

Child in Mind Academy Ltd

PQ Certificate in Creative Supervision

Course Prospectus 2021

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Summary

Qualification: PQ Certificate in Creative Supervision

Professional body: Membership of BACP, UKCP, NCS or equivalent

Location: Eccles, Manchester **Duration:** July - November Attendance: 5 weekends Start date: July 2021

Introduction

Supervision is an ethical requirement for all counsellors and psychotherapists. The British Association of Counsellors and Psychotherapists (BACP) has developed a training curriculum based on the Competences Framework for Supervision of Psychological Therapies (Roth & Pilling 2008). This has provided a solid foundation from which to build our own supervision course. The supervision course that we have designed has been discussed over many years and much thought has gone into the type of training we wanted to create. Our own humanistic philosophy was the starting point and is always our guiding principle.

Inskipp and Proctor (2001) define supervision as "A working alliance between the supervisor and the counsellor in which the counsellor can offer an account or recording of their work; reflect on it; receive feedback, and where appropriate guidance". This is of course an accurate and appropriate definition of supervision however, for us, supervision reaches a deeper level when there is also a willingness to explore! Explorers set out on a journey into the unknown, they have their resources with them and a knowledge of the landscape that they inhabit, but they are driven by a desire for deeper understanding of what places lie beyond.

Creativity can help us explore beyond the conscious landscape of supervisee's accounts of their work with clients, it can open up new landscapes to be walked. This exploration enables a deeper understanding of client, supervisee, and of course supervisor. Let's explore!

Who is this course for?

This is a post-qualification course and as such you will already be qualified as a counsellor or psychotherapist. To feel an easy fit with this course it is likely that your core training will be grounded in the humanistic approach.

Entry Requirements

• Minimum of diploma level 4 [Regulated Qualifications Framework (RQF) England, Wales and Northern Ireland] and level 7 [The Scottish Credit and Qualifications Framework (SCQF) Scotland] counselling/ psychotherapy qualification or equivalent to include a minimum of 100 hours counselling/psychotherapy supervised line with recognised practice in practitioner training.

- Minimum 750 post-qualification supervised counselling hours
- BACP Registered Member or equivalent member of a professional body who adheres to an ethical framework
- Enhanced Disclosure from the Disclosure and Barring Service (DBS)
- Two character references stating suitability to train as a supervisor. Referees must have known the applicant for a minimum of two years in a personal or professional capacity. Referees must not be a spouse, partner or relative.

How you will study

The course will run between October and February and is delivered in five weekend blocks in an attempt to fit with any work 4 commitments you may have. An experiential

approach is used with lectures, seminars, discussions, and supervision skills practice. The use of a reflective journal will enable you to process learning and deepen your self-awareness. You will learn how to use creative methods appropriately within supervision.

What you will study

The course is based on the BACP Curriculum for Counselling Supervision. You will study the following overarching topics:

- The supervisory relationship
- Creative and traditional supervision skills in humanistic psychological therapies
- Theoretical models of supervision
- Good practice in supervision
- Ensuring professional standards, values and ethics in supervision
- Working with groups in supervision

How you will be assessed

You will be assessed in theory through submission of a 2000-word essay. Your supervision practice will be evaluated through peer and tutor assessment of skills practice sessions, a video recording of an excerpt of one your supervision sessions, and a final supervisor report. The PQ Certificate will be awarded when the following course criteria have been met:

- Full attendance at all blocks
- Reflective journal (not assessed)
- Self and peer assessment
- A 2000-word essay demonstrating your

- knowledge and understanding of the theory and practice of creative supervision
- Minimum of 20 hours of logged counselling supervision practice
- Minimum of five hours of consultative supervision
- Video recording of one excerpt (10 minutes) of counselling supervision practice, transcribed with process notes

Your Career Prospects

On successful completion of the course you will have acquired the necessary knowledge, understanding and skills to offer individual or group supervision, either within the private or public sector, or within the community or voluntary (third) sector.

How To Apply

Application forms can be downloaded directly from the Child in Mind website. Your eligibility, based on the above requirements, will be checked and references will be taken up. Following this you will be invited to enroll on the course.

Fees

Course fees for the 2021 intake have been set at £1200.

On enrolment you will be asked to pay a non-refundable deposit of £240. The balance of your course fees can either be made in full, or in two, four, or six, monthly instalments using our popular payment plan.

Further Questions

If you have any further questions you would like to ask the Programme Leader about this course, please do not hesitate to contact Jayne Beetham-Hatto:

jayne.beetham-hatto@childinmind.co.uk 0161 279 8430

Child in Mind Academy Ltd The Lodge 716 Liverpool Road Peel Green Manchester M30 7LW

Tel: 0161 279 8430 Email: enquiries@childinmind.co.uk Web: childinmind.co.uk