

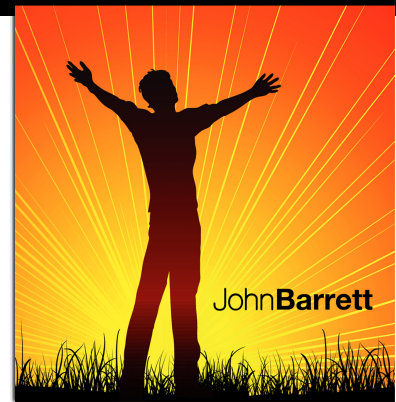
# Chapter 7

## Question Handout

### THE WORSHIP REVOLUTION

Become who you were created to be

“Just as the Ark of the Covenant **carried** the presence of God within it during Old Testament times, our **bodies** carry the **presence** of God within us today.”



### Questions...

a) What are 2-3 things you need to do in order for your Flesh to worship God?

*Examples: Nutrition, Exercise, Rest, Serving, Biblical Expressions of worship (bowing, lifting hands, singing, clapping, etc...)*

b) What are 2-3 things you need to do in order for your soul to worship God?

*Examples: Reading, Meditating, Guarding Your Thoughts, Controlling Your Emotions, etc...*

## Action Step

This week commit to do something each day that will impact your flesh, soul, and spirit.