

SUSTAINABLE BUILDING and LIVING WORKSHOPS STONE AGE SURVIVAL SKILLS and NATURE EDUCATION WORKSHOP

Instructor: Bo Brown (First Earth) http://firstearth.org/firstearth/



Basic Skills: (2 days) June 1 – 2, 2013 - Covers the most important survival skills such as:

- Friction fire (bow and hand-drill), Cordage (string and rope from plant fiber)
- Emergency survival shelter
- Primitive survival traps
- Wild edible/useful plant identification
- Water procurement and treatment

Advanced Skills: (2 days) August 24 – 25, 2013 - Covers:

- Weaponry (atlatl, bow and arrow, blowgun construction)
- Advanced tool making and hafting
- Glues and adhesives (pine pitch, hide and fish glue)
- Advanced techniques for basic skills.

The name *First Earth* represents a time when humankind walked in balance with the earth, as a member of the natural community. Modern civilization's indifference toward nature in pursuit of wealth and "progress" may prove to be globally disastrous to the environment in the near future, and if we are to survive as a species, we must strive toward a sustainable culture that doesn't consume the planet for material gain. Learning the ancient ways can re-awaken our awareness of how little we really need to live, and be mentally, physically and spiritually nourished by that knowledge. Recognizing the sacred gift of our food plants and animals, simply even living outside and sleeping under the stars can re-acquaint us with the miracle of "the spirit that in moves in all things", and help guide us toward a healthier relationship with our world. Bo Brown has been a wildlife biologist since 1985, was Associate Director with Ozark Center for Wildlife Research for its 15-year history, and worked as a naturalist for MO Dept. of Conservation in Branson MO for 9 years. His career has taken him all over the U.S./Central America and has provided a wealth of natural history knowledge. While playing music at Silver Dollar City near Branson MO in 1978, Bo and backpacking buddy Don Brink struck up a friendship with tribal chief and medicine man Jim Fire Eagle during a crafts festival. The ancient knowledge he possessed set them both afire to learn, their backpack trips evolved into opportunities to expand and hone those skills.

"Knowledge is incomplete till it's passed on" - quote from Jim Fire Eagle.

Onsite -Camping and Outdoor Shower Available Garden Fresh and Wild Edible Plant Meals Provided

Saturday evening includes live bluegrass music around the campfire and Star Gazing "FREE" of charge. Basic Workshop \$200 per participant/Couple \$325, Advanced Workshop Cost: \$275 per participant/Couple \$475 (Limited scholarships available, please inquire)

Space is Limited- Register today at: <u>http://www.EnvironmentalEnergyConsultants.com</u>