

## Hours of operation span from 7:15 a.m. until 4:30 p.m.

To be in compliance with the Utah Family & Consumer Sciences Dept. approval standards we cannot be open when the high school is not in session. Thus, our days of operation are concurrent with the days that the high school students are in attendance.

### Daily Schedule

<b>7:15 - 7:45 A.M</b>	Children arrive – Free Play
<b>7:45 - 8:15 A.M.</b>	Breakfast (Breakfast will not be served after 8:15 a.m.)
<b>8:15 - 9:10 A.M.</b>	Free Play - free choice of Activities*, Learning Centers*
<b>9:10 - 10:15 A.M.</b>	Preschool/Circle Time (Please refer to preschool calendar)
<b>10:15 - 10:30 A.M.</b>	Morning Snack
<b>10:30 - 11:45 A.M.</b>	Outside Play
<b>11:45 A.M. - 12:05 P.M.</b>	Story Time – Show & Tell – Singing Time
<b>12:05 - 12:30 P.M.</b>	Lunch
<b>12:30 – 2:30 P.M.</b>	Quiet time – Naps
<b>1:30 – 2:30 P.M.</b>	Quiet Activities as children awaken
<b>2:30 – 3:00 P.M.</b>	Afternoon Snack
<b>3:00 – 4:15 P.M.</b>	Outdoor Play or Inside Gross Motor Activities, Free Play, Educational Videos, and prepare to go home.

\* Activities and Learning Centers include Math, Blocks, Computers, Science, Music, Dramatic Play, Language, Writing, Library, Art, Sensory, Large and Small Motor. The program is well balanced between teacher directed activities, center play, active play and rest time.

**As with all things associated with children, this schedule is subject to change. Our schedule is flexible to allow spontaneous experiences and activities.**

In our infant center each infant receives special care. We have a one care giver to two infant ratio (during school hours), which gives each infant individual care. Parents are required to bring the items listed on the Parent Checklist.

Your child's daily activities - diapering, bottles, meals, and naps - are recorded on the white board in the infant area. Please check this record daily. Please check for notes, on the computer and written,

notifying you of supplies your infant needs. Also, please check your child's cubbies daily for notes, to see if they are in need of extra clothes, or if they have soiled clothes to take home. Infant's bedding is laundered once a week or when needed. For any questions please see the infant room manager and/or the director. **PLEASE - ALL ITEMS MUST BE LABELED WITH CHILD'S NAME.**

The high school cafeteria provides breakfast and lunch. We provide our own snacks. Occasionally the high school cooking class (Spartan Cove) may prepare lunch for the children. We serve breakfast, morning snack, lunch, and an afternoon snack. The children sometimes help prepare and serve the snacks to offer them cooking experiences. Children are encouraged to eat what is served but are not required to eat or drink what they do not wish. The lunch menu from the MSD will be posted monthly and is available upon request.

Infants are required to bring their own formula and baby food in the original container, labeled with the child's name.

If you arrive after 8:15 a.m., please feed your child before coming. Breakfast will not be served after 8:15 a.m.

If your child has any food allergies, these should be included on the information forms provided at registration. Other dietary restrictions, such as religious prohibitions, should also be noted.

For special occasions, like your child's birthday or holidays, you may bring commercially prepared food items. PLEASE – NO GUM OR CANDY in any shape, flavor or form.

All staff and students are required to have the Utah State Child Care Food Handlers Certificate.