

St. Augustine Observer

NEWS FOR RESIDENTS AND VISITORS IN ST. AUGUSTINE, FL AREAS

Mermaids of Riverview



Above is the annual 4th of July photo of participants in the water aerobics class, which is free for pool members of the Riverview Club. Classes are held Monday, Wednesday, and Friday, from 9:30 to 10:30 during June, July, and August. We use aqua bells or water weights or water noodles and stretch and sing our way to a happy experience. Consider joining. Contact Elsa Olsen, Current Instructor, 904-377-3731 if you have any questions.

Saint Augustine Ballet Holds Auditions

Saint Augustine Ballet Holds Auditions for The Nutcracker on Saturday, August 13, 2016



Are you a ballet dancer who has always wanted to dance in The Nutcracker? Saint Augustine Ballet will hold open auditions for their eighth annual production of The Nutcracker on Saturday, August 13, 2016 at Abella's School of Dance. Abella's is located at 1711 Lakeside Avenue, Unit 9, in Saint Augustine, Florida 32084. All dancers, male and female, who are currently studying ballet are encouraged and invited to try out for a part. Auditions are open to all students of ballet regardless of dance studio affiliations.

Registration will start at 8:30 a.m. Dancers must be eight years old by September 1, 2016. Auditions begin promptly at 9:00 a.m. Auditions for female solos will be done on pointe. A non-refundable \$25 fee audition will be charged at the time of registration. Please bring cash or checks made out to Saint Augustine Ballet. An audition for the roles of Angels will be held on another date to be announced.

All female dancers must bring a 4" x 6" photo in First Arabesque to the audition. Male dancers should bring a photo in 6th position. Proper ballet attire is required: black leotard, pink tights with hair in a bun for females; black pants and white shirt for males. Once cast, there is an additional non-refundable performance fee of \$175 that covers master classes

with guest artists, costume rental with fittings, and cast t-shirt. Audition registration forms are available at www.saintaugustineballet.com. If you have additional questions please contact info@saintaugustineballet.com.

Once cast, dancers will receive a rehearsal and performance schedule. They must be prepared to commit to the weekly Saturday rehearsal schedule from August, to December and the pre-performance rehearsals held the week of December 12, 2015. Four performances will take place on Saturday, December 17th and Sunday, December 18th.

The St. Augustine Ballet is a 501(C)3 nonprofit arts organization whose mission is to offer dancers the unique opportunity to perform in full-length classical ballets productions alongside professional dancers. Saint Augustine Ballet strives to involve community members of all ages in meaningful dance experiences, whether as a participating dancer or audience member. For additional information about Saint Augustine Ballet visit their website at www.saintaugustineballet.com.

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St. Augustine Observer
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St. Augustine, FL 32080-6509

What's Inside The Observer This Month...

- **News From Around the Shores:**
 - Shores Service Corp June Board Update
 - Message for President
- **Area Event & Entertainment Guide**
- **Health Update: Is there Such a Thing as too Much Movement?**
- **Financial Focus: Act Today to Avoid Financial Regrets Tomorrow**
- **Computer Corner: From the Cool Weather of Maine**
- **Sheriff's Corner: Back to School Safety**
- **Summer Fun at the Art Studio**

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The St. Augustine Observer

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The function of the St. Augustine Shores Observer is to serve residents of the St. Augustine Shores areas Community.

First priority will be given to reporting news and activities of the residents of the St. Augustine Shores and other local communities, and other news and events that directly affects the St. Augustine area. Second priority will be given to articles of general interest as space permits.

Information should be received by the 10th of the month in order to appear in the following month's issue. Articles or information may be sent to the St. Augustine Observer, 1965 A1A South #180, St. Augustine Florida 32080-6509. Information may also be e-mailed to clifflogsdon@att.net.

All material submitted to the Observer is subject to editing. Publishing of submitted letters and information is at the discretion of the publisher. Views and opinions expressed are those of the writer and do not express the viewpoint of the publisher or editorial staff of the Observer.

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How To Reach The Shores Service Corporation (Shores Homeowners Association) (904) 794-2000

Shores Community Calendar

- **Shores Service Corporation** monthly meetings are held on the second Thursday of each month. Meetings are at 7 p.m. at the Riverview Club.
- **Conquistador Condominium** Board meetings are held on the fourth Monday of each month at 6 p.m. at the Riverview Club.
- **Fairview Condominium** Board meetings are held on the second Tuesday of every other month at 4 p.m. at the Fairview Condo club house.
- **Greens Condominium** Board meetings will vary. Contact Steven Sheremeta at Sovereign-Jacobs at 904-461-5556.
- **Casa Bella Condominium** Board 2016 meetings- March 14th (Annual Meeting) - 6:30 pm, April 11th, 6:30 pm, May 9th, - 6:30 pm, September 12 - 6:30 pm, October 10th, - 6:30 pm, November 11th - 6:30 pm, December 12th - 6:30 pm.
- **Recreation Club Committee Meeting** - September 12, 10 am in Clubhouse.
- **Deed Restriction & Covenant Committee Meeting** - No meetings in July 2016.
- **RV & Boat Compound Committee Meeting** - August 8th, 6 pm in the club house Library.

Community Classifieds

The Observer offers *free individual community classified ads to Shores residents*. Classified ads will not be printed without a name, address and phone number included with the request. *Free ads Are Not to Promote a Business or Personal Service.*

Business, Services, seeking work and others may be placed in the classified section according to the following rate schedule: 1/2" (4 lines) \$5, 1" (8 lines) \$10, 1 1/2" (12 lines) \$15, 2" (16 lines) \$20. These Ads are to be paid in advance before running in the Observer.

Send your ad and payment if required to Shores Observer, 1965 A1A South #180, St. Augustine, 32080-6509. Or you may email your ad to clifflogsdon@att.net. Deadline for all ads is the 10th of every month for the next month's issue.

FOR SALE: CharBroil oil less fryer used twice, includes owners manual and recipe book. Propane tank not included. Bought new for \$125 asking \$50. 904-797-2278.

FOR SALE: Beautiful solid oak double pedestal dining table with 6 chairs; 45w x 72l x 30h. Includes 2 inserts which adds 18 inches each to length. \$400 Call 904-794-0554. Please leave message if no answer.

FOR SALE: Catnapper rocker/recliner with massage and heat. Purchased at Badcock 5 years ago and in great working condition. Micro suede fabric moss green color. \$250.00. Wood and glass coffee table 75.00. Call Bob 386-385-2183.

FOR SALE: Schiek Ladies Weightlifting Belt - Ladies weightlifting belt, black, size XS 24"-28" waist Good Condition, Very Comfortable with metal closure \$25.00. Excellent support for weight training or lifting. Call Lisa at 904 806-5912 Please leave a message.

FOR SALE: HP photosmart premium wireless printer. Print/fax/scan/copy. Brand new in original unopened box \$200.00. Ladies Bladerunners/roller blades by Advantage in size 7 with wrist/elbow/knee pads. in original box asking \$35.00 used once. Original price \$69.00. Please call 727-455-9377.

FOR SALE: (1) Noritake "Solemn Emerald" Ivory 6 place setting (5 piece each). Used 5 times. Paid \$200 per place setting. Moving. Sacrifice. \$450 ono. (2) Giant Franciscan "Desert Rose" platter 19.5". Inherited in 1963. \$50 ono. Check price for this item on eBay and China Replacements. This is a bargain. (3) Foldable table and two foldable matching upholstered chairs. Never used. \$50 ono. Call Joanne. 904 679 5821.

FOR SALE: (1) Sleeper Sofa fair condition. \$85. (2) 5 pc Bedroom, Lightwood, double dresser, mirror, tall chest, night stand, full bed frame. \$275. (3) Framed Golf Picture "Augusta on the 12th". \$40. (4) 300 Record Albums. All for \$75. (5) 2009 KIA Sedona LX Van with wheelchair lift. 55,000 miles. \$8,500. Call 904-687-9149.

FOR SALE: (1) Ludwig 5 piece Drum Set, Symbals and carrying case. \$600. (2) 4 ft Cast Iron Chimenea. New \$100. (3) 21 Gallon Air Compressor. \$60. (4) Aztec Mexican Stone Chess Set. \$150. (5) Travelord Luggage Travel Case on wheels. \$50. (6) Large Black Antique Shipping Trunk. \$100. (7) 4' by 8' Cargo Van Trailer. \$1,800. (8) Hard Cover Cookbook by Caet Holden "Cooking for Fifty". \$100. (9) Stainless Steel 94 piece Professional Cake Decorating Tips. Make offer. Call 904-794-5637.

HOME FOR SELL: Selling our ready to move in 1355 sqft house, at 1040 Dorado Dr. located in the St. Augustine Shores. It has 2 bedrooms, one office room, 2 full new updated bathrooms, and a new updated kitchen, new appliances and new fans in each room, a porch, a one attached car garage, the roof is only 2 years old, a transferable home warranty, and the closing would be handled by a realtor. House priced at \$187,499. For appointment call: 904-342-2604.

FOR SALE: (1) George Foreman Frill 12" x 9" \$25.00 (2) Verano Electric Heater \$10.00 (3) Vintage Lamp with two new shades \$30.00 (4) Small Roasting Pan (new) \$5.00 (5) Land Line digital phone \$10.00 (6) Pet Bistro Automatic Dispenser \$40.00 (holds 5lbs dry food) Call 599-2740.

FOR SALE: Oreck Floor Steam Cleaner with several reusable cloth pads, all in excellent condition. \$50.00 Call 904 797-3736.

FOR SALE: CharBroil oil less fryer used twice, includes owners manual and recipe book. Propane tank not included. Bought new for \$125 asking \$50. Call 904-797-2278.

FOR SALE: Catnapper rocker/recliner with massage and heat. Purchased at Badcock 5 years ago and in great working condition. Micro suede fabric moss green color. \$250.00. Wood and glass coffee table 75.00. Call Bob 386-385-2183.

FOR SALE: SCHIEK LADIES WEIGHTLIFTING BELT. Ladies weightlifting belt, black, size XS 24"-28" waist Good Condition, Very Comfortable with metal closure \$25.00. Excellent support for weight training or lifting. Call Lisa at 904 806-5912 Please leave a message.



Will Russell

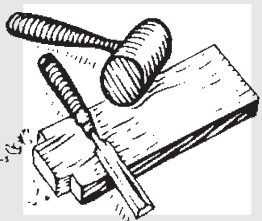
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St. Augustine Shores Club News

August 2016 Riverview Club Calendar

Dances:

EARLY SOCIAL
7:00pm to 10:00pm
BYOB

Friday, August 5th - Entertainment by Ernie
Chairpersons: Dennis & Mary Larimore
Dance Club Members: FREE, Activity Members and Guests: \$15.00/pp
RSVP at www.staugshores.org



MAIN SOCIAL
7:00pm to 10:00pm
BYOB

Saturday, August 27th - Entertainment by Frank Saffi
Chairpersons: Liz Blount & Friends
Dance Club Members: FREE, Activity Members and Guests: \$15.00/pp
RSVP at www.staugshores.org

FREE for Activity Members, guests are \$5.00/pp/class.

Check out the latest events in our new
website: www.staugshores.org

Bridge Fridays 1:00pm.

Bridge Lessons Classes will resume in September.

Chicago Bridge **Must have a partner to play**, Mondays at 12:30 and Thursdays at 12:30pm.

Chair Yoga Monday, Wednesdays & Fridays at 10:45am. A gentler form of yoga for those for whom balance is an issue.

Dance Class Classes will resume in September.

Exercise Class Tuesdays and Thursdays at 10:00am.

Line Dancing Every Monday at 6:30 pm and Wednesday at 10:00am

Mah Jongg Tuesdays at 1:00pm & Wednesday at 10:30 am.

Yoga Mondays, Wednesdays and Fridays at 9:00am. Bring a non-skid mat & wear comfortable clothing (no belts or anything tight around your waist). The class is geared to all levels.

Zumba Tuesdays at 5:30pm. Low-impact Zumba to protect joints. Come sweat, lose weight, meet people, and have a blast!

Writers in the Shores Meetings will resume in September.

Upcoming Events at the Riverview Club

Council on Aging: Memory Enhancement Program, Every Tuesday and Thursday from 9:00 am until 2:00 pm
Please call Kathy Cinney at 729-9163 or visit coasjc.com for more information.

Early Social: Sunday, September 11th (6pm to 9pm) – Entertainment by Phil Farino

Main Social: Saturday, September 24th (7pm to 10pm) – Entertainment by Ernie

Message from President Jim

The Dog Days of Summer are here!

The July meeting of the Service Corporation (HOA) certainly was electric! About seventy-five (75) residents were in attendance, so many that we had to move into the big room of the Riverview Club. Organized citizen participation in the management of our association is critical; I applaud those of you who came out to express dissatisfaction with the idea of a tiered HOA fee. I can assure you that the idea of structuring the fee in such a manner will not occur. We will however, within the next few months, study the gradual increase of the fee to bring the revenue more in line with current economic demands for service. We are also open to consider a hardship application for financial reasons, for those fixed income residents who request assistance. The history of purchasing power, using the Consumer Price Index, is shown at right.

As you can see, a cumulative twenty-two percent (22%) loss in purchasing power from 2000-2015 has occurred, resulting in purchasing power for 2015 dollars to be seventy-eight percent (78%) of 2000 dollars.

This and other important issues are being studied by your board of directors; your participation is critical. As I said in the July meeting, when the board knows your feelings, we will lead accordingly. Remember, our meetings are on the second Thursday of every month at 7 PM at the Riverview club; I urge you to attend, as you are responsible for complying with the decisions that the board votes into

CPI ANNUAL %, BY YEAR			
2000	3.4	2008	3.8
2001	2.8	2009	2.7
2002	1.6	2010	1.6
2003	2.3	2011	3.2
2004	2.7	2012	1.7
2005	3.4	2013	1.5
2006	3.2	2014	0.8
2007	2.8	2015	0.7

St. Augustine Shores Service Corporation June 8th Board Meeting Summary

The St. Augustine Shores Service Corporation's Board of Directors meeting was called to order by President James Priester at 7:00 P.M. Present: Vice President James O'Such, Secretary Sue Chitwood, Treasurer Claire Lorbeer, Director Janet Cassford, Director Philip Van Tiem via telephone. Absent Director Winston Burrell.

Minutes of May 12, 2016 approved Unanimous. Treasurers Report Read by Treasurer Lorbeer accepted for audit. General Manager Smith explained the decrease in the operating fund and the increase in the reserve fund.

Managers' Report - Joseph H. Smith III

Old Business: Progress on Board Goals

Curb Appeal – General Manager Smith reported that the palmettos and brush were being cleared from the sidewalks on Shores Blvd and Christina Drive. A lake fountain has been installed in Twin Lakes. He reported that the lakes throughout the Shores were in excellent shape. A light has been installed at the entrance sign for the Riverview Facility. There was a question on the health of a retention pond Tract AC Unit 2. Smith reported that Mosquito control investigated and there are live minnows and plant life. The pond is functioning as it should.

Safety and Security – A heavy duty office door is on order.

Operations – General Manager Smith explained that he was still working on soliciting three sealed bids for the Janitorial Services Contract. President Priester informed the Board that he had contacted a customer service professional to teach the office staff customer service techniques.

Committee Reports

ACC Committee – President Priester: The ACC Committee held one meeting in the month of May. They approved 7 applications. 3 fences, 1 pool enclosure, 1 porch addition, 1 screen room, 1 shed, 5 tabled, Total approved YTD 211

Riverview Building and Grounds Committee – Secretary Chitwood: Secretary Chitwood reported that the fund balance of the Activities Club is \$14846.67. They are adding chair yoga on Mondays at 10:45 a.m. Resuming pole walking clinics on Wednesdays at 1:00 p.m. Parenting class in October. October 2nd to the 4th Grand parenting Parenting Wednesdays in November 6 to 8 p.m. President Priester informed the Board that Rex Whitcamp, a certified scuba instructor, has requested use of the pool for scuba training. Rachel Diamond will contact Mr. Whitcamp for details.

Boat/RV Storage Committee – Secretary Chitwood: She presented a short list of violations to be addressed. There was discussion on charging for each vehicle stored in a single space. There was discussion on boundaries for each space.

New Business

Dreux Isaac Reserve Study Revision: President Priester and General Manager Smith met with JTN Construction to develop specifications to convert the Pavilion storage unit into an outdoor service venue. They discussed a renovation project for the Riverview Facility to take advantage of the River View. We would need to update the Reserve Study to plan for these projects in the future.

Deed Restriction Violation Fines: President Priester informed the members that the Board of Directors and the ACC Board held a joint meeting on June 2, 2016 to discuss fines for Deed and Covenant Violations. Secretary Chitwood provided minutes of the meeting. Director Van Team made a motion that we initiate the fining system using the operating guidelines and time line presented at the joint Board meeting. Seconded by Vice President O'Such and approved Unanimously. Secretary Chitwood made a motion that our fines will be structured at \$100 per violation, we will give the homeowners 7 days to correct the violation, every 7 days after the first notification there will be another \$100 fine per violation up to 10 occurrences per violation as a maximum and after the 10 occurrences we will take legal action. The letters of notification will be sent by certified mail. Seconded by Vice President O'Such and approved Unanimously.

Membership Comments:

Jeremy Duncan commented on the Board Certification program offered by First Service Management. Darlene Van Tiem commented on the fining program. There was comment on the drainage system in front of the Conquistador. Dan Chitwood commented on Air B & B and stated that some homes in the Shores community are included on the site. President Priester commented on an e-mail he received about a residence on Saco Court. The neighbors are complaining about kids playing basketball in the driveway and parking in the yard and on the swale. They are also driving erratically. Meeting Adjourned.

force. Remember, agendas are posted on our website no later than forty-eight (48) hours prior to the meeting at www.staugshores.org.

As you read this, please take the time to review the governing documents of our homeowners association, which are under the About tab, Governing documents section (make sure you look at your unit.) <http://www.staugshores.org/#!/governing-documents/fby0p> If you are unsure of which unit is applicable, there is a Map of the Shores under this same tab & section on the website. Revision of our governing documents is a priority, as it impacts our ability to govern properly. More recent residents will remember that their Realtor gave them a copy of the covenants and restrictions, during the purchasing process, as required by the state of Florida.

Very soon, a citizen review board (Fines Committee) will be appointed to make recommendations to the Board concerning the process that will be followed with respect to fines levied pursuant to violations of our governing documents. Please bear in mind that this process will be in compliance with Florida Statute 720.305. Also, a Resident Review and Appeal Committee, to act in oversight to the Fines Committee, will also be appointed. PLEASE VOLUNTEER! If you are a Shores property owner or resident, expect a letter from the association which outlines the process for addressing the continued violations of our deed restrictions (see Governing Documents) which was approved at the June board meeting.

Remember, this is your community I look forward to seeing you at the next meeting which will be Thursday, August 11th at 7pm, at the Riverview Club.

Sincerely, Jim Priester, President

“I only want cremation.”

Flagler Memorial Cremation Society
669-1809

News Around South St. Augustine

Writers In The Shores

By Donna Johnson

There will be no meetings of the Writers in the Shores for August. Meetings will resume again in September as we have before on the 2nd and 4th Tuesday, at 1 pm here at the Riverview Club Library. Come and check us out, everyone is welcome and we would like to invite anyone who loves to write. You do not have to be a member. We are a casual group who enjoy sharing their work and related discussion with each other. There are no officers, dues or requirements. All genres are encompassed. For information call Donna at 794-0789. Have a great summer and we'll see you again in September !

Temple Bet Yam to hold Membership Fair

On Sunday, September 11, from 2p.m. to 4 p.m., Temple Bet Yam of St Augustine will hold a Membership Fair/Open House for prospective members and our newest members. Wine and cheese will be served.

Temple Bet Yam, located at 2055 Wildwood Drive in St. Augustine, is a warm, welcoming Reform congregation led by Rabbi Fred Raskind. The Temple was founded by fourteen families in 1993. Today, one hundred fifteen families of traditional and interfaith backgrounds from St. Johns and surrounding counties call Temple Bet Yam home. TBY has a vibrant Religious School directed by Heather Naughton. It also supports many groups and activities to serve everyone's interests. From Men's Club, to Sisterhood, Social Justice, Lifelong Learning, choir, and social events, there's a lot to do.

Services are held twice a month with additional holiday observances and special events. To see what's happening each month, go to the calendar at templebetyam.org or call 904-819-1875.

Riverview Club Committee Activities

Recreation Club - The Recreation Club will be meeting again on September 12 at 10am.

Local Church Baptizes 18 At St. Augustine Beach Event!

Christ the Redeemer Church of St. Augustine held a public Baptism event on Sunday, June 12, 2016 at the St. Johns County Beach Pavilion. Following a time set aside for congregation members to gather together for food and fellowship, the Church's Senior Pastor, Dr. Ronnie Warren, led a large group of baptismal candidates, family and friends to the ocean shoreline. One by one, young and old, a total of eighteen people were baptized to a new life in Jesus Christ.

Pastor Warren commented, "It has recently come to my attention that statistics show that the average church in America only baptizes one new person every other year! We just baptized eighteen!"


Hundreds of onlookers, out to enjoy a perfect-weather beach day, were scattered across the sands and all along the famous public pier. Many stopped what they were doing to watch as Pastor Warren invited each Baptism candidate to join him in the ocean shallows just off the shoreline. As he prayed over each one, they were submerged and quickly brought up, rising to hear cheers from families, friends and even from some of those who were watching.

"We are a growing congregation, and I am so excited that all of these new believers were compelled to follow the Lord Jesus Christ in baptism for all to see", stated Pastor Warren.

Christ the Redeemer Church meets every Sunday at Gamble Rogers Middle School


located at 6250 U.S. 1 South in St. Augustine. Service begins at 10:30 am with powerful worship music, followed by Bible-based teaching and communion. Pastor Warren can be heard Monday-Friday at 8:30 a.m. and 6:00 p.m. EST via his radio broadcasts on WAYL 91.9 FM in St. Augustine. His archived messages can also be heard online at the Church's website www.CTRChurch.net. The Church has an active, growing congregation and offers children's ministry and student ministry during Service.





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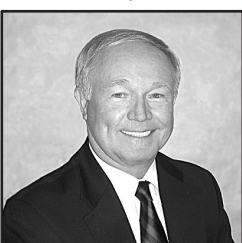
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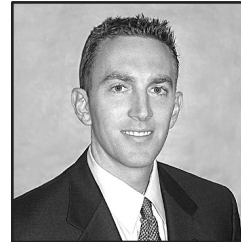
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News From Around St. Johns County

2016 Council on Aging Championship Gala and Golf Tournament

The 2016 COA Championship Golf Tournament is set for Monday, August 29th at World Golf Village's beautiful Slammer and Squire, 2 World Golf Place in St. Augustine. A Captain's Choice event, the COA Championship Golf Tournament is one of the premiere golf events in the north Florida area.

Gala: The 2016 COA Gala will be held on Sunday August 28th, beginning at 5:30 pm at River House, 179 Marine St. Highlights of the Gala include dinner and cocktails overlooking the beautiful Matanzas River and live and silent auctions with unique art, gift, entertainment and travel items. Tickets for the Gala are \$85 per person.

Sponsors: There are many opportunities for you or your business to support COA through Golf and Gala sponsorships and COA is still accepting teams for play. For pricing and more information, please call Jane at (904) 209-3687.

St. Augustine Travel Club

by Peter Dytrych

The St. Augustine Travel Club will be taking a vacation break for the months of July and August. We wish you a wonderful, safe summer, and we will see you back in September. Look for future announcements in the papers.

Have a Delicious Meal & Help Support Council on Aging!

The Columbia Restaurant has again chosen COA as one of the charitable organizations to benefit from its 19th Annual Columbia Restaurant Community harvest Program. Here's how it works:

Simply dine out at the Columbia Restaurant anytime during the month of September – you will receive a "ballot" with your meal check. Mark the Council on Aging as your charity of choice and a portion of your bill will be donated to COA by the Gonzmart Family, founders of the Columbia Restaurant. Remember, in September, choose Columbia and COA! Thank you for making a difference in the lives of the elders in St. Johns County!

Proposed FEMA Floodplain Map Updates Available for Review

Proposed Federal Emergency Management Agency (FEMA) floodplain maps are now available for review at <http://bit.ly/29t5Cwy>. Released in May, the proposed updates are based on results of a recent floodplain study and portions of the County may have new flood zone designations, which can impact homeowner flood insurance policies and rates. Residents and business owners are encouraged to review the proposed updates to determine the potential status of their property. FEMA will conduct a public meeting in the near future for residents to learn about the new flood zone and the flood zone appeal process. For more information, please call 904.827.6806.

St. Johns County Offers Free "Reach the Beach" Shuttle Service during Labor Day Holiday Weekend

With the demand of off-beach parking expected to exceed capacity during the holidays this summer, St. Johns County is offering a free shuttle service to Mickler's Beachfront Park and the St. Johns County Ocean and Fishing Pier from 10 a.m. to 4 p.m. Labor Day: September 3 – 5.

The Mickler's Beachfront Park shuttle will transport beach visitors between Cornerstone Park, 1046 A1A North, and Mickler's Beachfront Park, which provides direct access to the beach. The Pier shuttle will transport beach visitors between St. Augustine Beach City Hall, 2200 A1A South, and the Pier parking lot, which provides direct access to Pier amenities and the beach. The shuttles will run every 20 minutes with the final shuttles departing at 4 p.m.

Both shuttle service routes will be provided by the St. Johns County Council on Aging, Inc. DBA Coastal Transportation and will be subject to inclement weather. Service updates will be provided via the St. Johns County Reach the Beach mobile website, Twitter feed, and Facebook page. St. Johns County and the Tourist Development Council provide the Reach the Beach shuttles to relieve congestion at the Mickler's Beachfront Park and the St. Johns County Ocean and Fishing Pier, and to give St. Johns County residents and visitors a more safe and convenient beach experience. For additional information, please visit www.sjcf.us/Beaches or call 904.209.0331.

St. Johns River State College Accepting Applications for Fall Semester

Apply now for fall classes at SJR State, orientation is in progress. Students are encouraged to avoid the fall rush and apply early. All new students are required to complete orientation before registering for classes.

- The last day to apply for the fall semester is August 8.
- The last day for new registration is August 19.
- Fall classes begin on August 22.

For more information, contact your respective campus at: St. Augustine campus (904) 808-7402, Orange Park campus (904) 276-6855, Palatka campus (386) 312-4035. The application is available online at www.SJRstate.edu. Fall course listings are also available for viewing online.

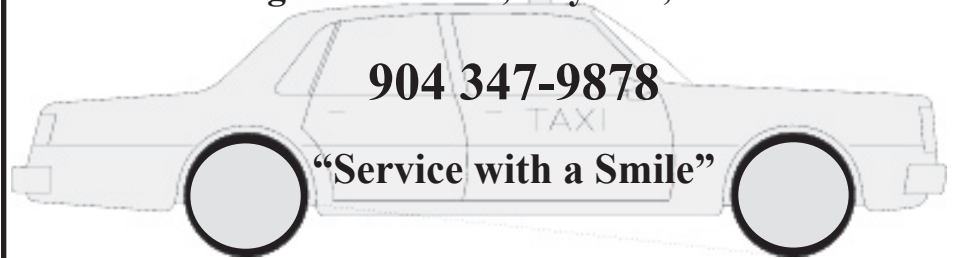
Get Your Copy of the Observer?

The monthly St. Augustine Observer newspaper is delivered free to *Shores Service Corporation Residents* and other selected neighborhoods in Southern St. Augustine by U.S. Mail. Additional free copies can be obtained from the Riverview Club office and the Southeast Library. Issues are also available to download on-line at www.observer.vpweb.com.

If you live outside the mailing areas and want an individual copy mailed to you, contact me at CliffLogsdon@att.net for an annual agreement for mailing cost on one years postage. The paper is free and made possible by our advertiser. Visit and thank them whenever possible.

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August 2016

August 2- 28

7th Annual Nature & Wildlife Exhibition at the St. Augustine Art Association: This popular exhibition features landscapes, florals, marine life, birds, plant life and more. The gallery is open Tuesday - Saturday noon to 4 p.m. and Sunday 2 p.m. to 5 p.m. Admission is free. 22 Marine Street, St. Augustine. 904-824-2310 www.staaa.org

August 3

First Wednesday - Lightner Museum Curator Tours: Lightner Museum curator provides a themed interactive tour designed to give participants an opportunity to see acquisitions in operation rather than just as static displays. The tour, which is included in admission, takes place at 10 a.m. on the second floor of Lightner Museum. Regular admission is \$10 adults; \$6 for active duty military; \$5 college student and youth ages 12-18; under 12 are free. 75 King Street, St. Augustine. 904-824-2874 www.lightnermuseum.org

Music by the Sea Concert: Free weekly concert at the St. Johns County Pier features a wide variety of musical genres. The seaside concerts are 7 - 9 p.m. This week's featured performer will be The Committee. Starting at 6 p.m. Viola's Pizza, Pasta & More will offer dinners as an option for concert goers. All dinners are priced at \$10 or less. Concert goers are encouraged to car pool or ride the shuttle from the St. Augustine Beach City Hall. The pier is located at 350 A1A Beach Boulevard, St. Augustine Beach. 904-347-8007 www.sabca.org

Summer Movie By the Bay: Ripley's St. Augustine Attractions presents this free summer movie series at the St. Augustine Municipal Marina. All movies begin at 8:30 p.m. This week's movie is "Star Wars The Force Awakens." There will be a Star Wars Party beginning at 7 p.m. with games, free mini golf, prizes and characters. Wear your favorite Star Wars costume. 111 Avenida Menendez, St. Augustine. 904-824-1606 www.facebook.com/saintaugustineripleys

August 4

Concert in the Plaza: From 7 p.m. to 9 p.m. every Thursday night through September 1, enjoy a live free concert under the oak trees in St. Augustine's Plaza de la Constitución. This week's performance features Triple Rock Blues Band. Bring a chair or blanket for seating. Corner of Cathedral Place and King Street, St. Augustine. 904-825-1004 www.plazaconcerts.com

August 4 - 21

The Last Five Years at The Limelight Theatre: This is an adult, emotional and intimate musical about two New Yorkers in their twenties who fall in and out of love over the course of five years. The two characters only meet once, at their wedding in the middle of the show. Performance times are 7:30 p.m. Thursday - Saturday and 2 p.m. on Sunday. Tickets are \$25; \$22 seniors; \$20 student and military. 11 Old Mission Avenue, St. Augustine. 904-825-1164 www.limelight-theatre.org

August 5

First Friday - Garden Walk: Visit Washington Oaks Gardens State Park on the First Friday of every month for a guided tour of the beautiful gardens. Meet in the garden parking lot at 10 a.m. and wear comfortable shoes. The tour will last approximately one hour. Admission into the park is \$5 per vehicle, up to eight people; \$4 per vehicle for single occupancy or \$2 per person on bicycle applies. 6400 North Oceanshore Boulevard, Palm Coast. 386-446-6783 www.floridastateparks.org/park/Washington-Oaks

August 5 - 12

Suicide Squad at IMAX: Supervillains accept a secret government mission that will likely result in their deaths. Admission is \$13 for adults; \$12 for students/seniors/military; \$10 for children (age 3-12); free for children under 3. Visit the website for show times. One World Golf Place, St. Augustine. 904-940-4123 www.worldgolfIMAX.com

August 5

First Friday Art Walk: From 5 p.m. to 9 p.m. on the first Friday of every month, the Art Galleries of St. Augustine feature new exhibits, refreshments and live music at more than 20 galleries. The event is held rain or shine inside the member galleries and is a free,

self-guided walking tour (tour maps available at participating galleries). Plus, free Art Walk Trolleys and Trains provided by St. Augustine Sightseeing Trains and Old Town Trolleys, offer free transportation throughout downtown for the art walk. 832-779-2781 www.artgalleriesofstaugustine.org

August 5 - 6

Apex Theatre Studio Presents Broadway Classic "Godspell" at the Ponte Vedra Concert Hall: Apex Theatre Studio will host its regionally celebrated musical theatre intensive at the Ponte Vedra Concert Hall this summer. This year's intensive features local high school and college students starring in the rousing Seventies rock musical "Godspell". This soulful retelling of the Gospels of St. Paul features hits like "Day by Day" and "Prepare Ye." Performance times are at 8 p.m. (doors open at 7 p.m.) with an additional showing on Saturday at 2 p.m. (doors open at 1 p.m.). Tickets are \$25 general reserved seating; \$20 students and seniors. 1050 A1A North, Ponte Vedra Beach. 904-209-3744 www.pvconcerthall.com

August 6

First Saturday: GTM Research Reserve Guided Cultural Hike: The first Saturday of each month at 8:30 a.m. features a Guided Cultural Hike that focuses on the Guana Peninsula's 5,000 years of human history. This 1.5-mile guided walking tour departs from the Trailhead Pavilion located just west of the Guana Dam. The programs are free. There is a \$3 parking fee. 505 Guana River Road, Ponte Vedra Beach. 904-823-4500 <http://gtmnerr.org>

First Saturday - Militia Muster and Training at Fort Mose: Visit Fort Mose on the first Saturday of each month from 9 a.m. to 2 p.m. to be transported back to the 18th Century. The members of the Fort Mose Militia come together to practice their firing drills, teach new Militia members historic weapons use and safety and generally have an enjoyable Saturday at Fort Mose. Visitors will experience historic weapons demonstrations including musket firing drills. Children of all ages will have the opportunity to participate in the children's militia training using wooden toy muskets and authentic uniform accessories. The park is open from 9 a.m. to 5 p.m. Admission into the park is free. Admission into the Visitor Center is \$2 per person. 15 Fort Mose Trail, St. Augustine. 904-823-2232 www.floridastateparks.org/park/Fort-Mose

First Saturday - Living History Day at Fort Matanzas: From 10:30 a.m. until 3:30 p.m., authentically clad reenactors demonstrate Spanish cannons at this fortress that guarded the southern approach to St. Augustine. Admission is free, including the ferry ride to and from Rattlesnake Island. Fort Matanzas National Monument is located approximately 15 miles south of St. Augustine. 8635 A1A South, St. Augustine. 904-471-0116 www.nps.gov/foma

First Saturday - VIP All Things Chocolate Tasting Tour: Experience an indulgent walking tour of St. Augustine's historic district where you will get to experience the most unique chocolate selections that our Nation's oldest city has to offer. You'll explore unique culinary venues and "foodie" hotspots to sample delicious chocolate in all forms, including wine, sauces, toppings, dips, desserts and much more. You'll also learn about the history of St. Augustine from our licensed, professional guide as you explore several historic points of interest. This two-hour walking tour departs from Tour St. Augustine at 1 p.m. The cost is \$59 per person. Advance reservations required. 4 Granada Street, St. Augustine. 904-825-0087 www.StAugCityWalks.com


First Saturday - Drum Runner Series Barrel Racing at St. Johns County Fair Grounds: Saddle up and head over to the St. Johns County Fair Grounds for monthly barrel, pole and other timed speed horse events. The event is open to public free spectators. Participants must have own horse. Participation fees are \$15 for St. Johns County Horse Council members and \$25 for non-members. Awards will be presented for each age group in each event. The races take place from 2 - 7p.m. at St. Johns County Fairgrounds, 5840 S.R. 207, Elkton. www.sjchc.org

August 7

Fins and Freedom: Schooner Freedom Charters is once again partnering with Marineland, the dolphin experts, for a one-of-a-kind sailing experience. Come on board, help raise sails, and then kick back and relax while educators from the world's first oceanarium talk about dolphins. Learn interesting tidbits about these magnificent creatures as well as the groundbreaking conservation work taking place at Marineland. Complimentary soda and water included, passengers may bring snacks or a picnic. After the sail, visit Marineland to complete this unique experience. Ticket price includes the sail and admission to Marineland. The boat departs at 2:15 p.m. and lasts two hours. Ticket costs are \$60 for adults and \$45 for youth (16 and under). 111 Avenida Menendez, St. Augustine. 904-810-1010 www.schoonerfreedom.com


August 8

Privateers and Pirates Set Sail: Set sail on the Schooner Freedom and learn all about the privateers and pirates that sailed the waters of St. Augustine and the coast of Florida. An educator from the St. Augustine Pirate and Treasure Museum will join the captain and crew for a fun, hands-on sailing experience. Help hoist the sails, hear amazing tales and see artifacts, all while sailing on a real tall ship. Ticket price includes admission into the St. Augustine Pirate and Treasure Museum. Sail includes complimentary soda, water, beer and wine. The ship departs at 2:15 p.m. for a two-hour cruise. Tickets are \$60 for adults and \$45 for youth (16 and under). 111 Avenida Menendez, St. Augustine. 904-810-1010 www.schoonerfreedom.com




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August 10

Music by the Sea Concert: Free weekly concert at the St. Johns County Pier features a wide variety of musical genres. The seaside concerts are 7 - 9 p.m. This week's featured performer will be Spanky the Band. Starting at 6 p.m. Oni's Fillin Station will offer dinners as an option for concert goers. All dinners are priced at \$10 or less. Concert goers are encouraged to car pool or ride the shuttle from the St. Augustine Beach City Hall. The pier is located at 350 A1A Beach Blvd., St. Augustine Beach. 904-347-8007 www.sabca.org

August 11

Slightly Stoopid at the St. Augustine Amphitheatre: Slightly Stoopid is known for a fusion of folk, rock, reggae and blues with hip-hop, punk, funk and D.I.Y. work ethic. Doors open at 4:30 p.m.; show starts at 5:30 p.m. Admission is \$42.50 & \$37.50. 1340C A1A South, St. Augustine. 904-209-0367 www.staugamphitheatre.com

Dancing Hammers Concert: This concert provides a Hammered Dulcimer Duo concert experience. Robert Burns and Victoria Van Arnam combine their passions for hammered dulcimers, eclectic music and education into a dynamic concert experience. The concert is from 7 to 8:30 p.m. in the pool area and is free and open to the public. Donations to the musicians are encouraged. 75 King Street, St. Augustine. 904-824-2874 www.lightnermuseum.org

Concert in the Plaza: From 7 p.m. to 9 p.m. every Thursday night through September 1, enjoy a live free concert under the oak trees in St. Augustine's Plaza de la Constitución. This week's performance features Big Pineapple. Bring a chair or blanket for seating. Corner of Cathedral Place and King Street, St. Augustine. 904-825-1004 www.plazaconcerts.com

August 13

Second Saturday: GTM Reserve Guided Trail Hike: Join GTM Research Reserve volunteers from 8:30 a.m. to 10:30 a.m. for a 1.5-mile guided walk through the Guana Trail. After the walk, visit the GTM Research Reserve Environmental Education Center. There is a \$3 parking fee. 505 Guana River Road, Ponte Vedra Beach. 904-823-4500 www.gtmnerr.org

Second Saturday - Free St. Augustine Pet Walk Pup Crawl: Explore the timeless streets of St. Augustine and hear tales of the city's rich history while touring with your beloved pets. This free, one-hour guided walking tour covers several square blocks of the downtown plaza area. All pets must be leashed and all city pet ordinances followed. This is a great way to share quality time with "man's best friend" and explore the nation's oldest city. Tour departs at 10 a.m. from Tour St. Augustine office. Reservations required. 4 Granada Street, St. Augustine. 904-825-0087 www.staugcitywalks.com

Second Saturday: Plant Sale: Washington Oaks Gardens State Park hosts their monthly plant sale from 10 a.m. to 2 p.m. Regular park entrance fee of \$5 per vehicle, up to eight people; \$4 per vehicle for single occupancy or \$2 per person on bicycle applies. 6400 North Oceanshore Boulevard, Palm Coast. 386-446-6783 www.floridastateparks.org/park/Washington-Oaks

August 13-14

Ladies, Let's Go Fishing Northeast Florida University and Tournament: Learn, practice and go fishing at the Ladies, Let's Go Fishing university weekend at the Northeast Florida Marlin Association. Classroom sessions and hands-on workshops are held on Saturday. The kickoff party with appetizer contest and fundraisers is Saturday evening. On Sunday is charter boat fishing and a tournament (fishing optional/extra). Early registration online is \$75 and regular registration is \$99. 3030 Harbor Drive, St. Augustine. 954-475-9068

August 14

An Evening with Ray LaMontagne at the St. Augustine Amphitheatre: Grammy Award-winning singer-songwriter Ray LaMontagne performs at 7 p.m. at the St. Augustine Amphitheatre. Tickets are \$59.50, \$44.50 & \$30. 1340C A1A South, St. Augustine. 904-209-0367 www.staugamphitheatre.com

August 16

Third Tuesday: GTM Research Reserve Marineland Lecture: This lecture series is held on the third Tuesday of the month from 10 a.m. to 11 a.m. at the GTM Research Reserve Marineland Field Office. The series is designed to inform the public about their coastal natural world. The lectures are free, so space is limited and reservations are requested. 9741 North Oceanshore Boulevard, Marineland. 904-823-4500 www.gtmnerr.org

August 17

Music by the Sea Concert: Free weekly concert at the St. Johns County Pier features a wide variety of musical genres. The seaside concerts are 7 - 9 p.m. This week's featured performer will be Amy Alysia & Soul Operation. Starting at 6 p.m. Jasper's Snack Shack will offer dinners as an option for concert goers. All dinners are priced at \$10 or less.

Concert goers are encouraged to car pool or ride the shuttle from the St. Augustine Beach City Hall. The pier is located at 350 A1A Beach Blvd., St. Augustine Beach. 904-347-8007 www.sabca.org

August 18

Concert in the Plaza: From 7 p.m. to 9 p.m. every Thursday night through September 1, enjoy a live free concert under the oak trees in St. Augustine's Plaza de la Constitución. This week's performance features The Grapes of Roth. Bring a chair or blanket for seating. Corner of Cathedral Place and King Street, St. Augustine. 904-825-1004 www.plazaconcerts.com

Sunset/Moonrise at St. Augustine Lighthouse & Maritime Museum: Enjoy the sunset and moonrise from the top of the Lighthouse at 7:30 p.m. The \$30 admission includes a champagne toast, provided by San Sebastian Winery, hors d'oeuvres from The Reef and an informative overview of the history of the St. Augustine Light Station. Reservations required. 81 Lighthouse Avenue, St. Augustine. 904-829-0745 www.staugustinelighthouse.org

Full Moon Sail Aboard the Schooner Freedom: Go on a 75-minute sail aboard the Schooner Freedom and enjoy the sound of the wind and waves beneath the magical glow of the full moon on St. Augustine's Matanzas Bay. Bring along a picnic basket - the crew provides complimentary soda, water, beer and wine. Each full moon sail features live music by a local musician. Tickets are \$35 per person; reservations highly recommended. Departs the City Marina at 8:45 p.m. 111 Avenida Menendez, St. Augustine. 904-810-1010 www.schoonerfreedom.com


August 19

Third Friday: VIP Gallery Art Stroll & Tasting Tour: Enjoy St. Augustine's art and history with a licensed, professional tour guide on this intimate, entertaining VIP walking tour through the ancient streets of St. Augustine's historic district. During this 2.5-hour experience, you will learn how St. Augustine's art, architecture and culture are juxtaposed to create one of the most unique old world cities in the United States today. You will visit several different galleries where the curator will meet your group personally and discuss select art displays. You'll also enjoy some culinary tasting stops for wine and light tapas that will be relevant to St. Augustine's art scene, for a true taste of the past and present. This exclusive tour departs at 4:30 p.m. from Tour St. Augustine where guests will enjoy complimentary San Sebastian wine and chocolates at check in. Tickets are \$25 per person. Advance reservations required. 4 Granada Street, St. Augustine. 904-825-0087 www.VIPArtWalk.com

Centennial Evenings at Castillo de San Marcos: As an additional way to commemorate the National Park Service Centennial and provide more opportunities to "Find Your Park," the Castillo de San Marcos will have extended hours one Friday per month from May to September. Visit the Castillo from 5 p.m. to 7 p.m. to informally explore the history and importance of this fortress. Admission into the Castillo de San Marcos is \$10 per adult; children (age 15 and younger) are free. 1 South Castillo Drive, St. Augustine. 904-829-6506 www.nps.gov/casa

August 20

Third Saturday: Photography Challenge Event: Photographers, from beginners to professionals, compete to take the best photo at three designated locations within Washington Oaks Gardens State Park. Maps to the featured locations can be obtained from the Ranger Station or from volunteers in the main parking lot. Each month, park volunteers will select the winning photo, which will then be displayed at the Visitors Information Center kiosk and the park's gift shop. There is no cost to compete. Park admission is \$5 per vehicle; \$2 per pedestrian/bicyclist. The park is open from 8 a.m. to sunset. 6400



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Third Saturday - Guided Beach Exploration Guana South Beach: Join GTM Research Reserve Docents from 8:30 a.m. to 10 a.m. for a beach walk at the Guana South beach location on A1A, South Ponte Vedra Beach. Learn about the animals that call the beach home as well as seashells and other interesting facts. This is a "Beaches 101" experience that the entire family will enjoy. There is a \$3/per vehicle parking fee. 1798 Ponte Vedra Boulevard, Ponte Vedra Beach. 904-823-4500 www.gtmnerr.org

Third Saturday: Nocatee Farmer's Market: Nocatee Farmer's Market takes place from 10 a.m. to 2 p.m. every third Saturday. This free, family-friendly event has more than 80 local vendors selling everything from produce, crafts, jewelry, herbs, unique foods and more. Free face painting will be available for the little ones, along with a bounce house. 245 Little River Road, Ponte Vedra. 904-924-6863 www.nocatee.com

Third Saturday: Tolomato Cemetery Guided Tour: Tour the oldest extant planned cemetery in Florida with burials starting during the First Spanish Period (1565-1763). Admission is free, but donations are encouraged. Tours are from 11 a.m. to 3 p.m. 14 Cordova Street, St. Augustine. 904-257-3273 www.tolomatocemetery.com

The Pemberwicks Perform at the Fountain of Youth: As part of the Fountain of Youth's continuing first and third Saturdays program, hear "The Pemberwicks" play al fresco in concert from 2 p.m. to 5 p.m. by the Trolley and Train stop at the Fountain of Youth. Enjoy delicious food, beer and wine, available at the Five Flags Cafe. Limited seating is available, so bring your own chairs for this fun free event. Parking is free while on the Fountain of Youth property. 11 Magnolia Avenue, St. Augustine. 904-829-3168 www.fountainofyouthflorida.com

Third Saturday: Free Black Heritage & Civil Rights Walking Tour: You are invited to join St. Augustine Black Heritage Tours for a walking tour of historical sites in St. Augustine where more than 400 years of African American History lives. Our licensed, professional guide will take you to several locations that were significant to the Civil Rights Movement of St. Augustine, where you will hear stories and see history come alive as you follow in the footsteps of Dr. Martin Luther King and Andrew Young. You will also visit Lincolnville, established by freedmen following the American Civil War, which is now on the National Register of Historic Places. A visit to St. Augustine would be incomplete without exploring the rich African American Heritage that changed our Nation's history and inspired the world. This 1.5-hour tour departs from Tour St Augustine at 4 p.m. Advance reservations required, individual bookings only (no groups). 4 Granada Street, St. Augustine. 904-825-0087 www.StAugustineBlackHeritageTours.com

August 24

Music by the Sea Concert: Free weekly concert at the St. Johns County Pier features a wide variety of musical genres. The seaside concerts are 7 - 9 p.m. This week's featured performer will be Chillikaya. Starting at 6 p.m. Beachcomber Restaurant will offer dinners as an option for concert goers. All dinners are priced at \$10 or less. Concert goers are encouraged to car pool or ride the shuttle from the St. Augustine Beach City Hall. The pier is located at 350 A1A Beach Blvd., St. Augustine Beach. 904-347-8007 www.sabca.org

August 25

Happy Birthday National Park Service! Celebrate the 100th Birthday of the National Park Service with a visit to the Castillo de San Marcos. Admission is free to the Castillo de San Marcos in recognition of the National Park Service Centennial. 1 South Castillo Drive, St. Augustine. 904-829-6506 www.nps.gov/casa

Kick off the weekend in style in the Lightner Museum's Grand Ballroom Gallery for this monthly social. The Lightner Museum will host evening socials the first Thursday of the month from 6 to 8 p.m. This event is free and open to the public. Music and refreshments provided. A \$3 donation per drink is appreciated. 75 King Street, St. Augustine. 904-824-2874 www.lightnermuseum.org

Concert in the Plaza: From 7 p.m. to 9 p.m. every Thursday night through September 1, enjoy a live free concert under the oak trees in St. Augustine's Plaza de la Constitución. This week's performance features Rob Ellis Peck & Friends. Bring a chair or blanket for seating. Corner of Cathedral Place and King Street, St. Augustine. 904-825-1004 www.plazaconcerts.com

August 27

Fourth Saturday: Family Seining at the GTM Research Reserve: Join GTM Research Reserve docents from 8:30 a.m. to 10:30 a.m. to learn how to pull a seine net collecting species of fish, crabs and more. Learn about the animals and their roles in the habitat. Waders and boots will be provided. The program is included with regular admission to the Reserve and takes place in the Environmental Education Center. 505 Guana River Road, Ponte Vedra Beach. 904-823-4500 www.gtmnerr.org

Fourth Saturday: Free Historic Walking Tour: History comes alive as you saunter through the narrow brick streets of our nation's oldest city for an up close and personal view of the city. Our licensed, professional guide will relate more than 400 years of St. Augustine's past during this all-encompassing 1.5-hour history lesson. You'll be intrigued and inspired as you hear tales of the Colonial Exploration Period, the opulent Henry Flagler Development Period, and the modern Civil Rights Movement and events that took place. This tour departs from Tour Saint Augustine at 4 p.m. Advance reservations required. 4 Granada Street, St. Augustine. 904-825-0087 www.StAugCityWalks.com

Fourth Saturday - Uptown Saturday Night: From 5 p.m. to 9 p.m. on the last Saturday of each month, experience live music, refreshments, new exhibits, book signings and much more at the galleries, antique stores and unique shops on St. Augustine's San Marco Avenue, between Ripley's Museum and the Mission Nombre de Dios. The Mission Nombre de Dios provides free parking.

August 28

Fourth Sunday: Pet-Friendly Food Tours: This special pet-friendly version of our original St. Augustine Food and Wine Tasting Tour is also a fundraiser for our local Humane Society. To help support this wonderful cause, City Walks Food and Wine Tasting Tours will donate \$20 directly to the Humane Society for every furry friend that joins our St. Augustine Pet-Friendly Food Tour. Spend the afternoon sampling wonderful food and wine while visiting select eateries that welcome your pet. What better way to enjoy food, fun, history and companionship... all while supporting a great cause. This exclusive 2.5-hour walking tour departs at 2 p.m. from Tour St Augustine where our guests will enjoy complimentary San Sebastian wine and chocolates at check in. Tickets are \$59 per human and, of course, free for their furry-companions. Advance reservations required. 4 Granada Street, St. Augustine. 904-825-0087 www.StAugCityWalks.com

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Fourth Sunday: Music in the Box: On the last Sunday of the month, enjoy live acoustic music by some of the area's best up-and-coming bands and musicians from 6 p.m. to 9 p.m. on stage at the Limelight Theatre. This month's event features The Gatorbone Band. Admission is \$5. Refreshments available for purchase. 11 Old Mission Avenue, St. Augustine. 904-825-1164 www.Limelight-Theatre.org

August 31

Music by the Sea Concert: Free weekly concert at the St. Johns County Pier features a wide variety of musical genres. The seaside concerts are 7 - 9 p.m. This week's featured performers will be Those Guys (their 25th Anniversary performance). Starting at 6 p.m. Purple Olive Restaurant will offer dinners as an option for concert goers. All dinners are priced at \$10 or less. Concert goers are encouraged to car pool or ride the shuttle from the St. Augustine Beach City Hall. The pier is located at 350 A1A Beach Blvd., St. Augustine Beach. 904-347-8007 <http://www.freebeachconcerts.com> www.sabca.org

Goo Goo Dolls with special guests Collective Soul and Tribe Society at the St. Augustine Amphitheatre: Multi-platinum, GRAMMY-nominated band Goo Goo Dolls — made up of vocalist-guitarist John Rzeznik and bassist Robby Takac — will be touring in support of their new album, entitled Boxes, which is due for release from Warner Bros. Records this spring. The Goo Goo Dolls are one of the most globally respected and influential forces in popular music, selling more than 10 million albums since 1986. Doors open at 5 p.m.; show starts at 6 p.m. Admission is \$69.50 seated and level 100; \$49.50 level 200; \$29.50 level 300 and obstructed view. 1340C A1A South, St. Augustine. 904-209-0367 www.staugamphitheatre.com

Wild Flower Meadow Group

by Cindy Taylor

I photographed some flowers in the meadow to include with this article and wish I could make a quilt of them and leave it at that. However there isn't enough space in The Observer to do justice to each and every flower so here's a short article. I decided to write about one of the lessons I learned working in the meadow, instead of featuring a plant of the month. I learn something every time I spend time there and the lessons have a way of applying to life.

This morning I pulled lawn grasses (our nemesis) away from some of the wildflowers. (I would have pulled more but the temperature was 100 degrees.) Every little bit helps, I told myself but that's not the lesson I want to write about here. In pulling out the grasses and the tiny vines attached to them, I found coreopsis I wouldn't have otherwise seen. They were waiting for their day in the sun and I like to think I gave these flowers a chance to grow and bloom. How many of us would appreciate the same chance?

Early in July I saw butterfly pea, gaura (or southern bee blossom), small-headed sunflower or Lemon Queen, honeysuckle vine, coreopsis, iron weed, spiderwort, gaillardia, Spanish needle, Mimosa strigillosa, day flower, beauty berry, meadow beauty salt and paper bush, wood sage, false dandelion, swamp sun flowers, Hypericum (St. John's wort), and fire bush.

Our group meets the first Saturday of each month at 8:30 by the Riverview Club House. Our goal is to preserve the wild flower meadow, learn about native plants, and ones that grow in this location. We occasionally visit state and county parks and welcome newcomers, even if you want only to come on the outings. We're an informal group without officers or dues and hope you will join us. Call Claire at 904 826-5366 for more information.



WEDNESDAY IS FAMILY FUN DAY at PIER PARK

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The Art Studio
of St. Augustine Beach
by Susan Stone
www.beachartsstudio.com

Summer Fun at The Art Studio

The Art Studio celebrates the instinctive and creative nature children have to offer. We are proud to have offered free painting classes during the month of July for children ages 6-12. Instructor and President of The Art Studio, Nancy Willoughby, led the classes as the children explored a variety of techniques and medium.

The Art Studio will carry on with our appreciation for children's artwork in August as they will be our featured artists for the month. Please join us on August 5th from 5 pm to 8:30 pm during the First Friday Art Walk as some of the work done during the summer classes will be showcased as well as other children's pieces. The Art Studio is located at the Cultural Arts Center Building at the St. Johns County Pier Park, 380 A1A Beach Blvd., St. Augustine Beach, Florida. For more information about the studio or to become a member, please call Nancy Willoughby at 1-703-399-9816 or visit our website: www.beachartstudio.com.



St. Johns County Sheriff's Corner

By David Shoar, St. Johns County Sheriff



Back to School Safety

This month I would like to remind all of our citizens as well as visitors that schools will be back in session this month which means that our children will be going to and from school daily. I would ask all of you to take extra time and be extremely careful in school zones as well as at bus stops. In heavily traffic areas, motorists should plan on longer commutes and follow the speed limit in School Zones. Deputies will be at school zones throughout the county to monitor those zones and to address any violations accordingly. Drivers need to be advised that speeding fines are doubled if they occur in a school zone. Deputies will also be in unmarked vehicles seeking any motorists who pass stopped school buses while loading or unloading students. Remember ALL traffic in both directions must come to a complete stop for school buses that are stopped, displaying the "stop" signal. Motorists traveling in the opposite direction are exempt from stopping if the roadway is separated by a median of at least five feet wide. These infractions will be strictly enforced.

Motorists are also reminded to take extra precaution at school bus stops where eager youngsters, many riding the bus for the first time, may dart into the street as the bus arrives. Here are some safety rules to pass along to children that ride a school bus. Arrive at your bus stop at least five minutes early and stand at least ten feet away from the roadway. Be sure to wait until the bus stops, the door opens and the bus driver says it's alright to enter before stepping onto the bus. Be

careful that clothing with drawstrings and book bags with straps or dangling objects do not get caught in the handrail or door when exiting the bus. Walk in front of the bus, never behind the bus. Remember if you can't see the bus driver, he or she cannot see you. After getting off the school bus, stop at the edge of the bus and look both ways before crossing. If you were to drop something beside the bus, make sure to you tell the driver before attempting to pick it up.

Students who walk to school should do so on a sidewalk if it is available. If there is no sidewalk, students should walk against the flow of traffic and be sure to cross at marked crosswalks. Those who ride a bicycle should remember to ride with the flow of traffic and follow all traffic signs and signals. Remember students are required to wear a bicycle helmet. Now that schools will soon open for another year, please take the extra time needed and watch out for our most precious resource, our children.

As I close this month, I would like to remind you that there is a wealth of information that you can obtain by visiting our website at www.sjsos.org. Feel free to email me with any questions you may have as well as any topics you would like to see addressed here at dshoar@sjsos.org. You can also download our new App by searching for the St. Johns County Sheriff's Office in your "App" store. Also, if you sign up for the Sheriff's Office social media sights on Facebook and Twitter you will be sure to receive important updates anytime.

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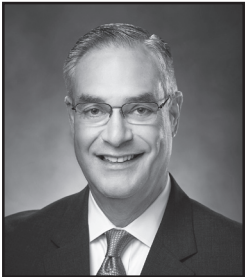
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Financial Focus

Information Provided by
Edward Jones

Act Today to Avoid Financial Regrets Tomorrfow

"Regrets? I've had a few." – Frank Sinatra.

Mr. Sinatra, one of the most famous entertainers of the 20th century, did things his way, but he was also familiar with remorse. He's not alone, of course. We all deal with regrets – and financial ones are among the most troublesome.

Here are the leading financial regrets, according to a recent survey by Bankrate.com, along with some suggestions for avoiding them:

- Not saving for retirement early enough – This was the top regret expressed by survey respondents. Saving and investing early for retirement offers you two key benefits. First, the more time you give growth-oriented investments, the greater their growth potential. And second, by saving and investing for retirement early in your career, you will likely need to put away less money each year than you would if you waited until, say, your 40s or 50s. So, if you aren't already doing so, contribute as much as you can afford to your IRA and your 401(k) or similar employer-sponsored plan. And increase your contributions every time your salary rises.

- Not saving enough for emergency expenses – You can't plan for all expenses. Your furnace might die, your car may need a major repair, you may incur a sizable doctor's bill – the list goes on and on. If you don't have the money available to meet these costs, you might be forced to dip into your long-term investments. That's why it's important to maintain an emergency fund, containing three to six months' worth of living expenses, in a liquid, low-risk account.

- Taking on too much credit card debt – If you don't overuse your credit cards, they can be handy and helpful, in many ways. Try to keep a lid on your credit card debt, keeping in mind that your debt payments reduce the amount of money you have available to invest for your long-term goals, such as a comfortable retirement.

- Not saving enough for children's education — This may be perhaps the most difficult regret to address – after all, it's not easy to save for your own retirement and simultaneously put money away for your children's college educations. However, if you can afford to save for college, try to do so in as advantageous a manner as possible.

- Buying a bigger house than you can afford – If you tie up too much money in mortgage payments, you will have less to contribute to your various retirement accounts. And while home equity certainly has some value, it generally does not provide you with the same liquidity – and probably not the same potential for growth and income – as an investment portfolio that's appropriate for your needs and risk tolerance. So, think carefully before purchasing that big house – you might be better served by scaling down your home ownership and ramping up your investments.

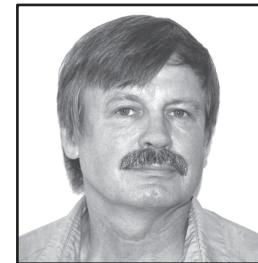
You can't avoid all the doubts and misgivings you'll encounter at various stages of your life. But if you can reduce those regrets associated with your finances, you could well increase your satisfaction during your retirement years.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Computer Corner

By Gary Herrick, Computer Professor
904-377-6785
mainely2@bellsouth.net

Article by Computer Professor from the Cool Weather of Maine



Greetings from Computer Professor
By the time you read this article I "should" be back in St Augustine, and available for service calls and tutoring. Today the topic is "The cloud". Google's definition of cloud computing is: "the practice of using a network of remote servers hosted on the Internet to store, manage, and process data, rather than a local server or a personal computer."

Translation: The cloud is the same as renting a storage unit in one of the many self-storage units we have in town. The paddle lock you put on the door is the password you create when you setup the cloud storage. Don't be intimidated by the phrase "setup", it just means you create a user name and password that the companies' computer will use to allow you access to the storage space.

Many companies offer storage. Large companies offer free storage up to a point, more than enough for the casual user. Microsoft for example has free cloud

storage they call "One Drive" on their windows 10 machines. The account you setup for Windows 10 is used to access that storage. It is so easy to access and use many people are putting their stuff there thinking it is really on the computer.


Why use cloud storage? Ask the people who have suffered a computer hard drive failure and lost their entire photo collection or business contact information. What to send photos to a friend or family but they are too large? Many cloud storage businesses are setup you can share those photos with people you send a link. Have more than one computer but they both work on that same file (book, flyer etc.). They can both access a file on a cloud account.

If file managing is confusing to you, you cannot make a folder or place your file in your folders on your own computer, then cloud storage will be just as confusing – time for some training on file managing, give me a call.

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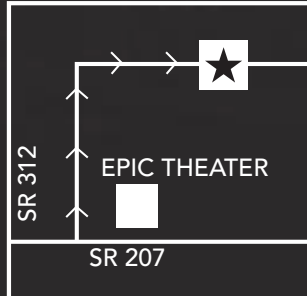
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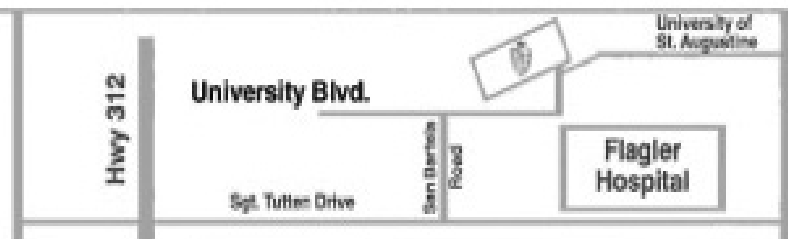
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St. Augustine Beach Civic Association

by Bill Jones, President
www.thecivicasociation.com

Election Season and a Musical Anniversary!

The St Augustine Beach Civic Association is ready for political campaign season. But the question of the day is for you the voter. Are you ready to cast your vote. It all begins with registration but equally important is knowing as much as you can about the candidate you are voting for. Candidate websites are a good place to start. What experience does the candidate bring to the table? Have they been regular attendees a City or County Commission meetings? Or has the candidate served on a government board or committee? The Civic Association wants to do its part to insure our voters make informed decisions so please save the date of Monday October 10th for our 2016 Candidate Forum. The forum will be held at City Hall in the Commission Meeting Room at 7 PM. The event will air live and then repeated several times on our local cable access channel. Our moderator will be Dr. Joe Saviak, Associate Political Science Professor at Flagler College. The two races for City of St Augustine Beach Commission will be high on the community radar. Other candidates for office will be invited based on the results of the August 30th Primary. For information on all Candidates including their financial information please visit www.sjcvotes.com and click on the Candidate Information tab,

The Wednesday Market has enjoyed some great early traffic. The extremely hot weather we experienced in late June and into July has shoppers coming out early. We've got a great supply of produce, local honey, breads, fresh salsa and guacamole, arts crafts and jewelry too! Over 70 vendors are on site at the Pier Park from 8 AM until 12:30 PM. Shop fresh, shop local at The Wednesday Market, a proud member of the

St. Johns County Medical Alliance Scholars 2016

The St. Johns County Medical Alliance has awarded academic scholarships to St. Johns County high school graduates pursuing their education in a medical related field of study.

Every year, the St. Johns County Medical Alliance, in conjunction with the St. Johns County Medical Society, offers academic scholarships to graduating St. Johns County high school seniors pursuing an education in pre-medicine, nursing, or allied health. Scholarship applicants are evaluated on academic ability, school involvement, financial need and community service.

The Alliance offers continued support for previously awarded scholars that continue their studies in a medical field, maintain at least a 3.0 GPA and keep in contact with the Alliance. Matthew Guthrie, a former award winner, will receive funding for continuation of his studies at the University of Florida (not pictured).

This year's awards have been presented to: (left) Jensen Thompson of Bartram Trail High School, who will attend the University of Florida to study Biology on a pre-med tract to follow her interests in pediatric cardiology and (right) Cynthia Hund of St. Joseph Academy, who plans to pursue a pre-med major in Biology at Clemson University.

The St. Johns County Medical Alliance is comprised of spouses of St. Johns County physicians. Its purpose is to promote health education, identify and address health-care needs and issues, participate in health-related legislation, and provide college scholarships to St. Johns County students. For more information about the Medical Alliance, go to www.sjcma.blogspot.com.



Is there Such a Thing as too Much Movement?

By Rob Stanborough
PT, DPT, MHS, MTC, CMTPT, FAAOMPT
First Coast Rehabilitation
(904) 829-3411



Stretching and staying mobile is a good thing and something I usually encourage. Most of us get "tighter" with age or immobility and staying unrestricted is a constant challenge. But for some the opposite is true.

Imagine being Gumby the Claymation figure – able to take any form, because you are extremely pliable. If that analogy is dated, perhaps Mr. Fantastic of the Fantastic Four is better. After being exposed to radiation he gained the ability to stretch to any length or take any shape, a great skill to have if you are a superhero but not one for everyday life. In either case, these characters have ability to stretch their bodies, conform to any shape and return. Those with EDS, or Ehlers-Danlos syndrome are not so fortunate. Having a connective tissue disorder that makes the joints and tissues extremely pliable, or hypermobile, can be quite painful and debilitating. It effects their entire body. They're often labeled as "double-jointed".

The connective tissue is named so because it is everywhere in our bodies and "connects" us.

It surrounds and infiltrates muscles, joints, organs, nerves, blood vessels, etc. It holds us together, resisting and transmitting forces. It can become stiff with immobility but not for those with EDS.

Imagine sitting in a chair reading this column. If you sat much longer your tissues would slowly "melt" or give way to the force of the chair and that of gravity. The muscles would slowly tighten in an attempt to stabilize. The same would happen if you laid down on the couch or bed. Every night's sleep becomes a challenge to get comfortable

and stay comfortable because no matter what position you find yourself, the tissues will soon give way to the force of the mattress and gravity. Being in any one position for too long produces the same result even to that of possible joint dislocation. The connective tissue lacks the inert stability it should normally provide.

EDS is often misdiagnosed and can be painful. If your connective tissue does not have the ability to hold you together and protect the joints, muscles must do the work and they are already working to make you move. Overworked muscles can become sore and produce trigger points, which can then lead to central sensitization where your nervous system becomes over excited or over sensitized and begins to exaggerate sensory information (something I've written about in previous columns). For the patient with EDS, this may mean chronic pain if left untreated.

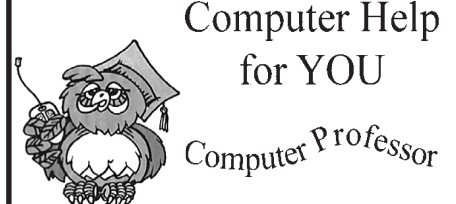
Fortunately manual therapy, balanced exercise and education can help. If you think you may have EDS, consult your doctor or physical therapists. It can be managed.

You can get more information at <http://www.ehlersdanlossyndrome.org/> or review EDS posts provided on the Facebook page of First Coast Rehabilitation.

Rob Stanborough is a physical therapist, president and co-owner of First Coast Rehabilitation. He is co-author of *Myofascial Manipulation: Theory & Application, 3rd ed* by Proed Inc, lectures both nationally and internationally and is a Fellow of the American Academy of Orthopaedic Manual Therapists.



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