

# "EMpowered En Pointe"

EMpowered Dance Center  
13818 Jarrettsville Pike; Phoenix, MD 21131

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## Emily's Corner



Happy Valentine's Day!! All of our classes are in full swing! We've been doing lots of planning at EMpowered. The newly added Friday classes are a hit! We've enjoyed meeting new students and seeing others more than once a week. In January, we had a few snow days that kept us safe at home, but had us missing a few dance classes. The EMotion letters went out a little later than anticipated due to the snow, but we are excited to get started and have our first rehearsal February 14<sup>th</sup>! I've been able to finalize our End of the

Year Concert details. Our concert will take place at St. John's United Methodist Church on Seminary Ave in Lutherville on Sunday, June 1<sup>st</sup>. Our dress rehearsal will be May 31<sup>st</sup>. I've also started planning EMpowered's summer schedule! Please see below for more details. Here's looking forward to spring!

## EMpowering Things to Know...



- Vocabulary Word of the Month
  - Sur le cou pied (sewr luh koo-duh-pyay): "on the neck of the foot" or on the tapered portion of the leg from the base of the calf to the mid-foot.
- Please let us know if you are planning to be in the End of the Year Concert. We will need to measure and order costumes soon. Costume fees will vary by class, details to follow.
- Pilates can help to improve posture, reduce back pain and help with injury rehabilitation and muscle conditioning. EMpowered offers Pilates on Wed @ 6:45pm & Sat @ 10am.
- If using Discount Dance Supply website, search for our studio name or use code TP75306 when placing your order to enjoy 10% off your 1<sup>st</sup> order & 5% each purchase after!
- Beginning 2014, we have added tap shoe rental.
- **Jessica McGowan** is a certified babysitter-check out her flyer on our bulletin board for more info!
- Please let us know if you have any news to share, we would love to add it to our newsletter.

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## February Calendar

February 2 <sup>nd</sup>	Groundhog Day/Super Bowl Megan Karner's Birthday
February 6 <sup>th</sup>	Caroline Hudson's Birthday
February 14 <sup>th</sup>	Valentine's Day
February 17 <sup>th</sup>	President's Day Studio Open
February 23 <sup>rd</sup>	Lilly Cubano's Birthday
February 27 <sup>th</sup>	Tasha Creaser's Birthday

## Snow Make-up Classes

- Monday, Tuesday and Wednesday students have missed classes due to weather (Jan 21 & 22, Feb 3 & 5)
- Please see the front desk or speak with Em for placement options for make-up days/times



## Summer Classes and Camps

- EMpowered Prep Intensive Camp-EPIC
  - June 16<sup>th</sup> – June 20<sup>th</sup> 4:30-8:30pm
 Take our camp so that you are prepared for your summer intensive. This camp is for advanced students, offering strength, conditioning and dance classes.
- EMpowered Setting the Barre Dance Camp
  - July 14<sup>th</sup> – July 18<sup>th</sup> 9:00am-4:00pm
 This camp is for all dancers ages 8 and above. Classes will include ballet, tap, jazz, modern, musical theatre, variations and we will have guest teachers joining us! Register by May 1<sup>st</sup> and get a free EMpowered Dance Bag!
- June 9<sup>th</sup>-August 21<sup>st</sup> Drop in Classes  
Tuesday, Wednesday and Thursday Evenings, a variety of dance classes will be offered. More details to follow.

## Upcoming Events...

- EMotion Dance Company 1<sup>st</sup> rehearsal Feb.14<sup>th</sup>@ 8pm.
- Support **Katy** as she is the costume and make-up tech for her school play at Sudbrook Magnet, March 6<sup>th</sup> & 7<sup>th</sup>
- May 31<sup>st</sup> End of the Year Concert Dress Rehearsal-time TBD
- June 1<sup>st</sup>-End of the Year Concert-time TBD

[www.empowerreddance.com](http://www.empowerreddance.com)