



Dr. Tana Session

Principal Consultant

Dr. Tana M. Session is the CEO & Founder of TanaMSession.com, a certified Women Minority Business Enterprise (WMBE) with over 30 years of Human Resources experience. Dr. Session specializes in cultural engineering, facilitated experiences, and leadership & organizational development.

She has spent ten years as the top Human Resources executive for domestic and international organizations. She led various change initiatives and up-leveled entire departments, including talent, systems, and infrastructure. She has partnered with hi-tech start-ups and fast-growth companies as well as McDonald's, Xerox, Creed Perfumery, Interscope Geffen A&M Records, Spotify, Federal Executive Board, Department of Health & Human Services, Los Angeles Chamber of Commerce, NASA, and many other multi-national for-profits & not for profit organizations and government agencies. Her experience has enabled her to embed her passion for Diversity, Equality & Inclusion in everything she develops and implements.

Tana completed her undergraduate degree in Business Administration and her MBA in Organizational Psychology & Development. In 2019, Tana received her Honorary Doctorate (Ph.D.) degree in Philosophy/Humane Letters. Recognized by the University of Phoenix as one of its Distinguished Alumni of Southern California and joined the UCLA Extension and California State University – Long Beach team as an Instructor/Adjunct Professor.

In 2019, Tana was selected as the only MBA alumni in American InterContinental University's history to speak as the keynote speaker for the commencement ceremony, where she shared a powerful message to over 7,000 attendees in Houston and Atlanta. Tana was



recently recognized as a "Top Company Culture Consultant" by Fond.co, "Top Employer Branding Expert" by Eightfold.ai, and a Huffington Post "Top Female Expert to Follow." Tana is the official LinkedIn Learning expert for Diversity & Inclusion in recruiting and interviewing and was also recognized by Forbes as a "Next 1000" and a "Top Diversity & Inclusion Business Leader" and a "DEI Champion" by the National Diversity Council.

Additionally, her business was recognized by Design Rush as a "Top 5 California Business Consulting Firm" and a "Top 10 California H.R. Outsourcing Company," and CORE Magazine/USA Today recognized her as "CORE 100 Most Influential Blacks Today." Dr. Session is an international speaker who has spoken at professional events throughout the U.S. and Bangkok, Dominican Republic, Cuba, and Jamaica.

Tana is the author of multiple books, including the #1 Best-seller Get Your Career Life in Order. Tana is a recognized media contributor and has been a contributing writer for Forbes.com, Entrepreneur, Thrive Global, and BlackEnterprise.com, and has been featured in Huffington Post, Essence Magazine, Savoy Magazine, Sheen Magazine, and on various local news, syndicated radio, television and podcast shows.

In her free time, Tana likes to travel, participate in high adrenaline adventures and spend time with family and friends