

# WAGGOTT CAMS

No.	S T A G E	ADV TIMINGS		DURATION				LIFT						TAPPET CLEARANCE		LOBE CENTRE		REMARKS
				Advertised		@.050"		Cam		Valve		@T.D.C.						
		In.	Ex.	In.	Ex.	In.	Ex.	In.	Ex.	In.	Ex.	In.	Ex.	In.	Ex.	In.	Ex.	
156	1	45-76	76-43	301	299	244	244	.380	.380	.370	.370	.125	.115	.010	.010	105	107	2500-6000 RPM
144																		3000-6500 RPM
156	2	54-87	76-43	321	301	264	250	.408	.380	.398	.370	.145	.125	.010	.010	104	104	GOOD MID TORQUE
144	3	54-87	87-52	321	319	257	257	.408	.408	.398	.398	.165	.145	.010	.010	104	105	3500-7000 RPM
678		61-55	92-60	297	332	221	240	.415	.380	.398	.361	.095	.090	.017	.019	90	100	
555		45-76	76-43	301	299	244	244	.404	.404	.394	.289	.125	.115	.010	.012	105	107	
550		50-71	71-50	300	300	250	250	.410	.410	.320	.391	.090	.090	.017	.019	103	103	
553																		
-1		36-60	61-33	276	274	249	249	.368	.368	.351	.349	.085	.075	.017	.019	104	106	
689		58-82	80-52	320	312	271	277	.419	.496	.402	.477	.185	.175	.017	.019	102	104	
58		51-75	77-49	306	306	278	278	.440	.440	.423	.421	.200	.180	.017	.019	102	104	

**CODE: ALFA TC**

PERFORMANCE -44HFTC2V

STANDARD -44STC2V

BILLETT -NIL

EXCHANGE -NIL

**NOTES: \*\*HARD FACE ONLY\*\***

GEARS HAVE VERNIER TIMING AS STD

#156 & #144 BOTH WORK WITH STD SPRINGS

75mm CARBY SPACERS CAN HELP TORQUE

SPACERS & ADVICE FROM STUART RANDELL 02 98388090

1750-2000

ROCKER RATIO 1:1

**ALFA ROMEO**