

Bed Bugs Prevention and Treatment 2 hr.

Examination

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Question 1

Which of the following statement is accurate, regarding the bed bugs? Select all that apply.

- A. Bed bugs (*Cimex lectularius*) are small, flat, parasitic insects that feed on the blood of humans and animals while they are sleeping.**
- B. Bed bugs are reddish-brown in color, they have wings and they range in size from 1mm to 7mm.**
- C. Bed bugs (*Cimex lectularius*) can live for several months without a blood meal.**
- D. Bed bugs are reddish-brown in color; they do not have wings and they range in size from 1mm to 7mm.**

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- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 2

The presence of bed bugs has traditionally been seen as a problem in developing countries, however, it has recently been spreading rapidly in parts of the United States, Canada, the United Kingdom, and other parts of Europe.

- ☐ True
- ☐ False

Question 3

Bed bugs (*Cimex lectularius*) can live for several months without a blood meal.

- ☐ True
- ☐ False

Question 4

Bed bugs are known to spread diseases.

- ☐ True
- ☐ False

Question 5

Bed bug infestations usually occur around areas where people sleep or near the areas where people sleep.

- ☐ True
- ☐ False

Question 6

Some clues when determining if bed bugs have infested an area include: _____. Select all that apply.

- A. The bed bugs exoskeletons after molting.
- B. Bed bugs in the fold of mattresses and sheets.
- C. Rusty-colored blood spots due to the blood-filled fecal material that the bed bugs excrete on the mattress or nearby furniture.
- D. A sweet musty odor.

- ☐ A.
- ☐ B.
- ☐ C.
- ☐ D.

Question 7

Most people do not realize they have been bitten by a bed bug until the bite marks appear on their skin, anywhere from one to several days after the initial bite.

- ☐ True
- ☐ False

Question 8

Everyone is at risk for getting bed bugs when visiting an infested area.

- ☐ True
- ☐ False

Question 9

If bed bug evidence is found while visiting a patient's home, you can _____. Select all that apply.

- A. Have plastic bags available (hazardous materials; red bags can work) Set your equipment down on the plastic bags.**
- B. Always avoid placing canvas bags containing medical supplies or oxygen on upholstered furniture, bedding, or on carpeted floors.**
- C. If you have any reason to suspect that your bag or equipment has become infested, you can place them in a bag on the way out for later cleaning.**
- D. None of the above.**

- ☐ A.
- ☐ B.
- ☐ C.
- ☐ D.

Question 10

The best way to prevent bed bugs is regular inspection for the signs of an infestation.

- ☐ True
- ☐ False

Question 11

Bed bug infestations usually occur around areas where people sleep or near the areas where people sleep.

- ☐ True

☐ False

Question 12

Bed bug infestations are found in areas such as _____. Select all that apply.

- A. Apartments
- B. Shelters
- C. Hotels
- D. None of the above

- ☐ A.
- ☐ B.
- ☐ C.
- ☐ D.

Question 13

The bed bugs are great at hiding during the day in places such as _____. Select all that apply.

- A. Seams of mattresses
- B. Box springs
- C. Bed frames
- D. Inside cracks or crevices.

- ☐ A.
- ☐ B.
- ☐ C.
- ☐ D.

Question 14

Bed bugs are transported from place to place only by pets; dogs, cats and other animals.

- ☐ True
- ☐ False

Question 15

To avoid picking up the bed bugs and transporting them to another patient or to other locations or health care settings, it is best to implement strategies such as _____. Select all that apply.

- A. Making sure that your uniform is as simple as possible.
- B. Wearing shirts with pockets.
- C. Avoid shirts with cuffs.
- D. Avoid pants with cuffs.
- E. Avoid wearing shirts with pockets.
- F. Avoid clothing with multiple zippers.

- ☐ A.
- ☐ B.
- ☐ C.
- ☐ D.
- ☐ E.
- ☐ F.

Question 16

Effective strategies to prevent bed bugs infestation include _____. Select all that apply.

- A. Perform regular inspections for the signs of an infestation.
- B. Always check new or used furniture before bringing them inside the house.
- C. If you stay in a facility, such as a hotel; place your bags on a suitcase stand instead of placing them on the bed or floor and keep the suitcase stand away from the wall or furniture.
- D. When you return home from any areas where you suspect bed bug infestation, wash the clothing from the trip or areas of infestation and put them in a hot dryer.
- E. Perform regular inspections of bed and other furniture; check in the seams, if cushions are present, check the around the edges and seams, look under all the cushions.

- ☐ A.
- ☐ B.
- ☐ C.
- ☐ D.
- ☐ E.

Question 17

Select the appropriate methods to treat bed bug bites. Select all that apply.

- A. Antibiotics
- B. Antihistamines
- C. Topical corticosteroids
- D. Oral corticosteroids
- E. Epinephrine

- ☐ A.
- ☐ B.
- ☐ C.

☐ D.

☐ E.

Question 18

Population at-risk for bed bug infestation includes _____. Select all that apply.

A. Only people with poor hygiene.

B. People who travels frequently, shares living and sleeping quarters where other people have previously slept.

C. Health care workers who travel to various homes with bed bug infestation.

D. None of the above.

☐ A.

☐ B

☐ C.

☐ D

Question 19

Which of the following statement is accurate regarding the use of pesticides? Select all that apply.

A. Use only pesticides that are registered by the U.S. Environmental Protection Agency (look for the U.S. EPA Registration Number on the label) and make sure they are labeled to control bed bugs.

B. Use outdoor pesticides indoors as well as outdoors.

C. Never use outdoor pesticides indoors

D. ALL of the above

☐ A.

☐ B

☐ C.

☐ D

Question 20

You may apply pesticides directly to your skin /body.

☐ True

☐ False

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