**The Musculoskeletal Pain Intensity and Interference Questionnaire for Musicians**

Playing related musculoskeletal problems are defined as “pain, weakness, numbness, tingling, or other symptoms that interfere with your ability to play your instrument at the level to which you are accustomed”. This definition does not include mild transient aches and pains.

Have you ever had pain/problems that have interfered with your ability to play your instrument at the level to which you are accustomed? \_\_Yes \_\_\_No

Have you had pain/problems that have interfered with your ability to play your instrument at the level to which you are accustomed **during the last 12 months**? \_\_Yes \_\_\_No

Have you had pain/problems that have interfered with your ability to play your instrument at the level to which you are accustomed **during the last month (4 weeks)**? \_\_Yes \_\_\_No

**Currently (in the past 7 days**), do you have pain/problems that have interfered with your ability to play your instrument at the level to which you are accustomed? \_\_Yes \_\_No

**Using a 0 - 10 scale wherein 0 = no pain and 10 = pain as bad as you can imagine:**

Please rate your pain at worst in the past week:

Please rate your pain at best/least in the past week:

Please rate your pain on average in the past week:

Please rate how much pain you have right now:

**Using a scale from 0 - 10 in which 0 = Does not interfere and 10 = Completely interferes:**

Please rate to what extent your pain/problems have interfered with your mood over the past week:

Please rate to what extent your pain/problems have interfered with your enjoyment of life:

**Using a scale from 0 - 10 in which 0 = Unable and 10 = No difficulty:**
Please rate the level of difficulty you had in the past week using your usual technique for playing your instrument:
Playing your musical instrument because of your symptoms:Playing your musical instrument as well as you would like: