

COVID Vaccination --- a Personal Decision

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There has been a lot of controversy and polarity over whether to get the COVID vaccine or not, and which vaccine is best. While I can't give you a definitive answer that would relieve you of having to do your own research or conclude what's best for you, I can share what I tell my clients.

If you get a vaccine;

Say these words to yourself or out loud, as the vaccine goes in:

"Let nothing inappropriate be part of or change my sacred biology. Capture the good things that emanate that which is beautiful and reflects my magnificence as a piece of the Divine Creator."

If you don't get the vaccine;

Say these words to yourself or out loud:

"I celebrate my ability to create an immune system that reflects my magnificence as a piece of the Divine Creator. I will strengthen my immune system and reflect my own magnificence."

If you have already got the vaccine and are now concerned:

Say these words to yourself or out loud:

"Let nothing inappropriate be part of my sacred biology. Capture the good things and eliminate those things that do not reflect my magnificence as a piece of the Divine Creator."

If a family member or loved one chooses to get a vaccine or does not get one and it is other than you would have chosen for them;

You can intend for that person that their decision is the most benevolent outcome for them.

If they have had the vaccine:

"Let nothing inappropriate touch their sacred biology. Capture the good things and eliminate those things that do not reflect their magnificence as a piece of the Divine Creator."

If they have not had the vaccine and you are concerned:

"Strengthen their immune system and let nothing inappropriate from the virus affect them."

How we treat each other during this pandemic is a reflection of our spiritual maturity and wisdom. Our own decision around vaccines doesn't need to separate us from each other or destroy our relationships. Be respectful of each other's right to choose how they will look after their own body. Be kind to one another.

To more elegantly move through the dilemma now facing us all --- of whether to get a vaccine or not or to address possible problems associated with the vaccines if you already got one --- requires not only that we do our own research but acknowledge our true spiritual nature. We are holistic human beings made up of mind, body and spirit.

The vast majority of us have forgotten our spiritual origins. Human beings are multi-dimensional spiritual beings with our roots in ephemeral higher planes of existence. If scientists could see with eyes of spirit, they would see spiritual energies at work behind our everyday physical reality. If we could all approach health from the physical and spiritual levels of our being, we could access profound healing and protective energies.

Medical science although sophisticated, distances itself from the concept of spirit and doesn't have all the answers to healing illness or keeping us all well. There is hope, for in the future as science and spirituality merge, new discoveries will be forthcoming.