



Reflections of Spirit: Discovering Your True Self Introducing Our Second Book

In our, the non-physical Wisdom Council, One Spirit One Heart, second book we assist you in taking your next step in your journey to maintain your connection to your Spirit Within to receive its guidance throughout your day to guide your choices that create your Life Journey, & to increase your awareness of the gifts you brought into this life to share both creatively & energetically through your life with the world.



In Part One, we present the eight Reflections of Spirit that are contained within the energy of Spirit. Each came into to this life with the intention of expressing one, several, or all of these reflections, or aspects, of Spirit. We assist you in discovering what energetic reflections you came to share. They are: Pure Love, Compassion, Loving-Kindness, Creativity, Appreciation, Detachment, Equanimity, & Wisdom. We provide example of people that came into an Earth life to express each of these.

In Part Two we present the Six Shifts of Perspective it is important for one to make to discover & create the life of your heart's desires.

In Part Three we present our Seven Guidelines to develop, maintain, & enhance your soul connection.

In Part Four we present our Six Areas to Expand Your Awareness, embracing the full power of your True Self.

In our concluding comments we discuss that nothing in life is predetermined, that you are the creator of your life journey & have many options, many paths to choose from along your journey.

May Our Guidance Assist You By Lighting the Pathways of Your Life Journey