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| **Warrenton (Warf) 2021-2022** | | | | | | |
| Training Group | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday/Sunday |
| **Bronze 1**  11-14 years  4-5 practices/week | 5:00 – 6:30am | 4:30 – 6:30pm  \*\*Dryland 6:00 – 6:30pm Fall & Spring  **Nov 8-Feb 18** 5:00-6:30 PM (6:30-7pm dryland) | 4:30-6:00 PM | 4:30 – 6:30pm  \*\*Dryland 6:00 – 6:30pm Fall & Spring  **Nov 8-Feb 18** 5:00-6:30 PM (6:30-7pm dryland) | 5:00 – 6:30am | Sunday  2:00-3:30 PM |
| **Bronze 2**  9-11 years  3-4 Practices/week | 6:00-7:30 PM  **Nov 8-Feb 18** 6:30-8:00 PM | 7:00-8:00 PM  **Nov 8-Feb 18** 7:30-8:30 PM (dryland 7-7:30pm) | 5:30-7:30 PM  \*\*Dryland 5:30-6:00 PM (Fall and Spring sessions) | 7:00-8:00 PM  **Nov 8-Feb 18** 7:30-8:30 PM (dryland 7-7:30pm) |  | Sunday  3:00-4:30 PM \*\*dryland 3:00-3:30 PM (Fall and Spring sessions) |
| **Bronze 3**  10 & Under  2-3 Practices/Week  September to May | 5:00-6:00 PM  **Nov 8-Feb 18** 5:30-6:30 PM | 6:00-7:00 PM  **Nov 8-Feb 18** 6:30-7:30 PM |  | 6:00-7:00 PM  **Nov 8-Feb 18** 6:30-7:30 PM |  | Sunday  4:30-5:30 PM |

Unless otherwise stated, groups are a year-long commitment, September to July/August

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