## The Achiever Matrix

Urgent	Not urgent
<ul> <li>The quadrant of urgency</li> <li>Crises</li> <li>Pressing problems</li> <li>Deadline-driven projects, meetings, preparations</li> </ul>	<ul> <li>The quadrant of quality</li> <li>Preparation</li> <li>Prevention</li> <li>Values clarification</li> <li>Planning</li> <li>Relationship building</li> <li>True re-creation</li> <li>Empowerment</li> </ul>
<ul> <li>The quadrant of deception</li> <li>Interruptions, some phone calls</li> <li>Many proximate, pressing matters</li> <li>Many popular activities</li> <li>Some emails, some reports</li> </ul>	<ul> <li>The quadrant of waste</li> <li>Trivia, busywork</li> <li>Junk emails</li> <li>Some phone calls</li> <li>Time wasters</li> </ul>

• Some meetings

Important

Not important

• 'Escape' activities

