

Eating Difficulties Children & Young People - Evaluation

Date 18.01.22 Age 47 M/F F



'Supporting Brighter Futures'

Feedback Form

Thank you for attending today's session. I endeavour to develop services around the needs of the audience and I would kindly ask you for your thoughts.

1. Do you feel the facilitator was professional and supportive in their approach?

Extremely! And super knowledgable. Look forward to more courses with Penny

2. Was there a good mix of activities to keep you enthused?

Yes a good mix of active participation & sitting listening
Enjoyed the interactive sessions

3. Did the content of the day meet your expectations, or would you have liked more?
(Please provide details)

A longer day to learn more. It flew by!

4. How do you feel your insights and understanding around the issue of eating difficulties, children & young people has increased?

6/10 to start and finished on a strong 8/10
Inspired to learn more

5. Are you more aware of how to support children or young people who have eating problems?

Definitely! Feel more confident about this

6. On a scale of 1-10 how would you rate the session?

10/10

7. Can you suggest any subject ideas for further workshop days?

I'm interested in attending anything to do with
* Mental Health * Depression
* Anxiety * Resilience

Any further comments:

Great course, super interesting. Excited to take this learning back to school to share with staff and apply it with pupils

Eating Difficulties Children & Young People - Evaluation

Date... 8/1/22 Age... 53 M/F... M



Supporting Brighter Futures

Feedback Form

Thank you for attending today's session. I endeavour to develop services around the needs of the audience and I would kindly ask you for your thoughts.

1. Do you feel the facilitator was professional and supportive in their approach?

VERY GOOD

2. Was there a good mix of activities to keep you enthused?

YES, EXCELLENT

3. Did the content of the day meet your expectations, or would you have liked more?
(Please provide details)

EXCEEDED EXPECTATIONS

4. How do you feel your insights and understanding around the issue of eating difficulties, children & young people has increased?

A BETTER UNDERSTANDING OF
ISSUES & METHODS OF SUPPORT

5. Are you more aware of how to support children or young people who have eating problems?

YES

6. On a scale of 1-10 how would you rate the session?

10

7. Can you suggest any subject ideas for further workshop days?

NO, EXCELLENT COURSE, WITH
GOOD RESOURCES & MIXTURE OF
PEOPLE FROM DIFFERENT SETTINGS

Any further comments:

THANK YOU



Eating Difficulties Children & Young People - Evaluation

Date 18/1/2022 Age 44 MF



Supporting Brighter Future

Feedback Form

Thank you for attending today's session. I endeavour to develop services around the needs of the audience and I would kindly ask you for your thoughts.

1. Do you feel the facilitator was professional and supportive in their approach?

Very experienced and knowledgeable

2. Was there a good mix of activities to keep you enthused?

Yes pace and variety was excellent

3. Did the content of the day meet your expectations, or would you have liked more?
(Please provide details)

Yes

4. How do you feel your insights and understanding around the issue of eating difficulties, children & young people has increased?

It was a good balance of validating knowledge and giving more knowledge to support young people.

5. Are you more aware of how to support children or young people who have eating problems?

Yes

6. On a scale of 1-10 how would you rate the session?

10 - I am feel this was a perfectly timed course, which totally met my expectations

7. Can you suggest any subject ideas for further workshop days?

Resilience, dealing with anger and self awareness/acceptance

Any further comments:



Supporting Brighter Future

Eating Difficulties Children & Young People - Evaluation

Date...18/01/22 Age...3.6..... M/F....F.....

Feedback Form

Thank you for attending today's session. I endeavour to develop services around the needs of the audience and I would kindly ask you for your thoughts.

1. Do you feel the facilitator was professional and supportive in their approach?

Very. Great delivery.

2. Was there a good mix of activities to keep you enthused?

A great amount of resources used to break the day up.

3. Did the content of the day meet your expectations, or would you have liked more?
(Please provide details)

I think personally, I expected less so it's a happy surprise for it to be so full of knowledge and info.

4. How do you feel your insights and understanding around the issue of eating difficulties, children & young people has increased?

I'm more knowledgeable and confident in dealing with disclosures.

5. Are you more aware of how to support children or young people who have eating problems?

Yes, Definitely. Great handouts too!

6. On a scale of 1-10 how would you rate the session?

10

7. Can you suggest any subject ideas for further workshop days?

I'm going to talk to my employers about booking on the self harm workshop.

Any further comments:

Eating Difficulties Children & Young People - Evaluation

Date..... Age..... M/F.....



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Feedback Form

Thank you for attending today's session. I endeavour to develop services around the needs of the audience and I would kindly ask you for your thoughts.

1. Do you feel the facilitator was professional and supportive in their approach?

Yes - very warm, informed + professional.

2. Was there a good mix of activities to keep you enthused?

Yes - liked the creative activities + group work.

3. Did the content of the day meet your expectations, or would you have liked more?
(Please provide details)

Yes - particularly liked the collage + that we could use with young people ourselves.

4. How do you feel your insights and understanding around the issue of eating difficulties, children & young people has increased?

They have increased. I understand more about the drivers + feelings underneath eating disorders.

5. Are you more aware of how to support children or young people who have eating problems?

Yes - I have some better ways to respond and support young people.

6. On a scale of 1-10 how would you rate the session?

8.

7. Can you suggest any subject ideas for further workshop days?

Trauma + link to eating disorders.

Any further comments:



Supporting Brighter Futures

Eating Difficulties Children & Young People - Evaluation

Date 18.1.22 Age..... M/F...F.....

Feedback Form

Thank you for attending today's session. I endeavour to develop services around the needs of the audience and I would kindly ask you for your thoughts.

1. Do you feel the facilitator was professional and supportive in their approach?

Yes

2. Was there a good mix of activities to keep you enthused?

Yes.

3. Did the content of the day meet your expectations, or would you have liked more?
(Please provide details)

Great training. Would of liked more on eating disorder itself.

4. How do you feel your insights and understanding around the issue of eating difficulties, children & young people has increased?

Yes. Increased.
Enjoyed the activities.

5. Are you more aware of how to support children or young people who have eating problems?

Yes.

6. On a scale of 1-10 how would you rate the session?

8/10

7. Can you suggest any subject ideas for further workshop days?

Any further comments:

Thank you ☺



Supporting Brighter Future

Eating Difficulties Children & Young People - Evaluation

Date 18.1.22 Age 7 ~~M~~/F.....

Feedback Form

Thank you for attending today's session. I endeavour to develop services around the needs of the audience and I would kindly ask you for your thoughts.

1. Do you feel the facilitator was professional and supportive in their approach?

yes

2. Was there a good mix of activities to keep you enthused?

Fantastic, can take these back to setting.

3. Did the content of the day meet your expectations, or would you have liked more? (Please provide details) Yes, NO → Excellent Content

4. How do you feel your insights and understanding around the issue of eating difficulties, children & young people has increased?

More ideas about what we can do to support.

5. Are you more aware of how to support children or young people who have eating problems? Yes.

6. On a scale of 1-10 how would you rate the session?

10.

7. Can you suggest any subject ideas for further workshop days?

NO

Social media pressures

Any further comments:



'Supporting Brighter Futures'

Eating Difficulties Children & Young People - Evaluation

Date...18/1/22 Age...41 M/F.....

Feedback Form

Thank you for attending today's session. I endeavour to develop services around the needs of the audience and I would kindly ask you for your thoughts.

1. Do you feel the facilitator was professional and supportive in their approach?

YES. I felt very supported. Great chilled and friendly atmosphere.

2. Was there a good mix of activities to keep you enthused?

Excellent variety of knowledge, theory & brilliant activities and no repetition, boring!!

3. Did the content of the day meet your expectations, or would you have liked more?

(Please provide details)

More exceeded. Also extremely relevant to my role in school.

4. How do you feel your insights and understanding around the issue of eating difficulties, children & young people has increased?

Completely illuminating, and really inspirational on so many points.

5. Are you more aware of how to support children or young people who have eating problems?

Yes I have lots of practical tools and also know I still have a lot to learn. would

6. On a scale of 1-10 how would you rate the session? Love a Part 2 session.

10+ - Defo recommend

7. Can you suggest any subject ideas for further workshop days?

Bi-polar, Suicide awareness.

Any further comments:

Great Day, Great Group & Great
Thank You !!