## Policies, Procedures & Expectations

#### **EXPECTATIONS FOR DANCERS**

- Please come with the expectation to work, dance is a performing art that requires athletic training and cognitive focus.
- Dancers are to arrive on time for class
- They must be in proper attire (uniform and hair are done according to class)
- Show respect to classmates, peers, instructors, and studio
- Act as positive role models and ambassadors for their art, program and YDA.
- Studio/Dressing Room will be available at least 10 minutes prior to class.
- Do not enter studio while music is playing or given permission from instructor.

#### **EXPECTATIONS FOR PARENTS**

- Please help your dancer arrive to class on time
- Please help your younger dancers to be properly prepared for class (meaning hair in bun for ballet, tights, leotards, ballet slippers, jazz shoes, etc.
- Promptly pick up dancer after class
- Assist your dancer and their class by volunteering to chaperon in dressing room or other important duties.
- Clearly mark your dancer's clothing
- Parents wishing to speak to instructor should do via email, phone, or by appointment.

#### MISSED LESSONS

No refunds or deductions are given for lessons missed by students except in cases of protracted illness where a Doctor's certificate is provided. Lessons missed by the Teacher will be made up if possible. Dancers who do miss a class are welcome to make-up that class by attending another class offered at YDA, with teacher's discretion.

#### UNSCHEDULED CLOSINGS

If Yarmouth Dance Academy must close due to conditions beyond our control such as severe weather, electrical or heating system failure, classes and lessons will not be re-scheduled and refunds cannot be issued.

#### STORM CANCELLATION POLICY

It has been the policy of YDA that if TCRSB cancels classes, our classes are cancelled as well. However, sometimes the weather can change quickly and can be tricky to predict. So, it is parents/guardians/dancer's responsibility to check our website <a href="mailto:yarmouthdanceacademy.webs.com">yarmouthdanceacademy.webs.com</a> as cancelled classes will be posted by 3:30 pm, if no cancelation is posted, classes will run as scheduled and as always, use your own discretion.

#### INSUFFICIENT ENROLMENT

We reserve the right to cancel any class. All unused fees will be refunded, including registration where applicable.

#### **CONSIDERATION OF OTHERS**

Our Faculty are committed to treating everyone with respect and fairness, while at the or elsewhere on YDA business. We invite our students and their parents to do the same. We are a scent-free and peanut free studio – please be considerate of others. Having your dancer's name on all of their belongings helps to return lost items.

### PRIVACY AND CONFIDENTIALLY

When registering with Yarmouth Dance Academy Parents/Dancers agree to conduct themselves in a professional manner with the understanding that any material taught at Yarmouth Dance Academy is the property of the artist/choreographer and material taught in class can not be used outside of the school with out permission.

Dancers studying at Yarmouth Dance Academy should not teach at different schools as this is a conflict of interest and must be discussed with instructors. Failure to inform may effect future at Yarmouth Dance Academy.

	Monday	Tuesday	Wednesday	Thursday	Saturday
SS	<b>IB</b> 4:30 - 5:30 pm	<b>IM</b> 4:50 - 5:30 pm	<b>CM</b> 4:30 - 5:00 pm	<b>DE2</b> 5:00 - 5:45 pm	
<b>,</b>	PB2 PB3 BT1 5:30 - 6:30 pm	<b>C1</b> 5:30 - 6:10 pm	<b>PB2</b> 5:00 - 5:45 pm	<b>JIP</b> 5:45 - 6:15 pm	<b>PB4</b> 10:30 - 12:00 pm <b>PB5+</b> 10:30 - 12:30 pm
	<b>PB4/PB5+ BT2</b> 6:30 - 8:00 pm	<b>C2</b> 6:15 - 7:15 pm	<b>PB3</b> 5:45 - 7:00 pm	NPP Rehearsals 6:15 - 8:45 pm schedule TBA	
	<b>SIP</b> 8:00 - 8:45	<b>C3</b> 7:15 - 8:30 pm	<b>PB4/PB5+</b> 7:00 - 8:30 pm		

#### PAYMENT

Payments may be made by cash or by cheque.

Please make cheques out to

Natalie Sweeney.

All fees are non-refundable

Payment may be made in full or in equal monthly payments with post-dated cheques. Receipts available upon request

Late payments will be subject to late fees

Visit our website for class information, updates and events

yarmouthdanceacademy.webs.com

Contact Us by email yarmouthdanceacademy@gmail.com



# Policies, Procedures & Expectations

Our School - Classes - Programs - Policies - Procedures - Expectations





When we enrol our children in dance class, we sometimes do not realize that they are embarking on a long, exhilarating journey that will demand much of them as students and of you, their parents, but it is a journey that is rich in rewards.

# **Creative Movement (CM) (Born in 2012)**

Beginner dance classes are designed to teach young children ages 3 - 4 the basics in dance through games, music, and creative exploration. The

Creative Movement class does not perform in the Nutcracker but will take part in YDA's annual Spring Recital. Classes are once a week.

#### **Inspiring Movement (IM) (Born in 2011)**

Dance classes are designed to teach young dancers the basics in dance through games, music, and creative exploration. Technical basics and foundations of dance, musicality and spacial awareness are introduced. The Inspiring Movement class does not perform in the Nutcracker but will take part in YDA's annual Spring Recital. Classes are once a week.

#### Inspiring Ballet (IB) (Born in 2009, 2010)

An introductory class to ballet. This class is designed to teach dancers the basics in ballet. Classes are structured as a standard ballet class, consisting of stretch, barre, centre, adagio and allegros. The Ballet Technique class does not perform in the Nutcracker but will take part in YDA's annual Spring Recital. Performance opportunities are available outside class. Classes are

## Ballet Technique (BT1 born in 2005, 2006, 2007, 2008) (BT2 2004 and older)

These are once a week ballet classes for dancers new to ballet, looking to add additional dance styles to your resume, or part of a healthy lifestyle. This class will follow classical Russian technique and class structure. The Ballet Technique class does not perform in the Nutcracker but will take part in YDA's annual Spring Recital Performance opportunities are available outside class. Classes are once a week

### Dance Exploration 2 (DE2) (dancers born 2004 and older)

Dance Exploration 2 is available to dancers aged 11 (by December 31, 2015) and older. The fundamental technical structure will be jazz based but will also include cardio fitness, yoga/stretch, musical theatre and fundamentals for choreography while also exploring the creative, musical and dramatic sides of dance. \*\*\*please note a variety of music genres will be used for this class. Dance Exploration does not participate in the Nutcracker, but will take part in YDA's annual Spring Recital. Performance opportunities available outside of class. Classes are once a week.

## Contemporary (C1: 2008, 2009, 2010) (C2: 2005, 2006, 2007) (C3: 2004 and older)

Contemporary dance class will focus on the fundamentals to this style, which pulls from a variety of styles of dance. Dancers will learn to express themselves through movement that is both technical and physical. Classes are once a week. Contemporary does not participate in the Nutcracker, but will take part in YDA's annual Spring Recital. Performance opportunities available outside of class. Classes are once a week. We welcome Aimée Després to YDA, as she will be filling in Megan's maternity leave.

# Performing Ballet Program (PB2: 2008) (PB3: 2005, 2006, 2007) (PB4: 2002, 2003, 2004) (PB5+: 2001 and older)

This program is available to dancers aged 7(by December 31, 2015) and older. Dancers enrolled in the Full Ballet Program will have ballet classes at least twice a week. This program is designed to properly train a dancer for the demands of Classical Ballet guided by the Vaganova syllabus. When deemed appropriate by instructors dancers will begin pre-pointe training, working towards full pointe shoes. Dancers enrolled in the program will study, learn and perform classical variations, with the opportunity to earn a solo classical variation when graduating. Dancers in the Performing Ballet Program will have class repertoire for each of YDA's Nutcracker and Annual Spring Recital. Attendance and commitment are taken seriously.

#### **Nutcracker Performance Program (NPP)**

Each year Yarmouth Dance Academy performs a full production of the Christmas classic, The Nutcracker Ballet. The Nutcracker Performance Program allows any dancer registered at Yarmouth Dance Academy to audition for roles/dances in the Nutcracker production.

## Auditions are open to all dancers at Yarmouth Dance Academy who are at least 5 by December 31, 2015.

Participating in a production of this size requires commitment, focus and dedication. Attendance is taken very seriously for the Nutcracker Performance Program, and missed rehearsals will not be tolerated.

### Intensive Program Outline

The Intensive Program is designed with the serious dance student in mind. Students who are thinking of dance after high school are strongly recommended to participate in this program. The Intensive Program provides dancers with the opportunity to more dance classes, learn how to make a Dance CV (Resume), how to audition and much more.

To register for the **Intensive Program**, dancers must be enrolled in the Performance Ballet Program, Contemporary, Dance Exploration 2 (for Senior Intensive only), and Intensive Program Repertoire. Dancer's in the Junior or Senior Intensive Program are able to attend additional ballet classes with instructors permission for technique and conditioning.

- Enrolment in all available/eligible classes at YDA
- The Intensive Program will also have their own 'extra' rehearsal class in addition to the classes above.
- · Attendance is mandatory for all classes and rehearsals.
- There will also be opportunities for community performances/ events, travel for auditions, master classes and viewing professional dance company performances.
- Priority for casting in shows/recitals.
- Opportunity to become YDA teaching assistant.

## Required Dance Supplies

#### **Creative Movement (CM)**

Dancers are to wear something comfortable and easy to move in.

Socks, bare feet or ballet slippers are suggested.

Hair out of their face.

Water bottle is recommended

#### **Inspiring Movement (IM)**

Dancers are to wear something comfortable and easy to move in.

Ballet slippers are suggested hair to be up and out of their face. Water bottle is recommended

### **Inspiring Ballet (IB)**

Dancers are to have a long sleeved black leotard, Theatrical Pink tights,

pink/nude Ballet slipper.

Hair must be in a bun or similar.

Skirts are allowed. Water bottle is recommended.

Ballet sweaters are also recommended for the cooler months. (No hoodies or large sweaters)

### Performance Ballet, Ballet Technique

Dancers are to have a leotard,

Theatrical Pink tights,

Ballet pink/nude Ballet slipper.

Hair must be in a bun or similar.

Skirts are allowed.

Water bottle is recommended.

Dancer's in PB4 & PB5+ will be requiring pointe shoes. A nude leotard is recommended especially for dancers in

Performance Ballet Program.

Ballet sweaters are also recommended for the cooler months. (No hoodies or large sweaters)

### **Contemporary & Dance Exploration**

Black Leotard & Black leggings (Contemporary)

Bare feet, or contemporary shoes (metatarsal protectors) clean sneaker for (Dance Exploration)

Hair to be up and out of their face.

Water bottle is recommended

### YDA's choice of ballet slippers at Love of Dance

So Danca - all of the following have no drawstrings!!!

SD - 16 (canvas split sole) my personal favourite

SD - 60 (leather split sole) leather will last longer

SD - 55 (leather full sole) recommended for CM, IM, IB, PB2

## YDA's tight choice at Love of Dance

**Body Wrappers** - in Theatrical Pink. Convertible is recommended.