## Long Lunch Menu

The Long Lunch Menu

This is the menu to satisfy the deep growl of lunch hunger! Comfort food to keep even the biggest eater satisfied. We recommend two options plus side to keep your group fed and content! There is a minimum of 10 serves per menu item.

> DIY Sandwich and Roll Platter (Vegan and Gluten Free Option Available) \$12.00 per head.

No need for a further menu item, this dish will serve your guests nicely! Selection of sliced house cooked deli meats, accompanied by a sliced cheese & salad Platter served with fresh bread, rolls & condiments in for guests to create their own style of sandwiches & Rolls.

Fresh and tasty! The complete lunch set up!

Italian Beef Lasagna (Gluten Free Option Available) \$5.50 per head Rich tomato beef bolognaise sauce layered with whole egg pasta and creamy béchamel sauce

Mediterranean Vegetable Bake \$5.50 per head Melody of seasonal vegetables slow roasted with spices and chickpeas topped with grilled haloumi. So good even the carnivores will love it.

Butter Chicken (GF)

\$7.00 per head

Marinated chicken in a yogurt and spice mixture finished with a buttery sauce. Served with jasmine rice

Spinach, Ricotta and Pumpkin Cannelloni (V) \$6.00 per Head Sautéed spinach & roasted pumpkin mixed with ricotta stuffed into cannelloni & topped with a cream sauce

Green Thai Chicken Curry (GF)(DF) \$7.00 Per Head Thai green paste tossed with tasty chicken thigh finished with sweet potatoes, vegetables, and coconut milk. Served with steamed rice.

Beef Massaman (GF)(DF) \$8.00 Per head Slow cooked beef pieces soaked in massaman curry paste finished with seasonal vegetables and coconut milk. Served with steamed rice

> Country Style Chicken Casserole \$7.00 Per Head

Pan seared chicken thigh with a delicious cream, garlic and lemon sauce finished with a fresh vegetable melody, fresh and filling!

Mac & Cheese \$4.00 per head Do we need to say more! A definite crowd pleaser.





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BBQ Style Marinated Beef Ribs \$10.00 per head Beef Ribs – a super favourite for the K-Town crew. Marinated in our BBQ Maple glaze, served with steamed rice

> Lamb Shanks \$15.00 per head Slow cooked in our house made fennel sauce, super comfort food!

Kung Poa Chicken Wings \$5.50 per head Wings packed with a POW. Bursting with flavour served with rice

Country Style Beef Stew \$8.00 Per Head Slow cooked beef pieces tossed with fresh vegetable melody and finished with a rich gravy.

> Baked Fish with Rocket Pesto (GF) (DF) \$7.50 Per Head

Baked seasonal fish filets topped with rocket pesto and roasted cherry tomatoes. Great light dish for those warmer days. Served with steamed rice

Carrot and Pesto Bake (V) \$6.00 Per Head

Shredded Carrot mixed with pesto and sour cream béchamel sauce layered with pasta sheets, so good even the carnivores will love it!

Spiced Roast Potatoes (GF)(DF)(V) \$2.50 Per Head Roast potato wedges spiced with Moroccan style flavours

Creamy Potato Gratin \$3.50 Per Head Potato slices layered with onion, bacon, and seasoning. Topped with cream and finished with tasty cheese.

> Roast Seasoned Pumpkin Pieces (GF)(DF)(V) \$2.50 Per Head

Cauliflower and Broccoli Gratin (V) \$3.50 Per Served Cauliflower and broccoli florets topped with creamy bechamel sauce and topped with tasty cheese

Bread Rolls with Butter (V) \$2.00 Per Head Fresh bread rolls served with portion control butter. Gluten Free option available upon request