

FLASHLIGHT 5K
5K



RACE ID: FLASH18-1
LOC: COLES WOODS TRAILS
ADIRONDACK RACE

RESULTS

09/29/2018

OA	CLS	PLC	NAME	LOCATION	CLASS	TIME	PACE
1	22	1	NICK LAMANDO	60 QUEENSBURY NY	OM M 1/99	:23:39	7:37/ 3.1
2	48	2	JACOB REVELL	13 SOUTH GLENS FALL	OM M 1/99	:24:55	8:02/ 3.1
3	2	1	CLARA AVERY	13 GLENS FALLS NY	OF F 1/99	:25:11	8:07/ 3.1
4	34	2	JUSTINE MOORE	36 GLENS FALLS NY	OF F 1/99	:25:27	8:12/ 3.1
5	33	3	CHRISTOPHER MOORE	42 GLENS FALLS NY	OM M 1/99	:25:28	8:13/ 3.1
6	11	3	ELOISE DUGGAL	13 GLENS FALLS NY	OF F 1/99	:26:27	8:32/ 3.1
7	8	1	NICHOLAS CHOWSKE	35 QUEENSBURY NY	B5 M 30/39	:26:33	8:33/ 3.1
8	80	1	MIKE ROZELL	61 QUEENSBURY NY	B8 M 60/69	:26:42	8:37/ 3.1
9	3	1	WILLIAM BALFOORT	43 BALLSTON LAKE NY	B6 M 40/49	:28:13	9:06/ 3.1
10	4	1	HANNAH BRAUNING	27 QUEENSBURY NY	G4 F 20/29	:28:21	9:08/ 3.1
11	1	1	DEVIN ASHLINE	26 GREENFIELD CENTE	B4 M 20/29	:28:34	9:13/ 3.1
12	42	2	ART PERRYMAN	39 WEVERTOWN NY	B5 M 30/39	:28:50	9:18/ 3.1
13	41	1	KRISTIN OLMSTEAD	47 HUDSON FALLS NY	G6 F 40/49	:29:50	9:37/ 3.1
14	53	2	EMMA SINCLAIR	29 QUEENSBURY NY	G4 F 20/29	:31:02	10:00/ 3.1
15	65	1	AMY WALKER	51 FT EDWARD NY	G7 F 50/59	:31:22	10:07/ 3.1
16	57	1	PETER T STURN	53 FT EDWARD NY	B7 M 50/59	:31:23	10:07/ 3.1
17	68	1	BENJAMIN HAYMAN	12 GLENS FALLS NY	B2 M 10/14	:33:58	10:57/ 3.1
18	67	2	CORY HEYMAN	50 GLENS FALLS NY	B7 M 50/59	:34:00	10:58/ 3.1
19	70	2	JOE FRANKENFELL	11 GLENS FALLS NY	B2 M 10/14	:34:01	10:58/ 3.1
20	40	2	PATRICK O'KEEFFE	43 QUEENSBURY NY	B6 M 40/49	:34:06	11:00/ 3.1
21	38	1	GRACE O'KEEFFE	7 QUEENSBURY NY	G1 F 1/ 9	:34:08	11:00/ 3.1
22	60	2	MAEGAN SYLOFSKI	8 GANSEVOORT NY	G1 F 1/ 9	:34:37	11:10/ 3.1
23	61	3	MIKE SYLOFSKI	46 GANSEVOORT NY	B6 M 40/49	:34:38	11:10/ 3.1
24	81	1	DAWN NOVOTNY	33 GANSEVOORT NY	G5 F 30/39	:34:40	11:11/ 3.1
25	78	2	BROOKE JOHNSTON	40 LAKE GEORGE NY	G6 F 40/49	:34:42	11:11/ 3.1
26	18	2	AMANDA KERDEL	36 GLENNVILLE NY	G5 F 30/39	:34:55	11:16/ 3.1
27	19	4	JEREMY KERDEL	44 GLENNVILLE NY	B6 M 40/49	:34:57	11:16/ 3.1
28	64	3	BRANDY WADSWORTH	39 FORT EDWARD NY	G5 F 30/39	:35:11	11:21/ 3.1
29	23	2	HEATHER LOOMIS	51 HAMPTON NY	G7 F 50/59	:35:13	11:21/ 3.1
30	24	2	JOSH LYONS	27 GLENS FALLS NY	B4 M 20/29	:35:14	11:22/ 3.1
31	39	1	GRANT O'KEEFFE	9 QUEENSBURY NY	B1 M 1/ 9	:35:44	11:31/ 3.1
32	75	3	SEAMUS SNOW	13 QUEENSBURY NY	B2 M 10/14	:35:46	11:32/ 3.1
33	69	3	JOSEPH LAPOSTA	32 TROY NY	B5 M 30/39	:36:09	11:39/ 3.1
34	27	4	SARAH MCGUIRE	32 QUEENSBURY NY	G5 F 30/39	:36:11	11:40/ 3.1
35	12	3	GINA GIORGIANNI	29 GLENS FALLS NY	G4 F 20/29	:36:12	11:40/ 3.1
36	71	2	CHARLES YOUNG	9 GLENS FALLS NY	B1 M 1/ 9	:36:15	11:41/ 3.1
37	58	1	ROWAN SWAN-SCOTT	13 QUEENSBURY NY	G2 F 10/14	:36:17	11:42/ 3.1
38	14	2	SADIE GIUMARRA	13 QUEENSBURY NY	G2 F 10/14	:36:18	11:42/ 3.1
39	72	5	STEVE YOUNG	49 GLENS FALLS NY	B6 M 40/49	:36:23	11:44/ 3.1
40	73	3	BETH CAMPBELL	50 GLENS FALLS NY	G7 F 50/59	:36:25	11:44/ 3.1
41	30	3	OLIVIA MILLER	9 QUEENSBURY NY	G1 F 1/ 9	:36:27	11:45/ 3.1
42	28	3	BENNETT MENARD	9 QUEENSBURY NY	B1 M 1/ 9	:37:11	11:59/ 3.1
43	66	4	DAVID WALTON	14 QUEENSBURY NY	B2 M 10/14	:37:12	12:00/ 3.1
44	21	3	TABITHA KRIZAN	11 MONTOURSVILLE PA	G2 F 10/14	:37:33	12:06/ 3.1
45	32	4	SYDNEY MILLER	7 QUEENSBURY NY	G1 F 1/ 9	:38:05	12:17/ 3.1
46	31	6	SCOTT MILLER	41 QUEENSBURY NY	B6 M 40/49	:38:07	12:17/ 3.1
47	17	3	ANNE HERRICK	41 MECHANICVILLE NY	G6 F 40/49	:38:33	12:26/ 3.1
48	20	1	LYDIA KRIZAN	16 MONTOURSVILLE PA	G3 F 15/19	:38:36	12:27/ 3.1
49	29	5	JACKSON MENARD	11 QUEENSBURY NY	B2 M 10/14	:40:51	13:10/ 3.1
50	76	1	AIDAN FORD	15 QUEENSBURY NY	B3 M 15/19	:40:58	13:13/ 3.1
51	63	5	LYLLEI TRANOWICZ	9 GLENS FALLS NY	G1 F 1/ 9	:41:12	13:17/ 3.1
52	77	6	LAYLA JOHNSTON	9 LAKE GEORGE NY	G1 F 1/ 9	:41:15	13:18/ 3.1
53	59	2	WILLOW SWAN-SCOTT	17 QUEENSBURY NY	G3 F 15/19	:41:17	13:19/ 3.1
54	13	3	NATALIE GIUMARRA	16 QUEENSBURY NY	G3 F 15/19	:41:19	13:19/ 3.1
55	44	4	JOSH PHELPS	33 GLENS FALLS NY	B5 M 30/39	:42:19	13:39/ 3.1
56	37	2	STEVE MYHRBERG	65 QUEENSBURY NY	B8 M 60/69	:42:22	13:40/ 3.1
57	46	4	MADISON PHELPS	16 GLENS FALLS NY	G3 F 15/19	:42:45	13:47/ 3.1
58	45	5	KATLYN PHELPS	32 GLENS FALLS NY	G5 F 30/39	:42:47	13:48/ 3.1
59	36	1	PATTY MYHRBERG	65 QUEENSBURY NY	G8 F 60/69	:42:54	13:50/ 3.1
60	43	6	MEGHAN PERRYMAN	39 WEVERTOWN NY	G5 F 30/39	:43:27	14:01/ 3.1
61	49	7	AURORA RICKETTS	5 QUEENSBURY NY	G1 F 1/ 9	:44:34	14:22/ 3.1



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PLC	BIB	PLC					
62	50	5	SCOTT RICKETTS	37 QUEENSBURY NY	B5 M 30/39	:44:37	14:23/ 3.1
63	47	2	SUE PIERCE	64 HUDSON FALLS NY	G8 F 60/69	:44:40	14:24/ 3.1
64	25	8	BAILEY MATTE	7 GLENS FALLS NY	G1 F 1/ 9	:52:09	16:49/ 3.1
65	26	7	CHRISTOPHER MATTE	40 GLENS FALLS NY	B6 M 40/49	:52:10	16:49/ 3.1
66	7	4	KAYDEN CHEVERE	7 HUDSON FALLS NY	B1 M 1/ 9	:53:05	17:07/ 3.1
67	6	6	CARLOS CHEVERE	33 HUDSON FALLS NY	B5 M 30/39	:53:07	17:08/ 3.1
68	51	3	JOHN SESTITO	55 JOHNSONVILLE NY	B7 M 50/59	:56:13	18:08/ 3.1
69	56	7	DAN SMITH	34 MECHANICVILLE NY	B5 M 30/39	:56:15	18:08/ 3.1
70	62	4	VICKY TIBERIA	28 BALLSTON LAKE NY	G4 F 20/29	:56:17	18:09/ 3.1
71	15	7	MELISSA GRANDJEAN	40 GLENVILLE NY	G5 F 30/39	:56:18	18:09/ 3.1
72	10	4	ROCKY DENINO	54 GLENS FALLS NY	B7 M 50/59	:58:43	18:56/ 3.1
73	35	4	PAIGE MOSES	49 GLENS FALLS NY	G6 F 40/49	:58:46	18:57/ 3.1
74	16	4	IRIS HALL-BROWN	58 SOUTH GLENS FALL	G7 F 50/59	:58:48	18:58/ 3.1
75	9	5	TRUDDIE COMSTOCK	57 QUEENSBURY NY	G7 F 50/59	:58:50	18:58/ 3.1
76	74	3	JOAN FISH	61 GLENS FALLS NY	G8 F 60/69	:59:22	19:09/ 3.1
77	52	4	LINDA SHIPLEY	61 CLIFTON PARK NY	G8 F 60/69	:59:24	19:09/ 3.1
78	54	5	ZEE SINCLAIR	67 QUEENSBURY NY	G8 F 60/69	:59:26	19:10/ 3.1
79	5	6	PAM CARABER	64 QUEENSBURY NY	G8 F 60/69	:59:27	19:10/ 3.1
80	55	8	DAN SKAHEN	31 QUEENSBURY NY	B5 M 30/39	:59:28	19:11/ 3.1

80 COMPETITORS

