



Notice of Privacy Practices

Privacy Practices

This notice describes how protected medical and drug-related information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

General Information

Information regarding your health care, including payment for health care and treatment, is primarily protected by three federal laws: (i) the Health Insurance Portability and Accountability Act of 1996 (HIPAA), 42 U.S.C. § 1320d et seq., 45 C.F.R. Parts 160 & 164; (ii) the additional privacy and security requirements enacted pursuant to Subtitle D of the Health Information Technology for Clinical Health Act (HITECH), including 45 C.F.R. Sections 164.308, 164.310, 164.312, and 164.316; and (iii) the Confidentiality Law, 42 U.S.C. § 290dd-2, 42 C.F.R. Part 2. Under these laws, Journey to Health and Wellness, LLC may not say to a person outside Journey to Health and Wellness, LLC that you are a patient or attend any program, nor may Journey to Health and Wellness, LLC disclose any information identifying you as someone with a substance use disorder, or disclose any other protected information about you, except as permitted by federal law.

How Journey to Health and Wellness, LLC May Use and Disclose Medical Information about You

The following list describes the ways Journey to Health and Wellness, LLC may use and disclose your medical information without your written authorization. The examples provided serve only as guidance and do not include every possible use or disclosure.

For Treatment: We may use and disclose your Protected Health Information to provide, coordinate, or manage your health care and any related service. For example, we may disclose your PHI to other doctors who need the information to provide you with care.

For Payment: We may use and disclose medical information about you so that the treatment and services you receive may be billed and payment may be collected from you, an insurance company, or a third party. We may also tell your health plan about a treatment or procedure you are going to receive in order to obtain prior approval or to determine whether your plan will cover the services.

For Health Care Operations: We may use and disclose medical information about you for our operations. For example, we may use your PHI to assess our treatment and services. These uses and disclosures are necessary to operate Journey to Health and Wellness, LLC in an efficient manner and to ensure that all individuals receive quality care.



Treatment Reminders: We may use and disclose medical information in order to remind you of a scheduled treatment appointment or procedure.

Business Associates: We may disclose your PHI to persons who perform functions, activities or services to us or on our behalf that require the use or disclosure of PHI. To protect your health information, we require the business associate to appropriately safeguard your information.

Required by Law: We will disclose medical information about you when required to do so by federal or Ohio state laws.

To Avert a Serious Threat to Health or Safety: We may use and disclose medical information about you to medical or law enforcement personnel when necessary to prevent a serious threat to your health and safety or the health and safety of the public or another person.

Sale of Journey to Health and Wellness, LLC: We may use and disclose medical information about you to another health care entity in the sale, transfer, merger, or consolidation of Journey to Health and Wellness, LLC, unless your medical information includes information about substance use disorder treatment services provided to you. Such information will only be transferred to the new entity pursuant to your written authorization as further described below.

Electronic Disclosure: We may disclose your medical information orally, in paper format or through the use of any electronic means.

Special Situations

Organ and Tissue Donation: If you are an organ donor, we may disclose your PHI to organizations that handle procurement of organ, eye, or tissue transplantations

Military and Veterans: If you are a member of the armed forces, we may release medical information about you as required by military command authorities.

Workers' Compensation: We may release medical information about you for workers' compensation or similar programs. These programs provide benefits for work-related injuries or illness.

Qualified Personnel: We may disclose medical information for research or for management audit, financial audit, or program evaluation, but Journey to Health and Wellness, LLC personnel may not directly or indirectly identify you in any report of the research, audit, or evaluation, or otherwise disclose your identity in any manner.

Public Health Risks: We may disclose medical information about you for public health activities. These activities generally include the following:



- To prevent or control disease, injury, or disability;
- To report births and deaths;
- To report child abuse or neglect;
- To report reactions to medications or problems with products;
- To notify people of recalls of products they may be using;
- To notify a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition;
- To notify the appropriate government authority if we believe a patient has been the victim of abuse, neglect, or domestic violence.

All such disclosures will be made in accordance with the requirements of federal and Ohio state laws and regulations.

Health Oversight Activities: We may disclose medical information to a health oversight agency for activities authorized by law. Health oversight agencies include public and private agencies authorized by law to oversee health care providers and the health care industry in general.

Law Enforcement: We may disclose your PHI, so long as applicable legal requirements are met, for law enforcement purposes, such as providing information to the police about the victim of a crime.

Coroners, Medical Examiners, and Funeral Directors: We may release medical information to a coroner or medical examiner when authorized by law (e.g., identify a deceased person or determine cause of death) or to funeral directors.

Inmates: If you are an inmate of a correctional facility or under the custody of a law enforcement official, we may release health and treatment information about you to the correctional facility or law enforcement official. Such release would be necessary for: (1) the facility to provide you with proper care; (2) to protect your health and safety or the health and safety of others; and (3) to ensure the safety and security of the correctional facility.

Other Uses and Disclosures

Journey to Health and Wellness, LLC will not use or disclose your medical information for any other purposes (including, without limitation, marketing), unless you give Journey to Health and Wellness, LLC your written authorization to do so. If you give Journey to Health and Wellness, LLC such written authorization for a purpose not described in this Notice, then you may, in most cases, revoke such authorization in writing at any time. Your revocation will be effective for all your medical information Journey to Health and Wellness, LLC maintains, unless Journey to Health and Wellness, LLC has already taken action in reliance on your prior authorization.



Substance Use Disorder Treatment: To the extent your treatment at Journey to Health and Wellness, LLC consists of substance use disorder treatment, your medical information related to such services is protected by federal law and regulation (see 42 CFR Part 2) and will only be used or disclosed by Journey to Health and Wellness, LLC pursuant to: (1) your written authorization; (2) a court order or other legal requirement; (3) medical needs in an emergency to qualified medical personnel; or (4) research, audit, or program evaluation purposes to qualified personnel. This includes use or disclosure of such information in the event of a sale, transfer, merger, or consolidation of Journey to Health and Wellness, LLC. If you do not provide written authorization in such an event, your information will not be transferred, and the non-transfer could impact the ability of Journey to Health and Wellness, LLC to provide or continue your treatment. Please note that federal law or regulations protecting alcohol or drug treatment records do not protect any information about a crime committed by a patient of Journey to Health and Wellness, LLC or a member of Journey to Health and Wellness, LLC's workforce, or any information about suspected child abuse or neglect that is otherwise reportable under Ohio law to appropriate state or local authorities. A violation of the federal law and regulations that protect the confidentiality of substance use disorder treatment patient records is a crime. Suspected violations may be reported to appropriate authorities in accordance with 42 CFR Part 2.

Your Health Information Rights

Right to Inspect and Copy: You have the right to inspect and obtain a paper or electronic copy of medical information that may be used to make decisions about your care, except for psychotherapy notes, counseling notes, or information compiled for use in a civil, criminal, or administrative proceeding or in other limited circumstances.

To inspect and copy your medical information, you must submit your request in writing to the Journey to Health and Wellness, LLC Compliance Officer. If you request a copy of the information, Journey to Health and Wellness, LLC may charge a fee as established by its licensing authority, if applicable, for the costs of copying, mailing, or summarizing your medical records.

Journey to Health and Wellness, LLC may deny your request to inspect and copy your medical information in certain very limited circumstances. If you are denied access to medical information, including psychotherapy notes or counseling notes, you may request that the denial be reviewed. A third-party licensed health care professional chosen by Journey to Health and Wellness, LLC will review your request and denial. This professional will not be the same person who denied your request. Journey to Health and Wellness, LLC will comply with the outcome of the review.

Right to Amend: If you feel that medical information maintained about you is incorrect or incomplete, you may ask Journey to Health and Wellness, LLC to correct or amend the information. You have the right to request an amendment for as long as the information is kept by Journey to Health and Wellness, LLC.



To request an amendment, your request must be made in writing and submitted to the Journey to Health and Wellness, LLC Compliance Officer. In addition, you must provide a reason that supports your request. Journey to Health and Wellness, LLC may deny your request for an amendment if it is not in writing or does not include a reason to support the request.

Right to an Accounting of Disclosures: You have the right to request an “accounting of disclosures.” This is a list of the disclosures made of your medical information for purposes other than treatment, payment, or health care operations.

To request this list, you must submit your request in writing to the Journey to Health and Wellness, LLC Compliance Officer. Your request must state a time period, which may not be longer than six (6) years. Your request should indicate in what form you want the list (for example, on paper or electronically). The first list you request within a 12-month period will be provided to you by Journey to Health and Wellness, LLC for free. For additional lists within the 12-month period, you may be charged for the cost of providing the list. Journey to Health and Wellness, LLC will notify you of the cost involved and you may choose to withdraw or modify your request at that time before any costs are incurred.

Right to Request Restrictions: You have the right to request a restriction or limitation on the medical information Journey to Health and Wellness, LLC uses or discloses about you for treatment, payment, or health care operations. You also have the right to request a limit on the medical information Journey to Health and Wellness, LLC uses or discloses about you to someone who is involved in your care or the payment for your care. Journey to Health and Wellness, LLC is not required to agree to such a request. Should Journey to Health and Wellness, LLC agree to your request, Journey to Health and Wellness, LLC will comply with your request unless the information is needed to provide you emergency treatment.

If you pay for a service or health care item out-of-pocket in full, you can ask us not to share that information with your health insurer for the purpose of payment or our operations. We will honor such a request unless law requires us to share that information.

To request restrictions, you must make your request in writing to the Journey to Health and Wellness, LLC Compliance Officer. In your request you may indicate: (1) what information you want to limit; (2) whether you want to limit Journey to Health and Wellness, LLC’s use and/or disclosure; and (3) to whom you want the limits to apply. For example, you may not want disclosures to be made to your spouse.

Right to Request Confidential Communications: You have the right to request that Journey to Health and Wellness, LLC communicate with you about medical matters in a certain way or at a certain location. To request that Journey to Health and Wellness, LLC communicate in a certain manner, you must make your request in writing to the Journey to Health and Wellness, LLC Compliance Officer. You do not have to state a reason for your request. Journey to Health and Wellness, LLC will accommodate all reasonable requests. Your request must specify how or where you wish to be contacted.



Changes to This Notice

Journey to Health and Wellness, LLC reserves the right to change its privacy and security practices and to make the new provisions effective for all Protected Health Information that Journey to Health and Wellness, LLC holds or maintains. Should our privacy practices change, we will post the amended Notice of Privacy Practices in our offices at each facility's address and on our website.

Complaints

If you believe your privacy rights have been violated, you may file a complaint with the Journey to Health & Wellness, LLC Compliance Officer. To file a complaint with us, you can go to our webpage and do a contact us or you may call the office and ask to speak with our Compliance Officer, Michelle Ann Richards. You may also file a complaint with the Office for Civil Rights, U.S. Department of Health and Human Services by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting www.hhs.gov/ocr/privacy/hipaa/complaints/.

All complaints should be submitted in writing. ***We will NOT retaliate against you in any way for filing a complaint.***