

MALTA 2K-3K-5K TRAIL RACES

5K TRAIL RUN/WALK



LUTHER FOREST TRAILS ROUNDBOUT RUNNERS

RESULTS

10/24/2021

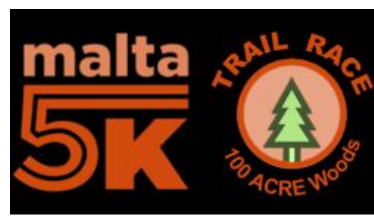
PLC	BIB	OA PLC	CLS	NAME	AGE/LOCATION/TEAM	TIME	BEHIND	PACE
5K OVERALL FEMALE								
1	26	9	OF5	CHROMCZAK, EMILY	35 DELMAR NY	:26:02.8	: 0.0	8:24
2	214	10	OF5	MOLLOY, CHRISTINA	20 WEST ISLIP NY	:26:49.7	:46.9	8:39
3	225	16	OF5	NIERADKA, LISA	56 CLIFTON PARK NY	:27:45.0	1:42.2	8:57
5K OVERALL MALE								
1	219	1	OM5	MOONEY, DENNIS	25 BALLSTON SPA NY	:21:04.0	: 0.0	6:47
2	291	2	OM5	KELLY, DANIEL	33 CLIFTON PARK NY	:22:27.0	1:23.0	7:14
3	270	3	OM5	WAJDA, CORY	46 SAND LAKE NY	:22:40.1	1:36.1	7:18
MALE 10-14								
1	232	7	M10	PASEK, BRENT	12 SARATOGA SPRINGS N	:25:28.6	: 0.0	8:13
2	280	17	M10	WHITFORD, JACKSON	13 DELMAR NY	:27:53.5	2:24.9	8:59
3	271	18	M10	WAJDA, ROY	13 SAND LAKE NY	:29:06.7	3:38.1	9:23
4	12	57	M10	BOURDEAU, MASON	11 GALWAY NY	:37:47.4	12:18.8	12:11
5	63	58	M10	HEADLEY, MAX	13 AVERILL PARK NY	:39:26.0	13:57.4	12:43
FEMALE 15-19								
1	31	69	W11	CLAEYS, ROSALEA	18 MECHANICVILLE NY	:46:15.0	: 0.0	14:55
FEMALE 20-29								
1	245	37	W2	RUSSELL, NICOLE	29 TROY NY	:33:29.8	: 0.0	10:48
2	266	48	W2	TRAVER, RACHEL	30 BALLSTON SPA NY	:34:58.0	1:28.2	11:16
3	242	50	W2	ROSEN, HANNAH	28 BALLSTON SPA NY	:35:49.7	2:19.9	11:33
4	56	62	W2	GALE, ALEX	24 SCHENECTADY NY	:40:28.2	6:58.4	13:03
5	30	75	W2	CLAEYS, LAUREN	22 MECHANICVILLE NY	:48:46.2	15:16.4	15:43
6	29	76	W2	CLAEYS, JESALYN	25 MECHANICVILLE NY	:48:47.5	15:17.7	15:44
MALE 20-29								
1	292	4	M2	COPPOLA, DYLAN	24 BALLSTON SPA NY	:23:18.6	: 0.0	7:31
2	218	45	M2	MONTANO, KEVIN	27 TROY NY	:34:39.3	11:20.7	11:10
3	247	61	M2	SAVADEL, LOU	25 SCHENECTADY NY	:40:27.2	17:08.6	13:02
FEMALE 30-39								
1	22	21	W3	CARPENTER, ANKANA	39 LAKE GEORGE NY	:29:55.1	: 0.0	9:39
2	272	22	W3	WEBER, ALLISON	36 ALBANY NY	:29:56.6	: 1.5	9:39
3	259	27	W3	SUDFELD, KARI	33 BALLSTON SPA NY	:31:12.0	1:16.9	10:03
4	217	30	W3	MONROE, CHLOE	34 BALLSTON LAKE NY	:32:26.1	2:31.0	10:27
5	220	38	W3	MURDOCK, JESSICA	37 BALLSTON LAKE NY	:33:32.2	3:37.1	10:49
6	213	40	W3	MOHL, ASHLEY	37 TROY NY	:34:12.3	4:17.2	11:02
7	273	59	W3	WELLER, HEATHER	39 GANSEVOORT NY	:39:56.5	10:01.4	12:53
8	257	72	W3	STILSON, ALICIA	36 BALLSTON SPA NY	:47:59.5	18:04.4	15:28
9	16	73	W3	BUONANNO, AMANDA	37 BALLSTON LAKE NY	:48:00.5	18:05.4	15:29
10	82	74	W3	KOMNINOS, ARIANNA	36 BALLSTON SPA NY	:48:01.5	18:06.4	15:29
11	236	78	W3	PLUDRZYNSKI, JESSICA	30 BALLSTON SPA NY	1:01:36.1	31:41.0	19:52

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FEMALE 30-39								
12	260	79	W3	SURANI, NICOLE	34 SARATOGA SPRINGS N	1:01:37.5	31:42.4	19:52
MALE 30-39								
1	258	5	M3	STREBEL, BRIAN	33 BALLSTON SPA NY	:24:08.0	: 0.0	7:47
2	19	14	M3	CAPROTTI, JESSE	36 BALLSTON SPA NY	:27:24.7	3:16.7	8:50
3	231	29	M3	PALLADINO, SEAN	30 GLENS FALLS NY	:32:23.0	8:15.0	10:26
4	239	47	M3	QUINN, KEVIN	38 ALBANY NY	:34:55.3	10:47.3	11:15
FEMALE 40-49								
1	84	23	W4	LABOMBARD, JANE	48 GLENS FALLS NY	:30:03.2	: 0.0	9:41
2	51	24	W4	FERRISS, JENNIFER	50 SARATOGA SPRINGS N	:30:06.5	: 3.3	9:42
3	45	26	W4	DONEGAN, KIM	41 BALLSTON SPA NY	:30:48.7	:45.5	9:56
4	253	36	W4	SONNELITTER, KAREN	40 COHOES NY	:33:27.2	3:24.0	10:47
5	255	43	W4	STAIGAR, ASHLEY	45 GANSEVOORT NY	:34:34.2	4:31.0	11:09
6	289	60	W4	SMITH, MILLIIE	47 BALLSTON LAKE NY	:39:59.5	9:56.3	12:54
7	80	63	W4	KO, SUZANNE	46 DELMAR NY	:40:56.7	10:53.5	13:12
8	90	68	W4	LEONARD, DONNA	45 BALLSTON SPA NY	:44:51.6	14:48.4	14:28
MALE 40-49								
1	277	8	M4	WHITE, PHILLIP	45 BALLSTON SPA NY	:25:41.2	: 0.0	8:17
2	47	13	M4	DONOVAN, TIMOTHY	50 BALLSTON SPA NY	:27:13.9	1:32.7	8:47
3	290	19	M4	BEAVER, MATT	47 BALLSTON LAKE NY	:29:08.6	3:27.4	9:24
4	96	25	M4	LUCIANO, ANTHONY	45 FORT JOHNSON NY	:30:10.6	4:29.4	9:44
5	79	28	M4	KNIGHT, PATRICK	47 DELMAR NY	:32:02.2	6:21.0	10:20
6	209	31	M4	MICZEK, MATTHEW	49 SARATOGA SPRINGS N	:32:27.6	6:46.4	10:28
7	241	41	M4	RODEN, LELAND	41 BALLSTON LAKE NY	:34:27.3	8:46.1	11:06
8	91	64	M4	LEWIS, DANIEL	48 DELMAR NY	:41:21.3	15:40.1	13:20
9	37	70	M4	COOPER, MATTHEW	43 DELMAR NY	:47:35.4	21:54.2	15:21
FEMALE 50-59								
1	233	33	W5	PASEK, JEN	50 SARATOGA SPRINGS N	:32:53.7	: 0.0	10:36
2	60	49	W5	GRIFFIN, LISA	57 MALTA NY	:35:22.7	2:29.0	11:24
3	261	55	W5	TANCREDI PENMAN, PAULA	55 SARATOGA SPRINGS N	:37:05.2	4:11.5	11:57
4	75	65	W5	KASAI, AYUMI	50 BALLSTON SPA NY	:42:32.5	9:38.8	13:43
5	237	66	W5	POWARZYNSKI, AMY	55 WESTERLO NY	:43:13.0	10:19.3	13:56
MALE 50-59								
1	38	12	M5	CROPSEY, DANIEL	58 NISKAYUNA NY	:27:12.7	: 0.0	8:46
2	53	32	M5	FLANAGAN, DANIEL	55 ROUND LAKE NY	:32:46.4	5:33.7	10:34
3	58	44	M5	GERKEN, JEFFREY	56 WESTERLO NY	:34:37.7	7:25.0	11:10
4	93	53	M5	LIST, BRIAN	51 SARATOGA SPRINGS N	:36:25.5	9:12.8	11:45
5	69	54	M5	HOWARD, JAMIE	56 ALBANY NY	:36:29.5	9:16.8	11:46
6	6	56	M5	BARKSDALE, ANTHONY	57 GLOVERSVILLE NY	:37:27.2	10:14.5	12:04

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FEMALE 60-69								
1	52	34	W6	FITZGERALD, MAUREEN	64 CLIFTON PARK NY	:32:58.7	: 0.0	10:38
2	28	42	W6	CIAMPOLILLO, MELANIE	61 TROY NY	:34:32.9	1:34.2	11:08
MALE 60-69								
1	3	6	M6	AUDI, DOMINICK	67 BALLSTON SPA NY	:25:14.2	: 0.0	8:08
2	65	11	M6	HORNE, BILL	62 BOLTON LANDING NY	:26:51.1	1:36.9	8:39
3	7	15	M6	BEAN, BILL	61 SCOTIA NY	:27:27.1	2:12.9	8:51
4	246	20	M6	SACK, ROBERT	61 BURNT HILLS NY	:29:51.0	4:36.8	9:37
5	250	35	M6	SILVERBERG, STEVEN	63 SCHENECTADY NY	:33:08.0	7:53.8	10:41
6	281	39	M6	WILBER, DAVID	62 EAST GREENBUSH NY	:33:56.6	8:42.4	10:56
7	288	51	M6	SCHWEDER, TOM	63 ROUND LAKE NY	:35:56.4	10:42.2	11:35
8	227	52	M6	OBERMAYER, STEPHEN	60 BURNT HILLS NY	:36:02.7	10:48.5	11:37
FEMALE 70-79								
1	33	71	W7	CLARK, LAURA	74 SARATOGA SPRINGS N	:47:41.8	: 0.0	15:23
MALE 70-79								
1	5	46	M7	BALUCH, RICHARD	76 DELANSON NY	:34:54.2	: 0.0	11:15
MALE 80+								
1	212	67	M8	MITCHELL, STEPHEN	80 BALLSTON SPA NY	:44:49.9	: 0.0	14:27
2	87	77	M8	LAPORT, VIC	81 CLARKSBURG MA	:49:36.8	4:46.9	16:00

79 COMPETITORS

