

CHILD CARE CENTER DISASTER RESPONSE HANDBOOK

Explanation of Handbook:

This document is a model disaster plan created jointly by Snohomish County Department of Emergency Management, Snohomish Health District Communicable Disease Outreach Program and Everett Office of Emergency Management.

Not all facilities and communities are alike. This plan is a template that must be individualized for each child care center, taking into account the available resources, the surrounding community, and each facility's characteristics.

This document contains many sections marked in *red* that need to be filled in by you with specific information relevant to your center. Make sure to take out any red words in parentheses or in italics that were put in to help you complete this document. Do not hesitate to add additional points to reflect your center's needs. You are encouraged to contact your local emergency management office to determine what hazards may affect your center location and whether your site is included in a specific hazard area like a floodplain or lahar hazard area.

Make sure you read through the entire plan as you work on it. If any items are unclear or are in conflict with what you believe you would do in an emergency situation, be sure to make changes. For example, if your center is not in a flood zone, take out the section on flooding.

Once finalized, your disaster response plan should be able to be used as a guide for any disaster – by any adult – on the premises. Use your disaster plan to conduct routine drills, to train your staff, and to inform parents about your plans.

Note: The table of contents has been set up so that it can be easily updated. Make all changes to the document, including any page breaks. When you are finished, click once somewhere in the middle of the table of contents which should select the entire table. Then right click, select "update field" and then "update entire table." The table of contents will automatically update itself.

Kaleidoscope's Disaster Response Handbook

The purpose of this handbook is to give child care center personnel step-by-step procedures on how to respond to disaster/crisis situations during the first 30 minutes. Following the listed instructions in sequential order will help to prioritize notification of emergency response personnel and to limit escalation and injury during the initial impact of the situation. In this document, "Director" means the center director or the person-in-charge at the time of the incident or disaster. "Parent" means the child's parent or legal guardian.

This handbook was written by Snohomish County Department of Emergency Management and Everett Office of Emergency Management, and reviewed and edited by Snohomish Health District Communicable Disease Outreach Program and the Washington State Department of Early Learning. Each child care center has a responsibility to individualize the plan to suit their particular circumstances.

This policy was last reviewed and updated on: August 1, 2019

OUR CENTER'S ADDRESS IS: 1292 North Beach Rd

Eastsound, WA 98245

Forest School Sites: YMCA Camp Orkila, Enchanted Forest

Eastsound Village Green

Moran State Park Day Use Area

OUR CENTER'S PHONE NUMBER IS: 360 376 2484

Director: 360 3177236

OUR NEAREST CROSS-STREETS ARE: North Beach Rd

Mount Baker Rd

OUR OUT – OF – AREA CONTACT IS: Judy Paulsen

Phone Number: 425 228 1589

Table of Contents

Emergency Phone Numbers	5
Preparing for a disaster	
Gather information from parents	
Practicing for a disaster	
Take care of staff	8
Steps to Take During a Disaster	9
Building and Site Evacuation	9
Building Evacuation:	
Site Evacuation:	
Shelter-in-Place Procedure	
Fire Alarm/Emergency	
Gas Leak	
External Hazardous Materials Accident	
Internal Hazardous Materials Accident	
Power Outage	
Storms & Snow	
Earthquake	
Volcanic Eruption	
Tsunami	
Missing Child	
Kidnapping	
Child Abuse	
Assault on Child or Staff	
Intruder Alert Procedure / Lockdown / Building Lockout	23
Intruder Alert / Lockdown	
Building Lockout	
Suspicious Mail or Package	
Field Trip Incident	
Bomb Threat	
Coordinating a Response	
Incident Command System	
ICS Organizational Charts	
Crisis Support	
Crisis Communications	
Parent-Child Reunification	
Reunification Stations	
Release Procedure	
Appendices	45
Appendix B: Disaster Supplies	47
Appendix B: Hazard Mitigation	52
Appendix C: Disaster Drill Records	54
Appendix D: Child Care Situation Report Form	
Appendix F. Helping Children Cope with Disaster	57

Emergency Phone Numbers

Emergency Assistance	Number(s)
Police	911 or 360 378 4151
Fire/EMS	911 or 360 378 4151 or 360 376 2331
St Joseph's (Bellingham) Hospital Emerger	ncy Room360 734 5400
Children's (Seattle) Hospital Emergency Ro	oom206 987 2000
Poison Control Center	800-222-1222
OPALCO (Electricity)	360 376 3500
(Outage Hotline)	360 376 3599
Inter Island Propane (Gas)	360 378 1020
Eastsound Water Users Association	360 376 2127
Eastsound Sewer District	360 376 2720
San Juan Insurance Agency	360 376 2141
Policy Number: NPIP N1-AZ-RL000	0013-08
Center Director	Amber 360 317 7236 or 360 376 8882
	Vala 360 941 3058
Out-of-Area Contact	Judy Paulsen 425 228 1589
Child Protective Services	1-866-ENDHARM (866 363 4276)
Child Care Licensor: Gloria Trinidad	360 714 4124
San Juan County Public Health	360 378 4474
Update Voicemail GreetingFrom Ka	lleidoscope phone *123
From oth	er phone, call 360 376 2484. Enter * during greeting
PASS C0	DDE 1991. Follow prompts to change greeting.

Alternate Site Location (Near Child Care Center)
Orcas Montessori School
1147 North Beach Rd, Eastsound WA 98245
360 376 5350

Alternate Site Location (Evacuation Site)
Orcas Island School District
611 School Rd, Eastsound, WA 98245
360 376 2286

For Forest School: Kaleidoscope

Preparing for a disaster

This child care center has taken many steps to prepare the facility, children, staff, and parents, for the unexpected. Child care centers must follow WAC 170-295-5030 for disaster planning and WAC 212-12-044 for fire drills.

Conducting Drills

Drills are essential to provide staff with the skills necessary to respond in times of an emergency. There are 3 different emergency drills that should be practiced on a regular basis. Sample forms for recording drills are found in Appendix E.

- Fire (evacuation drill) must be practiced <u>monthly</u>, as required by WAC (WAC 212.12 and 170.295.5030)
- Earthquake (Drop, Cover, & Hold) should be practiced quarterly, minimum
- Lockdown (secure building, stay together) should be practiced at least once a year, minimum
 The center conducts fire drills on a monthly basis and records the dates as required by licensing.
 The center conducts disaster drills on a quarterly basis and records the dates.
 There are two designated escape routes from each area. Evacuation maps are posted in each classroom.

Kits

aving adequate supplies is essential to 72-hour preparedness. See Appendix B for more information out recommended supplies.
The center has gathered a 72-hour preparedness kit and has included a 72-hour supply of any medications or supplies for those with special needs. This kit is kept in TODDLER STORAGE utility closet, located in hallway. For Forest school, it is kept on the Bus, in marked bin. Emergency Kit
The center checks its emergency kits and emergency medication expiration dates on a regular basis. This is done <i>annually in January</i> .
For those with special needs or life-threatening health conditions who require medication or supplies on a regular basis or on an as-needed basis, those medications or supplies are kept on-site and will be taken along if evacuation is required.
Fire extinguishers are located throughout the center, in each classroom, kitchen and on the bus. When campfires are used, fire extinguisher will be present. They are checked monthly and recharged <i>annually in January</i>
The center's smoke alarms are checked monthly.

Gather information from parents

Make sure that all parents have reviewed the Disaster Plan and understand the steps that the center will take in the event of an emergency. All parents need to be given the center's out-of-area contact number and should in turn provide the center with an out-of-area contact for their family (see Appendix A).

Discuss with parents their plans and availability to pick up a child after a major disaster. Some parents work nearby, while others have a long commute. If roads are blocked, it could be quite some time before the parents are able to pick up their children.

Practicing for a disaster

Child care centers are required by licensing to conduct monthly fire drills and record the date and time of each. Disaster drills need to be conducted at least quarterly. It is up to the center to choose which type of disaster they will practice for each time. It is advisable to practice earthquake drills frequently. Periodic practicing of lockdowns and shelter in place is also important. A disaster drill log has been included in Appendix D of this document. Some situations are difficult to practice for during normal operation of the center. For such scenarios involving site evacuation, it is a good idea to run through the situation verbally as a group during a staff meeting. In this way, questions can be answered and possible hurdles can be overcome.

When practicing fire or disaster drills, make sure to vary the time of day and day of the week. You cannot predict when a disaster will happen and if you've never practiced during pick-up time or lunch time, there could be a lot of confusion at the center. Consider conducting periodic drills without giving staff members warning. They need to be able to react, even when not mentally prepared for the situation.

All staff should receive regular training on disaster preparedness. The entire plan should be reviewed at least annually, and with all new staff as they start work. Use this handbook during staff meetings to review procedures for various disasters. Make sure you have discussed roles and responsibilities for different scenarios. Staff should be familiar with how to use a fire extinguisher and it is best if they have had practice actually using one. Make sure all staff that is required to have CPR and First Aid training is up to date on their certification. Teach staff how to shut off any utilities, such as natural gas.

Take care of staff

Disasters affect all of us. Center staff members will likely be concerned about their own family members, but will also be needed at the center to help the children in their care. Child Care Center Leadership should provide staff with information and assistance in preparing their own families for times of disaster. Each staff should have an out-of-area contact for their family, disaster supplies at home and in their personal vehicle, and a plan for connecting with their other family members. If staff members are individually prepared, their personal worries will be reduced and they will be better able to focus on helping the children in their care who rely on them.

Also ensure you have emergency contact information for your staff, in the event something happens to a staff member during work hours. Be sure to keep this information in your go-kits along with emergency contact information for the children.

Steps to Take During a Disaster

Building and Site Evacuation

Βι	uilding Evacuation:
	Make a quick assessment of the situation in the classroom/environment and of any injuries to the children or adults.
	Director/Designee evaluates the evacuation route to be sure that it appears clear of obstructions.
	Director/Designee gives instruction to evacuate.
	If possible and time allows, have children take jackets and coats.
	Staff should take the following items: disaster supplies which are stored TODDLER STORAGE Utility Closet in hallway/Bus for Forest School class/staff attendance sheets and visitor sign-in sheets children's emergency and medical information/supplies Emergency Contact binder in office cell phone, if available.
	Staff should assemble children 2 by 2 to evacuate the building (preferably one teacher leading the children and one teacher following behind). Infants will be evacuated by: <i>Evacuation Crib</i> Young toddlers will be evacuated by: Large Stroller, up to 6 each. Others would walk.
	Take attendance; if safe to do so, search the building for anyone missing.
	Have children sit down if possible.
	If a gas leak or other incident that requires individuals be located further away from the child care occurs, have teachers move children to the pre-designated area or no less than one block from the child care. The pre-designated location is <i>Orcas Montessori School</i> .
	Director will evaluate the situation with the help of responding agencies (fire, police, etc.) and determine if it is safe to enter the building. If not, determine if it is necessary to move to the alternate site location (follow <i>Site Evacuation</i> procedure in this plan), or to stay put until it is safe to re-enter the building.
	Director/Designee will notify parents immediately if evacuation looks to be long term or if children are moved to alternate site location; parents will be notified by note on the door, Facebook post, phone call, or text. Update Voicemail greeting, procedure attached.
	Director/Designee will report incident to licensor at earliest convenience.
	Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored office file cabinet and disaster kit.
П	All parents will be notified of incident.

Site Evacuation:

It is important to have at least 2 alternate locations for your site to evacuate to. In the event of a large scale disaster, one or both, of your alternate sites may not be available. When choosing alternate locations:

- Make sure you talk to that site to ensure that you can use it during a disaster.
- Make sure the alternate site will be able to handle the number of children/staff you will have.

Make sure the alternate site is accessible to you during the hours that your center is open.

If it is determined that staff and children will be moved to the alternate site location distant from the child care, assign children to a designated teacher.

Staff should bring the following items to the alternate sites:

- disaster supplies which are stored TODDLER STORAGE Utility Closet in hallway
- class/staff attendance sheets and visitor sign-in sheets Clip Board near classroom door
- children's emergency and medical information/supplies Emergency Contact binder in office
- cell phone, if available.

Children will be taken to the alternate site location by: walking (evacuation crib for infants and
stroller for young toddlers.) Center vehicles may be used if doing so does not create further risk by
dividing group. STAFF VEHICLES PENDING INSURANCE

Once at the alternate site location, take attendance again. Teachers must remain with their	group
of children until the children are picked up by parents or emergency contacts.	

Director/Designee will continue to communicate with parents and coordinate pick-up of children.

Director/Designee will report incident to licensor at earliest convenience.

Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored *in office file cabinet and disaster kit.*

Shelter-in-Place Procedure

Emergency Alert System (EAS) broadcasts on your radio or television; or if you see a vapor cloud or smell an unusual odor outside. Gather all children inside in a location that is easiest to seal off from the outside, such as a room or two with few exterior windows and doors. This location is *Toddler classroom and preschool* classroom. For Forest School, Bus will be used. Call 911 if you haven't already done so. Director or designee should turn on and listen to the radio. Listen for emergency information from your local fire or police department. Director or facility maintenance person should turn off all fans, heating, cooling or ventilation systems and clothes dryers. Close and lock windows and doors (Locked windows seal better) and close as many interior doors as possible. Close off non-essential rooms such as storage areas, laundry room, etc. Seal gaps around windows, doors, heating/air conditioning vents, bathroom and kitchen exhaust fans, stove, and dryer vents with pre-cut plastic sheeting, wax paper, or aluminum foil and duct tape. ☐ Stay alert to loudspeaker announcements; emergency personnel from your local police or fire departments may give you specific instructions via loudspeaker or door-to-door. If determined necessary, you can provide a minimal amount of breathing protection by covering mouths and noses with a damp cloth. If you are told there is danger of explosion, close the window shades, blinds or curtains; to avoid injuries, keep children away from windows. Director/Designee should stay in touch with responding agencies/emergency personnel. Director/Designee and emergency personnel in charge will determine whether to stay sheltered in place or to evacuate. Advise parents not to pick children up from the child care until the incident is over. The presence of parents searching for their children will only cause confusion and may lead to exposure to toxic chemicals. Once sheltered in place you will not want to open the door to let parents in and out. Have emergency disaster supplies and emergency contact cards handy. Once the incident is over; inform parents, take down plastic, turn ventilation system back on. Director/Designee will report incident to licensor at earliest convenience. Director/Designee will complete a written incident report at that earliest opportunity. Incident reports are stored in office file cabinet and disaster kit.

Shelter-In-Place should be conducted when you are instructed to do so by emergency personnel or

Fire Alarm/Emergency If smoke or fire is seen or if there is another emergency requiring evacuation:		
☐ Activate fire alarm if not sounding.		
 Evacuate children, visitors, and staff (follow Building Evacuation procedure in this plan); drop and crawl to avoid smoke and close doors behind you; take the following items with you: disaster supplies which are stored TODDLER STORAGE Utility Closet in hallway, On Bus in bin marked Emergency kit. class/staff attendance sheets and visitor sign-in sheets children's emergency and medical information/supplies Emergency Contact binder in office and in file box cell phone, if available. 		
Call 911 from outside the building.		
☐ Take attendance.		
☐ Director or staff member will check area of concern and use fire extinguisher if safe to do so.		
 Have the following items ready for police and fire personnel: Number of children in care, assistants, family members, volunteers, and visitors Knowledge of anyone remaining in the building Floor plan and internal systems information. 		
☐ If it is determined that the building is unsafe, move children to alternate site location; follow <i>Site Evacuation procedure</i> in this plan.		
☐ Director/Designee will notify parents of evacuation and alternate site location, if applicable.		
☐ Director/Designee will report incident to licensor at earliest convenience.		
☐ Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored <i>in office file cabinet and disaster kit.</i>		
All parents will be notified of incident.		

Gas	Lea	k
uas	LCa	n

All staff should know where the main gas valve is for your facility, prior to any emergency If gas odor is detected:
DO NOT activate the fire alarm system or any other electrical equipment.
☐ Notify center Director/Designee.
 Evacuate children and staff (see Building Evacuation procedure in this plan) and close doors behind you but leave a window open; take the following items with you: disaster supplies which are stored TODDLER STORAGE Utility Closet in hallway class/staff attendance sheets and visitor sign-in sheets Clip Board near classroom door children's emergency and medical information/supplies Emergency Contact binder in office cell phone, if available.
Call 911 from outside the building.
☐ Move children to a designated area no less than one block from the child care. This location is Orcas Montessori School.
☐ Take attendance.
☐ If possible, turn gas off at shut off switch next to garden shed. Attached is map.
 Have the following items ready for police and fire personnel: Location of leak, if known Number of children in care, staff, volunteers, and visitors Knowledge of anyone remaining in the building Floor plan and internal systems information.
☐ Director/Designee will notify parents immediately if evacuation looks to be long term or if children are moved to alternate site location; if necessary to move to the alternate site location, follow <i>Site Evacuation procedure</i> in this plan.
☐ Director/Designee will report incident to licensor at earliest convenience.
☐ Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored <i>in office file cabinet and disaster kit.</i>
All parents will be notified of incident.
For Forest School, if gas is detected, evacuate the area to clear air. Staff turn off all possible sources if safe. Follow above related steps

External Hazardous Materials Accident
Call 911 immediately; have staff initiate the <i>Shelter-in-Place procedure</i> in this plan unless directed to do otherwise by emergency personnel via the dispatcher.
 Have the following items ready for police and fire personnel: Location and description (liquid, gas) of hazard, if known Number of children in care, staff, volunteers, and visitors Floor plan and internal systems information.
Follow instructions given by responding agency for either Shelter-in-Place procedure or Building and Site Evacuation procedure in this plan.
☐ If evacuated, call on transportation resource to take children and staff to alternate child care site; our transportation resource is walking (evacuation crib for infants and stroller for young toddlers.) Center vehicles may be used if doing so does not create further risk by dividing group.
☐ Notify parents of move to alternate site location.
☐ If Shelter-in-Place occurs, and media attention is significant, call parents to let them know of situation.
☐ Director/Designee will report incident to licensor at earliest convenience.
Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored <i>in office file cabinet and disaster kit.</i>
All parents will be notified of incident.
 Internal Hazardous Materials Accident ☐ In the event a person comes into direct contact with a suspected hazardous material, follow safety precautions posted on-site or listed on the container. Call 911 or the hospital emergency room for additional instruction. Contact poison control center for common household product poisonings.
Call 911 if not already done so.
☐ Director/Designee will report incident to licensor at earliest convenience.
☐ Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored <i>in office file cabinet and disaster kit.</i>

It is strongly suggested that all potentially hazardous materials be removed from within the center. Household toxic chemicals should be stored separately, locked up, and stationary so as not to fall over in the event of an earthquake.

Po	ower Outage
	Director or designee will try to locate the problem. Exit lights will activate automatically. Flashlights and batteries are located with first aid kits in each classroom, desk drawers in office.
П	OPALCO Outage hotline for ETA of restoration. 360 376 3599 or www.opalco.com/outages/
	Call 911 if concerned about a fire or safety hazard.
	Director will determine if center needs to be closed. If ETA of restoration from OPALCO is greater than 30 minutes, or ETA is unknown, contact parents to pick up children and close center. Director/Designee will report incident to licensor at earliest convenience.
	Contact parent to pick up with Facebook post, text message, phone call. Update voicemail greeting to indicate closure. Voicemail procedure attached.
	Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored <i>in office file cabinet and disaster kit.</i>
	Power outage closure applies to Forest School due to meal requirement and effects on communications.
St	orms & Snow (including High winds and Lightning) Director/Designee will determine prior to opening hours, whether or not to open the center; During school year, follow OISD Closure Policy, attached. During public school closure days, determination will be made by Director. Families will be notified by media announcement of OISD Delays and Closure, Facebook post, and updated voicemail greeting.
	Forest School may have to close or relocate due to weather conditions.
	If the child care must close during hours of operation because of snow or storm <i>Director/Designee</i> and teachers will notify parents by Facebook post, phone, and text.
	If weather conditions prevent a parent or legal guardian from reaching the facility to recover a child, the center staff will care for the child (maintaining proper child: staff ratios) until such time as the parent, legal guardian, or emergency contact person can safely claim the child. The disaster supplies will be used as needed.
	If the above persons cannot claim the child within 72 hours of the center closing, the Director/Designee will contact the police. Child may be transported to Child Protective Services if necessary.
	Director/Designee will report incident to licensor at earliest convenience.
	Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored in office file cabinet and disaster kit.

	the event of ground movement the following procedures should be carried out:
	Staff "drop, cover, and hold." Direct all children to " DROP, COVER and HOLD " and remain that way until the earth stops moving – stay away from windows, bookcases, and filing cabinets. Hold onto the item you are using as a cover, if it moves, move with it. Keep talking to children until it is safe to move.
	If no items are available for cover, crouch by an interior wall and cover your head with your arms. Instruct children to do the same.
	If outside "drop, cover and hold," keeping away from glass, bricks, and power lines. If you are outside near a building and there is no safer location, take cover in a doorway to protect yourself and children.
Wł	nen the earthquake stops, the following procedures should be carried out:
	Teachers and staff check themselves and children for any injuries.
	Check evacuation routes for damage (also see <i>Tsunami procedure</i> if in a Tsunami inundation area)
	Evacuate children and staff (see <i>Building Evacuation</i> section of this plan if necessary) and close doors behind you; take the following items with you: disaster supplies which are stored <i>TODDLER STORAGE Utility Closet in hallway, on the Bus in bin marked "Emergency Kit"</i> class/staff attendance sheets and visitor sign-in sheets children's emergency and medical information/supplies <i>Emergency Contact binder</i> cell phone, if available.
	Staff will render first aid to those who need it.
	Director/Designee will take attendance outside to account for all children and adults.
	Check utilities for disruption/damage (gas, water, sewer); if you smell gas, turn the gas off at shut off next to garden shed. Also see Gas Leak section of this plan.
	Listen to radio for information on the surrounding area.
	Determine status of emergency supplies and equipment.
	Call child care's out-of-area contact with information on the center's status (injuries, evacuation, children remaining in care, children who have been picked up).
	If it is decided to evacuate to an alternate location, post a notice indicating your new location, date and time you left; follow the <i>Site Evacuation</i> procedure in this plan. The notice will be posted accordingly.
	If parents cannot be contacted after 2 hours, the child's out-of-area contact will be called if possible.
	Director/Designee will report incident to the licensor, at earliest convenience, and will complete a written incident report at the earliest opportunity; incident reports are stored <i>in office file cabinet and disaster plan</i> .

"DROP, COVER and HOLD" should be taught and practiced with the children at least once a month.

Flooding If center is in a flood prone area:
During severe weather, director or designee will listen to radio for flood watch and flood warning reports.
☐ If a flood warning is issued, move children and staff to the alternate site location; follow <i>Site Evacuation</i> procedure in this plan.
☐ Director/Designee will notify all parents immediately.
☐ Director/Designee will report incident to licensor at earliest convenience.
☐ Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored <i>in office file cabinet and disaster kit.</i>
☐ Director/Designee will call insurance company (if needed).

А١	olcanic Eruption volcanic eruption will likely also be accompanied by other disasters such as flooding, landslides or udflows (also known as lahars).
	Director/Designee will notify all parents immediately if evacuation takes place.
	If not in the inundation area but volcanic ash fall is imminent close doors, windows and vents. Place damp towels at door thresholds and other draft sources; tape drafty windows.
	Protect dust sensitive electronics (e.g., computers, machinery).
	Dust often using vacuum attachments rather than dust cloths, which may become abrasive.
	Remove outdoor clothing before entering the building if possible – ask parents to remove their shoes and shake off as much ash as they can before entering the main section of the child care facility.
	When going outside use dust masks and eye protection. If you don't have a dust mask, use a wet handkerchief.
	Prior to sweeping, dampen ash to ease removal. Be careful to not wash ash into drainpipes, sewers, storm drains etc. Seek advice from officials regarding disposal of volcanic ash in your community.
	Keep children indoors; discourage active play in dusty settings. Dust masks do not fit well on small children.
	The weight of ash can cause roofs to collapse. Since most roofs cannot support more than four inches of wet ash, keep roofs free of thick accumulation. Once ash fall stops, sweep or shovel ash from roof's and gutters. A one-inch layer of ash weighs 5-10 pounds per square foot when dry, but 10-15 pounds per square foot when wet. Wear a dust mask and use precautions on ladders and roofs.
	Put stoppers in the tops of your drainpipes (at the gutters).
	Minimize driving (change oil and air filters frequently) use ample windshield washer fluid.
	Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored <i>in office file cabinet and disaster kit.</i>
	Director/Designee will call insurance company (if needed).

Tsunami If center is in a Tsunami inundation area as defined by your local emergency management office or the US Geological Survey (USGS):
If you feel the ground shake, follow the Earthquake procedure in this plan; some earthquakes may cause a tsunami to form. Treat all earthquakes as if they'll cause a tsunami since we cannot instantly determine which type of earthquake has occurred.
Once the ground stops shaking and all staff and children have been accounted for and if your facility is in a Tsunami inundation area, immediately move to high ground or inland. Do not wait for an official warning.
Move children and staff to an inland alternate site location or a location at least 50 feet above sea level. This location is <i>Orcas Island School District</i> . Follow the <i>Site Evacuation</i> procedures in this plan. If you don't have time to travel to high ground, but are in or near a multi-story building, go up to the top level of the building.
Director/Designee will notify parents immediately of the incident, the evacuation and location if children are moved to an alternate site location.
Director/Designee will report incident to licensor at earliest convenience.
Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored in office file cabinet and disaster kit.
Director/Designee will call insurance company (if needed).

Mi	issing Child	
	If school age child does not get off the bus, call Orcas Public School to find out if their plan changed or they were absent. 360 376 2286. Do not take other children's word for whether the child was absent or had alternative afterschool plans.	
	If school does not know child's whereabouts, call parent. If school and parent do not know where child is, THAT CHILD IS MISSING.	
	For Forest school, blow emergency whistle 3 times to gather all children. 1 teacher stays with all children. When in the presence of water, lifeguard searches there first.	
	Call 911 immediately; provide the following information: Child's name and age Address Physical and clothing description of the child, including any distinguishing marks such as visible scars or birthmarks Medical status, if appropriate Time and location child was last seen Person with whom the child was last seen.	
	Notify Director/Designee immediately and search the facility again.	
	Have child's information and, if possible, a picture for the police upon their arrival.	
	Director/Designee will notify parents of missing child and attempt confirmation that child is with family; if not - inform parents of situation and steps taken.	
	Director/Designee will report incident to licensor at earliest convenience and Child Protective Services.	
	Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored in office file cabinet and disaster kit.	
Ki	 dnapping Call 911 immediately; provide the following information: Child's name and age Address Physical and clothing description of the child, including any distinguishing marks such as visible scars or birthmarks Physical and clothing description of the suspect Medical status, if appropriate Time and location child was last seen Vehicle information and direction of travel. 	
	Notify Director/Designee immediately.	
	Follow Emergency Lockdown procedure in this plan.	
	Have child's information including picture, if possible, available for the police upon their arrival.	
	Director/Designee will notify parents of missing child; inform parents of situation and steps taken.	
	Director/Designee will report incident to licensor at earliest convenience and Child Protective Services.	
	Director/Designee will implement Crisis Response procedure in this plan.	

П	Director/Designee will complete a written incident report at the earliest opportunity; incident
_	reports are stored in office file cabinet and disaster kit.

Child Abuse
Report abuse or suspected abuse to the Director.
 □ The witnessing staff person will make the call, with the assistance of the Director if needed. The Director will contact the licensor immediately after a report of abuse is made. □ Director and appropriate staff will write down the following information on an incident report*: □ Date and time of calls to Child Protective Services and Department of Early Learning (licensor) □ Child's name □ Child's age/birthdate ■ Address ■ Name and address of parent or guardian and other children in the home (if known) ■ Any statements made by the child (but do NOT interview them) ■ The nature and extent of the injury or injuries, neglect, and/or sexual abuse ■ Any evidence of previous incidences of abuse or neglect including nature and extent ■ Any other information which may be helpful in establishing the cause of the child's injury or injuries, neglect or death and the identity of the perpetrator or perpetrators
Any photographs or statements must be recorded on center-owned device, NEVER on a personal camera or phone. Do not share over text message or other electronic means with Director or staff.
☐ Incident reports are stored in office file cabinet and disaster kit.
Assault on Child or Staff Call 911.
Director/Designee will follow "Intruder Alert Procedure" in the Intruder Alert / Lockdown procedure in this plan.
Follow Lockdown or Lockout procedure in this plan as appropriate.
Staff member or teacher will stay with the victim.
☐ Victim's family will be notified by <i>Director</i> when safe to do so.
☐ Director/Designee will call Child Protective Services.
☐ Director/Designee will report incident to licensor at earliest convenience.
 Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored in office file cabinet and disaster kit.

Intruder Alert Procedure / Lockdown / Building Lockout

From time to time, schools and child cares have been faced with the threat of unauthorized individuals entering the facility. An intruder is defined as any unauthorized individual who, through act or deed, poses a perceived threat to the safety and welfare of children and employees. If at any time you are dealing with a person you feel uncomfortable around or are fearful for your safety or the safety of others, then you may be faced with an intruder situation. If the intruder is already in the building, initiate the intruder alert procedure and lockdown. Children will be locked down WITHIN their classrooms. If there is suspicious or criminal activity occurring outside the facility, the child care will go into a building lockout. Doors to the outside will be locked and access restricted, but staff and children will be allowed to move between the classrooms inside the building, if necessary.

There are key recommendations to implement regarding a lockdown, including those conducted because of an intruder:

- It is important that all members of the building's staff understand, support and participate in the Intruder Alert, lockdown, or lockout procedures.
- It is important to practice these procedures in the facility several times per year, just as you
 practice fire drills.
- Lockdown information will be given to parents upon enrollment. Parents will be notified of all lockdown/lockout drills and events. The facility will provide written materials for parents to help children understand and cope.
- Parents will be given a pre-designated alternate pick up site if children and staff are evacuated.
 Parents should not try to enter the facility during a lockdown or lockout and may be kept away from the child care until authorities determine it is safe.

Intruder Alert / Lockdown

If a person(s) comes into the facility, assess the situation. If you are uneasy or suspicious of the person(s) immediately have someone call 911.

- If a weapon is present, or suspected, DO NOT CONFRONT give pre-determined hand signal to another staff member for them to call 911 immediately. This signal is *pulling and tugging on ear lobe with direct eye contact*. Initiate Intruder Alert / Lockdown Procedure.
- If **no** weapon is suspected, confront the intruder in the following manner:
 - Approach the individual in a non-confrontational manner with the assistance of another staff member
 - Introduce yourself and the person with you to the individual in a non-confrontational way
 - Ask the individual who they are and how you can be of assistance
 - Inform the individual of the policy that all visitors need to sign in and guide him/her to the area where that is done.
 - If the individual refuses, do not confront him/her. Give the other staff member the predesignated hand signal to call 911
 - Initiate Intruder Alert / Lockdown Procedure.

4/6	ert procedure.
	If the intruder is already inside the building, a hand signal (which has been predetermined and is
	known by all staff) shall be made to the first staff member seen. That staff member will pass on

If it is determined that the safety and health of children and staff are in jeopardy begin the *Intruder*

the hand signal to others throughout the building and will call 911. This hand signal is *pulling and tugging on ear lobe with direct eye contact.*

Upon hearing the chosen intruder alert announcement the following steps must be implemented:

Forest School will board the bus and evacuate to Kaleidoscope.
Director or designee will immediately call 911 (if it has not been done already) and stay on the phone until help arrives. Await further instructions from emergency response personnel.
Staff should quickly check the hall and restrooms closest to their classrooms to get children into the rooms.
Lock all doors to classrooms (this includes exterior and interior doors), close and lock all windows cover all windows and doors, and turn off lights; if doors to hallway cannot be locked, use a doorstop wedge or chain lock to keep the door closed from the inside.
Keep children away from windows and doors; position children in a safe place against walls or on the floor; position children behind a bookcase or turn a classroom table on its side to use as a buffer.
Staff will maintain (as best they can) a calm atmosphere in the room, keeping alert to emotional needs of the children. (Tip: gather in a story circle behind the table and gather infants into one or two cribs (preferably on wheels) along with items to help keep them quiet, such as bottles, pacifiers, and small, quiet toys).
Teachers will keep all children in the classroom until an all clear signal has been given.
Emergency personnel will inform the site when it is safe to move about and release children from classrooms. Children should not be released to parents until an "all clear" has been called.
Upon arrival, the local police, in conjunction with the Director/Designee, will assume controlling responsibility and may evacuate the building per police standard operating procedures.
When "All Clear" is heard, the Director/Designee will apprise the staff of the situation and counsel with children. When the threat has been eliminated, normal activities should be resumed as soon as possible as instructed by the Director/Designee.
Director/Designee will apprise parents of all "lockdowns" whether practice or real.

Building Lockout If the suspected intruder is not yet in the building, an announcement will be made (or a bell sounded) which alerts the staff of potential danger. The announcement will be "DANGEROUS PERSON"
For Forest School, staff and children will use public restrooms or the Bus.
Any children outside the facility on the playground must be brought inside immediately.
☐ Immediately lock all exterior doors, close and lock all windows, and cover all windows.
☐ Director or designee will immediately call 911 and stay on the phone until help arrives; await further instructions from emergency response personnel.
Staff will maintain (as best they can) a calm atmosphere in the building, keeping alert to emotional needs of the children. Activity within the building may continue, but no access to the outside is permitted.
Teachers will keep all children in the building until an all-clear signal has been given.
Upon arrival, the local police, in conjunction with the Director/Designee will assume controlling responsibility and may evacuate the building per police standard operating procedures or may allow parents to pick up children if deemed safe.
Any individuals outside the building wishing to gain admittance must be escorted by law enforcement personnel.
☐ Director/Designee will apprise parents of all lockdowns or lockouts whether practice or real.
☐ Director/Designee will report incident to licensor at earliest convenience.
☐ Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored in office file cabinet and disaster kit.
Suspicious Mail or Package Do not touch, smell, or taste unknown substances.
Cover substance with paper, trash can, clothes, or other material.
Evacuate room, seal off room, and mark room as "Dangerous".

☐ Wash hands thoroughly.

☐ Call 911.

☐ Make a list of all staff and children present in the room at the time of the incident to provide to local health authorities and the police.

☐ Director/Designee will inform all parents and licensor of the incident.

☐ Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored in office file cabinet and disaster kit.

Field Trip Incident	
Child Super Map of Childr Name	eld trip, make sure the trip coordinator has the following information: list by assigned vehicle rvisor/Chaperone list by assigned vehicle of intended route ren's emergency and medical information/supplies and license number of driver, vehicle license number of important phone numbers significant to the trip (including children's emergency contact nation and chaperone cell phone numbers) aid kit.
Attend to any medical	needs if there are injuries or complaints of pain.
☐ Call 911 if emergency	medical treatment or police are required.
	ovide update and actions being taken; center should consider deploying e, hospital, or to appropriate locations.
☐ Director/Designee will locations or pick-up tire	contact parents and give update of actions being taken; indicate meeting mes at the child care.
☐ Director/Designee will	report incident to licensor at earliest convenience.
_ •	complete a written incident report at the earliest opportunity; incident office file cabinet and disaster kit.
☐ Director/Designee will	call insurance company (if needed).

Bomb Threat
During the Bomb Threat Call:
 DO NOT HANG UP! Keep the conversation going and attempt to get the following information Where is the bomb? What time will it go off? What kind of bomb is it? Who are you? Why is this going to happen?
Listen for the following:
Voice of male or femaleSpeech impediment or accent
 What kind of background noise there is Cell phone or land-line
cell priorite of faire line
Note the following: Time Date
What does the Caller ID say:
Try to get the attention of another staff member and have them initiate the next steps.
□ Notify Center Director/Designee.
☐ Call 911.
Initiate a lockdown; follow Lockdown procedure in this plan.
Confer with fire and police about evacuation.
Have floor plan ready for police/fire personnel.
Have teachers and staff glance around their area for suspicious items (DO NOT MOVE SUSPICIOUS ITEMS).
If the decision is made to evacuate, follow <i>Building and Site Evacuation procedure</i> in this plan.
Director/Designee will notify parents if evacuated or moved to alternate location.
Director/Designee will report incident to licensor at earliest convenience.
Director/Designee will complete a written incident report at the earliest opportunity; incident reports are stored in office file cabinet and disaster kit.
All parents will be notified of incident.

Coordinating a Response

The initial steps you take in responding to an emergency or disaster may be unique to that event. (Please see "Steps to Take during a Disaster" section for detailed information on specific emergencies/disasters). Most situations, however, require action in some predictable areas. Everyone must always be accounted for and ongoing safety must be ensured. Child release, or reunification, has to be set up. In the hours and days following an event, basic needs continue to have to be met. The way you meet the everyday needs of hydration, nutrition, sanitation, shelter, and emotional support, however, may be different from the way you do it on a daily basis. It is useful to plan **who** takes care of **which responsibilities** in advance. Circumstances may differ, but your response will go more smoothly – and less will be forgotten – if you put some systems in place now.

Incident Command System

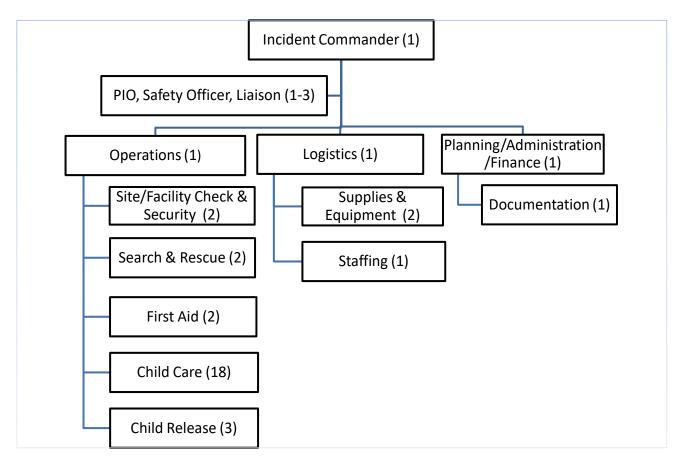
One way of organizing your response is the Incident Command System. The Incident Command System (ICS) provides structure for managing a disaster or emergency and can be adapted for virtually any situation and any staff level. When you are using ICS effectively, everyone knows who's responsible for what. Don't be put off by the name; it's a great tool and easy to learn.

An ICS chart that lays out job descriptions will follow. If you have a large number of staff, you may be able to assign people to all of the positions listed. If not, don't worry. Additional charts on following pages give you a framework for distributing tasks among a staff of any size.

We'll show you how we have adapted it for child care and other early learning programs, and we'll explain how this can be used in your size child care.

When a child care/early learning program responds to a disaster or emergency, the minimum staffing necessary will remain with and care for the children. The rest of the staff will take on new roles as necessary (as dictated by the situation). The Incident Commander (who may or may not be the Director or Designee) is responsible for all tasks until delegated.

ICS Components for Child Care/Early Learning Programs



Here's what each role is:

<u>The Incident Commander</u> (IC) is responsible for directing site emergency response activities. (This is likely your director, but doesn't have to be.) Again, the IC is responsible for all tasks until delegated. The incident commander also sets the tone for the response.

<u>The Operations Chief</u> manages the direct response to the disaster (site/facility check and security, search and rescue, first aid, child care, and child release). The operations chief reports directly to the IC.

<u>The Site/Facility Check & Security Team</u> protects the site and the people present at the site from further damage or injury. Duties include fire and utility control, creating a secure area for children and staff, and checking site/facility for any hazards and mitigating them.

<u>The First Aid Team</u> provides emergency medical response, first aid, and emotional support. <u>The Search & Rescue Team</u> - *(without putting themselves at undue risk)* -searches for and recovers missing children, staff, and volunteers. Search and rescue is always done by a minimum of two people. When entering a room to do a search, team members put a slash mark (/) on door to show that they are inside. When leaving the room, they make another slash to complete an **X** to show that room has been searched and is empty.

<u>The Child Care Team</u> ensures that the children are well cared for while other teams are carrying out their responsibilities. This may include evacuating with the children.

<u>The Child Release Team</u> assures that children and their parent/guardian(s) or authorized adult (emergency contact) are reunited in a safe, organized manner. The team checks identification and emergency contact forms and documents for each released child: with whom they left, what time they left, and where they are going.

<u>The Logistics Chief</u> manages the distribution of supplies and staff during the disaster. The logistics chief reports directly to the IC.

<u>The Supplies & Facilities Team</u> coordinates supplies to assure supplies are best utilized and last as long as needed.

<u>The Staffing Team</u> coordinates the assignment of personnel (staff, children, disaster volunteers) in support of an incident. The team keeps track of hours worked, assures breaks are given to staff, and plans to send home staff as children leave.

<u>The Planning/Administration Chief</u> is responsible for the collection, evaluation, documentation and use of information about the incident. This person maintains accurate records and a map of the site and provides ongoing analysis of the situation (weather, light) and resource status. S/he is also responsible for maintaining financial records for the incident. The planning/administration chief reports directly to the IC.

<u>The Documentation Team</u> ensures that all necessary information is reported and forms are completed during the disaster or soon thereafter.

Standard ICS includes the jobs of Public Information Officer (PIO), Safety Officer and Liaison; all of whom report directly to IC and are assigned as needed.

<u>The Public Information Officer (PIO)</u> provides single point of information about program and communicates with staff, families, and, if necessary, the media. S/he also monitors the media.

<u>The Safety Officer</u> assesses and monitors hazards and unsafe situations and implements safety solutions.

The Liaison serves as a point of contact for any assisting or coordinating agencies

A larger child care program may have a PIO or Safety Officer; otherwise, these duties may be incorporated into other teams. For example, the Site/Facility Check & Security team may perform the duties of the Safety Officer and the Planning/Administration/Finance Chief may handle communications.

It's helpful to match staff with roles beforehand. Discuss roles and responsibilities with each individual staff member first. That way, they can prepare more for the role they are likely to assume. Understand that there will need to be some flexibility, as circumstances differ. If a particular role isn't needed, staff can be reassigned to where they would be most useful. Especially in a small program, you may also want to recruit parents/guardians or community volunteers who live or work nearby to fulfill some of these roles. If you get their volunteer paperwork completed now, you'll have fewer worries later.

In any case, educate your staff about the Incident Command System and your entire disaster/emergency plan as soon as possible. Get everyone excited about making a difference. With a little work now you'll have much more positive outcomes later.

ICS Organizational Charts

The following pages contain charts that show possible ICS configurations for staff of different sizes. Please keep in mind that these are only guidelines. Roles that are needed should be added and reassignments should be made when roles are unnecessary in your response. For example, in a high-profile event involving media, consider assigning a spokesperson to talk with the media right away; you will choose one based on number of staff on any given day. In a situation involving no injuries, reassign First Aid Team members.

1 Staff

Organizational Chart – 1 Person

Help will be needed! CALL DIRECTOR OR OTHER CLOSE STAFF MEMBERS. Are there any parents/guardians who work nearby and would be willing to help?



Incident Commander:

Incident Command Operations

Site/Facility Check & Security Search and Rescue First Aid

Child Care

Child Release

Logistics

Supplies & Equipment

Staffing

Planning/Administration

Communications

Documentation

Amber 360 317 7236

Amber Home 360 376 8882

Vala 360 941 3058

Vanessa 360 317 6377

2-3 Staff

Incident Commander **Incident Command** Site/Facility Check & Security Search and Rescue First Aid Supplies & Equipment Staffing Communications Documentation Child Care & Release Child Care Child Release

Organizational Chart – 2-3 People

For 2 people: 1 person is the Incident Commander; 1

person is responsible for Child Care *For 3 people:* Add 1 person to Child Care

Call one of these people for help!

Amber 360 317 7236

Amber Home 360 376 8882

Vala 360 941 3058

Vanessa 360 317 6377

4-7 Staff

Organizational Chart – 4-7 People

For 4 people: 1 person is the Incident Commander; 1 person provides Life Safety; 2 people are responsible for

Child Care

For 5 people: Add 1 person to Child Care

For 6 people: 1 person is the IC; 2 people perform Life Safety; 3 people are responsible for Child Care

For 7 people: Add 1 person to Child Care

Incident Commander **Incident Command** Supplies & Equipment Staffing Communications Documentation Life Safety Child C & R Site/Facility Check & Security Child Care Search and Rescue Child Release First Aid

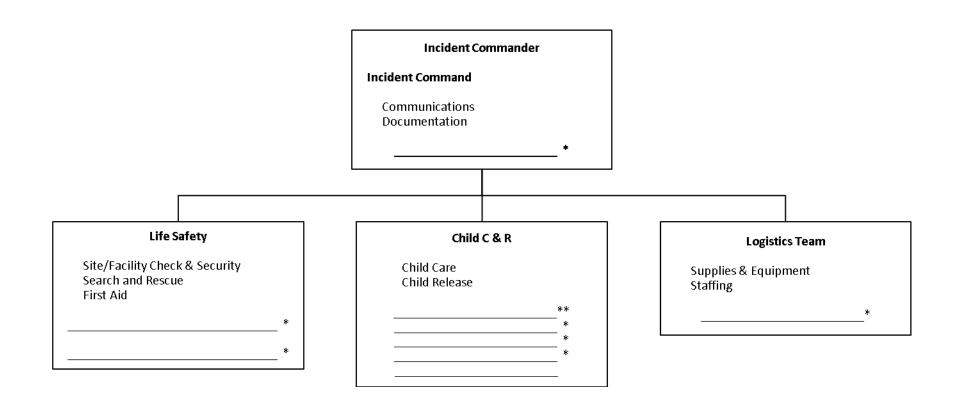
8-9 Staff

Organizational Chart – 8-9 People

For 8 people: 1 person is the IC; 2 people perform Life Safety; 1 person takes care of Logistics; 3 people are

responsible for Child Care

For 9 people: Add 1 person to Child Care



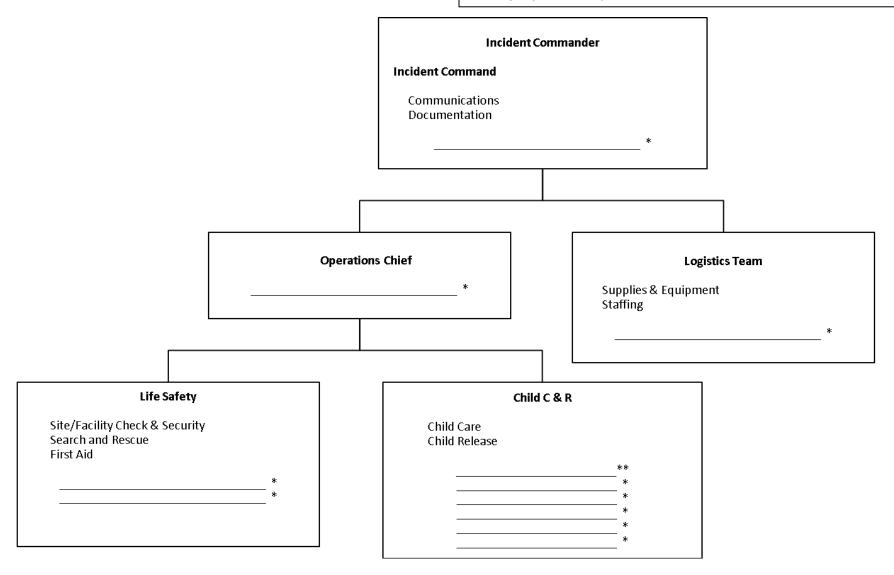
10-11 Staff

Organization Chart – 10-11 People

For 10 people: 1 person is the IC; 1 person is the Operations Chief; 1 person takes care of Logistics; 2 people provide Life Safety; 5 people are

responsible for Child Care

For 11 people: Add 1 person to Child Care



12- 13 Staff

Organizational Chart - 12-13 People

For 12 people: 1 person is the IC; 1 person is the Operations Chief; 1 person takes care of Logistics; 2 people provide Life Safety; 1 person does First Aid; 6 people are responsible for Child Care

For 13 people: Add 1 person to Child Care

Life Safety

Site/Facility Check & Security Search and Rescue

14-15 Staff

Incident Commander Incident Command Communications Documentation **Logistics Team Operations Chief** Supplies & Equipment Staffing First Aid Child C & R Child Care Child Release

Incident Commander

Incident Command

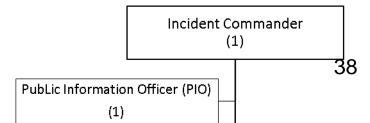
Communications
Documentation

Organizational Chart – 14-15 People

For 14 people: 1 person is the IC; 1 person is the Operations Chief; 1 person takes care of Logistics; 2 people provide Life Safety; 2 people do First Aid; 7

people are responsible for Child Care *For 15 people:* Add 1 person to Child Care

36 Staff



Crisis Support

When a tragedy strikes, teachers and staff are torn between the need to deal with children's reactions at the same time they are coping with their own reactions. With some advanced planning, this process can be much smoother (and healthier) than when tragedy takes a child care center by surprise.

se	isis: A sudden, generally unanticipated event that profoundly and negatively affects a significant gment of the child care population and often involves serious injury or death. The psychological demotional impact will be moderate to severe. Outside assistance may be needed.
	Director/Designee will determine whether or not to maintain normal schedules or to set aside the normal schedule for an all out effort to deal with the crisis. Depending on the crisis, it may be necessary to close the center for the day. Center should be reopened as soon as appropriate to provide normalcy back into the lives of children, parents and staff.
	Center Director/Designee will coordinate activities with on scene police or fire if it is that type of emergency.
	Identify high risk children, staff and parents likely to be most affected by the news (e.g. children of the teacher who is deceased/injured or parents whose children are in the same class as the deceased, best friends, etc.).
	Gather and inform closest friends of the victims, provide support and information to them before a general announcement is made. If close friends or classmates are absent, assure that a supportive adult gives the news to them, ensuring that they do not get initial information from the media.
	Give teachers the facts about the tragedy and instructions on how to share the information with the children in their care as well as suggestions for assisting children to cope (see information either included on the CD or as links with this plan on the website).
	Send a letter home to parents explaining the situation. Include specific factual information and information on how the child care is handling the situation. Include a handout on Typical Children's Reactions (see information either included on the CD or as links with this plan on the website).
	Some parents will need to be contacted by phone, particularly if their child's reaction to the crisis is severe. Talk directly with the person picking up the child about the situation and possible reactions (see "Words to Use" either included on the CD or as links with this plan on the website).
	Determine if additional community resources are needed to be on "stand by" to effectively manage the crisis. It is essential to minimize the number of "strangers" standing around but bring in extra staff to help with meals or other logistics so familiar staff are with the children. Trained Early Childhood Crisis Counselors can act as advisors to the staff.
	Facilitate a staff meeting and, if possible, a parent meeting to provide information related to the crisis (see "Parent Informational Evening" either included on the CD or as links with this plan on the website). The following are some suggested activities:

- Assist with children's processing of information about the crisis
- Provide counselors comfortable with working with young children and trauma to work with children/staff individually or in groups in a variety of locations
- Provide support and counseling for parents
- Provide childcare while parents attend support activities
- Provide helpful, factual information to parents
- Have an individual assist with answering phones, providing information and handling non-media inquiries
- Maintain a record of offers of assistance and ensure that proper personnel respond

	the chair would be removed. Make sure children are part of the entire process. Allow children to be part of taking down artwork that was done by the missing person or a picture of them and replacing it with something else. This can be done days or weeks later.
	Assign a familiar staff to act as Family Liaison between the child care center and the family. Wher appropriate, contact the friends/family of the deceased to get information regarding funeral arrangements and pass on information to child care staff and parents who may wish to attend. If a parent feels it's appropriate for their own children to attend the funeral/memorial, they must attend with them and provide support to their own child.
	Arrange with appropriate community resources for a Parent Informational Evening and child care/community support activities 48-72 hours after the event.
	 Other considerations: Have designated locations for the use of media, family, friends and workers, as needed. Keep media separate from families, children, friends and workers. Have transportation available to assist the family Young members of the victim's family should be cared for if possible Children and staff should be given permission to feel a range of emotions. Typically, individuals go through a sequence of emotional reactions following a crisis: high anxiety, denial, anger, remorse, grief and reconciliation Provide for grief counseling through Hospice/Carousel Program. The phone number is (425) 261.4777.
Co the	risis Communications communication in a crisis will help set the stage for effective response, help to manage parents and e community, and begin the healing process by providing appropriate information in a timely anner.
Dii	should not be assumed that the Director will take on all the Crisis Communication activities. The rector may become the Spokesperson for the center with someone else assigned to the writing and ordination of communication activities.
	Director/Designee will determine whether or not to maintain normal schedules or to set aside the normal schedule for an all out effort to deal with the crisis. Depending on the crisis, it may be necessary to close the center for the day. Center should be reopened as soon as appropriate to provide normalcy back into the lives of children, parents and staff.
	Center Director/Designee will coordinate activities with on scene police or fire if it is that type of emergency.
	If center is affiliated or shares a physical location with another organization, a college for instance then the other organization should be notified immediately.
	Director/Designee will determine if parent notification becomes an item of priority or can wait for a letter to go home in the evening.
	If center specific - Director/Designee will designate someone to keep the local radio stations informed as to the status of the child care so parents will have accurate information. Use a Spokesperson from your own staff or work with the Public Information Office of the responding agencies or affiliated organization.

Gather and inform closest friends of the victims, provide support and information to them before a general announcement is made. If close friends or classmates are absent, assure that a

Deal with the "empty chair/desk" problem. For example, a counselor would provide support while sitting in the child's chair. The chair would then be moved to the back of the classroom. Finally

supportive adult gives the news to them, ensuring that they do not get initial information from the media.
Prepare a formal statement for initial announcement, include minimum details and note additional information will be forthcoming. Also prepare statements for telephone and media inquiries. Have someone who does not get overly emotional answer phones and direct them to not guess about information they don't have; stick to the facts that have been approved for release.
Give teachers the facts about the tragedy and instructions on how to share the information with the children in their care as well as suggestions for assisting children to cope (see information either included on the CD or as links with this plan on the website).
Send a letter home to parents explaining the situation. Include specific factual information and information on how the child care facility is handling the situation. Some parents will need to be contacted by phone, particularly if their child's reaction to the crisis is severe.
Plan on updating information frequently.
If possible, use multiple communications methods direct contact with parents, written fact sheets, media, social media, meetings and other methods.
Conduct a short Staff Informational meeting when children have all been released Give them current information, praise them for a difficult job well done and prepare them for the next steps.
Inform staff and parents about any planned Staff, Parent or Community meetings.
<i>Director</i> will deal with media/reporters promptly and factually. Coordinate messaging with Public Information Officer from fire or police if they are on scene.
Provide appropriate information as requested by police, hospital, or other agencies.
Director/Designee will report incident to licensor at earliest convenience.
Director/Designee will report incident to Child Protective Services if necessary.
Director or designee will complete a written incident report at the earliest opportunity; incident reports are stored <i>in office file cabinet and disaster kit.</i>

Parent-Child Reunification

Once a child is left in the care of your program, the people who work in the center are responsible for the child until s/he is picked up by a parent/guardian or emergency contact. The process for tracking children after a disaster is different – and more difficult – than during normal, everyday operations.

There are various reasons why child release differs after a disaster. Children must be released only to family members or emergency contacts that have been pre-designated on the emergency contact list or registration forms. Each release must be documented, with information about with whom and where the child is going. The process also creates privacy, so if a child is injured, his/her family can be given the news away from other waiting families. This is not only more respectful towards the family involved, but it also prevents other families from becoming more upset while waiting for their own children.

The success of your release procedures relies in large part on prior explanation and practice for staff. Everyone will respond better to this disaster procedure if they know about it ahead of time. It is important to explain to families that the reunification process may take longer after a disaster, and why that is.

- Think about a good place for parents/guardians and emergency contacts to check in
- A good place for a release area that is out of sight of the check-in gate
- Copy Child Release forms, and store them with copies of emergency contact forms and other needed supplies in a go-kit, such as:
 - Signs
 - o Pens
 - Clipboards
 - Extra paper
 - Tape

All Families should be reminded of the importance of listing emergency contacts and keeping those contacts updated. Encourage families to include at least one emergency contact that is within walking distance of your program, if possible. Remind parents/guardians that people listed as emergency contacts need to know that they are being counted on. They also need to know that everyone's ID will be checked for their child's, or children's, safety. Children will not be released to those not listed as emergency contacts. If people are concerned about not having ID during a disaster, offer to file pictures of emergency contacts, or copies of their ID's, with the child's emergency contact information.

It is important to thoroughly document how each child leaves the facility. In the event that a second adult shows up to pick up the child, you are then able to tell them where the child went and who picked them up. Having the adult tell you the destination is also very important so you can relay that to the other parent/guardian as needed. Documentation is extremely important during disasters to that you can review them at a later date if required to do so.

Reunification Stations

There are five very important stations when setting up an alternate location and reunification plan.

• The **Check-In Gate** staff will be the first to greet the parents/guardians/emergency contacts upon arrival. This is where the Post Disaster Child Release Form begins. The staff and adult fill out sections one and two at this station. A sign advertising the Check-In Gate is encouraged. It should NOT be visible from the Child Care Area to

42

minimize agitation in an already chaotic situation. It is also very important not to circumvent the necessary documentation.

- The <u>Child Care Area</u> is where staff will care for all the children still in their care. Staff
 will need to make sure that the child's needs are being met and they are being
 entertained. This is can be very traumatic for the children and they will need more to do
 than sit and wait for their parents. The Child Care Area is where section three will be
 filled out by staff.
- The <u>Release Gate</u> will be one of the last places the adult and children see. This is where you will finish filling out sections four through six on the form. The Release Gate is the place that the child/adult will be reunited to head home.
- The <u>Command Post</u> is where the Commander and support staff will work from. The Commander may be the Director, or it may be the most qualified staff member on hand. The Command Post is not usually accessible to parents, but can be if the Commander feels it's necessary.
- A <u>Private Area</u> not visible to children and parents is necessary for the Commander, Director or Designee to bring a parent or guardian to tell them if their child or children are missing, injured or deceased. It offers privacy and prevents other parents from becoming more agitated during chaotic circumstances.

Release Procedure

For the safety of staff and children, parents/guardians are restricted to the Check-in and Release Gates. A runner will be assigned to go get the child when the parent/guardian arrives.

- The release procedure begins at the Check-in Gate, where a parent/guardian or emergency contact begins filling out the child release form.
- A runner, if available, will then take the form to the Child Care Area to pick up the child.
 - The form is then signed by the staff assigned to that Child Care Area, releasing the child.
 - O The runner will then take that child and form to the Release Gate.
 - Staff at the Release Gate and parent/guardian/emergency contact will complete the form together.
 - The Completed form will be filed at the Release Gate.
- *** If the child is injured/missing/deceased the process stops and the runner will take the form to the Command Post. Someone from the Command Post will contact the family away from everyone else and explain the situation. ***

The following template form is encouraged to be used during the Reunification Process. Make many copies and store them with your center's go-kit of administrative supplies.

Post Disaster Child Release Form

	Section 1 – Completed by Parent/Guardian/Emergency Contact at Check in Gate						
•	To be completed by	Child's Name:					
	Parent/Guardian/Emergency	Teacher:					
	Contact and returned to	Classroom:					
	Check-in Gate Staff						
	Section 2 – Cor	mpleted by Gate Staff at Check in Gate					
•	To be filled out by Gate Staff	Parent/Guardian/Emergency Contact name:					
•	Upon completion, given to						
	runner to get child.	Proof of ID :					
		Confirmed that this person is on the Emergency Contact					
•	Adult will be escorted to release	Sheet: Yes No Staff Initials					
	gate						
		d by Child Care Area Staff at Child Care Area					
•	To be filled out by Child Care	Child's Status:					
	Area Staff						
•	If child is present, send with	Present Absent					
	runner to the Release Gate	Final Aid Minain a					
•	If child is absent, missing, or	First Aid Missing					
	injured, send form with runner to	*Child Care Area Staff to initial next to appropriate status.					
	Command Post						
		ted by Release Gate Staff at Release Gate					
•	To be completed by staff at	Name of Parent/Guardian/Emergency Contact picking up child					
	Release Gate	(Must match name at the top of the form)					
•	Upon Completion, give to	Confirmed that this person is on the Emergency Contact Sheet:					
	parent/guardian/emergency contact to fill out section 5	Yes No Staff Initials:					
	contact to fill out section 5	Tes Stail illitials.					
	Section 5 – Completed by Pa	arent/Guardian/Emergency Contact at Release Gate					
•	To be completed by	Parent/Guardian/Emergency Contact signature:					
	Parent/Guardian/Emergency						
	Contact and returned to	Destination:					
	Release Gate Staff						
		Date:/ Time:: am/pm					
	Section 6 – Comple	ted by Release Gate Staff at Release Gate					
•	To be completed by Release	Signature of Release Gate Staff:					
	Gate Staff and file at release						
	gate						
		Date:/ Time:: am/pm					

Appendices

Kaleidoscope Emergency Contact Form



Dear Parent or Family,

During a disaster, communication may become challenging. Often it is easier to contact a long-distance phone number than a local or cell number. Our facility is establishing an out-of-area number to relay information throughout a disaster. Please put this number in a convenient and accessible place so that you are able to get information about your child should local calling become challenging. Our out-of-area contact is:

Name: Judy Paulsen

Phone #: 425 228 1589

We encourage you to familiarize yourself with the disaster plans and policies established for our child care facility. They are available in each classroom, and in the office. Please speak with a director if you have any questions or concerns.

Please sign and return the following portion	
I have received information regarding your child care facility's out-of-area	
I understand that your child care facility has established policies to respon disaster.	d appropriately to a
Signature: Date:	
Please provide the following information for our emergency records:	
Child's name:	
Child's out-of-area contact (100+ miles away):	
Emergency contact (friend, family or loved-one):	
Local contact (the "nearest" acquaintance):	

Appendix B: Disaster Supplies

Supplies can be costly to purchase all at once. To ensure that you have the appropriate supplies:

- Review the lists and decide what is a priority for your site
- Develop a "supply rotation system" that allows you to use perishable supplies in your normal operations before the expiration date
- Team up with another organization to buy supplies in bulk
- O Request specific donations from families or a disaster supply fee
- Seek donations from the community.

Supplies need to be accessible in the event of an emergency. It is often best to have a few essential supplies in a backpack or duffel bag near the door. This is called a "Grab and Go" bag (see next section for more information). The bulk of your supplies should be stored in a water-tight container, such as a plastic bin or a garbage can. This should be kept near an outside door or in an outdoor shed.

Grab & Go Bags

A "Grab & Go" bag contains necessary items for an emergency. Also called go-kits, these are items you may need within the first hour or two after a disaster. The bag only contains a small portion of your disaster supplies, but is a key part of your preparedness.

The "Grab & Go" bag is designed to meet <u>immediate</u> needs for a <u>limited</u> time. For example, it does not need to have formula and diapers for all infants. Make sure you have enough supplies in your 3-day disaster supply kit. You should have one bag for each classroom.

Your labeled "Grab &	& Go"	bag	should	contain:
----------------------	-------	-----	--------	----------

	Current emergency forms for students and staff "Necessary" medications with authorization forms (such as a EpiPens®, as any other medications that a specific child may need to keep him/her alive)	thma inhalers, or
	First aid kit	
Ħ	Flashlight and batteries	P
	Whistle	L 1V)
\Box	Bottle of water	- J K
\Box	Age-appropriate snacks/infant formula) // R
	Paper cups and/or infant bottles	
\Box	Tarp or ground cover and emergency blankets (such as space blankets)	
	Tissue or toilet paper and/or wipes and diapers as needed	
	Plastic bags	
П	Age-appropriate time-passers (books, crayons, paper, etc)	

Make sure you have a system in place for keeping emergency contact information current. Check expiration dates of food, water, batteries, and any medication, and replenish those items regularly. Keep first aid supplies fully stocked.

A "Grab & Go" bag should be easy to grab/transport. Make sure you can easily carry it. A backpack is ideal. Your bags should go everywhere your class goes. If your class is inside their classroom, the

best place for the bag is on a hook by the door that you would usually use to exit (and the exit that you are most likely to evacuate through). When you leave the classroom, always take it along. Your "Grab & Go" bag should be with you on: the playground, field trips, fire drills, or any other planned or unplanned classroom departure. The "Grab & Go" bag should be out of the reach of children at all times.

Water

Allow a minimum of **1 gallon per person per day**. Include both staff and children in your count. Store your water in a cool place. Put some in your freezer if you have space, where it can help to keep food cold in a power outage.

You can purchase water or collect it yourself. If you choose to collect your own water, make sure it comes from a safe source and is stored in bottles previously used for non-dairy beverages only. Wash, rinse, and sanitize all bottles. **Do not use old milk jugs.** Replace water you bottle yourself every 6 months. If you purchase water already bottled, replace it before the use-by-date.

In an emergency, if water must be treated, boiling is the best way to kill bacteria and parasites. If bleach is used to treat the water, add 10 drops per gallon for clear water and 20 drops per gallon for cloudy water. Use only unscented, 5% or 6% liquid chlorine bleach. Allow the bleach treated water to sit for 30 minutes before using it. Be aware that bleach may not destroy all the disease causing organisms. Have an eye dropper for measuring bleach in your kit if you decide to use bleach to disinfect water.

Your hot water heater is a great source of water in an emergency. Make sure you know how to shut off the intake and outlet valves—this is to trap the water inside the tank and prevent contaminants from getting inside. It is also a good idea to flush your water heater annually. Check with your manufacturer's recommendation. Make sure it is strapped to wall studs to prevent tipping over. Don't rely on the water heater as your only source of water.



SAFETY & FIRST AID (for 50 persons)

П	Water		Shelter
	☐ 3 gallons of water per adult		□ (2) 12' X 16' tarps
	(1 gallon/adult x 3 days)		☐ (3) 10' poles
	☐ 1.5 gallons of water per child		☐ (100 ft) ¼ in. nylon rope
	(1/2 gallon/child x 3 days)		☐ flashlight w/ (2) extra sets of
	□ any tools needed to open water		batteries per staff person
	containers		□ blanket (fleece, wool, &/or "space") per
	ups and other items needed to		person
	dispense water		☐ (5) extra blankets
Stored	:		☐ (30) plastic sanitation bags
	•		□ privacy shelter
	Food		☐ (30) rolls toilet paper
	Emergency Food:		☐ (50) sanitary napkins
	✓ Is easy to serve		☐ (30) plastic garbage bags
	✓ Does not require cooling or heating		☐ (30) rolls paper towels
	✓ Has a long shelf life		☐ (750) soap towelettes packets or baby
	✓ Is stored protected from heat, cold, and		wipes
	pests		☐ (15) bars of soap
	☐ Our emergency food is part of our		☐ (5) 5 gal plastic buckets for
	regular menu rotation. Food for 3 extra		sanitation/emergency toilets
	days is always on site. (Familiar food can		 Pine sol or similar product for toilet odor control
	be a comfort during a disaster.) It is		□ (30) 12-hour light sticks
	rotated (how often) by (whom).		☐ battery-operated lantern w/extra batteries
	•		□ extra clothing
	☐ We have a separate supply		□ books, games, or small toys
	of emergency food. Expiration dates are checked		books, games, or small toys
	(how often) by	Stored:	
	(Now offer) by		
	(,,		Special Equipment/Other
	We include food for those with food		☐ Medical supplies for children with special
	allergies or on special diets. We include		health care needs:
	age-appropriate food, such as formula and		
	pureed food for infants (when enrolled).		
	Supplies kept with food include:		
	□ Plastic dishes and utensils		□ Pet supplies (if applicable)
	☐ Manual can opener		
	□ Bottles for infants		
Stored			
		Stored:	
	LIEF OAFETY & FIDOT AID "	<u> </u>	
•	LIFE SAFETY & FIRST AID (for	50 pers	ons)

49

Life Safety	First Aid
□ (2) laminated maps of site	☐ masking tape
☐ (6) hardhats	□ permanent marking pens
□ (1) am/fm battery powered radio	☐ first aid reference book
☐ (4) walkie talkies	 assorted adhesive bandages
☐ (4) whistles	☐ (100) 4 in. by 4 in. compresses
☐ (1) orange/safety vest per staff member	☐ (15) 8 in. by 10 in compresses
☐ (2) shovels	☐ (50) roll gauze bandages
□ tools for simple search & rescue*:	☐ (5) triangular bandages
☐ (1) bolt cutter	□ (2) sm, med, and large
☐ (1) pry bar	cardboard splints
☐ (1) crowbar	☐ (20) steri-strips or butterfly
☐ (1) pliers	bandages
☐ (1) hammer	(5) boxes of water in sealed
□ (1) set of screwdrivers	containers for flushing wounds, etc. ☐ (1) small bottle bleach
☐ (1) wrench	` ,
☐ (1) utility knife	(1) backboard
☐ (3) rolls barrier tape	☐ (1) scissor ☐ (3) tweezers
☐ (3) rolls duct tape	☐ (3) tweezers ☐ (100) non-porous medical gloves
☐ Other:	☐ (5) oval eye patches
☐ Other:	(3) oval eye patches (7) rolls 1" cloth tape
☐ Other:	(7) Tolls 1 Cloth tape
* Fan assuab and reserve training a soutcat very	(3) Iding 2 Gloth tape
* For search and rescue training, contact your local emergency management agency.	□ thermometer
local emergency management agency.	☐ 3-day supply of critical medications,
Stored:	with authorization forms
	☐ instant hand sanitizer
	□ eye wash
	□ pocket CPR mask
	☐ alcohol wipes
	□ safety pins
	☐ Other:
	Stored:



ADMINISTRATIVE (for 50 persons)

	Administrative Su	pplies			
	master keys to facil	ity and supply contain	er(s)		
	copy of disaster pla	n			
	office supplies				
	□ pens				
	□ paper				
	□ tape (Duct and	regular)			
	☐ stapler & staple	• ,			
	□ clipboards				
	(2) sets staff and st	udent rosters			
	Current Emergency				
	"Check-In" signs for				
	Post Disaster Child				
	copies of all necess				
	☐ incident report f				
	☐ first aid log (or r				
	☐ staff time log (or	•			
	□ expenditure log	•			
		s log (or notebook)			
		• ,	ance documents. utili	ty account numbers, etc.	
	Money (change or s	• •	,	,,	
	3 3 (3 3 3 3 3	,			
Store					_
*A fil	e box is an example	of a container that	would hold everythii	ng and then be used to	file
pape	erwork later.				
		•		ed supplies (on-site sup	•
ir	ndicated by a check	in the boxes above)	. We have a plan fo	r rotating perishable iter	ns.
				on site are indicated ab	
а	plan for rotating per	rishable items. Our p	olan for obtaining ac	lditional supplies is as fo	ollows:
_		T=		T=	
;	Supplies needed	Plan to obtain	Date to be	Person	
			completed	Responsible	

Appendix B: Hazard Mitigation

Hazard mitigation is a term that means to minimize or eliminate the impacts of hazards before they happen. Hazard mitigation is not a onetime thing. It is imperative to continually check areas and objects throughout your facility on an on-going basis. It is recommended that you do a walk-through of your facility at least once a month, or more, checking for any hazards that can be corrected.

Hazard Mitigation Priorities:

- 1. Would/could it break and fall and hurt someone?
- 2. Would/could it break and fall and block a primary exit from the room?
- 3. Would/could it break and fall and keep your program from opening the next day (or soon thereafter)?

Washington State Emergency Management Division has created some great videos for how best to prepare for a disaster and lessen hazards in your building. To view the videos:

- Open your internet browser to any search engine of your choice.
- Type in: Washington State Emergency Management
- Open the link for the Emergency Management Division (usually the first link)
- Hovering over the "Preparedness" Link, you will see an option for "preparedness videos". Click on that link.
- http://www.emd.wa.gov/preparedness/prep personal prep video index.shtml

The Hazard Mitigation Form on the following page tracks the work done to reduce any hazards in the child care. Copy and complete one form for **each** room, including classrooms, offices, hallways, storage rooms, and the kitchen.

Earthquake Hazard Mitigation

You can never tell when there will be an earthquake, but you can take steps to reduce or avoid damage, injuries, or loss of life for the children in your care, your staff, and yourself. Preparing for an earthquake includes things you already do to protect the children's safety and health, such as having a fire extinguisher handy and maintaining your certifications for first aid and CPR. With additional planning and preparation, the children in your care will have a better chance at surviving an earthquake unharmed.

In an earthquake, most injuries and deaths are caused by loose objects in and on buildings. During the shaking, cabinets and bookcases topple, objects fall out of cabinets, and hanging or large plants fall. Door frames and window jams may be bent when walls move. Doors may slam or jam shut, and window glass can shatter, sending broken glass into the room. Light fixtures, sprinkler heads, and other ceiling components may pop out and fall. Objects mounted on the walls (such as clocks, maps, and art work) may shake loose and fly across the room. The electricity may go out, and the sprinkler systems or fire alarms may turn on.

For more information on Hazard Mitigation and how to secure objects in the room, review "Earthquake Preparedness: What Every Child Care Provider Needs to Know," **FEMA document 240.**

Hazard Mitigation Form

Name of Room or Area:		
name of Noom of Alea.		

Saf	ety Action Tal	ken	Date and Comments				
Tall or heavy f							
Heavy objects secured							
Shelves have are lined with so It") to prevent it earthquake							
Overhead cup	boards have safet	y latches					
(including: out	d poisons are store of reach of childre leach and ammon	en, in closed					
	of safety glass or a ttering and injury	are adapted					
	it routes are free f ment, furniture, an						
All exits are unlocked or can be unlocked or locked from the inside without a key							
Ongoing roor	n review:						
Date & Initials: Action Taken:							
Date & Initials:							
Taken:							

Appendix C: Disaster Drill Records

This appendix includes sample disaster drill records. Choose the ones that work the best for your center. Included on the pages that follow are:

Child Care/Early Learning Lockdown Drill Record

Child Care/Early Learning Lockdown Drill Record

Date of Drill				Date of Drill
Time of Drill				Time of Drill
Name of Pro	 gram			Name of Program
Brief Descrip Drill	tion of Drill			Brief Description of
Rooms Partion Drill	cipating in Dril	<u>[</u>		Rooms Participating in
Objectives	Evaluation	Changes to be Made	When Changes are Made	Name of Person Organizing Drill Name of Person Organizing Drill

	To:				From:			
Date:	Date: Tii		me: Location:					
Perso	on in Ch	arge at Site	:					
This	messag	e was sent	via: □ 2-	way Rac	lio 🛚 Ra	adio 🖵 Telepl	none	
_	I Cellula	ar Phone 🛚 🗔	J wesseng	ger				
Desci	ription	of the Incide	ent/Situation	on:				
		:!!-! 01-1						
⊨mpi	oyee/Ci #	nild Status:	#	#	#	#	#	#
	# Absen		Sent to	# Dead	# Missing	# Unaccounted	# Released	# Being
	Absen	Injuied	Hospital	Deau	Wilssing	for	to Parents	Supervised
Staff								
Children								
Others								
<u> </u>								
Struc	tural Da	amage (Area	s checke	d for da	mage/prol	olems and loca	ation(s) of	
	ems):	illage (Alce	is criccite	a ioi aai	iliage/proi		111011(3) 01	
Checked		Probler	n Area		Locati	on of problems	s	
onconca	(//)	Gas	11 7 11 Ou		Locali	on or problem		
		Water						
		Water						
		Fire						
		Fire Electrical	eations					
		Fire Electrical Communic		tom				
		Fire Electrical Communic Heating/Co	oling Sys	tem				
		Fire Electrical Communic Heating/Co	oling Sys	tem				
Mess	200:	Fire Electrical Communic Heating/Co	oling Sys	tem				

Post- Disaster Child Care Situation/Conversation Log

Date:	Incident/Situation:

Time	Situation	Response	Initials

Appendix E: Helping Children Cope with DisasterDisasters can be very frightening and traumatic, especially for young children. There are several things that you can do to help the children in your care cope with their feelings.

the	on't assume children won't understand what is happening.Reassure the children that by will not be left alone and that you are there to protect them. Be aware of changes in a child's behavior but also know that some children may not
Ш	outwardly show their distress.
	Keep to routines such as meals, activities, and naps, as much as possible
	Try to keep familiar adults with the children rather than adding volunteers or substitutes for direct child contact.
	Avoid allowing young children to watch or listen to news coverage of the disaster.
	If child regresses to earlier physical or emotional behavior wetting, clinging, cryingtreat it calmly and efficiently.
	Give simple but truthful answers to children's questions and make sure children understand your answers. Don't give more information than the children can use and understand.
	Give children opportunities to express their feelings through activities such as playacting, using dolls, storytelling, painting, or drawing. Playacting revenge or aggressive behaviors may be common. Redirect only if it is hurting the child or someone else.
	Be especially supportive of the children's feelings and need to be close. Give lots of hugs, smiles, and kind words.
	Reassure children that they are not responsible for the disaster. Listening to children's stories about disasters and feelings may help and they may need to tell the story again and again.
	If possible, take a moment away from the children and make sure you address your own fears and anxieties by talking with other adults. Be particularly careful to not have children over hear your conversation.
	Seek professional assistance when needed. The Mental Health Checklist included with this plan on the website and CD may help you in determining the need for additional assistance. Your own knowledge of the child and your instincts about the child's needs will also help you make a decision. When in doubt, call for professional help. A list of professional mental health providers is available in the back of the Emergency Contact binder.

Other Resources for Helping Children Cope

National Institute of Mental Health (NIMH)

Information Resources and Inquiries Branch 6001 Executive Blvd, Rm. 8184, MSC 9663 Bethesda, MD 20892-9663 PTSD/Anxiety Disorders Publications: 1-88-88-ANXIETY

Public Inquiries: 301-443-4513

TTY: 301-443-8431 E-mail: nimhinfo@nih.gov

Web site: http://www.nimh.nih.gov

Federal Emergency Management Agency

(Information for children and adolescents) P.O. Box 2012 Jessup, MD 20794-2012

Publications: 1-800-480-2520
Web site: http://www.fema.gov/kids

American Academy of Child & Adolescent Psychiatry

3615 Wisconsin Ave., N.W., Washington, D.C. 20016-3007

Phone: 202-966-7300

Web site: http://www.aacap.org/

Substance Abuse and Mental Health Services Administration's (SAMHSA) National Mental Health Information

P.O. Box 42557 Washington, DC 20015

Phone: 1-800-789-2647 TTY: 866-889-2647

Email: info@mentalhealth.org

Web site: http://www.mentalhealth.samhsa.gov/

American Academy of Pediatrics

141 Northwest Point Boulevard Elk Grove Village, IL 60007-1098

Phone: 847-434-4000 Web site: http://www.aap.org

American Red Cross

National Headquarters 431 18th Street NW Washington DC 20006 Phone: 202-639-3520

Web site: http://www.redcross.org