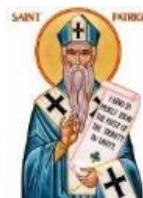


# OUR LADY OF LOURDES, ROTTINGDEAN and ST. PATRICK'S, WOODINGDEAN



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**Priest: Mgr. Benny O'Shea 07802 791394**

**Deacon: Rev. Neil Mercer 07801 706167**

Also resident: Canon Oliver Heaney and Canon Daithi Foley

The Parish is part of the Diocese of Arundel & Brighton Diocesan Trust Registered Charity No.252878

**COVID-19 - Guidance from the Government and The Bishops' Conference is now allowing Places of Worship to reopen for the celebration of Mass. While this is very good news we still need to follow the strict guidelines from the Govt . Re: **Live Streaming from OLOL - Check Newsletter (Page 2) for LINK****  
**\*OPENING TIME OF CHURCH FOR PRIVATE PRAYER THIS WEEK \*\*\*\*MONDAY MORNING & FRIDAY AFTERNOON**  
**PLEASE NOTE MASS TIMES THIS WEEK- \*\*\*\*9.30am Monday/Thursday & Friday. – TUESDAY @10.30am**  
**PLEASE CHECK THE PARISH WEBSITE REGULARLY FOR ANY UPDATES**

## Services and Intentions

## THE WORD WHO IS LIFE

Sunday 12 July SEA SUNDAY	6.30pm(Sat) OLOL 9.00am St. Patrick's 10.30am OLOL	Vigil Mass ***Celebration with Congregation OUTDOOR MASS (Church Garden) 15 <sup>th</sup> Sunday in Ordinary Time ***Celebration With Congregation	Simone Avice R.I.P. (A)  People of the Parish Victoria Schofield R.I.P (R)
Monday 13 July	8.30-9.25am **9.30am 10.15-11.15am	Adoration Mass St. Henry *Live Streaming only Church OPEN for Private Prayer	Welfare of Maureen Buni
Tuesday 14 July	**10.30am  11.15-12.15	Mass St. Camillus of Lellis ***CELEBRATION with Congregation Adoration	Eileen Toms R.I.P. (A)
Wednesday 15 July	-----	-----	-----
Thursday 16 July	8.30-9.15am **9.30am	Adoration Mass Our Lady of Mount Carmel ***CELEBRATION with Congregation	Special Intention – Fidelma and Family
Friday 17 July	8.30-9.25am **9.30am 10.00am – 10.45am **5.30-6.30pm	Adoration Mass **Live Streaming only Divine Mercy Prayers (At home)*** Church OPEN for Private Prayer	Brian Daly R.I.P. ***OLOL Church Sanctuary will be visible via Live Streaming.
Sunday 19 July	6.30pm (Sat) 10.30am	Vigil Mass ***With Congregation 16 <sup>th</sup> Sunday in Ordinary Time ***With Congregation	People of the Parish David Byerley R.I.P. (A)

**Please pray** for the repose of the soul of Victoria Schofield who died on Wednesday and for Gabriel Arthur who died last week. May they rest in peace. Please remember their families also at this time.

**Visits to the Sick/Hospital/Housebound: If you know of anybody who is sick please contact the Parish Office with details.**

### The Parable of the Sower

*\*Only seed that sinks into rich soil can produce fruit; we must let God's WORD sink deep within us so that it can bear fruit in our lives.*

Most of us hear God's word proclaimed mainly during the Liturgy of the Word on Sundays. A good way is to prepare the Readings and be attuned enough to God's word to hear and remember the message well enough to LIVE it! One way to live the paschal mystery is to take time each week – alone or with others – to sit with God's word and become attuned to the message. If we invite others to join us then we are even taking up Jesus' mission to teach others of God's wonderful deeds of salvation.

Think about the message in today's Gospel above\* - The amazing surprise of this parable is that even if only one quarter of the seed that is sown produces fruit, that one quarter still produces much. The sower can sow with abandon because the harvest will be abundant- this is assured by God. His desire that the divine word be heard and lived is so great that God is willing to "waste" three-quarters in order that at least one quarter HEARS and RESPONDS. *The parable illustrates God's great patience with us.* This parable is an invitation to take great care to attune ourselves to God's word so that we can be numbered among His 'blessed' ones.



**PLEASE PRAY** for all our sick parishioners who are in nursing homes or housebound, listed in our chapels, but especially for Alison Stainthorpe, Sami Ghazal, Sophie Reilly, Ann Chapman, John Heal, Sandra Waugh, Eileen Cross, Carole Goudy, Victor Hopkin, Eileen Noakes, Una McLaughlin, Veronica Westbury, Sr. Agnes and Fr. Tony Collins.

Please let Fr. Benny know if you would like a name added.

***Our Lady of Lourdes & St. Patrick's – MASSES - LIVE STREAMING***  
**Link:** <https://www.youtube.com/channel/UCc4VXBr3EOa43nCxxzB-Edw>

**SEE PARISH WEBSITE -[www.ololandstp.org](http://www.ololandstp.org) FOR ALL UPDATES**

### **SACRAMENTS**

**BAPTISM** marks the beginning of the Christian's life of Faith. At present we cannot plan celebrations until we are allowed to re-open our Churches for services but we can begin preparation now. Ring the parish office or e-mail to begin the process.

**Planning your MARRIAGE** – It is probably impossible at present to make definite plans, please remember that our diocesan guidance is that couples should give at least 12 months' notice of intention to marry in order to allow time for discernment, prayer and reflection. If you are engaged and wish to discuss preparation Courses etc. please contact Fr. Benny or Deacon Neil.

### **PLEASE BE AWARE**

**It is essential to be at the church 15 minutes before mass starts, so that a steward can show you where to sit.**

**Please enter the church in the normal way and exit through the double doors at the rear of the church.**

**Important: Please sanitise your hands on entry into the church.**

**There will be no missals or hymn books and therefore no congregational singing during mass.**

**There will be no sign of peace.**

**Kneelers in the pews should not be used.**

**Receiving Communion: Please remain seated until directed by a steward to proceed. Communion can only be taken in the hand with your arms outstretched to the full so that there is the required distance between you and the priest.**

**Important: At Communion after the response: 'Lord I am not worthy....' the priest will hold up the Host to the congregation and say "THE BODY OF CHRIST" to which the people respond "AMEN". In the same way the people say "AMEN" after he has elevated the Chalice. This enables the people's Communion to be distributed in silence with no dialogue, as they have already acclaimed the presence of the Lord.**

**There will be collection baskets for Offertory Collection at the entrance and exit from the church.**

**Please disperse as quickly as possible after mass.**

**Thank you for your co-operation.**

**CAFOD Coronavirus emergency appeal:** The effects of Covid-19 in developing countries are devastating. The most marginalized communities will be pushed further into poverty. Working with local partners, CAFOD is already responding on the ground to ensure food supplies, healthcare and hygiene. Your payers and gifts are needed more than ever to help the most disadvantaged. Donate at [cafod.org.uk/coronavirusappeal](http://cafod.org.uk/coronavirusappeal). Please Gift Aid if you are a UK tax-payer, increasing the value of your donation by 25% at no further cost.

**Young Family seeking three bedroom house to RENT.** Any Information please to Fr. Benny.

**SVP 100K STEP CHALLENGE:** St.Vincent's Tower House wish to raise much needed funds, so why not do something as a community, **GET FIT**, and help keep our food parcels going!  
**WALK 10,000 STEPS A DAY – FOR 10 DAYS**  
**DONATE £10 TO TAKE PART**  
**NOMINATE 10 OTHER PEOPLE**

All donations to Tower House JustGiving page The link is:  
<https://www.justgiving.com/fundraising/st-Vincent-de-paul>  
Every £10 donation pays for 2 meals for vulnerable people.



**THANK YOU ALL** for taking part. By popular demand the Step Challenge has been extended.  
Come on Friends of Tower House, get walking!!

**MASS ON THE PHONE** - If you are unable to access Live Streamed Mass you can listen to the celebration each **SUNDAY at 12 Noon** by ringing St. Mary's Cathedral, Middlesborough on **01642 130120**

**Many Thanks** to Ian Watson who has made it possible for us to have mass on line at Our Lady of Lourdes. The link for live-streaming is <https://www.youtube.com/channel/UCc4VXBr3EOa43nCxxzB-Edw>

**LOL School Whitehawk Food Bank Project** Donations of food, tinned items, drinks and toiletries, can be left on the porch steps of the School. For collection contact: SVP Ann (301252) or Eve (303126) and for collection from Woodingdean area: [zoegarbarz@lourdes.brighton.hove.sch.uk](mailto:zoegarbarz@lourdes.brighton.hove.sch.uk) Thank you.

**MAGNIFICAT – UNIVERSE & CATHOLIC TIMES** (Now Amalgamated)– **TABLET -BIBLE ALIVE – MY DAY by DAY - MASS LEAFLETS** with Readings etc which we usually have in our Churches on Sundays. If you regularly purchase any of the above in the Church Porch and would like to continue to receive the latest editions – **YOU CAN EITHER:- Pick them up from the steps by the Presbytery/Parish Office Door.** Alternately, **if you are unable to collect please leave a message on the Parish Office Phone (01273 302903)** with your Name/Tel No and Address- OR send an e-mail to:[ololandstp@outlook.com](mailto:ololandstp@outlook.com) with these details and Newspaper, Booklet or Mass Sheet you request will be sent to you via Royal Mail.

**THE TABLET** In these difficult times if you can't find your usual copy of The Tablet at the back of the Church or in your newsagent, you can subscribe here: <https://www.thetablet.co.uk/subscribe> You'll find we have quarterly, six monthly or annual subscription options on offer - so don't miss out and subscribe now and you'll guarantee yourself a copy every week. Or email Ian Farrar The Tablet's Marketing Manager for more information here [ifarrar@thetablet.co.uk](mailto:ifarrar@thetablet.co.uk)

**The website, [www.ChurchPaper.co.uk](http://www.ChurchPaper.co.uk), contains the latest editions of the newspapers: A&B News, UCMs (Union of Catholic Mothers) Reach - Catholic Schools Paper**

**SVP Help Line** During this period many people need our support and help. If you know of anyone who needs help, the SVP are on hand to look after the needs of our neighbours, be it shopping or giving support and advice when necessary. Contact Ann Knox on 01273 301252, [john273knox@gmail.com](mailto:john273knox@gmail.com)

**MEAL DELIVERY SERVICE** St. Margaret's and Our Lady of Lourdes have been involved in organising a distribution service of hot lunches (£6 per head) on Tuesdays, Wednesdays and Thursdays. If anyone is interested, please ring Ann (301252) or Eve (303126). The meals will be delivered to your door by a volunteer group.

Act of Contrition

*Lord, I am sorry for the times I have sinned against you.*

*I am sorry because I've offended your infinite goodness*

*because I've turned my back on you.*

*I ask your forgiveness now. Embrace me in your mercy.*

*Out of your love that I may pick up again in full joy,*

*the call of discipleship to follow your son, Jesus Christ, who lives and reigns forever and ever. Amen.*

Knowing that the Mass is being celebrated; joining in spiritually in that celebration; watching the live-streaming of the Mass; following its prayers at home; making an act of spiritual communion: this is how we share in the Sacrifice of Christ in these days. These are the ways in which we will sanctify Sunday, and indeed every day.

An Act of Spiritual Communion is the best way for union with Christ.

*My Jesus, I believe that you are present in the Most Holy Sacrament I love you above all things and I desire to receive you into my soul*

*Since I cannot at this moment receive you sacramentally*

*Come at least spiritually into my heart*

*I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.*

*St. Alphonsus Liguori*

The Pope's Prayer Intention for July 2020

We pray that today's families may be accompanied with love, respect and guidance

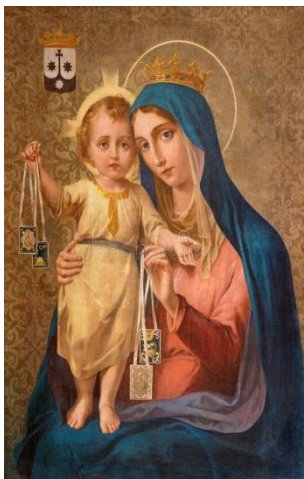
God and Father of us all,  
in Jesus, your son and our Saviour,  
you have made us your sons and daughters  
in the family of the Church.

May your grace and love help our families  
in every part of the world  
be united to one another  
in fidelity to the Gospel.

May the example of the Holy Family,  
with the aid of your Holy Spirit,  
guide all families, especially those most troubled,  
to be homes of communion and prayer  
and to always seek your truth and live in your love.

Through Christ Our Lord. Amen.

*Jesus, Mary and Joseph pray for us.*



Our Lady of Mount Carmel is the title given to the Blessed Virgin Mary in her role as patroness of the Carmelite Order. The first Carmelites were Christian hermits living on Mount Carmel in the Holy Land during the late 12th and early 13th century. They built in the midst of their hermitages a chapel which they dedicated to the Blessed Virgin, whom they conceived of in chivalric terms as the "Lady of the place." Since the 15th century, popular devotion to Our Lady of Mount Carmel has centred on the Scapular of Our Lady of Mount Carmel, also known as the Brown Scapular. Traditionally, Mary gave the Scapular to Saint Simon Stock, an early English prior general of the Carmelite Order. Wearing of the Scapular is a sign which stands for the decision to "Be open to God and to his will. – Be guided by faith, hope, and love – To pray at all times – To discover God present in all that happens around us.

Our Lady of Mount Carmel was adopted in the 19th century as the patron saint of Chile, in South America.

*O most beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart, to succour me in this necessity; there are none that can withstand your power. O, show me herein you are my Mother, O Mary, conceived without sin, pray for us who have recourse to thee. Sweet Mother, I place this cause in your hands.*