

January
2022

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St. Augustine OBSERVER

NEWS INFORMATION FOR & ABOUT RESIDENTS OF SOUTHERN ST. JOHNS COUNTY-FL

St. Augustine South Reflections

by Ruth Hope, SASIA



On Saturday December 11, at 5.30pm Santa arrived in St Augustine South! As last year, this was a lovely event made extra special by the obvious joy of our youngest neighbors. In these times, we are never quite sure when and how Santa will arrive, nor if the weather will hold up for an outdoor gathering. But this year things worked out well for Santa; the Holiday tree Santa lit was not in danger of blowing over; and children, parents, and volunteers who made this possible, were delighted.

This really captures why everyone living in St Augustine South should join SASIA and participate in the activities. In the archive of historic documents that have been drawn on for the history of St Augustine South in each month's St Augustine South reflections this year, is a two-page letter from the board to residents. It details – at length – how much the SASIA board had worked for the neighborhood and what excellent value SASIA membership was.

In many ways this seems the wrong way round to the current SASIA board philosophy. Neighbors in St Augustine South are encouraged to join SASIA to be part of the ongoing effort to improve our neighborhood as a great place for everyone – young and old, families, couples, singles, owners, and renters – to live. You will meet and potentially make new friends through social events while bringing fellowship to others through participating. You will be part of the increased security of living in a (continued on page 8)

A Classic Theatre Presents “Murderers”

By Tatiana Diaz

A Classic Theatre's 2021-2022 season continues in January with the premier of “Murderers” by Jeffrey Hatcher.

“(‘Murderers’) is not really a whodunit because you already know ‘who-done-it’,” said Amy Goldin, one of the board members of A Classic Theatre. “What you find out is the backstory. Why they did it.” The play features local actors Stephen “C” Mitchell, Natalie Beltrami, and Harolyn Sharpe.

“We are really lucky to have three, really perfect people for these particular parts,” Goldin said.

The dark comedy gives the audience a glimpse of not just who was murdered, but why they deserved their fate in three monologues. The monologues follow Gerald Halverson (played by Mitchell) and how he ended up married to his mother-in-law and living in Riddle Key, the upscale Florida retirement community where murder seemingly lurks at every turn; Lucy Stickler (played by Beltrami) whose cheating husband is back (continued on page 5)



January 20-23 in St. Augustine Venues

The 12th annual St. Augustine Film Festival will be held from January 20-23 in three St. Augustine venues — Lewis Auditorium and Gamache-Koger Theater at Flagler College, and the Alazar Room at St. Augustine City Hall (Lightner Museum). More than 50 independent and international films will be on screen. Passes are on sale at staugfilmfest.com

The Saint Augustine Film Festival is organized by Gregory von Hausch, the CEO of the acclaimed Ft. Lauderdale International Film Festival. Films will include dramas, comedies, and documentaries from all over the world, as well as films from independent U.S. filmmakers.

“We are so excited to be back in person screening films in beautiful downtown St. Augustine ... enjoying film festival openings and parties,” said von Hausch. “The January 2021 festival went virtual during the Covid-19 pandemic, and we are thrilled to celebrate filmmaking with audiences in 2022. However, we will still offer some virtual options for those not quite ready to join us in person.”

The Saint Augustine Film Festival has a reputation of showing films that aren't usually available in North Florida. The films chosen are created by talented independent filmmakers from around the globe.

The film guide at staugfilmfest.com has descriptions of all the films, including the filmmaker, actors, a film trailer, the run time, and the festival schedule.

All-Access Passes are \$150 and include admission to all films at all venues; access to all virtual screenings; and admission to all events, including: Tuesday, Jan. 18 Harbor Cruise; Thursday, Jan. 20, Dinner at Lightner; and Saturday, Jan. 22 Party at Colonial Quarter.

Volunteers are needed to help at all screenings. To volunteer, contact Leslie Lacika at leslacika1@gmail.com to volunteer for the 2022 festival. An orientation session (continue page 6)



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THE PARK AVENUE PROJECT 2021-2022 supported by a community grant from the Parkinson's Foundation. This grant has allowed us to expand our wellness programs and offer new, year-round classes for FREE for people living with Parkinson's disease in our Parkinson's gym, and for those that wish to stay at home, virtually through online zoom sessions.



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St. Augustine Observer

Published monthly for residents and visitors of St. Augustine, Florida area
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The purpose of the St. Augustine Observer is to serve residents of St. Augustine area Communities.

First priority will be given to reporting news and activities of the residents of the St. Augustine local communities, and other news and events that directly affects the St. Augustine area. Second priority will be given to articles of general interest as space permits.

Information should be received by the 15th of the month in order to appear in the following

“Follow us on Instagram and Facebook: @staugustineobserver”

St. Augustine Shores Community Calendar

The Shores Service Corporation
Shores Homeowners Association
(904) 794-2000
www.staugshores.org

Shores Monthly Meetings

- **Shores Service Corporation** monthly meetings are held on the second Thursday of each month. Virtual Meetings are at 6 p.m. at the Riverview Club due to the COVID-19 virus until further notice.
- **Conquistador Condominium** Board meetings are held on the fourth Monday of each month at 6

month's issue. Articles or information may be sent to the St. Augustine Observer, 1965 A1A South #120, St. Augustine Florida 32080-6509. Information may also be e-mailed to clifflogsdon@att.net.

All materials submitted to the Observer is subject to editing. Publishing of submitted letters and information is at the discretion of the publisher. Views and opinions expressed are those of the writer and do not express the viewpoint of the publisher or editorial staff of the Observer.

Information, articles and other materials published are believed to be accurate at time of publishing. Acceptance of advertising does not constitute an endorsement or approval of any product or services by the Observer or its staff. It is agreed that the Observer and its staff will not be held liable for information provided herein by submitters/advertisers, including pictures, graphics, websites, dates, times and/or emails listed, that may have the potential to constitute fraud or other violation of law including copywriting infringements. The publisher reserves the right to refuse materials that does not meet the publication's standards.

- p.m. at the Riverview Club.
- **Fairview Condominium** Board meetings are held on the second Tuesday of every other month at 4 p.m. at the Fairview Condo club house.
- **Greens Condominium** Board meetings will vary. Contact Jeff Edwards at Sovereign-Jacobs at 904-461-5556.
- **Casa Bella Condominium** 2020 Board Meetings: March 16th- 6pm (Annual Meeting), April 20th- 6pm, May 4th- 6pm, June 15th- 6pm, July 20th- 6pm, August 17th- 6pm, September 21st- 6pm, October 19th- 6pm, November 9th- 6pm, December 21st- 6pm. For Information contact Ellen Lumpkin at 904-461-5556.

St. Augustine South Community Calendar

St. Augustine South Improvement Assoc.
709 Royal Rd. St Augustine, 32086
email: staugsouthimpassoc@gmail.com
www.staugsouth.com
(904) 794-5129

SASIA Meeting 3rd wed at 7:00 PM

Please join us and bring your ideas on how to improve our wonderful neighborhood! Connect with us on our Facebook.com and NextDoor.com pages: St. Augustine South Improvement Association.

Residents interested in joining SASIA please see for application below:
<https://www.joinit.org/o/st-augustine-south-improvement-association>

Monthly Meetings at Clubhouse

Yoga - Join Registered Yoga Teacher Emily Flagler for Gentle Flow Yoga on Thursdays 5:30 - 6:30! Just bring your yoga mat, towel, and water. Try your first class for free!

Tai Chi - Join Instructor Katie Monaghan for a donation based Tai Chi class on Monday's at 6:00PM. For more information please contact Katie at (904) 377-3390 or email at KatieMonahanTaiChi@gmail.com

2022 SASIA Board Members

- President - Jerri Sue Dawson
- 1st V.P. - Nicolette Soucy
- 2nd V.P. - Doris Taylor
- Secretary - Ruth Hope
- Treasurer - Margo Geer
- Board Member - Mike Oliver
- Board Member - Robert Kennedy
- Board Member - Oonna & Mick Jones (role share)
- Board Member - Bill Snyder
- Board Member - Ingrid Jones
- Board Member - Alan Chappell

Community Classifieds

The Observer offers free community classified listings for USPS selected addresses in Southern St. Johns County and paid subscriptions. Classified ads will not be printed without a name, address and phone number included with the request. 5 items or less should be sent. Free ads are not for Business or Personal Service ads. Placement is not Guaranteed.

Business, Service, seeking work, etc. may be placed in the classified section: (1-4 lines) \$5, (5-8 lines) \$10, (9-12 lines) \$15, (13-16 lines) \$20. These Ads should be paid in advance before placed. Send your listing and payment, if required, to Observer, 1965 A1A South #120, St. Augustine, 32080-6509. You may email your ad to clifflogsdon@att.net. Deadline for all listings or ads is the 15th of every month for the next monthly issue.

FOR SALE : Oldtown kayak. Dirigo 106 single person. Good condition, with vest and paddle. Used very little. \$425. 904-797-8210. Please leave message and no. if not home.

FOR SALE: 1. Tiffany cut crystal lamp beautiful was \$350 asking \$100. 2. Massage table with accessories \$80. 3. 1.5 Horsepower motor for pool used 4 months asking \$50. 4. Smith Torch with gage and hose \$75. 5. Assorted jewelry, necklaces, bracelets and rings Have to see! Call 860-514-2315.

FOR SALE: 1. wooden book shelves \$20 each. 2. heavy duty rivet steel metal shelving 48w x 72h x 24deep (\$109 @ Home Depot) \$33 each. 3. 2 work benches w/ electrical hook-ups. 4. electric table sander (used once) \$30. Call/txt (904) 377-3270.

FOR SALE: Pickleball Womens size 8 K Swiss Sneakers \$60, Orchid color. Worn 5 hours. \$106, List is \$129.95. Text 516-319-9688.

FOR SALE: Dolls in native dress from Europe, South America, and North America. Dolls date from the 1930's and prior. \$10 and up. Offers accepted. Call 410-852-1012.

FOR SALE: 1. TV stand \$50. 2. Desk cabinet, red, yellow \$75. 3. Antique Trunk \$75. Call 417-3210.

FOR SALE: Translator- Rollator and Transport Chair 2 in 1 By DRIVE. \$100. Purchased from Ward Medical for \$295 on 7/16/21 Used only 3 times. Use as walker with seat then can use with footrests that swing to front as a transport chair. Weight Capacity: 300 lbs. Call: 904-501-4126.

WANTED: Old Radios that have Tubes, even broken radios with tubes, 1970-1940. Please text or leave a message with a phone number for Markus in The Shores. Please Call 571-243-2604.

WANTED: Silver Coins, Gold and Jewelry at great prices. Call Mike at 904-501-1449.

WANTED: I buy old record collections. I am not a re-seller but a serious listener. Your records will go to a good home. Call John 904-325-9802.

NOTICE: Anyone interested in card game "Hand & foot", call Phyllis at 904-347-9878.

Meritus Business Solutions seeks a Software Developer in St. Augustine, FL to analyze, design and develop software applications using .NET, C#, ASP.Net, Angular, JavaScript, and MS SQL Server. Send Resumes to Jobs@meritusbusinesssolutions.com.

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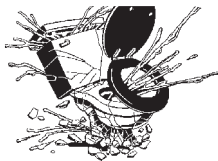
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St. Augustine Shores & South News & Events

Shores Riverview Club Activities January 2022



Shores Communications Corner News & Information from the Shores Service Corp.

January 2022 – The Start of a New Year!

January DANCE RSVP required: Call 904-794-2000 or at www.staugshores.org/dance-rsvp. **BYOB* Guests: \$15.00/pp**
Dance Club Members FREE – **Open seating**



MAIN SOCIAL Debbie Owen & Tony T

Saturday, January 15th

7:00 pm to 10:00 pm



GUESTS \$5/pp/class

Exercise Class Led by Marcia **Tuesdays and Thursdays at 9:00 am.**

Barre Workout Class led by Mary, **Tuesdays at 5:30 pm.** Classic Barre is dance-based fitness class designed to sculpt, stretch, and strengthen. Please wear sneakers or supportive fitness shoes and bring a yoga mat and water. Class size is limited.

Tai-Chi Class led by Robin, **Tuesdays at 5:30 pm.** Learn the principles of Tai Chi and help your overall health and well-being!

Chair Yoga Class led by Nancy, **Mondays, Wednesdays & Fridays at 10:45 am.** A gentler form of yoga for those whom balance is an issue.

Yoga Class led by Nancy, **Mondays, Wednesdays & Fridays at 9:00 am.** Class is geared to all levels. Bring a non-skid mat & wear comfortable clothing.

Evening Yoga Class led by Annamarie, **Wednesdays at 5:30 pm.**

Line Dancing Class led by Jinny, **Mondays at 6:30 pm and Wednesdays at 10:00 am.**

Art Group Class led by Una, **Wednesdays at 1:30-4 pm.** Bring your current project and share expertise and ideas on all aspects of drawing/painting, including composition, perspective, color, mediums, etc.

Dance Class Class led by Shawn, **Mondays at 1-2pm.** Bring your dancing shoes and a partner!

Bridge, Card Game, Chicago Bridge, & Mah-Jongg: To be determined.



Upcoming Events

Early Social	Main Social
Southern Style	LA Robinson & Streetlife
February 4th	Saturday, February 19th
7-10pm	7-10pm



Shores Resident Authors New Novel “A White Star in a Red Sky”

Augustine Shores author and military historian, Chris Berman's new novel, “A White Star in a Red Sky” is a gripping tale set against the backdrop of the Battle of Kursk during World War Two. The actual history portrayed in the story is nearly flawless which creates a framework for his characters, two young women pilots to

emerge and begin the hero's journey. Angela Moretti, a young WAFS ferry pilot flying new lend-lease fighters to Alaska for Russian pilots to collect and fly into battle is haunted by the murder of her kid brother by the Nazi SS and seethes with a thirst for revenge. Katya Leonova is a 19-year-old Russian fighter pilot whose own family has been murdered by the Nazi invaders. Together these two women will form a friendship that is tested in battle when a quirk of fate allows Angela to “borrow” a P-39 fighter and fly into her own private war against the Nazis. Together these two women will face tragedy and triumph and form a life-long friendship that transcends politics and nationalities.

His novel is available on Amazon, Barnes and Noble and other fine book sellers. Here is the link on Amazon: https://www.amazon.com/White-Star-Red-Sky/dp/1736620304/ref=tmm_pap_swatch_0?encoding=UTF8&qid=1623896676&sr=1-1

January, a time for new challenges and opportunities – so what do you intend to do with yourself as the year unfolds? After two difficult years where we all had to distance ourselves from each other for the protection of all, now might be the time to think of helping others in some way. If so, the Shores community could certainly use your help. There are a number of volunteer groups and committees associated with the St. Augustine Shores that are always in need of fresh faces and new ideas.

The Riverview Facilities and Grounds Committee keep an eye on the common areas and buildings, especially around the Riverview Club and swimming pool and confirm that anything requiring maintenance is reported and corrected.

The Architectural Control Committee ensure that new properties and major external changes to existing properties meet the required standards.

With annual elections to the Board of Directors every year, you could consider running for the board. If this interests you, contact the Shores office before February 20th, 2022 at the very latest. You will need to fill in a short application and a brief personal bio. The only stipulation is that you must be a Shore property owner in good standing. A director's term of office runs for 2 years. If being a board member sounds a little too time consuming, election helpers are needed when the ballots begin to be returned and need to be checked prior to the Annual Membership Meeting in May. It is a great opportunity to witness the election process and see how it all works.

No doubt other organizations such as the Wildflower Group would welcome new participants, or perhaps you have a project that you would like to get off the ground. The Shores office are happy to assist.

No matter what you do in 2022, we wish you a safe, peaceful and positive New Year.

St. Augustine Shores Service Corp.

790 Christina Drive | St. Augustine, FL 32086

904.794.2000 or website www.staugshores.org

SASIA News and Calendar of Events

by Ruth Hope, SASIA Board

All SASIA Events take place at the Clubhouse, 709 Royal Rd unless otherwise stated.

SASIA General Meetings are the third Wednesday of each month, at 7pm in the Clubhouse 709, Royal Rd. Most meetings have outside speakers on topics of interest to St Augustine South residents. All neighbors are encouraged to attend.

Clubhouse Rentals: The SASIA Clubhouse at 709 Royal Road is available for private hire. Call Theresa on (904) 794-5129 to make your booking.

SASIA needs volunteers: Can you help with publicity, fundraising and community events? SASIA is a voluntary community association that aims to increase the quality of life for everyone living in “The South”. It is not a home owners' association, SASIA doesn't set or enforce rules and regulations, but works to share information about issues and events important to the Community. Everyone in “The South”—owners and renters—is welcome, and those living in nearby neighborhoods are most welcome at our social events. If you can attend the January 19, 7pm meeting.

Connect with us on our www.Facebook.com and our www.NextDoor.com pages: St Augustine South Improvement Association. Ingrid Jones is the new SASIA Webmaster. Our new website is at beta stage in development and will be launched early in 2022. It's great!

SASIA Officers & Board Member for 2022 Elected:

Officers: President – Jerri Sue Dawson

1st Vice President – Nicolette Soucy

2nd Vice President – Doris Taylor

Secretary – Ruth Hope

Treasurer – Margo Geer

Board Members: Mike Oliver, Robert Kennedy, Bill Snyder, Ingrid Jones, Oonna and Mick Jones [role share], and Alan Chappell

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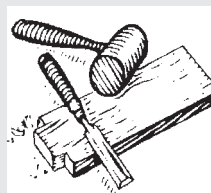
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Shores References Available

Festival of Trees Raises Thousands for Homeless in St Johns County

The inaugural "Light the Way Home Festival of Trees" to benefit St. Francis House/Port in the Storm Homeless Youth Center, which was held November 29-December 2nd at the Lightner Museum, was a huge success. More than \$16,000 was raised and hundreds attended, bid on and voted for their favorite trees and wreaths which had been donated and decorated by local churches, individuals, groups and businesses.

The winning tree, sponsored by St Johns County Property Appraiser, dazzled everyone with brightly colored ornaments and was adorned with a variety of nutcrackers. The winning wreath was beautifully decorated with a seahorse and teal and silver ornaments and ribbons, sponsored by the Coastal Oaks Community.

Other tree themes varied from Harry Potter to Coastal Glam to snowmen and more; while wreath themes ranged from feline friends to traditional berries and bows. The event was fun for the whole family featuring visits from Santa, a Letters to Santa mailbox and holiday music.

Trees and wreaths were sponsored by: B2 Studio, Beachside Book Club, Berkshire Hathaway Home Services Florida Network Realty, Coastal Oaks Community, Cody Pest Control, Coldwell Banker, Covenant Closing & Title Services, Dr. Ginny Quelch/Port in the Storm, First Coast Sotheby's, Great Expectations Realty, Joyce Duffy, Lightner Museum Hobbies, Hope Across the Globe, Lauren Eastman, Louise Starmann, Loving Our Town Magazine, Memorial Presbyterian, Pink Stork, Ponte Vedra Church, The Pirate Museum, and St. Johns County Property Appraiser. We are looking forward to another fun festival next year and can't wait to see new creations and welcome returning sponsors.

St. Francis House and Port in the Storm Homeless Youth Center provide the only comprehensive housing-crisis services and shelter in St. Johns County. Housing-focused programs provide support, referrals, and

assistance to facilitate the return to housing and self-sufficiency for individuals, families and youth. For information contact Joy Burton at 904-907-3632. Photos by Alise Sheppard:



The winner of Best Tree as voted on by attendees, St Johns County Property Appraiser



The winner of Best Wreath as voted on by attendees, Covenant Closing & Title Services

Recycle Your Trees with the St. Johns County Christmas Tree-cycling Program

Help reduce the amount of waste that ends up in landfills and recycle your Christmas tree with St. Johns County's Christmas Tree-cycling Program! Residents are encouraged to bring their real trees to designated County sites for recycling into mulch for our parks. Trees can be dropped off at the following locations from 9 a.m. to 4 p.m through January 4th:



- Ron Parker Park: 607 Old Beach Rd.
- Mills Field: 1805 Racetrack Rd.
- First Tee at St. Johns Golf Club: 4401 Cypress Links Blvd.
- Davis Park: 210 Davis Park Rd.
- Tillman Ridge Transfer Station: 3005 Allen Nease Rd.
- Stratton Rd. Transfer Station: 250 North Stratton Rd.

A map of all Tree-cycling locations is available at <https://arcg.is/SXrK8>. All trees must be clean and free of decorations. For more information, please call 904-209-0333.

Mah Jongg Tournament coming to Temple Bet Yam

Mah Jongg Tournament coming up! Get your reservations in today!

On Thursday, February 17, 2022, Temple Bet Yam is sponsoring the Mah Jongg Tournament at the St. Augustine Duplicate Bridge Club, 10 Fairbanks Street in St. A. Your \$30 donation includes cash prizes and a lunch. Deadline to enter is February 10, 2022. Masks will be required. Please make out your check and note Mah Jongg Tournament in the memo, and send to Temple Bet Yam at PO Box 860098, St. A. Contact Teresa Freedman at 774-994-2066 with any questions.

Used Book Sale!

Bargain Shoppers alert - Huge Used Book Sale at Southeast Branch Library ! Over 4,000 books and media of all kinds on sale for \$1.00 or less*

• January 24th – Scanner-free Preview hours for members only from 10-12. – Memberships available at the sale. Open to the public 12-8pm.

• January 25th – Open from 10-6pm

• January 26th – Open 10-2pm

Theme basket selection with lots of special items – tickets at suggested donation of \$1.00. Massive selection of Young/Teen Reader books

*Special table of vintage, collectible, and complete series – priced accordingly. For more information, contact the Friends of the Southeast at folsmembersh@gmail.com.



An Invitation to the Living With Cancer Support Group

Whether you're a patient, survivor or caregiver, this is your opportunity to talk about the day-to-day challenges of living with cancer in a group of people who can inspire, relate to and support you along your journey. We are a group of people with common experiences and concerns who provide each other with encouragement, comfort and advice. We welcome all those who have walked this path and seek support.

Meetings are the Third Wednesday of every month at 11:00 am

Our next meeting will be on January 19, 2021 In the Whetstone Building. 100 Whetstone Place, Suite 303. Also meeting via ZOOM! at the same time. Please call 904-819-4742 for zoom invite or for more information.



A Classic Theatre Presents "Murderers"

(continued from page 1)

to his old ways after an old flame moves into Riddle Key; and Minka Lupino (played by Sharpe), Riddle Key's manager, who knows everything about everyone who walks through the gates and their predatory behavior toward her beloved residents. "It's a real dark comedy," Goldin said. "It's kind of ridiculous, but it's funny. Each character has their own little quirks and reasons for being there."

Set in the sunshine state, the play has a hometown feel. "It's good for a laugh," Goldin said. "The settings will be familiar. Florida is always good for a laugh, Florida setting. There's so many crazy things that happen in Florida that I think (the audience will) get a kick out of that. Just the setting is sort of semi-local anyway. It's a good way to start off the new year. It's not reality, but it's funny. There's some silly fun."

"Murderers" will show at 7:30 p.m. on Jan. 28, 29 and Feb. 4, 5 and at 2 p.m. on Jan. 30 and Feb. 6. at the Lincolnville Museum & Cultural Center, located at 102 ML King Ave., St. Augustine, FL 32084. Tickets are available on A Classic Theatre's website, www.aclassictheatre.com.

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News From Around St. Johns County

St. Augustine Travel Club

St. Augustine Travel Club Cruise

The St. Augustine Travel Club will again be sailing the seas – well, not right now but planning - on Saturday, March 26 –April 2, 2022 on the beautiful Norwegian Escape out of Port Canaveral to the Eastern Caribbean ports of Puerto Plata (Dominican Republic), Tortola (British Virgin Islands), St. Thomas and Norwegian's private island Great Stirrup Cay in the Bahamas for a 7-day cruise. Prices start from \$1059.39 per person, double occupancy, for inside cabin, inclusive of all port fees and taxes. Balconies, Oceanviews and Studio Singles are also available at additional cost. Book now with a \$250 p.p. deposit and receive \$100 per stateroom On Board Credit, Free Beverage Package and more. Should NCL have to cancel the cruise, full refund would be issued by NCL. Call Peter, St. Augustine Travel Club at (904) 797-3736.

St. Augustine Travel Club Meetings

Wednesday, January 12, 3pm (Masks recommended)

Our Travel Club will resume on Wednesday, January 12, 2022, at 3pm, at the Southeast Branch Public Library with a presentation on Gardens & Parks of Europe, featuring formal and informal French, Italian, German and English Gardens accompanied by music of Beethoven, Chopin, Handel, Brahms, and others.

For those of you who do not know about the club, it is formatted as an armchair travel presentation with a brief lecture and a video highlighting areas around the world, with focus mostly on Europe, but also other parts of the world. Also, some of our participants have hosted a presentation based on their own travel experiences. If you are interested in doing a presentation about your unique travel experiences, please let us know. The Travel Club also organizes a cruise in the Caribbean region once a year. If you require any more information, please call Peter Dytrych at (904) 797-3736.

St. Johns County Beach Driving Passes

St. Johns County Beach Driving Passes go on sale Monday, December 6, and make great stocking stuffers for the holiday season. St. Johns County resident passes are \$50, non-resident passes are \$100, and handicap passes are \$40. Passes will be available during normal business hours at the following locations through March 1, 2022:



- Tax Collector's Main Office – 4030 Lewis Speedway, St. Augustine
- Tax Collector's DuPont Center – 6658 US1 South, St. Augustine
- Tax Collector's Julington Creek Office – 725 Flora Branch Blvd, St. Johns
- Tax Collector's Ponte Vedra Office – 151 Sawgrass Corners Dr., Ponte Vedra Beach
- St. Johns County Beach Services Office – 901 Pope Rd., St. Augustine
- St. Johns County Ocean and Fishing Pier Gift Shop – 350 A1A Blvd., St. Augustine

Residents must present a valid I.D. with a St. Johns County address or present proof of property tax payments in St. Johns County to purchase a resident pass. A handicap hangtag or proof of qualification must be presented when requesting a handicap pass. Disabled military members are eligible for a free annual pass by showing their military I.D. or a letter from Veterans Affairs verifying disabled status. Resident, non-resident, and access passes are also available for purchase through CivicRec. Delivery for passes purchased online may take up to two weeks. Vehicles accessing the beach do not need a beach pass until March 1, 2022. After March 1, 2022, beach passes will be available for purchase (at the same rate) at tollbooth locations and online.

For more information about annual beach driving passes, please call the St. Johns County Beach Services Office at 904-209-0331.



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Dispose of used oil and electronics at community recycle January 5th

The City of St. Augustine, in conjunction with St. Johns County Utilities, will host a special community recycle event which includes used cooking oils and household electronics on Wednesday, January 5, 2022, from 7:30am-2:30pm, at two convenient drop points: 25 W. Castillo Drive (Francis Field downtown) and at 840 West 16th St. on Anastasia Island.

As the community continues to celebrate the holiday season with special meals and extra cooking of meats, sauces, butter, and dairy, remember that improperly disposing of fats, oils and grease (FOG) down the drain can clog pipes and cause sewage backups in your home or in the public sewer system. How will you properly dispose of FOG?



While waiting for the January 2022 event, remember to pour small quantities of fats, oils, and grease into a heat-safe container, cool it or freeze it, then seal and set it aside so it can be easily saved and safely transported for disposal delivery. This includes any used cooking oil, such as vegetable oil, peanut oil, canola oil, deep-fryer oil, etc. Using a heat-safe container will avoid any mishaps with the container melting or shattering.

And what about those old electronics? Cell phones, VCRs, DVD players, X-Box, PlayStation, or last year's must-have tablet that gets replaced this year with the latest and greatest model?

Outdated and broken "E-waste" (electronic devices) such as computers, printers, laptops, and cell phones are accepted, as well as phone chargers, batteries, iPad & tablets, digital cameras, stereos, scanners, copiers, VCR/DVD Players, power Cords, Christmas Lights.

Throughout the year, the City of St. Augustine accepts all recyclable materials daily during regular business hours, at the Solid Waste Facility and at the Wastewater Treatment Plant, located at 601/501 Riberia St. (respectively). St. Johns County Anastasia Island Wastewater Treatment Facility accepts only used cooking oil year-round at 860 West 16th St.

For more information, contact Glabra Skipp, City of St. Augustine Environmental Program Manager at envirocomp@citystaug.com or 904.825.1055; Olivia Smith, Solid Waste Manager, at solidwaste@citystaug.com or 904.825.1049, ext. 2, in St. Johns County, Linda Fielder, at 904.209.2663. The event flyer is available online at www.CityStAug.com/recycle

12th annual Saint Augustine Film Festival January 20-23 in St. Augustine venues

(continued from page 1)

will be held prior to the festival, where volunteers will get an official festival crew T-shirt; and volunteers will receive free tickets to attend films playing at Lewis Auditorium for those who commit to at least two four-hour shifts over the weekend.

Founding sponsors are Arnold and Barbara Grevior; along with Allen and Cathie Altman, and Shirley and Kenneth Walker. For the 2022 Saint Augustine Film Festival, festival sponsor opportunities also include parties and individual films. For sponsorship information, visit www.staugfilmfest.com/sponsors or contact Michel Pawlowski at michelpawlowski1@comcast.net. For more details, visit staugfilmfest.com.

Organized by Gregory von Hausch, the CEO of the acclaimed Ft. Lauderdale International Film Festival, and a committee of community volunteers. The mission of this nonprofit: "To provide a rich cultural experience to the public that highlights the skills of independent and foreign filmmakers and offers fresh insights into different cultures, the common bonds that link us, and the emotional art of storytelling."

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The Wildflower Meadow Group

by Cindy Taylor

At this time of year it may seem there isn't much to admire in a wildflower meadow BUT, if you change your perspective, you'll see what you otherwise might not. The flowers have lost their blooms and gone to seed BUT they have a beauty of their own. Seasons change appearances, but not the core and I see this phase as another kind of "flowering". It's a last farewell and in spring there will be new life. What we see in Florida's winter isn't as showy as in spring, summer, or fall but vital to the continuation of a wildflower meadow.

At our December work meeting, we cut down and removed many rattlebox stalks to make the meadow easier for the mowers when they come in January or February. The reason we reason we wait till then is so gone-by plants will serve as shelter, during colder temperatures, for pollinators and other critters vital to the life of a wildflower meadow. See? Without the flowers or even their seeds, native wildflowers still serve a purpose.



Early in December our group walked in Masters' Tract southeast of Hastings. The last time we were there was spring and we appreciated the season's new life. Early in December we noticed the changes. It was the same place with a different look and nothing stays exactly the same. Seasons come and go, each with its own beauty and purpose and? THAT stays the same.

We meet at the meadow near the Riverview clubhouse at about 8:30 the first Saturday of each month and

usually work for a couple of hours. We also try to have a hike once a month. We're an informal group without officers or dues and hope you will join us. You can join us for hikes only, work in the meadow only, or both.

Call Cindy at 904-797-3931 or Marlene at 305-968-0447 for more information. If we can't answer leave a voicemail or message and we'll call you back. And feel free to call if you're interested in sharing your photos of the meadow.

Art Galleries of St. Augustine (AGOSA) merges with St. Augustine Art Association

The St. Augustine Art Association will assume management of the longtime local art gallery and artists organization Art Galleries of St. Augustine (AGOSA) to continue operations of the diverse organization which includes art galleries, studios, museums, and artists located in St. Augustine, Florida. The St. Johns Cultural Council will provide marketing support.

The formal announcement was made during an event held at the Art Association on December 8 among members and invited guests of the Cultural Council, Art Association, and AGOSA. According to Christina Parrish Stone, the Cultural Council's Executive Director, she is pleased to be working with Jennifer Flynt, St. Augustine Art Association's Administrator, and AGOSA leadership to present exhibitions of local, regional, national, and international artist members, and help with awareness about the importance the arts has on the City's culture. All AGOSA activities will now be administered through the Art Association located at 22 Marine Street in historic, downtown St. Augustine.

"We will continue to focus on attracting locals and visitors to renowned events such as First Friday Art Walk, Nights of Lights, and all of the AGOSA member galleries and studios that operate locally along with the website, brochures, funding, events, networking, and more," said Flynt. AGOSA has sustained its goal to promote and enhance the arts in the area with more than 20 galleries and dozens of artists that comprise the vibrant and historic art culture of St. Augustine as an "Art Destination".

The mission of the Cultural Council is to support local artists and arts organizations and to promote St. Johns County as a premiere destination for cultural travelers, ensuring that the lives of both residents and visitors are enriched through art, culture, history, and heritage.

The St. Augustine Art Association is dedicated to promoting artistic excellence through exhibitions, art sales, educational programs, and outreach, and fostering a creative and accessible environment for artists of all backgrounds and skill levels. The Association guides the advancement of art in partnership with the community, and preserves the area's rich artistic heritage. For more information, call Jennifer Flynt at 904.824.2310 or email info@staaa.org. Visit the websites at <https://www.staaa.org> and <https://stjohnsculture.com>. Photo and article provided by Bonnie Hayflict.



Pictured left to right - Diane Bradley President of the Board of Directors St. Augustine Art Association and Christina Parrish Stone Executive Director St. Johns Cultural Council at event.

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St. Augustine South Reflections

(continued from page 1)

neighborhood where neighbors know neighbors and the benefits that brings to everyone when, for example, mail or deliveries are made to the wrong address. You will know who to turn to for information and advice on community matters. Board members this year have responded to elderly neighbors' requests for help with their iPads and smart phones. More complex requests for such help can be referred to local information technology specialists.

By participating in SASIA general meetings that bring speakers from the County and elsewhere to inform residents on matters that impact our neighborhood, you will be more aware of what is happening locally. You will



have opportunity to join with your neighbors to speak with a unified voice in interactions with local government. SASIA doesn't take a position on issues but makes information available and provides a venue for meetings. SASIA membership includes a 5% discount on Clubhouse rentals. SASIA also provides two scholarships each year to high school graduates who live in the neighborhood. Through your membership your student is eligible to apply for a scholarship; membership and participation in SASIA social events increases the funding available for the scholarships. Thus, by joining SASIA, you are actively contributing to improving the quality of life in our delightful neighborhood. Joining the Board, additionally gives you participation in decision making and a sense of achievement with each improvement. It's not what SASIA can do for you but what you can do for SASIA and feel rewarded by success improving life in St Augustine South.

SASIA will formally launch its new website in January 2022. This site will provide information on our community and SASIA. You will be able to sign up for membership and donate to the scholarship fund. A regular newsletter will be emailed to members through the website host organization, to be inform on matters of community interest and upcoming events.



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32nd Annual Garden Club of St. Augustine Florida Arbor Day Tree Giveaway

By Tatiana Diaz

The annual Garden Club of St. Augustine Florida Arbor Day Tree Giveaway is slated to take place from 9 a.m. to noon on Friday, Jan. 21, 2022 at the Garden Club of St. Augustine Club House, located at 3440 Old Moultrie Rd., St. Augustine, FL 32086.

Homeowners and businesses alike are encouraged to pick up a free tree on Florida Arbor Day, Jan. 21, 2022. This year, there will be 125 trees available to take and replant. Planting instructions and tree information will be provided at pick-up. There will be five varieties of native trees to choose from: red maple, yaupon holly, magnolia, sand live oak and Simpson's Stopper.

Garden Club of St. Augustine President Maggie Ouellette recognizes that planting trees helps the community all around.

"It's something to support the wildlife, too," Ouellette said. "That's why I chose these trees, because it's something the birds will use and squirrels and... caterpillars. It helps with the nature around us, too."

Ouellette also does her part to help the environment in her own backyard by planting trees.

"Over the last, maybe, six years I've been watching all these old trees are starting to die off and people aren't really planting a lot of trees or replacing them," Ouellette said. "I see them go down in my neighborhood, and I have to run out and plant another little tree in my yard. Pretty soon you won't be able to see my yard, but I think it's important."

Florida Arbor Day has been celebrated with the annual tree giveaway in St. Johns County since 1989. Nationally, Arbor Day has been celebrated since 1872. Though states have different dates commemorating Arbor Day, the objective is the same: to plant more trees and provide a better environment for the future.

For more information on the Garden Club of St. Augustine Florida Arbor Day Tree Giveaway, visit www.gardenclubofstaugustine.org. To find out more information on Arbor Day, visit www.arborday.org.



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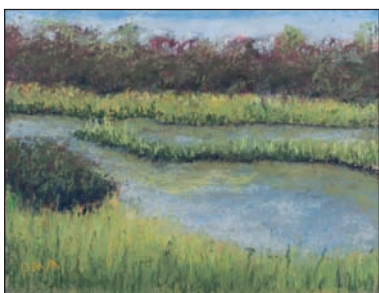
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by Paul Slsva

January and the ringing in of 2022 will start off with our First Friday Opening and a Brand New Member's Show highlighting the Artist of the Month, Helene Alland on Friday, January 7th from 5pm until 8pm.

Helene Alland is an award-winning artist and graduate of Moore College of Art and Design in Philadelphia, PA residing in historic and picturesque Saint Augustine, FL. Inspired by the landscapes of the area as well as the vibrant local art community, she has discovered the mediums of both colored pencil and pastels and has been working on capturing the essence of Saint Augustine through these mediums. She is a juried member of the Pastel Society of America as well as a member of the First Coast Pastel Society, Colored Pencil Society of America, Flagler County Art League, Saint Augustine Camera Club, The Art Studio of Saint Augustine Beach and Vilano Beach Art Program. To see more of Helene's work, visit www.helenealland.com



The Art Studio is located at 370 A1A Beach Blvd. in the St. John's County Pier Park and is open 7 days a week from 12pm to 5pm. We are a 501(c)(3) Non-Profit organization that brings Art and Cultural to the community and offers classes, special events, exhibitions and rental space. For more information visit us at www.beachartstudio.org, Facebook or call 904-295-4428.

Parkinson's Foundation Award to STARS REHAB

The Parkinson's Health Center @ STARS REHAB has been Awarded 25k for The Park Avenue Project 2.0

The Parkinson's Foundation awarded \$2.2 million in community grants for Parkinson's programs across the country. Community grants support local health, wellness and educational programs that address unmet needs in the Parkinson's disease (PD) community. This year's grant cycle focused on three areas, including: programs that provide services for diverse and underserved populations, initiatives that reach the newly diagnosed and programs that address mental health and Parkinson's. Of the \$2.2 million being granted, \$1.6million will help fund essential programs that focus on diverse and underserved Parkinson's communities.

"We are pleased to be able to provide these community grants and to expand programs and resources throughout the Parkinson's community," said John L. Lehr, Parkinson's Foundation president and chief executive officer. "Every one of these grant recipients shares our commitment to making life better for people with Parkinson's disease." Programs funded by the Parkinson's Foundation community grants also include wellness, dance, music therapy and educational programs that help people with Parkinson's live better with the disease. These programs will benefit communities in 40 states across the country. Since 2011, the Parkinson's Foundation has funded more than 580 community-based programs that help address unmet needs for people with PD. To see the full list of the 2021 community grant recipients, visit Parkinson.org/CommunityGrants.



The Parkinson's Health Center @ STARS REHAB, located in St. Augustine Beach, was awarded 25k for The Park Avenue Project 2.0. According to Melanie Lomaglio, Physical Therapist and program coordinator, this is the center's second award and last year's programming focused on providing access to free multi-leveled group exercise and voice training classes to provide an extension to one on one Physical and Speech Therapy to help people maintain the gains made during rehab. This year's grant will allow the existing program to continue but it will also focus on reconnecting people and improving mental health through regular socialization to help combat the loneliness and isolation that the pandemic created. "Recent research has revealed that poor social health is associated with a faster disease progression and that the known benefit of exercise on motor symptom control may be negated by loneliness" said Lomaglio.



With this in mind, Lomaglio created an extension to the existing program that includes singing, art classes, mindfulness & meditation training, book club, and a social support group to foster friendships and build a sense of community. Lomaglio also has a highly trained facility dog named "Harley" who brings joy and smiles to the people he meets and works with. Lomaglio and her team have dedicated their careers to helping people with Parkinson's

live a better life today and her work would not be possible without the support of the Parkinson's Foundation. To learn more about the program visit <https://starsrehab.org/parkinsons-exercise-and-wellness-program/>. To join the program or ask questions, contact Melanie Lomaglio at melanie.neuroPT@gmail.com or call 904-501-8779.

About the Parkinson's Foundation

The Parkinson's Foundation makes life better for people with Parkinson's disease by improving care and advancing research toward a cure. In everything we do, we build on the energy, experience and passion of our global Parkinson's community. Since 1957, the Parkinson's Foundation has invested more than \$368 million in Parkinson's research and clinical care. Connect with us on Parkinson.org, Facebook, Twitter, Instagram or call (800) 4PD-INFO (473-4636).

About Parkinson's Disease

Affecting an estimated one million Americans and 10 million worldwide, Parkinson's disease is the second-most common neurodegenerative disease after Alzheimer's and is the 14th-leading cause of death in the United States. It is associated with a progressive loss of motor control (e.g., shaking or tremor at rest and lack of facial expression), as well as non-motor symptoms (e.g., depression and anxiety). There is no cure for Parkinson's and 60,000 new cases are diagnosed each year in the United States alone. Please contact Liz Duncan 904.679.3449 or Email: liz@starsrehab.org for more information.



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Here are some Insider Tips on Establishing the Value of Your Home

Let's start with basics - Information at the Property Appraiser's website are for reference only but are relatively accurate as to the Year Built and Heated/Cooled Square Footage of the structure(s). However, "Assessed Value" is related to market value but this is NOT your "market value".

An "Appraiser" who prepares professional appraisals can establish market value at a given time. Different appraisers can provide different "opinions of value" yet their opinion is the one that matters to a lender.

A Realtor can do a "Competitive Market Analysis" (CMA) for your property. These will show recent sales of similar properties. Done right, a Realtor will use comparable sales that closed within the last 6 months (if available), within 200-300 SF in size (heated/cooled living area) and within a 3 mile radius (like an appraiser might do). If done professionally and in writing, a Realtor would make accurate adjustments

for a variety of items and explain why or how they arrived at these numbers and provide a reliable CMA or Broker's Opinion of Value. Ultimately, an appraiser will verify that this analysis (for any sale involving financing).

Zillow - let's just say that very little that they do related to market value is accurate. Their heated and cooled square footage is inaccurate on most properties which means that the basis for their analytics will be inaccurate as well. They were buying homes (alienating Buyers) at prices that Zillow established. They realized that they were making significant mistakes and it cost them millions so they quit buying altogether - enough said.

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"Diaries of a Shores Grand-Dad"

by Dirk Schroeder

It's almost 2022, and if it's anything like the last 2 years, it will be unpredictable. Seeing as this installment of The Observer will be delivered and hopefully opened between Christmas and New Year's, I wish everyone a safe, healthy and enjoyable 2022.

What is it that can make the coming year more enjoyable? You may want to start out by making a list of things that you enjoy doing and include things that you would like to do but haven't gotten around to doing yet. Even though I enjoyed the movie "The Bucket List" (Jack Nicholson and Morgan Freeman), I am not particularly fond of that expression. I would rather call it my "For Sure, Sooner and More" list.

Make your list realistic. For example; if you've always wanted to skydiving but you're not into having a heart attack on the way down or breaking bones on the landing then maybe the Indoor Skydiving (located next to Top Golf in JAX North of Town Center) might be a safer bet. No need to increase your life insurance policy. I did the Indoor Skydiving in Orlando and it was a lot of fun and it's checked off my list and now, I don't really need to jump out of an airplane.

Maybe there are some destinations that are on your radar and you just have not been able to get there (maybe due to recent travel restrictions). Make time to plan out your trip and make it happen. My wife wants to go and explore the Northwest and so she should put that on her list. I've done

the Northwest a long time ago but I am definitely interested to putting it on my "For Sure, Sooner and More List" as well.

Maybe there is someone that you haven't seen in a long time (could be a whole bunch of people) and you want to visit them. Put them on your "For Sure and Sooner and More List" - see if they're still on the list at the end of 2022. Let's hope not.

Maybe there are some special things that you have always wanted to own. Put these items on the list and work towards making it happen in 2022.

Many years ago, I took an "Investment Specialist" series of classes taught by the late and great Ayton Dove (what a cool name). There were three one-week classes to complete to earn your designation. Near the end of the very last class on the very last day, Ayton imparted his words of wisdom; the entire 120 hours were boiled down and condensed into this investment strategy: "for sure is better than maybe, sooner is better than later and more is better than less." In 2022, make a "For Sure, Sooner and More List" for yourself and maybe with your significant other or your family because all of these things are always better (than the alternative). In life and in investments, we sometimes make a few compromises like settling for a little less as long it's for sure and sooner but the "maybes" are definitely the ones to avoid. Remember what the "The Dove" said and on that note, I wish everyone a fantastic New Year and, as always, a Sunshine State of Mind.

Financial Focus

Information Provided by

Edward Jones

Should Inflation affect your Investment moves?



As you know, inflation heated up in 2021, following years of pretty stable – and low – numbers. And now, early in 2022, we're still seeing elevated prices. As a consumer, you may need to adjust your activities somewhat, but as an investor, how should you respond to inflation?

First, it helps to know the causes of this recent inflationary spike. Essentially, it's a case of basic economics – strong demand for goods meeting inadequate supply, caused by material and labor shortages, along with shipping and delivery logjams. In other words, too many dollars chasing too few goods. Once the supply chain issues begin to ease and consumer spending moves from goods to services as the COVID-19 pandemic wanes, it's likely that inflation will moderate, but it may still stay above pre-pandemic levels throughout 2022.

Given this outlook, you may want to review your investment portfolio. First, consider stocks. Generally speaking, stocks can do well in inflationary periods because companies' revenues and earnings may increase along with inflation. But some sectors of the stock

market typically do better than others during inflationary times. Companies that can pass along higher costs to consumers due to strong demand for their goods – such as firms that produce building materials or supply steel or other commodities to other businesses – can do well. Conversely, companies that sell nonessential goods and services, such as appliances, athletic apparel and entertainment, may struggle more when prices are rising.

Of course, it's still a good idea to own a variety of stocks from various industries because it can help reduce the impact of market volatility on any one sector. And to help counteract the effects of rising prices, you might also consider investing in companies that have a long track record of paying and raising stock dividends. (Keep in mind, though, that these companies are not obligated to pay dividends and can reduce or discontinue them at any time.)

Apart from stocks, how can inflation affect other types of investments? Think about bonds. When you invest in a bond, you receive regular interest payments until the (continued on page 13)

St. Augustine Shores Winn-Dixie Celebrates Grand Opening





The St. Augustine Shores Winn-Dixie at 181 Blackford Way in Shores Village Plaza is now open! Commissioner Paul Waldron attended the store's ribbon-cutting ceremony on December 8, 2021, and spoke to Winn-Dixie employees and those in attendance. This is the first of two new Winn-Dixie locations coming to St. Johns County.

The second store will anchor the Grand Cypress shopping center near Nocatee at southwest U.S. 1 and Race Track Road. Development is currently underway on this project.



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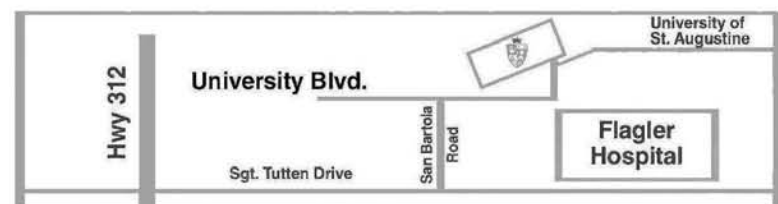
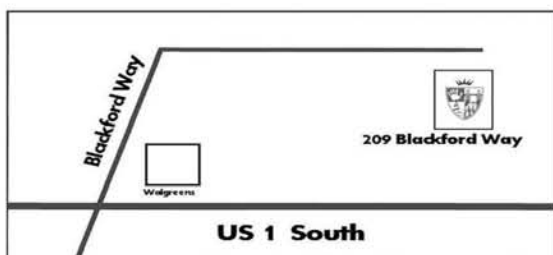


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Master Compensator

By Rob Stanborough
PT, DPT, MHS, MTC, CMTPT, FAAOMPT
First Coast Rehabilitation
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Webster defines becoming a master as “a person with exceptional skill at a certain thing”. Therefore, mastering is “becoming proficient in the use of something”. I’ve said for years that we are all master’s of compensation - meaning we all have great proficiency in making small, subtle changes in our movements, which enables us to master any and all tasks at hand.

Sometimes compensating or adapting movement is a good thing. All top athletes rely on this to help them defeat their opponent. By making small changes in their movements they may hit an outside pitch, a golf ball from the rough or snag a lob that drops just past the net. But all too often, compensations are non-productive and can even have negative, dysfunctional side effects. Multiple compensations are capable of producing accumulated dysfunction.

Why do we compensate and how do we do it? We compensate because we are living and ever changing beings. We have adapting musculoskeletal and nervous systems. Through the developmental years, we learn how to move and when we can’t move properly we move improperly.

We learn compensations early. I often say, tongue and cheek, we learned many compensations in Kindergarten. “Sit here and be still”, we’re told. But we’re not made to be still. We are made to move. Yet we continue to sit well into our 40’s, 50’s, 60’s and beyond. We sit at computers, in front of TV’s, at events, in cars and the list goes on. Our pelvis contacts the chair and gravity pushes the trunk and head forward into varying degrees of a slump. Compensation occurs when we have to stand back up and can’t do so fully. Because we have sat for prolonged periods, we are now slightly more curved. To return to our previous position, instead of allowing our head to turn down, we extend the upper most part of our neck in an effort to bring the eyes up toward the horizon causing increased compression of the spine and shortening of the muscles. This is just one example.

There are all types of compensatory masters. Are you one any of the following?

The Limp Master: The individual who lacks full range of motion in the lower extremities following trauma or surgery.

The results may be an altered gait pattern, hip knee or back pain.

The Mother Master: The mother who has difficulty restoring full motion back in the spine following pregnancy or tends to stand leaning to one side with a child resting on the hip. Both problems may hinder regaining the much needed core stabilization and result in sacro-iliac dysfunction or low back pain.

The Robot Master: This is the person who lacks neck or shoulder mobility following a whiplash injury or other types of neck trauma. Movements tend to look robotic as the head is held still. But in order to look right/left and up the compensation manifests in low back rotation or extension.

The Sitting Master: This person sits in the office all day developing tight anterior hips, which makes straightening the hips difficult. The compensation is often is made in the lumbar spine.

We are all masters and therefore guilty of simply transitioning with such adaptations year after year. To minimize compensations, first seek analysis or assistance early; second, move but learn to move properly and move regularly. Improper movements can simply lead to more compensation and further dysfunction.

Becoming a master at most things takes years of practice and dedication. Becoming a master of compensation is easy - it just takes years to see what kind of master you’ve become. And being a master of faulty compensations is a direct path to earning your doctorate of dysfunction.

Rob Stanborough is a physical therapist, president and co-owner of First Coast Rehabilitation. He is co-author of Myofascial Manipulation: Theory & Application, 3rd ed by Proed Inc. He has been in practice for over 13 years, is a Fellow of the American Academy of Orthopaedic Manual

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Should Inflation affect your Investment moves?

(continued from page 11)

bond matures. But these payments stay the same, so, over time, rising inflation can eat into your bond’s future income, which may also cause the price of your bond to drop – a concern if you decide to sell the bond before it matures. The impact of inflation is especially sharp on the price of longer-term bonds because of the cumulative loss of purchasing power.

However, Treasury Inflation-Protected Securities (TIPS) can provide some protection against inflation. The face value, or principal amount, of each TIPS is \$1,000, but this principal is adjusted based on changes in the U.S. Consumer Price Index. So, during periods of inflation, your principal will increase, also increasing your interest payments. When inflation drops, though, your principal and interest payments will decrease, but you’ll never receive less than the original principal value when the TIPS mature. Talk to your financial advisor to determine if TIPS may be appropriate for you.

Ultimately, inflation may indeed be something to consider when managing your investments. But other factors – especially your risk tolerance, time horizon and long-term goals – should still be the driving force behind your investment decisions. A solid investment strategy can serve you well, regardless of whether prices move up or down.

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“Whistling for Hippos”

By Louise Therriault
Local Resident Feature

African has a way of luring you in, St. Augustine resident Scott Corey writes in the opening line of his memoir “Whistling for Hippos”. It begins with a flash of dark eyes in the firelight and ends with life-long fascination. Or it may begin with a mud-brick village awash in moonlight, the delicious taste of peanut sauce and rice, or the grunt of a hippo from midstream. The strongest tug on Corey’s heart came the first time one of his students raised a slender dark hand and asked a question. This was the true Africa, the living, breathing Africa he came to love. “Living in Africa changed me,” Corey said. “It gives you a new perspective on the world and what’s important.”

Corey’s interest in international events and love of travel have inspired him to live in West Africa, France, Switzerland, Germany, and Sicily. He has worked as a teacher, reporter, editor, public relations specialist, and feature writer for the Kansas City Star.

In addition, he has ridden a camel along the Red Sea; experienced the magic of four-wheeling through the Sinai desert at midnight; suffered the trauma of being tied to a table for an emergency appendectomy with no preop anesthesia; tasted such delicacies as armadillo, python, monkey, bush rat and crocodile; spent two years living in Paris and visiting Hemingway’s favorite hangouts; hiked in Switzerland; skied in Austria; traveled up the Bosphorus from Istanbul; experienced the dread of malaria and dysentery. Along the way he got married and had three wonderful children.



“I settled in St. Augustine because the city has an international feel,” Corey explained. “Every time I walk through the old town area or down by the water, I feel that excitement.”

Corey’s charming and humorous account of life in West Africa will appeal to readers of all ages who enjoy adventure and the love of travel. The memoir contains characters and stories that show the depth and resilience of human nature.

“It’s a love-letter, really, to the people and places I knew in Africa,” Corey said. “I worked hard to capture the

essence of living there.” Whistling for Hippos by Scott Corey is available on Amazon.com and Barnes&Noble.com.

Computer Corner

by Steven Aldrich
904-479-5661



Do not shut down?

The sophistication of computer scams is increasing rapidly. More often than not they include bold text warning you that if you shut down your computer everything will be lost. And this warning is given while sirens are going off or a computer voice is telling you to call some random 800 number to get support.

Everything about these scams is designed to keep you from using good judgement and seeking the advice of a trusted advisor. Some of my customers have sheepishly told me that they knew better, but the scammer made it seem so real, they just went along.

JUST SHUT IT DOWN!

I know, the warning says not to, but trust me, this is why it says not to do it. Shutting it down in most cases fixes your computer.

Unless you have a laptop, just unplug your computer.

If you have a laptop, press and hold the power button for 5 seconds.

When you restart the computer and open your web browser (Edge, Google Chrome, or Firefox) you may be asked if you want to “restore previous session”. DO NOT Restore.

You should be able to use your computer without issue now.

So what just happened?

Somehow you found yourself on a webpage that was intentionally developed

to POP UP that warning, and prevent you from doing anything other than shut down the computer. Which, of course, is why the scammers’ text always tell you not to shut it down. Next, when we restart the computer that webpage is no longer loaded and can’t bother you. However, when you open your web browser it will ask if you want to restore the last session, which is the scammers’ webpage. Please avoid this, as you will need to start all over again.

Some gentle advice from someone that has seen and heard just about every way this can go wrong... Just Shut It Down. Google, Microsoft, Amazon, or any other well known company of that size will NEVER call you out of the blue. They will NEVER pop up something on your computer that blocks you from closing a warning. They do not know if your computer is infected or anything like that. They simply do not have the capacity for this sort of activity.

Moral of the Story:

JUST SHUT IT DOWN!


Steven Aldrich is a technology advisor with decades of experience as an IT Director and is the owner of First Coast Computer Services. Contact Steven if you need a trusted advisor to come to your business or home and help with your technology. See my ad on this page. Steve@fccspro.com or (904) 479-5661.

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