



CWC CONNECTION

Next Meeting:

The general membership is invited to a community presentation, member introductions and announcements session that will take place starting at 2pm and last till 3pm. Zoom is venue for now. See link to the right. >>>>

The East Valencia Urban Gardens Program (EVUGP) will be starting its 5th season of community gardens, internships and educational events and workshops for the East Valencia community. Lindsey will be presenting on the accomplishments and updates of the EVUGP and the need to create a Community Advisory Board. EVUGP is a collaboration between multiple partners to



May 5, 2021: 2pm

Join Zoom Meeting

<https://us02web.zoom.us/j/82788848755>

Meeting ID: 827 8884

8755

One tap mobile

+16699006833,,82788848

755# US (San Jose)

Agenda

2:00-2:30 Presentation by

Lindsey Diaz of East

Valencia Urban Garden

Program



2:30-2:40 Introductions

2:40-2:50 100% Community

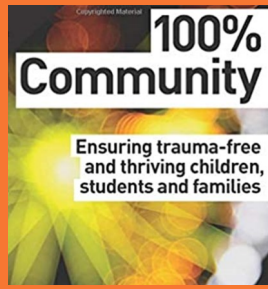
2:50-3:00 Kids at Hope

Valencia County is a 100% Community!

We are excited to announce that we have launching the **Housing and Jobs Task forces** and are actively recruiting new members for those groups. If you are interested in participating on either of these task forces, please email noellecerw@gmail.com or call Noelle Chavez at 505-388-3547.

Please visit:

<https://www.annaageeight.org/nm-valencia/> for more information and how you can be involved.



OUR TEN ACTION TEAMS STRENGTHEN THE ORGANIZATIONS THAT SERVE OUR RESIDENTS

Survival Services

Medical/Dental Care

Behavioral Health Care

Food

Housing

Transportation

Thriving Services

Parent Supports

Early Childhood Learning

Community Schools

Youth Mentors

Job Training

The New Mexico Public Health Association (NMPHA) would like to invite you to become a member and to participate in our upcoming 2021 Annual Conference. The work you do is so much a part of what needs to be done to enhance public health and health equity in our state. We hope that you will consider joining us as a member and participating in statewide events, especially now that they are all virtual!

Both membership and the conference are open to anyone who shares our mission: to promote public health practice, policies and systems that support health equity in New Mexico. We have a sliding scale for membership and conference registration, including full scholarships and/or memberships upon request so finances are not a barrier (one of our equity commitments).

Here are key membership benefits:

1. Organizational memberships include up to 3 individuals who receive all member benefits
2. Discounted rates for conferences and other professional development events, including free CEUs, like the upcoming Annual Conference, May 20-21, 2021.
3. Being part of a collective effort to advocate for needed local, state and federal public health policies and system changes — when you speak as an individual, you are one voice; as part of NMPHA, you leverage 400 other voices to have a stronger impact
4. Networking and connections to public health practitioners and students from across the state including an NMPHA regional representative who helps to connect all of you
5. Access to public health training and capacity building experiences like our new mentorship and internship programs, NMPHA Fridays, Town Halls, Career Circles, etc.
6. Emails and social media to share the latest information impacting public health in New Mexico

When we come together, we have a far greater impact. NMPHA and you will gain from being part of this community! Please [click here](#) to become a member. Whether you become a member or not, we hope you will join us at the upcoming 2021 Annual Conference and encourage your colleagues to join us as well. The Conference will take place on Whova and Zoom May 20-21st, 9:00am - 3:30. Please [click here](#) to register. A flyer with a link to register is also attached as well as the agenda, including workshops and posters. Please share with your colleagues.

Mana Mart is now a **fūdr** retailer!
242 El Cerro Mission Rd. in El Cerro

CELEBRATING HEALTHY LIFESTYLES
Free, bilingual quizzes, challenges & contests
WIN FRESH PRODUCE!
Enjoy or donate to those in need!
Stay Healthy | Support Local

fūdr.com

1. Go to www.fudrr.com
On your phone, tablet or computer
2. Put in your email and name
3. Pick a password
4. Start earning points!



Bart's Bridges to Hope: A "Kids at Hope" Reflection

At times, all painted wooden "bridges to hope" experience stormy weather. When it rains, the decks can be slippery. In a similar way, the developing brains of children are influenced by toxic negative experiences. This is why all children need to hear caregivers' positive encouraging guidance to prevent minor to severe setbacks. According to 2019 New Mexico High School Youth Risk and Resilience Survey, 40% of the students felt very sad/hopeless. This situation can be prevented! With caring adults providing hopeful experiences, current and future successes are possible!

Avondale School District in Arizona use the Kids at Hope, No Exceptions approach. It is a belief that all kids can succeed. When about 150 visitors visited an elementary, middle and high schools, we were welcomed by all the kids yelling, "I'm a Kid at Hope.!" With this attitude, almost all the high school seniors had firm hope for certain future jobs. With our help, these kinds of results can happen in New Mexico!

~Bart Regelbrugge, CWC Board Member

NM Alliance of Health Councils Update:

We were represented at the Alliance meetings and participated in Zoom calls to discuss legislative advocacy techniques and the new strategic plan.

We also support the efforts of the Middle Rio Grande Economic Development Healthcare Workforce Development and Policy Advocacy Workgroup. More information can be found

Updated Resource Directory is online and ready to use!

<https://www.communitywellnesscouncil.org/Community-Resources.html>

COVID Resources available as well: <https://www.communitywellnesscouncil.org/COVID-19-Coronavirus.html>

<https://cv.nmhealth.org/>

Community-Identified Priorities

- 1) Violence Prevention
- 2) Behavioral Health
- 3) Substance Use
- 4) Healthy Eating
- 5) Active Living



Our Vision: "A community working in cooperation to ensure the health and well being of all its residents." Our Mission: "To promote community collaboration through framework of coordination, assessment and solutions." <https://www.communitywellnesscouncil.org/>. Photo is from a Pre-COVID gathering.