Please Note: At Lunch children will have milk and water available each day at Morning Snack and Afternoon Snack water will be served. If children are hungry between meals we provide cereal, crackers, fruit, or vegetables. Leftovers may also be served to supplement or replace meals.

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| Week 1 | Morning Snack | Lunch | Afternoon Snack |
| Monday | Yogurt Parfait (Fruit and Granola) | Macaroni and Cheese, or Spaghetti and pasta sauce (Add pureed Vegetables) | Peanut Butter and Jam Squares, and Vegetables |
| Tuesday | Oatmeal and Berries or Fruit | Cheese Pizza with Vegetables  and Dip | Nachos |
| Wednesday | Fruit salad and Cereal | Tacos (Taco Shells, Beans, Cheddar Cheese, Lettuce, Salsa, Sour Cream) | Crackers, Hummus, and Vegetables |
| Thursday | Banana Oat Pancakes with Syrup and Berries or Fruit | Perogies and Beans | Fruit or Vegetable Loaf |
| Friday | Cereal and Milk with Fruit | Tomato, Cucumber, Egg Salad, Tuna Salad ,Grilled Cheese, or Cheese Sandwiches  (Variety Served) | Crackers, and Fruit |

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| Week 2 | Morning Snack | Lunch | Afternoon Snack |
| Monday | Yogurt Parfait (Fruit and Granola) | Macaroni and Cheese, or Spaghetti and pasta sauce (Add pureed Vegetables) | Peanut Butter and Jam Squares, and Vegetables |
| Tuesday | Oatmeal and Berries or Fruit | Chilli – Beans, Tomatoes, Onions, corn, pureed squash, lentils, topped with sour cream Dinner rolls on the side | Nachos |
| Wednesday | Fruit salad and Cereal | Tacos (Taco Shells, Beans, Cheddar Cheese, Lettuce, Salsa, Sour Cream) | Crackers, Hummus, and Vegetables |
| Thursday | Banana Oat Pancakes with Syrup and Berries | Chicken Caesar Salad  with Garlic Toast | Fruit or Vegetable Loaf |
| Friday | Cereal and Milk with Fruit | Tomato, Cucumber, Egg Salad, Tuna Salad ,Grilled Cheese, or Cheese Sandwiches  (Variety Served) | Crackers and Fruit |

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| Week 3 | Morning Snack | Lunch | Afternoon Snack |
| Monday | Yogurt Parfait (Fruit and Granola) | Macaroni and Cheese, or Spaghetti and pasta sauce (Add pureed Vegetables) | Peanut Butter and Jam Squares, and Vegetables |
| Tuesday | Oatmeal and Berries or Fruit | Chicken Vegetable Stir Fry with Rice or Noodles | Nachos |
| Wednesday | Fruit salad and Cereal | Tacos (Taco Shells, Beans, Cheddar Cheese, Lettuce, Salsa, Sour Cream) | |  | | --- | | Crackers, Hummus,  and Vegetables | |  | |
| Thursday | Banana Oat Pancakes with Syrup and Berries | Frittata (Eggs, Spinach, Peppers, Tomatoes, Onions) and Hashbrowns | Fruit or Vegetable Loaf |
| Friday | Cereal and Milk with Fruit | Tomato, Cucumber, Egg Salad, Tuna Salad ,Grilled Cheese, or Cheese Sandwiches (Variety Served) | Crackers and Fruit |

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| Week 4 | Morning Snack | Lunch | Afternoon Snack |
| Monday | Yogurt Parfait (Fruit and Granola) | Lasagna | Peanut Butter and Jam Squares, and Vegetables |
| Tuesday | Oatmeal and Berries or Fruit | French Toast with Syrup, and Berries | Nachos |
| Wednesday | Fruit salad and Cereal | Tacos (Taco Shells, Beans, Cheddar Cheese, Lettuce, Salsa, Sour Cream) | Crackers, Hummus, and Vegetables |
| Thursday | Banana Oat Pancakes with Syrup and Berries | Cheese Quesadillas (Tortilla, Mozzarella Cheese) Salsa, Sour Cream, and Guacamole | Fruit or Vegetable Loaf |
| Friday | Cereal and Milk with Fruit | Tomato, Cucumber, Egg Salad, Tuna Salad ,Grilled Cheese, or Cheese Sandwiches  (Variety Served) | Crackers and Fruit |