

www.buss.org.uk
www.facebook.com/uk.buss
office@buss.org.uk
Newsletter 59

July - September 2017





# Medicine and Spirituality Congress

November 11th and 12th will see the 6th British Congress on Medicine and Spirituality being held once again at Rudolf Steiner House in London.

This event, hosted by BUSS and AME-International (the International Medical Spiritist Association), will have speakers from the UK, America and Brazil, including the esteemed Dr Jim B Tucker, who is considered as a key researcher into scientific evidence of reincarnation.

Tickets are still available via Eventbrite: http://congress2017.eventbrite.co.uk

For more information about this prestigious event, visit: http://medspiritcongress.org

# Spiritist Education for Children and Youth

The past few months have seen a great increase in activities relating to Spiritist education for children and youth. In July, the respected pedagogue Lucia Moyses visited from Brazil to deliver a workshop on children's education, how it can be applied and techniques for planning and delivering lessons.

The event was attended by representatives from various Spiritist groups from around the UK, all of whom received insightful information and advice from Lucia.



#### **Positive results**

With thanks to this and other initiatives by the Education Department, various Spiritist groups around the UK have been expanding or starting their own educational sessions for children and youth.

One such example is the Bournemouth Spiritist Study Group. Their group started their educational

activities in September, as a result of the growth and progression over the past few years.

In order to prepare themselves for work that carries great responsibility, several members of the group attended the workshop with Lucia Moyses in London, where they were given tools to better support and assist the children.

The group is confident that they will succeed in guiding children into becoming more conscious individuals through moral education, the practice of good actions and the development of good Spiritist virtues.





## Annual General Meeting

BUSS held its AGM on 23rd September, at Oxford House in London.

As per standard procedure, the board of Trustees and Officers stand down at the end of the AGM and the new board is selected.

The new board of Trustees and Officers of BUSS are:

- Elsa Rossi (Spiritist Society of London) Chairperson
- Adam Osborne (Spiritist Society of Windsor and Maidenhead) Deputy Chairperson
- Geraldo Marques (Allan Kardec Spiritist Group) Secretary
- Sueli Saponara (Allan Kardec Spiritist Group) Treasurer
- Gilson Guimaraes (Francis of Assisi Spiritist Group) Second Secretary
- Fabricio Assuncao (Bournemouth Spiritist Study Group) Second Treasurer
- Janet Duncan (Allan Kardec Spiritist Group)
- Valeria Osborne (Spiritist Society of Windsor and Maidenhead)
- Davian Jessamy (Sir William Crookes Spiritist Society)
- Alan Page (Sir William Crookes Spiritist Society)

Gerlado Marques was invited to continue as a trustee in consideration of his work and efforts over the past year. This was approved by a vote by the newly elected trustees.

### New website and e-mail addresses

#### Website

BUSS is currently updating their website to a new look, which will contain relevant information about Spiritism, the Spiritist Teachings and Spiritist Groups in the UK.

A new part of the website will be our new virtual bookshop, allowing anyone to purchase Spiritist books directly from BUSS. The address of the website will stay the same: *www.buss.org.uk* 

#### **E-mails**

BUSS has also recently updated their e-mail system, and so all e-mail addresses have changed. To contact BUSS for general enquiries, please send an e-mail to *info@buss.org.uk*.

If you need to contact either the Chairperson or Deputy Chairperson: office@buss.org.uk.

Our Newsletter team can be contacted via *newsletter@buss.org.uk*.

Our Secretariate can now be contacted at *secretary@buss.org.uk*.

## Volunteers required

BUSS is a registered charity, and all activities are completed by unpaid volunteers. We always need willing people to help us with various tasks within the office and within our many departments. We also need people to help us during our big events.

If you would like to find out more information about volunteering for BUSS, contact office@buss.org.uk.



### What is Spiritism?

#### A philosophical and scientific study of life, the afterlife, moral reform and reincarnation

"God is the Supreme Intelligence, the first cause of all things." "Love God above all things, and your neighbour as yourself."

Spiritism is a Science and Philosophy, with Religion as its grounding, which brings light and understanding to life and morality.

Spiritism believes in the existence of corporeal and non-corporeal life, that we continue to exist no matter if we have a physical body or not. Before we live a physical existence we are in the discarnate state as an essence, an intelligence, a being, a Spirit. During our physical existence, we are in an incarnate state, with our spirit bonding with the physical body.

When our physical body dies, we enter the discarnate state again, and our spirit detaches from the physical envelope and returns free to the spiritual plane.

The purpose of our physical existence is to grow and evolve both intellectually and morally, learning how to help one another, to be humble and to see how our actions have future reactions: the law of cause and effect.

Spiritism is also a study of Mediumship, the ability of communication with the Spirits, i.e. those who no longer have a physical existence, and the flow of natural energies that allow this to happen.

All Spiritist practice is free. Mediumship activities are always conducted with the view of helping others by following the Spiritist principles of morality and peace, and respecting the teaching: "Give for free what you have received for free".

Spiritism does not impose its principles on others and respects all religions, faiths and doctrines, and all are welcome to study these teachings. Mediumship and communication with Spirits are also not restricted to any one faith, religion or doctrine.

Spiritist groups can be found around the UK and are guided by the British Union of Spiritist Societies. Visit *www.buss.org.uk* for more information.