interacting, of creating, of communicating.

So by you accepting, each of you, more this codification, these precepts, into your life, into the practical application of your life, you raise your frequency and we become closer and nothing could make us happier.

The human laws - not all of them, but many of them - have come out of your old system of the old Third Dimension so they are based on control, guilt, blame, shame, fault, punishment, and judgment.

So they are not a system that allows and supports the fullness of existence. It has truly been more of a system to keep people in control. Yes, and in many situations, to protect and to defend human from human. Now I do not need to say anything more because it is self-evident what that kind of system reflects, does it not?

When you work, play, engage, invoke Universal Law what you are doing is also engaging with the totality of your divinity, of your potential, of your ability to create. But it is done in cooperation and consideration of the collective, of all the collective.

So, for example, we do not do or take action, and this is something that often is not understood, we do not take actions or create situations or for that matter objects, we will talk about that as well, that would create conflict, confrontation, discord amongst the people of Gaia.

The same way we would not take action or do something that would interfere with the creation, with the belief systems, or the cultural aspects of Cee Cee Cee or Sirius or the Pleiadian Sector.

Archangel Michael has encouraged you to think of or reminded you of a very universal statement, "What would love do?" We modify this in a very practical way, "Does it serve? Does it help? Does it hinder? Does it hurt? Does it assist in the creation of what we are wishing to experience, or does it block?"

And we follow these rules of behavior, because that is all codification of law is. We follow it to maintain peace and it is peace within us, peace onboard, peace with other galaxies or other planets or other species.

It is so simple and it is so fundamental and, when it is embedded, and I do not mean artificially embedded, I mean when it is deeply embedded in your mind and in your heart consciousness, it is an automatic way of operating, of thinking. It is that pause in the question that is always present.

Now, when we behave in this way it is in adherence to the body, to the spirit of Universal Law. Sanat Kumara is not merely the keeper of higher law or paradigms for Gaia, for Earth, for the human race. He is the Keeper of the Law and throughout the multi-verse he has taught, he has shown, he has demonstrated, he has anchored this understanding of how to live in accordance and alignment with the law.

And the reason that we all have followed suit is because it makes us happier. We do not feel, in any way, manipulated or controlled or less than. If anything, when you begin the practice of adherence - yes, it is a spiritual practice with a very practical application - it makes us more creative. It allows us to maintain peace and it gives us the broader perspective, not only of who we are, who we have been, and who we are becoming. It is not only you, the collective of humanity that is progressing. We all are.



It has been mentioned on InLight Radio - various programs - that Gaia continues her process of Ascension and so my beloved ones, do you and so do we.

Now, we are here, not only to witness, but to participate, to support, to assist in your Ascension through the portal, and you are ready. Yes, there is a little more work to be done but you would be surprised just how eager you are...and I am not merely speaking to you who are listening. I am speaking to the mother in the wilds of Borneo, or the streets of Calcutta, or the mayhem of Venezuela or the Ukraine or Syria.

So often you have said to each other, to the Company of Heaven, to your guardians and to us, "I am so tired, I am exhausted." And yes, you are given the explanation that it is due to the complete impact of all the energies that you are downloading and integrating as part of this upgrade, shall we say, and letting go of the old.

Part of it my beloved friends, is you are tired of the old and that is why we say of the mothers, the fathers, the children all over the planet, they may not know exactly what lies ahead, the ins, the outs, the spiritual or even the scientific explanation.

But what they do know is they are tired of the way things are. They are tired of war. They are tired of poverty, of not having enough food or clean water for their families. They are tired of lying in huts and wondering whether there will be violence or attack, whether their home will be there in the morning. They are tired of living in fear. They are tired of outside forces that tell them what to think and feel. Humanity is tired.

That is one of the reasons we send the pink. It is to comfort you, to give you solace, to calm you down, to reinforce you. Let us be very clear. We are not interested in your surrender. What we are interested in is you surrendering because you are so tired that you know there has to be a different way and we know because we have been there. We have been through this.

When we say that we are the Unified Forces of the Outer Galaxies, how did we come to this place of being 'unified' from the distant, far reaches of the universe? We are unified because a very, very, very long time ago we got tired and we said to the Company of Heaven, just as you are, "There has to be a better way. We cannot continue in this way." And the tools were given to us and in so many ways my beloved ones, they are exactly the same tools that you are being given.

Enter Sanat Kumara with the Universal Laws so that we could begin to reconstruct societies, behaviors, what you would think of as institutions and systems, which we mostly have gotten rid of, but of ways that work, ways that are reflective of love.

And why did we choose love? Not because of some scientific understanding, some technological understanding that Love is the essence of the universe, that it is the core of everything. We chose love because it made us feel better. It enriched our sense of self, our families, our communities, our ability to go forward in ways that we were blind to previously.

Love is the core of Universal Law. It is the core of everything. You use Universal Law to understand how to create, how to proceed, how even to think and consider yourselves. And that is

what we do and given any situation we refer consciously, and sometimes even in a very formalized manner, particularly at the Intergalactic Council, to the laws as one body but also the particular laws.

For example, we have used the Law of Balance, of Sacred Purpose, of Change a great deal in not only formulating our approach, interaction, and our communion with you, with Gaia, with coming to Earth, so that it would not ever harm you or create fear but rather to complement.

So let us use a practical example: The sacred purpose of Gaia is to be a planet of Love in form, in the richness of physicality. The sacred purpose of every single human being is to become and to be the embodiment of Love, of divinity, of creation, of Ascension in physicality, on Gaia, interdimensionally, right now... not 2000 years from now; not even 5 years from now.

Ascension is a process and you are thinking that it is one quantum leap and you're done. That is not so. But the sacred purpose of every person - do not judge, do not start to quantify who is Illuminati, who is cabal, who is in containment, who is not in trust, who is the religious right, who is the fanatic - every person on your planet, billions and billions, all came with the fullness of their soul design, with the sacred soul purpose to be part of this Ascension and Shift.

Now, from our perspective that is phenomenal. It is phenomenal, especially given the bloody history of very recent years and *we consider centuries recent*, by the way. Now, our sacred purpose is to assist in this and we have traveled from very far to be part of this and to be part of the assistance for the domino effect throughout the planetary systems. We invoke this Law of Sacred Purpose to activate Gaia, to activate ourselves, to activate you, and they are in alignment.

So we say to the universe, to the Mother/Father One, we invoke this law; we ask for the help of Sanat Kumara and all of his league to bring this to the forefront right now, that everybody begins to become conscious of this.

We invoke the Law of Change. Change is constant. You know that. With every breath you have just changed your entire body. But we invoke the Law of Change with you and for ourselves to manage the changes. It is not just you who are going through the changes. It is a massive change for us. We have been on ship for a very long time and it has been a contained environment; we have spoken of that. Now we are saying we want an open system. We have already begun our changes. We have millions on planet Earth. We have many humans back and forth, back and forth. We want an open door policy yet we have to maintain peace.

So we invoke the Law of Change for you, for Gaia to be able to accommodate these changes in a peaceful, flowing manner to accept us, for us to be able to flex with these changes, because it changes not only your society but ours as well.

Do we want it? Desperately, because it is tied to our sacred purpose, but it has need to be done in ways that are in accordance with Love. So we will not take any movements that will threaten governments. That is why so often plans have changed at the last moment. But we, with you, invoke this Law of Change.

So I could go on and on but I want you to be able to ask your questions dear Suzanne.

SM: Ah, thank you Ashira and welcome. ...

I'm glad that we're revisiting the Universal Laws again because there's so very much information here to absorb and, as we have discussed already, it was never meant to be fully taken in at that time and it wasn't a strictly educational event. ...

Every day I renew my commitment to be in service and to offer myself and my physiology to move all of us along and in asking for that acceleration I don't think we really know what we're asking for and what it will feel like. So before I go on to my question, have you got any comments about that?

Ashira: It is so much more than you are hoping and dreaming of. When I have said and I have not said it in any way that was meant to be disrespectful, that people are tired. So for many they think "if I just didn't have to struggle and fight anymore my world would be wonderful." But it is so much more. We don't always paint the full picture of the Cities of Light or Nova Earth because in some ways it will simply sound like a fairy tale. But it is not; it is magnificent. And there is this inner knowing that each of you has and it is what we would call a future memory that you know...and that is what keeps you going and it is what keeps us going. ...

SM: How would you use Universal Law to achieve some level of peace in seeing our loved ones in pain?

Ashira: We don't have what you think of as suffering, but we certainly witness it and we understand it and in our - what you would think of as - emotional fields, because we love you so much. We witness suffering on a very grand scale and we feel it. So we do understand.

Now, there are a number of ways but the easiest way is invoking the Law of Balance and the Law of Balance is including the balance of above and below or what you think of as within and without. Above, and now we are talking in the higher realms, yes, even higher dimensions, but also what people conceive or refer to as heaven, or what we would call the heart of One, there is no pain, there is no deterioration, there is no ageing. ...

So when you invoke, call upon Sanat Kumara, call Raj, have him show up directly in front of you. Let him show you his scales of justice and invoke balance. And invoke balance in the person, the individual, the situation that you feel is suffering and within yourself because it is affecting you, because you are suffering, because you are witnessing suffering.

Then invoke the Law of Change. Invoke that law that allows situations to change and change does not need to be an elongated process. Change can occur - and you be specific - in the blink of an eye.

Change is simply another way of talking about Instantaneous Transmission or Transmutation because what is happening is that you are changing the energy. Instantaneous Transmission can be invoked.

And what does it really mean? It means that you are severing one path or string of existence and starting a new one. So the sense is literally "I cut off the polio and I install perfect genetic mate-

rial so you can walk again and be pain free.” I invoke Instantaneous Transmission and you hold the situation or the person in your hands. You will feel it. We do this all the time. So you invoke it or you transmute it.

Instantaneous Transmission is more that you are cutting the string or the chord or the situation. Transmutation is that you are taking the energy and as if it is play-dough and you are shifting it from an ugly blob into a beautiful sphere. So you are transmuting the energy and bringing it to its true form, ... not only what it was intended to be, but what it can be because pain and suffering is not a reflection of the Mother. Now, there has been this paradigm of belief that suffering somehow is saintly and that, dear heart, is not true. It is a denial of the perfection of the Mother. So let it go.

Now, how do I let it go? Invoke the Law of Elimination. Raj will not let you go awry. Simply let it be gone. You do not need to process for 22 years. Trust me. We have done it and it doesn't serve any purpose. Invoke the Law of Elimination. Invoke the Law of Completion because completion is like the closing of the circle returning the energy to divine perfection.

SM: So alright, I imagine that the answer is going to be similar for this one but this is a big one for even lightworkers. There seems to be a population of lightworkers that are really wavering in their faith and I'm just wondering how can we use Universal Law to help us renew our faith, that we aren't delusional about meeting up with you and having our bodies return to a state of health and vitality or being able to clean up the environment and set things straight with our relationship with nature?

These are all things that I would like to participate in and in some ways I already do but so far we are still under the spell of illusion that keeps our perceptions from opening up to see what's already in place. We really are in need of some kind of a break. So would you have any different answer for this issue?

Ashira: Well, what I am trying to do is show you how different laws can be. Attachment and Detachment, and this was taught very well by your Buddha, and it is to attach to the higher vision, the ideal and then to detach from the current situation that feels so heavy. So it is attaching to your vision and holding your vision, not just the space, not just the dream, but attach to the vision of who you are, what you want, what you wish to have occur and detach, again it is a cutting action, and yes, again invoke the Law of Completion; invoke that it be done.

It does not need to take a certain amount of time and space. And do not just do it in terms of humanity; do it for yourself because it starts with each person. So ask, invoke the Law of Give and Receive and you say, “Well, I have already given everything I have.” So then it is out of balance. In invoking the Law of Give and Receive you open yourself to receiving.

And if you don't know which law to use just invoke Universal Law and feel as if there is a line of the most brilliant golden light - think of it this way...from the heart of One, to the gold of Sanat Kumara, down through your crown, down through your brain and your brain stem, down every chakra, your throat, your heart, your root so that you are in alignment.

If you think of it as the I AM Presence, if you think of it as the heart, the mind, the Will of One, then you are in Universal Law because it is not right, it is not just, it is not a reflection of the truth of the heart of the lightworker/love-holder when they feel defeated.

We know you are tired. We are reinforcing you. That is what all these visitations are about. We are only here to help, never to take over, never to suggest that things be done in a certain way but to support and love you and hopefully for you to love and support us!

It is time for Gaia to be the playground again, not just for the human beings who are on planet but the way-station for many visitors to come and share the bounty, not only of the love of Gaia herself but of each of you. You are precious to us.

SM: And you are precious to us as well. I'm just wondering if it's going to be humanity and our unfolding consciousness and abilities that will be able to protect us and the Earth, in conjunction with you, from what's happened from happening again? We're reaching a Golden Age and we are coming into our own and I'm just wondering if the cycle has to continue that we experience a Golden Age and we descend again? Is this the last time we have to do this?

Ashira: There is no requirement for descension. We got rid of that a long time ago. That is old thinking, old paradigm. Think of it...you are on a spaceship back to the heart of One...you don't need to make any u-turns.

Channeled by Linda Dillon 05-06-14

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# Commander Ashira on More Applications for Universal Law

May 28, 2014



(“Commander Ashira discusses more applications for Universal Law...,” May 28, 2014, at <https://counciloflove.com/2014/05/commander-ashira-returns-to-discuss-more-applications-for-universal-law/>.)

Suzanne Maresca: Good morning and welcome to another offering of *Heavenly Blessings* with Linda Dillon, channel for the Council of Love and author of *The New You: Emerging into the Brilliance of Humanity’s Heart Consciousness* and myself, Suzanne Maresca.

Commander Ashira of the United Forces of the Outer Galaxies is back today to continue our discussion of the Universal Laws, how we might invoke them and what we can expect when we do.

He’s also been sharing with us the galactic perspective on the way things work and it feels like another opportunity to just trust in divine order so we can get on with life as it was always meant to be.

So much is happening that it’s hard to keep track and I admit that my spaciness is becoming more pronounced while my focus becomes sharper and more simple as each day arrives. Perhaps we can get an update on how things are progressing because it feels like the whole world changed since we last came on the air. ...

Ashira: Greetings, I am Ashira, Commander of the Unified Forces of the Outer Galaxies and might I say, beloved friend by now. Welcome, welcome, my family, my friends, my allies, my brothers and sisters. Welcome and thank you for inviting me back.

You know, it is our pleasure as well. It is something of an occasion because, as we are sharing with you, not only information. Yes, the information is valuable because the more you understand about us, how we think, how we live, how we operate, the better you are prepared to receive us. We have been at an advantage insofar as we have observed and chatted on the more subtle levels with all of you for many, many, many years. So it is our joy that you are saying to us and have opened the door and said, "Let us get to know you better and what kinds of things do you know about that might be of value for us to also know about or comprehend or simply change our perspective in terms of how we look at something?"

And that is basically what this conversation that we have been having about the Universal Law entails. Yes, you have been and you are being seeded with Universal Law but what you are also doing is, in your awakening, in your very rapid progression, you are saying, "Well, that is all very well and good. Okay I got it. I've got the book. How does it work? How do I put it to work?"

It is like a nuclear physicist or one of your physicists who build the rocket ships and they say, "Okay now I have a science. Now where are my materials? Let's get busy building this baby."

And that is what we are doing together. We are building, not the rocket ship but the bridge so that you come to us and we come to you. Will we use the ships? Yes. Why would you not use what is so efficient and so readily at hand? That would not be wise, would it? And it is the same with Universal Law. Why would you not use what is already there and readily at hand. ...

But let us begin today by also speaking and using that analogy of the rocket scientist, about how we, as your star family often differ in what we choose to create and how we use Universal Law.

Now, we do this and we share this information not to point the way in terms of what we are asking you to create and how you will use Universal Laws but perhaps to broaden the perspective on how Universal Law is and can be utilized.

Now, there has been much discussion of this on other shows like *An Hour with an Angel*. Many of your soul memories [go back to] to previous intergalactic wars and even much of the interference that was experienced on Earth, on Gaia, decades ago with what you would think of as abductions and what you termed dark forces.

Now those forces were removed about a decade ago but it gave you, not only a taste of but it catalyzed many of your memories of ancient and more inter-galactically recent wars that you have experienced.

Following that devastation there was a period where everyone got very busy - and we're talking interplanetary, intergalaxy cooperation - everybody got very busy building, recreating, constructing because there had been such devastation. And we witness very similar devastation, for example, upon your planet in Palestine or Syria or the Sudan. It is abomination. It is not merely the wreckage of war. It is abomination.

So if you wish to think of where we were [galactically], except on a very galactic framework, think of those places of devastation where people are trapped. There is no building, no water, no

food, no shelter, and those you love are dead, destroyed. The planets you love are dead and destroyed. So then we entered the period of rebuilding. Now we began to know of Universal Law, but like you we were in the primer stage so we used it to construct, construct, construct. But what occurred, my dear hearts, was that the tensions, the frictions, the animosities, the injuries of war had not been healed and there was recognition, as there is on your planet, that if that was not addressed that all the reconstruction in the world would mean nothing because it would simply occur again and again and again.

And that was the nucleus, the beginning of the Intergalactic Council. But there were many peace talks. It was during that time that the language of Perro was developed, which is non-emotional talking, factual talking so as to not irritate one another as well as very diligent work on how to mediate and how to communicate.

So obviously there were thousands of years of evolution. Now, after that was anchored then we re-entered and it was not that we abandoned construction and reconstruction but there was a collective knowing that [we needed] the issues [to be] addressed and eliminated.

And many of those practices are still adhered to, both on ship and on planet to this day. It is not that we have a difference of opinion, we simply have predetermined ways of dealing with conflict.

But then we entered reconstruction and we built many things, many [from] superior advanced technology, is the way that you would think of it. We built these ships but also as we began to rebuild and we had this expansion of our understanding of Universal Law, inter-dimensional physics and science, we became to have greater respect for what you would think of as Blessings and Virtues, the Divine Qualities, and we knew that none of these could be separated.

So for example, our ships of course are technologically-wondrous feats, but they are also organic and as the crew tends to the ship, the ship tends to the crew. The energy of the construct of our ship is in adherence to the law and to the Divine Qualities. So the sacred space, as you would think of it, is built in and this is what you are going to do as you begin rebuilding your homes, your families, your communities, your Cities of Light, your institutions, that the qualities, the inter-dimensional aspects and the Divine Laws are all one. So now we are expanding what we have spoken to you of.

The things these days - and when I say 'these days' I'm talking about about the last thousand years - that we like to create are the expansion of what you often think of as the intangible. So we will use Universal Law, for example, to expand the quotient of light and we have done that now coming on to two hundred and fifty years for what you would think of as the field of Gaia so that she is a beautiful bright pink. And we continue to bathe the planet in the pink. So this is how we use and create these days.

So when we were doing that what laws did we work with? We worked with the Law of Sacred Purpose because the original intent of Gaia was to be the planet of Love. Now, did we interfere with the human race and with the free will of Gaia? No, but what we did by invoking the Universal Law is we created an environment to support what the plan was.



To encourage, to nurture, to bring forth, we invoked the Law of Change and Transmutation so that the discordant energies that the illusion that was so strong during, can we say, the reign - and you one day will speak in this way - the reign of the old Third Dimension, the distorted Third Dimension with all the false grids, we invoked the Law of Change. And of course we are working in this undertaking hand in hand with Sanat Kumara.

We did not invoke the Law of Elimination for this project until very recently because you were not ready for it, but we did invoke the Law of Completion. So you see, it was energy for the planet and everything upon her to make the transition.

Now on a personal level, many upon our ship will invoke the Law of Change or Intent or Unification to work within their family structures so that the unity of the universe and the unity of the family, the connectedness, the love of say a family unit - and there is not that much difference between what we think of as a family unit and you think of as a family unit - so we would work on this so that the quotient of love, of light, and the connectedness of unity is so strong that the bond cannot be broken. Oh yes, you think and you pay lip service to bonds not being broken. But in fact, humans break bonds all the time and it is curious to us.

Now, why do we do that? Because it gives us greater joy; nothing makes us happier than feeling that we are getting closer and closer and closer together. Yes, we do have a group mind; That is why our telepathic communication is so successful, so powerful. But in that unity is also the awe, the wonder, the appreciation, the celebration of each being's uniqueness. So it is not a matter of becoming so close that you merge into one blob...that would not be desirable at all.

SM: Or very attractive...

Ashira: No. And So we want the uniqueness to remain but as you become closer, knowing the joy of another's heart and their knowing yours, or in moments of trouble, of hesitation, and in this way...and I am trying to make this very practical...in this way we can send our emissaries to Earth because they are not disconnected.

So that sense of unification does not disappear. They know full well - yes, they are on Gaia and they are fully engaged; well, there is some adjustment which you know, but they are fully engaged and present - but they are also in the full connectedness to the group, to their family, and to their beloved ones, to their best friends.

So there is very practical application when you are using these laws. So what appears to be intangible - let us build the quotient of willingness to change, of the actual change, of the building of the love quotient and the unity quotient - and then the application comes in a physical way - what you think of and we do too. But first we go to what can make it possible.

# The Universal Law of Sacred Purpose



Credit: Blossom of the Soul

(From Linda Dillon, *The New You: Emerging into then Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: 2013.)

Greetings, I am Sanat Kumara, Master and Keeper of the Universal Laws, and I return this day, my friends, to speak to you of the Law of Sacred Purpose. The Law of Purpose is very important in your very life and in your sacred form of human being who walks the Earth. The Law of Purpose is the freedom to be in alignment with and the embodiment of your sacred self. It is the Universal Law that all adhere to and that all are assisted with throughout all universes and all places and times. Hear what I say: It is applicable to all.

When I have spoken of the Universal Laws, the Laws of attraction, of movement, I do not simply speak of the Universal Laws applicable to Earth. I speak of the Laws for all. I explain to thee how things work. There is a similar principle upon the Earth that is valued, that is in keeping with the Law of Purpose.

It is called your principle of self-determination. It is the right of all beings to choose. This is how the Law of Purpose works for me, for Gabrielle, for Sananda, for the Mother, for She has invented this Law.

When you are undertaking something whether it is combing your hair or bringing peace to the planet you need to examine whether it is in alignment, in keeping with your purpose. In order to do this, dear hearts, it is essential, critical, that you understand and anchor, know, embrace and celebrate the sacred purpose of why you exist, why you have chosen this form and a million others time and time again.

What is it that you do? What is your essence, the ray that you travel upon in your uniqueness?

What is it that you *choose* to do? What is your expression? All creation, all action, all co-creation, all thought, all feeling, all emotion, everything, every speck, every subatomic particle of your being has need to be in alignment with this Law of Sacred Purpose.

Many of you have often wondered why you try to do certain things which never work, because there is an automatic override by your sacred Oversoul (your Stranger) to not allow things that are not in alignment with your sacred being.

It is true that sometimes it is a matter of Divine timing and each of you has certainly experienced that. But sometimes, dear ones, it is simply not in alignment with your purpose, your expression of the unfoldment.

This is important for you to grasp. Just as important is for you to connect within every fiber of your being and align with that purpose each and every moment of your day.

We have given you the litmus test – does it feel like joy? If it does not, we advise you not to undertake it. Joy is present when it is in alignment with who you are, with what you have chosen as your expression of divinity.

Do not deny the wholeness and the huge expanse of your purpose. Sometimes there is a tendency, dear friends, to think small, to underestimate what you are truly capable of. Do not be blind to your potential. See what you are doing. Look at what you are trying to create, and check if it is in alignment with your purpose.

Think of this Law as operating as red light, green light. When it is in alignment with the plan and your purpose, it is green light the whole way. All will come to assist you. When it is not, that is when you experience sluggishness, not being clear, feeling like there are obstacles, wondering if you are on track.

If you do not know your purpose, do not spend one millisecond in judgment or chastisement. Simply sit, open and allow, because all it means is you have not fully explored the corridors of your heart. You have not gone to the places where your own being lives.

Go deep within your heart. Go through that pinprick of light [i.e., the *hridayam* or heart aperture] to the inside of your heart, to the still point, and read what is written upon the walls there. See what is indelibly etched, never to be erased. That is your purpose. And then choose how you express it.

If you still do not know, turn to me, for I am ever-present, and will gladly help you. We all will for you are loved.

Some of you ask, ‘Sanat Kumara, why do you bring this to the forefront now?’ Because it is a time of stepping forward. The Light is upon you. We have told you time and again the changes

upon Gaia work with you. They come through the people. You are the unfoldment, but only in alignment with who you are.

That is what has gone awry with the planet, people have not aligned. As you align, you align for many. Do not step back in fear. Many maladies, many illnesses, many lethargies, many feelings of depression are because you are not in alignment. Let them go and dream big and know that I am with you in love and gold and radiance always. Go with my blessings. Go with my sacred purpose, which is to keep and to teach Universal Law.

*In a separate channeling Sanat Kumara continues his explanation of the Law of Sacred Purpose:*

As you are in a process of embracing your Divine Qualities and eliminating your false grids, it is important to know, and to connect with and understand, the Universal Law of Sacred Purpose.

All energy that emerges from the heart of One, regardless of form, has sacred purpose, expression, and direction. That energy is also connected to your unique journey of completion and continuity.

The Law of Sacred Purpose is the understanding, in the universal sense, that the purpose of all existence is to love, to be of joy, and to find your way back home. However it is also a key element in your sacred path to understand *your* sacred purpose within the greater design of the Divine Mother. How does your purpose, your expression, in this lifetime, as a fragment of your broader journey, align with the Law of Love?

In many ways, this is the starting point of understanding your journey back to One. The starting point of divine union is understanding your sacred purpose. The Law of Purpose is intrinsically aligned with the Law of Intent and the Law of Completion and Continuity. It is aligning your entire being, all realms, all dimensions, all realities, all experience, all thought, all emotion, with your intent. It is the power of intent married to sacred purpose. It is the alignment of the Mother's intent that you know and experience love, and return home in fulfillment of your promise and her promise.

# Sanat Kumara on the Sacred Law of Purpose, Part 1/2

August 17, 2013



(“Transcript: Sanat Kumara Discusses the Sacred Law of Purpose, August 13, 2013, Part 1/2,” August 17, 2013, at <http://goldenageofgaia.com/2013/08/17/transcript-sanat-kumara-discusses-the-sacred-law-of-purpose-august-13-2013-part-12/>.)

Suzanne Maresca: Good morning and welcome to another offering of Heavenly Blessings with Linda Dillon, the channel for the Council of Love and author of The Great Awakening, and myself Suzanne Maresca.

Today we launch our series exploring Universal Laws, starting with the Law of Sacred Purpose. Sanat Kumara will be joining us to offer his guidance on this first law which is defined as freedom to embody and be in alignment with our sacred selves. ...

I'm looking forward to this conversation....

Sanat Kumara/Raj: Greetings, I am Sanat Kumara, and, yes, I invite you, I urge you to call me Raj. ...

We want to explain your Law of Purpose.

Everything throughout the universe has purpose. And you can break it down and you can put it under a microscope, but every atom, every subatomic particle, everything has purpose. And that is something, to a great extent not by you, my beloved lightworkers, but by the general popula-

tion, that has been forgotten. So it is my job and yours to remind them. The Law of Purpose includes, embraces, embodies self-determination and choice.

Now within that, when you are in alignment with the Mother's plan, there really isn't a lot of choice. Of course there are variations.

How does this law work? And understand what I say, that the Law of Sacred Purpose is the same for the atoms that compose a table, a planet, the hair on your head or the lack thereof, your blood, your skin, your heart, your mind, and your entire being.

So you are an integrated person, a human, that has many of these fibers and particles coming together in divine purpose to serve you, to assist you in the fulfillment of who you are, of what your promise is, of what your heart's desire is, and what you choose to do.

Now, how does this work? And I want to be a very practical teacher. You know, this learning that I share with you has been incorporated on my planet of Venus for a very long time. But in the beginning we had the same struggles. We had the same questions. We had the same queries and doubts. But do not worry about this. Leave the worry to us today and simply allow this knowing to flow within thee. And to be anchored deeply not only within your heart but within your very bones.

Now I want to use that practical example that I referred to. Knowing your alignment with your sacred purpose is like red light, green light. You often say "I feel like I'm in the flow when I'm trying to create what I'm thinking, what I'm feeling, how I'm pursuing things. It's simply clear sailing." When it is clear sailing, it's because you are in alignment with your sacred purpose.

Now I've put a proviso on this. It means that it's clear sailing because you have also relinquished fear and doubt and worry, anger, limitation; but that's a whole other discussion. But I must add it here for you to have the broader understanding.

When it's a red light, when you feel that you're pushing against the tide, against the current, that nothing seems to go right, that's because, nine times out of nine times, it's not in alignment with your sacred purpose, with your heart. Beloved angel, you're taking a left turn when you should have turned right.

This is not a monumental mistake or crime. You simply backtrack, regroup and turn right. It doesn't need to ever be high drama. All those stoppages are simply you, yourself, your higher self, your Universal Self, your stranger, your guides, telling you this is not what you want to do.

And it can be as simple as I want to go to the store and buy this. And it doesn't work and it doesn't work and you go to the store twenty two times and you always forget to buy that item. It can be as simple as thinking that you want to fall in love with a certain person and no matter how much you see them, no matter how much you date, no matter how often you go out on adventures that spark isn't there.

It can be as simple as your thought patterns "I'm fat, I'm ugly, I'm unlovable, I'm unloved, I'm really not worth anything." This is horrendous. And never, never could that be in alignment with your sacred purpose.

All law, all Universal Law, including especially the Law of Purpose, is birthed from love. Plain and simple. There is not a law that is not of love.

And therefore any thought, any action, every opinion that you have that is less than, is not in accordance with Universal Law and not in accordance with the Law of Purpose.

That is why it is so important, my dear friends, to know, to come to understand and be joyful in the knowing of your sacred purpose. And it is unique and particular to you. You are the unfoldment of the Mother's plan for Gaia. Just as the trees, the mountains, the grass, the oceans are. It's a harmonious creation and fulfillment.

But it's difficult for you to proceed and you have done so bravely and courageously and with enormous fortitude. But it is hard if you are swimming around in the dark, is it not? So come; come and sit with me in that sacred chamber of your heart and let this knowing of your sacred purpose, in alignment with the law of sacred purpose, come forth and let yourself rejoice because that is your purpose. It is to be love, to be joy, to be of one. ...

[\(Continued in Part 2\)](#)

## Sanat Kumara on the Sacred Law of Purpose, Part 2/2



*It was Sanat, as Dipamkara Buddha, the Lamplighter Buddha, who granted Gautama's request to become a Buddha*

("Heavenly Blessings: Sanat Kumara, August 13, 2013, Part 2/2," channeled by Linda Dillon, at <http://goldenageofgaia.com/2013/08/17/transcript-sanat-kumara-discusses-the-sacred-law-of-purpose-august-13-2013-part-22/>.)

SM: I was wondering if you could speak to what you said earlier on *An Hour With an Angel*, about the rest of the universe waiting for Earth to complete her Ascension process so that they can also make their jump to whatever their next level is. And why Earth?

Raj: Because it is her sacred purpose. If you go back to original purpose, to the sacred purpose of Gaia, when the Mother said in her infinite creation "I would like a place for my angels to play," Gaia who, up until that time, was in the form and the energy and the fullness of being an Archangel, said, "Mother, I will do it. It would be fun for me. I will assume this physical reality form. I will not forget who I am, but I will play at this for a while and I will have such diverse beauty even more - listen to what I say - even more and greater beauty than an archangel." And so the Mother gave her, infused her, with her idea, with the energies to bring forth this planet of ultimate beauty.

But it was never part of the plan that Gaia would simply be eternal, that she would always be in this form or that the humans would be here indefinitely, forever. It was intended to be evolution, soul evolution.



And as the density upon the planet became heavier, the adjustments to the Mother's Plan and the intensity of her energy to Gaia, to Earth, to humanity to ascend to come back full circle to where they were intended to be, grew.

That is why we say that it is not simply an Ascension into the Fifth-Dimensional reality. It is to continue on and it is the freedom in form to be able to experience the different realities and dimensions.

Now when that is anchored, the pattern, the repatterning, the grid, the model is set. And those planets who have had their own hurdles will then take the pattern, the energetic imprint of Gaia and the energetic imprint of humanity and be able to utilize that with their own populations so that they may rise back to the place of love, back to a place of greater consciousness.

I wish to speak to that because love is the form of consciousness. It is complete consciousness. And do not confuse consciousness and heart consciousness and love consciousness with intelligence.

There are planets that are phenomenally advanced and highly intelligent. But they have not perfected the anchoring of that grid of love. And that is the sacred purpose of Gaia and all upon her. It is the beauty of love. And yes, they are waiting in the wings. ...

The purpose, the collective purpose of humanity, and within that the collective purpose of humanity at this juncture of what you think of as "time" is Ascension and what is Ascension? It is moving into heart consciousness. It is the restoration of love. It is the alignment with sacred purpose and what is that? It's how we began. It is the alignment of your heart, your mind, your will with the heart and mind and will of Mother/Father One.

Universal Law is not complex. It is about that alignment. It simply tells us the how to. We would never encourage you to be dismissive of people but we would strongly encourage you to be dismissive of false ideas. ...

SM: Raj, have you a closing comment?

Raj: I would like for you to think during this week about your sacred purpose and then we will travel forward to how the Law of Intent translates the knowing and the embrace of that sacred purpose into the beginning of creation, which is intention.

It is in alignment with all. But it is in alignment with what you want, with what you desire and what you choose to pursue. I cannot wait.

SM: I am looking forward to that as well. Thank you so much for joining us for this morning!

Raj: You are so welcome, all of my beloveds. Farewell.

## Universal Law of Intent



Credit: [higherdensity.wordpress.com](http://higherdensity.wordpress.com)

(From Linda Dillon, *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: 2013.)

Greetings, I am Sanat Kumara, Keeper of the Law, Planetary Logos, Servant of One, brother to all.

The Law of Intent is how do you fulfill your sacred purpose with intention that is clearly aligned with it? It is the alignment of every thought, action, association, behavior, and relationship with the intention of the sacred fulfillment of your soul design, contract, and mission and purpose of your life and soul journey.

The Law of Intent is tied to our earlier discussion of the interdimensional self as well as the understanding of your soul mission and purpose. It is doing the work to not only understand but know what your foundation is, and then work to align your intentions with the fulfillment of that sacred purpose. It is consciously working with the intentional element of the creation formula and process. It is being mindful, directed and focused.

Does that mean you do not take time to relax, play, act silly? Absolutely not. The purpose of the Law of Intent, like all Universal Laws, is balance. That means balance in all parts of your life, and, balance with action, stillpoint, and creation.

*Linda: Sanat Kumara continues:*

If your intention is not in alignment with your sacred purpose, then you are not in alignment with the Law. Every intention, big, small, and in between, is an intention to live a life of purity, of grace, but that is reflected into action.

It is reflected into the qualities of kindness and truth-speaking and sharing and tenderness and mercy, cooperation and compassion. Each particular intention as well as the overall intention of your life needs to translate into the practicality not only of your actions, but your feelings and thoughts as well.

There are currently many on Earth who will do what appears to be ‘the right thing,’ because they want to appear to be kind or generous or thoughtful or sincere, but the intent is not there. What they are doing is working from an ego place, or they are taking an action because they think they have to, but in fact they are angry — what is your expression, ‘mad as hell?’ So, that intention just went awry. It is not genuine.

There are also many who take action from a place of fear. Ask yourself if I am doing it because I am afraid if I don’t do it I am going to get in trouble, either in trouble with the law, with my wife, with my husband, with my children, with my neighbor or with God. Because if that is your motivation, that is not good enough. That is not the alignment with the Law.

Pay attention to your emotional and mental processes in forming intent. You cannot think, ‘Well, I will do this so I will be in alignment, but I really think this is a bunch of hogwash.’ That is not sufficient. But also remember to keep your beloved sense of humor, dear heart. Laugh if you see false intent. Go into your heart and reframe, and then proceed bravely.

Bring all parts of you to the stillpoint of your heart and your knowing and allow the purity of your intent to flow. Never will you be coerced into such an alignment. Intention is a sacred act of free will.

There are times when you drop into concern or even fear of punitive ramifications if you do not adhere to the law, but that is not so. The punitive ramifications you experience are self-created and result in the feeling that life doesn’t work. It is not a joyful or loving feeling. It is not sustainable. It is not rewarding, and it simply doesn’t feel good.

And you see this every day on the streets of every country. You see this in the quiet of homes where people are isolated, in desperation. The ramifications do not come from on high. The concept of punishment, of judgment, is a human construct, not a divine one. But are there ramifications? Yes, because what you are doing individually and collectively is hurting yourself, making yourself miserable.

As your tutor, there are some of you who are reading this and thinking ‘Well, that’s terrible. He’s putting it all on us!’ No, my beloved friends, I am not putting it all on you. What I am saying is there is a body of understanding that if you adhere to it, you will fly free. And I will fly with you, support you, and catch you, dear heart, if you ever falter. I am with you always.

*Linda: Sanat Kumara speaks to us further about the formulation of intent in the process of creation and co-creation.*

*He enlightens us on the balance of partnership of above and below with regard to intent – how our actions and unfoldment are part of the intent of the Masters and how they are part of our intent. Powerful insight.*

*Raj also addresses the issue of integration and the upheaval that is currently being experienced by so many of us.*

Greetings, I am Sanat Kumara, Keeper of the Law, the Law of Love, the Law of the Universe, the laws of your heart. I am pleased to speak to you again as we began with the formulation of intent.

What I ask of you is to not make and create these Laws into universal mysteries. That is why I have distilled them with the help of many, to a formula that is fully understandable, comprehensible to your minds, body and heart. For it is our dearest wish, my friends of Earth, that you join in this co-creation of your new planet.

It is an interesting undertaking, for not only are you the co-creators of this new reality; you are also part of it. It is the intent of this Universe of the Mother and the Council of Love that you participate, fully and completely, in this creation.

Each one of you has come from very different corners of the Universe and planet to do this. Each one of you carries a unique expression of your personal miracle. Never have I looked into a heart - and it does not matter whether it is your heart or the heart of All - that I do not see a smile or adventure, a desire and a wish, for that is part of the unfoldment, the evolution, the ongoing creation of All.

Your expression of divinity has never been limited but the false grids of humanity have been heavy. The illusions have been thick, but, my brothers and sisters, you have shed them, and your heart is open. I ask you to join with me, first in the creation of your heart's desire. Do not worry about the Universe or the planet. I am asking you to start with yourself, because this is transmitted throughout time and space, the wavelengths of the grid, and it penetrates the hearts of your brothers and sisters, throughout all time and all space.

Some of you have experienced great difficulty as you have integrated all aspects, all markers deep within your heart and deep within yourself. You have seen parts of yourself that you have not recognized and you have not witnessed for a long time, and you say, what is that and what is going on?

It is your soul intent to bring all parts of your being, your essence, your soul design and the aspects that have fulfilled parts of this design home to be reintegrated. There are parts of you that have been in service to the Mother/Father One, for eons.

Now, I wish you to consider for a moment, if you were sent to the wilds of Afghanistan to hold the light of peace, and you were left there for centuries. You might be a little disheveled. Why, you might even be irritable. You might wish to cross your arms and say, it's about time. So, welcome your essence back, and understand the grumpier parts are often your markers, and your

markers are simply parts of you, not the wholeness of your being that you sent off on brief mission to do very specific things, and then forgot about it.

You are growing. All of this reintegration is part of your intent to create, to bring back the wholeness of who you are, and it is from this place of solidarity of unification that you will go forward.

Now, let us speak of that intent. We have spoken about how you are part of our intent. Understand that we are also part of yours. A long time ago you said to me, 'Sanat Kumara, I will go to Earth, but I do not intend to go alone. So, I will go, but when the time comes, give me a gentle reminder. Do not leave me like my markers out there, wondering what the heck is going on.'

We are in sacred union, sweet angel, in partnership. I am Master and Keeper of the Law, and I am your dearest friend. I do not wish to be separated from you. I will walk within you. I will walk with you. I will walk behind you. We will fly. Do not shut me out.

It is my sacred mission on behalf of All to help you remember. You are my golden flame. You are my beloved one. You are the courageous ones. You have said, I will go again and some of you have done so because you love this planet and some of you have done so because you have been asked, but all of you have done so because of your love for the Mother.

You have come because of your belief and intent that love will reign on this planet, that peace will survive and thrive on this planet. Your lifetime, here and now, is your action. You will refine it, you will direct it, and you are already half way there.

Intent is the feeling of your heart. It may be a prayer and it may be a whoop. It may be a cry of joy or a cry for help. It is all the same and it is all heard. Now when I have asked you to start with yourself, I did not mean to start out small. Dream big, you are magnificent.

The wholeness of your being shines and attracts your brothers and sisters from galaxies near and far. Ascended Masters line up at your beck and call. It is because you are loved and honored, and even if you do not know, we know who you are.

We invite you, we implore you to play with us. Remember your heritage, the stars, and come with us, and when our traveling is done, you will gently land upon this planet. Bearing not only flowers, but fruit. Thank you.

## Sanat Kumara on the Law of Intent, Part 1/2



(Heavenly Blessings: Sanat Kumara, August 20, 2013, Part 1/2,” at <http://goldenageofgaia.com/2013/08/26/transcript-sanat-kumara-discusses-the-law-of-intent-august-20-2013-part-12/>.)

Suzanne Maresca: Good morning and welcome to another offering of *Heavenly Blessings* with Linda Dillon, channel for the Council of Love and author of *The Great Awakening*, and myself Suzanne Maresca.

Here in the second installment of our series exploring Universal Law we’ll be discussing the Law of Intent with Sanat Kumara. The alignment of our every thought, action and relationship with our sacred purpose is what the Law of Intent is all about. ...

Sanat Kumara/Raj: Greetings, I am Sanat Kumara. Welcome to each and every one of you. Yes, I am your dear friend Raj, brother, teacher, and holder of the Law of One and of All.

There is no creation that is meaningful, in the sense of the universe or yourself, without intention. Whether you choose to engage consciously and actively with the Law of Intent or whether you simply choose to ignore it does not mean that it is not in operation.

And it is important, my dear hearts, that you fully understand this. When I am speaking of the various thirteen Universal Laws that are particularly pertinent to the advancement of humanity and your experience within the twelve realms and twelve dimensions at this time, you did not come to this planet of Gaia during a time of shift and ascension to be unconscious. Quite the contrary.

So prior to this time you could say to me, “Well, Raj, I was not aware” but now that disappears, does it not? And it is time for you, for each of you in your divinity in your wholeness, to actively engage with the Law in every aspect of it and to do so in ways that are meaningful, not only to the collective but to you.

Because when you are operating in ways that are meaningful to you, when you are intending that which is the balance of love, charity, or compassion for you, then of course it has the same reflection throughout all of your planet, all of humanity.

The Law of Intent is kind. It is generous. It is sharing. It is joyous. It is tender. It is considerate. It is never selfish or arrogant. It is never excluding of others’ well being and development. For that would not be in alignment with the Mother and with love.

When I speak to you of intention, I wish to speak to you of intention on every single level. Your feelings, yes, your emotional body. How are you holding, projecting, anchoring intention within your emotional body, within your mental body. You cannot anchor what you intend to bring forth, what the intention of your life is, your service, your pleasure, your joy if you are holding contradictory thoughts.

So the Law of Intent means that your mental body and your emotional body are coming into that alignment with Divine thought, mind, will, heart. There has to be consistency, congruence, and constancy.

Yes, I am one, as your planetary logos and as keeper of Universal Law, who will speak in absolutes. Because the Law IS. It does not have variation. You cannot say, well, I will accept a little bit of this, and a little bit of that. It does not work this way.

And that is what humanity is working on and that is what you are creating and altering in the reality of the human experience. The human condition, the human experience, the creation work of humanity has been far too manipulated and convenient and it has been intent by ego rather than intent by love.

And you have learned and you have experienced and you have been broken-hearted because you see that that does not work. It does not even begin to work. It does not even begin to serve.

So now I speak to you and I ask you – you have just been given the vision of your sacred purpose. Is it in alignment with the totality of who you are? Every thought, every action, every friendship, every collegial association - how do you behave? What are your relationships like? What does your action reflect? What does your behavior reflect? Is it in complete alignment with your intentions for what you wish to achieve, what you wish to experience, and what you have agreed to do?

If it is not in that alignment, then, dear heart, you’re out of balance. Now is this cause for alarm? No. It is cause for simple correction. Bring yourself back. Of course I will help you. That is my joy and that is my purpose. And yes, Gabrielle is helping as well. She is bringing you back to the place of centeredness.

Now let me share my understanding. There are many of you who have avoided being centered and balanced. And you have equated being centered and balanced and in alignment with being boring. You want to be unique and different; perhaps a little quirky - that is ego.

How you express the beauty, the excitement and, yes, the uniqueness of who you really are, which is much grander than any ego thought, is by being in the center, by being in the core of your sacred self, of being the reflection of who you really are. Not some fantasy that changes week to week, year to year.

There is nothing more magnificent, more grand, than the expression of your truth. It is far greater than any costume or job or persona that you can adopt. And this centeredness begins to give you the insight to operate and create in ways that you desire. You cannot create when you are out of balance, when you are in fear, angst, anger, disappointment, despair, lack, or when you are thinking that you are in control. It's not possible.

Now I am giving you an assignment. And yes, this will become a regular occurrence during this series. For I take my role as planetary logos and teacher of the Universal Law very seriously. I ask each of you over the next week to go back again and again and again to reflect, to listen, to hear, to read, and to expand your understanding of what your intent is. What is the intent that you had prior to coming and what is your intent right now in terms of your progression through ascension?

What is it you demand of you? What is the heartfelt request that your Universal Self is making of you? And from this, you begin to feel the alignment into your actions, your behaviors, your wishes, your dreams, your creations. If you do not know the truth of your intention, just as if you do not know your sacred purpose, how do you proceed? You are wandering around in the dark.

It is not for me to tell you. Oh, I will whisper in your ear during meditation, but I mean in this form. It is not my role to tell you what your sacred intent is, because it is also one of the most joyous discoveries of your life. And there are many layers and facets to this. So do not think it as just one line. Take that one line and build upon it, my sweet angels of light.

We are here to assist. We have always been here to assist. But now, it is time, as Archangel Michael has said: We are upping the ante.

[\(Continued in Part 2\)](#)



## Sanat Kumara on the Law of Intent, Part 2/2

August 26, 2013



*Sanat was known to ancient Hebrews as the Ancient of Days*

(“Transcript: Sanat Kumara Discusses the Law of Intent, August 20, 2013, Part 2/2,” August 26, 2013, at <http://goldenageofgaia.com/2013/08/26/transcript-sanat-kumara-discusses-the-law-of-intent-august-20-2013-part-22/>.)

SM: Thank you so much, Raj, for being here with us again. I’m really appreciating the topic because it feels as though the hidden but emerging power to manifest that humans have is around intention coupled with imagination.

So for me, trust is playing a huge part in this unfolding because I have no solid evidence that the fervent visions of my imagination are having any effect. So when we intend to send light to someone or some situation and we imagine it in our mind’s eye, and it happens to be part of our soul agreement to do such things, what else factors into the equation to bring our intentions to fruition?

Raj: Intention is the beginning of creation. And we have spoken of this formula and the collection of the creation codes, but, shall we say, embedded within intention is inspiration and imagi-

nation. It also includes not simply an idea, but the actions, the behaviors, the heart's desires that are congruent.

So for example, as you are saying, if you have the intention that you wish to send healing and you imagine that light and love traveling out at the speed of love, then you are in alignment and you are expressing your intent. So you have already begun to implement the action. ...

You have worked a great deal with false grids. Now, you are working with Universal Law. There will be groupings that I will bring to you, so think of it as the "I" Group – Intent, Ideas, Imagination, Infusion. All of these are part of intent. Intent is your starting point once you have established the intimate relationship with your sacred purpose.

So yes, you hold intent. It isn't something that you do for ten minutes a day. You may take ten minutes at the start of your day to anchor the clarity of intent, intention for your day, intention for your week, intention for your behavior, intention for what you choose to receive throughout the day, how you wish to interact with others, and the inspiration you wish to receive.

So you set the intent but you carry that around like an amulet around your neck. All day long. Each and every day. And you have carried your intention for this and every lifetime for eons. So it is already embedded deep within you. It is simply a matter of bringing it into your conscious reality and your everyday activity.

That is part of the reason why we are speaking about intent right now. It is about bringing it into your world. And letting it be reflected by the divine qualities. Because the expression of intent, your intent, which is part of divine intent, is never cruel. It is never unfair. It is never unkind. Does this answer your question?

SM: Yes, it does. And if I could just get one extra confirmation here. All my work is in the invisible realms of light and energy with intention and imagination, so I just want to confirm that it's enough to bring about significant positive change, that overt physical action is not always necessary.

Raj: That is absolutely correct. And yes, you have added another "I" – invisible.

A great deal of the work of transformation that is taking place upon this planet is not seen. So it is difficult and it is an act of trust, of faith, when you say for example, "I am sending the energy of the intention to Robert Mugabe that the heart opening and that the people of this nation are free to express, to thrive, to grow, to shift."

And then you see that there is a change in this leadership. And you think, "it worked." Or do you think "Gee, I hope I was part of that." What I am asking you is to celebrate the victories of the unseen and invisible. When you note that a shift, a change - and it is often subtle, and sometimes it is very obvious - celebrate it.

You do not take - and I do not mean you, my sweet Suzanne; I mean all of you - you do not take enough credit for the work you do. So this is part of the difficulty. You think, "I work, I work, I send, I send, I send, and where is my proof?" But the proof is there.

So when you witness it, when you see a change in attitude, such as that the behaviors or nation states become more compassionate, more open, say to yourself, “I did that.” Take the credit. Celebrate – not in an ego sense, but in the sense of a job well done. Please, we’re asking you to do this.

SM: It’s certainly a lot easier to do that when you do see a change, but when the change is not evident, for example, in a physical situation, if someone is suffering from illness or some kind of pain in the body.

So we do our work, and we set our intentions and we ask for the energy to come through us, and we may even explore what the unseen powers are that contribute to this, and, if it doesn’t change, then what do we do with that?

Raj: That is a good question as well. Because when you send the energy, and it doesn’t matter whether it is to heal a broken body or a broken heart or a shattered nation, you also have to realize that there is the ability to reject it on the part of the recipient. You have to realize that you are not in complete control.

You are a contributor, not a controller. There is a divine plan of unfoldment. So think of it in this way: Every person, whether it is an individual in a hospital or an individual as a head of state, or an individual who believes themselves to be in dire straits, all are in a situation where they, can we say, are in desperate need to receive, but if their hearts in that moment say “no,” then that is accepted. It is free will and we will never interfere with it.

But let us also explain - because you say, “what happens when you don’t see results” – how it works.

There are two things that happen. First of all, the energy that you send, the energy of love and healing, is never wasted. That is one of the new rules. That is part of the Law of Intent. If your intent is to send healing energy, then that is what happens. It goes to others (plural) who are praying for healing. So they receive the answer to the prayer that they have been making, to the plea that they have sent out.

The other thing that happens - and this is part of what we also are doing - is that that energy - so think of it as the sun – the rays of the sun are going out and healing others and the sun is still standing at the doorway of that individual that you sent to.

Now, as your sun and Linda’s sun, as my sun, as Gabrielle’s sun, as Michael’s sun, as the Mother’s sun, as the healing team’s sun shines, eventually what happens is the power is so strong it breaks down and melts that wall. So don’t think that because you do not see the immediate results that it is not having its effect. It is.

The other thing that is happening, and that is why we are so keen for you to understand the universal laws, is that the speed at which energy is traveling, the unfoldment of the plan of the Mother, the unfoldment of you, the unfoldment of your ascension, the unfoldment of love is speeding up.

So things that in previous times may have taken decades you are going to see occur rather rapidly. And things that have been in the works for decades or even hundreds of years are going to come to completion or fruition very rapidly.

So do not stop with your intent, thinking “Well, I’ve been doing this and it has not been working.” Also understand the intent. Your intent is what you do. So if your intent is to send the energy, then you do it. Because that is your intent.

Your intent is not formulated on the outcome. The outcome is the feeling in your heart of knowing that you have done exactly what you had agreed to do. And for you, for example, your intent and your purpose is to work in the invisible realm.

SM: So every day presents a new opportunity to relax and trust in faith.

Raj: Yes. And to celebrate. So don’t always look for the results. Celebrate also “I did what I was supposed to do today, what I intended to do, what was in alignment with my sacred self and the universe.”

SM: That’s the missing piece for me. So I really appreciate you saying that – to celebrate what I do. That’s a really good message. Thank you for that.

Raj: You are welcome, dear heart.

SM: Are you ready for some callers? So let’s go to Jillena. Are you with us?

Jillena: Yes, I am. I think my question really comes in getting more clear about the nature of intent. Basically, is the intent really founded on self-worth?

Raj: There is an element of self-worth involved. But let us be clear: If you are saying it is contingent, founded, or dependent upon anything, it is simply dependent upon knowing and becoming more and more familiar with your sacred purpose.

Now, one of the elements of what you are doing in eliminating this false grid of this cancerous lack of self-worth is the belief that no matter what you intend, it will not come to pass. Well, I am offering you a work-around.

When you go and you align yourself with the sacred Universal Law of Intent, and you ask that everything you do, think, feel, believe, be in alignment with that sacred Law of Intent, of which your intent is part, and then you keep to that practice daily, hourly, it will eliminate these feelings of lack.

Because what happens is you become more anchored, more enmeshed in the fiber of truth. Because the laws are the truths of God. You cannot be in the truth and hold a belief system that is not in alignment with the truth; and lack of self-worth is not in alignment with any truth. It is part of the old. ...

SM: Area code 828, are you with us?

Caller 828: Yes, thank you very much. I was wondering, what does one do when a tsunami of fear overcomes you when you're intending.

You're trying to do your dreams and you keep getting impacted. How does one deal with that? Is there a prayer that one can utilize.

I'm seeing a massive amount of fear coming over before I make that jump to get out there and do my thing. Does that makes sense?

Raj: And the fear freezes you? So understand and look at it. The thing about fear is it is the twin of anger, because very often when you are afraid you also get angry that things have not materialized or manifested. The thing about fear is it freezes you in place and it also then calls upon its cousin doubt, which will knot your very heart.

So you have put yourself - and I do not say this in a way of criticism, - in a place where it is very difficult to escape. But it is not impossible. And it can be done as quickly as this.

I have not taught you yet the Law of Elimination, so we will not go there. But I will invoke Archangel Michael and you can use his sword.

Think of fear as being tied up, chained down, incapacitated, tied to the railway tracks, and you see the train is coming. Or you believe the train is coming. Because mostly fear is not about truth. It is about illusion and it is about ego. And ego wants to stay in control.

And so what you are doing is you're allowing ego to run rampant and to bring you every excuse under the rainbow about what won't work, what you can't be capable of, what you can't accomplish. If you can look at this with me right now, and laugh, it will dispel the fear.

Then take the sword of Michael, invoke Archangel Michael and let him cut all the ties that bind. Because it limits you and you were never intended to be limited. So make your intention, your primary intention, in alignment, invoking the sacred Law of Intent - the intent that all fear, all limitation, all feelings of inadequacy be eliminated right now. ...

SM: We have about a minute left. Have you got anything to say in closing. And what are going to talk about next week?

Raj: We are going to talk about the Law of Within and Without, Above and Below. And we have been talking about this and it follows from intent. If you have the dream, the dream is in existence.

So how do we begin to invoke this law, to bring what you desire forward? Keep going, my dear hearts. Read the chambers of your hearts. Expand your intent, your law of purpose. And call me.

Go with my love. And go with incredible peace and celebrate. Celebrate what you are creating, what you are doing. And know you're in charge.

# The Universal Law of Within and Without, Above and Below



(From Linda Dillon, *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: 2013.)

I am Sanat Kumara, Keeper of the Golden Flame and Keeper of the Law. I come to speak with you of the Universal Law of Balance and the Law of Within and Without. You are all familiar with the Law of Above and Below; as above, so below. But it is also as within so without. I come to remind you of this.

My friends, it is not a matter of deciding who you are, for you have been the essence of who you are forever. It has been entrenched and etched throughout the heavens, Earth and the stars of many galaxies for a very long time. Understand this.

What does this have to do with within and without? What we are speaking of is the decision that you have made and are making to step forward and accept the mantle and joy of responsibility, the fullness of your mission on Gaia. You are the teachers, messengers, healers and pathfinders. You would not be here had you not decided to do this. Yes, even kicking and screaming. Understand, there are many who stayed away, which is also as it needs to be.

Balance means not carrying your brilliance simply within, but also allowing for its outward expression, in the without. It is the way of balance and it is the way of wholeness. Do not ever worry about what it is exactly you are going to do or how that will look. Simply remain within the stillness of your being; then project and move into action. It will be in divine accordance with mind, will and heart, above and below. That is the Law.

When you are truly in the stillness of your heart, and a decision within is made, the projection of action externally will take place.

When you do not know whether what you are about to do is right or wrong, turn to me and ask ‘What do you think?’ We will answer. Do not think we do not have interest in your individual life, soul and mission. You are the expressions of God, through the expressions of Love. What transpires upon this planet has impact throughout many universes. It depends upon you.

We guide, direct, teach and counsel, but the actions, dear one, are yours. Simply know you have decided; you are prepared. You have been given many tools. Even when you knew all you have need of is your heart and hands, we gave you tools, not to depend upon, but to play with; not because you need them to be healer or teacher, but because the humans you interact with also love gadgets. It does not matter whether they are sophisticated Internet tools or a simple crystal; humans love toys, and that is particularly true of the United States of America. You may thank St. Germaine for that.

Know, my friends that I am with you, as Keeper of the Law. I am not judge and jury, for there is no place in the Law for judgment, not of self and not of others. I am your assistant. Go and play.

*Linda: We finish this section with a beautiful message of hope from Archangel Michael on the Law of Above and Below:*

What has taken thousands of eons can be healed in one moment. That is the truth of the Universal Law of As Above, So Below. What has been healed in heaven will be healed on Earth. That is why so many have returned to Gaia, and you will return home victorious. For many of you, the illusion of power has meant separation. It was a false belief. Be strong enough and courageous enough to come home. I will be your honor guard.

I will let no one harm you. I will hold my shield high that no injury or barbs will hit you. There is no need to live in your personal hell. You know this, so let it be. You are already powerful, worthy and whole. Look into the mirror of my shield and see your own glory and behind you see the ten-thousand-fold that you lead back home, all smiling and thanking you, gratitude in their hearts. When you are all home then I will return to my music. But not until then. Farewell.

## Sanat Kumara on the Law of Above and Below, Part 1/2



(“Heavenly Blessings: Sanat Kumara, August 27, 2013, Part 1/2,” at <http://goldenageofgaia.com/2013/09/03/transcript-sanat-kumara-discusses-the-law-of-above-and-below-august-27-2013-part-12/>.)

Suzanne Maresca: Good morning and welcome to another offering of *Heavenly Blessings* with Linda Dillon, channel for the Council of Love and author of *The New You* and *The Great Awakening*, and myself Suzanne Maresca.

Today we’re exploring the Law of Above and Below, Within and Without, with Sanat Kumara. This ties in with the Universal Law of Balance in divine accordance with the mind, will, and heart ~ above and below.

I’m excited to get into this, because by the definition of the Council of Love, this Law speaks to the fact that none of us would even be here unless we had decided at some point to step into the fullness of who we are. Balance calls for outward expression of our brilliance and the moment is right for us to accept the truth of this and to take appropriate action.

I’m looking forward to hearing more about the Council of Love statement that what’s been healed in heaven will be healed on Earth.

Sanat Kumara: Greetings, I am Sanat Kumara. Welcome to each of you. Welcome, my brothers and sisters of my heart, of my journey. And welcome to this time, not only of the study of the



Universal Law, for it is my joy to be your teacher and your guide. But what we are also undertaking with each of thee is the practical....

It is the time, my friends, of fruition and of bringing into your life, your world, your reality, which is a Fifth-Dimensional reality, not only the understanding of how the law works, but the practicality of how you work with it in order to create, in order to bring forth, yes, what your heart desires. But also Nova Earth, Nova Human, yes, even New You, the beauty of each of you.

You are not simply a fragment of who you are above and we don't know how many times we will have to say this. We will say it until it is firmly anchored within your knowing conscious self. In this lifetime, in this incarnation, you have brought the fullness of your soul design, the totality of your being, into form.

Now how is this different than other incarnations, other journeys on other planets that you have made with me and others? Let me preface this by saying that each of you has an enormous array of talents, abilities, and capacities.

In previous incarnations there were times when you would say, "Well, I am going to incarnate and I am going to contribute to the greater understanding of humility and piety." And so you have chosen circumstances, whether they are financial circumstances, or a lack of talent, or being in a situation where you were having to practice humility and I do not mean that you were a monk or a priest or a nun, because sometimes the greatest humility has to be practiced by kings and queens.

So you created situations where you did not bring the fullness of everything, of who you are, think of it as above, with you in order to build for yourself but usually for the collective, trying to break the paradigm of the old Third. You didn't bring all of you so that you would be able to do this and to learn more deeply and to teach by example and devotion more deeply.

That is not true in this incarnation, in this period of Ascension. Now, let us also be very clear. You never left the spark of your divinity at home. That is not possible. So whether it is you, my beautiful lightworker circles, my loveholders, you have never left your spark of divinity of oneness at home, and neither has anybody else.

Even if they're behaving and lost in the darkness and behaving in atrocious ways, it does not matter. Their spark of divinity is still within them and it always has been. We are not simply speaking for a select few, we are speaking for all of you because this is the time of Ascension of Gaia, Ascension of the kingdoms, Ascension and completion of this chapter for humanity as well.

And everybody is on high alert and standing by for this completion. ... We have told you, you are not simply masters in the making. You have brought the totality of your mastery in a wonderful diversity of ways to the planet. So you are fully the reflection, the embodiment of that spark of love that you are above, say, in heaven, and certainly the totality of your being as you are in what you think of as the higher dimensions. You do not lack anything.

Now in the physical form that you have chosen, and designed, yes, in concert with your guides and with the Divine Mother and in concert with those that you are choosing to incarnate with, you designed your body, your physicality, your wherewithal, your container in a certain way.

And there are some of you that we listen to and we hear you say “Well, this is not perfection. This is not the way. I am sure it is not the way I appear in heaven.” The contents of the container are the same and the design is perfection for what you wish to be a reflection of and what you wish to communicate, that will act as a catalyst not only for your Ascension, for your completion, for your jump, but also for others.

So there are those of you who would say, Sanat Kumara, Raj, I cannot believe that I chose to come to this planet with this disability, with legs that don’t work. And I would say to thee, yes, you did.

And you may have come in this representation to simply activate the collective compassion, or humility, or to work with the laws of change, of transmutation, of elimination.

But there have been no errors. First of all, the Mother doesn’t make mistakes. And in your divine self, my friends, neither do you.

And yes we have often heard this, “Oh, I am sure I made a mistake. I came to the wrong family.” No. You didn’t. Now, did the exercise of old Third-Dimensional reality and free will perhaps affect the outcome? Most definitely. But do not think it was a mistake. There aren’t any.

Now, anchor it and accept it. This truth - whether you are black, white, yellow, tall, short, impaired, brilliant – that you are the exact replica inside the container of your divinity, is a very important starting point.

And within that container, within your heart, in the understanding of your very specific and unique mission and purpose are those desires of what you wish to bring forth, what you wish to experience,

And everything that is in that basket of desires that is of truth, not ego, and not lack, is ready for you. It is within you and it is also without. It is also existing either in the universe or upon your planet. And you are as capable of drawing something across the universe, which you have just done, as hailing a taxi.

The greatest obstacle that we face with you and that you face is you accepting how powerful you are, that you have this innate ability. That is why we speak of Universal Law, creation formulas, divine qualities; we are simply your memory joggers. We are your assistants.

This is part of our service to the Mother because in her design what has occurred is that you are the embodiment. You, not Saint Germaine, not Saint Teresa, not myself, even as planetary logos - you are the embodiment of the fulfillment of Her plan. Each of you.

Now this is not meant to send you in a tailspin or put a mantle of such responsibility upon your shoulders that you feel that you are overburdened. This is the dance, where you say I am doing

what my heart desires, how I am led, because this is in direct alignment with who I am above and right here and now. And if there is any variation I will correct it.

Stop doubting yourselves. You do not spend a great deal of time working with Universal Law. But what I am asking of you, particularly with this Law of Above and Below, Within and Without - invoke it. Because it brings forth that alignment. And it begins to bring it forth in tangible reality.

Each of you has a magnificent mission. You may think of it as small, but it is never viewed that way from our perspective. So when you are doing this, you are fulfilling your sacred purpose, your physical human heart desires. Your angelic heart desires. And you're creating Nova Earth and the unfoldment of the plan of fulfilling your ascension – all at once.

I cannot emphasize to you my beloved ones how important this is. And it is not a guideline. This isn't "Here's a helpful hint. Perhaps you can use it. Maybe it will work for you." I speak to you as the keeper of Universal Law. It is not malleable; it is a codex. It is the understanding of the truth of God, of how things work.

So begin my friends, and if you're in hesitation, if you are unclear, turn to me, turn to Gabrielle, turn to your guides, turn to Michael, turn to the Divine Mother. We are glad to help you.

### **Footnotes**

(1) Maré = The Ocean [of love]. I.e., the Divine Mother.

## Universal Mother Mary on the Law of Change - Part 1/2



*The Divine Mother herself incarnated as Mary, Mother of Jesus*

("Transcript: Universal Mother Mary Discusses the Law of Change, September 3, 2013, Part 1/2," September 6, 2013, through Linda Dillon, at <http://goldenageofgaia.com/2013/09/06/transcript-universal-mother-mary-discusses-the-law-of-change-september-3-2013-part-12/>)

### **Heavenly Blessings: Universal Mother Mary, September 3, 2013, Part 1/2**

Suzanne Maresca: Good morning and welcome to another offering of *Heavenly Blessings* with Linda Dillon, channel for the Council of Love and author of *The Great Awakening*, and myself Suzanne Maresca.

This is the fourth installment of our series on Universal Law. And the topic today is the Sacred Law of Change. We're especially blessed today because our beloved Universal Mother Mary will be joining us to offer guidance on this fourth Law. Change is something we all respond to differently and right now on Earth, change is all around us in the most profound of ways.

This can bring up fear for some and excitement for others, but change is indeed inevitable. The CoL tells us that this law speaks to movement and action. As we settle into our innate role as creator beings, the world around us will be in constant state of flux and it's going to be vital that we learn to embrace change for the blessing that it is.

This is an exciting topic for me because I've really always loved change. Leaving a job has always been an exciting thing for me, but I'm certain that there are many reasons to be excited about change beyond simply looking forward to something better. ...

Universal Mother Mary: Greetings, I am Mary. Universal Mother, mother of love, mother of hope and, yes, beloved ones, mother of change and mother of constancy, continuity. And it is these three "C's," change, constancy, and continuity that I wish to speak to you of this day.

My beloved children, children of my heart, when I say that I have birthed each one of you, what do you think I mean? That I am somehow responsible? Yes, that is so. But it is more than that.

You have moved and traveled and been expelled, birthed, from my essence, from my core. And even in that birthing, dear heart, is the movement of love, the movement of energy into form eventually, for you did not start out in form. You simply started out as a spark of light, of love, and then the adventure began. And if you look at it over what you think of as timespan, you can see the progression and the many changes that you in conjunction with I, and with your beloved guides, and many consultants have wrought.

For you have been angels, some of you archangels, star beings, interplanetary beings. You have assumed many forms – rocks, trees, animals, humans, Pleiadians, Arcturians. You have always been in accordance with the Law of Change, the Law of Continuity, the Law of Constancy. For it incorporates all three of these aspects.

So the core of you, the essence, the very essence of who you are does not change. It continues. It assumes different forms. It travels throughout the Omniverse. But the core of your being is constant and it is in constant movement. Even throughout what you think of as this lifetime.

You are in constant movement. Yes, there are times when you are in stillpoint of creation, but also understand that in stillpoint there is still the movement of creation and of re-creation. The essence of who you are continues throughout time and space. That is the law. That is the Law of Change: constant movement and consistency. And you remain in that movement until you actually return at the completion, the end of your journey when you reunite with One.

Now does that mean that you do not have the ability for stillpoint? No. Because that is part of your spiritual genetic makeup as well. But even as you hold the stillpoint for seventeen seconds, which is the amount of time in your realm that you hold for what we would think of as fertilization and actualization. You think of gestation as nine months. In reality when we are speaking of this, it is seventeen seconds.

But when you begin your seventeen seconds of stillness, you are not the same person at the end of that seventeen seconds. You have changed. Skin has changed. Hair follicles have changed. Ageing has taken place. Restoration has taken place. Gaia has continued to spin on her axis.

So you are never not in the flow of change. It simply is not possible.

So even when you take the brief hiatus on the stillpoint, you are still in the movement because the energy of the universe continues to move. It moves with you, through you, around you.

Your blood does not stop flowing, your heart does not stop beating, and this – I wish to be very clear with you – this change of your breath, of your heart beating, of your blood flowing, this is my gift of infinite, eternal expansion.

This constancy of change and the continuity within that is the gift of your eternal becoming. So what do you do with this law other than understand the obvious? You work with it. Because what is creation except the manipulation - and I mean that in the most positive of senses - it is the manipulation of particles, subatomic fibers, molecules and energy into what you wish to experience.

And dear hearts, let me be clear with you. I do not care if it is six, seven or eight billion; the only thing you wish to experience is love.

That is it.

Now, you may label it relationship, financial security, adventure, meaningful work, but really it is love. And what is love except the eternal flow and the constantly-changing flow of energy? Not only the flow between yourselves, not only between you and Gaia, but, sweet angels, between you and I.

There are many cords that have been broken by my sweet Michael with his sword. He has assisted you magnificently as he has assisted me in removing ties that bind you to illusion, ties that do not serve you, cords that simply imprison you. And he will continue to do so because, yes, in the effort and the human reality, even as you are anchored in the Seventh, there are still some residual cords that you carry, out of love and sometimes out of fear. But that is not the point of my conversation.

There is one cord that cannot and will not ever be broken. Not by Michael, not by dark forces, not by you. And it is the infinity cord, it is the flow of energy between you and I.

It is my love that I send freely and constantly to each and every one of your hearts. It is the infusion of my blue diamond and, yes, we have added to that with your pink and the father's gold so that your tri-flame is balanced. For I do not simply desire to create a clone. Some of you are very much like your Mother, but some of you are magnificently like your Father as well. And then there are some of you who are so uniquely and distinctly yourselves that you are celebrated above, below, and beyond.

But this flow of love, this infinity of love, never stops. And inside that, as it comes to you simply as life force, as inspiration, as ideas, as energy to keep you going, it is to create, and it is to create not in confusion and certainly not in the old paradigm of the old Third. It is to create and to co-create with us your Ascension, your claiming your position in service to the light. It is implied service to your sacred self, service to your sacred unions, plural, to me, to Father/Mother One, to your guides, to your brothers, to your sisters, to your soul family, to your partner, to your children and to your community. That cannot stop.

So when you think of this Law of Change, really what it is asking is what are you doing with every moment of your life? Am I keyed into the infinite creation and expansion of the Moth-

er? Or am I hiding in the hole? Am I cowering in fear? Am I limiting myself? That time of being outside the Law of Change, or of denying the Law of Change, is over. That is why I have stepped forward this day.

You have all witnessed children who put their hands over their eyes and think because they cannot see you that you have disappeared. It is very sweet. But many of you have done this and thought if I can't see it, then it will disappear and I will not have to deal with this constant change.

The change - the constant change - is the gift, my beloved friends. It is the gift of infinite becoming, of such expansion that you would marvel. Now you did not come to this Earth or to this lifetime with limited capacities. You brought the totality of your mastery, of your talents, your capacities, and your abilities anchored in your human form. You brought them in your mind, your heart, your body and your will.

So the question is, with each moment as a brand new opportunity, what are you creating? Are you in that infinite flow? Have you accepted and have you paid attention to where are you in your cycle of creation? Are you in the formulation of inspiration and simply listening and dreaming, which is magnificent and playful and gleeful and fun?

Or are you in the position or in the point in your cycle where you are planning and putting the pieces together? Are you in implementation? Are you in the action and the fulfillment and starting to believe and think about what your next undertaking will be?

And within each of these creations are a million small creations. Because in each moment the energy is shifting, expanding and moving. The Law of Change is the Law of Movement. But the core of that energy and your energy is constant. And it continues until the time you return and even in that merger, that re-merger, there is movement.

So the question isn't do I like change, do I embrace change, how do I manage change? It is the deeper acceptance and allowance. This is the law of the universe. What are the Universal Laws except what we have laid down to help you understand how things work? It is very simple.

So it is an acceptance. It is not possible for you to exempt or divorce yourself from the process and the Law of Change. You can put your head in the sand and you can pretend, and - some of you are very good at pretending. You have excelled at it - you can deny. But it does not change what is going on. And that is, change.

So let me show you. Let me help you not only with the acceptance, but the invocation of this Law of Change, to work with it and to be in the flow. Let me help you to be the constancy of creation and the mirror not only of the Mother/Father One, but the truth of who you are: infinite and evolving. Do not think simply because you have arrived in the Fifth Dimension with Gaia that the journey is done. Dear heart, you have only just started.

And you are not limited to one dimension or another. Your playground is very large; your palace is very large. The human realm has twelve dimensions, and twelve levels within each of those dimensions, and then some fine tuning. So let us begin. What do you wish to do with this

change? Welcome it. And work with it. You can say to me things aren't flowing. Well, dear heart, that is simply not true.

Things are constantly flowing. So what you are saying to me is things are not flowing in the way that I desire and that is very different. When I ask you to stop - yes, even though the energy continues flowing - stop, think, feel, and re-direct yourself into that flow so that it can be working with you in ways that are harmonious and in keeping not just with our trip, but with yours.

You are magnificent. You would not be here at this time of rapid change if you were not up to it, if you were not fully-prepared and competent. My trust in you knows no bounds and my knowing of what you are capable of knows no bounds. So stop hesitating. Stop denying. And get into the flow, sweet angels. I am with you.



# Sanat Kumara on the Universal Law of Change

January 17, 2004



*In Hinduism, Sanat is worshipped as Skanda as well as Subramanya*

(Sanat Kumara, “The Universal Law of Change,” January 17, 2004, at <http://counciloflove.com/2004/01/the-universal-law-of-change/>.)

The wise words that have been spoken about change are accurate. It is the one thing that you know will occur with each breath, each moment of your existence. Now many of you are working on your creations and you are doing brilliantly. But there is a tendency of the human race to be impatient. Yes, (laughter); you have inherited it from Gabrielle, and that is a good thing.

But there is a time and place for patience. Right now upon your planet with the rebirth of love, and the unfoldment of the planet and the Mother, there is need for movement and action that is far more rapid than you have witnessed before. That is why you have received the amplification – you are the agents of change. So you may anticipate that things will move rapidly, but I digress.

Many of you feel the Unfoldment does not move rapidly enough, while others are feeling overwhelmed by the amount of change and opportunity that is being presented. That is why I come to speak to you this day. And I will speak to both issues for they are the same, simply different ends of the spectrum.

Change is constant. Never is there a lack of movement. The only time where the stillness occurs is at the instant, and it is a millisecond, far beyond the measurement that you know of time, the

millisecond of creation. It is when the joining takes place, and the implosion into form occurs. Other than that, always there is motion.

Many of you have turned to me and said, Sanat Kumara, why are things taking so long? What is this rapid change you speak about and where are my goods? So I ask of you to take time each and every day and to be the observer to look at what has occurred in the span of twenty-four hours of your day, and to do this consistently, at the time of your meditation. Note all the changes that have occurred during that span of time.

What are the actions that have taken place, the interactions with others. Were you of love? Were you holding the environment of love? The energy of creation? Or did you fall into frustration? Anger and bitterness? No it is not an issue for judgment but discernment.

If you find the answer is yes to anger, bitterness, and judgment, then release and surrender it unto me, unto the Mother, unto Gabrielle, unto your gods. We do not care who receives it. But give it away! And that is movement. That is action. That is the law of the universe.

Pay attention. Make a journal note so you can see what has changed and see the progression both of your mighty Self, and the unfoldment of your plan, of your expression. Call on me.

Now many of you have been very busy working with the Law of Elimination and you are doing well on this as well. But, dear child, remember not everything is to be eliminated. Yes, we are watching over you and making sure you do not destroy the Empire State Building (laughter). So do not worry, but also remember at the time of elimination you are also working on your creation. Go forth on this.

Now, I wish to speak to those of you who are feeling a little overwhelmed with the enormous opportunities and possibilities that are being presented to you. Maria, the Lady of Guadeloupe, has said unto you, accept all invitations. Accept all opportunities, all offers of help, of assistance both in the physical and from this side. And yet still you are feeling a little overwhelmed.

Again, do the same exercise and recognize that there is a sequence to unfolding. There is a patterning that you have seen throughout your universe. Do not think that the pattern is simply chaos. It is not. There is an unfoldment of plan for you as well: Sequencing and sequential - that is the key.

Open your heart. For the reason you are feeling overwhelmed is that you are still living in the grid of false illusion of limitation. Go into meditation and eliminate the false grid of limitation and lack. Open your heart and receive. This is true for both sides of the spectrum.

This is a time - yes, of action and change - but it is also a time when the construct, the belief that Earth and those who sit upon her can only receive so much at a time is being broken. My children, that is not so. When you were in the flow you are literally in the endless potential of reality. Flow upon the infinity sign, and from time to time visit the still point in the center of this symbol and of this energy.

But otherwise stay in the flow. Note your progress. Note the change. Note the movement. And open. Open not to our possibility of what we can give you for that is unlimited, as we have told you. Open your heart to your own unlimited ability to receive, to create.

Many of you are working with the Elimination Law and are being given rapid demonstrations of how well you create. For you no sooner eliminate then instantly recreate what you have just eliminated.

That is ludicrous. That is a waste of energy. It is a cosmic joke. So have another look and make sure you have not done this. But all in all, my children, you are doing well. Understand we work in eons; you work in frameworks of months and years and days. And even hours. So pay attention to this movement. And when you are in doubt, turn to me. For I am not only your teacher. I am your guardian and friend. Farewell.

CONFERENCE CALL 1-17-04

# Sanat Kumara on the Law of the Balance of Give and Receive

May 12, 2004



("Balance of Give and Receive," May 12, 2004, at <http://counciloflove.com/2004/05/balance-of-give-and-receive/>.)

I am Sanat Kumara, old friend keeper of the law on Earth and beyond. The law of the universe is balanced, and you cannot enter into partnership with your intergalactic friend or each other without this.

For many of you have skirted the law during this life. You are prepared to give and give and give but turn away from receiving. Now I ask you, what shall I do? Shall I arrest you? I think not. I am here to remind you of the two sides of your being and you cannot live in one area. You cannot live in spirit and be in a physical body. You must do both.

You cannot live in only a part of yourself. You cannot love another without cherishing yourself. What you create within will be what is. That is why you have worked with Gabrielle in this past year to relinquish your lack of worthiness that you may know that you are prepared to go forward.

My request of you lawbreakers is simple. I wish for you to eliminate this phrase, "but" from your very soul, your essence. It was not our invention; it was yours. Relinquish it. I will remind you daily with my golden flame to let go of this limitation.

This sense of limitation is causing upheaval throughout the universe. Please do it not only for yourselves but for many. Allow this creation to take place. There are no exceptions, such as the

dispensation you believe you have been given. Now in the spirit of partnership, I ask you to receive.

## Sanat Kumara on the Law of Give and Receive, Part 1/2



September 12, 2013

(“Transcript: Sanat Kumara on the Law of Give and Receive, September 10, 2013, Part 1/2,” September 12, 2013, at <http://goldenageofgaia.com/2013/09/12/transcript-sanat-kumara-discusses-the-law-of-give-and-receive-september-10-2013-part-12/>.)

Suzanne Maresca: Good morning and welcome to another offering of *Heavenly Blessings*, with Linda Dillon, channel for the Council of Love and author of *The Great Awakening*, and myself, Suzanne Maresca.

We continue our series on Universal Law with the discussion of the Law of Give and Receive. Sanat Kumara returns today to help us understand that in order to achieve balance and reach our full potential, it’s necessary to be able to receive as well as offer ourselves in service.

Many of us on a daily basis are committed to service to others, yet along with that must come an honoring of the self. The Council of Love tells us that this is where creation takes place, within the wholeness of who we are.

This is a timely discussion for me because I’ve been wondering where exactly that balance is. Quite often we’re dealing with vows of service and maybe even poverty taken in past incarnations that in this go ’round, we have little or no conscious awareness of. I’m looking forward to the discussion.

Sanat Kumara: Greetings, I am Sanat Kumara. I am Raj, Keeper of the Universal Laws, like you beloved ones, servant of the Mother. I come to speak to you this day about the Universal Law of

Give and Receive. And yes, as the channel has said, it is an extension of the Law of Balance. It is finding that balance within the uniqueness of your being – and adhering to it.

There is an incomplete understanding on the planet of Gaia about this law and how it operates. And all you have need to do is to look to Gaia to understand the truth of how this works. Gaia, in her sweetness and her power, houses and creates a home to all kingdoms, including the human kingdom.

She gives a home to the plants and trees, to the Earth and sky, to the elements and minerals. Yes, that means the volcanoes, the oceans, the puddles, the streams and the very air you breathe. And she gives this and supplies this pretty much endlessly. And the only places that that does not occur are where the interference of humankind and the turning away of humankind has destroyed that.

But even in the most difficult situations of extreme pollution, there is still the giving by Gaia of air, of water, of soil and of minerals. She gives and gives and gives. And at times we would say from our perspective she has given even to her detriment. But, you see, our opinion in this doesn't really count.

It is what Gaia chooses to do. Just as each of you choose to give. But what is on the balance of receive? Again look to Gaia. She witnesses and sees and receives the gratitude as you do not think of it this way, but perhaps we can expand your understanding of this.

The molecules of the ocean - every drop of water - sing her praises. The trees bow to her and sway. The flowers grace her with beauty and scent. The roots of the trees that go so deep into her heart do so not only to draw upon her strength, her wisdom, her nutrients, her water, but they also travel downwards to hug her, to be with her. The animals dance and play and express their gratitude. From the river otter to the tiger, they all honor and know her. And for Gaia this has been what she chooses to receive.

In the older times, and in many ways when the human beings, the collective, were more sophisticated, the honoring of Gaia, the giving of gifts – and, no, we do not include human sacrifice in this – but the giving of gifts, the ritual, the ceremony, the connection was also a receiving to Gaia. It was a giving of the humans but it was a receiving with great joy on her part.

And so now, so many humans have forgotten. But you, my beloved friends, are the repatterners. You are the wayshowers. You are the re-gridders and you give this gratitude to Gaia, this acknowledgment of her beauty, or her might or her love and support and she receives it with a glad heart and enormous gratitude.

And then what does she do with it? She returns it to you as energy, as bounty, as support. You see the flow of give and receive is unending. It is in accordance with the Law of Movement and the Law of Change. There is a never-ending flow but it is the balance between the give and the receive. And as Gaia receives your gratitude, your love, your expressions of love, then she receives that energy. The fuel for the universe is love. So you refuel her and then she refuels you. And so it goes.

Now, what can you do in this particular cycle? Because do not forget, as Planetary Logos I see the unfoldment of the Mother's Plan on Earth. Not just with humans, but with all. Gaia has anchored now very fully and firmly in the Fifth Dimension. It is her new home. And of course you are there with her.

So what can you give her in this time of change and the dissolution and elimination of the old Third? What can you give her? It is your willingness to release all the old, all the old false grids, the old ways, the illusions of separation, of lack, of self-worth, of fear. Let this be your gift to her. And then receive from her the conscious, heart-knowing of being with her fully and completely in the Fifth Dimension and therefore all dimensions and realities.

This is the biggest gift and you would give it not only to Gaia but to all of us. This is part and parcel of your Ascension. I am asking you, give us your illusions. It is the most precious gift that we could possibly receive at this juncture.

And at this time of your jump in consciousness, in the expansion of your heart and the realization that you are love and nothing else, you may think that you are skin and bones and a bit of hair, but even that, dear heart, the fibers of that creation are love.

Gaia, this mighty Archangel, lives in accordance with the Law. And hence, she is a powerful transmuter. So do not think that if you are giving her your illusions, your vasanās, your issues and every false grid that has ever existed within humanity that you are somehow burdening her. It is transmuted back to light and love, faster than the blink of an eye.

This flow is at the speed of love. The give and receive is at the speed of love. And that is the speed of light squared. You do not yet have measurements on Earth for this. But certainly your star brothers and sisters do.

And while you are at it, what do you choose to give your star brothers and sisters? Perhaps you could give away the residue that makes your fields incompatible and perhaps you could receive from them the upgrades, the love, the attunement in the vibrations so that you can have the fullness of your meet and greet.

What can you give each other which is the most important, beloveds. What can and what will you give to yourself? You cannot give away your energy and not replenish yourself. So as you give, it is the law that you must receive. And even though you are inadvertent law breakers, it matters not. Now is the time for this course correction. Where do you wish to begin, Suzanne?

SM: Thank you Raj for joining us once again on this journey of discovery. Welcome. The first thing on my mind and in my heart to ask is this: A few years back when that movie *The Secret* came out about matching our vibration with what we want, I started imagining all kinds of things that I wanted to do with my home and the land I live on.

After a time I lost interest in personal desires and started truly wanting instead to call in blessings for the collective. Soon my prayers and meditations were all about peace and unity for all of us.



And I felt in my heart that this transformation was natural and indeed perfect. It felt to me that when I offered myself in service and with love, that my needs would be seen to without my having to focus on them.

I do truly appreciate what is so about my life right now and at the same time, I admit that I'm bone tired and I'm wondering when relief is coming. I spend so much of my energy in service that I feel that there's not much left for *me* things, and those *me* things require resources that right now are beyond my reach. Can you please help me understand how to find balance?

Raj: Yes. And this is a question and a situation that applies to many of you. Because it is: I give and I will give to the collective. And I sometimes have been guilty of the same issue, you know. So I know whereof I speak. In fact, every ascended master on this side knows whereof you speak.

And it is a matter of finding the balance.

Dear heart, and I do not say this in criticism, but where did you disappear to? Well, you forgot. So it is not simply an either/or. It is a balance. It is the balance of doing your creation work for the collective but it is also doing your creation work for your sweet self as well.

And it is holding that vision. And it is wide open and yes, we do not say that the funnel, as it were, hasn't been exceptionally slow and instead of olive oil, it has been as if it is a very thick molasses coming through.

But that does not mean that you are supposed to deter your thoughts, your actions, your creation work away from what you desire. From everything from a space vehicle to food on the table, to bodywork, to partnership, to laughter, to ease.

Because what you are really asking for - for the collective, of course - is the higher vibration of unity and peace - and these are what we work on as well. But what is the expression of that? Of course, it is a ceasefire in Syria or Afghanistan. We know that and so do you. But what does it express as in your very life? In your day-to-day, human, high-vibrational life?

Now you say to me, Raj, if the money would flow - and we do not care if the resources are a bag of groceries or healthy food that just appears on the doorstep or whether it is a check in the mail, we don't care how it appears, as long as it does appear.

But in fact, many are very specific about how they wish to receive, which is peculiar. Because when you put out your request for what you wish to receive, we know the details. And much of the details have need that the "how" be left open, because that is the walk of trust.

I do not wish to be dismissive of this situation because many of you are bone-tired, weary, soul-weary. And that is why several of you have also been put on, shall we say, sabbatical. And you do not need to wait for us or the Divine Mother to put you on sabbatical, dear heart. When you are exhausted, you put yourself on sabbatical.

But bring it back into the balance of what you are doing and creating, what you are giving to the collective, and what you are giving to yourself. And understand that it is also in accordance with the other laws of above and below, and change, attraction and repulsion - all of these are one codification.

So do not do a creation exercise where you are simply asking to receive or you are giving. Make it, bring it back to the balance. So I am giving this to the collective, I believe I am being taken care of, but I am putting in my order for that bag of groceries today. And make it everything that I love to eat – from leafy greens to tea to chocolate.

SM: Don't forget the chocolate.

Raj: Your star brothers and sisters would never forget the chocolate.

SM: Thanks for that. So for me I just need to work on what it is that I can create for myself.

Raj: No. You are not in this alone. I wonder if all of you do know that. Yes, you do your creation work and might I say you do it very well. And, yes, it is taking action.

It is not just the Law of Attraction you are working with. It is the codification. It is all the laws. So what you are doing, you are assigning things. So think of yourself as if you are patterning. I invite you to do this, all of you. You are patterning yourself after me.

You are part of my team. That is why we are having these discussions. Whether you are magenta or gold or blue or ruby, you are part of my team on the ground.

Pattern your creation after me.

So I do not do everything. When you are creating and you are saying this is what I wish to create for myself, this is what I wish to receive in order that [the flow remain constant so] that I can give and give and give and receive and receive and receive. Assign tasks to your guides. Assign tasks, even to the Archangels, to the angels at large, to Saint Germaine, to Yeshua, to me.

Because there are many things that you would like to create. Let's face it, currently you don't have the wherewithal or shall we say the flexibility, to move throughout the universe the same way your guides and we do.

So you say to your guides, "I am asking you to deliver me X." Then you say to Gabrielle, "I am asking you to bring me a wellspring of joy" and then you say to Yeshua, "I am asking you to bring me the ability to multiply fishes into delicious meals." Assign things and the best part of this, the most important part of this, is don't take back the assignments.

All of you have had situations, whether it was in your family structure, particularly with your mothers, or in a work environment where somebody has asked you to do something and then before you have the chance to do it, and to have the gratification of doing it and doing it well, that person went ahead and did it.

That is soul-destroying. And it does not give you the feeling that you are appreciated, honored and respected for what you are capable of. So too, often you ask your guides for help and then you say “Well, it’s noon and they haven’t delivered so I guess I’d better do it.”

So do not grab it back, sweet angels. Allow the delivery. Now, can you send the energies and pull it across the grid? Of course you can. This is a team effort. But the biggest creation in giving and receiving right now for all of you is the declaration and the truth that you are joining Gaia in the Fifth, that you are giving her the illusions, the fragments, the strings that still tie you, whatever they are, it matters not, and that you are receiving the full impact of shifting dimensions.

In this time, that is what is being asked of you. And for the other things you wish to receive, put in the order. We are not saying to stop your creation work, but just know that it is top priority.

## Universal Law of Attachment and Detachment



(From Linda Dillon, *The New You: Emerging into then Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: 2013.)

*Linda: While most of the information pertaining to Universal Law has come directly from Sanat Kumara, there are insights and guidance from other members of the Council of Love who also contribute to this body of knowledge.*

*Here, the Buddha speaks of creation and co-creation, and the Law of Attachment and Detachment.*

I am the Wayfarer. I am the Buddha. You did not expect to hear so much from me during this discussion of creation and co-creation, did you? My beloved friends, I have things I wish to speak to your heart and to your mind about. So come and sit with me. Let us sit under this bodhi tree together and watch the world go by.

I wish to speak to you as mothers, fathers, and teachers. For even though some of you are not parents, you have been mothers and fathers so many times and teachers always that you will understand what I say to you this day, and why I use this example. I wish to remind you of this Law of Attachment and Detachment.

I wish you to think as mothers, and how you feel as your small child goes off to school or to war that first day. Fathers know what this feels like as well. Even if you walk with them or run after them, there is still that time when you have to let go and hand them over to the teacher. You have to allow them to go in the classroom and the classroom of life or the war where you know there are all kinds of perils and dangers.

Even before your child was born and throughout all those formative years, you have attached to the vision of what you wish and dream for this child, of all the things that you wish them to ac-

comply, experience, do, so that they will know themselves, so that they will know their truth and strength. Even when you let go, even when you step back and detach, sometimes because you have no choice, still you hold that vision for them. You hold the vision in your heart and in your mind.

If you are lucky enough that your child comes home every day, or even occasionally, you will inquire and prod and inject where you can to influence, to help them with the fulfillment of their vision. So as you are detaching, you are keeping your vision, but you are also allowing their vision to unfold. Normally, there is a meeting of the ways when you re-attach. And so it is with us, my friend.

You have your vision, dream and creation, and it is real. It is as real as your skin, hair and eyes. You hold that within you. Then as you move into action, as you release from stillpoint (which is where you need me) you are also detaching. That is necessary and the proscribed process. It is in the release that there is a gathering of energy, allowing it to flow and move as it has need to. Yet, while that is occurring, we are also adding our elements, ingredients, energies, and sometimes magic, to your creation.

Understand that in this mixed release and add-on, your vision gains greater substance. It is bigger. It is still essentially yours, but it is thicker, a combination. Sometimes there are elements that need to be added to your desires and creations that you don't know of, nor do you need to. You may think that our adding to your creation is a diversion but it is not. It is an essential element, even when it does not appear so.

Then you continue on in action, in stillness, joy and trust. You may watch for your child, pace outside the school or even the classroom. You will do the same thing when you are forty-five years old. It never changes.

The child or the grownup will return to you but they will be essentially changed, for the experience and the energy has gone outside of you. The process is fluid and continual. So even while your child or creation is returned to you, the building, the add-on continues. It does not end. It does not even end with what you think of as death.

When you feel discouraged, sidetracked, or dismayed, or when you have need simply to be my friend in the stillness, come and sit with me. I will not interfere. I will sit with you and that will help. Farewell.

*Linda: The Buddha has taught us over the years this lesson of attach, detach, and re-attach. It is a powerful method of creation. This is how it works:*

*As always anchor in your heart, surround yourself with the Archangels and call forth the Buddha. For purposes of illustration, let's use a perfectly-harmonious marriage or partnership.*

*Visualize your current situation. Be honest with yourself about why you are choosing this particular area to begin your creation work. Be vigilant on what's not good, what's awful, what needs*

*changing. Similarly, examine what's right with your current situation; what you wouldn't want to change in the slightest, what you treasure, and what feeds your body, mind, heart and soul.*

*Now turn your energies and attention to what it is you desire to create. Take the time to visualize and feel deeply what this looks, feels, tastes, and sounds like – you get the idea. Take the time to really feel it, or in the language of the Buddha to attach to it. Attach not only to the 3-D qualities of the creation but to what it brings you in the spiritual and other realms as well. To continue the example of a partnership, feel the sense of being loved, cherished, valued, of being in sacred union, co-creation, safety, security, longevity, the deep harmony of loving communication, sexual intimacy, soul intimacy. Spell it out.*

*It's important to not limit yourself with this exercise. You are not simply seeking, for example, relief from a fractious relationship, no fighting or arguing, no feelings of less than. You are attaching to the ideal; to what you would create that would support you and bring forth the best part of you, in fulfillment and alignment with your plan.*

*The second step of this exercise is then to completely detach from everything – from your current situation and from your vision. Often you will have a physical sensation of stepping backwards. You are letting go. This is an important piece of the process of aligning with the Universal Law of Attachment and*

*Detachment, because this is also where your guides, the Buddha and the entire legions of light add their magic elements. So let it go; do not hold on. This is a walk of trust.*

*Step three is to be still in your heart and in the stillness, to re-attach to the highest vibration and frequency of that creation. The sensation is that you are holding essence, moon dust, and starlight. And trust it to come to pass. Turn it over to the Buddha and allow.*

*I have been doing this exercise for years and I am grateful that the Buddha reminded me to share it here because it's my personal reminder to start again. We have the gifts of so many tools, sometimes we forget.*

*Track your progress with this process; you will be amazed.*

# The Buddha on the Law of Attachment and Detachment, Part 1/2

September 22, 2013



(“Transcript: The Buddha Discusses the Law of Attachment and Detachment, September 17, 2013, Part 1/2,” September 22, 2013, at <http://goldenageofgaia.com/2013/09/22/transcript-the-buddha-discusses-the-law-of-attachment-and-detachment-september-17-2013-part-12/>.)

Suzanne Maresca: Good morning and welcome to another offering of *Heavenly Blessings* with Linda Dillon, channel for the Council of Love and author of *The Great Awakening*, and myself, Suzanne Maresca.

Today we’ll be hearing from the Buddha on the Universal Law of Attachment and Detachment. Stepping fully into our roles as creator beings will mean using this law to bring our visions to fruition. Ideally, our dreams are what we attach to, and once we take action to bring what we want into being, we detach from the idea and release it into the flow so that it can move as it has need to.

I always look forward to a deeper understanding of these Universal Laws, and this week’s discussion is no different. ...

Buddha: I am the Buddha.

SM: Welcome

Buddha: And welcome to you. I come to you as wayfarer and, yes, as always, I ask you to sit with me underneath the Bodhi tree. For what better place is there to observe the coming of miracles, the fulfillment of creation, the unfoldment of the Plan and the unfoldment of your plan?

We have taught you how important it is, might I say essential, to know your sacred purpose, to know your mission and purpose, and your intention of how you wish to fulfill this in this incarnation, which is of course one of many, but it is a continuity, is it not?

And, yes, there is a time for action and there is a time for stillness. But most of you have the greatest amount of difficulty with the stillness. And this is why I ask you to sit with me as observer, in detachment, under the tree.

We simply watch. And you know when you sit and you watch, not in any form of judgment, not even really in discernment, but simply as the observer, you learn a great deal. And it is a great deal about humanity, about the universe, and about yourself.

So we do not sit under the Bodhi tree together and watch people pass by and say “Well, that one’s robe is too tight or the sash is tied wrong or where did he buy those sandals? Where does she think she’s going in such a hurry?”

No. We simply sit. And in our energy we bless each being that passes by. Now what do I mean by this? I mean that you bless each person. Not simply with compassion but with the love of your heart.

You do not attach to either your vision or theirs. This is a very important understanding for humanity. That is an infamous tendency, to get caught up in the drama of both their own lives and certainly of others as well.

That is why it is so critical at this juncture that you truly learn to be the observer. Because when you are fully anchored as the observer, you are in detachment. You’re simply watching - and when I use the word “watching,” I certainly do not simply mean with your eyes or even your etheric eyes - I mean with your heart.

So it is not that you are simply watching and gathering information, you are truly observing and seeing into a person’s heart, their mind their soul, their frequency, their struggles, their joys - and you are loving them.

So this is one of the first steps of unity consciousness. And it is a critical step in your journey.

Now I wish to make an aside. And it will be something that I rarely speak of. Many of you, my beloved family, have great desire to meet, to embrace, and to be with your star brothers and sisters. Of course, for many of you, it is because it tugs at your heart and for some of you it is what you are creating, even this morning as we meet.

But let us look at this. Part of you wishes to be in the company of your star brothers or sisters, or for that matter the Ascended Masters and the Archangels. Of course, the first primary motivation is because of love and of longing. But that is also back to that false grid of illusion and separation. That is not what I wish to speak of right now.

You long to be in the company of your star families because you think that they are “more.” Yes, I speak heresy, do I not? But you know, as Buddha, I am always plainspoken. You think that



they hold the solution for many of the ills both of Gaia and humanity. And they hold the promise of a higher vibration and a new adventure. And all of this is truth. So I do not dismiss it.

But what of your brothers and sisters of Earth? As Suzanne has mentioned, where is the desire to join in the fullness of creation with your brothers and sisters who have incarnated with you to accomplish this transition in Ascension? Where is your faith, your trust, your love, your passion and your longing to join with them?

Because this is your family. This is the group that you – not we, but you – have chosen to travel with. Too often, what I observe is that the human collective is dismissed or not cherished as they deserve to be. And within that, my beloved friends, is the love and creation, the honoring that you deserve.

But if your universe is nothing more than a series of mirrors, if you are not attaching to the love of your fellow humans and hybrids and then of releasing it so that they collectively and individually can become, if you are not holding that vision as observer, then who is holding it for you?

There is not one being on Gaia that does not hold the desire to be created into fullness, regardless of what miracles or acts of charity or admissions of atrocities and brutality they've done. Now there may be some misunderstanding about what that fullness is or can be, but that only comes with growth and with love.

So, as your teacher, I am asking each of you this day to hold the vision, as observer, of the creation of humanity in the fullness of their potential, their Ascension, their remaining in physicality, and the bringing forth of Nova Earth.

I assist in this – and remember it is attach, detach, re-attach. It is a constant flow of your heart and it is the constant flow of the universe.

Examine, my children, examine what you feel you're attached to. If I continue in this lesson, what are you attached to? And what is the reality of that attachment? Are you attached to fear? Are you attached to lack of self-worth? Are you attached to drama? Are you attached to "things never work out for me"? Are you attached to "I will not have enough money to pay my bills"? Are you attached to "I don't know why, but my body never seems to cooperate"? Are you attached to "I have trouble meditating and I can't get my mind to go quiet"?

Why? Above or below, within or without, why would you attach to anything that does not serve the greatest glory of you?

So while I am with you, and I thank you for this, please let go. Detach from these meaningless attachments that do not serve you and do not have any substance. They are not reflections of your truth. That is why they are not sustainable and that is why they do not produce. That is why you fail to create.

Attach to the truth of your heart's desires. What is the reflection of your highest desire? And let me be very clear about this, your highest desire every day – and it may be that I have enough

grapes in my bowl. Because the Plan is for you to be in the physical. You cannot do that without sustenance. So attach to what is truth.

Is there only one truth? Yes. But it has a unique face for each of you. Attach to that. And then when you are clear, step back and detach, let it go and feel as if you are handing it over to me, to your guardian angels, to your guides, to Raj. There are many of us who are here to serve. That has never changed. And it won't.

Then let us do what we have need to do. And then your job is attaching to the ideal outcome. It is not that we are saying don't be attached to the creation. What we are saying is, don't be attached to how it is delivered – when, where, how, by whom. Allow the energy to flow and know that there is a beautiful, beautiful symphony of creation you have called by expressing your desire.

You've literally called together this symphony orchestra. But if you are the conductor you are not going to try and conduct and then tell Maitreya how to play the flute or even worse run and shove him off the chair and play it yourself. You are not going to Gabrielle and shove her off the chair and play the violin or the strings, or, heaven forbid, Jophiel and throw him off the tuba.

You will not do this. You are the conductor. You know the melody. You know the flow. And you must allow the music to not only fill your ears, your body, your heart, but the entire symphony hall. This is what you are doing.

And then when it is all over, you will attach for a moment and enjoy the accolades and then you will move on and attach to the next creation, the next symphony, knowing that each musician is already in place, diligent and prepared. Stop underestimating us, and let us do our job.

I have gone on. Suzi, where do you wish to begin?

SM: It's wonderful to have you with us again. You're giving me a giggle in my heart with the image of shoving an Archangel off the chair. Of course, we'd never do that.

Buddha: Oh, but you do, constantly. And I do not mean you, sweet angel, but, yes, you do.

SM: Well, I love what you said about joining with other Earthlings with as much passion as we long for reunion with our star family. My feeling of late is that it may be a while before we have face-to-face interaction with them, and that the technology that can help us will be telepathed into the human collective and spread that way. It makes me a little sad to think So but maybe we aren't ready yet.

Buddha: Well, the telepathic communication has been in force not only with your star brothers and sisters but with our realm, shall we say, as well, for quite some time...certainly more effectively during this past year.

But no, I am not suggesting to you that the up-close and personal, in-person contact with your star brothers and sisters is in the distant future. Not at all.

But what I am saying, and one of the reasons why I've brought it to your attention, is in your society, in your nation states, in your cultures, you have had class systems.

And believe you me I have experienced this as Buddha in form in India. And they are rigorously defined and even as light workers when you say that you have moved past that and you hold love for everybody equally in your heart, it is not so.

And we are not suggesting that there will not be differentiation. You will love your sister, your daughter more intensely, more personally than you will love the homeless man lying in the gutter in Chicago. That is understood.

But what is not understood is the class system. Your star brothers and sisters are very clear on this, because there are already many of them on the ground. They have formed workarounds to eliminate some of the fear, but they do not want to come and start an elite class. You already have the monarchies, the arrogant elites, the financial princes; there is no room for this.

So what we are saying is all beings – the man in the gutter, the woman quivering in the corner from abuse, the autistic child, the arrogant businessman, the greedy dictator, and your star brothers and sisters – all emanate as do I from that spark of love of the Mother.

Are some civilizations more advanced in your, not judgment but discernment? Well, some are more advanced in some ways. For example, from our perspective we would not say that a civilization that allows people to go hungry and live in the gutter is an advanced civilization. Particularly when there is plenty - that is rather a very primitive civilization.

Similarly if we are to look to a tribe in Africa that you might think of as rather primitive because they do not have all the technologies, but that tribe shares the food they have and supports the children together and works and plays and prays together. This is a very advanced civilization.

So the categorizations of this or that has need to be eliminated. So it is not that your star brothers and sisters are in the distant future; it is quite the contrary. We want this cleaned up so that they can come.

SM: I am very happy to hear that.

[\*\(Continued in Part 2\)\*](#)

# **The Buddha on the Law of Attachment and Detachment, Part 2/2**

September 22, 2013



("Transcript: The Buddha Discusses the Law of Attachment and Detachment, September 17, 2013, Part 2/2," September 22, 2013, at <http://goldenageofgaia.com/2013/09/22/transcript-the-buddha-discusses-the-law-of-attachment-and-detachment-september-17-2013-part-22/>.)

SM: As you're speaking, I'm wondering if I have attachment to being a higher-dimensional being, here to help humanity raise up its frequency and transform into our true divine nature. And subsequently, being one not entirely comfortable with this lower-dimensional experience, is that attachment?

Buddha: Yes, but let us explain. It's part of your evolution and part of why I have asked you and Sanat Kumara, my dear friend Raj, has asked you to go into your heart all these weeks and we will continue to do so.

There are attachments and there are false attachments. You are attached to the fulfillment of your mission and your purpose, and the truth of who you are. And that is necessary because it is your guiding North Star. It leads you where you need to go.

Now, if you are dismissive, judgmental, of those who are still struggling to let go of the Third, then that is not of prudence and it is not of compassion and it most certainly is not of love. And it gives you no joy. That is a lose, lose, lose, lose, lose.

But if you can look at it and say: “No, that is not where I choose to live. I wish to attach to the vision of a higher vibration for all and therefore I am lifting up.” It is that sensation that has been described so many times as reaching through the portal and lifting up.

Having them sit next to you - actually or in meditation - and in the presence of your field, of your sacred space, of your energy field, so that they are being affected, then that is part of the creation. But if it is “I am now above that reality. I am better than that,” then that is not of love. And I suggest, dear Suzi, that is not where you are.

SM: No, that’s not where I am. I’m just wondering about the ‘not being comfortable here.’ Do I have attachment to that part? As in, that’s an understandable part of being who I am, that I don’t exactly fit in here. So I’m just wondering if that’s something I need to shift, too.

Buddha: You can let that go because it is two-fold. So now you are going to have the Buddha speak out of both sides of his mouth. On one side, I say to you, you are not intended to be completely comfortable in any remnants of the old Third. It is a feeling like “get out of town.”

On the other hand, what we want you to attach to is the higher vibration that makes you want to stay in physicality. Because part of the difficulty that has been occurring is that you think that we have not been helping you or not been doing our job in getting this taken care of. But we have been working quite diligently if I do say so.

There are so many of you that are more than willing, at the millisecond notice, to come and join me, without form, under the Bodhi tree. You are all ready. But that is not what this is about.

This is part of the uniqueness of the Mother’s Plan. And it was what she had planned all along. It was to be able to assume and keep form - and, by the way, that will morph into being able to assume many forms. And you will be happy, my friend, because you will be able to morph into a whale or into a dolphin and come home for dinner.

So it is attaching to the vibration but staying in form. And that is where some of the disconnect for the lightworker community is occurring.

SM: That is wonderful news. So this next one might be simply a matter of semantics in my admittedly-incomplete understanding of the Four Noble Truths. I thought that attachment was seen to be the cause of all human suffering. Now, that would be attachment to outcome as opposed to attachment to a vision...is that the key here?

Buddha: It is part of the key. But let me tell you, attachment has come to mean – in your human realm and in the human expression of the spiritual realm – that you are attached, and just the mere fact of attachment is a negative. That is why telepathic communication will be so much more efficient. My dream for you is to enter, to be attached, to your creation of total detachment.

SM: Okay.

Buddha: Do you see where I am going?

SM: I do.

Buddha: Do not judge attachment. What we are asking of you is to be attached to the vision, the vision and not the delivery of the human collective rising up. Then you detach because we're not asking you to organize, push, and decide who's going where.

So you hold the vision and then you detach from it, and you allow. And it is more than allowing. It is truly surrendering. And it is not just surrendering to Source, Mother/Father One, to the higher realms or to the Company of Heaven, or even to me. It is also surrender to the individuals involved that they will find their way.

It is that honoring that their divine spark knows when they have received that input, that impulse of light, to jump-start them, that they will find their way.

SM: Beautiful. This is wonderful. Will you please speak to what the Council of Love has said about any or all of you adding your own elements to human creation? At what point in the process does that take place?

Buddha: It takes place primarily while you are at stillpoint. While you are in the nothingness, the void of all, we are doing our add-ons and the adding of elements to create. We are adding the gunpowder for the explosion, as it were.

So we add our energy plus whatever you may have overlooked because in human nature that sometimes happens. And then as it drops down, it is gathering force - your force, our force, the force - and then exploding out into the universe.

Now, one of the pieces we have not spoken of is, in terms of being out in the without, the Law of Within and Without. So now you have given it to the universe, where we are as well.

And so we are collecting what you think of as the material, the codes, to bring together into physicality to you. So we work at stillpoint, we work at ejection, and we work at gathering and returning to you. We are busy.

SM: Yes, you are.

Buddha: And we are happy. We are in joy to do this.

## Sanat Kumara, Raj, on the Law of Unification

Oct. 3, 2013



(“Sanat Kumara, Raj, explains the Seventh Universal Law, the Law of Unification.” Oct. 3, 2013, at <http://counciloflove.com/2013/10/sanat-kumara-raj-explains-the-7th-universal-law-the-law-of-unification/>.)

Suzanne Maresca: Good morning and welcome to another offering of Heavenly Blessings with Linda Dillon, channel for the Council of Love and author of *The New You: Emerging Into The Brilliance of Humanity’s Heart Consciousness*, and myself Suzanne Maresca. ...

The Law of Unification is especially relevant to our experience now as we transition away from duality and into unity consciousness, understanding at a core level that we’re all connected. That connection includes those we perceive as having done dark things with an understanding that we all have our roles to play in divine service.

I’m excited about this week’s discussion and the fact that, in every moment that passes, we’re moving closer and closer to knowing in our hearts that we’re all brothers and sisters in the Light. That’s all of humanity, the animal kingdoms, the fairy realms, nature spirits, our star families, the celestial realms - the list is long.

Sanat Kumara: Greetings, I am Sanat Kumara.

SM: Welcome.

Raj: And welcome to you. Yes, you may call me Sanat. You may call me SK. You may call me Raj.

And I am pleased that you have called me for there were many who wished to speak this day on this delightful topic of unification because of course it is the fiber, the matrix of who we all are throughout the multiverse, throughout the omniverse that the Mother/Father One has created.

It's very large. And yet within this there is not one speck of dust, one molecule of water or dirt that does not have a unique place within this multiverse. And there is a knowing, of all the kingdoms and certainly among y our star brothers and sisters and even those of very distant galaxies, of the interconnectedness of all, that what one does affects the whole.

This is one of the areas that I particularly wish to speak to this day. It is how your heart, your thoughts, your actions, your position affects the totality and I wish to address this in the most positive of manners.

Beloved friends, I speak to you as brother, not simply as Planetary Logos or Keeper of the Universal Law. I speak to you as brother and friend. I speak to you perhaps as older brother, or older sister for that matter, when you would sit at nine or ten and you would ask those questions of such a private, blushing confidential nature of how things worked biologically.

Well, now it's time to have the true conversation and there is certainly no room for embarrassment or hesitation or confidentiality for that matter, because we want your entire planet to know and understand how things work.

You, each and every one of you, are an essential part, unique and beautiful, but essential to the whole. Dare I say, to the operational structure of the whole. You cannot build a plane or a complicated piece of machinery and simply omit a ball bearing or a screw or a piece of metal. It is not possible; the whole thing collapses. It is far too risky.

And so it is with each of you. You are essential components, elements in the Mother's Plan. She did not birth you and then forget about you. That is not within the realm of possibility. And you think 'but she has birthed so much and so much has been created, how can I matter? How can I count?' It is a very honest and true question that you pose.

How can you matter in such a massive expanse of the universe? And in your human mind, yes even in your Fifth, Sixth and Seventh Dimensional minds, it is boggling to think that in this gigantic universe that you are not only attended to, and loved, noticed and noted, but essential and critical to the whole.

Otherwise, you would not have been birthed. Otherwise, you would have remained at home. It is not simply that you wished to go exploring, that you wished to move out of home. The birthing of your spark of love, what you tend to think of as your spark of light, was very much a planned event and one that was heralded with anticipation and joy. And that is your birthright. It is the joy of knowing who you are, of your incredible uniqueness, and yet you are completely inter-linked to everything else in the omniverse.



You may try - and each of you has at times - to exclude yourself and there are certainly times when you have felt excluded, isolated, separated. But it is not of truth. And it most certainly is not of love. Now when you feel this way, when you feel or experience the slightest dislocation - and let me preface what I say - I do not go into this to bring forth the old paradigm of fault, blame, guilt, shame. You are done with that. So place it aside.

Now, when you feel the slightest dislocation - emotional, mental, physical; in any way, shape or form - yes, whether it is a cold, or a heartbreak, or a financial challenge, a sibling who does not understand and it hurts your feelings, a partner who does not value you, a misunderstanding or a feeling of rejection or loss - when you feel what we refer to as any feeling of dislocation, it is not only known but felt, not assumed, but felt and noted, throughout the entire grid.

And you can say to me, well, Raj, so much for privacy. And I would say you are correct. But why do I tell you this? Because as soon as that dislocation is felt, help/assistance in an entire variety of ways that are appropriate to you and to us - and when I say "us" I mean all the kingdoms of Gaia as well - rush to your aid.

So when you feel that you have been forgotten and alone, there are literally thousands, millions, of energies that are penetrating you. Breaking down that false idea but more importantly touching and filling your heart. The knowing of this connectedness is important. Not simply so that you know that assistance comes to you, but that you know that you also go and send that assistance and that so much of your work is done in this manner.

We have talked to you about how your energy field, which is enormous, transmits so much information, energy and love, not only on your planet, not only to the kingdoms, but throughout the universe. And it is this deep recognition within you of this power, in the most positive sense of the word, that you hold.

So it is the collective power that comes together when you are alone. There are times when you are a raging river and very powerful. There are times when you are a trickling stream. But when you consciously come together in the understanding of unification you are like the Hoover Dam of the universe.

Now, do you have questions of me?

SM: I do have a few. You've already spoken of this, but I think that the pain at the very core of the human experience is in the illusion that we're alone on this journey. So the very idea of it brings us to a place of longing for connection with others whether we're aware of it or not. So the collective desire to belong to something drives us to seek answers about why we feel so dreadful and we set out on a path to try to understand and get some answers.

My question is this: Are we at an evolutionary place now where there's no longer any energy holding that illusion of separation in our hearts? Is this filtering through the consciousness of all of humanity?

Raj: That is correct. And you know, what you are also really referring to [is] your Ascension. There are those that will ascend in a snap as it were. And you know that those are the most recalcitrant and those who have avoided these various topics very assiduously.

But all of you and certainly all of you who are listening to me this day, either on this show or on the recording, have been on this journey of elimination and it has been eliminating this idea of separation, of isolation, and in your own quiet way and sometimes very noisy way, coming to this place that we have yearned for, of knowing that you are not alone.

You never have been alone. And that rather than an occasional feeling of connectedness, either in nature or in meditation, or with a certain group of people, you are reaching that place where that illusion has simply dissipated from your heart. It no longer exists. So that false grid, that paradigm that has been part and parcel of the, shall we say, dark times of the human condition is gone.

Now are there times when you fall back into it? And that is why I have begun by saying, when you are in that dark place, allow all the energies that are floating across the grid, streaming across the grid at the speed of love, to enter. So that it becomes not even a hiccup, because there is no room for it. It is not the truth of who you are and it certainly is not the truth of the Fifth Dimension. There is no room for it. So dear hearts, you have graduated.

SM: That's a beautiful thing and good news. One question that may be in the thoughts of many is regarding those who just want to continue learning and having experience in lower dimensions. So maybe we humans aren't ready for that information yet; no one seems to know how it will come to be that each of us gets to move on to what we desire, as disparate as those desires may be. ... Can you speak to that?

Raj: I can speak to that. And as you know I am rather a blunt master, although I do not really think of myself as a master, but as a Keeper of the Law. This is the free-will zone. There are two aspects to what you think of as the Third Dimension. And it is not simply about time and space and measurement – depth, length – it is about the quality of free will and physicality.

The Mother has in her Plan and her wisdom always said that we will not interfere with free will. Now that does not mean that, even those who seem most enmeshed, shall we say, will not be given increasing “Aha!” moments, moments of divine inspiration and insight.

Now, you are receiving them daily. They will receive them if they allow them. Now it's going to be for them a little bit like being shocked or tasered or even in some situations hit by lightning. But in their soul design and soul desire, they have said yes.

But there is a point at which, if that is the decision, then they will simply migrate to a different reality. Now let me be very clear because I am Planetary Logos for Earth, for Gaia, there is no plan at this moment to create an alternate Gaia.

There is much discussion on your planet about parallel Earths or planetary systems. That is not the Plan. These people will migrate, transition shall we say, you will notice that many are dying,

and they will very rapidly - as if they are going through a turnstile - be relocated on a planet in another universe that has the illusion of continuing to be on Earth. But it will not be Earth.

SM: Wow.

Raj: So there is a decision point. Archangel Michael yesterday has said that this is a time of decision and choices. And you are seeing that there is what we are looking at as a crescendo effect. Think of it as music. There is a crescendo happening in this, what you think of as, time and space.

Listen to the music and to the sound of the universe and the sound of your planet. It is reaching a crescendo. And that is the point of decision.

So are all equally welcome? Yes, because even those who have played the most dramatic recalcitrant roles have done well in doing so, in eliminating that duality polarity. So they are welcome. It is not judgment. It is not saints and sinners. It is all.

SM: I've been thinking about this a lot lately, in terms of being creator beings, okay? And, that we're kind of growing up into those capabilities and of course wondering what actually is the point of all this.

Will dark be eliminated forever everywhere and the answer that I got is no. Because that is a requirement of creating the contrast, that the group Abraham talks about, the contrast that we need as human beings to be able to set the environment in which we can learn, expand, get bigger, get back to Source.

Raj: What you have done as a human race and now I speak to you of millions and millions and millions of years, is you have used the dark in terms of duality polarity.

So often you have said "This is dark. This is light." And you have grasped the concept that first of all what you think of as darkness and light are still all part of One. And so when you use [the distinction] for clarity, for definition, for delineation, it is one thing. But the evolved - and might I say just for purposes of clarification, the higher dimensional beings which you already are - align themselves with the choices for love, which you assume is light.

Now, there are gradations. There have always been gradations. Think of it as material. Do you want the rough, nubby wool because it has the texture and the stimulation and the warmth that you are seeking? Or do you wish a very fine, fine silk, that is as clear as a wisp? Both have qualities that are desirable and help you decide what it is you wish to pursue or to use for a certain situation.

So when you think of darkness, the idea, the concept of darkness takes on different meanings. It helps you delineate but your choice is to be in alignment with love. So it is a question of "does this element of shadow help me be in better alignment, clearer alignment or does it not?"

So the judgment factor that this is good and this is bad, that this is light and this is dark, this is good and this is evil is gone because you as evolved beings no longer need that juxtaposition of

good and evil. You have eliminated, you have left behind what you in your old Third-Dimensional way came to define as darkness. Is that clear to you?

SM: It is. Thank you very much for that. So I have one more question. We long to belong yet we resist joining and the resistance is fear-based. So many of us have had some rather grim group experiences that aren't easy to release the residue of and this is perhaps in multiple past incarnations. These can be challenging beliefs to extract from our bones and I was wondering if you might offer a practice to help us to let go of any and all such false grids around safety in groups.

Raj: Yes, what you most desire is what you most fear. And there is a wonderful exercise that Archangel Michael has gifted. And yes that is part of the New You. But it is to remove these false grids because fear of belonging and fear of interaction with human beings is still simply a fear.

Now it is based in experience of rejection and isolation and heartbreak. I would never wish to minimize or deny that. But it is still a limitation factor of fear. And so what you do, dear hearts, is you lie down on your bed and yes, Michael gives me permission to share this, you lie down on your bed – and the reason we have you lie down is because we want you to be able to feel the sensation – and you will – the sensation of this false grid that is lying over you.

And it will be different for each grid or each belief. So using this example of being in fear – of not belonging to a group because that group energy has harmed you or hurt you, and in some cases broken and killed you, you only want to feel this but for a moment.

And you do not need to relive the traumas involved. That is not part of this. That is old energy and no longer needs to apply.

So you simply feel the weight of the grid; for some of you it will be like barbed wire or iron bars or a velvet ribbon. It matters not. And simply ask Archangel Michael to remove it. He will lift it off you and dissolve it into sheer energy and you then let it go.

Now the second part – Michael takes care of the dissolution – but the second part I wish to speak to today as well is when you have gotten up, when you have worked through the completion and you may have to do this several times because this is a very big issue for many people, what you are going to do is you are going to test drive it. So you are going to gently softly, perhaps initially just with the golden filaments out from your heart, go and connect to a group energy. But I also want you to put it into practice so place yourself into a group.

Now do not begin this foray by putting yourself into a group that you are fearful of, to start with. So for example, dear heart, I am not suggesting that if you say are fearful of the Republican Party which has many, many, many good people, we know this, but that you go and you join that party and start attending functions.

Begin your exercise by putting yourself in situations where you know you have some commonality of mind and spirit. And test the waters and enjoy it. And then build it out and build it out and build it out.

SM: That's a great idea. What comes to mind is going out to sing karaoke last Tuesday. I had a really good time.

Raj: And you thought it was a stretch and it was. And it was exactly the kind of thing of putting yourself outside your familiar comfort zone and in a situation where you could play.

We're not asking you to change who you are. We would never want you to change who you are. But you brought your light to that situation and you shared it. And you saw that it could be enjoyable.

SM: Yes, and I'm going again tonight.

Raj: And I will be there as well.

SM: All right. I definitely felt a crew around and with me and doing the work.

Raj: We will return next week to speak of Transmutation. And yes, I will be your guest.

SM: Thank you. That's wonderful.

Raj: I go in peace and I send you all my infinite love. Farewell.

SM: Farewell. Thank you.

Channeled by Linda Dillon 10-01-13

# Sanat Kumara on the Universal Law of Unification & Unity

Oct. 8, 2010



("The Universal Law of Unification & Unity," Oct. 8, 2010, at <http://counciloflove.com/2010/10/the-universal-law-of-unification-unity/>.)

Greetings, I am Sanat Kumara, Planetary Logos, Keeper of the Law. Welcome, my beloved brothers and sisters. Welcome, my beloved friends.

So often upon the planet there has been a misunderstanding, shall I say, about the use of the word "law." In each of your societies, you have a codification. Originally, it was to be based upon Universal Law, the laws of Love, of friendship, of trust, of fairness.

But very often in your society and upon your planet and in your world, law has come to mean control. So I want to be very clear with you, my beloved ones, that when I speak of the law, I do not speak of control, for neither I nor any of us have any desire to control you.

Would that not be ridiculous: to create a planet of Love and give the gift of free will and then try and control you? Why, that would be very human, would it not?

I wish you to call me SK so that you will think of me as your friend and your constant companion. When I speak of Universal Law, I am speaking of the explanation of how things work. That is why I wish to talk to you about this. It is simply an understanding, a wisdom that has been born from the heart of One about how things work.

And I wish to speak to you particularly this day, during this time of shift, of change, of growth, of expansion, of co-convergence, of the Law of Unification, the Law of Unity. It is very simple.

And yet it is one of the laws upon this planet and throughout what I would call the “time of darkness,” that has been forgotten. And, yes, each one of you in your own way are awakening to the understanding of this Law of Unity, of Unification. And your understanding of that law is important because your participation in that law, your buy-in, as it were, is a critical element.

It does not do any good to have a law and have it simply sit there as ancient wisdom or future wisdom for that matter if it is not inherently part of you and part of your behaviors, your practice, and your understanding of how things work not only upon your planet but throughout the universe and actually throughout the multiverse. It is the understanding that all things, all energy is a unified force field.

Now I have talked at length to this channel about this subject, and I am sure she is very tired of hearing about it. But nevertheless I have need to share this.

You are one force field. This planet is one force field. There is no separation. There is no division.

Are you unique in your place, in your qualities, what you have assumed as matter, and even thrown in time in terms of this force field? Yes, you are beautifully unique. But you are fundamentally and irrevocably connected, and that is a gift. That is the miracle of this creation. ...

But when you begin to conceive of yourself as a force field, then you also begin to understand that you are interconnected heart to heart to heart, soul to soul to soul, skin to skin to skin, to the dogs, to the birds, to the kittens, to the trees, to the grass, to the floor.

You are unique, and yet you are bound by this law. It is not something that you may opt in or out of. It is part of the infinite grace of creation.

That is why the dark time upon this planet, the illusion - or shall I call it disillusion, that you are isolated or alone - was so erroneous. And yet that is why I want to talk to you about this.

Because even now, my beloved friends, you have those moments – even when you are in your heart – when you go to that place of darkness, when you go to that place of isolation, when you feel unloved and unlovable, when you feel disconnected and you think “Well, thank God, I am not connected because what would happen if they really saw me? They would know all about me. They would know my secrets - the good, the bad, the ugly.”

And so you revert back in fear, and yet the fear is that you won’t be loved. It is impossible. The fabric, the energy, the [subatomic particles](#) of this universe come from Love.

Let me also explain – and the healers in this room know how this Law of Unification works – when there is a disruption, shall we say, in your force field, in your expanded force field - it does not matter whether it is a kidney, a past life, an emotion, a thought, a tear in your seal – when there is disruption, it is felt throughout the entire grid.

So what do we do? Do we stand back and say, “Well, they’re ruining everything. We will punish them. We will exclude them.” Absolutely not. Of course not. What we do is we send our energy.

We add our energy. We give you our energy to heal that disruption. I want you to understand this because this is the tipping point of humanity. No one, no being, no energy can be excluded. And the more the disruption, the more the need for Love.

The transmission through the force field does not mean that you are condoning. Why would you wish to buy in or judge what has gone awry? That would only fuel it. So this is where you are the observer, the healer, the channeler, the human, the angel, the ET, the bright energy force field of who you are.

So similarly, when you wish to create - when you are creating, because as soon as you wish to create, it has begun - so when you are creating, if there is a gap in your force field, then the energy flows to you and allows the completion. It is assistance on a seen and unseen level.

That is why creating in a group is so powerful. Because you have reinforced and acknowledged and then come together as one field, one unified field. So there is no need to feel that you may be a little short in one area.

And that, my beloved ones, is the reason why there is no room or cause for doubt. Doubt is the old paradigm. It is what has kept you for millions of years in the darkness and it is time all of you are emerging into the light. Thank goodness.

Soon my job will be done, for each of you will assume that role as steward and keeper of [Gaia](#), the Cities of Light, the planet of Love. And of course, I will come and I will visit and I will still be the Keeper of the Law. But you are right there so embrace who you are, and more importantly, my beloved friends, embrace each other.

Acknowledge this Law of Unity. It takes a soul of wisdom to embrace it. And you are there.

I will gladly help you. If there is anything about the laws that is unclear or that you do not understand or if you are uncertain which to use, just call me. And let it be known you can't go wrong even with the Law of Elimination. This is one where I stand guard as if you were learning something new for we don't want you going and eliminating things that will affect [things] permanently and leave holes in a force field.

So although many of you have not known me until this moment, I have known you, each of you, and loved each of you forever. You are my fellow travelers, and you are the courageous ones, the adventurers who came to Earth at this time to complete the evolution and to begin anew. It does not mean that your planet comes to an end - quite the contrary. You enter a new cycle, a cycle of enlightenment. We can't wait.

Go with my Love. Go with my blessings. I attend to thee. Farewell.

Channeled by Linda Dillon July 17-18, 2010, Miramar, Florida - Creator Race Workshop



# Universal Law of Transmutation



(From Linda Dillon, *The New You: Emerging into then Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: 2013.)

Greetings, I am Sanat Kumara, Keeper of the Law. The Law of Dissipation is also known as the Law of Transmutation.”

You utilize the Law of Transmutation when you are working on anything that needs to be removed but not eliminated, because the core element is grist for creation. In this situation, your role is to clear. Release and destroy in the most positive of ways that which is not of wholeness. That issue or situation is brought down to the finest kernel, to that grain of sand that began as purity. From that place, you allow that cleaned-up essence to transmute or recreate into something of beauty.

I offer you an example. There are many people on Gaia who have great issues of abandonment and self-worth. It did not start that way. It started as knowing in angelic form, that assuming a human body was an act of absolute love. When they arrived on Earth and looked around, and were not acknowledged, [their] sense of separation and the illusion of abandonment grew.

But, the kernel, the core knowing, was a thing of beauty. So, you clear away the debris and you bring the person back to the essence, to the knowing of love. You restore within them the longing and expectation for a physical experience of love on Gaia. Then, you allow the person to begin to recreate, to begin to receive mirrors and affirmations, situations and people into their life that are genuine. What you have done is transmute; dissipated what is not useful down to the purity that is already within them. It can be done with a smile or gesture, it matters not. That is the Law of Transmutation and Dissipation.

The Law of Transmutation needs to be applied to many institutions and environments upon Earth. It is cleansing what does not serve and restoring it to original intent.

A good example is education. The core of education was love. The core is still good. It is desirable and helpful, so what you are doing is you are transmuting you are bringing back and eliminating all the debris, not by the “poof!” but by the cleansing. Bringing it back to the core which was founded on Love and joy and then rebuilding. It is Lao Tzu’s grain of sand that becomes the luminous pearl. That is the way you may think of it.

# Sanat Kumara on the Law of Transmutation

October 9, 2013



(“Heavenly Blessings: Sanat Kumara Discusses the Law of Transmutation. October 8, 2013,” at <http://goldenageofgaia.com/2013/10/09/transcript-sanat-kumara-discusses-the-law-of-transmutation-october-8-2013/>.)

Suzanne Maresca: Good morning and welcome to another offering of *Heavenly Blessings* with Linda Dillon, channel for the Council of Love and author of “*The New You, Emerging into the Brilliance of Humanity’s Heart Consciousness*,” and myself Suzanne Maresca.

Today, Sanat Kumara returns to offer guidance on the Universal Law of Transmutation. There’s a lot I don’t understand about this one and the description that the Council of Love offers says that this is when we’re working on something that needs to be removed but not eliminated because of the core element, it was grist for creation.

They tell us that our role is to clear, release and destroy in a most positive way that which is not of wholeness. That issue or situation is brought down to the finest kernel, to that grain of sand which began as purity. From that place you allow the cleaned-up essence to transmute or recreate into something of beauty. So I’m looking forward to understanding more about that. ...

Sanat Kumara: Greetings, I am Sanat Kumara. I am Raj, and I am delighted and pleased to speak to you this day of this Law of Transmutation and Dissipation.

Dear heart, think of the original Creation of the Mother. Not only of this planet of might, of beautiful Gaia, but of the Omniverse, the Multiverse, your Universe. And let us look to Gaia and the original intent, which was to be a place for Angels to experience physicality, delight, and to move in a variety of forms, to have the knowing of physicality in a different way.

In the beginning, there was only purity upon sweet Gaia. The creation was not a creation of illusion. It was not a creation of duality polarity. Earth was intended as a playground far more than even Sirius could ever be. And it was a playground of Love. Of delight. Of pleasure. Not hedonism, but pleasure. Of reveling in the magnificence of creation, of physicality. And it mattered not whether you chose to be Mt Olympus or a snail or any human being.

While we have talked a great deal about the building, creation, construction of illusion, separation, angst, anxiety, anger, there is no question that each of you and the collective of humanity are mighty creators. You have already proven that. And you prove it every moment you breathe. You are creating life and you are co-creating it with the air, with Gaia, with the exchange of the molecules of oxygen. So the question of whether you have the capacity to create is moot.

So part of that creation, part of your might, is knowing when something is worth saving. And what I would suggest to you, my Beloved Ones, is that there is very little within any of you or upon Gaia that is not worth saving. You have the situation of sunken treasure. And yes, I particularly use this example, because of the channel who lives on the treasure coast.

The treasure is filled with sludge and barnacles but there are gold ingots and gems and rubies underneath it. Is it worth the effort for extraction? Yes. Now you do not simply want to poof away or utilize the Law of Elimination to destroy what is valuable? That is not the purpose.

The desire is to preserve and to bring back what was originally of such grace and beauty that it is worth anything to view it, to own it. Own it within yourself. Once again.

And the ownership, dear heart, that I refer to is the ownership of your sacred self. So I give you this Law of Transmutation. It is the cleanup Law. It is the reconstruction. It is the Beautification of the Community Law. And it is a joint project.

What is required and the scope of what can be cleaned up is going to explode with your expanded clarity. This magnificent gift comes directly from the heart of the Mother. We are on call. High alert. Particularly your star brothers and sisters. Waiting, assisting, to begin this reclamation project.

And as she has said, it matters not whether it is a relationship, a planet, a pill; all are worthy. And we do not judge saying to you that you cannot use the Law, the infinite Law of Transmutation to do this. There is nothing barring you from using it, from the smallest speck of sand to the largest galaxy. We are with you. Do you have questions for me, Suzanne?

SM: I do. Thank you so much, Raj. This Law of Transmutation is clearly a very useful one that would be hugely beneficial for any and all of us to be practising.

The thing that's most up for me right now is how to transmute a troubled relationship when I just want peace. Would you kindly speak to this and perhaps say if resolution and transmutation is always possible in such relationships and if I may, in the relationship on my mind now?

Raj: Yes. You are never presented with a situation - be it a relationship, an illness, a challenge - that is not capable of transmutation. Let us be very clear about this.

Now there are times when after the transmutation takes place, when there is a co-operative loving joint decision to take a different pathway. But that does not occur until the transmutation has transpired.

So this is what you do, my Beloved. Again, put the situation - and understand all of you are dealing with many, many, many past lives, situations, vasanas, false grids, issues, debris, both on and off planet. And many of you right now are reaching a point where in fact you are clearing issues that never occurred on Earth. And that is also why it is so pulling to you.

You take it, you put it in your hands, as if you are creating a miniature stage or a dollhouse, and you hold it within your hands as if you have just cupped your hands to take a fresh drink of water out of a stream.

So you cup your hands and you place the energy, so you are taking it out of yourself and putting it in your hands. So you are stepping back in effect. You are placing it in your hands and then you are calling on us and you are invoking - and let us emphasize invoking is a very powerful action. When you invoke myself, St. Germaine, the Mother, or a Law, it is our agreement in accordance with the Law that we show up.

So you invoke our help, the Law, and you hold it. Now if it is an intense situation, such as a troublesome relationship, marriage or a chronic illness, you may do this for several days. But you will know when it is completed.

Do not forget the Mother is giving you the clarity to know. So you hold it, and you simply allow, as if you are the observer watching a play. You do not need to see every nuance, every article of clothing, every raised eyebrow, every stomach pain. You just observe.

You can even take a break, come back, but keep it in your hands away, slightly away from your body so if you were sitting, for example, your elbows are on your knees and your hands are out so there is some distance. But as you also notice as you are sitting, your hands are pretty much in alignment with your heart. So that it is an alignment with your core, with the seat of your soul and with your love, because you do this out of love.

You do not use the Law of Transmutation simply because a situation is painful or troublesome. You do it out of love. And so then you allow it to transmute. You will see it in physical reality, and then you may come back and say "Well, then, the troublesome part is transmuted. I no longer have my headache or the aches and pains. Perhaps I no longer need my medication. Now what I am going to do is transmute the situation into perfection."

So you keep going. You take that grain of sand that you have stripped down to its purity and then you create the pearl. Which is a beautiful, lustrous health, relationship, planet.

No situation, not for any of you, in any reality, is presented to you simply so that you can say, “Well, this isn’t fixable.” That is the old paradigm. That is why war continues, poverty continues, hunger continues. Because people say, “This is too big to be tackled. It will never work.” And that, dear hearts, is not of truth.

SM: Thank you so much for that. ... It takes two in a relationship and if one person is doing transmuting work, can one person do it for both?

Raj: Yes. I am going to shock many with my answer. But let us also say, as Lao Tzu and St. Germaine have indicated, with the introduction of Thirteen Octave La Ho Chi and Ascension healing, the rules have changed.

So you used to ask permission of the individual. You as a human race – as a collective - were at the point of learning to respect boundaries and one another. You’ve learned that. And you do not undertake healing work in a way that is a subterfuge. It is not possible. Then what you are doing is creating subterfuge. So that is very different than healing.

So when you send Love, because basically that is what the Law and what creation and healing is about, you are sending it to the individual or to the situation or to the collective, just as you are now sending clarity to the collective of humanity. You are sending it with the purity of intent and the purity of love.

If there is one individually or collectively as a group that says, “No, we do not want this. We are not ready for it. Leave me alone. I love my disease,” then what that energy does, it has its own intelligence. So that transmutation energy, that healing energy, moves on.

It doesn’t just stall out. It is active, vibrant, alive energy. So it moves on. It moves on to the person who has been praying in the darkness of the night for help. And in that way, it is utilized. When you send healing energy it is never wasted.

And let us suggest to you that sometimes that healing energy travels several galaxies. So no, do not hesitate. If it is not welcomed, it will simply continue on.

SM: All right. That’s wonderful. That’s really good news. So my last question – Gaia as a transmuter; we can certainly partner with Gaia because we’ve been given the information many times to give it to the Mother, give it to Gaia. If you’re feeling sorrow, just release it into the Earth and give it to Gaia. She’s a master transmuter.

Raj: Gaia is your biggest example in physicality of how to transmute. Think - and I say “think” because to feel will hurt too much - think of all the atrocities, big and small, that Gaia has transmuted. So yes, weep your tears, release to the Earth, sleep with your head in her lap. And allow her to assist you. She is your Earthly mother. And she will help you. And she shows you how to do this.

How does a stream that has been polluted and disregarded and then not interfered with by human cleanup activities, how does she restore that so that when you return two years later, your stream is bright and sparkling and just as you remembered it? She transmutes. And the Elementals, the Devas, the Kingdoms, they all help her. So, yes, work with Gaia.

SM: And there's also the situation that when we offer our love and energy to Gaia, does that not help her as well to do the work that she does?

Raj: When you receive love, compassion, understanding, connection, committed heart, does that not spur you on? So yes, it is exactly the same with Gaia. She says, "Okay, some do remember and love and cherish me. I will keep going."

SM: Thank you. It's been wonderful as always. We have a couple of callers, if we may. Are you ready?

Raj: Yes. I would be pleased to.

David: I have a quick question. ... I want to ask if there is a way of transforming our ultimate negative thoughts of separation and getting into this consciousness that we are really one. Because I think then everything will dissolve into truth again.

Raj: Yes, there is a process and of course the core issue is always self-worth and self-love. And you can place this lack within your hands. But do not forget I do not give this simply for you but for all. And not everyone on the planet is prepared to start at that point.

The one thing that I have not said and it is important, is about destruction, but I have used the term very specifically about cleanup. About reconstruction.

As you are clearing away, and let us use again the analogy of the buried treasure, as you are cleaning off the barnacles, as you are cleaning off the mud, the sludge, and the tarnish, you are loving it. So it is not with disdain, ever.

You are doing it because you are uncovering a precious treasure that is either you or a nation or a belief system or a collective. So you are loving the barnacles. You are loving the mud, because it has protected what was so precious and important to you. But now, it is time for the treasure to re-emerge. And for the treasure to re-emerge in the purity of its space.

So say you have brought up a beautiful ruby. And it has been covered in all of this; but you know what lies within. So you reach down to the ruby after you have removed the barnacles, the sludge, the crustaceans, the weeds, etc. Now the ruby is looking pretty grim. It is dull, it looks like a stone you would pick up on the edge of a gravel pit.

But you know that it is a ruby because you see and know the original intent, which was always Love, always wholeness, always fulfillment. So then you are taking that ruby – and this is the reconstruction – and you are polishing it. You are talking to it. You are connecting to it. You are loving it until it gleams in the sun and the moonlight like one of the brightest rainbow ships in the sky.

So, yes, begin, if you are ready, with self-worth. I would welcome that. But not everybody is. So let us use another example. If you are working with the people of Syria, there is a purity of heart and purpose in this sacred place. But there is a lot of sludge. Not everyone is ready to jump. All the layers of war, of abuse have need to be moved away gently, lovingly, before that ruby of the beauty that Syria is can emerge.

So do not simply use it for yourself. Use it for many of your global situations as well. That is what we did in the creation of Venus.

David: May I ask another question? Sanat Kumara, maybe you can answer this quickly. Is our goal – here in duality and separation – to unite and unify ourselves back to the Oneness from where we’ve come?

Raj: Yes. But through all the Laws. And that is why we go through them one by one. Because there are some Laws that are more effective to use. But they are always used as a body of codification.

But I wish, my beloved friend, to correct you. You are not in duality and polarity. You do not live there any longer. So that is like saying you still live in the house where you were born. You do not. So let it go.

And declare yourself. You live in a reality of Unified Field. You live in a reality where you are reclaiming the fullness of your being as creator. As creator race. The old needs to become a dim memory. So allow it to be so. Not erased, because we want you to remember so you don’t revert. But do not declare yourself, my friend, as living there. You do not.

SM: Thanks for your call, David. Area code 303 are you with us?

Caller 303: Hi. I think my life has been meant to be like a sign of how bad your life can get and yet you can still find your way out of the darkness and, well, if I may say online, “hell.” So how do I know what to do now that I’ve mostly gotten out? How do I find my purpose?

Raj: Polish the stone. And it is not particularly through the Law of Transmutation that you find your mission and purpose.

So what I suggest to you, Beloved One, is to go back into meditation, into your heart, and bring forth the Law of Purpose, the Law of Intent. Go to the New You. Discover your idea in the first dimension because you are a multi-dimensional person.

Go back. And allow that now that you’re out of hell’s gate to bring forth the truth of who you are.

Now, this is not to be done with the sense of it being burdensome. It is to be done with incredible, indescribable joy, laughter, play, celebration. So sit, anchor in your heart, anchor in Gaia, anchor in the Thirteenth Octave and call forth your purpose. Allow it to simply well up within you. It will come. ...



SM: Raj, it has been a joyful training experience to do these shows. I really appreciate it and thank you very much.

Raj: Dear heart, you are welcome. It is my joy to be called in forth this way. And to assist in the Ascension of humanity.

SM: So what do we have going on next week?

Raj: We will talk about Instantaneous Transmission. Now we have talked about renovating a house. And reconstruction. Now we will talk about Instantaneous Transmission. This has more of the effect of the “poof!” rather than the building and reconstruction. It will be a great deal of fun. And yes, it will be me. Farewell, dear heart.

## Universal Law of Instantaneous Transmission



(From Linda Dillon, *The New You: Emerging into then Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: 2013.)

*Sanat Kumara, Keeper of the Universal Laws, explains:*

The Law of Instantaneous Transmission is the Law which creates immediate transformation. It is the Law that is enforced when old paradigms are shifted throughout the universe.

A good example of this is the shift in the human experience from the old illusion of the Third Dimension to the Fifth. On an individual level, it relates to transformation and activation of the ever presence of what is within you, including your thirteen strands of DNA. Although you have anchored the fullness of your soul design, as well as integrated all of your aspects, there is still a great deal within thee that you have never accessed and that you are not even aware of.

Every now and then, you have asked, 'Why can I not be thinner? Why can I not be taller? Why can I not have brown, blonde or red hair? Why can I not be artist and poet, a physician or scientist?' We say to you, that you already are. This is the situation in which you may invoke the Law of Instantaneous Transmission.

As always, anchor within your heart and stillpoint. You have already surrounded yourself with the Council of Love, the archangels and your precious guides. From this place of stillpoint pull up your soul design, that which has always been present. What you are undertaking is full activation. You do this by simply turning a switch. That is the image we wish you to save – turn the car key, turn on a light switch, and allow, bringing forward the soul design that you are already witnessing, that is already deep within.

If the desire is to create a certain representation of yourself, it is because it is already within you. You are imprinted from the heart, mind and essence of the Divine. There are parts of your being that you will never bring in, but that you have witnessed on your planet, such as people growing tails. There is much present within your being, your DNA, that you choose not to activate at this time. Be careful what you are doing. Be prudent in what you experiment with. We give you this tool because we trust you.

We have always trusted you, just as we have always loved you. Somewhere in the corner of our being, even as you have shouted at Heaven, we have known that you love us, and we are one in heart. We share this teaching of the Laws to help you understand how things work because we truly wish you to know, to be in the full partnership of love. Go, my brothers and sisters, in joy and laughter. We add create, create, create. Farewell.

# Sanat Kumara on the Law of Instantaneous Transmission

October 16, 2013



(“Transcript: Sanat Kumara Discusses the Law of Instantaneous Transmission, October 15, 2013,” at <http://goldenageofgaia.com/2013/10/16/transcript-sanat-kumara-discusses-the-law-of-instantaneous-transformation-october-15-2013/>.)

Suzanne Maresca: Good morning and welcome to another offering of Heavenly Blessings with Linda Dillon, channel for the Council of Love and author of *The New You, Emerging Into The Brilliance of Humanity’s Heart Consciousness*, and myself Suzanne Maresca.

Sanat Kumara will be joining us today to explain the Universal Law of Instantaneous Transmission. The Council of Love tells us that this law creates immediate transformation. I know that many of us are feeling more than ready to transform our current reality. ...

SK: Greetings, I am Sanat Kumara, and, yes, congratulations as you go forward in this Law of Instantaneous Transmission and Transformation and the activation by conscious choice of what you choose to experience and what you choose to bring forth in this journey of Light and Love and transformation not only of your sacred self. Because, dear heart, the ripple effect, the domino effect is for the entire planet and far beyond.

Each of you, regardless of how realized, aware, and awake you are, has desires with regards to the expansion of your sacred self. And there is an entire list, the recognition of your inter-dimensional self, the activation of your Ascension flag, the activation of perfect health, the activation of balance in all realms – mental, emotional, spiritual, physical - all of these, my Beloved Ones, are at your fingertips.

And I come this day not particularly to teach, perhaps to guide, but particularly to simply say you are ready. You have been ready for some time. But we revisit this and bring it to your cognizant attention right now because you know you are ready. You do not question any longer your capacity and ability to create and to create in accordance with the Divine Plan. And with Universal Law.

We would not be having this conversation, because that is what it is, if you were not ready to fully engage and be confident enough in your own discernment that you are ready and capable of doing this in tandem with all of us.

There are many activations that are being sent and given and gifted to you, particularly directly from the heart of the Mother, at this time. And that is creating a smoothness, an expansion that allows even greater facilitation with these activations that you are selecting and that you are bringing forth.

Sweet angel, if you have asked for long red hair and you currently have short black hair and it is not for your highest good, I will not permit it. I will act as the referee here. But what I suggest to you, and what I see in each and every one of you, is that your desires of activation are far more sophisticated, complex and of Love.

So very little has to do with hair or height but they do have to do with well-being and perfect health and serenity. And these, dear heart, are not only part of your soul design, but your birth-right. And part of the collective DNA as well.

Many of you as you have come forward and chosen to be part of the old Third have allowed certain disabilities of one sort or another. And you have done so to assist in the breaking of those false paradigms and illusions – those false grids.

So part of what you are doing right now with me this day and from here on in is declaring that those false grids no longer exist, and as you are Beings of the Fifth, Sixth and Seventh Reality you are free to reactivate the perfection of who you are and in so doing what you are also declaring is that those rules, those restrictions, those shackles of the old Third no longer exist.

You are declaring your freedom as a creator in a very personal and individual way. And it is important to your participation in this and the application of this Law is key.

So there are activations, collective, that have taken place and will continue to take place but primarily in this situation, particularly a shift in Ascension, you are learning and you are using this particular Law. It is not like the Law of Transmutation where you are peeling away, scrubbing, cleaning up and finding the treasure that is buried underneath the debris.

In this Law what you are doing is you are activating what has been present always but not turned on. So you are throwing the switch. And not only are you capable of doing this; you are encouraged, invited, to do this.

And not only by me, dear hearts, but by the Divine Mother herself. For she wishes to see you in the fullness of your design. Now as you begin this undertaking we are not suggesting to you that you turn on everything at once. First, because we want you to experience and understand the Law. But also we do not wish for you or us to overload your circuits.

So one at time. One a day. One a week. But what you will find with each activation, there is a triggering of other activations. So it is simultaneous as well. So although you may feel that you are turning on one switch, one aspect, you will see that there is also a domino effect and you will begin to feel better, look better, create more clearly, have greater clarity in your mental body which has already been expanded.

So what are you truly turning on in conjunction with the Mother's latest blessing? You are turning on not only the capacity that you have come with; you are acting in an expression of greater love for your sacred self.

All of this is of One. These events, these Laws, they are individuated simply for purposes of explanation so that you gain the understanding. But it is the unified grid my friends. Just as your design is the unified grid.

So let us begin together. Do you have questions for me, sweet Suzanne?

SM: I do indeed, Raj. If I may take a detour to speak really quickly about last week. I first want to thank you for sharing all that you have on these Universal Laws, particularly the Law of Transmutation. I use it to great effect.

I'm wondering if invoking that Law can also lead to stirring up of especially deep issues and acute awareness of the debris, and not necessarily always a clearing of it at first. I'm not sure because I think I may have witnessed both.

Raj: Absolutely. Do not forget, yes we have talked about the buried treasure beneath the barnacles and the debris, the mud and the sludge. But dear heart, who do you think created the mud and the sludge?

So it is acknowledging individually that you contributed to the mud and the sludge, the barnacles, the debris. But also in the Third Dimension everything that happened in the building up and the buying into those illusions were a collective creation as well as an individual creation.

It wasn't simply you saying 'now I will create this drama or this illusion.' It was supported and in some cases it came to you because it was a collective belief and then sometimes you contributed to the collective belief.

So, yes, when you are working with the Law of Transmutation you are not simply digging and bringing out the buried treasure and polishing that gemstone; what you are also doing is cleaning up the sludge.

So you are absolutely correct. You are loving and transmuting the sludge as you work your way to the buried treasure.

SM: Yes. Thank you for that. I'm trying to understand where humanity is going in terms of our abilities and why our human form is so important. As I understand it, the Ascended Masters can take any form they like and that, until now, ascending with the physical body has not been available. I do see the benefit of having physical vessels here on Earth in order to be anchors and portals for Divine energies, but once we reach a certain saturation point I'm wondering what's next for us.

Raj: It will be a choice. What you are doing in this Ascension process is truly a return in many ways to the original Plan of the Mother. Now the original Plan is not simply the journey that you are taking back to the Light or the Source, as it were. It is also your understanding that you have a choice to be in and out of form.

But you don't realize that until you've maintained your form. And one of the things that has happened – particularly with all the illusions of the Third – is that as a collective you basically say I can't wait to get out of here.

And you create great scenarios and dramas in order to do that and to accomplish that and it includes death and disease and destruction.

When the Mother asked Gaia, the mighty Archangel, to assume a different form, she did so without hesitation. And one of the reasons was that the Mother was creating – think of it as a playground – an amusement park for her Angels to play. To have an experience of various, not simply human, but various forms of physicality, other than what you think of as the energetic form and design and imprint of the Angelic realm. Regardless of which realm you belong to, whether it was Seraphim or Angel or Guardian Angel, it matters not. It was for her Beings to have a place to play.

That was lost. And it was also lost to the exercise of free will. Free will will never be removed. And we have spoken - the Archangels, particularly Michael and Gabrielle, have spoken - about how they have free will, which is surprising to some human beings. We have – the Ascended Masters, myself – free will.

What was lost was that choice. It's always the choice of the alignment and the experience of Love. Of being in full connection with the Divine because to be out of alignment, even in the slightest, with that Love is inconceivable but also painful in every sense of the word. So that was the Plan.

And then the dross and the illusion and the debris, the sludge, the barnacles, of human choice as they drifted further and further away, that sense of flexibility of being in and out of form in the blink of an eye by choice, by the exercise of free will, was lost.

So that in the Ascension - and Ascension to the higher dimensions [not just the Fifth?] - is what is being restored. So what happens when you reach that point? You float in and out of form at will. So that is where you are headed.

But if you did not have a form, you would not be able to be making those free-will choices. So first you are learning to be in the alignment and in the joy and in the rapture in the best sense of the word by being in form, by being in alignment, and then you will have that ultimate choice.

SM: So that brings up the idea that there are actually limitations to being without form.

Raj: Well, we have a form. It is just not what you think of as a human form. ...

SM: I've heard spoken many of the desires people have around changes they wish for their bodies. I was hoping you could offer a practical use of this Law just like with the Law of Transmutation you gave us this beautiful exercise. Is there a simplified way that you can offer us to make those changes within ourselves?

Raj: Yes. And that is why I have used the symbology of the mailbox flags. Because it is simply something that everybody is familiar with. We understand that in many countries there is no such thing as a mailbox flag, particularly on the plains of Africa. But think, all of you do have the symbol in one way or the other, the concept of a flag. Whether it is a prayer flag or the hoisting of a flag, of a piece of cloth that is representative.

But you could just as easily use a button or a key. So this is what we wish you to do. And when you are working with this Law, see yourself sitting down; it is best to sit rather than lay down. And then see yourself standing back towards yourself so you are facing your back. And you are facing your central column which is the cylinder around your spine which is where your etheric and your actual DNA is located.

You think of an aspect that you wish to activate in your beautiful unique design. And understand this Law in particular. Eventually we will teach you how to do this with others. But that is not where we want you to start. There is enough work at home to be done.

So you are looking, eyes opened, eyes closed, it matters not. Some of you can put out your hands so where we used to have you cup your hands with the Law of Transmutation, now we want you to put your hand - after you've decided what you wish to activate - either hand it matters not, out and scan the spine.

And you will feel that point of activation. Whether it is a flag, a button, or a key, you will feel a slight tingling, primarily in the center of the palm of your hand. Your fingers may feel it as well, but definitely your 'high sign,' as it were, is the center of the palm of your hand.

So you can do this with me, so you run your hand down this column of the back of your spine and you feel where those several flags.... because most of what you are activating has several points of activation, so first you scan; then dear heart, go back down - not bottom up; you go back to the top, and you simply turn up the flag, push the button, turn the key, and go down; flip the flag, push the button, turn the key.



There usually will be about three or four. Now if you are working for example on the elimination of a dis-ease, there may be many flags and you may do this consecutively for several days, but keep at it. And you will know when it is done.

Now you may not feel it in that very moment, but because the flag, the DNA – spiritual, mental, emotional, physical DNA – has been activated for that perfection not merely for the healing, but for the perfection – it may take a bit. But we are not talking years. We do not have years at the moment. We are talking days.

And you have seen how rapidly the Law of Transmutation works. Well, this [works] even more [rapidly]. That is why we call it instantaneous.

SM: I'm excited to practice this this week.

Are we ready for some callers?

Raj: Yes, we are.

SM: So, area code 604, are you with us?

Caller 604: Oh, thank you. Hello, Linda and Suzanne and Sanat. It's Kathleen calling. I would like to thank you, Sanat, for speaking to us about all these Laws. They are so helpful.

And I actually have a question about currency, our human love of money. It is the currency of life. I was wondering if you could give us a practical application of the Law of Instantaneous Transmission to bring about personal financial abundance. Is this a flag that we can lift?

Raj: Welcome, dear heart. You are not activating an external flag. That has yet to come. But understand, what you are activating is your [soul] design that allows for worthiness, for abundance, and for completion.

You do have a love of currency and let us be very clear that the Universal Law of currency is the currency of Love. So that is the starting point. Now what is it when you look at your soul design, you know whether and if you were looking at the collective soul design of humanity - particularly this group of close to seven billion that are on planet at this moment - the collective design is not one of impoverishment. It never was. That was the illusion of the Third.

So what you are doing is activating the flag for receptivity, the openness of self-worth, and the ability to receive abundance.

So you are going to have about seven flags in this regard. So there is self-worth. There is receptivity. There is the ability to give and receive. There is the willingness to move forward, because what you are speaking of is bringing forth currency in a physical realm, but first what you are establishing and recognizing is your own currency of Love. And your own deservingness, your own worth to experience, and to be able to create and play.

So it is not born of neediness. What you are doing, and we have not talked about this but, Kathleen, you have activated this. Therefore we will discuss it. There are certain flags that you are

going to turn down. The mail is gone. So turn down the flag of neediness, turn down the flag of I'm not worthy. And turn up the flag of willingness to receive. Do you understand what I am saying?

Kathleen: Yes. Thank you.

Raj: And in that way you have created, you have raised the vibration to the frequency of the human beings and therefore you are holding the frequency for the collective of the willingness to receive.

Now I know many of you are listening very closely to this. We have spoken to you as the Council of how you are doing the work through your field. When you activate this, you are committing yourself to also holding this for the collective and you are communicating this whether it is currency, or perfect health, or generosity.

You are communicating this to the collective. So turn off the neediness, the panic, the fear - will I receive, will it be in time, will I be able to pay my rent? - and activate the truth of your soul design.

Because the truth of your soul design – we will give you currency to play with – but the truth of your soul design is, dear heart, you have the currency of Love to create whatever you want.

When you came forth as those angels inhabiting form, do you really think that the Mother sent you to the kitchen? No. That devolved and it was part of the human relearning experience, but when you wanted food – you have that expression ‘manna from heaven’? -the food was there. And it was tasty and it was delicious and it was instantaneous. So this is what you are returning to.

You have come from a culture – and listen to what I say, even as Ascended Master and Planetary Logos – you have come from a culture – regardless of which culture – that has admired and deified gurus.

So you have had gurus who have been able to manifest instantaneously and you have put them in a different category. And you have said “Master, teach me or simply give to me.”

What I am saying to you is that you are your own guru. I do not wish to be your guru. Sananda does not wish to be your guru. Saint Germaine does not wish to be your guru.

You are your own guru. And in this, you have the capacity to instantaneously transform air into whatever you wish. So it is time to get going.

Kathleen: I actually have one more thing. A quote from Linda's book jumped out at me, her new book, *The New You*. It said, “The Mother said the keys to Heaven are trust and forgiveness; the doorway is Love, open the doorway with your keys and step into your new life.” And I think that's exactly what you just told us.

Raj: That is correct, dear heart. The wisdom and the Laws do not change. Thank you for that observation.

SM: So we are on to area code 248. Are you with us?

Caller 248: Hi, Raj, and everyone. I'm looking at the possibility of understanding the Universal Self. The soul design that you referred to, what relation is that to our Universal Self?

Raj: It is the depiction and the design of your Universal Self. So when you are looking at and working with your soul design, you are working with your Universal Self. They are not different.

Caller 248: And we're learning to play in and out of form. And that opens up a whole new world of reality.

Raj: Think of this as a course that lasts a lifetime. And you are learning at this moment – particularly you, sweet angel – about being in form.

Now all of you have been tremendous and you don't give yourself adequate recognition. You have all been very good at being out of form. And even while you still have the form, you drift in and out of your body continually, consciously and unconsciously.

That is one of the reasons we often say part of creation is the daydreaming. It is the dreaming. It is allowing the inspiration and the dream to anchor back in to the physical form.

You are out of body at night as you travel with myself, with Archangel Gabrielle, with Archangel Michael, with Jophiel. You are out of your body a great deal and most of you have been very happy and comfortable out of body because the density of the old Third was so heavy on your shoulders that you couldn't wait to slip away.

Now, with the new dimensions, that weight is gone.

Now you are experiencing the joy, the sweetness, the pleasure, the fun, the ecstasy of actually being in form. Not that you are trapped, but think of it as the scales. Now the scales are, particularly with me, always in balance. But for right now, they are slightly more in favor of learning to be in form while you are doing all of this. Do you understand what I say to you?

Caller 248: Oh yes, and thinking also of the importance of anchoring in Gaia as we are playing with our forms.

Raj: It is absolutely necessary to drop your anchor, your cord, and to be connected firmly and completely with Gaia. Because she will hold you in love and nurturing, safety and security so that you are in form even as you are drifting across the Multiverse. ...

Fern: You talk about going into our hearts. Can you help me know how to bring my heart to the still-point?

Raj: Yes. And it is part of what we teach you in the book that we have channelled as well, *The New You*. It is one of the meditations.

But this is what you do. Think of it as if the energy from your head and your entire being, both from the bottom up and from the top down, is going down a drain. So that all the energy is draining and collecting in your heart. That is the first step.

Then allow your breath – and you may practice this – to slow, count four in, hold for four, four out; then do it eight. Until you are comfortable and your breathing is slowing. Then simply say I wish to go to stillness. If your heart and your heartbeat was a pendulum, simply stop the pendulum. The same way you would reset a clock, an old-fashioned clock. Stop it. And just be.

Do not worry about breathing. We will not let you suffocate. Your body is constructed to start breathing when you need to. So just be in that place of stillness. It feels like the immense void of nothingness. In truth, Beloved, it is where everything is. So simply practice. Do not let fear or ‘I can’t do this’ or ‘I don’t know how to do this’ interfere. In fact, turn down that flag and turn up the flag of still-point.

Fern: Thank you so much.

Raj: You are so welcome. Go with my love. Farewell.

SM: So Raj, for next week, first thank you again immensely for all the information and the help you offer us to become our true, wonderful, fabulous Divine and Galactic selves. What is next week going to be?

Raj: We are going to speak about the Law of Dispensation. This is a Law that you invoke when you wish to let go of what has been in the past or perhaps even in the future – the most graphic example we have for you during this time is the Law of Karmic Dispensation. So, yes, get ready to let go, dear hearts. We don’t ask you to simply create without letting go so this can be your Law of Clearing. I will be here.

SM: Thank you so much.

Raj: Dear heart, you give me joy. All of you. Do you know as Planetary Logos how long I have waited to have this conversation? Bless you.

SM: I feel that. Thank you. It’s wonderful.

Raj: Go with my love and go be flag wavers, raise your flag, lower your flag and play, dear hearts. I will coach you. Farewell.

SM: Thank you so much.

# Maitreya, Shirdi Sai Baba, Buddha, and Jesus on the Laws of Magnification and Transubstantiation

July 13, 2015



("The Laws of Magnification and Transubstantiation," July 13, 2015, at <http://counciloflove.com/2015/07/the-laws-of-magnification-and-transubstantiation/>.)

Greetings, I am Maitreya, brother of magenta, balance of the East, traveler of the circle. Welcome, my sisters and brothers, to this time of the future. Know that man may live in East or West, but the center is the place, the home of wholeness.

It is necessary for each of you to understand the importance of traveling to each place, East and West, to bring in succor, courage, wisdom, and clarity. We speak to you again of the need to understand how some have chosen to live and exist in places of chaos.

Not because you have chosen to be in chaos, or to live chaotic lives, but because you have transmuted the energy and your sacred purpose is to remain that you may continue to transmute, to assist those who remain in the places that are wild, not only geophysically, but emotionally and spiritually as well. As the planet shifts into her new being, many are disturbed by the energies being released and invited in.

I come to you this night to speak to you of the Laws of Magnification, the Laws of Transubstantiation. They are both simple and have need for immediate application in each of your lives. Magnification, as is transubstantiation, is the process whereby one's whole being, purpose, heart, and action are focused on one aspect. It matters not whether it is a small lily or a planet.

In the concentrated focus comes the magnification. This has been inexpertly applied in many cases, for where one concentrates all energy on chaos, and pain, disruption and hurt that is what is magnified.

You have need to funnel all your energies from all pieces of your being, to your Third Eye and heart to the magnification of calm, to the magnification of wholeness, to the magnification of Love. When this energy is expanded through the focus of energy, there is no room for anything else that is not of a replicate vibration.

When each of you chooses a virtue, know that they are unique, but they are all of one circle, they are all of one vibration. There is no difference between humility and beauty for they all require wholeness and commitment to create. It is the same for instantaneous transmutation.

Many of you have questions about the Laws of Creation. My friend and brother, [Shirdi] Sai Baba, has come to this mandala planet to show you how to create out of thin air. It is done primarily through magnification. To see the energy within your hands as simple air until it becomes so heavy that you begin to see the flow of atoms, that you begin to see the particles take form and change form.

Know during times of chaos, there will not be need for any to do without, whether it is in the physical sense for food or the spiritual sense for guidance. You have the ability to transmute matter and energy.

The Law of Transubstantiation is the same. Take the energy again - it does not need to be a physical form. It has only need to be a feeling, a fact, a concept - and place the energy within your hands and imbue it with Light, infuse it until it changes form.

Each of you has come to this planet with this capacity and it is time for it to be brought to the surface for it is required now. It is not necessary to study nuclear physics for it is too primitive for this exercise. Each of you this day has been marked by the blue flame and by the violet that is why there has been confusion about the colors.

I mark you now and welcome you home to the magenta that you may see the energy. Focus upon your Third Eye now. We of the magenta, Lord Jesus Sananda, dear heart Sai Baba, are the Masters of transubstantiation. Call upon us for this work. I step aside, my dearest friends, for there are many who wish to speak.

I am [Shirdi] Sai Baba, servant and teacher, friend who walks this planet with you. My teaching is simple, and that is to trust, and in the trust, to find the wholeness of service. It is not sufficient to walk the planet and be whole and even believe you are whole, unless you extend a hand to another, unless you extend your heart to another.

Where there is hunger you must feed, where there is thirst for truth you must share, not what you have discovered from us but what you have honed from your own journey, for this is why the soul turns to you because you have what they require.

The physical body is important. Those who chose to leave will do so quickly by the millions, but those who chose to stay will seek you out. In the cities or the country, no place will be isolated. Nor would you wish to escape.

One of the basic helpings that you have been given is your community, the laughter of friends, the touch of support. Use it. Do not look further than your eyes and physical being for they have provided all you need. In looking at a friend, and every being is a friend, you see far beyond your galaxies, far beyond your circle.

You have always had the blessing of creation. You have forgotten how to use it. The substance required is in the air around you, is in the Earth. Use it. The creation does not need to be seen, for many things of beauty are the gifts that pass unseen.

Turn to each other now and touch your Third Eye that you will feel the admission of the rule of magenta. You have all you require to go forward and more importantly to return. I will see you through this transition. It is why I have come to Earth. It is a celebration of cosmos upon cosmos, without end. It is infinity within the physical form. I step aside.

I am the Wayfarer (Buddha) who goes everywhere sitting under the Bodhi tree. You are my travelers. You conduct your energy in the Western part of your world. Face the East. It is a time of laughter, of singing. Always it is a choice. Each has been freed up so you will follow your path, which is the circle of life, which you have repeated forever, so that you may join with us.

You have always been the balance for half of you run forward and half of you fall back. You create a pendulum, an unending flow. You are complements. The teaching, the dharma is simple. You may do a million things and all you have need to do is to be. That is the meaning of life – it is to realize you are existence and in so doing you become human and free.

Many of you will choose to drift in and out of form as many of my family have. It is a gift of enlightenment. It is what you have sought. Therefore when you see your friends do likewise, understand they do not pass; they simply flow. The energy within your hands, within your center is the same energy as the chair and candle, the soul and dove. It continues always. There is no end.

This is not tedious; this is existence. You have come as bringer of hope and the hope is communicated through laughter. We all bring you one message – you will pass through to the 13th Octave. To sit on my knee, you must Lighten up. Be jolly. It is a term that has been forgotten. When you have need of comfort and peace, come sit with me and we will magnify together. Farewell.

Greetings, I am Jesus Sananda and I have called you to the 13th Octave. My blessing to you this night is the gift of Love. ***Focus within your heart, for this is where we live with you.*** And focus upon that which you most dearly desire – a single thing – and we will magnify it together.

And you will see it upon your return. I request not only your presence but that you allow me to infuse you, as we walk together again on this planet and world together. Go with magnified peace in your heart.

## Universal Law of Dispensation



Credit: Kathleen Mary Willis

(From Linda Dillon, *The New You: Emerging into then Brilliance of Humanity's Heart Consciousness*. Port St. Lucie: 2013.)

*Linda: Most of us are not familiar with the Law of Dispensation.*

*The Divine Mother describes this Law as an expression of compassion, mercy, and forgiveness. In it is in working with this Law that we really see the inter-connection between the Laws and the 13 Blessings and Virtues, the Divine Qualities.*

*The primary aspect of the Law of Dispensation that humanity is working with at this time is the rare and beautiful gift of Karmic Dispensation. Before outlining the specifics of this process, please open your hearts to the Divine Mother and allow this channeling to anchor deep within you.*

Greetings, I am Mary, Universal Mother, Mother of hope, Mother of change, and Mother of constancy, for the spirit is eternal and you have changed forms, my beloved ones, so many times that not only have you lost track; you have lost memory.

It matters not, for what I wish you to remember is the constancy of my love. What I wish you to remember are the cherished memories of yesterday and tomorrow, and the continuity of all existence.

I wish to speak to you this day about Universal Law. What does Universal Law mean, except the truth that I have shared with thee that has been laid down in the very beginning that you might understand how to journey home.



There is much discussion about Universal Law, but there is not enough written about dispensation. And what does dispensation mean? It is simply allowance, and in your terminology, it is a divine quality of forgiveness, compassion, and mercy.

Many of you carry the burden of what you believe you have or have not done, promises that you have or have not kept, missions fulfilled or not. There is underlying feeling of judgment, of 'Did I measure up? Did I fulfill my promise?'

We are not sitting here idly measuring your progress or the fulfillment of your mission. Beloved child, never do we point to an action, thought, or behavior, and say, 'Well, that is a shortcoming; that didn't measure up; that's not what I asked for.' What I asked for, dear hearts, was for you to practice free will. What I asked for was for you to be of love. What I asked for was for you to love yourselves and each other as much as I love you.

How does this relate to dispensation? There are times, and this is one of them in your collective reality, when dispensation for what you feel has gone awry is requested and granted.

The purpose behind the dispensation is always to make you feel free to continue on, because so many of you are concerned that you will not make it. Such an outcome is not part of my plan or yours.

When you feel such distress, turn to me. I am not distant. I am infinitely and eternally present. Ask for help, and it will always be granted. Ask for compassion and forgiveness, not that it needs to be granted, but the reassurance does.

When I ask you to request dispensation, which you tend to think of as forgiveness, compassion or assistance, I have done so in order to help you move forward in the recognition of who you are. There has been, and still is, a granting of karmic dispensation for the human collective during this period of transition.

Archangel Michael has spoken to thee, as have many, of containment which is a very restrictive form of dispensation. Because, what is it? Someone is put in a light box surrounded by love until they regenerate. I also say to thee, my children of Gaia, all of you have been in a period of dispensation, of containment, in the mildest way to assist you in the recognition of your divinity and the choice for love. Each of you has been touched in the heart; the heart consciousness has been activated and awakened.

Now, do some continue to ignore that? Well, that is the choice that is granted. But the awakening, so that the choice can be made from a place of love, has been completed. Each of you feels a growing sense of love and power, and connecting or reconnecting to a new and different realm. Yet in some way it feels familiar, because it is who you have always been.

It does not matter. No matter how terrible or awful you may believe yourself to be, it is an illusion. It is not who you are. Allow the heart awakening to fill you. Allow my grace, love, and the gift of dispensation fill you. Because now is the time.

I do not ask you to do this in your time, next year, or when you get to it. I am asking each of you, right now, in this moment, to not only accept my love but the truth of who you are. Stop the hesitation and confusion. It is not of truth, and it is not you.

Do not cling to the old. It will not support you. Let me be very clear. In the unfoldment of my Plan, the old Third cannot and will not support you. It is time to allow yourselves freedom. It is not conceit, boasting, or false pride. It is the mere acceptance that you are mine and I am yours.

This is a reminder, dear hearts, of what you have promised to do. I am helping you fulfill that promise, so that you will not fall into that illusion of disappointment. Can you imagine, in any dimension or reality, that ***I would ever turn to you as your Mother, the One, the movement or the silence***, that I ever express disappointment in you? That would be to express disappointment in myself, in the Father, and that is not possible.

Let go of the old way of creating. Bring forth the truth of what you are capable of birthing within yourself, your community, your families and upon Gaia. Birth the new reality and relationship with your star brothers and sisters, as they do with you. Allow your vibration to rise.

Can you be amazed, surprised, delighted? Yes. Come with me. But come with me now. Farewell.

*Linda explains the manner in which to work with the Law of Karmic Dispensation:*

The process of invoking and working with the Law of Karmic Dispensation is straightforward, and involves seeking dispensation from the Karmic Board. I describe and share this sacred ritual the way it was described and shared with me by Yeshua.

Like all sacred endeavors, anchor in your heart, in the 13th Octave, and in the heart of Gaia. Call in your guides and the archangels. Determine which of your guides or the Council you wish to have accompany you to the Karmic Board. It helps to have support in such an incredible and critical task, so the recommendation is to not travel alone.

Visualize, or if you are able, simply travel to the location where the Karmic Board convenes. For myself, it is always a judicial-looking building. Travel down a long corridor until you reach the doorway signed *Karmic Board*. Knock and enter. Bring your friends. Remain modest and respectful.

The room, again to me, always appears like a rather sterile board room. The board table takes up much of the space and on the opposite side of the table there are five beings seated. You will feel like you are being closely scrutinized and you are.

The key to receiving the karmic dispensation is asking, requesting from your heart core. The words that have been channeled to many are always the same. "I request that all karmic debt that is owed to me and that I owe and have incurred be forgiven, erased." Short, to the point, but incredibly heart and soul generated.

The Karmic Board will indicate their decision clearly to you. As I have indicated I have never known the request to be refused. Express your profound gratitude and leave.

Because you are still a work in progress, you may feel the need from time to time to return to the Karmic Board and seek dispensation. Once you are firmly anchored and living in the higher dimensions, this will no longer be necessary. Karmic debt is primarily the result of the false grids we have adhered to in the old Third Dimension.

While this process seems straightforward and perhaps even simple, remember that this is a gift beyond measure. It is the clean slate – it is the blackboard wiped clean – it is the fresh start that humanity yearns for. This dispensation allows you to fly free and to complete your mission and purpose unimpeded. It frees you to work with all of the other Universal Laws with grace and gratitude, purpose and clear intent. It is a miracle.

*As always, Sanat Kumara has wonderful words of encouragement as we accept this gift, in recognition of the Mother's and the Council's love for us:*

You believe that you are bound by the Laws of the Universe, by the Laws of Karma, by the Laws of Limitation. I am Keeper of the Laws, and I come this day to extend greater light within and upon your life.

Know that part of what you do with the entry into the flame of St. Germaine is the burning away of all karma, all history past and present and future. This is what you do when you invoke the Law of Karmic Dispensation as well. You have been purified and cleansed and so my question to you, my friends, is how do you intend to proceed?

Know that the balance of karma is also the balance of give and receive. For every good deed, every healing, every smile, every whisper of joy is extended throughout the universe and heard, replenished, and returned to you. No, not tenfold, but far beyond what you imagine as mathematics. Many of you persist in your false belief systems, in your refusal to heal, and believe you are a reflection of One. I wonder why this is so.

What barriers do you possess that you do not believe yourselves capable of instantaneous transmutation? We are fully able and, therefore, so are you. That is the Law.

You cling to your systems of belief, your aches, pains, and illnesses: are these your gifts to us? I think not. Allow yourselves, dear ones, to be the reflection not only of all beings but of who you are. You do not need to cry, stifle pain or worry about the future and whether you will be supported or not. Such fears are unfounded and they are your creation, not ours. Invoke the Law, dear hearts, and create – the time is nigh.

Go with my love, support and stamina. Farewell.”

*The Divine Mother invites us to seek dispensation in many areas of our lives - in any area of our lives that we feel we may have erred. The question is, do we genuinely seek or invoke the Law of Dispensation often enough?*

# Sanat Kumara on the Sacred Law of Dispensation

October 30, 2013



(“Transcript: Sanat Kumara on the Sacred Law of Dispensation. October 29, 2013,” at <http://goldenageofgaia.com/2013/10/30/transcript-sanat-kumara-on-the-sacred-law-of-dispensation-october-29-2013/>.)

Suzanne Maresca: Good morning and welcome to another offering of *Heavenly Blessings* with Linda Dillon, channel for the Council of Love and author of *The New You, Emerging Into The Brilliance of Humanity’s Heart Consciousness*, and myself, Suzanne Maresca.

Today we’re discussing the Universal Law of Dispensation with Sanat Kumara. The Council of Love tells us in working with this Law that we really see the interconnection between the Universal Laws and the divine qualities. Dispensation is simply an allowance of compassion and mercy and the divine quality of Forgiveness.

I think that this topic will include how we tend to judge ourselves rather harshly for what we may see as our human shortcomings. But the Company of Heaven makes no such judgment and in fact wants nothing more than for us to love and appreciate ourselves as much as they love us. ...

Sanat Kumara: Greetings. I am Sanat Kumara.

SM: Welcome.

Raj: And welcome to each and every one of you. It is a gift of new beginnings and it is a gift of forgiveness, and in this situation it is also a opportunity for each of you to understand that you may also forgive and to forgive not only those who may have harmed you or hurt you or in some way made you feel poorly, but it is also the opportunity to forgive your sweet self. And to know this gift is freely given and therefore, my friends, it must be freely received as well.

There is no payment. There is no debt due. It is important during this time of transition that each and every one of you be set free. And not hindered by the past or even the future. And this gift that has been bestowed this day does that, so I would ask each of you not to cling to old grievances or old hurts, to not cling to old patterns of behavior or actions or thoughts or ideations, belief systems that do not in any way serve you.

You are newborn. And yet you are newborn with the wisdom and the Love and the knowing of who you are. And of the journey that you have completed thus far and that you intend and will complete. This frees you to ascend. So often when we have spoken to you about Ascension and about the timeliness, the choice, of Ascension, you have said to us, "Yes I am ready to go. I want to go, but I do not wish to leave my friends, my family, my dog, my cat, my horse, my chickens behind."

Now we understand that. And certainly your decision to go forward as a collective has been miraculous and has been celebrated throughout many Universes, far more than you know.

But it is one thing to say to me, "Raj, I want to wait ten minutes for my friend or my beloved" and it is a very different thing to say, "I cannot go because I feel a karmic tie, an obligation, a debt." That is gone. Those ties are cleared.

And so this is one more step that we give you to fly free. Now we want you, if we were to have a say in the matter, to fly through that portal with everyone that you love. Because it makes it more joyous. It is freeing and you are not looking back, but, Dear Hearts, it is time.

Now you say, "Raj, I have made my decision to ascend and to go forward" and so I say to you, each of you this day, then, Beloved Ones, what are you waiting for? We beckon you. Gaia has stabilized you. You have relinquished the old Third. Come. Come and be with us.

Do you have questions for me this day, dear Suzanne?

SM: I do. And as I hear Linda speaking, my heart goes out and I just appreciate the love and the service that she's doing in coming on the air and continuing these Universal Laws. So I hope you guys are going to take really good care of her.

Raj: We are trying.

SM: In contemplating the Law of Dispensation, what I wonder is in regards to what used to be so as opposed to what is so now - not so much having to do with karmic debt as it does with compassion. For example, the truth as we've known it so far holds that only a very powerful shaman

with many years of practice would be able to physically shape-shift to assume another form. The Council of Love has represented that such things will be available to us as a matter of course when we reach higher dimensions. I have a couple of questions about that.

Is it the Law of Dispensation that works here to allow such a thing to take place, or is it a matter of course that all higher-dimensional Beings have such abilities? ... Will that be something we train for or can it be imparted through touch?

Raj: It can be imparted through touch or intent or simple telepathic transmission. It is not simply the Law of Dispensation and, as we have suggested to you many times, the Laws work in congruence with one another.

So in particular, what you are doing for example when you are shape-shifting or assuming different forms, you are using Instantaneous Transmission. You are using Transmutation. And you are utilizing your intent as well. So it is not simply one or the other. It is the combination of several factors, several Laws.

Now you do not sit there and say "I will take a tenth of the Law of Intent, I will take a cup of the Law of Change, I will take a pinch of Unification." No, it does not work that way.

You simply work with the Law and in accordance with the Law and let us say the purity of intent - that is very important, just as the purity of your intent this day to receive this gift was very important - so it is the purity to shape-shift or bi-locate or multi-locate, to be in the continuity of the higher realms in the vibration of Love. And the various expressions of Love.

So for example, you would never use this ability - which is freely available in the higher realms, by the way - it is not something that you need to really train for. But it is generated by the energy of Love. So the fuel of it is Love. So it cannot be used for example in your Universe - and in these circumstances in the human realm - for dark. And that is the shift. That is the difference.

In the old Third when there had been Beings who had achieved this capacity, there was still the opening to use it as they chose. But that is not so in the higher realms.

SM: That's wonderful as there can be a very thin line between shamanic practice and sorcery.

Raj: Yes. But it is actually a very thick line. Because the purity is there.

SM: Well, that's true. So thank you for that. That's very exciting really.

We've all been getting downloads of information and it feels to me like a steady stream of Light in the form of sound. When I perceive that taking place, I wonder at what point all the new data will be activated, comprehended and used. Is it all new information, remembered information, or a combination of both?

Raj: It is a combination of both. And it is not something that is downloaded, activated. It is pretty much simultaneous or instantaneous, so what you are finding is that your capacity to think, to understand, to comprehend certain things is more readily available to you than it has been in the

past. So the scope of your understanding, the lens of your understanding and of your capacity to create has opened.

Now will it continue to open? Yes.

SM: I really get that because it's a very subtle thing. We have such expectations about what these things are going to be like, like a popping instantly open so we really notice it, but sometimes these new things just get integrated into ourselves so seamlessly that we kind of lose sight of the fact that we can do these new things.

Raj: Yes, and you are quite correct in so far as you are not using what you would refer to as the "pop" method. Because it would be abrupt and startling. That is not to say that some of you – in fact many of you – are having experiences or situations that are abrupt and startling. And the reason that happens is to give yourself confirmation. We are really not needing confirmation at this point.

What is truly happening with the downloads and the higher frequencies is that it is increasing seamlessly as you've put it. And therefore it seems like a dim memory to you when you think, "Oh, I did not used to be able to do this." But it is forgotten basically.

SM: And we just become our beautiful mighty Light-being selves and we don't even remember what we used to be like. And that's okay with me.

Raj: It is okay throughout the Universe, actually.

SM: Would you please speak to the use and invocation of Universal Law having shifted along with humanity as we evolve? I'm just thinking that we're getting this detailed information because we're ready for it and ready to ask for it, whereas before it may have been largely unconscious and by default that this Dispensation is given. Mostly outside of our awareness. I might call it by grace, actually.

Raj: And it is still a gift of grace. But you are quite correct in assuming or understanding that this is a gift of conscious grace. Understand these upgrades as you have called them, or these attunements, these downloads have been happening continuously for thousands of years. Not in such a dramatic or strong frequency pattern, but certainly there have been downloads of grace – as you have put it – continually over the millennia.

Now in the last, can we say, fifty years of the human experience, the frequency has been constantly upgraded, with the last couple of years – several years really – being a very strong intensification of the energies that are available. So what was unknown and, yes, done to and for you, is no longer the case.

Because it is being done with you. And this is the indicator not only of your growth and spiritual evolution and maturity, but that you are in sacred partnership with us. Yes, you are in sacred partnership with one another as well. But you are also in partnership with us. And because this partnership has reached a level of conscious awareness, we ask you to step forward and to participate rather than to be the student. You are the intern.

SM: Wonderful. Are we ready for some callers?

Raj: Yes, we will take some callers.

SM: Area code 604, are you with us?

Caller 604 Kathleen: Good morning. Hi, Suzi. Hi, Sanat. I am Kathleen. Could you speak to us about the words I AM? I feel for many of us, the last years were just designed to intensely clear ourselves or the collective for the global work we are moving towards. And I feel like now I'm moving out into the community and that's a good reason to really know I AM.

And also I was wondering if you could, when others are making judgments, how do I quickly get an understanding across so that they can see what they're doing? And I was wondering also if the energies are high enough that we can actually heal people. If I can, say, hold someone's hand and invoke you so that they can release the emotional energy that they've held onto for so many years so that they can release their pain. Could you speak to us about this?

Raj: These are twenty-two questions, Kathleen (humorously). When you use the words I AM, what you are doing is claiming and declaring your Divinity. And your alignment with *the* I AM.

So it is bringing yourself into alignment – your heart, your consciousness, your mental and emotional bodies, and if you wish to think of it in that way, your physical body which is a very important aspect of this – you are bringing it into alignment with your Universal Self which is your personal I AM. And then think of it as a straight line into the connection and alignment with the I AM, with Divine mind, heart, will, presence.

The more that you think of yourself, act as yourself, be yourself within that I AM, then the more you will be.

Now. I jump to this issue of healing. Healing occurs at the speed of Love, which is exactly what we have taught consistently. It is instantaneous and immediate. The rate at which an individual chooses to incorporate it is particular to that person.

You do not heal anyone. But you act as a vessel of healing by allowing the Source energy of Love, of the Cosmos, of the One, added with your love to flow through you to that person. For some it is adequate enough and accepted that it can be done simply by holding a hand or two fingers to the heart for that matter.

For others they need more, shall we say, coaxing. So is it possible? It has always been possible. This is the way in which the Magdalena and Yeshua healed. It is the way that all what you think of as unusual or spectacular healers have worked. And it will become the norm.

The more that you are in the unity/community consciousness, the more this transmission takes place. Because, for example, if your neighbor or your child is out of sync you immediately feel it. Because the unity is out of frequency. And so therefore you correct, you balance, and then you go forward. So this will become more and more commonplace.



Now about the judgment. We cannot be too strong in speaking about judgment. And there are situations where we have asked you to be the observer and this is not one of them. There is no room for you to be the observer any longer where there is judgment.

And you can do it in a humorous way. You can say to the individual, “Well, gee, this sounds like judgment to me. And you know, I don’t do judgment. I’m allergic to judgment. Judgment makes me feel sick. So can we just let this go?”

And then do so.

What you are doing is you are teaching the person you are having the conversation with that there is no payoff, there is no reward, and there is no real tolerance in judgment. It is one thing to discern and discernment is vitally important in your journey. But judgment is cruel.

And the history of cruelty on the planet of Gaia has come to an end. There is no room for it. People think that they say something casually and it is judgmental but that it is not harmful and that is simply not so. It is very harmful and it speaks to a lack of love. Lack of compassion, a lack of allowance. You do not have permission or the wisdom to judge anyone.

Kathleen: Thank you so much.

Raj: You are welcome, sweet Angel.

SM: Thank you, Kathleen.

Raj: Farewell.

# Sanat Kumara on the Sacred Law of Attraction and Repulsion

November 17, 2013



("Transcript: Sanat Kumara on the Sacred Law of Attraction and Repulsion. November 12, 2013, November 17, 2013, at <http://goldenageofgaia.com/2013/11/17/transcript-sanat-kumara-on-the-sacred-law-of-attraction-and-repulsion-november-12-2013/>.)

Suzanne Maresca: Good morning and welcome to another offering of *Heavenly Blessings* with Linda Dillon, channel for the Council of Love and author of *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness* and myself, Suzanne Maresca.

Today's topic is the Law of Attraction and Repulsion, and once again Sanat Kumara will be joining us to offer fresh perspective on a much-discussed Universal Law.

Council of Love tells us that when we align with the Law of Attraction we call in assistance from sources that we may not even be aware of. The Law of Repulsion goes hand-in-hand with the Law of Transmutation and both are involved with returning discordant energies to the One for recycling.

It's wonderful to be jumping back into our exploration of Universal Law. So much has been happening and so quickly that for me the information and energy gets classified, filed and put away immediately to make room for more Light to come through. I feel like a spacey blur and the weeks are just speeding on by.

Sanat Kumara: Greetings, I am Sanat Kumara, Keeper of Universal Law. Welcome my friends of gold, my fellow Venusians, my fellow Gaians, my family, for that is what is occurring and what I wish to refer to even before we discuss the Laws.

I am not some distant entity, some foreigner sent from a distant planet to work with you and with Gaia. We are family and that is what you are beginning to feel and it is not simply family with

me. Far more importantly, it is family with each other. And this sense of unity and connection, of brotherhood, of sisterhood, of sibling, of Mother/Father One is growing.

Now how does this relate to Universal Law? How does it relate to the Blessings and Virtues, to the Divine Qualities? Dear Heart, it is how we are, it is not merely how we operate, how we think, how we feel. It is how we are and increasingly, much to my joy and the joy of all who participate, you are realizing this.

You are realizing that we are but one family, one collective, that there is not this collective and that collective, but that we are unified on one grid, in one Universe, in one Omniverse. We are not broken up and separated. That is not the way it is.

So how does this relate to the Law of Attraction and Repulsion? Well, with Attraction it is very simple. First of all, what you desire in truth, not as a false grid or an expression of the old realm, but what you truly desire you call to yourself because, in the most basic terms, it belongs to you. It is part of your makeup, your birthright, your formula, your design. And nothing, nothing, please listen to what I say; nothing is ever withheld from you that, in fact, belongs to you.

Now are there ripples, have there been interruptions? Yes, but might I also suggest to you that that is also because perhaps you are not fully applying the genuine nature of your heart's desires or calling upon this Law of Attraction and Repulsion.

There is no limitation in the Divine Mother's Universe, none, and that is part of the realization that you are coming to. So you cannot think in terms of limitations, that something is withheld from you because maybe there isn't enough. Creation is constant; there is always, eternally, infinitely more than enough for all, in any Universe, in any reality, as long as that creation is of the molecules and the codes of Love.

So what you are truly calling to yourself when you are practicing Attraction is more love. That is why I've asked the channel in this meditation to dig deeper to what it is you are truly looking for. It is more love - more love of self, more love of others, more sense of unity, more sense of community.

When you invoke, not only my name but the Law of Attraction, you are not simply calling the energy. You're not simply calling the thing, the environment, the situation, whether it is a chocolate bar or world peace.

What you are doing is calling upon your entire Universal family, your Star brothers and sisters, the Intergalactics, the Company of Heaven, the Archangels, the Seraphim and Beings that you do not even have any idea about. You are calling everybody and you are saying, "Can you help me?" And everybody, all energies of all forms are speeding to your assistance.

This is not a minor exercise. 'Oh, I will think it and then it will happen.' It comes from the core, the very core of your being, of your soul. And it comes with the truth of allowance and acceptance and not forcing the tide, not being dictatorial, not attempting to control the how, where, why.

So in attraction is also the Divine quality of trust. You cannot even begin to fathom how much power you have in this but if you work with it every day you will begin to see. Now, is it the totality? No. All the laws, all the energies work in conjunction.

So let me be practical here, and, yes, I know I go on but you did give me a hiatus, so let me say, you have said, “I am attracting a full sense of safety, of being safe in my planet, in my life, in my body, in my reality.” Now here we are all streaming towards you infusing that energy into you.

But with that and inside that will also mean that you will begin repulsing, sending back to the Source, all fear, all sense of displacement, all sense of insecurity, all sense of inappropriate vulnerability. So you say, I prayed for security and here I feel that I am gnashing my teeth because your issues are coming to the forefront to be repulsed back to the One. It is the balance, it is the scales of justice and it works in the personal sense and it works in the global sense and the universal sense and the infinite sense.

So do not turn to me and say, “Raj, I did this and it didn’t work. Things got worse.” Well, all that means, my beloved friend, my family, is there was a little housekeeping. There were some cobwebs and dust bunnies that needed to be let go of.

And think of them as no more significant than that, because you don’t want to be caught in the cobweb. You don’t want to be caught in the dust bunny. You wouldn’t see a dust bunny under your bed or under your chair and say, “I think I will crawl in and live there.” So let it go. Let us help with the clean-up and the repulsion as well.

So it is this sense of pulling in and at the same time of pushing out. Now this is a very physical example and a reality that we share with you so that you have that sense because you also push out your creations as well, when they have been inseminated, when you have had that stillpoint implosion/explosion.

But understand, when you are working with the Law of Repulsion you are never, ever repulsing people or nations. You are repulsing the energy directly, directly back to the heart of One, not to any chamber for clean-up, directly to the heart of One because it began just as you did, as the energy of purity and love. So you send it back, it is recycled, and then it is returned to you. So think of it as etheric dry cleaning without the chemicals.

Now I have gone on, I know you have questions for me, sweet angel.

SM: I do, Raj, my friend. I’m so happy to be speaking to you again in this way and I really appreciate the shift in relationship that I’ve been feeling lately. So really, thank you for that and being more present in my life.

So we keep getting the message that our perceptions determine our reality, so the highest and best that I can imagine for myself already exists somewhere and when I focus on that in meditation am I not actively calling those aspects of myself into my current vessel? And is this an overlap with the Law of Instantaneous Transmission?

Raj: Yes, it is. Now you are understanding it perfectly. And when you think of it, it is in accordance with your intent, with your purpose, with the balance of all. So yes, when you are holding that highest perception, that vision, the truth of who you are, you are instantaneously transmitting, transmuting, transubstantiating, and bringing to the forefront faster than the speed of light, at the speed of love, the truth of who you are.

SM: Wow. Okay that is a beautiful thing. If all that we desire is to serve the Divine Mother, I imagine, we can trust that our soul's design is what will manifest and that it will all unfold naturally.

So far I haven't got a handle on what I will be doing next but in this meditation just now I got a glimpse. I haven't been raised with much tradition or community and the perfection of that may be so that now I can be an ambassador between cultures, on Earth and beyond.

For some of us the path may reveal itself quickly and I guess for others it will be a more drawn-out process but I'm wondering if the event being referred to so often now will pop those and the forefront of human evolution into a deeper knowing all at once? I'm feeling that after that point, I won't even need money. Am I delusional in having visions now that are far removed from this one?

Raj: No, you are not delusional and, yes, it is true that not everybody is having simultaneous experience, so that it is not happening at the same speed, shall we say, for everybody. And it is also depending on how deeply you are holding that truth and that vision of who you are.

Let us also say, the "Event" as you call it is still a series of events because you aren't all working at the same moment in the now. Yes, there is only one moment, but within that moment there is eternity and infinity. So think of it more as a portal, as an activation, as a series of events.

When you reach the level of creativity, of creation, of reclaiming who you are as creator race, then you [will?] have what you need. Now if you feel that you want to play or create currency, then that is fine with us. We really don't care and we don't mean that in a dismissive way, we mean that it is a choice.

There are various intergalactic cultures that use various forms of currency because they like it. But the crux of this is the understanding, and this is why we have asked you to divorce yourself from the focus on the currency to your own currency, and what you are capable of bringing forward.

It is a choice. So if you wish to call forth the molecules of Love that form a home, a community, a City of Light, then that is what you do. But it is not dependent upon the simple manifestation of what you, in the current reality, think of in the old Third because the currency of the Fifth is different.

So the old currency, it is not dependent on simply that. What we have said and what we will continue to emphasize as changes in currency, financial systems, governmental systems, political institutions, judicial institutions - they are heart consciousness, attitudinal, spiritual shifts. These

things don't simply occur because of the availability of money. They are heart changes. They are a change in your consciousness.

So some will always love to play with currency and that is fine. And the idea of currency over the next five years or so will change. What it is used for, how it is available, how it is available to those who wish to create because where the currency issue comes in is truly just in the transition phase.

But it has never been the Mother's Plan simply to say that everybody upon the planet would have plenty of currency. No, her abundance is much bigger than that. Can it include currency if that is part of your belongings? Yes, but it is so much bigger. I can tell you, I do not deal in currency.

SM: Beautiful. I have one more question and then we will go on to callers. It has occurred to me over the past week or so that my awareness of the current world situation and of the mundane tasks required for my life has been fading away. I've been feeling less and less present and I'm wondering if that will continue and one day I will switch over to what has already been created in the new world and reality with what we know and experience now fading away in consciousness awareness? Will you speak to that please?

Raj: Yes, and many of you are having this experience that you feel less and less present, or can we say, attached to the old reality. Now we have been saying for some time, in fact almost a year, that Gaia has anchored herself firmly in her heart to the Fifth, reaching up to the Seventh, brushing the Third, so that you, of course, did not fall freely into space. So what you are doing, it feels to you, you have an expression in film where it is a fade and then there is a new scene and that is exactly what you are experiencing.

So some of you feel less and less competent, interested, available to engage in the routine of the Third. For some of you, yes, this channel has expressed it repeatedly, that the interactions with the old Third literally make you feel sick, nauseous, that you want to turn and run. So yes.

Now, that is those of you who are through the portal, who are in some ways balancing back and forth because you are wayshowers and you are helping people through the portal. So in many ways, dear heart, an "event" is not necessary for you because it is already underway. So yes, you are correct in your understanding.

SM: Well, that's wonderful. So that will just continue to unfold, the understanding will grow deeper and deeper and will have...I mean the visions that I am having are just enormous about who I am connected to and why I'm here and, to be honest, it's an adjustment for me...

Raj: It is an adjustment but we would ask you and we would ask all of you...trust your visions, trust your dreams. Many of you are processing and making this transition in dream state, in the dream frequency, because your days are very busy and you don't have the time.

Trust what you are hearing in meditation. Trust your intuition and not only trust it, actually follow it. That is how we talk to you. Yes, it is always our joy when we are given this kind of opportunity, but on the day-to-day basis, dear heart, this is how we talk to you.

SM: That's wonderful and I'm so looking forward to the time when communication is more present and available. I know you are around me all the time. I just don't see yet and I'm hoping some day I will.

Raj: And because you have declared it and because you desire it, you know that it is part of your belongings.

SM: Yes, yes, true. Thank you. Okay, are we ready for some callers then?

Raj: We are indeed. ...

SM: Area code 604. Are you with us?

AC604: I am. Hello, Suzanne and hi, Linda, and Sanat. It's Kathleen calling. I have a question about worthiness and if you could actually define it, define worthiness, value, and some practical tips how to anchor this quality into our foundation and if this is contained in love?

Raj: First of all, worthiness is part of your spiritual makeup and your physical makeup. It is not something that you need to go seeking or searching for. Now, can it be expanded? Absolutely. Worthiness is knowing that you are part and a spark, an integral piece of the Divine.

When you truly accept this knowing, then you have reached the place of knowing your worth and then what happens with that is that there is an excitement to explore. That is why we have talked about the importance of knowing your essence of who you are because within that is your worthiness.

This is the cancer, the primary cancer of the human race - the lack of self-worth, the lack of self-value, the lack of self-love - and too often, because this has been one of the strongest false grids of the old Third Dimension, there is the belief system that you have to earn your worth, that you need to become worthy.

How, dear heart, can you and I be birthed from the Heart of One, carrying the essence of One and not be worthy? That is like saying that your essence was destroyed when you took form. And if your essence was destroyed - and we will speak next week of the Law of Elimination - you would not be breathing, not in any reality.

Your value, your worth, is infinite, infinite. In this lifetime and in this Ascension and in this Shift, what you are coming to know is your value, your worth, and your potential. Now even as you shift, are you working at the fullness of your potential? No. It will continue to grow and grow and grow. That is the way of spiritual evolution.

But will you be happy, joyous, in the state of bliss as you realize that, that you are in the constant state of becoming and expansion? Yes, you will be because joy is also the key to creation. You do not create, you do not find your self-worth and worthiness in misery.

Now, does sometimes misery or lack trigger that essential finding? Yes, it does. It is like falling down a very deep, dark well and sitting there, sometimes for what feels like eons and there is no light and there is no hope and there is a sense that you are not even remembered, above or below.

And then you realize at the bottom of the well what you are sitting on is a trap door and you open that door and you fly free because you demand it, because you either extinguish and perish, because you cannot live indefinitely with no sense of self-worth, or you simply fly free and find and discover what has always been within you. That ember, that flame, is within you. Just like that flame of joy is within you.

Now when it expands, it calls out, it announces throughout the Universe and the expansion and the energy which is sent to you, complementing you, grows and grows and grows. It is a phenomenon.

You have often thought of the creation of your Universe in the old science; you have said this planet was created by the 'big bang'. Well to us, the big bang is when you acknowledge and accept your worth. Is that clear?

AC604: Yes. Thank you so much.

Raj: Farewell.

AC604: Farewell.

SM: Okay, so we are on to area code 520. Are you with us?

AC520: Yes I am. How are you doing this morning, Suzanne?

SM: Fabulous. How are you this morning?

AC520: Good thanks and Raj and Linda, hello, good morning. Regarding the Law of Attraction and Repulsion with your soul family, can you talk, Raj, a little about timing and soul mates?

Raj: Can we say 'yesterday'? Can we say '22 eons ago'? Can we say 'tomorrow'? I do not wish to be flip with you, my friend. There is much happening upon your planet and that is one of the reasons why, this day, I have chosen to begin by talking about how we are coming together, you and I and all of you who are listening and participating, coming together more and more closely as soul family and the recognition of that because soul family, soul partners, that truth is in the recognition as well.

Now, what do I mean by this? When you are working with the Law of Attraction, you are pulling in the energy, the codes. Now you may have – let us use the practical example of a soul partner, of a sacred union, which is the theme of humanity right now, and, yes, we are speaking a great deal about it – you may have a vision of what that looks like and that is fine for using the Law of Attraction for what you are pulling unto your sacred self.

But what we are saying is that part of the Law of Attraction, inside that delivery system of your belongings is what we would refer to as the recognition factor. So you need to understand and recognize with your heart, with your heart consciousness, and then with your entire field, what it is that you are looking at.



So for example, if you are expecting a car, you are creating a car and you have visualized a perfect Jetta and we have delivered you a BMW. Can you at that moment recognize that this is what you have attracted and that this is the fulfillment of your attraction.

And visa-versa. If you have been visualizing a BMW and we bring you a Ford, then know that that is the perfect match. So there is an element in recognition of also letting go of preconceptions and control. And it is a process of being open and receiving and then also realizing that you can expand on that creation.

AC520: How do we improve on our ability to recognize?

Raj: It is acceptance and allowance and truly looking, with your heart, with the eyes and the knowing of your heart, but also your Third Eye, center of forehead, your Fourth Eye, between your brows, and what we have come to refer to as the Fifth Eye, which is at your hairline, which is the ability to see with the eyes of the Mother.

So when someone or something is in front of you, simply stop and look and allow yourself to see the truth of what is standing in front of you and then you will know, not think, not judge, but discern and know the truth of that.

Now, there is a piece of this that I am glad you have brought up. You do not need to accept all deliveries 'as is.' Now we are not talking about a lack of gratitude. What we are talking about is supplementing and building and building and building the energy.

So you may see, for example, with a soul partner, the truth of purity, the beauty of the person standing in front of you. But you may also say, "But wait a minute, there are areas that perhaps have not been completed, either by myself or by that person or with the help of the Universe, the Company of Heaven, so we want to add on greater communication, more clarity in communication, more openness of heart, greater security, to be that truth, to not create false separations or lines in the dirt."

So you can build upon the creation that is right in front of you as well. It is not that it is there and it is done and then you have to move on. You can build, in form, as well as in the etheric. But you have need first to discern with your heart, with your Third, Fourth, and Fifth Eye what is the truth of this. And if the truth is that it does not match and does not feel that it is truly what belongs to you, then release it. Release it in gratitude and in love and continue on.

Because all things that pass your energy field, tangible or intangible, are not meant to be anchored with you. Sometimes it is a symbol. It is a catalyst. It is a moment in the Eternal Now but it is not meant to be clung to.

Sometimes there is a tendency in human beings to cling to something because they think that is all they are going to get and what it does is it turns off the [spigot?] of creation and it limits what you are open to receiving so that truth with yourself and with creation is very important. And we do not get offended in any way, shape, or form if you say, "Thank you, but this isn't quite enough."

AC520: Thank you very much, Raj.

Raj: Go with my love, dear heart, and thank you for your work.

SM: Okay David, I'm taking you on the air. We only have a couple of minutes left.

David: Hello, hello, Linda. Hello, Suzi. Okay so I'll make this quick. I want to know, as far as I understand it, we need only the Law of Attraction while we are in this duality and this illusion because as far as I understand, we are, or I am, the great I AM, is the Law of Attraction because it is everything and we become that which we become aware of, that which we focus on.

So what I want to know really, how can I be calm in this time where I sometime know I am everything and that we are all One, but there is still a time lapse within this illusion that creates a feeling that there is still this separation in-between that which I want and that which I am in this moment of Now.

Raj: The greatest way, and I thank you for this question because it is an important way in which we finish up, the greatest, most rapid way in which you allow the Law of Attraction to come into the fullness, first of all, is to utilize the Law of Repulsion.

Send back to the Light the illusions, that sense of separation, that sense of time lag, the sense of separation of who you wish to be and who you are in this very moment. That is an illusion. You are not in that old reality, so don't even look at it. Simply send it, the fullness of it – kit and caboodle, you would say? – send it back to the Source because the old Third, this place of limitation, the Third Dimension is a beautiful place of physical experience of smelling flowers and having form.

But the old Third, the sullied Third that is filled with these false grids has no place. So how you do that is constantly practicing this Law of Repulsion. Take this limitation and send it home. Nothing can transform Gaia and humanity faster than this one simple action.

SM: Thank you, David. Okay, in the last 30 seconds is there anything that you want to add?

Raj: Have fun with this. Play with this. Practice this and call on your family because we are with you, sweet angels. I am with you. Let me guide your heart and hand. Farewell.

SM: Thank you so much, Raj.

Raj: You are so welcome. Farewell.

# Sanat Kumara on the Universal Law of Attraction and Repulsion

June 16, 2013



("Sanat Kumara Discusses the Universal Law of Attraction and Repulsion...", June 16, 2013, at <https://counciloflove.com/2013/06/sanat-kumara-discusses-the-universal-law-of-attraction-and-repulsion/>.)

Greetings, I AM Sanat Kumara, Keeper of Universal Law, keeper of each of you, Planetary Logos, overseer and, yes, like you, my beloved friends, servant and child of the One.

Do not put me on a pedestal. Let me sit with you in that core foundation and let me share my love and my Golden Ray, for I cherish you and I cherish the evolution of this beautiful planet and everything upon it.

Never think, my sweet angels, that this is a race to completion, because it is not. Are we anxious for fulfillment of the promise? Yes, as anxious as you are, as excited as you are. But this has always been intended to be a journey of joy, an undertaking of joy, of love, of beauty, the sweetness of Venus. For are we not partners? Are we not family? Are we not friends?

Let us discuss this Law of Attraction and Repulsion and, yes, sweet angels, it is both sides of the scales and it is the scales of justice. It is the scales of worth. And it is the scales of the universe. The scales are not represented in duality because in duality there is not balance.

So when I speak to you of this balance of attraction and repulsion, what am I truly speaking of? Well, first and foremost, I am sharing with you a deeper understanding of Universal Law and

what is Universal Law except sharing with you how things work, not on Earth but directly from the heart of One - the functionality of the universe. It is important to know and it is important to work with all of the Universal Laws. But, yes, this day let us speak of Attraction and Repulsion.

Now so many of you feel that if you simply declare intention, if you desire something, that you are invoking the Law of Attraction. That is the starting point; not the finishing point. Never will I try to dissuade you from working with what you desire and calling forth across the Universal Grid, because that is what you are working with when you are invoking the Law of Attraction and Repulsion, by the way.

So you are calling across the universe what you wish to claim and to bring into your life. And it does not matter whether it is a gold coin, the perfect partner, spectacular health, a harmonious family, or a harmonious planet. You distinguish in magnitude, but the process of what you do and how you work with this Law of Attraction is the same for all these things.

When you are working with the Law of Attraction it is as if you are calling from the core of your heart, the foundation of your being, that is why we have begun today with this meditation to bring you back to that foundation. It is you calling out with every part of your being and magnetizing towards you that which you desire to experience.

There are times when you will casually say, "I would like, I wish that, I call back, something or other" and it comes to you. And you would say, "Well, that was easy. I do not need to go through all this process." But the reason it is easy is that you are accepting that it is possible and in fact what you have done in the ease is simply know that you are capable of calling to you.

So this does not need to be a strenuous act, it is not like running twenty miles, but it is becoming aware that when you call throughout the universe you are calling all beings, all energy, all delivery mechanisms. You do not need to decide how you receive, only that you do receive, in perfect, loving, ideal ways of ease.

Stop trying to control it. That is a human obsession and it is time to let it go. So you call your heart's desire with your expanded field and your foundation. So it is not a casual undertaking, even though it may be expressed most casually, most joyfully.

Does that mean that we do not hear your desperate cries in the night? Of course not. We do and we respond. But so often what occurs in the desperate cry in the night is the feeling that 'I am asking for help but I don't really believe I am going to get it.' So be aware of this as well.

Now how do you eliminate that sense of desperation when you are practicing with the Law of Attraction? You bring it to the stillpoint and in the stillpoint, everything disappears into sheer energy, into the nothingness. And then you move into action.

And when we say this we do not mean that you go scurrying around trying to 'make' something happen. In many ways, when you do this, it eliminates the trust factor and it hinders delivery. So insure, my beloved ones, that your actions are in keeping with your hope, your trust, your faith, your joy, and the love that you know is your birthright and your core.

So what are you really doing? You are sitting in the love of your heart, in the divine essence of your being, and in the knowing that everything, whether it is a love partner, a sacred union, a perfect family, or a gold coin is made of the essence of love.

And you call that from your love across the universe, across the golden grid, and then you let it fly, skate, and travel to you in divine timing, which, as you are advancing, as you are becoming more in the wisdom, is your timing as well. And if there is a timing factor involved in this, then declare it, dear heart, for time is love as well. It is not a stand-alone entity.

Now, what about the other side of the scale? What about the Law of Repulsion? Because there are things, particularly as you are moving through this collective and individual period of transition, of Ascension, of becoming, there are things that you do not want on your sacred doorstep or on any sacred doorstep and so these are the things that you are repulsing back.

Now what do I mean by that? Because surely you do not wish to repulse conflict or hatred or greed and then have it land in somebody else's home. Of course not. What you are doing, my powerful, beautiful angels, you are speeding that energy on the return journey back to the heart of One. You are returning it from whence it came.

But you say to me, "SK, Raj, does it not have to go through the spiritual evolution?" And I am saying, "No. It is sheer energy that emerged originally as love." And so you are returning it, for a tune-up as it were, back to the heart of One so that love can be restored, renewed, and recycled.

So the sensation of pulling what you desire and then sending back, as if you are an anti-gravity chamber, back to the One, the energies that you do not wish to engage with. Now we are not talking about sending people or nations, we are talking about identifying - and this is very important in the Law of Repulsion - the energies that are abhorrent.

And you know it very clearly, 'Does this feel like love? Does this feel divine? Does this feel like oneness? Does this feel that I want to welcome it into my field?' And if the answer is 'no,' you are hanging your 'Do Not Trespass' sign out and we are suggesting that this sign, this 'No Trespassing' sign, is posted a million miles away from you!

And we ask you to do that today because there is nothing that will transform the energy of the old Third and the struggles that many are having more rapidly than simply sending the energy of lack, lack of love, and lack of worth back to the Source. And that is why I am speaking to you this day about this law.

Are you capable? You always have been. But are you aware now that you are capable? Yes, you are. So this is what I ask you. Practice not only the Law of Attraction but its partner, Repulsion, and send back, not to any planet, not to any universe, not to any sacred home, that which is not of love. Let it go back to Source, across the grid, sheer energy to be restored. That is your Seventh-Dimensional birthright and it is what you may do right now.

Thank you and go with my love. Farewell.

Channeled by Linda Dillon 06-15-13

# Sanat Kumara on the Universal Law of Elimination

May 12, 2005



("Universal Law of Elimination," May 12, 2005, at <http://counciloflove.com/2005/05/universal-law-of-elimination/>.)

I AM Sanat Kumara, Keeper of the Universal Laws, of which creation is a subset. But we do not get technical with you. In fact if anything we wish you not to be technical. For this is not a course in physics. It is a course in miracles.

You say to me, "Sanat Kumara, how can you talk to me about the Law of Elimination in a course on creation and co-creation?" I tell you there are times, dear ones, when the debris is so dense so destructive that it has need to be eliminated. It has need to be gone. It does not serve the One. And you say how do I know this? Well, for this planet and at this time, let me suggest unto you that usually the Law of Elimination will be used on creations of man.

God does not create, the Universe does not create, and Love does not create in ways which harm and destroy and [cause you to] live in pain. There are patterns, belief systems, illusions, diseases, toxic environments that do nothing but poison and create devastation and pain. Yes, we know we have talked about the value of pain in learning compassion and Love, and we have also talked to you this day about that being ancient history.

Now, do not start out large. We do not want the White House disappearing. Start with yourselves. Think of that which has haunted you. Not the fear that you have need to confront and transmute into your best friend, but that which you truly have worked upon.

Diligent honesty is required for this exercise. When you have worked on something not only in this lifetime but many, many lifetimes and it has come to haunt you and to bar your progress and in your true heart analysis is neither serving you, your family, your friends, your circle, your community, or your planet, then use this tool of elimination. Do not worry that you will go wrong with your magic wand because you will always say if it is for my highest good and the highest good of all.

Now we depart from practice with this Law. We simply ask you to say “for your highest good,” and leave it at that. Then what you do is you go to your heart and to your stillpoint and you allow the destruction, the elimination to take place. It will feel like a nuclear implosion. You will feel the shock wave. That is how you will know in physicality and in your being that it is taking place. You are not dropping down and expelling it. It is gone in that moment. No, there are no ashes. There is no phoenix rising. It is gone. I will guide your hand in this exercise because never before has it been permitted on Earth.

This Council always says to share information far and wide, to let the Love reign true. But be prudent, my friends, in who you share this with. We are entrusting this to you because we wish you to go forward and we are helping you, not just in doing this for you but in saying to you you are of age. You can do it too. You are old enough. You are mature enough. You are strong enough. And you are wise enough to know – not to think and not to feel – but to know when this radical choice is required.

It is extremely rare. Some of you may never use it in this lifetime, but you will carry the information and the knowledge forward henceforth. You will use it in your healing and the rebirthing of the planet. That is the primary use of it.

It is to eliminate from the planet the toxins, the disease, the chemicals that poison your land, your animals, your air and your oceans. Most of this has been caused by either conscious or inadvertent actions of mankind, of humanity, of womankind, and therefore it is right and fitting that you will be the ones to eliminate it as well. So that is my undertaking to you. I give you this gift, and I explain this Law in trust.

I would suggest to you, before you practice this elimination procedure, that you integrate all aspects. Call everybody home. Anchor firmly within yourself. For it is a powerful tool and it requires integration and all energies to be present.

Now if you are saying to me, “Sanat Kumara, take care of this,” I will also be at your beck and call. But if you are to undertake this through the bilocation process, for example, if you are in Africa attending to the many animals who are dying from drought and you wish to eliminate the drought and you know that that is the core issue, and it is, either send all of your beings to Africa or call them home. And from that place do your process of elimination. Do not send only part of you. You’re not strong enough.

Elimination is far different than transmutation. The Law of Transmutation has need to be applied to many institutions and environments upon Earth. A good example is education.

The core of education was Love. The core is still good. It is desirable and helpful, so what you are doing is you are transmuting, you are bringing back and eliminating all the debris, not by the poof but by the cleansing. Bringing it back to the core which was founded on Love and joy and then rebuilding. It is Lao Tzu's grain of sand that is the luminous pearl. That is the way you may think of it.

Hatred did not start from a place of Love. Therefore it need not be preserved or even transmuted. Now in some cases you will find where someone will say "Oh, I hate that. I hate them. I hate Israelis. I hate Pakistanis. I hate blacks. I hate whites. I hate yellow." You will bring them back because truly what they are saying is they hate themselves. You do not wish them to be eliminated.

What they are saying is I am so lonely and feel that nobody can or does love me in any race, any society, any country, any planet. Then you will bring them back to that place of longing that started it all. That is why wisdom and knowing are essential in the practice of the Law. You must truly sit and listen and be.

When you are deciding which method to use, it is part of the formulation of your intent. Now having said that, children, we are not going to permit you to go awry so you can take that fear and poof it right now.

I will give you another way to make this judgment and it is the golden scales I have given you before to use as balance. When you place something on the scale, and it is all on one side and there is nothing that you can discern or fathom to balance it out on the other, then go forward and let it go; eliminate it and start again.

When you are using the Law of Elimination in conjunction with [the energy of] an individual or a group, you will know to use it because the individual soul is crying out for help. It is in persistent, impenetrable problems, where the cry for mercy has been heard throughout the entire universe. You are interfering in the nicest way possible, with compassion and Love.

Are you changing the course of that individual's life? Yes. Are you allowing them to move forward into the wholeness of their being? Yes. Do you truly think this is that different than the miracle flower essences that have been gifted? It is not.

Understand, you are not to act as judge. You are to act from your heart, from a place of knowing, of compassion and of wisdom. If the full knowing is not present, then you do not proceed. You leave it to other realms. Let us be clear: ***Not everyone who is in difficulty, in misery, in disease, in pain is asking for relief. Many have chosen this pathway to teach compassion.***

You do not rob another of their journey. But if there is something that you can do to help, you, sweet child, of all people, always do so.



Do not think that you do this alone child. Do not think that you do it external to Creator Force. That is why you always only come from knowing, and from a place of Love, and a place of highest good. And, as we have said, many of you will never use this in your entire life. And some of you will.

When I tell you I am the Keeper of the Laws, I am the policeman. I am the one that travels around and explains the Law, and then makes sure it is adhered to correctly. That is why I tell you that you cannot go awry. But I do so in the name of One, of the Creative Source of the Universe. That is why it is used so rarely. When you use the Law of Elimination, you come from a place of knowledge and of Love. That is why you do so with Creator and with highest good. As soon as the void is eliminated, as soon as that obstacle is gone, there is a rush of God energy within that place.

Channeled by Linda Dillon 2005

## Sanat Kumara on the Rarely-Used Universal Law of Elimination



November 22, 2013

(“Raj discusses the Rarely-Used Universal Law of Elimination,” November 22, 2013, at <http://counciloflove.com/2013/11/raj-discusses-the-rarely-used-universal-law-of-elimination/>.)

Suzanne Maresca: Welcome to another offering of *Heavenly Blessings* with Linda Dillon, channel for the Council of Love, and author of *The New You: Emerging into the Brilliance of Humanity's Heart Consciousness*, and myself, Suzanne Maresca.

Today, we'll be joined by our loving guide, Sanat Kumara, to discuss the Universal Law of Elimination. The Council of Love tells us that this is a seldom-used law because there's often something worth preserving at the core of any given issue. Sometimes, though, our miscreations need to simply disappear.

Once we learn to invoke this law successfully for ourselves, we can then use it to help others eliminate patterns that don't serve the highest good. The Law of Elimination is advanced healing and useful when facing chronic issues that we just can't seem to get beyond. In Linda's book, the Council tells us that we'll be using this one for the healing and rebirthing of our planet. And I'm thrilled that they feel we're ready for the responsibility.

Sanat Kumara: Greetings, I am Raj. Welcome, my beloved friends, friends of every color, every ray, every fragrance, every scent. Welcome, my beloved transformers of Earth. And, yes, there is a time and a place and a level of spiritual maturity that you reach when you are working with this Law of Elimination. And, no, it is not for everybody.

But there are those among you, the warriors and the peacemakers, the healers and the teachers, the wayshowers, the pillars, the gatekeepers – well, wait a minute. Have I not mentioned everyone?

There are times in the occasion of your life and your journey when you will discern - because there is never an element of judgment within this - that there is an energy, a discordant energy that serves absolutely no purpose that is beneficial or continuing to be beneficial to the human-kind, the collective, or the universe.

In 100% of these times, it is a human creation of the old Third, or perhaps even more ancient than that, that you are truly examining and asking that it simply be dis-created. Dear heart, the truth about this Law of Elimination is also realizing the power of the One to bring forth and to bring away; it is the balance.

The closest understanding or law of interaction that you have with this is the Law of Dispensation, that we have spoken of last week, where there is in fact the removal of the burden that you have carried, that you have accepted – imaginary or otherwise – it matters not; in fact, imagination is quite clearly a point of creation.

Another way in which you judge or discern or come to the conclusion about what is beneficial in terms of elimination is the Law of Above and Below and Within and Without. When you are thinking or considering about eliminating something, you look in the environment, your internal environment, your spiritual landscape, and you also look at the without, at the broader universe. And you see and you assess – of course, with me – whether it is in existence and in reality in the truth of the higher realms. Not the old Third because that is not a place that is fully cleansed, but the other dimensions, the other realms.

So for example, if you are looking at the elimination of hatred or bigotry and you feel that, within the sphere in which you live, you witness it on a daily basis, then you look to the without, you look to the above, and you say, “Well, do I see it in the outer sphere where love reigns?” And might I suggest: No, you don’t. And that is an indicator, a measurable indicator, to you that it does not belong.

Now, that does not mean that you simply zap it with the Law of Elimination. There are further assessments to take place. So, for example, if you are looking at the issue of bigotry and prejudice is still very heavy upon the planet within the human realm – nowhere else. So you look at it and you think, “Well, is there a lesson that is being learned? Is the collective somehow learning from this? Is it for the highest good that this simply be eliminated or does it have such value that the kernel needs to be preserved?”

Because, for example, with bigotry, it usually comes down to an absence of self-worth and self-love: “Well, I hate you because I hate myself.” So then you are faced with the question and the

assessment: “Do I eliminate this or do I transmute it?” And the answer, my friends, is both. It is never just an either/or. So there may be elements that you are completely eliminating and still keeping the kernel for the lessons to be learned.

And I am sure you have a million questions. So dear heart, Suzanne, where do you wish to begin?

SM: Thank you, Raj. Maybe not a million questions, but I have a few. As always, I appreciate your participation and guidance with these universal laws.

So one of the thoughts that has come up for me in contemplating the Law of Elimination is around the levels of creation. We all come from Source and Source has created beings who have free will and can create on their own.

What is the origin of negative races of beings who practice service to self and seem to be free of compassion and would you explain please also the chain of responsibility for mis-creations?

SK: Yes, and this is where you come to a higher recognition of your responsibility, collectively and individually, of your spiritual responsibility. Responsibility is sometimes a very unpopular word

The gift of your realm, of your planet, of where you have been and even where you are going is the continuity of free will. So the ability to choose this or that. All energy that has ever been created, if you wish to think of the core atoms, are love. But they morph, they grow, they take form. And while they are guided by Source, by Mother, they are not continually controlled.

Now, there are some things that you are not even aware of, as human beings, that are controlled and in fact on our side are eliminated if they are going too far afield. But as a rule of thumb, and in terms of your chain of responsibility that you mention, generally they are not interfered with.

As a rule of thumb, free will, in terms of your chain of responsibility, is not interfered with. Out of that free will you may have extraordinary growth, of a very, very distorted field. However, it takes a huge number of variables, distortions and discordant energy for one to reach the place where you do not choose love because it is such a rarity. Those who do not choose love are what you can consider an endangered species.

But say an individual reaches a place where they do not choose love. They do not choose to know love, which is instinctual and they do not choose to practice any of the divine qualities. Then what they are doing is they are choosing a very, very difficult and dark – in the sense that you use it – dark path back. They are choosing to learn in a very difficult manner. Even though they may think they are on top of the world and free, they are not. It is a very gross solution. And they are choosing a very difficult path back to discovering the truth of who they really are.

Now, is this and has this in certain situations been allowed? Yes. And it also has been allowed because you, as a human collective, have not had the wherewithal or the capacity to truly work with the Law of Elimination. Now, is there a tipping point at which this is not allowed to continue any further? The answer is yes.

But for us, the solution or the approach, rather than elimination, has been containment within the box of white light or love as you would think of it. And that is a rare tool. You as human beings have adopted this and made it almost pop culture: "Oh, we'll put them in containment." But in fact we want you to understand the severity of such an action, even on our part, is very extreme and quite rare.

And so that is the point at which we put them in rehab, as it were, rather than elimination. Where elimination tends to be used is when there is a discordant quality that is serving absolutely no purpose. It is not triggering compassion; it is not triggering prudence; or it is not triggering it sufficiently for the balance and for the unfoldment of the Plan.

Now you aren't at the point where you can say, "I will eliminate 90% of this and leave the 10% so that it can still be a catalyst and be transmuted and assist the human collective." But we do and we do it all the time. Does that answer [your question] or make sense to you?

SM: Yes, it does.

SK: But the one thing I want to say is, with this discussion, and it perhaps is one of the more serious discussions that we have ever had, it also is suggesting – well, it is not even suggesting, it is informing – you of the realm of human responsibility that is also entrusted to you.

So this is an aspect of the partnership that the Mother and Michael have been speaking of. Think of it in this way, too: In terms of your sacred unions and your sacred partnerships, albeit with a lover, a spouse, a child, a parent, you can come together and you can identify elements. Now is this serving us in any way, shape or form? What is it teaching us? And usually there is that beautiful pearl at the core.

But there will be things. As a couple you say, "No, this doesn't serve us at all." Let us together eliminate it.

SM: Okay, you've pretty much spoken to this and I am just seeing a tiny bit more clarity.

When I am out and about, I'm being bombarded by sounds and smells and energies that are feeling discordant. I've been treating them all as part of the Mother's creation and therefore sacred and seeing myself and them as all part of the One. So I would appreciate some clarity as to what kind of things to see as needing elimination as opposed to transmutation. I know you've spoken of that, but do you get the extra little thing I'm looking for?

SK: Oh, yes, I do. And this is a wonderful question because you are absolutely correct. And it takes an old, anchored, compassionate, wise soul to be able to venture into your world and to truly see. This is all part of the wonderful mixture, the *mélange*, that the Mother has created. And bless it all.

So you are not walking around, say, downtown Chicago - in the hustle and bustle - and working with the Law of Elimination. Now, you may be working and turning yourself into actively transmuting, much of that energy through your field. You have these toys that children play with

called “transformers.” But you are all transformers. And so when you are in that melée, you are working with your transmutation energy.

And sometimes even instantaneous transmission. And it is through your beautiful field. The Law of Elimination is not done or worked with, can I say, on the go. It is done in very deep meditation, contemplation, consideration, where you can truly hear me, where my presence is with you.

Now, the problem is not on my side. I can be with you in the melée of the busiest city on the planet. We can go to Hong Kong or Shanghai; that is not the issue. We can go to Bombay, but you will not be quiet enough to truly assess and hear me. So you use the Law of Elimination in the quiet where you are truly considering, “Now, am I just irritated by this wonderful blessing of what the Mother has presented or is it truly something that does not serve anybody, above or below?”

SM: Okay, good. Thank you for that clarification. It was very helpful. This past week I had a vision in meditation that I want to share and it feels to be in alignment with this law. There was a net of sorts laid down at the bottom of every ocean and I would gather up the edges and pull it up so that all the energies and pollutants would be filtered out of the waters to then hover up above the Earth.

Then a huge ship would come down far enough to not just transmute the garbage but zap it out of existence. I was allowing divine energy through my physical vessel and then channeling it to the ship for it to use in doing its work on the trash and negative energies. It even implored me, “trust my vision.” So I will just ask if this is a way that we’ll be helping with the cleaning up of Gaia.

SK: That is correct. I do not want to elaborate because your vision is accurate. Different people will have different ways of doing this. But, yes, and the piece that you have also been very clear about is that you are working, sweet angel, in conjunction and cooperation with your star brothers and sisters.

SM: Yes. Okay. So I guess that’s it for me. We can go on to callers if that’s all right with you.

SK: I am ready!

SM: Okay, we are at area code 520 – are you with us?

520: Good morning, Suzanne. Good morning, Raj. Good morning, Linda. Raj, this is a personal question but it may resonate with other lightworkers. Comparing how I feel with nature, I feel like a healthy horse confined and not allowed to excel and run free. Did I create, prior to my birth, a life pattern that I would be born into filled with limitations placed upon me that were not placed upon others?

I feel as if there have been many beings trying to contain me within a system, using me to enrich themselves at my expense, blocking my advancement, controlling my progress, limiting me, breaking pacts, backstabbing, changing the rules of the game, unfairly competing, isolating and interfering, penalizing me for their limitations, jealousy, and making me do things over and over that I have already successfully achieved.

So how do I eliminate this pattern of treatment by others towards me? Or is this all 3D ego thinking by myself that is not relevant any more even though those feelings still kind of linger inside me?

SK: Dear heart, you cannot deny your feelings, ever. So it does not matter whether you are saying to me that these feelings come from the old 3D or they come from the Fifth or the Eighth or the Ninth, the point is you are feeling them. And, yes, it is worthy and desirable that you identify or you source these feelings and where they are coming from.

But let us also suggest to you that you have created this rather extreme situation so that you can be like the Phoenix rising from the ashes and flying free. What you are doing is you are saying – and we are not talking about the old grid of false blame, fault, shame, guilt – you are not engaging in that. What you are eliminating is the situation that you have created that has surrounded you, and might we say corralled you, into this position.

Part of the Law of Elimination as well as Transmutation, but particularly Elimination, is the power of “no.” And what you are saying is “no.” So you are never eliminating people or circumstances. You are not influencing those who are choosing to behave in a certain way.

But what you are saying is “for my life, for my circumstances, for my chosen path which I choose to radically alter, I call upon you, Raj, and I call upon and invoke the Law of Elimination to eliminate that which is not for my highest good or the highest good of everybody concerned.”

These are repetitive, meaningless lessons. Let them go.

AC 520: That’s what it feels like to me.

SK: And you are realizing it is about you and your choices, not about what you feel are the outer enemies or the discordant energies. So what you are eliminating is the situation, which isn’t serving you. Farewell.

SM: Okay, We are on to David. You are on the air.

David: Hello, Suzy, Hello, Linda, Hello, Raj. First, I want to make a statement. I have what is called Multiple Sclerosis and ... if there would be one thing that I would like to eliminate from my present life here, it would be this condition. So Raj, if you have suggestions for it, I would be grateful.

SK: Welcome. Welcome, sweet angel of light. Now, this is a two-fold question. You remember when we have also spoken of the Law of Instantaneous Transmission. And that one can go – you, dear David – can go to your DNA markers indicating where these aberrant behaviors, discordant energies have been activated such as Multiple Sclerosis. And we have talked in that situation about turning up markers, but it is good that you have brought this to our attention because it is also possible to turn down markers.

So it is a variation on Elimination, but what you are doing is you are deactivating markers in your physical and etheric and spiritual DNA that have gone awry for various reasons – and you

do not need even to understand the reasons. You are already having the experience that it has gone awry.

So you go to the markers on the chromosomes where these markers are laid and turn 'off', so it is like bringing the mailbox flag down, turning off the activation of this dis-ease, and including there is deeper cleansing and now we will get to elimination. But there is also deeper cleansing of the emotional/spiritual/mental beliefs behind any dis-ease. And you have been actually quite diligent in doing that work, my son.

Then what you do... you are also turning on the markers for perfect physical health and well-being. So you are turning on perfect nerve functioning. You are turning on, particularly with attention in your situation, to synapse function because that is where a great deal of the issue is. You are turning on physical strength. You are turning on emotional stamina. You are turning on even your divine qualities of fortitude and so on.

Is there an element in here for the Law of Elimination? Yes. Now, I have spoken to you that the human beings do not have the capacity as yet to decide "Well, we'd better eliminate say 70% of this situation and leave the residual which is going to benefit you." But when you call on me in deep heart connection and meditation – and I do not just say this to you, David, I say it to all of you – when you call on me and there is still a portion that will serve you and some that can simply be removed, dis-created, then we can do that together. But basically what you are doing is you are invoking me and the Law of Elimination and you are leaving the heavy lifting and the work to me. Is this clear?

David: Yeah. Well, thank you, Raj. Thank you, Suzanne. Thank you, Linda. That is really great advice. I will take that into practice.

SK: I will be there with you. So do not forget you are working with three laws: you are working with Instantaneous Transmission; you are working with Transmutation; and you are working with Elimination. And also dear heart, you are working with the Law of Above and Below. Your divine self – think of it as your Universal self or your Oversoul – is not in any way incapacitated. So you are anchoring the truth of who you are, because the dis-ease, the dis-ability, does not exist inside of you. So anchor that as well. Call that perfection across the universal grid to come and join you. ...

SM: Interesting. Okay. All right, I think we have time for one or two more callers, so we are on to area code 318. Are you with us?

AC 318: Hello.

SM: Hello, you're on the air.

AC 318: Oh, hi. I was listening to Linda's meditation and she got to a point where she said that there was a need to balance the scales for the elimination. And something happened where I couldn't hear the second part of the balance. So can Raj talk about that?



SK: When you are thinking about or considering that which you are going to eliminate – so let us be practical. Let us say that you have been abused as a child and this is something that all that insecurity, the pain and suffering, etc. [relates to]. You are not putting the abuser on the scale. You are putting the situation and its effect on you on the scale.

So you put that on one side of the scales of justice. Then what you put on the other side of the scale – so it is like two scales and you want them to balance – is the outcome basically of what would be the result of elimination.

So you put the elimination process and the outcome on the other side of the scale. Does it balance? Is it in harmony? Is it serving you and everyone else involved? If the answer is yes, then you proceed – still with my hand on your hand, still with my guidance.

But if it is completely out of balance, so one side of the scale is way up and one side is way down, it is telling you that this is not something that you would invoke the Law of Elimination for, but what you are doing is then you say, “Well, perhaps I can transmute this. Perhaps this is part of my journey. Perhaps there is something else I need to do.” Does that answer your question, dear heart?

AC 318: I have trouble envisioning what it would look like.

SK: Then hold your hands out, cup your hands in front of you.

AC 318: Okay.

SK: All right. Now in the one hand put the thing, the situation, the toxins – and we are talking about the toxins of hatred in its many forms of illusion – put that in one hand. Can you feel that your hand has a feeling of weight?

AC 318: Yes.

SK: All right. Now, in the other hand put the feeling or the sense of what it would be if this was eliminated. And again it will feel like a weight, a substance. Tell me when you have it.

AC 318: Okay, it feels right.

SK: Now hold out your hands. Does one hand feel like it is dropping to the floor and the other flying to the ceiling?

AC 318: Yes.

SK: You are not in balance for this Law of Elimination. Now ask “would the Law of Transmutation work?” and see how your hands are coming back into balance.

AC 318: Yes.

SK: So now you know: The Law of Transmutation rather than Law of Elimination. So it is as simple as that. If you have trouble visualizing, I will give you many ways because I am with you, dear heart.

AC 318: Thank you.

SK: You are loved. Do not forget that. All of you. You are loved..

SM: Thank you so much, Raj.

SK: Go in peace and go with my love.

Channeled by Linda Dillon 11-19-13

## Universal Mother Mary on the Law of Continuity and Con-



### stancy

(“Transcript: Universal Mother Mary Discusses the Law of Completion and Continuity on Heavenly Blessings, December 3, 2013,” at <http://goldenageofgaia.com/2013/12/03/universal-mother-mary-discusses-the-law-of-completion-and-continuity-on-heavenly-blessings-december-3-2013-2/>)

Suzanne Maresca: Greetings, Mother.

Divine Mother: Greetings, I am Mary, Universal Mother, Mother of Change, Mother of Love, and Mother, Sweet Angels, of Continuity and Constancy. And, yes, of course, my beloved Raj joins us, for it would be incomplete for us to have today without his sacred presence, without his kind, beloved insight.

And let me suggest to you that, although you finished this series, my Beloved Ones, the work with the Universal Laws has just begun. It is a fundamental shift within the human experience. It is a shift of the higher realms and the higher realm of existence for each and every one of you.

When I have called to each of you and when I have beckoned millions of years ago to Sanat Kumara, I have desired for you to know, to remember, and to implement in grand ways, practical ways, and minute ways, the understanding of how Universal Law works.

I have created and birthed not only each of you, but the Multiverse, the Omniverse, each Universe that you have ever had experience of. But what good would that be if you did not understand the fundamental mechanics of how things operate?

And so yes, not only is it knowledge, information. Sweet Angels of my heart, it is me, your Divine Mother, imparting wisdom, sharing my wisdom with each of you.

So let us speak on this Law of Constancy and Continuity. Not only are we – and you may frame that as the Father and I – One, not only are we constant and never changing, we are also ever-changing, expanding, growing and creating. But the fabric, the constructs, the concepts, the Divine Love, the sacred blessings and virtues, what you think of as divine qualities or values and practices, these do not change.

Are there a million and three interpretations of these Laws and values? Yes, because they are unique to you. But let us also suggest to you, just like us, that you are constant while you are also never changing and ever changing. That is part of the delight of experience and existence and it is not merely, dear heart, about incarnation and reincarnation. For in each incarnation, in each travel that you have undertaken, there is significant shift in every single breath, every thought, every emotion, every action that you experience and take.

Nothing – let me be clear about this – nothing in the infinite creation of eternity is constant. And everything is constant because everything is created from Love. That is the only essence; that is the only substance; that is the only fiber there is. So everything that takes form comes from Love, comes from my heart and my essence.

But I say to you in terms of continuity is that there is always more, more Light, more bliss, greater wisdom, more understanding, more compassion, more Love. There have been moments that you and I have shared, where you have felt the sweetness and the power of my Love which I give to you yet again in this moment. It is the most precious aspect I have to offer you. And that if you return it to me and we share this blessed moment, I expand and you expand. And there is continuity of growth.

But I have heard you say, and I have been glad to hear you say, “I have felt the Love of the Mother/Father One. I have been touched and I have been blessed and I can die now, or I can continue on now knowing and having had this experience of union.”

My Beloved Children, my Angels and Archangels and Ascended Ones, know that in that union, in that knowing and sharing of Love, there is still an infinite capacity for growth and continuity. There is always more. And this is the Law and as human beings, you have come to understand this.

And I give you practical examples: You meet with me. You meet with loved ones. You fall madly, passionately in love. You choose sacred other, and you think “This is it. This is the ultimate.” And it does not matter – it can be with a child, a partner, a job, a mission, an avocation. And then after a while you turn to me and you say “Mother, I am bored. What else is there?” I know you.

And so it is constructed, dear heart. You are of my loins. Do you not think I expected this? You want more. Well, the good news is, dear hearts, there is always more. And that is the basic understanding of continuity, whether you are in or out of form, whether you are on Andromeda, Gaia, or in the Pleiadian sector, there is always more. Whether you are an Archangel or an Ascended Master, there is always more.

Now if that is not exciting, you are not breathing! And if you are not breathing, that means that you are on this side with me and then you may trust you are excited.

Dear heart, where do you wish to begin today?

SM: Oh, I wish to begin by offering you my heart and saying it's such a delight and wonder to be speaking to you this way again. So much has been happening in my internal process that it's been challenging to formulate questions. I'm in such a place of free flow and release that the details don't seem to matter and the questions haven't been bubbling up.

I will say, though, that I've been wondering lately about life in 5D and higher, all in the category of new beginnings. I have questions about what are now considered the basic human needs of food, clothing, and shelter. May I continue with that?

DM: Yes, you may.

SM: Thank you, Mother. Do we all go through a period of living with replicators for our food and then eventually graduate to being able to take in what sustenance we need from the air and water? I *always* want water to be a part of my life. Or will some of us be able to skip over that and jump right into living with a mutable Lightbody?

DM: You have asked a wonderful question.

Now let us begin, and understand we could have several hours of what you think of as time talking about time and timelines. But let us skip that and go to the truth of your question.

The Plan, your plan, all of you who are listening, and yes, my Plan, this Plan of Ascension to the higher dimensional realities and, by the way, *I consider the First through the Twelfth equal*, but we are understanding about where Gaia is located.

You have all you need. But let us speak about this obsession, because it is and it is particularly a bit of a Lightworker obsession, about leaving the physical form behind. Now, the replicators are toys. They are delightful toys that your Star brothers and sisters, and some of you already have. But they are delightful toys your brothers and sisters from the Stars will share with you to comfort you, to reassure you that you have what you need.

So one of the purposes of this tool is for you to begin to let go of the false grid and the obsession that you had better work 9 to 5 in order to have a roof over your head and water to drink.

That has never been the Plan, but this will be given to you [shortly?].

So some will choose never to use the replicator. And some will be wedded to them as if it is King Solomon's mines, the Ark of the Covenant. So there is variation in that, but the tools – and we'll use the replicator as an example – are for those who are very concerned, weary, about leaving their care and feeding up to chance.

The idea, the Plan, and what you already have instilled deep within you is the capacity to create and to bring forth and use the energy, the codes, the Love, to transmute that into substance of whatever it is you need or desire in the moment.

Now, will everybody make that jump at the same time? No, because you have this wonderful thing called personality. And there are some, even as you shift dimensions, who still have these memories of old grids of not being taken care of. So the first thing we say is that all are taken care of.

Now, my beloved Gaia. You know that when I have said to you that there is always change; there is always continuity; there is always constancy.

Gaia is one of my first and foremost Archangels. I have said this many times: I do not think you all hear me when I say this. And she, in service to the One, has taken this form of planet. Her vibration is of such a high frequency and intensity that you collectively, even individually, have only had moments, flashes, of fully connecting with the fullness of her energy, with the totality of her Being. But you will!

Now, the primary gift that Gaia, in her magnificent splendor, has brought forth is Earth, Air, Fire (which is Light), and Water. Why? Well, assuming and still being in, if slightly altered, the physical form, would you reject these offerings?

That simply would make no sense. Now, is the water sweeter? And you have all had that experience of finding a pristine stream or a well where the water has been so pure and sweet that you felt you could not get enough of it, where the Light was so crystalline that you could truly see the beauty that lay before you. It is not often witnessed in your cities, but it will be.

Why would you reject the bounty that she offers you? Whether it is a fruit or a vegetable or a blade of grass? You see where I am going with this? Gaia, even in her highest dimension, will still offer you her bounty.

Now, will you require it for survival, because that is really what you are referring to? The answer is "no." But will you relish it? Will you enjoy it? Will you take it, a succulent fruit, and taste the juices of Gaia? It would be insanity not to.

SM: Oh, truly so.

DM: And that is the answer.

SM: A fabulous answer. I love it. So will we need to regenerate like we do now by sleeping?

DM: The form of sleep will be very different. And you have noticed that even now, as you have been in the Ascension process, your sleep processes have changed significantly. There are times when you feel - and we will use the words "sleep" and "rest" as interconnected - the need to rest or to sleep deeply. Now that is because of, first of all, the level of energy you are holding in your bodies as they are transforming.

Secondly, it is the level of work that you are doing out-of-body or through bi-location in the fulfillment of your mission and purpose. And then the third thing is simply escape.

Well, let us suggest to you escape and boredom are twins. And that will disappear because that sense of wonder, of awe, of bliss will be restored. Each of you have had days that are so perfect

that you never want them to end. Children still have this gift to truly see and to fight any form of sleep and then they are called “cranky” because they have discovered the truth of what it is.

So that category of resting because you are fed up or bored will dissipate. Now what will also occur is that the level of what we would call unconscious or subconscious unawareness of where you are and what you are up to will disappear. So that need to put yourself to sleep so that you can go off, for example, and work with Michael will be gone.

Now the other thing that disappears, dear heart, is you are not going into the war-torn places of grief, of horror, of annihilation with Michael because peace is restored. So one of the reasons that you sleep is that your conscious mind is placed aside because the horror of what you witness would be too much to carry during your waking hours. So that will disappear, that sense of needing to absent yourself so that you can do the work that you have committed to long ago.

Now, will you take time to lie on the grass, to lie in the hammock, to lie in your bed, to sit and stare at the stars for the sheer joy of it?

SM: Yes!

DM: Of course you will. And that is a form of rest. It is also a form of replenishment. So if you think of it as replenishment time, as part of that continuity so that you go on fully filled, then yes, that will. But the idea that you must sleep, the idea that you must eat three square meals a day or drink a gallon of water, that is shifting already and will continue to do so.

Now, there are things that we have suggested to you, such as Archangel Gabrielle’s Golden Elixir – we are constantly telling many of you to be drinking Gabrielle’s Golden Elixir. It clarifies you; it brings you joy inside and out; it lubricates your limbs and your joints, restores your organs. But in this new time what you are doing is you literally are capable of seeing and enjoying her Elixir.

So what you eat and drink, the choices available to you, also shift.

SM: That brings me to an interesting question. What I’ve wondered is, if I choose to eat a peanut butter cup, for example ... I can just say to this peanut butter cup that it is blessed and purified and becomes holy when it comes into my body. And that whatever I eat will be purified and just completely fine.

DM: That is correct, and you are using the Law of Transmutation and it is instantaneous.

Now, do not go overboard, child.

SM: [laughter]

DM: Because you do not want to deny the sensory experience of that peanut butter cup, the sensory explosion of soft and smooth and chocolate and sweet. So enjoy it while you are transmuting what is not beneficial for your body. But we do not wish to strip you – treats are joy.

SM: Wonderful.

DM: And chocolate will take on a whole new meaning!

SM: Yay! At the same time I'm asking these questions, I almost want to laugh because I already know the answers and I'm living it now in what I can only describe as the other side. And I don't understand it but that feels like truth to me. And it's why I can be so peaceful with the world seemingly falling apart around me. We've already created it and I think I've already been to some parties that I want to remember.

DM: That is absolutely correct. And this has been a form of your continuity and your constancy. So what you are doing in many situations – and I say this to many of you – is that you are already – particularly during this time of a shift in transition – you are already bi-located in several realities. Now it does not mean that you have split or fissioned; it simply means that you have put – and that is in accordance with the Law – your ability by intention in several places fully at the same time.

And the reason that you still feel the anchoring of yourself in the Third is that, even though you do not feel that you are fully participating in the Third, what you are doing, Sweet Angels, is through holding your energy field, through holding the bi-location energy, you are transmuting to those that are still in process. So you are in the Third, you are in the Fifth, you are in the Ninth, and you are having many parties. So that is already well under way.

SM: Would it be all right for me to ask at what point there won't be a separation of conscious awareness?

DM: You are almost there. Now one of the things you are looking for, we believe, and what your question truly speaks to, is that at what time do we turn the switch?

SM: [laughs]. Okay... (she caught me).

DM: I am not telling you that, but this is what I do tell you, Sweet Angel. Not all of you are waiting for that switch to be turned. For many of you, the shift has already occurred.

And you say, "Then why don't I feel it?" But you have just told me that you are feeling it, so your decision as pathfinder, as wayshower, as portal, as gatekeeper, as pillar is in many ways in accordance with your mission and purpose.

The decision to leave what you know as the old Third Dimension behind is a personal decision.

Now, you have touched upon something very important – critical – that I wish to speak to. Why is it that some of you are already feeling that sense of detachment, of being the observer, of knowing the connection, of feeling the unity, of multiplying and amplifying my gift of clarity, and feel pretty much ready to let go of that cord to the old Third so that you are not experiencing the angst, the anger, the fear, the discouragement, the disappointment in ways that you have in the past, that the struggle *is* a struggle. Because that is a big piece of the old Third - that we wish to dismiss. It was this belief in struggle, which is contrary to everything I have ever created.



Now why is it that some of you are ready to simply let go of that cord? Because you have decided, in your own journey, that you are ready to, that you can work and be in the fullness of your capacity in the higher realms.

Now you may on occasion be reaching back. But even as you reach back, what I suggest today is that you will be reaching back into the pure Third that I have recently created, not the distorted old Third.

So can there be an experience of physicality? We are not eliminating the Third Dimension; that would be contrary to my Creation. The circle of life that you and Linda have referred to includes the fullness of the clock. We are not taking 3 off the clock. We are cleaning it up.

So can you have an experience of physicality in and out as you choose? Yes. But it is from a different place of existence and knowing. When I created the Third in the very beginning, it was a place of play where you could assume being a tree, a butterfly, a mountain range, a goat, and you could do it for five minutes or five years or five millennia – it matters not.

But you were free to pop in and out. And what happened with the distorted Third was you forgot that. And everything became a struggle. Well, that is not the Creation that I have put in place. So yes, some of you are already ready to let go of that cord. Some of you are bi-locating fully and, might I say, quite lovely. Very well. Holding the energy for those who are in the process of decision.

And then there are those that are still caught in the quagmire of the old distorted Third. But all are being prepared. Some resist. That is the option of free will. But it is really kind of absurd when you think of it, my daughter. The solidity of the old Third has always been a conundrum. Why would anyone choose fear, pain, misery, mayhem? Yes, the addiction is strong. But all of it is but an illusion. That is why we are going to speak to you about false grids as well.

I am determined that my children, from China, to India, to Africa, to Haiti, to New York City, to the West Coast - everybody - will be fully informed of what a false grid is and be free to exercise the choice to abolish, eliminate, escape from these illusions. Because they are not of Love and they are not of my Creation. And frankly, child, I am tired of them. ...

As we close, I wish to say how much you delight me. Yes, as your Mother in the constancy and continuity of our Universe, you delight me. Farewell.

# Sanat Kumara on 3 Universal Laws that We may not Know about

April 28, 2012



(“Sanat Kumara explains 3 Universal Laws that we may not know about,” April 28, 2012, at <https://counciloflove.com/2012/04/sanat-kumara-explains-3-universal-laws-that-we-may-not-know-about/>.)

Geffrey West: Greetings and welcome to *Heavenly Blessings* with Linda Dillon and the Council of Love. I am Geoffrey West filling in for the vacationing Galactic Family man Graham Dewyea. Tonight’s guest will be Sanat Kumara. ...

SK: Greetings, I AM Sanat Kumara, yes, Keeper of Universal Law, custodian of joy, custodian of gratitude, mentor of love. These are the titles that I wish to be known by and if you do not remember these titles, if you do not remember any of this simply turn to me and call me brother, call me friend, for I have been with you for a very, very long time. It is my honor to be the Planetary Logos, to be the assistant, the overseer, the guardian of the unfoldment of this plan, the unfoldment of this undertaking.

Dear hearts, you have entered into a time of co-creation and it is co-creation, yes, with we who serve, of all the realms, of all the realms not simply what you think of as the ascended realms, of those that you think of as Ascended Masters or Archangels or the Enlightened Ones. You are also in a co-creation process with the planet herself, with all of the kingdoms.

This is a sacred union that often you do not think about and you are bringing forth the new and the promise, the fulfillment of the Universal Mother’s Plan. And each of you, each of you who are listening and with me this night have a piece of this Plan and that is why I wish to speak to

you about a couple of Universal Laws that you may not be so familiar with or that you have not considered recently during this lifetime.

As the channel has said, the Universal Laws are simply the laws of this universe. They are the understanding of how your universe works and operated. But the basis of all of these laws is love. There cannot be a Universal Law that does not have its foundation in love. That is the core and the substance of the multiverse, of the omniverse. Yes, there are laws that apply elsewhere, we do not talk about them and certainly not tonight because there are things that we are asking of you to focus on and concentrate on.

I wish to speak to you about the Law of Purpose. The Law of Purpose is the law that commands and requires and gives each of you the freedom to be in alignment with your sacred self and to be the embodiment of your sacred self. Many of you have thought of this and seen a glimmer of this in your desire, in the political movements upon your planet for self determination, for freedom.

But this is a precept; it is a law that when you choose to align and exercise the freedom, to be the totality of who you are, to be the full expression of your divinity and to embody that, then it is the law that the energy must follow this decision, this choice.

There is a great deal of discussion upon the planet about free will and about the nature of free will and that this is a free-will zone. We would never have it otherwise for this is a unique quality; but the biggest element of free will is the choice, the decision to be the freedom of your being. Once you do this, once you invoke this law - yes through intent, through stillpoint and bringing it forward through action - then you are commanding, demanding the law to allow you the freedom to do this.

Many of you are stuck, my dear hearts, and that is why I am being so emphatic about this. You think that you are controlled by the old paradigms. Well, of course, you are not and they fade rapidly. But you also have these ideas, and we call them ideas, ideations, belief systems, that you are restricted by what you believe is your mission and service and purpose. But the very Law of Purpose is the law of freedom for you to be the totality of who you are. It is not time-lagged. It is immediate. As soon as you claim that freedom, then it is so.

Now you may have some mental and emotional adjustments to do and I will help you with this, for, yes, you have been in shackles a long time, so the idea of complete freedom for some of you is terrifying. You really aren't quite sure what to do with it. And that is why we ask you, we invite you to dream, and we invite you to dream big. There is nothing small about any of you.

You have been birthed from the heart of One. You are a mirror of the divine. Yes, you have assumed form and you have assumed form during this miraculous time of Ascension to do just that, to affect such fundamental change upon your planet that it will be completely unrecognizable to what you knew even a year ago.

So you say to me "SK, how do I invoke the Law of Purpose. How do I invoke the freedom to be the entirety of my sacred self?" You do so humbly, but you do so joyfully. You do so in thanksgiving and awe, but you do it simply by invoking the law, by going to that place within your

heart, of formulating the intent that you are living in alignment, in perfect alignment with the Law of Purpose.

It is your freedom ticket, dear hearts. It always has been. Now this is a law that does not simply apply to you or to your planet or to the collective of the human race. It applies universally. I have declared this long ago and I am the embodiment of my sacred self. All the Ascended Masters are. And what are you except masters? The Mother has referred to you as her Ascension Angels and this is a beautiful term that captures and reflects to you your potential.

So what I am doing, before I go any further, I am making a solemn commitment to each of you. If you are not certain how these laws that I am discussing with you work, then call me. Invoke my name. Invoke my energy. Invoke my wisdom. I am here to help the planet fulfill all of your dreams and the dream of the Mother. I will help you with these laws. I will show you the way. I will reveal the laws to you as you are ready, as you are prepared. So I do not ask you to run before you can walk, but this sacred Law of Purpose, it is a starting point and it is a finishing point because it is the claiming of who you are.

Now, I also wish to speak to you of the Law of Mirroring. Yes, you know what I am speaking of. When you gaze out, not only at your beautiful planet Terra Gaia, but as you gaze out at the ships that hover above your Earth, at the stars, at the planets and far beyond, as you gaze out and embrace the magnitude of the multiverse I want you to understand that that multiverse, every thing it contains, is also mirrored within thee.

Whatever you see and perceive, experience and know externally to you is also in existence, no not always in the same form obviously, but it is in existence, those seeds of energy are within you. It is how you come to know and perceive what is external to you. Just the same way as when you have a heartfelt desire to do something, to create something, and then you wonder ‘Well, is this in alignment with my soul purpose, with my sacred self, with my promise of service?’ Of course it is. It is absolutely in alignment; otherwise you would not be experiencing it.

So I want you to know when you are working with the Universal Law of Mirroring what you are doing is healing within, creating within and creating without. Many of you have desires, ardent desires, to be with your brothers and sisters of the stars and you say “How can I get there? Why are they not coming to pick me up? Why am I not being beamed up?” Well, there are a variety of reasons and some of them are the political climate upon the planet at this moment, but let me not divert your attention from what I am speaking of.

Go within, take what you are perceiving and know to be your external universe and go within, explore your inner planes. Dear hearts, you are massive and your fields have been expanding at the speed of love and *the speed of love is the speed of light squared*. So go within and find those galaxies, those star beings, your own starseed self, find your family within and then bring that intent to experience the mirror of that externally; so it is in/out, in/out, it is mirrors upon mirrors upon mirrors. You cannot experience something outside of yourself if it is not within you already.

So bring this to stillpoint and your action and your intention are very similar. You are prepared to meet, to be, externally with your star family, with your star brothers and sisters on a different planet, however you choose.

Bilocation is very simple. It is just something you have forgotten and we will save that for another conversation. But if you are desiring to have this experience, as I know so many of you are, invoke this Law of Mirroring and find it because it is there and, yes, I will help you and so will your own beloved guides, as your twin flames, as your guardians. And by the way, Archangel Uriel is very adept at this, so do not hesitate to call him as well. So work with the Law of Mirroring.

The other thing that we hear from you, from your heart, is “Why are things not changing more rapidly? Why has full disclosure not taken place? Why has this or that not occurred?” So we wish to speak about the Law of Change and I will do so briefly so that dear Geoffrey can ask his questions as well.

The Law of Change or what you may have thought of as the Law of Movement represents the endless, endless, infinite potential of reality. You have a saying on Earth that ‘change is constant’ but it is a universal truth and what you are not seeing as clearly as you might, and what is becoming more apparent to you, and we are pleased of this, is we want you to pay attention to the patterns because change is ever-present.

You are not the same being that you were when we began this conversation 40 minutes ago. You have changed. And even when you are out of form that law does not go away, dear heart. Change is ever-present and it is a law to work with and to embrace because again what you wish to do is to embrace the law and then work with the law so that you are directing the change.

So what we ask of you in directing the change is to look at the patterns and the patterns of your own life and in your community, your family. Take note, even in a 24-hour period, take time each day to observe what have been your actions, what were the change points, what changed during your day and how could you by invoking the Law of Change, how could you have directed those actions, those thoughts, those interactions, those behaviors differently?

Because do not forget what I have said to thee, each law is based on the foundation of love. So each change, each pattern has that capacity to embrace love so that every change, every breathe, every action, everything you do is a reflection, not only of your infinite self, but the infinite love of the universe.

I am asking of you to begin to notice, to take note, not just as the observer but as the action piece as well. How did this change during the day? How did I change? How did my relationships change? What were the points at which I could have changed the pattern?

When you invoke the Law of Change, when you invoke me, you are asking for all of the changes to be in the directions of your dreams, of your ultimate creation, the reflection of who you are, not in this moment but ultimately, the truth of who you really are. And that is what you find in the mirroring as well, you begin to see the vastness of your being. Your body is but such a small particle of your sacred space.

So I speak of these three laws and perhaps another time we will continue. Geoffrey, do you have questions of me?

GW: Well, Raj, I'm kind of in awe because I'm realizing the Law of Change has kind of placed me into this program at a most appropriate time and perhaps some of the answers I'm looking for as far as the Law of Mirroring and certainly the Law of Purpose as well to assist me in where I'm going.

The one question that was sitting in my mind I don't think we're going to have time to go into much detail, we have about four minutes, 3.5 to 4 minutes left, but I was hoping to go into the science and spirituality of Oneness, to assist in communicating to people in connecting to that whole idea that we are one and, in our history, obviously religion and science has split at one point but it's merging back together. Do you have any thoughts on that, Raj?

SK: Yes because if you think of one Universal Law it is the Law of Unity. It is the Law of Love. It is the Law of One, although that has been tainted by some of the human explanations. But it is the law that we are all united. I am as much a part of you as you are of me. Do you understand what I am saying? When you go into the mirroring and you are looking, how can you experience me externally through you if I am not also within your being? Of course we are one.

Now that is not to detract or to say we are one and therefore you just lost your unique self, but in that one we are united in heart. We are united in the love. So to pretend that there is separation and that is what the old human race became expert at - separation, and all the illusions that went along with it - that is exactly what it was: It was a false paradigm. It created false institutions, behaviors, cultures, grids.

We are not separate. That is why we talk about this co-creative partnership. We are not doing to you and you are not doing this alone. And when it is all done, when you are in the place of 'all and nothing,' is when you experience that knowing, that sense of being that we are connected. We are one. There is no wall between us. There is really not even any skin between us. When one wanders or is hurt or harmed we are all hurt or harmed. When one is grateful, it is felt by every being. When one is loved and acts from love it is felt by all.

So often you ask, "How will the transformation take place?" It is by coming to this realization that we are one. Go in peace, dear heart. Farewell.

GW: Thank you, Raj, for blessing us with your presence here this evening and thank you, Linda, for your comments, observations and sharing as well in preparing us for the upcoming changes that are very quickly approaching us. May we find that golden ray of support from Sanat Kumara and may you find that intent and that stillpoint and that action within yourself as we end this show. Until next time, farewell.

SK: Farewell.

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