



## COVID 19 Clinic Policies, Procedures and Consent. Acute and Emergency Patients

In order to help keep our patients as safe as possible during this pandemic, please read and agree to the following clinic policies and procedures regarding COVID 19. These policies have been put in place to protect all patients of Universal Health & Rehabilitation and must be followed. If you are unable to meet the following, please do NOT schedule an appointment at this time. By scheduling an appointment on DocMeIn, you agree and confirm that you have read the following clinic policies and procedures and agree to all following rules. You also agree that your appointment is being scheduled for an acute/emergency visit.

### Clinic Policies

1. I understand the novel coronavirus causes the disease known as COVID-19. I understand the novel coronavirus virus has a long incubation period during which carriers of the virus may not show symptoms and still be contagious.
2. I understand that due to the frequency of visits of other chiropractic patients, the characteristics of the novel coronavirus, and the characteristics of chiropractic services, that I have an elevated risk of contracting the novel coronavirus simply by being in a healthcare office.
3. I have been made aware of the Ontario Chiropractic College guidelines that under the current pandemic all non-emergent service have been suspended. Chiropractic visits should be limited to emergency / acute treatments only.
4. I confirm that I am not presenting any of the following symptoms of COVID-19 identified by Ontario Health Services including:
  - Fever > 38°C (Temperatures will be take when you enter the office)
  - Cough, Sore Throat
  - Shortness of Breath
  - Difficulty Breathing
  - Flu-like symptoms
  - Runny Nose.
5. I confirm that I am **NOT** currently positive for the novel coronavirus.
6. I confirm that I am **NOT** waiting for the results of a laboratory test for the novel coronavirus.
7. I verify that I have **NOT** returned to Ontario from any country outside of Canada whether by car, air, bus or train in the past 14 days as Ontario Health Services require self-isolation for 14 days from the date a person has returned to Canada.
8. I understand that Ontario Health Services has asked individuals to maintain physical distancing of at least 2 metres (6 feet) and it is not possible to maintain this distance and receive chiropractic treatment services.
9. I verify that I have **NOT** been identified as a contact of someone who has tested positive for novel coronavirus or been asked to self-isolate by Ontario Health, the Communicable Disease Control or any other governmental health agency.
10. I confirm I am seeking treatment for a condition that meets all of the criteria above.
11. I verify and confirm the information. I knowingly and willingly consent to have the above listed emergency chiropractic treatment/services completed during the COVID-19 pandemic.

### Clinic Procedures for Treatment:

1. Prior to treatment, all patient's temperature will be taken. If a patient has a temperature over 38 degrees, treatment will not be provided and you will have to reschedule your appointment.

2. All treatments sessions will be limited to 30 minutes in total from you scheduled appointment time.
3. Please arrive for your appointment on time as we will not be able to run late with any appointments in order to limit the number of individuals in the office at one time and allow for cleaning of rooms after each patient. If you arrive early, please wait in your car until just prior to your appointment.
4. Please wear a mask to your appointment. This helps to protect all patients receiving care that day due to the long incubation period of COVID 19.
5. Please use the hand sanitizer located at the front desk when you arrive to your appointment.
6. Please do not bring any children, friends or family members to the office.
7. Please limit the amount of materials brought during your visit. Please limit / do not bring all non-essential garments, bags or other materials that can transport the COVID 19 virus.
8. Please only bring a credit card/wallet for payment (no cash will be accepted during the COVID 19 crisis.)

Please feel free to contact this office with any questions.

Thank you,  
Dr. Jason Mazzarella, DC

Doctor of Chiropractic  
Director North American Spine Institute  
Medical Advisor Crawford and Company Canada  
Medical Board Member Editor: Journal of Clinical Research in Pain and Anaesthesia.  
Elected Board Member – Canadian Institute for the Relief of Pain and Disability 2013  
International Post Graduate Lecturer - Medical curriculum on Crash Forensics, Whiplash Traumatology and the Biopsychosocial Model of Pain  
International Post Graduate Lecturer - Chiropractic curriculum on Crash Forensics, Whiplash Traumatology and the Biopsychosocial Model of Pain  
Graduate Lecturer Accident Reconstructionist - Occupant Kinematics, Injury Biomechanics and Crash Forensics  
Diplomat American Academy of Pain Management 2011 and 2016  
Diplomat Canadian Academy of Pain Management 2011  
Diplomat American Academy of Experts in Traumatic Stress 2010  
Fellowship International Academy of Medical Acupuncture 2006  
Registered Acupuncturist CTCMPAO 2014  
Certification Motor Vehicle Trauma 2011  
Certification Pain Management 2010  
Certification Acute Traumatic Stress Management 2011  
Certification Motor Vehicle Crash – Forensics Risk Analysis 2006  
Certification Brain Injury 2009  
Certificate Whiplash and Brain Traumatology 2005  
Advanced Certificate of Competency Whiplash and Brain Traumatology 2011  
NBCE Certified Physiotherapy Competency 2005  
BSc. Kinesiology Movement Science 2001  
BSc. Health Policy and Administration 2001  
Crash Data Retrieval System Operators (Technician) Certification 2012  
Crash Data Analysis and Application Certification 2013  
Certification Accident Investigation 2011  
Certification Accident Investigation and Reconstruction Level 2 2012  
Certification Accident Investigation and Reconstruction Level 3 2013