

BLAZERS TRACK & FIELD CLUB

PARENT/ATHLETES HANDBOOK



www.blazerstrackclub.org

admin@blazerstrackclub.org

Head Coach: Orza Salone (910) 978-8474

Admin: Kasia Carr (910) 273-8164

If you ain't **UGLY**, you ain't ***RUNNING!***"

-Coach Orza Salone

Welcome to The Blazers Track & Field Club!

A Note from Administration

In order for your athlete's registration to be considered complete, the following items are required:

- Blazers Track & Field Club Registration Form
- A copy of an Active Sports Physical
- A copy of the athlete's Birth Certificate
- Blazers Track & Field Club Transfer Request Form – Only for Athletes transferring from another Club
- Registration Fee - DOES include AAU or USATF membership. *DOES NOT include uniform or meet entry fees.

Indoor Track & Field 2020-2021

- \$175 annually or \$35/month for 5 months
- \$150 if paid in full

What's included:

- Hoke County Parks & Recreation registration fees
 - 4 Outdoor meets (Spring/Summer)
 - *Uniform (Spring/Summer)
 - Banquet, awards, gifts
 - Team equipment, etc.
 - Water, drinks, snacks, ice, and other items needed for practice and meets
 - Athlete's Team T-shirt
 - Registration fees are NOT refundable, NOT transferable, and CANNOT be carried over into another season.
- All Codes of Conduct, Responsibilities, and Oaths must be signed.

**Note: Blazers Track & Field Club athletes participate in Hoke County Parks and Recreation Track & Field. Your BTFC registration fee will include HCPR registration with includes 4 meets and a uniform.*

We appreciate all our athletes, parents, and volunteers. Looking forward to a great season!

Administration

MISSION

Our mission is to develop speed, strength, endurance, agility, and discipline in youth athletes interested in succeeding in track and field activities.

VISION

We envision a unified team of athletes who are highly motivated to compete in track and field events locally, regionally, nationally, and internationally. Our athletes will have the opportunity to gain the recognition of divisional colleges and universities through NCSA Sports. We will foster the athletic and academic development of disadvantaged youth in our community and give them a place where they can strive to be excellent and enhance their circumstances.

BLAZERS TRACK & FIELD CLUB



WAIVER/RELEASE FOR COMMUNICABLE DISEASES INCLUDING COVID-19

ASSUMPTION OF RISK / WAIVER OF LIABILITY / INDEMNIFICATION AGREEMENT

In consideration of being allowed to participate on behalf of S&C Sports and Development, Inc. (DBA: Blazers Track & Field Club) and related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. Participation includes possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS S&C Sports and Development, Inc., their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name of Participant: _____

Participant Signature: _____

Date signed: _____

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Name of parent/guardian: _____

Parent guardian/signature: _____

Date signed: _____

Parent Responsibilities

1. Parents are to inform the Head Coach and Athletic Director of any special needs that your child may have.
2. To ensure the safety of each athlete, parents are not to remove their child from the practice field, competition site, or club transportation without letting the appropriate Coach or Chaperone know.
3. Coaches will monitor attendance at practice and track meets to provide safety and protection for your child.
4. Parents are to inform your child's coach in advance if your child will miss practice or meet.
5. Parents are responsible for providing transportation for their children to and from practice to ensure their safety and protection.
6. Parents are responsible for picking up your child in a timely manner after practice.
7. For your child's interest, we ask parents not to conduct any outside/additional training outside of The Blazers program during the season unless discussed with the Head Coach. This is to prevent injury from over-training and conflict in training techniques.

Parents Oath

- I will encourage good sportsmanship by demonstrating good sportsmanship towards all athletes, coaches and officials at every practice and competition.
- I will support coaches and officials working with my athlete(s) in order to provide an enjoyable and fun experience.
- I acknowledge and respect that they are volunteers, giving their personal time and assisting at their own expense.
- I will demand a drug, alcohol and tobacco free environment for my child and assist by refraining from their use at all youth sporting events.
- I will remember that children are involved in organized sports for their enjoyment, not mine, and children need role models, not criticism.
- I understand that athletes have good days and bad days during the season; thus, I will focus on the positive, and be supportive of my athlete(s) always.
- I will let my athlete(s) know that I am proud of their efforts and hard work at all times, regardless of the outcome.
- I will support the team and coaching staff by volunteering to help with practice, after practice snacks, banquets, competitions and hosting events.
- I will stay off the practice field/venue unless requested to help by the coaching staff. I understand that walking on the track or fields used by the athletes during practice is a disruption to coaches and athletes during practice sessions.
- I will pick-up my athlete(s) on time or I will arrange to have my athlete(s) picked up on time, if unable to do so personally.
- I will direct business-related questions or inquiries associated with the operation of the Blazers Track & Field Club after practice, not during, or via InstaTeam.
- I will remain in the vicinity during practice, if my athlete(s) is less than 10 years old.

The Blazers Track Club is committed to providing a safe and fun environment for youth athletes to learn the sport of track and field. We reserve the right to ask your athlete to sit out a practice if he/she is disrupting a practice session and not behaving properly. If we need to ask the same athlete to sit out of practice more than three times, he/she will not be allowed to come back to practice the rest of the season. No refunds will be issued if an athlete is dismissed from the team.

Parent Name

Parent Signature

****Parents need only sign one per family****

Codes of Conduct

1. All disciplinary actions will be determined in accordance with the S&C Sports and Development, Inc. By-Laws. Any athlete excused from the program will not receive a refund.
2. *Immediate Expulsion* from the program will result from any of the following activities (including but not limited):
 - Willful destruction of property
 - Illicit behavior
 - Profanity or vulgar language
 - Fighting or disrespectful behavior towards a Coach, Board Member or Chaperone
 - Bullying/hazing
3. Athletes are expected to arrive on time to practices and meets with proper shoes and gear for warm-ups and for competition
4. Athletes are to be respectful of the Coaches, other Team Members, Officials and Opponents
5. Sexual misconduct (kissing, inappropriate touching, etc.) is strictly prohibited and grounds for dismissal.
6. Bullying and hazing are strictly prohibited and grounds for dismissal.
7. For overnight trips, the following rules will apply:
 - a. Curfew will be set by Head Coach and Athletic Director
 - b. Athletes may socialize in designated and approved chaperoned areas

Athletes Oath

- I will arrive at practice on time ready to listen, work hard and learn.
- I will be on time to participate in warm-ups and cool downs with the team.
- I will come to practice hydrated and will bring water to practice.
- I promise to try my best at every practice and competition.
- I will support and encourage my teammates and will treat them with respect and have courtesy to my teammates, coaches, officials and all participants.
- I promise to learn the rules of competition and always compete by them.
- I will treat all equipment, fields, parks, courts and facilities with respect and adhere to all rules of these areas.
- I will attend practice and competitions prepared and having the appropriate equipment necessary to train and compete (shoes, implements, warm-ups, water bottle, etc.).
- I promise to control emotional and verbal outbursts that are detrimental to me or those around me and will not use profanity or any obtrusive language.
- I will stay current with all school assignments and accept the role of being a conscious, academic student athlete.
- I promise I will not to use any illegal street drugs, illegal performance enhancing drug, alcohol or tobacco products.
- I will respect my teammates. I will not encourage or engage in any bullying or hazing. I will report all incidences of bullying or hazing.
- I will always respect myself and my parents.
- No matter the outcome of a competition, I will always be a winner by giving my best and focus on having fun and a positive experience!

Athlete's Name(s)

Athlete's Signature(s)

****Please only sign one per family****

TRACK & FIELD EVALUATION

Which event is your child most interested?

Sprinting (100m, 200m) Mid-sprint/long distance (400m, 800m) Long Distance (1500m, 3000m)

Race Walk Hurdles Relay Unsure

Javelin Discus Shot Put Long Jump High Jump

During the first initial evaluation your child will be trained in the event(s) they have chosen. Our experienced coaches will continue to track and evaluate your child's speed, strength, agility, and development in their chosen event. However, if the coaches determine your child's abilities are better applied in a different event, we will discuss with you the option of changing events to provide him or her with the most successful opportunities to compete.

Has your child participated in track and field before? Yes No

Please list 3 most recent

Team	City/State	Year	Events
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Please let us know your child's most recent best time, distance, or height for their events

Event	T/D/H
_____	_____
_____	_____
_____	_____
_____	_____

Please do not write below this line.

Blazers Track & Field Club New Member Evaluation

Sprinting (100m, 200m) Mid-sprint/long distance (400m, 800m) Long Distance (1500m, 3000m)

Race Walk _____ Hurdles _____

Javelin Discus Shot Put Long Jump High Jump

Photo/Media Release Form

By signing below, I, _____, parent or legal guardian of _____ understand and agree that The Blazers Track & Field Club has my permission to take and use my child's track and field/club photographs, digital images, and video images for official club purposes such as, but not limited to media press releases, social media group page, club performance, and the club newsletter. Furthermore, I understand that by signing below I consent to the organization's right to publish photographs depicting the minor athlete/child named above engaged in field and track events of The Blazers Track & Field Club, whether as an active participant or as an observer, on the official The Blazers Track & Field Club website found at the web address blazerstrackclub.org.

I have fully read and considered all the terms and statements contained in this release before affixing my signature.

Parent/Guardian Signature _____ **Date** _____