Dear Padre,

I care for my mother, who has dementia. I was active in my parish, but now I hardly have a minute to spare for prayer, much less helping out at church. I'm getting very depressed. What should I do?

have several ideas. First, make your prayer life part of your mother's routine, and you'll find it easier to fit prayer into your day. People with dementia find it soothing to listen to repetitive prayer, so consider praying the rosary aloud in her presence. Sometimes people with advanced dementia can still remember and recite the Our Father and the Hail Mary, so you could end up praying the rosary together. That would truly be a gift.

Next, try reading aloud Scripture stories from a youth Bible. They'll be easier for her to understand than passages from an adult Bible, and you'll get some time with God's word.

Last, but absolutely not least, it's important for you to be connected. If your parish has a parish nurse, he or she can help you find respite care, in which someone takes your place with your mom so you can get away for a while, or



a caregiver-support group where you can talk with other people in your situation. If your parish doesn't have a nurse, your diocese can give you the same information.

Remember, attending to your spiritual health doesn't just help you—it helps your mother, too.

Fr. Patrick Keyes, CSsR Sundaybulletin@Liguori.org



A WORD FROM Pope Francis

How often do we see a man or woman arrive at work with a weary face, with a tired countenance and, when we ask them, "What happened?" they answer: "I only slept two hours because we are taking turns at home to be close to... our grandfather, our grandmother"....These are heroic deeds, the heroism of families!

GENERAL AUDIENCE, JUNE 10, 2015



Monday

JUNE 14 Weekday

2 Cor 6:1-10 Mt 5:38-42

Tuesday

JUNE 15 Weekday

2 Cor 8:1-9 Mt 5:43-48

Wednesday

JUNE 16 Weekday 2 Cor 9:6–11

Mt 6:1–6, 16–18

Thursday

JUNE 17 Weekday 2 Cor 11:1–11

Mt 6:7-15

Friday

JUNE 18 Weekday

2 Cor 11:18, 21–30 Mt 6:19–23

Saturday

JUNE 19

Weekday 2 Cor 12:1–10

Mt 6:24-34

Sunday

JUNE 20

Twelfth Sunday in Ordinary Time Jb 38:1, 8–11

2 Cor 5:14-17 Mk 4:35-41

Daybreaks inspires during our Church's holiest seasons.

Leading Catholic voices inspire the faithful with daily reflections & prayers for Advent and Lent. Including: Fr. Ron Rolheiser, Dr. Mary Katharine Deeley, Sr. Dianne Bergant, Fr. Paul Turner, and more at Liguori.org.

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11th Sunday in Ordinary Time





Holy Spírít Catholic Church & Christ the King Catholic Mission Reverend Peter Kmiecík, Pastor

Deacon John E. Jennings † Deacon Norbert Lloyd, Jr.

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Office Hours: Mon-Thur-8:00 a.m.-3:00 p.m. Fr. Peter is off on Monday



Holy Spirit Mass Schedule & Intentions

Week of June 12 - June 18

Sat 6:00 pm Parishioners Living & Deceased

Sun 11:00 am †Leonard Sumter Sun 6:00 pm †Bob Fisher Mon 8:00 am NO MASS

Tue 8:00 am NO MASS

Wed 8:00 am Letort & Thomas Family Thr 8:00 am Johanna Arcadia (Birthday)

Fri 8:00 am †Randy Fountain

Christ the King Mass Schedule & Intentions

Week of June 12 - June 18

Sat 4:00 pm †Anne Newman

Sun 9:15 am †Souls in Purgatory, esp. Falcone & Johnson Family

Tue 6:00 pm NO MASS

SACRAMENT OF RECONCILIATION

Before and after daily Mass, and by Appointment 1st Friday Adoration – 8:30am- 6:00pm at Holy Spirit in St. Patrick's Chapel Adoration at Christ the King – Tuesday 5:30pm-6pm